PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting VHC Board Room September 25, 2013

Commissioners

Present

Bob Knowles, President

Fred Langer, Commissioner (via phone)

Karianna Wilson, Commissioner (8:40 AM arrival)

Deana Knutsen, Commissioner

Others Present

Carl Zapora, Superintendent

George Kosovich, Program Director

Lisa King, Finance Director

Jennifer Piplic, Marketing Director Karen Goto, Executive Assistant Members of the community

Unexcused Absence J. Bruce Williams, M.D., Commissioner

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by President Knowles.

Approval of Minutes

Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on August 28, 2013.

Executive Committee

President Knowles reported that the Executive Committee met on September 20, 2013 to review the September 25, 2013 board meeting agenda.

Board Finance Committee

The committee met on September 20, 2013 to review the financial statements.

Ms. King reported on the financials for August 2013

(E:52:13).

Authorization for Payment of Vouchers & Payroll Warrant Numbers 10366 through 10388 for August 2013 for payment in the amount of \$113,590.06 were presented for approval (E:53:13). Motion was made, seconded and passed unanimously to approve.

Commissioners Meeting September 25, 2013 Page 2

Preliminary 2014 Budget Schedule 2014 Budget schedule & preliminary budget were presented (E:54:13 & E:55:13). Ms. King stated that the commissioners have the option to hold a special board meeting in October to further discuss the budget.

Resolution 2013:08 Fixed Asset Surplus President Knowles noted that no action will be taken on this Resolution at today's meeting. Documentation from Swedish/Edmond's still pending. Item will be moved to October 2013 board meeting.

Program Oversight Committee Update The Program Oversight Committee met on September 13, 2013 to review three new program funding applications and 1 pending application from August 2013 (E:56:13). No conflicts of interest were reported by the commissioners.

New Program Applications for Funding:

Motion was made, seconded and passed unanimously to approve the Snohomish County Health Leadership Coalition's two initiatives, Youth Activity & Palliative Care in the amount of \$125,000 for the 18-month project.

Motion was made, seconded and passed unanimously to approve Smithwright Services in the amount of \$65,000 per year for three years for wellness services to individuals with severe disabilities.

Motion was made, seconded and passed unanimously to approve the Camp Fire Snohomish County Healthy Initiatives in the amount of \$50,000 for one-year with tracking of results.

Follow-up Program Applications from August: *Motion was made, seconded and passed unanimously to approve* the Snohomish County Fire District 1 Community Paramedic Program in the amount of \$144,426 per year for two years.

Marketing Report

Ms. Piplic reported on 1) the upcoming Community Leader Meetings and encouraged the commissioners to RSVP for one of the three meetings, 2) on October 19, 2013 Verdant is helping to coordinate a Community Health Fair at the Lynnwood Senior Center from 2 to 6 PM, and 3) the next issue of The Canopy will be published in mid-October highlighting some of our programs and Verdant's work.

Commissioner Comments

Commissioner Knowles acknowledged Ms. Piplic's birthday, the WSHA Conference on October 16 to 17, 2013, and acknowledged the League of Women Voters for their Commissioners Meeting September 25, 2013 Page 3

recommendation on the district's 2014 budget.

Superintendent's Report

Superintendent Zapora reported on 3 items:

- 1. Verdant closed on the former Prime Pacific Bank building on 196th St. on September 20, 2013. The first phase will include the pulling out of all bank assets. The second phase will include the architectural design. Construction will go out for public bid. Move-in is expected in Spring of 2014.
- 2. The Community Leader Meetings will cover five areas:
 1) the new building owned by Verdant, 2) the needs assessment, 3) Verdant's new website, 4)
 Swedish/Edmonds campus expansion plan, and 5) a general program update and look-ahead to 2014.
- 3. Superintendent Zapora will be meeting with each commissioner one-on-one to do some year-end planning.

Public Comments:

Mr. Al Rutledge requested the date of the district's budget meeting, and a copy of Fire District 1's program application. He noted that he attended the Lynnwood City Council meeting and mentioned to them that they could request for funds for the sewer problems from Verdant. He also noted that Verdant's name is becoming known in the community and he thanked the commission for the response to his question on the Edmonds Senior Center funding by Verdant. Ms. Rowena Miller of the League of Women Voters thanked the commissioners for considering the removal of the M&O tax levy in 2014.

Mr. Scott Forslund of Premera provided an update on the Snohomish County Health Leadership Coalition's work. Seventy percent of the county schools have been engaged in the Youth Initiative. Commissioner Knutsen commented that the Palliative Care initiative needs to reach out to the non-English speaking segment of the population and the faith community, and the Youth Initiative needs to address the lack of access to exercise facilities for those who are in multi-family housing.

Executive Session

President Knowles recessed the regular meeting at 8:36 a.m. into Executive Session to discuss ongoing litigation and potential real estate acquisition matters.

President Knowles stated that no action would be taken in this Executive Session and the board would reconvene at 8:55 a.m.

Commissioners Meeting September 25, 2013 Page 4

Open Session

President Knowles reconvened into open session at 8:55

a.m.

Adjourn

There being no further business to discuss, the meeting was

adjourned at 8:55 a.m.

ATTEST BY:

President

Secretar

DRAFT

Accrual Basis

Public Hospital District #2, Snohomish County Balance Sheet

As of August 31, 2013

C D	С	В	A		
2013 \$ Change Comments:	\$ Change	Aug 31, 2013	Dec 31, 2012		
				ASSETS	1
				Current Assets	2
9,247 1,647,619	1,647,619	3,099,247	1,451,628	Cash Balance	3
5,157 1,333,104 Includes Investments	1,333,104	43,345,157	42,012,053	Other Current Assets	4
4,404 2,980,724	2,980,724	46,444,404	43,463,681	Total Current Assets	5
7,018 (2,774,214) Depreciation	(2,774,214)	30,187,018	32,961,232	Total Long-term & Fixed Assets	6
1,423 206,510	206,510	76,631,423	76,424,913	TOTAL ASSETS	7
				LIABILITIES & EQUITY	8
				Liabilities	9
4,549 2,538	2,538	1,704,549	1,702,010	Current Liabilities	10
7,870 - 2012 LTGO Bonds	_	6,107,870	6,107,870	L Long-term Liabilities	11
2,419 2,538	2,538	7,812,419	7,809,880	2 Total Liabilities	12
9,004 203,971 Annual Net Income	203,971	68,819,004	68,615,033	B Total Equity	13
1,423 206,509	206,509	76,631,423	76,424,913	TOTAL LIABILITIES & EQUITY	14
7,870 - 2012 LTGO Bonds 2,419 2,538 9,004 203,971 Annual Net Income	2,538 203,971	6,107,870 7,812,419 68,819,004	6,107,870 7,809,880 68,615,033	Liabilities Current Liabilities Long-term Liabilities Total Liabilities Total Equity	9 10 11 12 13

Profit & Loss August 2013

		A	В	С	D	E	F
		Aug Actual	Aug Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME						
2	Ordinary Income	835,523	835,799	(276)	6,692,177	6,704,391	(12,214)
3	EXPENSES						
4	Operating Expenses	102,732	115,161	12,429	843,700	991,703	148,003
5	Depreciation Expense	350,050	351,311	1,261	2,800,397	2,810,487	10,090
6	Program Expenses	302,375	525,000	222,625	1,721,200	4,200,000	2,478,800
7	Total Expenses	755,157	991,472	236,315	5,365,298	8,002,191	2,636,893
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	(41,795)	90,000	(131,795)	(1,122,908)	720,000	(1,842,908)
10	NET INCOME	38,571	(65,673)	104,244	203,971	(577,799)	781,770

Monthly Highlights August 2013

Verdant received dividends payments of \$94,416 offsett by an unrealized loss of \$140,955 on our investement portfolio in August. A total of \$740,652 in dividends has been received in 2013 for a ending market value of \$41,989,169.

Annual program commitments total \$2,993,614 and \$2,662,990 for 2013 and 2014, respectively. Estimated board approved internal programs, including the Community Needs Assessment, total \$237,150 for 2013. \$3,070,663 remains available to spend in 2013, of which \$313,574 is earmarked as Superintendent Discretionary.

No unusual income or expenses were recorded in August.

Public Hospital District #2 of Snohomish County Summary of Cash Receipts and Disbursements August 2013

	August 2013 Amount	
Receipts:		
Swedish/Edmonds Rental Income	636,540.00	
Other Rental Income	26,678.67	Value Village
Snohomish County Tax Levy	8,840.19	
Ground Lease Payments	4,166.67	Healthcare Reality
Misc. Reimbursements/Refunds	26.66	Interest Income
Total Receipts	676,252.19	
Disbursements:		
Professional Services:		
Legal Fees	5,985.00	Litigation and Professional Liability Legal Fees
Accounting Fees	4,032.50	Ash Consulting & Moss Adams
Consulting Fees	26,750.00	Howard Thomas
Professional Services	230.50	Benefit Solutions Administrator, IT Support
Purchased Services	774.00	Paychex, Bank Service Fees
Payroll	29,657.30	2 pay periods Plus Benefit Solutions
Payroll Taxes	10,094.54	2 pay periods
Employee Insurance	3,790.59	Regence Medical & Dental, Principal Life
Employee Retirement Contributions	3,881.90	Valic
Program Expenditures	305,392.25	Includes 6WHY & Community Needs Assessment
Workers Compensation	6,000.55	Eberle Vivian
Property Acquisition Costs	50,000.00	Escrow Payment
Other Miscellaneous Expenses	7,206.99	Supplies, Rent, Canon Lease, Dues, Interest Expense, Taxes
Total Disbursements	453,796.12	

Public Hospital District #2 Cash Activity

Purpose		June. July & August Consulting	JP and KG attend trainings	Info Accounting Consulting	IK attend Excel Class	If Support	Catering Special Board Meeting 8/7/13	Program Pavouts	FSA Administrative Fee	Translation Services for 6WHY	Legal June 2013	Conference Space for 6WHY Bennion	Supplies	Programs-6WHY Pre and Post Biometric Screenings	Conv Machine Lease	Medical Insurance	Escrow Payment for Building Purchase	Rent	Marketing Photography for Newsletter	life Incurance	Miscollanonis Crodit Card	Miscellaneous Credit Card	Accounting Consulting	Poster for Program Discussion				Administered by Eberle Vivian
Amount		26,750.00	247.50	1.320.00	211.50	219.00	331.02	7,209.16	11.50	320.60	5,985.00	1,020.00	169.76	7,937.00	301.13	3,167.55	50,000.00	3.045.00	702.80	623.04	404 51	873.71	2.712.50	77.78	113,590.06			6,000.55
Payee		Thomas & Associates	Washington Employers	Ash Consulting	TLG Learning	Ace Internet Services, Inc.	Special Occasions Catering	Alzheimer's Association Western & Central	Benefit Solutions Inc	Refugee & Immigrant Services NW	Foster Pepper	Lynnwood Convention Center	Staples	Swedish	Canon Financial Services	Regence BlueShield	First American Title Insurance Co	Lynnwood PFD	Patrick James Hagerty	Principal Financial Group	Wells Fargo	Wells Fargo	Moss Adams - Cost Report	Pacific Art Press Inc	Total Warrants		nty:	Various Claimants/Vendors
Transaction Date		8/7/2013	8/7/2013	8/7/2013	8/7/2013	8/7/2013	8/7/2013	8/14/2013	8/14/2013	8/14/2013	8/21/2013	8/21/2013	8/21/2013	8/21/2013	8/21/2013	8/21/2013	8/23/2013	8/28/2013	8/28/2013	8/28/2013	8/28/2013	8/28/2013	8/28/2013	8/28/2013			ation Claims Activi	August 2013
Warrant Number	Warrant Activity:	10366	10367	10368	10369	10370	10371	10372	10373	10374	10375	10376	10377	10378	10379	10380	10381	10382	10383	10384	10385	10386	10387	10388		-	Workers Compensation Claims Activity:	305044-305052

Payroll Payr	Date	Payee	Amount	ascarid
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Program for Early Parent Support Project Access Northwest Project Access Northwest Project Access Northwest Providence Hospice & Home Care Foundation Puget Sound Christian Clinic Senior Services of Snohomish County YWCA of Seattle, King and Snohomish Co Free Range Health American Red Cross Team Child Benefit Solutions Inc. S7.69 Benefit Solutions Inc. S7.69 WA Department of Revenue S92.28 Total Wires/ACH Transactions	8/15/2013	Prescription Drug Assistance Foundation	4 166 67	Program Payment
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Puget Sound Christian Clinic Senior Services of Snohomish County YWCA of Seattle, King and Snohomish Co Free Range Health American Red Cross Team Child Benefit Solutions Inc. Sp. 69 WA Department of Revenue Total Wires/ACH Transactions Total Wires/ACH Transactions Team Child Sp. 250.00 Sp. 250.00 Sp. 269 Sp. 28 Total Wires/ACH Transactions Total Wires/ACH Transactions	8/15/2013	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
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Total Wires/ACH Transactions 334,205.51	8/26/2013	WA Department of Bowers	E0.10	FSA Payments
sactions	6/50/2013	איא טבטמו נווופווו טו אפאפוומפ	837.78	b&U tax for August 2013
		Total Wires/ACH Transactions	334,205.51	

Purpose	Tax Levy Monthly lease Interest income Interest income	
Amount	26,678.67 636,540.00 8,840.19 4,166.67 26.24 0.42	\$ 676.252.19
Payer	Value Village Swedish/Edmonds Snohomish County Healthcare Realty Services, Inc. Wells Fargo Interest Income Sedgwick-Comerica	Total Deposits
Date	8/1/2013 8/1/2013 8/10/2013 8/24/2013 8/31/2013	

Deposits:

E: 53:13 9.25,2013

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 10366 through 10388 have been issued for payment in the amount of \$113,590.06. These warrants are hereby approved.

Attest:
Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:

8-1-13 — 8-31-13

113,590.06

Work Comp Claims Pd:

8-1-13 — 8-31-13

6,000.55

29,541.92

Payroll:

7-21-13 - 8-3-13 8-4-13 - 8-17-13 14,485.02

15,056.90

Electronic Payments:

Payroll Taxes 10,094.54
Paychex 139.28
Valic Retirement 3,881.90
Benefit Solutions 115.38
Bank Fees 634.72

WA State Dept Revenue 892.28 Program Expenditures 288,905.49

304,663.59

Grand Total

<u>\$453,796.12</u>

Budget Calendar

9/20/2013	Preliminary Budget to Finance Committee
optional	Schedule Special Study Session to Discuss Budget
10/9/2013	Legal Notice will be published notifying the public of the 10/23 Meeting
10/16/2013	Legal Notice will be published notifying the public of the 10/23 Meeting
10/18/2013	Superintendent's Proposed 2014 Budget - Finance Committee Recommendation for Approval by Board
10/23/2013	Superintendent's Proposed 2014 Budget - to Board for Final Approval



Public Hospital District 2, Snohomish County 2014 Budget

		A 2013	B 2013	C 2013	D 2014	E 13 Actual v	F
		Budget	Proj. Actual	Variance	Budget	14 Budget	Notes
	Income						
	Operating Revenues						
1	5791 · Rental Income	7,999,264	7,998,579	(685)	8,206,093	207,514	
2	5792 · Pavilion Ground Lease Income	46,707	46,707		46,707		Healthcare Realty
3	5793 · Other Operating Income	18,000	11,752	(6,248)	15,500	3,748	6 WHY Income / Room Rental Income
4	Total Operating Revenues	10,123,971	8,057,038	(2,066,933)	8,268,300	211,262]
	Expense						
	Operating Expenses						
	Salaries						
5	6010 · Salaries	484,148	504,954	20,807	567,649	62,6 95	6 FTEs
6	6011 · Payroll Tax Expense	40,856	33,624	(7,232)	42,769	9,144	% of Wages + L&I
7	6020 · Commissioners Wages	49,920	29,126	(20,794)	54,720	25,594	Assumes Max Meeting per year
8	Total Salaries	574,924	567,704	(7,219)	665,137	97,433	
	Benefits						
9	6111 · Accrued Vacation/Sick Leave	10,000	5,974	(4,026)	10,000	4,026	
0	6155 · Health Insurance	36,180	34,313	(1,868)	44,089	9,776	assumes 10% increase in May
11	6156 · Dental Insurance	4,952	3,571	(1,381)	4,565	994	assumes 10% increase in May
12	6160 · 401(a) Retirement Expense	29,049	30,398	1,349	34,059	3,661	6% of Salaries
13	6190 · Other Employee Benefits	9,951	9,962	11	11,771	1,809	FSA, Car allowance, Life Ins (5% increase)
4	6130 · Workers Comp Self Insurance	42,000	22,511	(19,489)	36,000	13,489	
15	6131 · Workers Comp Service Fee	15,000	15,000		15,750	750	
16	6137 · Workers Comp - State fund	1,500	1,366	(134)	1,500	134	_
7	Total Benefits	148,633	123,094	(25,539)	157,734	34,640	-
	Insurance						
8	6910 · Professional Insurance	10,989	12,130	1,141	15,017	2,888	assumes 5% increase in September
9	6911 · Liability Claims Admin Fees	15,000	2,817	(12,183)	2,000	(817)	
0	Total Insurance	25,989	14,946	(11,043)	17,017	2,071	•
	Interest Expense						
ı	6953 · 99 LTGO Interest Exp	226,752		(226,752)		-	
2	6954 · 12 LTGO Interest Exp		181,195	181,195	175,700	(5,495)	
23	6955 · 12 LTGO Bond Fees		298	298	298	-	
4	Total Interest Expense	226,752	181,493	(45,259)	175,998	(5,495)	•
50	Other Amortization					(-, -2-)	
5	6968 · Amortization - 99 LTGO Bonds	33,858		(33,858)			
6	6969 · Amortization - 12 LTGO Bonds		14,988	14,988	14,988	_	
7	8969 · Amortization - 12 LTGO Premium		62,030	62,030	62,030		
8	Total Other Amortization	33,858	14,988	(18,871)	77,017	62,030	•
_	Other Expenses					22,000	
9	6000 · Rent Expense	34,800	35,960	1,160	15,225	(20.735)	Move into new building June 1
0	6451 · Computer Expenses	5,000	1,496	(3,504)	17,900		Grant reporting system & CRM in April
1	6829 · Meals and Entertainment	3,600	2,950	(650)	3,600	650	-,,,,,,,,,,,,,
2	6830 · Dues and Subscriptions	4,000	5,780	1,780	10,000	4,221	
3	6840 · Travel and Meetings	10,000	3,710	(6,290)	10,000	6,290	
4	6841 · Commissioner Education	15,000	12,301	(2,699)	15,000		Includes 2 retreats
5	6842 · Conference Expenses	7,500	4,854	(2,646)	7,500	2,646	
6	6990 · Miscellaneous Expense	5,000	998	(4,002)	5,000	4,002	
7	Total Other Expenses	84,900	68,049	(16,851)	84,225	16,176	•
•	Professional Services	54,500	00,043	(10,031)	U-1,22J	10,170	
D.	6210 · Professional Fees	10,000	23,975	13,975	10,000	(13,975)	
8			127,477		10,000		
9	6230 · Consulting	180,000		(52,524)	75,000	(52,477)	
0	6240 · Legal	40,000	50,729	10,729	75,000	24,271 3,348	
11	6250 · Accounting/Audit	65,000	59,652	(5,348)	63,000		•
2	Total Professional Services	295,000	261,833	(33,167)	223,000	(38,833)	



Public Hospital District 2, Snohomish County 2014 Budget

		Α	В	С	D	E	F
		2013	2013	2013	2014	13 Actual v	
		Budget	Proj. Actual	Variance	Budget	14 Budget	Notes
	Purchased Services						
43		13,000	15,678	2,678	20,000	4,322	Includes Building Security Monitoring
44	9	40,000	43,430	3,430	15,000	(28,430)	General Purpose
45	•	10,000	25,000	15,000	25,000	-	S/E Gala
46					50,000	50,000	2 Newsletters
47					12,000	12,000	Krames content
48	3	600	604	4	600	(4)	_
49		63,600	84,711	21,111	122,600	37,889	
	Repairs and Maintenance						
50					15,000	15,000	
51	6621 · Maintenance Contracts				6,000	6,000	Includes Landscaping
52	Total Repairs and Maintenance			- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	21,000	21,000	
	Supplies						
53	6300 · Supplies	9,600	3,944	(5,656)	6,000	2,056	
54	6460 · Postage	5,000	971	(4,029)	3,000	2,029	
55		1,000	258	(742)	1,000	742	_
56	Total Supplies	15,600	5,174	(10,426)	10,000	4,826	
	Taxes					-	
57	6825 · B&O Tax		10,762	10,762	10,061	(701)	_
58	Total Taxes		10,762	10,762	10,061	(701)	
	Utilities						
59	6510 · Electricity				7,200	7,200	
60	6540 · Water/Sewer				2,640	2,640	
61	6550 · Garbage	2,016	2,559	543	2,750	191	
62	6560 · Natural Gas				2,400	2,400	
63	6570 · Telephone	3,180	2,809	(371)	3,600	791	
64	6575 · Internet	1,380	1,399	19	1,480	81	
65	Total Utilities	6,576	6,766	190	20,070	13,304	•
3	Total Operating Expense	1,475,832	1,339,520	(136,312)	1,583,859	244,339	
	Programs			计多量程序			•
67	7100 · Community Programs-External (Grants)	5,300,000	2,832,232	(2,467,768)	4,187,500	1,355,268	
68	7300 · Community Programs-Internal	685,000	235,479	(449,521)	250,000	14,521	
69	7200 · Superintendent Discretionary Fund	315,000	31,737	(283,263)	237,500	205,763	5% of program budget (not including BHC Fund)
70	7400 · One-time Events				75,000	75,000	
71	7500 · Building Healthy Communities Fund				1,000,000	1,000,000	
72	Total Program Expense	6,300,000	3,099,449	(3,200,551)	5,750,000	2,650,551	
73	Net Ordinary Income	2,348,139	3,618,069	1,269,930	934,441	(2,683,628)	
	Non Operating Revenue						
74	5020 · M&O Tax Levy	2,060,000	2,050,908	(9,092)	2,064,000	13,092	No automatic increase
75	8030 · 2003 GO Tax Levy		14,474	14,474		(14,474)	
76	5781 · Investment Income	1,080,000	1,111,791	31,791	1,104,000	(7,791)	
77	4035 · MI/CPE Payment		11,615	11,615		(11,615)	
78	5030 · Unrealized G/L on Investment		(2,209,858)	(2,209,858)		2,209,858	
79	5500 · Other Income (Expense)		(547,154)	(547,154)	420	547,574	Actual Includes w/off of Assets & PFD Copies
80	5996 · G/L on Extinguishment of Debt		(11,181)		(11,181)	-	
81	Total Non Operating Revenue	1,080,000	(1,630,314)	(2,710,314)	3,157,239	4,787,553	
82	Earnings before Depreciation	3,428,139	3,976,634	548,495	4,091,680	115,046	
	Depreciation	2007年3年7月2		州大学市设计 基			1
83	6710 · Depr - Land Improvements	81,591	81,591		80,887	(704)	
84	6720 · Depr - Building	1,218,561	1,218,561		1,203,740	(14,821)	
85	6730 · Depr - Fixed Equipment	399,497	399,497	The St.	390,600	(8,897)	
86	6740 · Depr - Major Equipment	2,492,362	2,451,212	(41,150)	1,373,608	(1,077,604)	
87	6750 · Depr - Minor Equipment	23,720	23,310	(410)	18,736	(4,574)	
88	Total Depreciation	4,215,730	4,174,170	(41,560)	3,067,571	(1,106,599)	
89	Net Income - including depreciation	(787,591)	(197,536)	590,054	1,024,109	1,221,645	
L	i i		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	-1		_,,	

September 2013 Program Summary

Summary of Programs for Discussion

- 3 new program funding applications
- 1 pending application from August meeting

New Program Applications for Funding

Recommended for funding

- Snohomish County Health Leadership Coalition (YMCA of Snohomish County as fiscal sponsor): a community collaborative is seeking funding for two initiatives:
 - 1.) Youth Activity Initiative, which is aimed at improving 5th grade activity levels. The project will create an activity heat map, making it possible to compare activity levels of students in Verdant's service area with those of other school districts and will enable correlation of student activity levels with social, economic and environmental data.
 - 2.) Palliative Care Initiative: a community-based, palliative care consumer and physician/ARNP-education program. The program would support physician and consumer education efforts via Edmonds Family Medicine, Senior Services of Snohomish County's Center for Healthy Living, and other local organizations.

Funds are being requested to fund two project managers over an 18 month time period for the palliative care and youth activity project. The committee is recommending fully funding the project at \$125,000 for the 18 month project. The committee wanted to emphasize to the applicant that we are interested in the project reaching broadly into the community to a diverse base of medical providers, residents and community organizations in South Snohomish County.

- Smithwright Services Wellness Services: Smithwright serves individuals with severe disabilities and autism ages 8-80. The organization is seeking funding to hire additional nursing staff, implement an exercise and wellness program, and to support clients' complex medical needs. The program would expect to serve 46 clients per year and would track results like increased independence and improvement in health status. The committee is recommending fully funding the request at \$65,000 per year for three years.
- Camp Fire Snohomish County Healthy Initiatives: Camp Fire is seeking funding for its "Healthy Initiative," which would help children ages 5-18 in after school programs to learn and practice good nutrition and be physically active. The program would be expected to reach 2,000 children in Verdant's service area, and the program would track improved commitment to health and decision making skills. The committee is recommending fully funding the request at \$50,000 but only for one-year. Because this is a new program expansion for the organization, Verdant wants to closely track how the program is able to demonstrate results during the first year.

Follow-up on Previous Applications

• Snohomish County Fire District 1- Community Paramedic: Fire District 1 is seeking funding to establish a community paramedic program. The community paramedic would review 911 call reports and referrals from other firefighters/paramedics and would follow-up to address patients' needs. The program would expect to serve 200 residents per year. The committee reviewed responses to questions about how the community paramedic would connect with resources and how the program could work for Lynnwood residents.

After further discussion, the program committee is recommending funding the program in full at \$144,426 per year for two years. The committee does want to emphasize to the applicant that it will be important to establish strong relationships with referral partners like insurance companies to make sure that individuals are not continuing to call 911 or visit the emergency department. Also, because this is a pilot program, Verdant will be looking for robust outcome measurement to demonstrate the program's effectiveness.

ſ		Primary Population Served	Broad Community	People with disabilities	Children & Youth			Broad Community
		Policy & Advocacy	×					
I	n	Access to Healthcare		×			э	×
ŋ	Priority Area	Prevention	×	×	×		Priority Area	×
ட		Education & Empowerment	×	×	×			×
Е		Year 3		\$65,000	\$50,000	\$115,000		
Q	Request for funding	Year 2		\$65,000	\$50,000	\$115,000	Request for funding	\$144,426
U	Re	Year 1	\$125,000	\$65,000	\$50,000	\$240,000	Re	\$144,426
8		Description	The Snohomish County Health Leadership Coalition is seeking funding for: 1.) Youth Activity Initiative, which is aimed at improving 5th grade activity levels. The program will create an activity heat map, making it possible to compare activity levels of students in Verdant's service area with those of other school districts and will enable correlation of student activity levels with social, economic and environmental data. 2.) Palliative Care Initiative: an integrated, community-based, palliative care consumer- and physician/ARNP-education program. The program would directly support physician and consumer education efforts via Edmonds Family Medicine, Senior Services of Snohomish County's Center for Healthy Living, and other local organizations.	Smithwright serves individuals with severe disabilities and autism ages 8-80. The organization is seeking funding to hire additional nursing staff, implement an exercise program, and to support clients' complex medical needs. The program would expect to serve 46 clients per year and would track results like increased independence and improvement in health status.	Camp Fire is seeking funding for its "Healthy Initiative," which would help children ages 5-18 in after school programs to make healthy choices and prevent childhood obesity, diabetes, and heart disease. Through the program, children will learn and practice nutrition and physical activities. The program would be expected to reach 2,000 children in Verdant's service area, and the program would track improved commitment to health and decision making skills.			Fire District 1 is seeking funding to establish a community paramedic program. The community paramedic would review 911 call reports and referrals from other firefighters/paramedics and would follow-up to address patients' needs. The program would expect to serve 200 residents per year.
A	New Programs for September Review	# Name	YMCA of Snohomish County, Fiscal Sponsor for the Snohomish County Health Leadership Coalition	2 Smithwright Services Wellness Program	S Camp Fire Snohomish County Healthy Initiatives	Subtotal	Previous Applications	Snohomish County Fire District 1 - Community Paramedic

Verdant Health Commission Proposal Summary September 2013