

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
November 20, 2013
8:00 AM to 9:00 AM

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order			
a) Pledge of Allegiance	---	8:00	
B. Approval of the Minutes			
a) October 23, 2013 Board Meeting	Action	8:01	1-6
b) November 1-2, 2013 Special Board Meeting	Action	8:02	7
c) November 15, 2013 Special Board Meeting	Action	8:03	8
C. Executive Committee Report	Information	8:04	
D. Board Finance Committee Report			
a) Review financial statement and cash activity	Action	8:05	9-13
b) Authorization for payment of vouchers and payroll	Action	8:07	14
E. Program Oversight Committee Report & Recommendations			
a) Conflicts of interest	Action	8:10	
b) Program investment recommendations	Action	8:15	15-19
F. Marketing Report	Information	8:20	
G. Commissioner Comments	Information	8:25	
H. Superintendent's Report	Information	8:30	
I. Public Comments (please limit to three minutes per speaker)	---	8:35	---
J. Executive Session	---	8:40	---
a) Review ongoing litigation			
b) Review potential real estate acquisition			
K. Open Session	Action	9:00	---
L. Adjournment	---	9:00	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

*Regular Meeting
VHC Board Room
October 23, 2013*

Commissioners Present	Bob Knowles, President Fred Langer, Commissioner (via phone) J. Bruce Williams, M.D., Commissioner Karianna Wilson, Commissioner (8:30 AM arrival) Deana Knutsen, Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Karen Goto, Executive Assistant Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knowles.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on September 25, 2013. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on October 7, 2013.
Executive Committee	President Knowles reported that the Executive Committee met on October 18, 2013 to review the October 23, 2013 board meeting agenda. No action was taken.
Board Finance Committee	The committee met on October 18, 2013 to review the financial statements. Ms. King reported on the financials for September 2013 (E:58:13). Income reflects a 3% increase in rent each September from Swedish/Edmonds.
Authorization for Payment of	Warrant Numbers 10389 through 10415 for September 2013 for payment in the amount of \$59,177.24 were presented for

Vouchers &
Payroll

approval (E:59:13). *Motion was made, seconded and passed unanimously to approve.*

Resolution
2013:08
Fixed Asset
Surplus

Motion was made, seconded and passed unanimously to approve Resolution 2013:08 authorizing the Superintendent to sell all or any part of surplus personal property no longer required for public hospital district purposes.

Public Hearing
on 2014 Budget
& Revenue

President Knowles opened the public meeting regarding the Superintendent's proposed 2014 revenue and expenditure budget. Community members presented testimony.

Rowena Miller, 8711 182nd Pl. SW, Edmonds, WA 98206: She expressed concerns that the property tax 1% increase was not mentioned at the October 7, 2013 special board meeting or at her meeting with the Superintendent on October 9, 2013. She was concerned that PHD2 is not transparent and would like the board to reconsider the tax increase as many in the district are experiencing economic hardships.

Mary Hovander, 1009 Glen St., Edmonds, WA 98020, expressed disappointment with the lack of transparency.

Resolution
2013:09
approving the
dollar amount
and percentage
increase in the
District's regular
property tax levy
for 2014

Motion was made, seconded and passed unanimously to approve Resolution 2013:09 approving the dollar amount and 1 percent increase in the District's regular property tax levy for calendar year 2014.

Resolution
2013:10
approving &
adopting the
district's budget
for 2014

Motion was made, seconded and passed unanimously to approve Resolution 2013:10 approving & adopting the district's budget as presented for calendar year 2014.

Program
Oversight
Committee
Update

The Program Oversight Committee met on October 14, 2013 to review two new program funding applications, one pending application, and two renewal applications (E:61:13). No conflicts of interest were reported by the commissioners.

New Program Applications:

The committee is not recommending for funding the Puget Sound Kidney Center Foundation's Chronic Kidney Disease & Prevention Program and is also not recommending for funding the International Community Health Services Shoreline Clinic as the clinic resides in King County. Both Commissioner Knowles & Williams expressed interest in a reworked proposal from the Puget Sound Kidney Center Foundation.

Follow-up Program Applications:

The program committee and the Commissioners would like to see a more focused proposal from Fire District 1 on their Disaster Medicine project including other sources of funding they have secured.

Renewal Program Applications for Funding:

Motion was made, seconded and passed unanimously to approve ChildStrive (formerly Little Red Schoolhouse) Nurse Family Partnership in the amount of \$271,920 in 2014 and \$277,359 in 2015.

Motion was made, seconded and passed unanimously to approve Puget Sound Christian Clinic's Edmonds Mobile Medical Clinic in the amount of \$90,000 per year for two additional years.

Marketing Report

Ms. Piplic reported on the latest issue of *The Canopy*, the three community leader meetings, the 6 Weeks to a Healthier You reunion session scheduled for November 4, 2013, the health fair with the Lynnwood Diversity Commission & WithinReach, and other upcoming community events (E:62:13).

Commissioner Langer commented that due to *The Canopy*, a physician contacted him with information that he will pass along to the Program Committee.

Commissioner Comments

Commissioner Langer offered to meet with anyone from the public on the district budget process. He stated that transparency is very important to the board and we work to ensure that all statutory requirements are met.

Commissioner Williams noted that the October 7, 2013 special meeting was a public meeting and all Finance Committee meetings are also public meetings with community involvement. Commissioner Williams also mentioned that Swedish/Edmonds has received an "A" rating from the Leapfrog Group, which is up from a previous

"C" rating.

Commissioner Knutsen noted that commissioners did not exchange email or telephone communication regarding the 2014 budget and that she has worked to make sure the board is transparent in its processes. Commissioner Knutsen also was pleased with the latest issue of *The Canopy*. Commissioner Knowles acknowledged the great work on *The Canopy* and the website.

Superintendent's Report

Superintendent Zapora reported on four items:

1. Verdant held a Community Partner meeting on October 18, 2013 with 25 in attendance at the new building. Lynne Vea of PCC Markets has also shared her input on the proposed demonstration kitchen/classroom.
2. Superintendent Zapora attended the recent WSHA conference and also the Senior Services of Snohomish County luncheon where Verdant was presented with a Powerful Partners award for their partnership with Senior Services in 2013.
3. Superintendent Zapora thanked the staff for their hard work on all the events in October 2013.
4. The WSHA conference covered the issue of women's reproductive health. The attorney general's opinion is that if a public hospital district provides maternity services, it must provide the full range of women's reproductive services. This opinion will be further explored with legal counsel. Commissioner Knutsen commented that end-of-life issues also need to be examined along with women's reproductive issues.

Public Comments:

Ms. Rowena Miller of the League of Women Voters asked when the Finance Committee meetings are held. Ms. King replied that they are usually held on the Friday before the monthly board meeting, @ Swedish/Edmonds hospital from noon to 1 PM. Ms. Miller also inquired about how the rest of the commissioners that do not attend the Finance Committee meeting are informed of the finances. Ms. King reported that the commissioners receive all the information through the board packet that is sent to them before the monthly board meeting.

Commissioner Knutsen noted that the tax levy revenue was included in the budget that was presented at the October 7, 2013 special board meeting. The actual additional cost is 10 cents per resident per year. Commissioner Langer noted that the board follows the rules set by the legislature for

transparency purposes and that he is willing to meet with anyone from the public on the process that the board follows.

Ms. Mary Hovander of the League of Women Voters noted that the M&O levy amount on Line 74 of the budget presented at the October 7, 2013 meeting is different from Line 74 of the budget presented at today's board meeting. Ms. King explained that the levy amount on the October 7, 2013 budget was an estimate and that the county has since provided a more accurate figure.

**Executive
Session**

President Knowles recessed the regular meeting at 9:06 a.m. into Executive Session to discuss ongoing litigation and potential real estate acquisition matters. President Knowles stated that the board would reconvene at 9:20 a.m. and the board may take action in Open Session. President Knowles extended the executive session until 9:40 a.m.

Open Session

President Knowles reconvened into open session at 9:42 a.m.

The following action was taken:

**MOTION AUTHORIZING MEDICAL OFFICE BUILDING
PURCHASE NEGOTIATIONS**

The Board of Commissioners has determined that it may be in the District's best interests to acquire a medical office building to complement the District's hospital campus and to be leased to medical providers serving residents in the District and such acquisition shall produce a reasonable return to the District. The Board desires to authorize the Superintendent of the District to work with the District's advisers to pursue the possible purchase by the District, including making a purchase offer and if accepted to complete the purchase due diligence and, if a building is deemed suitable, negotiate on the District's behalf the final terms of a definitive purchase and sale agreement to be submitted to the Board once it is acceptable to the parties and the final due diligence is completed.

ACCORDINGLY, IT IS HEREBY MOVED that the District's Superintendent is authorized to work with the District's advisers to make an initial offer for the purchase of a medical office building for possible purchase by the District, complete the final due diligence on the investment and, if the building is deemed suitable, negotiate on the District's behalf the final terms of the definitive purchase and

sale agreement, which agreement shall be presented to the Board for its final review and consideration and which agreement shall not be legally binding on the District until all the final due diligence is completed and it has received the Board's approval to complete the transaction except that if the District were to decide to abandon the purchase agreement without reasonable cause the District would forfeit its earnest money in the amount of up to \$400,000.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:43 a.m.

ATTEST BY:

President

Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

BOARD SPECIAL MEETING
November 1 to 2, 2013
Tulalip Resort

**Commissioners
Present**

Bob Knowles, President
Fred Langer, Commissioner
Karianna Wilson, Commissioner
Deana Knutsen, Commissioner
J. Bruce Williams, MD, Commissioner

Staff

Carl Zapora
George Kosovich
Jennifer Piplic
Lisa King
Karen Goto

Guest

Larry Pennings, Facilitator

Dinner/Reception

A dinner and reception was held on Friday, November 1 from 5:30-8:00 p.m. No business was conducted.

Call to Order

On Saturday, November 2 the Special Meeting of the Board of Commissioners was called to order by President Knowles at 8:10 a.m.

**Strategic Planning
Discussion**

The board went into a strategic planning discussion. Topics included an overview of the operating agreements, Verdant's history and milestones, the hospital campus real estate plan, 501c3 set up, portfolio/investment review, website review, Verdant building design, needs assessment and program planning for 2014, and financial metrics. No action was taken at the meeting.

Adjourn

There being no further business to discuss, the meeting was adjourned at 3:00 p.m.

Attest By:

President

Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

BOARD SPECIAL MEETING
November 15, 2013
Verdant Health Commission

Commissioners
Present

Bob Knowles, President
Fred Langer, Commissioner (7:50 AM arrival)
Deana Knutsen, Commissioner

Staff

Carl Zapora
George Kosovich
Jennifer Piplic
Karen Goto

Guest

Scott Falkin, Project Manager

Call to Order

The Special Meeting of the Board of Commissioners was called to order by President Knowles at 7:33 a.m.

Review of Building Project

The board reviewed the budget, design concept and site plan for Verdant's Community Wellness Center. No action was taken at the meeting.

Adjourn

There being no further business to discuss, the meeting was adjourned at 8:22 a.m.

Attest By:

President

Secretary

Balance Sheet
As of October 31, 2013

	A	B	C	D
	Dec 31, 2012	Oct 31, 2013	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	1,451,628	2,007,511	555,883	
4 Other Current Assets	42,012,053	44,049,746	2,037,693	Includes Investments
5 Total Current Assets	43,463,681	46,057,257	2,593,576	
6 Total Long-term & Fixed Assets	32,961,232	30,633,626	(2,327,606)	Depreciation
7 TOTAL ASSETS	76,424,913	76,690,883	265,970	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	1,702,010	1,702,275	265	
11 Long-term Liabilities	6,107,870	6,107,870	-	2012 LTGO Bonds
12 Total Liabilities	7,809,880	7,810,145	265	
13 Total Equity	68,615,033	68,880,738	265,705	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	76,424,913	76,690,883	265,970	

Profit & Loss
October 2013

	A	B	C	D	E	F
	Oct Actual	Oct Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	683,171	683,228	(57)	6,690,697	6,697,515	(6,818)
3 EXPENSES						
4 Operating Expenses	117,637	126,470	8,833	1,023,535	1,237,626	214,091
5 Depreciation Expense	340,722	351,311	10,589	3,491,169	3,513,109	21,940
6 Program Expenses	317,514	525,000	207,486	2,325,116	5,250,000	2,924,884
7 Total Expenses	775,873	1,002,781	226,908	6,839,820	10,000,735	3,160,915
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	(311,869)	261,250	(573,119)	414,829	2,616,667	(2,201,838)
10 NET INCOME	(404,571)	(58,303)	(346,268)	265,706	(686,553)	952,259

Monthly Highlights
October 2013

Verdant received dividends payments of \$72,431.12 and an unrealized gain of \$46,168.90 on our investment portfolio in October. A total of \$895,529.05 in dividends has been received in 2013 for a ending market value of \$42,420,193.48.

Annual program commitments total \$3,034,270 and \$3,016,166 for 2013 and 2014, respectively. Estimated board approved internal programs, including the Community Needs Assessment, total \$237,150 for 2013. \$3,028,580 remains available to spend in 2013, of which \$313,395 is earmarked as Superintendent Discretionary.

No unusual income or expenses were recorded in October.

**Public Hospital District #2 of Snohomish County
 Summary of Cash Receipts and Disbursements
 October 2013**

**October 2013
 Amount**

Receipts:

Swedish/Edmonds Rental Income	655,636.21	
Other Rental Income	26,678.67	Value Village
Snohomish County Tax Levy	81,009.97	
Ground Lease Payments	4,166.67	Healthcare Reality
Misc. Reimbursements/Refunds	90,975.68	Interest Income
Total Receipts	858,467.20	

Disbursements:

Professional Services:		
Legal Fees	9,304.70	Litigation and Professional Liability Legal Fees
Accounting Fees	1,732.50	Ash Consulting & Moss Adams
Professional Services	792.25	Benefit Solutions Administrator, IT Support
Purchased Services	31,903.47	Paychex, Bank Service Fees, Marketing
Payroll	30,340.99	2 pay periods Plus Benefit Solutions & Employee Donations
Payroll Taxes	10,426.69	2 pay periods plus 3Q13 L&I
Employee Insurance	3,783.39	Regence Medical & Dental, Principal Life
Employee Retirement Contributions	3,884.72	Valic
Program Expenditures	326,824.01	Includes 6WHY
Workers Compensation	12,907.09	Eberle Vivian
Property Acquisition & Improvement	33,450.35	Vault Removal, Architecture, Signage
Other Miscellaneous Expenses	30,456.79	Supplies, Rent, Canon Lease, Dues, Interest Expense, Taxes
Total Disbursements	495,806.95	

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
10416	10/02/2013	Comcast	328.28	Internet
10417	10/02/2013	Gary Shinn Design	2,000.00	Marketing - Newsletter Design
10418	10/02/2013	Institute for Fitness and Health	8,377.50	6WTHY 2013 Final Installment
10419	10/02/2013	Patrick James Hagerty	1,425.60	Marketing - Photography for Newsletter
10420	10/02/2013	WA Department of Revenue	9,107.25	3Q13 Leasehold Excise Tax
10421	10/02/2013	UNITED WAY	441.00	3Q13 Employee Contributions
10422	10/02/2013	Foster Pepper	6,840.50	Legal September 2013
10423	10/10/2013	Ash Consulting	1,732.50	Accounting Consulting
10424	10/10/2013	Associated Earth Sciences, Inc.	2,500.00	Building Due Dilligence
10425	10/10/2013	Transformational Partnerships	3,300.00	Facilitator for Board Retreat
10426	10/10/2013	Washington Employers	405.00	4Q13 Membership Dues
10427	10/10/2013	Lynnwood PFD	88.45	Janitorial Supplies
10428	10/10/2013	Ankrom Moisan	900.00	Architecture August 2013
10429	10/10/2013	US Postal Service	11,943.22	Mail Canopy Newsletter Program
10430	10/16/2013	Alzheimer's Association Western & Central	7,209.17	Marketing - Creation of Newsletter Template
10431	10/16/2013	Aukema & Associates	1,875.00	Annual fees for Jon Smiley Trust
10432	10/16/2013	Bank of America - Trust	2,500.00	Deposit for 6WHY 2014 Conference Space
10433	10/16/2013	Lynnwood Convention Center	9,180.00	FSA Administration
10434	10/16/2013	Benefit Solutions Inc	11.50	Annual fee for Professional Liability Management
10435	10/16/2013	Sedgwick CMS	2,000.00	Flip Prime Pacific Bank sign
10436	10/23/2013	Berry Sign Systems	536.55	Copy Machine Lease
10437	10/23/2013	Canon Financial Services	301.13	3Q13 Self Insurance Fund
10438	10/23/2013	Department of Labor and Industries	1,548.15	Employee Medical Insurance
10439	10/23/2013	Regence Blueshield	3,167.55	Supplies
10440	10/23/2013	Staples	149.91	Legal Notices
10441	10/23/2013	The Daily Herald	89.60	Board Retreat
10442	10/23/2013	Tulalip Resort Casino	3,404.43	Removal of Vault
10443	10/23/2013	Prime Pacific Bank	20,000.00	Telephone system replacement
10444	10/30/2013	Advocate Telecom	2,080.86	Rent
10445	10/30/2013	Lynnwood PFD	3,045.00	Marketing - Newsletter Printing
10446	10/30/2013	Consolidated Press Printing Company, Inc	10,076.72	Employee Life Insurance
10447	10/30/2013	Principal Financial Group	615.84	Marketing - Website Programming and Support
10448	10/30/2013	Aukema & Associates	764.00	Janitorial
10449	10/30/2013	Jani-King of Western WA	180.00	Miscellaneous
10450	10/30/2013	Wells Fargo	762.22	Deposit for Joe Piscatella for 6WHY 2014
10451	10/30/2013	Institute for Fitness and Health	15,000.00	Miscellaneous
10452	10/30/2013	Wells Fargo	974.76	August & September & October IT Support
10453	10/30/2013	Ace Internet Services, Inc.	780.75	Architecture September 2013
10454	10/30/2013	Ankrom Moisan	9,165.15	Removal of Prime Pacific logo and door signs
10455	10/30/2013	Berry Sign Systems	348.65	

Warrant Number	Transaction Date	Payee	Amount	Purpose
10456	10/30/2013	City of Lynnwood - Utilities	271.54	Water/Sewer/Stormwater
10457	10/30/2013	Department of Labor and Industries	3,555.12	Self Insurance Excess-Deficiency Report
10458	10/30/2013	Puget Sound Energy	73.37	Natural Gas
		Total Warrants	149,056.27	

Wire/ACH Activity:

10/4/2013	Payroll	15,291.91	ACH payroll transfer
10/4/2013	Department of Treasury	5,119.92	Payroll taxes for 9/28/13 pay period ending
10/4/2013	Paychex	82.79	Fee for payroll processing
10/4/2013	Valic	1,949.95	Payroll 401(a)/457 Deposit
10/18/2013	Payroll	14,492.70	ACH payroll transfer
10/18/2013	Department of Treasury	4,997.65	Payroll taxes for 10/12/13 pay period ending
10/18/2013	Paychex	104.29	Fee for payroll processing
10/18/2013	Valic	1,934.77	Payroll 401(a)/457 Deposit
10/31/2013	Wells Fargo	501.87	Bank Service Fee
10/15/2013	Wells Fargo	506.87	Bank Service Fee
10/15/2013	Wells Fargo	49.74	Bank Service Fee
10/15/2013	Wells Fargo	53.31	Bank Service Fee
10/15/2013	Bank of America - Fees	20.06	Bank Service Fee
10/15/2013	American Diabetes Association	4,166.67	Program Payment
10/15/2013	American Heart Association	800.00	Program Payment
10/15/2013	Boys & Girls Club of Snohomish County	9,328.25	Program Payment
10/15/2013	Cascade Bicycle Club Education Foundation	6,416.67	Program Payment
10/15/2013	Center for Human Services	13,523.67	Program Payment
10/15/2013	City of Edmonds Parks & Recreation	2,691.00	Program Payment
10/15/2013	City of Lynnwood	33,700.67	Program Payment
10/15/2013	Community Health Center of Snohomish Co	8,333.33	Program Payment
10/15/2013	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
10/15/2013	Edmonds Community College	11,712.25	Program Payment
10/15/2013	Edmonds School District No. 15	39,433.33	Program Payment
10/15/2013	Edmonds Senior Center	4,518.00	Program Payment
10/15/2013	Free Range Health	1,767.42	Program Payment
10/15/2013	ChildStrive	22,000.00	Program Payment
10/15/2013	Medical Teams International	4,000.00	Program Payment
10/15/2013	Parent Trust for WA Children	2,083.33	Program Payment
10/15/2013	Perscription Drug Assistance Foundation	4,166.67	Program Payment
10/15/2013	Program for Early Parent Support	3,333.33	Program Payment
10/15/2013	Project Access Northwest	6,666.67	Program Payment
10/15/2013	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
10/15/2013	Puget Sound Christian Clinic	7,500.00	Program Payment
10/15/2013	Senior Services of Snohomish County	46,686.67	Program Payment
10/15/2013	Washington CAN! Education & Research Fund	18,000.00	Program Payment
10/15/2013	Wonderland Developement Center	11,250.00	Program Payment
10/15/2013	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment

<u>Date</u>	<u>Payee</u>	<u>Amount</u>	<u>Purpose</u>
10/15/2013	Seattle Visiting Nurse Association	6,275.00	Program Payment
10/8/2013	Benefit Solutions Inc.	57.69	FSA Payments
10/25/2013	Benefit Solutions Inc.	57.69	FSA Payments
10/25/2013	WA Department of Revenue	881.32	B&O tax for October 2013
10/18/2013	Department of Labor & Industries	309.12	3Q13 State Fund
	Total Wires/ACH Transactions	<u>333,468.99</u>	

Workers Compensation Claims Activity:

305061-305073	Oct 2013	Various Claimants/Vendors	<u>12,907.09</u>	Administered by Eberle Vivian
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Professional Liability Activity:

380000469	Oct 2013	Various Claimants/Vendors	<u>374.60</u>	Administered by Sedgwick
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Total Disbursements \$ 495,806.95

<u>Date</u>	<u>Payer</u>	<u>Amount</u>	<u>Purpose</u>
Deposits:			
10/1/2013	Value Village	26,678.67	Monthly lease
10/1/2013	Swedish/Edmonds	655,636.21	Monthly lease
10/10/2013	Snohomish County	81,009.97	Tax Levy
10/24/2013	Healthcare Realty Services, Inc.	4,166.67	Monthly lease
10/31/2013	Wells Fargo Interest Income	17.56	Interest income
10/31/2013	Sedgwick-Comerica	0.45	Interest income
10/16/2013	PFD Copies	34.40	Copies
10/1/2013	Swedish/Edmonds	90,382.00	MI/CPE Payment
10/31/2013	Wells Fargo Interest Income	506.87	Refund for bank double charge
10/24/2013	OMF Cares	34.40	Refund for unused program funds
	Total Deposits	<u>\$ 858,467.20</u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 10416 through 10458 have been issued for payment in the amount of \$149,056.27. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	10-1-13 – 10-31-13	149,056.27
Work Comp Claims Pd:	10-1-13 – 10-31-13	12,907.09
Professional Liability Pd:	10-1-13 – 10-31-13	374.60
Payroll:	9-15-13 – 9-28-13	15,291.91
	9-29-13 – 10-12-13	<u>14,492.70</u>
		29,784.61
Electronic Payments:	Payroll Taxes	10,117.57
	Paychex	187.08
	Valic Retirement	3,884.72
	Benefit Solutions	115.38
	Bank Fees	1,131.85
	WA State Dept Revenue	881.32
	Department of L&I	309.12
	Program Expenditures	<u>287,057.34</u>
		<u>303,684.38</u>
	Grand Total	<u>\$495,806.95</u>

November 2013 Program Summary

Summary of Programs for Discussion

- 4 new regular program funding applications
- 6 Building Healthy Community Fund Applications for review

New Program Applications for Funding

Recommended for Funding:

- **First Baptist Church – Wings to Reading Program:** a one-time funding request for nutrition program upgrades for the Wings to Reading Program held at a church in Mountlake Terrace. The program serves low-income 2nd to 4th grade students and provides tutoring and a hot meal. Funds would be used to purchase two stoves, a refrigerator, materials, and additional fresh foods for the nutrition program. **The committee is recommending fully funding the request on a one time basis for \$10,000.**
- **Edmonds School District – Student Support Advocate Program:** a multi-year request to expand the Edmonds School Prevention & Intervention Program. Funds would be used to expand hours of 4 Student Support Advocates at each high school in the district, and to hire 4 additional staff to work at middle school sites. The program focuses on students identified as high risk for alcohol/drug use, mental health issues, absenteeism, and homelessness. The program would serve 480 students per year and outcomes would include early detection and treatment of mental health needs, drug and alcohol issues, and connection to community resources. **The committee is recommending funding the request at \$310,586 per year for three years.**

For Additional Board Discussion:

- **Mountlake Terrace Police Department – Automated External Defibrillator (AED):** a \$22,126 request to purchase 10 AED units to be placed in police vehicles, the police station front lobby, and prisoner holding facility. **The program committee would like to get board member feedback on this proposal.** Verdant previously declined a request to purchase AED's at school district sites.

For Additional Follow-up:

- **Edmonds Community College – Veterans Support Center:** A multi-year request of \$52,756 per year to support the new EdCC veteran's center. Funds would be used to pay for 2/3 the cost of a veteran's support specialist that would focus on case management and the mental and physical well-being of student veterans. The program would expect to serve 350 student veterans per year and would focus on outcomes like referral success, satisfaction with services, and academic progress. **Although interested in the program, the committee is recommending that the applicant rework the application to provide more concrete health and wellness outcomes.**

Building Healthy Communities Fund applications

The Program Committee is recommending fully funding three of the smaller requests that were received:

- City of Brier - Walking Trail for \$90,345
- City of Mountlake Terrace - Therapy Pool for \$75,000
- City of Edmonds – Fitness Room upgrade for \$39,513

The committee would like to see contracts in place and funds utilized during 2013 on these three projects.

Three Larger Building Healthy Communities Fund Requests:

Given the size and complexity of the projects, the program committee is recommending scheduling a study session in early December to review the three larger requests. Each proposal would require significant engineering and construction, and more than \$1 million each in funding from Verdant.

- **Snohomish County Parks & Recreation Department - Esperance Park Project (\$1.1 million):** the committee would like to learn more about the county's planned fitness/wellness program and would like to see the site design and concept presented in more detail.
- **Edmonds School District & City of Edmonds - Woodway Recreation Campus Renovation (\$2.5 million for phase I):** the committee is interested in learning more about the various phases of the project and exploring options for enhanced programming and measurement.
- **Cities of Edmonds, Lynnwood, and Mountlake Terrace – Bikelink (\$1.9 million):** the committee would like to understand more about potential funding leverage possibilities on the project and would like to learn more about how the program will be evaluated.

Verdant Health Commission Regular Proposal Summary November 2013

A		B	C	D	E	F	G	H	I
New Programs for November Review			Request for funding			Priority Area			
#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
1	Mountlake Terrace Police Department - Automated External Defibrillator (AED)	A request to purchase 10 AED units to be placed in police vehicles, the police station front lobby, and prisoner holding facility.	\$22,126					X	
2	First Baptist Church - Wings to Reading Program	A one-time funding request for nutrition program upgrades for the Wings to Reading Program held at a church in Mountlake Terrace. The program serves low-income 2nd to 4th grade students and provides tutoring and a hot meal. Funds would be used to purchase two stoves, a refrigerator, materials and additional fresh foods.	\$10,000			X			
3	Edmonds Community College -Veteran Support Program	A multi-year request to support the new EdCC veterans center. Funds would be used to pay for 2/3 the cost of a veteran's support specialist that would focus on case management and the mental and physical well being of student veterans. The program would expect to serve 350 student veterans per year and would focus on outcomes like referral success, satisfaction with services, and academic progress.	\$52,756	\$52,756	\$52,756	X	X	X	
4	Edmond School District - Student Support Advocate Program	A multi-year request to expand the Edmonds School Prevention & Intervention Program. Funds would be used to expand hours of 4 Student Support Advocates at each high school in the district, and to hire 4 additional staff to work at middle school sites. The program focuses on students identified as high risk for alcohol/drug use, mental health issues, absenteeism, and homelessness. The program would serve 480 students per year and outcomes would include early detection and treatment of mental health needs, drug and alcohol issues, and connection to community resources.	\$310,586	\$310,586	\$310,586	X	X	X	

Building Healthy Communities Proposal Summary 11/2013

	A	B	C	D	E	F	G	H
#	Name	Request	Funding Request	Programs & Measurable Outcomes	Leverage	Access to new opportunities	Cooperation with multiple entities	Sustainability
1	Edmonds School District & City of Edmonds - Woodway Recreation Campus Renovation	A joint project request from the Edmonds School District and the City of Edmonds to create a multi-use recreational space. The site will include turf fields and a walking path, tennis courts, and a community garden area.	\$2,500,000 (Phase I) Phase II includes 2 more soccer fields. Phase III includes lights, tennis court upgrades.	Results measured by amount of activity present on campus, including organized sports and activities and random counts.	City funds: \$500,000, ESD funds: \$500,000 State funds: \$680,000	Located in Edmonds. <2 miles to HWY 99; located on transit routes.	Joint project of City of Edmonds & Edmonds School District	City of Edmonds to enter into maintenance agreement with school district. User fees will also support project.
2	City of Brier - Brier Park Walking Trail	A one-time request to build a walking path around Brier Park. Funds would be used for design and construction of the trail. The city plans to host health walks for elementary children and track the number of children that participate.	\$90,345 in total	Implement a "Brier Walks" program. Residents would be encouraged to participate in the walking program and would turn in mileage tracking cards. Potential to hold health walks with schools.	None	Located in a city park and accessible at no charge.	None	City of Brier to maintain. Plan to refresh 'Brier Walks' to keep program fresh.
3	Cities of Edmonds, Lynnwood, and Mountlake Terrace -- Bikelink	The goal of the project is to build a regional bike network. The project would: 1.) build 5.7 miles of bike lanes completing 11 different links; 2.) install wayfinding signs; 3.) install bike parking at key destinations; and 4.) conduct public education and outreach.	\$1,900,000 in total; \$470,000 for design engineering in 2014	Measure usage of network in key locations, survey of community attitudes and behaviors, collision data to evaluate safety, and self-reported ridership collected via surveys.	None identified. Possibility of matching state funds on sections, although not yet identified.	Improvements would impact multiple neighborhoods in 3 cities	3 cities participating: Edmonds, Lynnwood, Mountlake Terrace	Once constructed, would be maintained by city public works departments.

Building Healthy Communities Proposal Summary 11/2013

#	Name	Request	Funding Request	Programs & Measurable Outcomes	Leverage	Access to new opportunities	Cooperation with multiple entities	Sustainability
4	Snohomish County Parks & Recreation Department - Esperance Park Project	A complete redevelopment of Esperance Park, including a paved walking trail, community meeting space, covered greenfields and fitness zone, covered youth fitness zone, basketball courts, community garden, and a bike/BMX track	\$1,100,000	Would implement 6-8 week health campaign using technology to track user data and health improvements. Modeled after Fit City San Antonio (www.fitcitysa.com)	\$400k in capital improvement from Snohomish County; park acquisition was \$850k from Edmonds School District	Located ~1/4 mile from HWY 99 and ~3/4 mile from Swedish/Edmonds	None	Program fees for organized athletic use.
5	City of Mountlake Terrace - Recreation Pavilion Therapy Pool	A therapy pool to replace the hot tub at the Mountlake Terrace Recreation Pavilion. The new therapy pool would be made available for physical therapist for their rehab patients, drop in customers, and for fitness classes.	\$75,000	Would track usage data and work with physical therapists to track results of therapy.	None. The city would pay for project oversight and waive permit fees (\$2.6k)	Located in Mountlake Terrace Pavilion	None	The city would maintain.
6	City of Edmonds - Fitness Room Upgrade	A request to upgrade fitness equipment at the Frances Anderson Center in Edmonds. Funds would be used to purchase cardio, strength, and flexibility building equipment.	\$39,513	The program would target area seniors and would provide free fitness room orientations. The city would partner with the Edmonds Senior Center to reach seniors in their wellness programs and set fitness related goals.	In kind person training, marketing, and new flooring (\$22k value)	Located downtown Edmonds	None	The city would maintain.