PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting VHC Board Room April 23, 2014

Commissioners

Present

Bob Knowles, President

Deana Knutsen, Commissioner Karianna Wilson, Commissioner

Commissioners

Absent

J. Bruce Williams, M.D., Commissioner

Fred Langer, Commissioner

Others Present

Carl Zapora, Superintendent

George Kosovich, Program Director

Lisa King, Finance Director

Jennifer Piplic, Marketing Director

Sue Waldin, Community Wellness Program Manager

Karen Goto, Executive Assistant Members of the community

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called

to order at 8:01 a.m. by President Knowles.

President Knowles welcomed Sue Waldin to the staff as

Verdant's community wellness program manager.

Approval of Minutes Motion was made, seconded and passed unanimously to

approve the minutes of the regular meeting on

March 26, 2014.

Executive Committee

President Knowles reported that the Executive Committee met on April 17, 2014 to review and approve the April 23,

2014 board meeting agenda. No action was taken.

Board Finance Committee The committee met on April 16, 2014. Ms. King reviewed the cash activity for March 2014 (E:19:14). Commissioner Knutsen reported that the committee met with Moss Adams on April 16, 2014 for the opening of the 2013 financial audit

which will be completed in May 2014.

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Authorization for Payment of Vouchers & Payroll

Program Oversight Committee Update Warrant Numbers 10608 through 10640 for March 2014 for payment in the amount of \$162,142.42 were presented for approval (E:20:14). *Motion was made, seconded and passed unanimously to approve.*

The Program Oversight Committee met on April 14, 2014 to review five new program funding applications (E:21:14).

No conflicts of interest were reported by the commissioners.

New Funding Applications:

Motion was made, seconded and passed unanimously to approve \$10,000 on a one-time basis for the Lutheran Community Services Back to School Health Fair.

Not Recommended for Funding at this time:

Run to Win Take Action Program as the program is not closely enough connected to Verdant' mission.

City of Lynnwood Farmer's Market Education Program as there were concerns about how well the program would actually be able to engage community members in nutrition education in a market setting and how Verdant would know whether the program actually helped improve people's eating habits and attitudes.

Integrated Psychological & Social Services as there were concerns with the very short organizational and financial track record for the applicant.

Need more information:

Kindering South Snohomish County Expansion. Kindering is based in Bellevue but would like to open a Bothell location. Commissioners will schedule a session with Kindering to obtain more information on their funding request.

Follow-up on Puget Sound Kidney Center:

Commissioners Wilson & Knowles will meet with the Kidney Center to view their presentation before a final decision is made on funding.

Marketing Report Ms. Piplic presented the Marketing Report (E:22:14). Commissioners are welcome to attend any of the remaining sessions of "6 Weeks to a Healthier You" which has 260 registrants. A thank-you reception with debriefing will be held approximately two weeks after the close of 6 Weeks. Date to be announced. Commissioners are also encouraged to attend the "groundbreaking" ceremony on May 1, 2014

Commissioners Meeting April 23, 2014 Page 3

> from 2:30 to 3:30 p.m. at the Verdant Community Wellness Center. Additional upcoming events were also shared. None

Commissioner Comments

Superintendent's Report

Superintendent Zapora reported on four items:

- The Strategic Collaboration Committee is meeting on Thursday, April 24, 2014 to review updates on Swedish/Edmonds and Verdant.
- 2. The board will hold a mini retreat on Friday, June 27, 2014, 12 to 5 p.m. at the Lynnwood Convention Center. This retreat is a public meeting.
- 3. The official name of Verdant's new facility is the Verdant Community Wellness Center. This facility is possibly the state's first *community* wellness center.
- 4. We are delighted to have Ms. Sue Waldin on staff with Verdant. She will assist Mr. Kosovich with the nearly 80 programs we have funded to date and will play a key role in organizing and developing community health and wellness programs to take place in Verdant's Community Wellness Center. There were 77 applications received, eight interviews, and Sue was selected as our first choice.

Public Comments

Ms. Sarah Olson from the City of Lynnwood thanked the commissioners for their consideration of the funding request for the Lynnwood Farmer's Market and invited the commissioners to visit the market which opens on June 12, 2014 and runs on Thursday evenings until September 25, 2014, 3 to 7 p.m. at Wilcox Park. Ms. Olson asked the commissioners to re-consider the application as there is a health education component but also mentioned that the city is interested in collaborating at the Verdant Community Wellness Center after it opens.

Mr. Bob Hegamin presented a copy of his book, "3 Silent Killers: Diabetes, Hypertenstion, Obesity."
Mr. Al Rutledge commented on the number of new senior living residences in the Alderwood/Lynnwood area and that Verdant should introduce themselves to the new residents

coming in 2015.

Executive Session

President Knowles cancelled the executive session as there were no updates to discuss.

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Open Session Motion was made, seconded and passed unanimously to

approve the amended holiday policy to include the 24th of

December.

Adjourn There being no further business to discuss, the meeting was

adjourned at 8:30 a.m.

ATTEST BY:

President

Secretary

Accrual Basis

Public Hospital District #2, Snohomish County Balance Sheet As of March 31, 2014

DRAFT

		Α	В	C	D
		Dec 31, 2013	Mar 31, 2014	\$ Change	Comments:
1	ASSETS				
2	Current Assets				
3	Cash Balance	2,579,704	2,541,430	(38,273)	
4	Other Current Assets	30,059,912	31,423,378	1,363,466	Includes Investments
5	Total Current Assets	32,639,616	33,964,808	1,325,192	
6	Total Long-term & Fixed Assets	46,262,507	45,369,576	(892,931)	Depreciation
7	TOTAL ASSETS	78,902,123	79,334,384	432,261	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	Current Liabilities	2,545,684	2,391,571	(154,113)	
11	Long-term Liabilities	5,689,038	5,673,530	(15,507)	2012 LTGO Bonds
12	Total Liabilities	8,234,721	8,065,101	(169,620)	
13	Total Equity	70,667,402	71,269,283	601,882	Annual Net Income
14	TOTAL LIABILITIES & EQUITY	78,902,123	79,334,384	432,261	

Profit & Loss March 2014

		Α	В	С	D	Ε	F
		Mar Actual	Mar Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME						
2	Ordinary Income	788,378	681,177	107,201	2,321,934	2,043,531	278,403
3	EXPENSES						
4	Operating Expenses	129,543	116,426	(13,118)	378,606	353,543	(25,063)
5	Depreciation Expense	322,996	251,729	(71,268)	978,777	755,185	(223,592)
6	Program Expenses	398,708	389,583	(9,125)	1,119,666	1,168,750	49,084
7	Total Expenses	851,248	757,738	(93,511)	2,477,048	2,277,478	(199,570)
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	101,609	266,542	(164,933)	756,996	799,485	(42,489)
10	NET INCOME	38,738	189,981	(151,243)	601,881	565,538	36,343

Monthly Highlights March 2014

Verdant received dividends payments of \$45,562 and an unrealized loss of \$118,154 on our investment portfolio in March for an ending market value of \$29,501,609.

Annual program commitments total \$5,176,066 and \$4,208,378 for 2014 and 2015, respectively. \$581,141 remains available to spend in 2014, of which \$232,500 is earmarked as Superintendent Discretionary.

Additional income of \$104,477 and expenses of \$30,433 from the Kruger Clinic were incurred, netting to an additional operating income of \$74,044 in March.

Public Hospital District #2

Purpose		Internet	Rent	Natural Gas	2009 Medicare Cost Report Settlement Fee	Accounting Consulting	IT Support	Membership Dues	Project Management	Architecture	Publish Wellness Center Construction	VOID	Water, Sewer, Storm	2Q14 Workers Comp Administration	Qtrly Copy Machine Service	Joe Piscatella 6WHY	Janitorial supplies	Water, Sewer, Storm	Membership Dues	FSA Administration	Copy Machine Lease	Annual Cost	Property Management of Kruger Clinic	Generator repair at Kruger Clinic	Consulting	Joe Piscatella 6WHY	Qtrly Website Content	Rent	Employee Medical & Dental Insurance	Name plate for Sue Waldin	Employee Life Insurance	Legal on 501(c)3	Marketing Consulting	Misc.			Administered by Healthcare Realty
Amount		329.18	3,045.00	501.08	60,456.00	6,583.51	725.55	175.00	3,052.50	40,862.69	371.00		395.13	3,843.75	901.12	265.11	87.33	93.44	550.00	17.25	301.13	25.00	5,726.25	2,750.97	16,899.30	88.37	3,000.00	3,045.00	3,167.55	20.81	637.44	395.00	1,249.50	2,581.46	162,142.42		21,574.73
Payee		Comcast	Lynnwood PFD	Puget Sound Energy	Quality Reimbursement Services	Ash Consulting	Ace Internet Services, Inc.	Edmonds Chamber of Commerce	Falkin Associates, Inc.	Ankrom Moisan	Builders Exchange of WA inc.	City of Edmonds Utilities	City of Lynnwood - Utilities	Eberle Vivian	Electronic Business Machines	Institute for Fitness and Health	Lynnwood PFD	City of Lynnwood - Utilities	WA Health Alliance	Benefit Solutions Inc	Canon Financial Services	Department of Retirement Systems	Healthcare Realty	Johnson Electric	Thomas & Associates	Institute for Fitness and Health	Krames Staywell	Lynnwood PFD	Regence BlueShield	Awards Service Inc	Principal Financial Group	Office of Richard Matthews	Aukema & Associates	Wells Fargo	Total Warrants		Various Claimants/Vendors
Transaction Date		03/05/2014	03/05/2014	03/05/2014	03/05/2014	03/05/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/12/2014	03/19/2014	03/19/2014	03/19/2014	03/19/2014	03/19/2014	03/19/2014	03/19/2014	03/19/2014	03/26/2014	03/26/2014	03/26/2014	03/26/2014	03/26/2014	03/26/2014	03/26/2014		nty:	Mar 2014
Warrant Number	Warrant Activity:	10608	10609	10610	10611	10612	10613	10614	10615	10616	10617	10618	10619	10620	10621	10622	10623	10624	10625	10626	10627	10628	10629	10630	10631	10632	10633	10634	10635	10636	10637	10638	10639	10640		Kruger Clinic Activity:	001-012

Wire/ACH Activity:			
3/7/2014	Payroll	15,238.92	ACH payroll transfer
3/7/2014	Paychex	67.22	Fee for payroll processing
3/7/2014	Department of Treasury	6,162.13	Payroli taxes for 3/1/14 pay period ending
3/7/2014	Valic	1,962.19	Payroll 401(a)/457 Deposit
3/21/2014	Payroli	13,672.72	ACH payroll transfer
3/21/2014	Paychex	60.58	Fee for payroll processing
3/21/2014	Department of Treasury	5.882.26	Pavroll taxes for 3/15/14 pay period ending
3/21/2014	Valic	1,944.19	Pavroll 401(a)/457 Deposit
3/10/2014	Wells Fargo	48.05	Bank Service Fee
3/10/2014	Wells Fargo	491.23	Bank Service Fee
3/10/2014	Wells Fareo	53.73	Bank Service Fee
3/15/2014	Bank of America - Fees	19.88	Bank Spryice Fee
3/15/2014	Atheimer's Association Western & Central	71 202 7	Program Payment
3/15/2014	American Diabetes Association	4.166.67	Program Payment
3/15/2014	American Heart Association	25.234.00	Program Payment
3/15/2014	Boys & Girls Club of Snohomish County	9,328.25	Program Payment
3/15/2014	CampFire	4,166.67	Program Payment
3/15/2014	Cascade Bicycle Club Education Foundation	4,750.00	Program Payment
3/15/2014	Center for Human Services	13,523.67	Program Payment
3/15/2014	ChildStrive	22,660.00	Program Payment
3/15/2014	City of Brier	45,172.50	Program Payment
3/15/2014	City of Lynnwood	6,455.67	Program Payment
3/15/2014	Community Health Center of Snohomish Co	8,333.33	Program Payment
3/15/2014	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
3/15/2014	Edmonds Community College	11,712.25	Program Payment
3/15/2014	Edmonds School District No. 15	65,315.50	Program Payment
3/15/2014	Edmonds Senior Center	4,518.00	Program Payment
3/15/2014	Free Range Health	1,767.42	Program Payment
3/15/2014	Medical Teams International	4,000.00	Program Payment
3/15/2014	Prescription Drug Assistance Foundation	4,166.67	Program Payment
3/15/2014	Program for Early Parent Support	3,333.33	Program Payment
3/15/2014	Project Access Northwest	6,666.67	Program Payment
3/15/2014	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
3/15/2014	Puget Sound Christian Clinic	8,750.00	Program Payment
3/15/2014	Senior Services of Snohomish County	46,686.67	Program Payment
3/15/2014	Smithwright Services	5,416.67	Program Payment
3/15/2014	Snohomish County Fire District 1	12,035.50	Program Payment
3/15/2014	Washington CAN! Education & Research Fund	18,000.00	Program Payment
3/15/2014	Wonderland Development Center	11,250.00	Program Payment
3/15/2014	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment
3/15/2014	Within Reach	12,500.00	Program Payment
Tra	,		
Number Date	Payee	Amoint	Diracea

FSA Payments	Administered by Eberle Vivian Administered by Sedgwick	Purpose	Monthly lease Monthly lease Registration for GWHY Monthly lease Registration for GWHY Monthly lease Tax Levy Copies Monthly lease Registration for GWHY Registration for GWHY Registration for GWHY Interest Income Interest Income
9.99 829.50 6.14 176.92 69.99 20.00 19.97 176.92 790.15	6,505.55	\$ 624,440.50 Amount	716,940.94 24,428.45 969.27 17,445.38 39.00 3,109.05 8,814.34 76.80 25,353.08 1,667.26 49.00 3,172.00 4,166.67 0.44 22.39
Benefit Solutions Inc Benefit Solutions Inc Benefit Solutions Inc Benefit Solutions Inc Benefit Solutions Inc Benefit Solutions Inc. Benefit Solutions Inc. WA Department of Revenue Total Wires/ACH Transactions	tivity: Various Claimants/Vendors Various Claimants/Vendors	Total Disbursements Payer	Swedish/Edmonds Value Village Eventbrite John Headley MD PS David Jaffe Raymond Liu, D.D.S. Snohomish County PFD - Copies Puget Sound Gastro Eventbrite J. C. Stevens ChildStrive Healthcare Realty Services, Inc. Sedgwick - Investment Income Wells Fargo - Investment Income
3/1/2014 3/3/2014 3/12/2014 3/12/2014 3/20/2014 3/21/2014 3/25/2014 3/25/2014	Workers Compensation Claims Activity: 305115-305 Mar 2014 Va Professional Liability Activity: 380000479 Mar 2014 Va	Date	3/1/2014 3/3/2014 3/3/2014 3/4/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/1/2014 3/2/2014 3/21/2014 3/21/2014 3/21/2014 3/21/2014 3/21/2014

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 10608 through 10640 have been issued for payment in the amount of \$162,142.42. These warrants are hereby approved.

Attest: Lisa M. King		Commiss Commiss Commiss Commiss Commiss	ioner Wen
	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Commiss Audit fair Commiss	
Warrants Processed:	3-1-14 — 3-31-14		\$162,142.42
Work Comp Claims Pd:	3-1-14 – 3-31-14		6,505.55
Professional Liability Pd:	3-1-14 – 3-31-14		692.60
Kruger Clinic Processed:	3-1-14 — 3-31-14		21,574.73
Payroll:	2-23-14 — 3-1-14 3-2-14 — 3-15-14	15,238.92 <u>13,672.72</u>	28,911.64
Electronic Payments:	Payroll Taxes Paychex Valic Retirement Benefit Solutions Bank Fees WA State Dept Revenue Program Expenditures	12,044.39 127.80 3,906.38 1,309.43 612.39 790.15 385,823.02	<u>404,613.56</u>
	Grand Total		<u>\$624,440.50</u>

E:21:14 4.23.2014

### April 2014 Program Summary

### **Program Summary**

- Five new funding applications up for discussion
- The Puget Sound Kidney Centers (PSKC) application is still pending following the discussion at the last board meeting. Three commissioners were able to either meet with PSKC or attend the discussion.

### **Recommended for Funding**

• Lutheran Community Services (LCS) – Back to School Health Fair: an annual school resource & health fair in August at Cedar Valley Elementary in Lynnwood. Verdant provided \$8,000 in funding for the event in 2012 and 2013. The health fair provides health exams, vision checks, immunizations and oral exams/fluoride varnish. More than 600 children and 300 adults have been served in each of the past two years. LCS is seeking an increase in funding from \$8,000 to \$16,000 to pay for administrative and staff time for the event. The program committee is recommending partially funding the request at \$10,000 on a one-time basis.

### **Need More Information**

• Kindering – South Snohomish County Expansion: a Bellevue-based non-profit that provides support and intervention for children with developmental delays is seeking funding for services in South Snohomish County. The organization recently opened a new location in Bothell (just outside of Verdant's district) and Kindering is seeking funding to support physical, speech, occupational, feeding and/or mental health therapies and special education to infants and children with disabilities. Kindering is requesting three years of funding for \$135,985 per year.

The program committee is requesting additional information on the program and plans to schedule a Q&A with the applicant. Committee members want to better understand how the proposed services fit in with existing community services and how they are different.

### **Not Recommended for Funding**

- Run to Win take action program: an Edmonds-based non-profit is seeking \$24,125 per year for three years to support day-long sports camps and clinics for 5th and 6th graders, which would take place on teacher in-service days within the Edmonds School District. The camps would expect to serve 50 students in the first year. The program committee is not recommending the program for funding at this time. The committee felt the camps, which focus on leadership, sports, and an optional faith component were not closely enough connected to Verdant's mission.
- The City of Lynnwood Farmer's market education program: is seeking \$10,000 per year of funding to support nutrition education at the new Lynnwood Farmer's market. The city plans to offer a weekly education series at the market in partnership with dieticians and other partners on healthy food and cooking. Funds would be used for food, dietician support, and supplies. The program committee is not recommending funding the request at this time. The primary concern was how well the program would actually be able to engage community members in nutrition education in a market setting, and how Verdant would know whether the program actually helped improve people's eating habits and attitudes.

• Integrated Psychological and Social Services (IPASS) - a new non-profit (founded in July 2013) is seeking \$29,445 in startup funding to open an office in Lynnwood. The clinic would offer sliding-scale therapy to low-income and underinsured adults. Funds would be used for office space and utilities, furnishings, marketing, and other costs. The committee is not recommending funding this program at this time. Although there is a need for behavioral health services, there were concerns with the very short organizational and financial track record of the applicant. Total assets for IPASS are only \$2,700, and setting up a new yet-to-be identified location would be a big step for the small Marysville-based non-profit.

# Verdant Health Commission Proposal Summary April 2014

# Name 1 Social S Social S City of 1	New Funding Requests Name		à	Dogwoot for francisca		***************************************			
			216	ים מפשר ומו זימוניםו	ing		Priority Area	23	
			Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
	Integrated Psychological and Social Services (IPASS)	A new Marysville-based non-profit (founded in July 2013) is seeking start up funding to open an office in Lynnwood. The clinic would offer sliding-scale it therapy to low-income and underinsured adults. Funds would be used for office space and utilities, furnishings, marketing, and to obtain an instrument to measure treatment efficacy. The new program would expect to serve 100 clients in the first year of operation.	\$29,445					×	
-	City of Lynnwood - Farmer's Market Nutrition	The City of Lynnwood is seeking funding to support nutrition education at the new Lynnwood Farmer's market. The city plans to offer a weekly education series at the market in partnership with dieticians, the Dairy Council, and other partners on healthy food and cooking. Funds would be used on fresh food for the cooking demos, dietician support, and activity supplies.	\$10,000	\$10,000	\$10,000	×	×		
Lutheran C 3 Services B Health Fair	Lutheran Community Services Back to School Health Fair	Lutheran Community Services (LCS) is seeking funding for a 3rd annual school resource & health fair in August at Cedar Vailey Elementary. Verdant provided \$8,000 in funding for the event in 2012 and 2013. The health fair provides health exams, vision checks, immunizations and oral exams/fluoride varnish. More than 600 children and 300 adults have been served in each of the past two years. LCS is seeking an increase in funding from \$8,000 to \$16,000 to pay for administrative and staff time for the event.	\$16,000			×	×	×	
4 Kinderir County	Kindering - South Snohomish County Expansion	Kindering is a Bellevue-based non profit organization that provides support and intervention for children with developmental delays. The organization recently opened a new location in Bothell (just outside of Verdant's district). Kindering is seeking funding to support physical, speech, occupational, feeding and/or mental health therapies and special education to infants and children with disabilities. Services would be provided in families' homes, childcare centers or the new Bothell center. The program would expect to serve 83 children per year.	\$135,985	\$135,985	\$135,985			×	
S Program	Run to Win - Take Action Program	Run To Win is seeking funding for day-long sports camps and periodic follow up clinics for 5th and 6th graders, which would take place on teacher in-service days within the Edmonds School District. The camps would expect to serve 50 students per year and would track attendance and increases in physical activity.	\$19,781	\$23,846	\$28,750	×	×		

### **April 2014 Marketing Report**

### 6 Weeks to a Healthier You Update

### **Dates**

As a reminder, all sessions are scheduled to run from 6:30-8:00 p.m. at the Lynnwood Convention Center, on the following Tuesdays:

April 29	May 6	May 13	May 20

### Registration

- 260 people in total signed up for this year's program
- 201 people did pre-program biometrics, with similar aggregate results as in previous years

### **Upcoming Events**

- April 26, 9 a.m. start, Snohomish County March for Babies at Edmonds City Park
- May 17, 9 a.m. 11:30 a.m. Health & Fitness Expo at Edmonds School District Stadium
- May 17, 9 a.m. 3 p.m. Low Vision Expo at Lynnwood Convention Center
- May 17, 9 a.m. 2 p.m. Ethnic Elders Health Fair at Center for Healthy Living
- May 17, 8 a.m. 4:30 p.m. Conference on Race at Edmonds Community College
- May 18, 11 a.m. 4 p.m. Celebration of Food Festival at the Lynnwood Convention Center

### **HOLIDAYS**

All regular full-time employees are eligible for holiday pay upon hire.

The following holidays will be recognized as District holidays and will be paid in addition to annual paid leave.

New Year's Day
Martin Luther King Day
President's Day
Memorial Day
Independence Day
Labor Day
Veteran's Day
Thanksgiving Day
Day after Thanksgiving
Christmas Eve
Christmas Day
Floating Holiday (determined annually by Superintendent)

When a legal holiday falls upon a Saturday, the holiday will be observed on the preceding Friday. When a legal holiday falls upon a Sunday, the holiday will be observed on the following Monday.