VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS

Regular Meeting
A G E N D A
August 28, 2013
8:00 AM to 9:30 AM

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order a) Pledge of Allegiance		8:00	
b) Approval of the Minutesa) July 24, 2013 Board Meetingb) August 7, 2013 Special Meeting	Action Action	8:01 8:02	1-4 5
C. Executive Committee Report	Information	8:03	
 D. Board Finance Committee Report a) Review financial statement and cash activity b) Authorization for payment of vouchers and payroll c) Approve preliminary building project budget 	Action Action Action	8:05 8:10 8:11	6-10 11 12
 E. Program Oversight Committee Report & Recommendation a) Plan for follow-up from Needs Assessment Study Session b) Policies & process for "Building Healthy Communities Funce) c) Program Investment Scenarios d) Conflicts of interest e) Program investment recommendations 	Information I' Action Information Action Action Action	8:12 8:22 8:27 8:32 8:33	13-14 15-16 17-20 21-25
F. Marketing Report	Information	8:50	
G. Commissioner Comments	Information	8:55	
H. Superintendent's Report	Information	9:00	
I. Public Comments (please limit to three minutes per speaker)		9:05	
J. Executive Sessiona) Review ongoing litigation		9:10	
K. Open Session	Action	9:30	
L. Adjournment		9:30	

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting VHC Board Room July 24, 2013

Commissioners

Present

Bob Knowles, President

Fred Langer, Secretary (via conference phone) Karianna Wilson, Commissioner (arrive 8:05 AM)

Deana Knutsen, Commissioner

Others Present

Carl Zapora, Superintendent

George Kosovich, Program Director

Lisa King, Finance Director

Jennifer Piplic, Marketing Director Karen Goto, Executive Assistant Members of the community

Excused

J. Bruce Williams, M.D., Commissioner

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:02 a.m. by President Knowles.

Approval of Minutes

Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on

June 26, 2013.

Motion was made, seconded and passed unanimously

to approve the minutes of the special meeting on

June 28, 2013.

Executive Committee

President Knowles reported that the Executive Committee met on July 19, 2013 to review the July 24, 2013 board meeting agenda. The committee also reviewed the Consultant's Agreement effective 8.1.2013 (E:38:13). *Motion was made, seconded and passed unanimously to approve* the Consultant's Agreement. *Motion was made, seconded and passed unanimously to approve* the Consultant's

Agreement. *Motion was made, seconded and passed unanimously to approve* the Superintendent Evaluation

Tool.

Board Finance

The committee met on June 18, 2013 to review the

Commissioners Meeting July 24, 2013 Page 2

Committee

financial statements.

Ms. King reported on the financials for June 2013

(E:39:13).

Authorization for Payment of Vouchers & Payroll

Warrant Numbers 10305 through 10326 for June 2013 for payment in the amount of \$24,342.81 were presented for approval (E:40:13). *Motion was made, seconded* and passed unanimously to approve.

Program Oversight Committee Update

Commissioner Knutsen reported that the Program Oversight Committee met on July 12, 2013 and reviewed six new program funding applications and one follow-up program application (E:41:13). Commissioner Knowles noted that he lives in the City of Brier. No other conflicts of interest were reported by the other commissioners.

Mr. Kosovich reviewed the Program Forecasting as requested by the Commissioners (E:42:13).

New Program Applications for Funding:

Motion was made, seconded and passed unanimously to approve WithinReach - South Snohomish County Insurance Corps in the amount of \$50,000 on a onetime basis.

Motion was made, seconded and passed unanimously to approve Puget Sound Christian Clinic Mental Health Counseling Program in the amount of \$60,000 in total for three years.

Motion was made, seconded and passed unanimously to approve Seattle Visiting Nurse Association's Flu Shots with the stipulation by commissioners that we investigate lower cost vaccine options from the Snohomish Health District.

Follow-up Program Applications:

Motion was made, seconded and passed with three in favor and one abstention by Commissioner Langer to approve funding the Free Range Health Low Cost Acupuncture at the Lynnwood Senior Center in the amount of \$21,209 for one year.

Programs for Additional Discussion: City of Brier - Brier Park Walking Trail - Program Oversight Committee will discuss this further with Attorney Brad Berg and develop funding guidelines. Commissioners Meeting July 24, 2013 Page 3

Seattle Visiting Nurse Association – Emergency Alert & Response System – Additional information and discussion is needed before the commissioners can decide on this request.

Marketing Report

Ms. Piplic reported (E:43:13):

- 1. 6 Weeks to a Healthier You summary Reunion session to be scheduled for November 2013.
- Verdant website update:Site was launched the week of July 8, 2013

Commissioner Comments

Commissioner Knutsen returned from a trip to Washington DC and reported on the Medicare/Medicaid drug rebate bill and the upcoming Affordable Care Act. Verdant may need to do some outreach efforts on the ACA prior to the October 1, 2013 sign up start, Commissioner Knutsen said.

Superintendent's Report

Superintendent Zapora reported on the following:

- 1. Swedish/Edmonds campus capital expansion plan
- 2. New Verdant website
- 3. Needs Assessment
- 4. 6 Weeks to a Healthier You 2013
- 5. Senior Service's New Center for Healthy Living
- 6. Recognition of the Program Oversight Committee and Finance Committee members

Public Comments:

Ms. Mary Hovander of the League of Women Voters pointed out the effective date of the Consultant agreement should be 8.1.2013.

Ms. Rowena Miller of the League of Women Voters questioned the number of hours the consultant agreement specifies at the rate of \$275 per hour. Mr. Al Rutledge asked about the funding application that was turned down for the City of Edmonds. Additional research is needed to clarify what application this is referring to. Mr. Rutledge also commented on possible marketing of Verdant at the Edmonds Car Show.

Ms. Cathy MacCaul thanked the board for the funding for WithinReach.

Executive

President Knowles recessed the regular meeting at 9:12

Commissioners Meeting July 24, 2013 Page 4

Session	a.m. into Executive Session to dis and potential real estate acquisi President Knowles stated that no taken in this Executive Session an reconvene in approximately 10 r	tion matters. action would be ad the board would
Open Session	President Knowles reconvened in 9:17 a.m.	nto open session at
Adjourn	There being no further business to was adjourned at 9:17 a.m.	o discuss, the meeting
ATTEST BY:		
	President	
	Secretary	

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

SPECIAL MEETING August 7, 2013 Verdant Health Commission Board Room

Bob Knowles, President Fred Langer, Commissioner Deana Knutsen, Commissioner J. Bruce Williams, MD, Commissioner Karianna Wilson, Commissioner
Carl Zapora George Kosovich Jennifer Piplic Karen Goto
Ursula Roosen-Runge Members of the Community
The Special Meeting of the Board of Commissioners was called to order by President Knowles at 5:30 p.m.
Mr. Kosovich and Ms. Roosen-Runge presented the results of the 2013 Community Health & Wellness Assessment and options for future direction by the Board based on the results.
Commissioners held a discussion on Verdant's potential roles and investment opportunities (E:44:13). No action was taken.
The meeting was adjourned at 7:40 p.m.
President
Secretary

Public Hospital District #2, Snohomish County Balance Sheet As of July 31, 2013

		Α	В	С	D
		Dec 31, 2012	July 31, 2013	\$ Change	Comments:
1	ASSETS				
2	Current Assets				
3	Cash Balance	1,451,628	2,877,550	1,425,922	
4	Other Current Assets	42,012,053	43,226,918	1,214,865	Includes Investments
5	Total Current Assets	43,463,681	46,104,467	2,640,786	
6	Total Long-term & Fixed Assets	32,961,232	30,493,699	(2,467,533)	Depreciation
7	TOTAL ASSETS	76,424,913	76,598,166	173,253	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	Current Liabilities	1,702,010	1,710,449	8,439	
11	Long-term Liabilities	6,107,870	6,107,870		2012 LTGO Bonds
12	Total Liabilities	7,809,880	7,818,319	8,439	
13	Total Equity	68,615,033	68,779,847	164,814	Annual Net Income
14	TOTAL LIABILITIES & EQUITY	76,424,913	76,598,166	173,253	

Profit & Loss July 2013

	Α	В	С	D	E	F
	July Actual	July Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
INCOME						
Ordinary Income	836,787	835,488	1,298	5,856,655	5,866,418	(9,764)
EXPENSES						
Operating Expenses	131,820	122,512	(9,308)	781,973	876,542	94,569
Depreciation Expense	350,050	351,311	1,261	2,450,347	2,459,176	8,829
Program Expenses	180,816	525,000	344,184	1,418,825	3,675,000	2,256,175
Total Expenses	662,686	998,823	336,137	4,651,146	7,010,719	2,359,573
OTHER INCOME/(EXPENSE)						
Total Other Income/(Expense)	(106,899)	90,000	(196,899)	(1,040,695)	630,000	(1,670,695)
) NET INCOME	67,202	(73,335)	140,537	164,814	(514,300)	679,114
	Ordinary Income EXPENSES Operating Expenses Depreciation Expense Program Expenses Total Expenses OTHER INCOME/(EXPENSE) Total Other Income/(Expense)	INCOME Ordinary Income 836,787 EXPENSES Operating Expenses Operation Expense 131,820 Depreciation Expense 350,050 Program Expenses 180,816 Total Expenses 662,686 OTHER INCOME/(EXPENSE) Total Other Income/(Expense) (106,899)	INCOME July Actual July Budget Ordinary Income 836,787 835,488 EXPENSES Street St	July Actual July Budget Fav/(Unfav) INCOME 836,787 835,488 1,298 EXPENSES 525,002 122,512 (9,308) Depreciation Expense 350,050 351,311 1,261 Program Expenses 180,816 525,000 344,184 Total Expenses 662,686 998,823 336,137 OTHER INCOME/(EXPENSE) (106,899) 90,000 (196,899)	NCOME	INCOME Sascing Expenses 131,820 122,512 (9,308) 781,973 876,542 Operating Expenses 350,050 351,311 1,261 2,450,347 2,459,176 Program Expenses 180,816 525,000 344,184 1,418,825 3,675,000 Total Expenses 662,686 998,823 336,137 4,651,146 7,010,719 OTHER INCOME/(EXPENSE) Total Other Income/(Expense) (106,899) 90,000 (196,899) (1,040,695) 630,000

Monthly Highlights July 2013

Verdant received dividends payments of \$97,320 offsett by an unrealized loss of \$209,384 on our investment portfolio in July. A total of \$646,235 in dividends has been received in 2013 for a ending market value of \$42,035,707. We hope to recover some of the unrealized loss in the months to come.

Annual program commitments total \$2,848,187 and \$2,554,990 for 2013 and 2014, respectively. Estimated board approved internal programs, including the Community Needs Assessment, total \$237,150 for 2013. \$3,214,663 remains available to spend in 2013, of which \$313,574 is earmarked as Superintendent Discretionary.

Verdant received a refund from the City of Edmonds in the amount of \$37,185 for un-utilized program funding. No unexpected expenses were incurred.

Public Hospital District #2 of Snohomish County Summary of Cash Receipts and Disbursements July 2013

July 2013 Amount	
636,540.00	
26,678.67	Value Village
10,450.55	
4,166.67	Healthcare Reality
53,797.10	Reimbursement, Refunds & Interest Income
731.632.99	
12,094.80	Litigation and Professional Liability Legal Fees
4,165.00	Ash Consulting & Moss Adams
11,065.45	Benefit Solutions Administrator, IT Support, Aukuma
727.14	Paychex, Bank Service Fees
31,045.52	2 pay periods Plus Benefit Solutions & Employee Charitable Contributions
10,763.76	2 pay periods & 2Q13 L&I
3,790.59	Regence Medical & Dental, Principal Life
3,881.90	Valic
227,135.03	Includes 6WHY & Community Needs Assessment
6,735.15	Eberle Vivian
3,950.00	ALTA Land Survey
38,662.20	Supplies, Rent, Canon Lease, Dues, Interest Expense, Taxes
354,016.54	
	636,540.00 26,678.67 10,450.55 4,166.67 53,797.10 731,632.99 12,094.80 4,165.00 11,065.45 727.14 31,045.52 10,763.76 3,790.59 3,881.90 227,135.03 6,735.15 3,950.00 38,662.20

Public Hospital District #2 Cash Activity

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
10327	7/3/2013	Lynnwood Convention Center	638.02	Convention Center for Board Retreat
10328	7/3/2013	Lynnwood PFD	3,045.00	July Rent
10329	7/3/2013	Wells Fargo	1,357.67	Misc Credit Cards
10330	7/3/2013	Ace Internet Services, Inc.	503.95	IT Support
10331	7/3/2013	Comcast	330.24	Internet
10332	7/3/2013	Economic Alliance Snohomish County	395.00	Membership Dues
10333	7/3/2013	Shadow and Associates	2,000.00	Media/Public Speaking Training
10334	7/3/2013	WA Department of Revenue	9,107.25	2Q13 Leasehold Excise Tax
10335	7/3/2013	UNITED WAY	514.50	EE Charitable Contributions
10337	7/3/2013	OMF Cares	1,000.00	Superintendent Discrectionary Program
10338	7/3/2013	University of Washington	100.00	LK attend CFO Forum
10339	7/3/2013	Ash Consulting	990.00	Accounting Consulting
10340	7/3/2013	Enginuity Advantage, LLC	87.00	Programs-6WHY Staff
10341	7/3/2013	Lynnwood Convention Center	13,135.73	Programs-6WHY Convention Space (4 sessions)
10342	7/10/2013	Benefit Solutions Inc	11.50	FSA Administrative Fee
10343	7/10/2013	Refugee & Immigrant Services NW	390.95	Translation Services for 6WHY & Website
10344	7/10/2013	Lynnwood PFD	160.00	Janitorial
10345	7/10/2013	Washington Employers	895.50	Dues 2Q13 & Salary Survey
10346	7/10/2013	Foster Pepper	4,124.80	Legal April 2013
10347	7/10/2013	California State Controller	516.14	CA Unclaimed Property
10348	7/10/2013	Aukema & Associates	10,550.00	Website Design
10349	7/15/2013	SightConnection	10,000.00	Programs
10350	7/24/2013	Canon Financial Services	301.13	Copy Machine Lease
10351	7/24/2013	Department of Labor and Industries	2,371.34	2Q13 Self Insured
10352	7/24/2013	Lynnwood PFD	3,045.00	August Rent
10353	7/24/2013	Regence Blueshield	3,167.55	Medical Insurance
10354	7/24/2013	Staples	168.36	Supplies
10355	7/24/2013	Pacific Geomatic Services, Inc.	3,950.00	Building Due Dillegence - ALTA Land Survey
10356	7/24/2013	Principal Financial Group	623.04	Life Insurance
10357	7/24/2013	Wells Fargo	700.89	Misc
10358	7/24/2013	Washington Employers	198.00	LK & KG attend Project Management Class
10359	7/31/2013	Enduris	11,131.00	Insurance
10360	7/31/2013	Wells Fargo	973.64	Misc
10361	7/31/2013	Foster Pepper	7,970.00	Legal May 2013
10362	7/31/2013	Eberle Vivian	3,750.00	Workers Compensation Administration 3Q13
10363	7/31/2013	Comcast	330.45	Internet
10364	7/31/2013	Moss Adams - Cost Report	3,175.00	Accounting Cost Report
10365	7/31/2013	Pacific Art Press Inc	966.87	Programs - Community Needs Assessment Printing
		Total Warrants	102,675.52	

	Date	Payee	Amount	Purpose
Workers Compens	sation Claims Ac	tivity:		
305039-305043	July 2013	Various Claimants/Vendors	2,985.15	Administered by Eberle Vivian
Wire/ACH Activity	/ :			
	7/12/2013	Payroll	15,283.21	ACH payroll transfer
	7/12/2013	Department of Treasury	5,217.01	Payroll taxes for 7/6/13 pay period ending
	7/12/2013	Paychex	91.14	Fee for payroll processing
	7/12/2013	Valic	1,949.95	Payroll 401(a)/457 Deposit
	7/26/2013	Payroll	15,074.74	ACH payroll transfer
	7/26/2013	Department of Treasury	5,177.79	Payroll taxes for 7/20/13 pay period ending
	7/26/2013	Paychex	69.64	Fee for payroll processing
	7/26/2013	Valic	1,931.95	Payroll 401(a)/457 Deposit
	7/15/2013	Wells Fargo	49.72	Bank Service Fee
	7/15/2013	Wells Fargo	444.45	Bank Service Fee
	7/15/2013	Wells Fargo	52.36	Bank Service Fee
	7/15/2013	Bank of America - Fees	19.83	Bank Service Fee
	7/15/2013	American Diabetes Association	4,166.67	Program Payment
	7/15/2013	American Heart Association	800.00	Program Payment
	7/15/2013	Boys & Girls Club of Snohomish County	9,328.25	Program Payment
	7/15/2013	Cascade Bicycle Club Education Foundation	6,416.67	Program Payment
	7/15/2013	Center for Human Services	13,523.67	Program Payment
	7/15/2013	City of Lynnwood	6,455.67	Program Payment
	7/15/2013	Community Health Center of Snohomish Co	8,333.33	Program Payment
	7/15/2013	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
	7/15/2013	Edmonds Community College	11,712.25	Program Payment
	7/15/2013	Edmonds School District No. 15	28,056.82	Program Payment
	7/15/2013	Edmonds Senior Center	5,764.50	Program Payment
	7/15/2013	Little Red Schoolhouse	22,000.00	Program Payment
	7/15/2013	Medical Teams International	4,000.00	Program Payment
	7/15/2013	Parent Trust for WA Children	2,083.33	Program Payment
	7/15/2013	Perscription Drug Assistance Foundation	4,166.67	Program Payment
	7/15/2013	Program for Early Parent Support	3,333.33	Program Payment
	7/15/2013	Project Access Northwest	6,666.67	Program Payment
	7/15/2013	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
	7/15/2013	Puget Sound Christian Clinic	6,250.00	Program Payment
	7/15/2013	Senior Services of Snohomish County	11,208.33	Program Payment
	7/15/2013	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment
	7/25/2013	Strategic Learning Resources, Inc.	28,583.91	Program Payment
	7/3/2013	Benefit Solutions Inc.	57.69	FSA Payments
	7/17/2013	Benefit Solutions Inc.	57.69	FSA Payments
	7/31/2013	Benefit Solutions Inc.	57.69	FSA Payments
	7/19/2013	Department of Labor and Industries	368.96	2Q13 State Fund
	7/29/2013	WA Department of Revenue	897.57	B&O tax for July 2013
		Total Wires/ACH Transactions	248,355.87	
		Total Disbursements	\$ 354,016.54	

	Date	Payer	Amount	Purpose
Deposits:				
	7/1/2013	Value Village	26,678.67	
	7/1/2013	Swedish/Edmonds	636,540.00	
	7/1/2013	PFD - Copies	60.75	Copies
	7/10/2013	Snohomish County	10,450.55	Tax Levy
	7/24/2013	Healthcare Realty Services, Inc.	4,166.67	Monthly lease
	7/18/2013	City of Edmonds Parks & Recreation	37,185.00	Refund for un-used Program Grant Funds
	7/18/2013	Safety National Casualty Corporation	16,527.18	Refund for overpayment of P/L Claims
	7/31/2013	Wells Fargo Interest Income	23.74	Interest income
	7/31/2013	Sedgwick-Commerica	0.43	Interest income
		Total Deposits	\$ 731,632.99	

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers $\underline{10327}$ through $\underline{10365}$ have been issued for payment in the amount of $\underline{\$102.675.52}$. These warrants are hereby approved.

Attest:			
Lisa M. King		Commission	oner
	-	Commission	oner
Warrants Processed:	7-1-13 – 7-31-13		102,675.52
Work Comp Claims Pd:	7-1-13 – 7-31-13		2,985.15
Payroll:	6-23-13 – 7-6-13 7-7-13 – 7-20-13	15,283.21 <u>15,074.74</u>	30,357.95
Electronic Payments:	Payroll Taxes Paychex Valic Retirement Benefit Solutions Bank Fees WA State Dept Revenue Program Expenditures	10,763.76 160.78 3,881.90 173.07 566.36 897.57 201,554.48	<u>217,997.92</u>
	Grand Total		\$354.016.54

Preliminary Capital Project Budget Prime Pacific Bank Purchase and Community Wellness Center Conversion

Building & Land Acquisition: \$1,825,000

> Project Management: \$65,000

Architecture and Engineering Design: \$190,000 Construction and Tenant Improvements: \$765,000 Furniture, Fixtures & Equipment: \$80,000

\$75,000 Contingency:

Total Capital Project Budget: \$3,000,000

Notes from August 7 Study Session on Needs Assessment

Board Feedback on Potential Roles

- 1. **Gap filler:** Affordable Care Act leaves many access to healthcare issues. Some interest in defining our work as more than just gap filling. For example, how do we create a vision for improving access to healthcare for our community?
- 2. **Convener:** Interest in playing a 'sparkplug role' to take advantage of untapped cooperative problem solving. How do we inspire change and build collaborative structure?
- **3. Door opener:** Should do convening first. There is an opportunity to focus on door opening for Access to Healthcare.
- **4. Advocate:** Good connection because Verdant doesn't have unlimited resources. Stay away from political hot button issues.
- **5. Community Builder:** Similar to advocate, interest in this because we don't have unlimited resources

Other Commissioner Comments:

- Some concern that the 'Five Potential Roles' too shallow
- What about bringing groups together on projects like Senior Services Center for Healthy Living?

Areas for Verdant Staff Follow-Up:

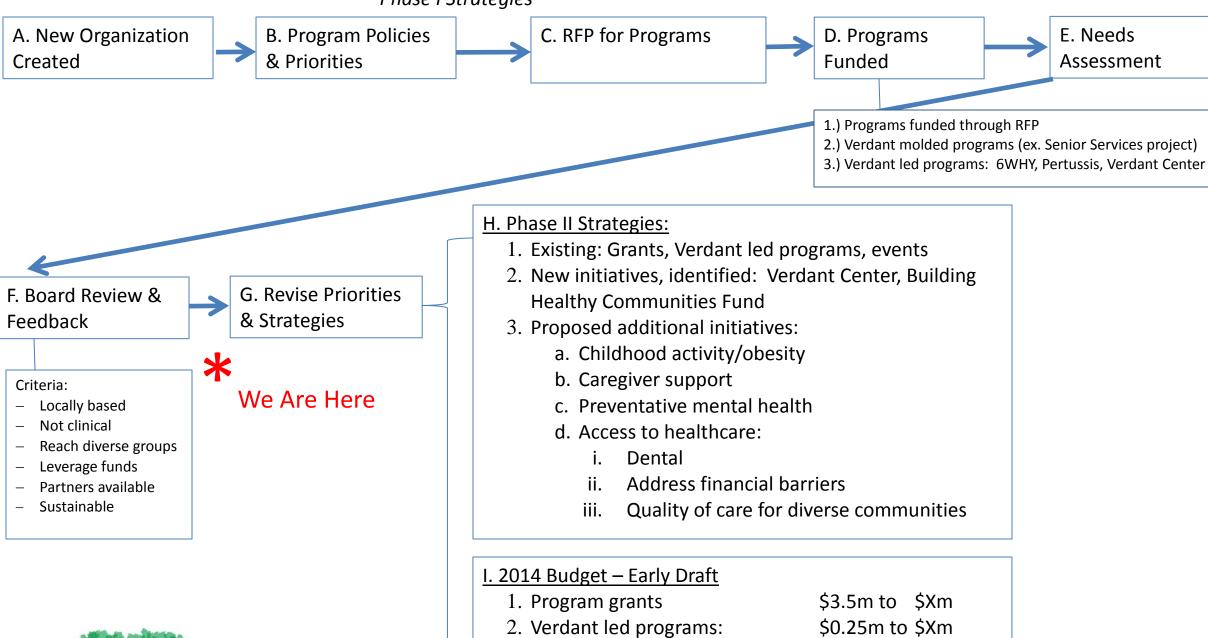
- 1.) Drill down into potential topics to identify clear needs and gaps. Ideas for 'drill down' include:
 - a. Youth Obesity/Activity
 - b. Preventative Mental Health
 - c. Caregiver support (including single parents, other groups)
 - d. Wellness Programming
- 2.) Engage the insurers to learn more about what they are doing, particularly on wellness issues.
- 3.) Identify ways to engage members of the community we are not reaching: for example small business owners or other types of community leaders beyond elected officials and company executives.

The board started brainstorming criteria for deciding further focus, including:

- Programs are locally based and address local issues
- Not a clinical focus
- Reach diverse groups (culturally, generationally, gender, etc.)
- Ability to leverage funds
- Partners are available
- Have the ability to be sustainable

Program Planning Process

Phase I Strategies



3. Verdant Center:

4. One-time events:

5. Building Healthy Com. Fund:

\$0.0m to \$Xm \$0.1m to \$Xm

\$0.0m to \$Xm



Follow up to Discussion about Projects that Provide Opportunities for Physical Activity

On August 16, the program committee met with legal counsel (Bradley Berg of Foster Pepper) to review the possibility of investing in projects that increase opportunities for physical activity. The committee shared information about the two recent funding proposals: the City of Brier walking path, and the Edmonds School District/City of Edmonds proposal to fund a recreation complex at the old Woodway High school site. Mr. Berg's guidance included three key points:

- 1. Verdant can make a logical connection between increasing opportunities for physical activity and public hospital districts' charter to provide 'other health maintenance services.'
- 2. It is important to note that Verdant would not be contracting for the **construction** of park or recreation facilities. Instead, Verdant would be contracting with entities for health maintenance **services** for the benefit of district residents.
- 3. Given that Verdant would be contracting for services, there would need to be some means to measure whether recipients of funding are actually providing the services. For example, if Verdant funds are used to build recreation facilities, the recipient of funds should be able to describe the programs and activities that are provided as a result of funding.

Given this discussion, the program committee is recommending establishing the following criteria for a new 'Building Healthy Communities Fund.' After an open application process, the program committee will bring back funding recommendations based on these criteria.

General Description

The Verdant Building Healthy Communities Fund will support projects in South Snohomish County that increase opportunities for residents to live active and healthy lives. Successful projects will sustain long-term improvements that help residents to live healthy and active lives, and funds will be provided on a one time (rather than ongoing) basis.

Selection Criteria

Preference for projects that:

- Provide access to health and wellness opportunities in neighborhoods or communities that are not currently available.
- Can measure specific results and community health or wellness improvements as a result of the
 project. Verdant has a preference for projects that can demonstrate improvements in health or
 wellness, rather than just raw usage numbers.
- Include cooperation between multiple organizations or jurisdictions.
- Leverage other funding sources.
- Have a clear plan for ongoing maintenance and sustainability.

Other Verdant Funding Considerations

- Geographic balance within Verdant's district.
- Size of request and neighborhoods/areas served.
- Role and appropriateness of Verdant's funds along with an analysis of other funding sources (ex. federal, state, city budgets).

Eligible Entities

- Local governments
- Non-profit organizations
- School districts
- Service clubs and organizations

Additional Program Investment Scenarios

At the July 24, 2013 board meeting, Verdant staff presented a long range program investment forecast that included organizational reserve levels. At the meeting, there was some interest in seeing additional scenarios with higher levels of program investment.

- **Scenario 1:** similar to scenario from last time with latest program spending and operating expense forecasts included. Would reach \$63 million in reserves by 2020.
- **Scenario 2:** increase program spending to \$7.15 million by 2016, \$10 million by 2020. Would reach \$54 million in reserves by 2020.
- **Scenario 3:** includes a faster ramp up to program spending: \$9 million in 2017 and \$10 million in 2018 and beyond. Would reach \$50.5 million in reserves by 2020.

Reach \$62.7M by 2020

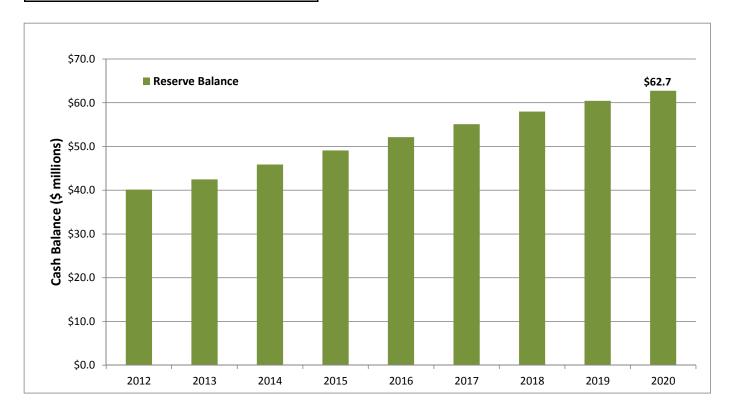
	A	В	С	D	E	F	G	Н	1	J
1	\$ Millions	2012	2013	2014	2015	2016	2017	2018	2019	2020
2	<u>Revenue</u>									
3	Swedish Lease	\$7.49	\$7.71	\$7.95	\$8.18	\$8.43	\$8.68	\$8.94	\$9.21	\$9.49
4	Value Village Lease	\$0.28	\$0.28	\$0.26	\$0.26	\$0.27	\$0.28	\$0.29	\$0.00	\$0.00
5	Pavillion Ground Lease	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05
6	Investment Earnings	\$1.12	\$0.80	\$0.85	\$0.92	\$0.98	\$1.04	\$1.10	\$1.16	\$1.21
7	Levy	\$2.04	\$2.05	\$2.05	\$2.06	\$2.06	\$2.07	\$2.07	\$2.07	\$2.08
8	Total Revenue	\$10.97	\$10.90	\$11.16	\$11.47	\$11.79	\$12.12	\$12.46	\$12.49	\$12.82
9	<u>Expenses</u>									
10	Regular Verdant Operating Expenses	\$1.04	\$1.08	\$1.19	\$1.23	\$1.28	\$1.33	\$1.39	\$1.44	\$1.50
11	Total Program Expenses	\$1.87	\$3.64	\$5.73	\$6.17	\$6.58	\$6.91	\$7.25	\$7.62	\$8.00
12	Hospital Legacy	\$0.13	\$0.12	\$0.10	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07
13	Ongoing Hospital	\$0.09	\$0.09	\$0.08	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06
14	Bond Principal Payments	\$1.81	\$0.72	\$0.75	\$0.77	\$0.81	\$0.84	\$0.88	\$0.92	\$0.96
15	Total Expenses	\$5.97	\$5.56	\$7.76	\$8.24	\$8.74	\$9.15	\$9.58	\$10.05	\$10.53
16	Cash Outlay for Building Purchase		\$3.00							
17	Net Operating Cash Flow	\$5.00	\$2.33	\$3.40	\$3.22	\$3.05	\$2.97	\$2.87	\$2.45	\$2.30
										. 1
18	Beginning Cash Balance*	\$35.12	\$40.13	\$42.46	\$45.86	\$49.08	\$52.14	\$55.11	\$57.98	\$60.43
19	Net Cash Flow	\$5.00	\$2.33	\$3.40	\$3.22	\$3.05	\$2.97	\$2.87	\$2.45	\$2.30
20	Ending Cash Balance*	\$40.13	\$42.46	\$45.86	\$49.08	\$52.14	\$55.11	\$57.98	\$60.43	\$62.72

Assumptions	
Growth Rate on Swedish Lease Income	3%
Operating Expense Growth Rate	4%
Earnings on Investment Portfolio	2%

Notes:

Line 4 assumes 5 year contract renewal for Value Village

Line 10 assumes a one-time 10% increase in operating cost for 2014 $\,$



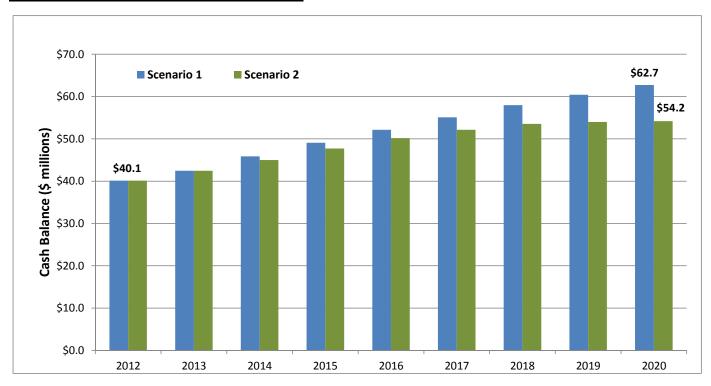
Scenario 2: Reach \$54.2M by 2020

	Α	В	С	D	Е	F	G	Н	I	J
1	\$ Millions	2012	2013	2014	2015	2016	2017	2018	2019	2020
2	<u>Revenue</u>									
3	Swedish Lease	\$7.49	\$7.71	\$7.95	\$8.18	\$8.43	\$8.68	\$8.94	\$9.21	\$9.49
4	Value Village Lease	\$0.28	\$0.28	\$0.26	\$0.26	\$0.27	\$0.28	\$0.29	\$0.00	\$0.00
5	Pavillion Ground Lease	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05
6	Investment Earnings	\$1.12	\$0.80	\$0.85	\$0.90	\$0.95	\$1.00	\$1.04	\$1.07	\$1.08
7	Levy	\$2.04	\$2.05	\$2.05	\$2.06	\$2.06	\$2.07	\$2.07	\$2.07	\$2.08
8	Total Revenue	\$10.97	\$10.90	\$11.16	\$11.45	\$11.76	\$12.08	\$12.40	\$12.40	\$12.69
9	<u>Expenses</u>									
10	Regular Verdant Operating Expenses	\$1.04	\$1.08	\$1.19	\$1.23	\$1.28	\$1.33	\$1.39	\$1.44	\$1.50
11	Total Program Expenses	\$1.87	\$3.64	\$6.58	\$6.68	\$7.15	\$7.87	\$8.65	\$9.52	\$10.00
12	Hospital Legacy	\$0.13	\$0.12	\$0.10	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07
13	Ongoing Hospital	\$0.09	\$0.09	\$0.08	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06
14	Bond Principal Payments	\$1.81	\$0.72	\$0.75	\$0.77	\$0.81	\$0.84	\$0.88	\$0.92	\$0.96
15	Total Expenses	\$5.97	\$5.56	\$8.60	\$8.75	\$9.31	\$10.11	\$10.99	\$11.95	\$12.53
16	Cash Outlay for Building Purchase		\$3.00							
17	Net Operating Cash Flow	\$5.00	\$2.33	\$2.55	\$2.70	\$2.45	\$1.97	\$1.41	\$0.46	\$0.17
18	Beginning Cash Balance*	\$35.12	\$40.13	\$42.46	\$45.01	\$47.71	\$50.16	\$52.13	\$53.54	\$54.00
19	Net Cash Flow	\$5.00	\$2.33	\$2.55	\$2.70	\$2.45	\$1.97	\$1.41	\$0.46	\$0.17
20	Ending Cash Balance*	\$40.13	\$42.46	\$45.01	\$47.71	\$50.16	\$52.13	\$53.54	\$54.00	\$54.17

Assumptions	
Growth Rate on Swedish Lease Income	3%
Operating Expense Growth Rate	4%
Earnings on Investment Portfolio	2%

Notes:

Line 4 assumes 5 year contract renewal for Value Village
Line 11 assumes a 10% increase per year (2017-2020) leveling off at \$10m
Line 10 assumes a one-time 10% increase in operating cost for 2014



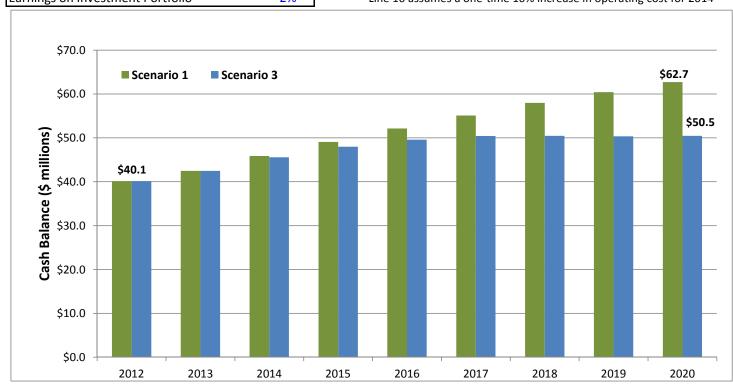
Scenario 3: Reach \$50.5M by 2020

	Α	В	С	D	E	F	G	Н	I	J
1	\$ Millions	2012	2013	2014	2015	2016	2017	2018	2019	2020
2	<u>Revenue</u>									
3	Swedish Lease	\$7.49	\$7.71	\$7.95	\$8.18	\$8.43	\$8.68	\$8.94	\$9.21	\$9.49
4	Value Village Lease	\$0.28	\$0.28	\$0.26	\$0.26	\$0.27	\$0.28	\$0.29	\$0.00	\$0.00
5	Pavillion Ground Lease	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05	\$0.05
6	Investment Earnings	\$1.12	\$0.80	\$0.85	\$0.91	\$0.96	\$0.99	\$1.01	\$1.01	\$1.01
7	Levy	\$2.04	\$2.05	\$2.05	\$2.06	\$2.06	\$2.07	\$2.07	\$2.07	\$2.08
8	Total Revenue	\$10.97	\$10.90	\$11.16	\$11.46	\$11.77	\$12.07	\$12.36	\$12.34	\$12.62
9	<u>Expenses</u>									
10	Regular Verdant Operating Expenses	\$1.04	\$1.08	\$1.19	\$1.23	\$1.28	\$1.33	\$1.39	\$1.44	\$1.50
11	Total Program Expenses	\$1.87	\$3.64	\$6.00	\$7.00	\$8.00	\$9.00	\$10.00	\$10.00	\$10.00
12	Hospital Legacy	\$0.13	\$0.12	\$0.10	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07	\$0.07
13	Ongoing Hospital	\$0.09	\$0.09	\$0.08	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06	\$0.06
14	Bond Principal Payments	\$1.81	\$0.72	\$0.75	\$0.77	\$0.81	\$0.84	\$0.88	\$0.92	\$0.96
15	Total Expenses	\$5.97	\$5.56	\$8.03	\$9.07	\$10.16	\$11.24	\$12.33	\$12.43	\$12.53
16	Cash Outlay for Building Purchase		\$3.00							
17	Net Operating Cash Flow	\$5.00	\$2.33	\$3.13	\$2.39	\$1.61	\$0.83	\$0.03	-\$0.09	\$0.10
4.0	Destructive Cook Bullions*	625.43	Ć40.43	Ć 42. 46	Ć45.50	ć 47.00	Ć 40. F0	Ć50.42	Ć50.45	ć50.26
18	Beginning Cash Balance*	\$35.12	\$40.13	\$42.46	\$45.59	\$47.98	\$49.59	\$50.42	\$50.45	\$50.36
19	Net Cash Flow	\$5.00	\$2.33	\$3.13	\$2.39	\$1.61	\$0.83	\$0.03	-\$0.09	\$0.10
20	Ending Cash Balance*	\$40.13	\$42.46	\$45.59	\$47.98	\$49.59	\$50.42	\$50.45	\$50.36	\$50.46

Assumptions	
Growth Rate on Swedish Lease Income	3%
Operating Expense Growth Rate	4%
Earnings on Investment Portfolio	2%

Notes:

Line 4 assumes 5 year contract renewal for Value Village
Line 11 assumes a \$1m increase per year, leveling off at \$10m
Line 10 assumes a one-time 10% increase in operating cost for 2014



August 2013 Program Summary

Summary of Programs for Discussion

- 7 new program funding applications
- 2 pending applications from July meeting

New Program Applications for Funding

Recommended for funding

- Holly House For Kids Dental Supplies: a one-time request to provide dental supply kits (toothbrushes, floss, mouthwash) to 2,000 low-income children in the Edmonds School District. The dental supplies would be distributed during the holiday season. The committee is recommending fully funding the request on a one-time basis for \$10,000.
- Swedish Medical Center Foundation Imagine Gala in support of the Emergency Department and Campus Redevelopment: a one-time request for support of \$25,000. In each of the past two years Verdant has provided \$10,000 for the event. The committee is recommending fully funding the request on a one-time basis for \$25,000.
- Mountlake Terrace Senior Center Nutrition Program Upgrades: the Mountlake Terrace Senior Center is
 moving to a new city-owned facility on Lake Ballinger and the Senior Center is seeking one-time funding of
 \$60,000 to upgrade the kitchen to expand its ability to offer meal and nutrition programs for seniors. The
 program committee is recommending fully funding the request at \$60,000 on a one-time basis.

For Board Discussion

• Washington Community Action Network- Insurance Enrollment Project: a request to support a high-touch insurance outreach and enrollment program. The project would use door-to-door outreach, phone banking, and electronic communication to reach newly eligible enrollees. The program would target low-income and diverse neighborhoods and would be based out of the Las Americas Business Center in Lynnwood. Verdant funding of \$180,000 would be used to hire a full-time staff member and 10 part-time multi-lingual staff to conduct outreach. Commissioner Knutsen recused herself from the discussion of this program, so there is not a committee recommendation.

Need Additional Information & Follow-up

• Snohomish County Fire District 1- Community Paramedic: Fire District 1 is seeking funding to establish a community paramedic program. The community paramedic would review 911 call reports and referrals from other firefighters/paramedics and would follow-up to address patients' needs. As presented, the proposal seemed to be mostly internally focused within the Fire District, and the program committee would like to better understand how the program fits in with other community partners and supports. The committee would also like to touch base with the Lynnwood Fire Department to see if they might be interested on collaborating on a similar program.

- Snohomish County Fire District 1 Disaster Medicine Project: a multi-year funding request to create a community-based disaster readiness program. The project would recruit military veterans and volunteers, train hospital staff and first responders, and conduct disaster exercises. Funds would be used for staffing (3 positions + 2 provided in-kind), exercises, and equipment. The program committee would like to bring the applicant in for a Q&A to better understand how this fits in with hospital activities.
- Edmonds School District & City of Edmonds Woodway Campus Renovation: a one-time request of \$2.5 million to create a multi-use recreational space at the former Woodway High School. The site will include four full size turf fields and a walking path, tennis courts, and a community garden area. The goal is to build a regional destination promoting health and wellness. The committee is recommending considering this request with other 'Building Healthy Community Fund' projects.

Follow-up Program Applications

Previous Applications:

- Seattle VNA Emergency Alert & Response System: after additional discussion, the program committee is
 not recommending this proposal for funding. The committee would be open to exploring a project with
 Seattle VNA that focused more on direct services to individuals and families, and dedicated fewer resources
 to a commercially available alert system.
- City of Brier Walking Path: a one-time request of \$90,345. The committee is recommending considering this request with other 'Building Healthy Community Fund' projects.

Verdant Health Commission Proposal Summary August 2013

	А	В	С	D	Е	F	G	Н	ı	J
	New Programs for August Review		D.	quest for funding			Priority Ar			
	# Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served
	Holly House For Kids - Denta Supplies	Holly House is a program that provides holiday gifts for children in the Edmonds School District. Gifts typically include socks, I underwear, hats, scarves, pajamas, blankets, toiletries, stockings, stuffed animal and toys. Holly House is requesting funding to provide dental supplies (toothbrushes, floss, mouthwash) for 2,000 low-income children.	\$10,000				Х			Children
	Snohomish County Fire District 1 - Community Paramedic	Fire District 1 is seeking funding to establish a community paramedic program. The community paramedic would review 911 call reports and referrals from other firefighters/paramedics and would follow-up to address patients' needs. The program would expect to serve 200 residents per year.	\$144,426	\$144,426		х	х	х		Broad Community
:	Swedish Medical Center Foundation	2013 Swedish Edmonds Imagine Gala and Expansion of Emergency Department and Campus Redevelopment.	\$25,000					х		N/A
,	Disaster Medicine Project - Fire District 1	A funding request to create a community-based disaster readiness program. The purpose is to build the capability for first responders and hospital staff to respond in emergencies. The project would recruit military veterans and volunteers, train hospital staff and first responders, and conduct disaster exercises. Funds would be used for staffing (3 positions + 2 provided in-kind), exercises, and equipment.	\$288,580	\$144,290	\$86,574		х		х	Broad Community

Verdant Health Commission Proposal Summary August 2013

5	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served
	Edmonds School District & City of Edmonds - Woodway Recreation Campus Renovation	This is a joint project with the Edmonds School District and the City of Edmonds to create a multi-use recreational space. The site will include four full size turf fields and a walking path, tennis courts, and a community garden area. The goal is to build a regional destination promoting health and wellness.	\$2,500,000				х			Broad Community
6	Mountlake Terrace Senior Center - Nutrition Program Kitchen Upgrades	The Mountlake Terrace Senior Center is relocating to a new city owned facility on Lake Ballinger. The Senior Center is seeking one-time funding to upgrade the kitchen to expand its ability to offer meal and nutrition programs. Funds would be used to upgrade the kitchen, food preparation, serving and dining areas, and to make the space ADA compatible.	\$60,000			х	х			Seniors
7	Washington Community Action Network Education & Research Fund -South Snohomish County Enrollment Project	The request would support a high touch health insurance outreach and enrollment program. The project would use doorto-door outreach, phone banking, and electronic communication to reach newly eligible enrollees. The program would target low-income and diverse neighborhoods and would be based out of the Las Americas Business Center in Lynnwood. Verdant funding would be used to hire a full time staff member and 10 part time multi-lingual staff to conduct outreach.	\$180,000					х		Low-income & Uninsured

Verdant Health Commission Proposal Summary July 2013

	A	В	С	D	E	F	G	Н	I	J
	Pending Program Applications from July Meeting		R	equest for funding	S		Priority Ar	ea		
#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy	Primary Population Served
1	City of Brier - Brier Park Walking Trail	A one-time request to build a walking path around Brier Park. Funds would be used for design and construction of the trail. The city plans to host health walks for elementary children and track the number of children that participate.	\$90,345				х			General Community
2	Seattle Visiting Nurse Association - Emergency Alert & Response System	A funding request to implement an emergency alert and response program that would support installation and monthly monitoring of up to 500 Emergency Alert & Response System (EARS) units for at-risk elderly and others residing in the district. The program would also include an in-home consultation with a registered nurse to identify safety hazards and health needs.	\$297,814	\$297,814	\$297,814		х	х		Seniors
	•	Subtotal	\$388,159	\$297,814	\$297,814					