

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
April 22, 2015
8:00 a.m. to 9:20 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) March 25, 2015 Board Meeting	Action	8:01	1-5
C. Executive Committee Report	Information	8:04	---
D. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:12	6-10
b) Authorization for payment of vouchers and payroll	Action	8:15	11
c) Resolution 2015-03 Surplus Property	Action	8:16	12-15
E. Program Committee Report & Recommendations			
a) Conflicts of Interest			
b) Program investment recommendations	Action	8:20	16-19
c) Verdant Community Wellness Center activities update	Information	8:35	20-21
F. Marketing Report	Information	8:40	22
G. Commissioner Comments	Information	8:45	---
H. Superintendent's Report			
a) Upcoming training & meeting opportunities	Information	8:50	23
I. Public Comments (please limit to three minutes per speaker)	---	8:55	---
J. Executive Session			
a) Review Superintendent performance and goals	---	9:00	---
K. Open Session			
a) Approve Superintendent 2015 goals	Action	9:15	---
L. Adjournment	---	9:20	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
March 25, 2015

Commissioners Present	Fred Langer, President (via telephone, 8:06 a.m. arrival) J. Bruce Williams, M.D., Commissioner Deana Knutsen, Secretary Bob Knowles, Commissioner
Commissioners Excused	Karianna Wilson, Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent/Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:02 a.m. by Secretary Knutsen due to President Langer's participation via telephone.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on February 25, 2015.
Executive Committee	Commissioner Knutsen reported that the Executive Committee met on March 20, 2015 to review and approve the March 25, 2015 board meeting agenda, the medical advisory committee charter, and other business. No action was taken.
Board Finance Committee	The committee met on March 17, 2015. Ms. King reviewed the financial statements and cash activity for February 2015 (E:16:15). Commissioner Williams requested a breakdown of projected income for 2015 (from the M&O levy, Kruger

Clinic, etc.). Ms. King will provide this at the April 22, 2015 board meeting.

**Authorization
for Payment of
Vouchers &
Payroll**

Warrant Numbers 11013 through 11053 for February 2015 for payment in the amount of \$108,303.17 were presented for approval (E:17:15). ***Motion was made, seconded and passed unanimously to approve.***

**Program
Oversight
Committee
Update**

The Program Oversight Committee met on March 18, 2015 and reviewed six application requests (E:18:15). Commissioner Knutsen attended this meeting in place of Commissioner Wilson who is on maternity leave. Mr. Kosovich called out line 17 of the exhibit which shows the amount of remaining funds for new grants in the amount of \$325,259; line 22 which shows \$288,450 for Superintendent Discretionary fund, and approximately \$50,000 remaining in one-time events.

The committee reviewed five new program funding requests and one follow-up request.

No conflicts of interest were reported by any of the commissioners.

New Funding Applications:

Motion was made, seconded and passed unanimously to approve the Lutheran Community Services NW Peer to Peer Health Access program which will use community volunteers and several part-time staff to conduct education and outreach to Spanish and Russian speakers, Muslim women, and the homeless in the amount of \$94,051 per year for two years rather than three years requested.

Motion was made, seconded and passed unanimously to approve the City of Lynnwood Fire Department's Fire Camp to support a 4-day camp focused on fire and life safety education for 30 middle school students with Verdant funding for providing scholarships, transportation costs, rental and other costs in the amount of \$6,000 contingent on the City of Lynnwood raising an additional \$6,000 in direct matching funds.

Needs Additional Follow-up:

Brain Injury health & wellness program. The committee would like the applicant to rework the application to

focus on social supports to help individuals and families dealing with traumatic brain injury.

President Langer stated that he has previously served on the board of the Brain Injury Alliance of Washington and wanted to know if the group has already been informed of this follow-up request. Mr. Kosovich explained that they will be notified after the board meeting and given the opportunity to rework their application.

Commissioner Williams commented that he has a concern with Verdant funding classes and treatment for a small number of people.

Not recommended for funding:

Rotary First Harvest – Harvest Against Hunger’s multi-year request of \$5,000 per year to fund an Americorps staff member placed at Volunteers of America Foodbank in Everett. The program does not specifically target South Snohomish County.

Building Healthy Communities Fund:

The committee is recommending that Verdant officially table any further review of community infrastructure requests until 2016 to be included in the 2017 budget. Commissioner Williams agrees with this recommendation. President Langer also agrees and does not want to over-commit funds. Commissioner Knowles stated that funds could be adjusted and would like to discuss this further at the board’s mini-retreat on June 12, 2015.

**Medical
Advisory
Committee
Charter**

Mr. Kosovich explained that this is an ad hoc committee and will meet as needed and it will include community members with medical and public health expertise (E:19:15). The chair of the committee will recommend appointments and the board will approve the selections. Commissioner Knutsen added that short-term members for specific projects will also be part of this committee. ***Motion was made, seconded and passed unanimously to approve*** the committee charter.

**Verdant
Community
Wellness**

Ms. Waldin presented the programming summary and a list of upcoming programs in the Verdant Community Wellness Center (VCWC) (E:20:15).

**Center
Activities**

Commissioner Williams asked if a hard copy list of classes can be given to all doctors within south Snohomish County for posting in their offices. Ms. Waldin and Ms. Piplic will work on this. Commissioner Knutsen is impressed with the programming and the diversity represented. She asked if the commissioners could be notified of upcoming Resource Connector meetings. The next one is scheduled for June 2015.

**Marketing
Report**

Ms. Piplic presented the Marketing report (E:21:15) which includes a report on VCWC promotion and website traffic. Commissioner Knutsen noted that she hopes there are new ways to generate website traffic that do not depend upon a large event such as 6 Weeks to a Healthier You. Ms. Piplic explained that she is working on this with the use of social media and other advertising.

**Commissioner
Comments**

Commissioner Williams commented that there is a topic for the Medical Advisory Committee which is to highlight opportunities for healthcare providers to engage in social issues such as homelessness.

**Superintendent's
Report**

Superintendent Zapora provided a list of upcoming training and meeting opportunities for the board members (E:22:15).

**Public
Comments**

Ms. Rowena Miller of the League of Women Voters commented that Verdant is well known in the community for its programs. She also thanked the board for funding programs that focus on serving hospital district residents. Ms. Winnie Corral of Lutheran Community Services thanked the board for funding the Peer to Peer Health Access program. She also commented that the Verdant programs are well known in the community.

**Executive
Session**

Commissioner Knutsen recessed the regular meeting at 8:45 a.m. into Executive Session to review the Superintendent's performance.

Commissioner Knutsen stated that the board would reconvene in 15 minutes and no action would be taken in Executive Session.

Commissioner Knutsen extended the Executive Session by 5 minutes.

Open Session

The board reconvened into Open Session at 9:05 a.m. and approved the Superintendent Performance Evaluation.

Motion was made, seconded and passed unanimously to approve Resolution 2015:02 Superintendent Salary Adjustment.

Motion was made, seconded and passed unanimously to discuss and approve Superintendent Zapora's 2015 goals at the April 2015 board meeting.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:08 a.m.

ATTEST BY:

President

Secretary

Balance Sheet
As of March 31, 2015

	A	B	C	D
	Dec 31, 2014	Mar 31, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	2,043,544	(797,375)	
4 Other Current Assets	31,682,628	32,101,507	418,878	Includes Investments
5 Total Current Assets	34,523,547	34,145,051	(378,496)	
6 Total Long-term & Fixed Assets	47,475,668	47,037,872	(437,797)	Depreciation
7 TOTAL ASSETS	81,999,215	81,182,922	(816,293)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,581,824	1,605,783	(976,042)	
11 Long-term Liabilities	4,857,008	4,841,501	(15,507)	2012 LTGO Bonds
12 Total Liabilities	7,438,832	6,447,283	(991,549)	
13 Total Equity	74,560,383	74,735,639	175,256	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	81,999,215	81,182,922	(816,293)	

Profit & Loss

March 2015

	A	B	C	D	E	F
	Mar Actual	Mar Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	795,363	805,963	(10,600)	2,472,072	2,417,890	54,182
3 EXPENSES						
4 Operating Expenses	132,485	199,173	66,687	421,165	520,401	99,236
5 Depreciation Expense	227,278	238,205	10,927	685,941	718,721	32,780
6 Program Expenses	609,598	474,917	(134,680)	1,956,073	2,049,744	93,671
7 Total Expenses	969,361	912,295	(57,066)	3,063,178	3,288,866	225,687
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	279,273	212,096	67,177	766,362	636,288	130,074
10 NET INCOME	105,274	105,764	(490)	175,256	(234,688)	409,944

Monthly Highlights

March 2015

Verdant received dividends payments of \$39,233 and an unrealized gain of \$58,230 on our investment portfolio in March. The District portfolio closed with an ending market value of \$31,599,425.

Annual program commitments total \$5,974,036 and \$4,558,065 for 2015 and 2016, respectively. \$1,125,964 remains available to spend in 2015, of which \$282,150 is earmarked as Superintendent Discretionary.

Additional income of \$91,145 and expenses of \$32,792 from the Kruger Clinic were incurred, netting to an additional operating income of \$58,353 in March.

Figures are preliminary and may change due to year end adjustments.

2015 Revenue Projection Summary

		2015 Projections	2015 Budget	Variance Fav/(Unfav)	Notes
Operating Revenues					
1	5791 · Rental Income S/E	8,184,696	8,184,696	-	
2	5791 · Rental Income KC	1,280,060	1,230,973	49,087	CAM/Leasehold Excise Tax/PSG
3	5791 · Rental Income VV	293,144	293,144	-	
4	5792 · Pavilion Ground Lease Income	53,817	46,707	7,110	CPI Increase
5	5793 · Other Operating Income	-	3,000	(3,000)	No room rental income
6	Total Operating Revenues	9,811,717	9,758,521	53,196	
Non Operating Revenue (Expense)					
7	8030 · 2003 GO Tax Levy	-	-	-	
8	5020 · M&O Tax Levy	2,163,373	2,185,157	(21,784)	Did not take Banked Capacity
9	5781 · Investment Income	460,000	360,000	100,000	Averaging higher investment inc
10	5500 · Other Income (Expense)	-	-	-	
11	Total Non Operating Revenue (Expense)	2,623,374	2,545,157	78,216	
12	Total Revenue	\$ 12,435,091	\$ 12,303,678	\$ 131,413	

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11054	03/04/2015	Dataworks	2,840.99	IT Support
11055	03/04/2015	Facilitec	15,247.62	Furniture for VCWC
11056	03/04/2015	Ankrom Moisan	5,971.06	Architectural Services January 2015
11057	03/04/2015	Sound Publishing, Inc.	42.00	2/25/15 Board meeting legal notice
11058	03/04/2015	Waste Management	274.98	Garbage
11059	03/04/2015	Beth Rodriguez, LLC	5,751.56	Feb 2015 Interim Marketing Director
11060	03/04/2015	Guardian Security Systems	61.50	Elevator Monitoring 2/26/15-6/30/15
11061	03/04/2015	Puget Sound Energy	66.61	Natural Gas
11062	03/04/2015	YWCA of Seattle, King and Snohomish Co	4,765.00	Programs - LifeSkills Classes
11063	03/04/2015	Guardian Security Systems	195.00	AES Radio Monitoring 4/1/15-6/30/15
11064	03/11/2015	Healthcare Realty	5,881.50	Feb 2015 Kruger Clinic Property Management
11065	03/11/2015	Armstrong Services	942.97	Feb 2015 Janitorial Service
11066	03/11/2015	Ash Consulting	2,548.00	Feb 2015 Accounting Consulting
11067	03/11/2015	Electronic Business Machines	883.74	11/26/2014 - 3/1/15 Copy machine
11068	03/11/2015	Comcast	495.92	Internet and Telephones
11069	03/11/2015	Benefit Solutions Inc	11.50	March 2015 Monthly Billing
11070	03/11/2015	City of Lynnwood - Utilities	448.47	Water/Sewer/Storm
11071	03/11/2015	Comcast	262.70	Internet and Telephones
11072	03/11/2015	Lile International Companies	225.00	Feb 2015 Storage
11073	03/18/2015	Dataworks	941.24	IT Support
11074	03/18/2015	Eberle Vivian	3,889.88	Self Insured Work Comp Claims Administration 2Q15
11075	03/18/2015	Moss Adams - Audit	821.75	2014 Audit
11076	03/18/2015	Staples	313.21	Supplies
11077	03/18/2015	The StayWell Company, LLC	3,000.00	Website Content
11078	03/25/2015	Snohomish County Human Services	5,000.00	Programs - Contract for Evaluation of Community Paramedic
11079	03/25/2015	SCCFOA	18.00	LK attend Luncheon
11080	03/25/2015	Department of Retirement Systems	25.00	Old Age Survivor Benefit
11081	03/25/2015	Premera Blue Cross	3,782.54	April 2015 EE Medical & Dental Insurance
11082	03/25/2015	Principal Financial Group	904.69	EE Life Insurance
11083	03/25/2015	Benefit Solutions Inc	17.25	April 2015 Monthly Billing
11084	03/25/2015	Johann Health Concepts	450.00	VCWC Programs - Instructor for Change for Life Program 3/4 & 3/11/15
11085	03/25/2015	Wells Fargo	230.76	Misc
11086	03/25/2015	Wells Fargo	1,476.15	Misc
		Total Warrants	<u>67,786.59</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	3/6/2015	Payroll	17,955.76	ACH payroll transfer
	3/6/2015	Paychex	86.84	Fee for payroll processing
	3/6/2015	Department of Treasury	7,160.95	Payroll taxes for 2/28/15 pay period ending
	3/6/2015	Valic	2,681.64	Payroll 401(a)/457 Deposit
	3/20/2015	Payroll	16,099.12	ACH payroll transfer
	3/20/2015	Paychex	78.95	Fee for payroll processing
	3/20/2015	Department of Treasury	6,826.62	Payroll taxes for 3/14/15 pay period ending
	3/20/2015	Valic	2,648.50	Payroll 401(a)/457 Deposit
	3/10/2015	Wells Fargo	78.05	February 2015 Client Analysis Bank Fee
	3/15/2015	Bank of America - Fees	19.89	Bank Service Fee
	3/16/2015	Alzheimer's Association Western & Central	7,209.17	Program Payment
	3/16/2015	American Diabetes Association	4,166.67	Program Payment
	3/16/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	3/16/2015	CampFire	4,166.67	Program Payment
	3/16/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	3/16/2015	Center for Human Services	13,523.67	Program Payment
	3/16/2015	ChildStrive	23,113.25	Program Payment
	3/16/2015	City of Lynnwood	34,383.82	Program Payment
	3/16/2015	Community Health Center of Snohomish Co	42,025.18	Program Payment
	3/16/2015	Cornerstone Medical Services Foundation	5,000.00	Program Payment
	3/16/2015	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
	3/16/2015	Edmonds Community College	10,990.58	Program Payment
	3/16/2015	Edmonds Community College Foundation	4,396.33	Program Payment
	3/16/2015	Edmonds School District No. 15	66,892.84	Program Payment
	3/16/2015	Edmonds Senior Center	9,166.67	Program Payment
	3/16/2015	Kindering	7,500.00	Program Payment
	3/16/2015	Mary Porter, RDN	480.00	Program Payment
	3/16/2015	Medical Teams International	4,000.00	Program Payment
	3/16/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	3/16/2015	Program for Early Parent Support	2,987.50	Program Payment
	3/16/2015	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
	3/16/2015	Puget Sound Christian Clinic	159,166.67	Program Payment
	3/16/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	3/16/2015	Senior Services of Snohomish County	46,686.67	Program Payment
	3/16/2015	Smithwright Services	5,416.67	Program Payment
	3/16/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	3/16/2015	Snohomish County Music Project	2,416.67	Program Payment
	3/16/2015	Volunteers of America Western WA	6,362.92	Program Payment
	3/16/2015	Washington CAN! Education & Research Fund	15,714.29	Program Payment
	3/16/2015	Wonderland Development Center	11,250.00	Program Payment
	3/16/2015	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment
	3/16/2015	YMCA of Snohomish County	52,000.00	Program Payment
	3/16/2015	City of Mountlake Terrace	2,450.00	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	3/5/2015	Benefit Solutions Inc	30.00	FSA Payments
	3/20/2015	Benefit Solutions Inc	10.00	FSA Payments
	3/31/2015	Benefit Solutions Inc	10.87	FSA Payments
	3/26/2015	WA Department of Revenue	754.11	B&O tax
		Total Wires/ACH Transactions	652,147.45	
Kruger Clinic Activity:				
239-254	Mar 2015	Various Claimants/Vendors	17,443.78	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305214-224	Mar 2015	Various Claimants/Vendors	6,745.17	Administered by Eberle Vivian
		Total Disbursements	\$ 744,122.99	

Transaction Date	Payer	Amount	Purpose
Deposits:			
3/1/2015	Swedish/Edmonds	732,827.43	Monthly lease
3/2/2015	Value Village	24,428.45	Monthly lease
3/1/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
3/1/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly storage lease
3/5/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
3/6/2015	Safety National Casualty Corporation	258,091.44	Reimbursement for Workers Compensation Self Insurance
3/5/2015	Puget Sound Gastro	260.51	Kruger Clinic Work Order
3/6/2015	Swedish Edmonds Children's Clinic	827.75	Kruger Clinic Work Order
3/10/2015	Snohomish County	34,107.05	Levy
3/24/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
3/26/2015	Modern Medical Inc.	326.13	Refund for Workers Compensation Payment
3/27/2015	Lynnwood Food Bank	227.96	Refund for un-used program funds
3/31/2015	Greater Everett Community Foundation	200.00	Deposit for use of VCWC
3/15/2015	Sedgwick Comerica	0.12	Interest Expense
	Total Deposits	\$ 1,078,305.46	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11054 through 11086 have been issued for payment in the amount of \$67,786.59. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	3-1-15 – 3-31-15		\$67,786.59
Work Comp Claims Pd:	3-1-15 – 3-31-15		6,745.17
Kruger Clinic Processed:	3-1-15 – 3-31-15		17,443.78
Payroll:	2-15-15 – 2-28-15	17,955.76	
	3-1-15 – 3-14-15	<u>16,099.12</u>	
			34,054.88
Electronic Payments:	Payroll Taxes	13,987.57	
	Paychex	165.79	
	Valic Retirement	5,330.14	
	Benefit Solutions	50.87	
	Bank Fees	97.94	
	WA State Dept Revenue	754.11	
	Program Expenditures	<u>597,706.15</u>	
			<u>618,092.57</u>
	Grand Total		<u>\$744,122.99</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2015-03

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 22nd day of April, 2015, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

CERTIFICATE

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2015-03 is a true and correct copy of the original resolution adopted on April 22nd, 2015, as that resolution appears on the Minute Book of the District.

DATED this 22nd day of April, 2015.

Deana Knutsen
Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 2014	Disposal Date
05	045	Kruger	Kruger Clinic Level 1 Gray Upholstered Chair	1	12/20/2013	90	275.00	232.22	3/31/2015
05	046	Kruger	Kruger Clinic Level 1 Gray Upholstered Chair	1	12/20/2013	90	275.00	232.22	3/31/2015
05	048	Kruger	Kruger Clinic Level 1 Black Oval Wooden Side Table	1	12/20/2013	90	200.00	168.89	3/31/2015
05	9100602	7115	SLEEP CENTER BED SYSTEM	1	6/1/2009	60	21,575.30	-	3/18/2015
05	9100603	7115	SLEEP CENTER BED SYSTEM	1	6/1/2009	60	21,575.30	-	3/18/2015
05	9100604	7115	SLEEP CENTER BED SYSTEM	1	6/1/2009	60	21,575.30	-	3/18/2015
05	9100606	7115	SLEEP CENTER BED SYSTEM	1	6/1/2009	60	21,575.30	-	3/18/2015
05	5604201	6082	SCALE OBESITY DIGITAL 600+	1	6/1/2005	120	1,433.40	35.84	2/4/2015
05	8904501	7050	BLADDER SCANNER (BVI 3000)	1	5/1/2008	60	4,786.94	-	2/4/2015
05	8906701	7040	ANESTHESIA GAS MONITOR AS3	1	7/1/2008	84	3,588.04	128.13	3/31/2015
05	8908906	7225	MULTI DOPPLEX W/ PROBE	1	12/1/2008	60	3,287.50	-	3/31/2015
05	2038058	7350	ASSY, SECG PREAMP, Q-STRES	1	2/1/2003	120	3,043.97	-	3/31/2015
06	036	Verdant	Comdial Phone System	1	4/1/2011	36	1,605.00	-	1/31/2015
							104,796.05	797.30	

April 2015 Program Committee Summary

Program Summary

- Five application requests up for discussion:
 - Four new funding requests
 - One renewal request

Applications Recommended for Funding

- **Edmonds Community College – Celebration of Food Festival:** a one-time request of \$5,000 for a fourth annual Celebration of Food Event. The May 2015 event at the Lynnwood Convention Center includes cooking demonstrations and booths from local farmers and gardeners. In 2014 and 2013, Verdant provided \$5,000 in funding and the event was attended by approximately 1,350 people. **The program committee is recommending funding the request in full at \$5,000 on a one-time basis.**

Not Recommended for Funding

- **Washington State University Extension – FoodSense:** a multi-year request for a total of \$477,000 to implement the FoodSense nutrition education curriculum in the Edmonds School District. The program would expect to serve 2,000 students per year, and funds would primarily be used for WSU staffing and program administration. **The program committee is not recommending funding the program at this time because the project is relatively expensive and the Edmonds School District has not yet embraced the project.**
- **Rotary Club of Edmonds - Edmonds Waterfront Festival:** a \$7,500 request to fund the annual Edmonds Waterfront Festival in May 2015. Through sponsorship support, Verdant would be provided with a prominent presence and other means (program, print media, etc.) to share its programs and priorities. **The program committee is not recommending funding the program at this time; although it is a large community event, the festival is not particularly connected to health.**
- **Sound Health Physicians - Diabetes Program:** a multi-year request from a Lynnwood medical clinic to support patients dealing with diabetes. Verdant funding would be used to enhance the service provided for a pilot study of 12 patients and then expand to 50 patients per quarter. The program would include support from a dietitian, personal trainer, and a licensed social worker through small group and individual meetings. The concept is that Verdant funds would be used to fund more comprehensive services that are not covered by insurance.

The program committee is not recommending funding the program at this time because the program is more focused on disease management than Verdant typically funds and the project is built around a single clinical practice. The committee felt this type of project could and should be supported by insurance or potentially pharmaceutical companies.

Program Renewal Request

- **Senior Services of Snohomish County - Care Coordination:** a renewal request for a program that integrates care coordination between Swedish/Edmonds and community services for adults. The program exceeded its goal for referrals in the 2nd and 3rd year of the program. Outcomes tracked include patients' ability to manage their conditions, follow up with primary care, and access to other resources. The program has also been tracking reductions in readmissions.

The program committee is recommending funding the project in full at \$135,000 per year for two additional years. The committee felt that program has been successful and fits well with Verdant priorities, but they would like to clearly communicate to Senior Services that we may revisit the program scope if there are similar programs funded through managed care organizations or through Accountable Communities of Health project. If approved, the funding agreement would need to give Verdant the flexibility to terminate or rework the program scope.

Verdant Health Commission Proposal Summary April 2015

	A	B	C	D	E	F	G	H	I
New Funding Requests			Request for funding			Priority Area			
#	Name		Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
1	Washington State University Extension - FoodSense	A multi-year request to implement FoodSense nutrition education curriculum in the Edmonds School District. The program would expect to serve 2,000 students per year. Funds would primarily be used for WSU staffing and program administration.	\$150,216	\$153,177	\$173,765	X	X		
2	Rotary Club of Edmonds - Edmonds Waterfront Festival	A request to fund the annual Edmonds Waterfront Festival in May 2015. Through sponsorship support, Verdant would be provided with a prominent presence and other means (program, print media, etc.) to share its programs and priorities.	\$7,500			X	X		
3	Sound Health Physicians - Diabetes Program	A multi-year request from a Lynnwood medical clinic to support patients dealing with diabetes. Verdant funding would be used to enhance the service provided for a pilot study of 12 patients and then expand to 50 patients per quarter. The program would include support from a dietitian, personal trainer, and a licensed social worker through small group and individual meetings. The concept is that Verdant funds would be used to fund more comprehensive services that are not covered by insurance.	\$158,525	\$158,525	\$158,525	X	X	X	
4	Edmonds Community College - Celebration of Food Festival	Edmonds Community College is seeking funding for a 4th annual Celebration of Food Event. The May 2015 event at the Lynnwood Convention Center includes cooking demonstrations and booths from local farmers and gardeners. In 2014 and 2013, Verdant provided \$5,000 in funding and the event was attended by approximately 1,350 people.	\$5,000			X	X		
Renewal Requests									
5	Senior Services of Snohomish County - Care Coordination	Renewal request for a program that integrates care coordination between Swedish/Edmonds and community services for adults. The program exceeded its goal for referrals in the 2nd and 3rd year of the program. Outcomes tracked include patients' ability to manage their conditions, follow up with primary care, and access to other resources. The program has also been tracking reductions in readmissions.	\$135,000	\$135,000		X	X	X	
			\$456,241	\$446,702	\$332,290				

Verdant Program Financial Forecasting

1 Scenario 1: 100% renewal

2015	
3 Existing multi-year commitments	\$4,498,547
5 New Grants (plug)	\$154,932
6 Expected Renewals (100%)	\$462,071
7 One-time events	\$75,000
8 Building Healthy Communities Fund	\$1,331,000
9 Community Programs Internal	\$290,000
10 Superintendent Discretionary	\$288,450
11 Total	\$7,100,000

Note: includes \$50k/year for swim lessons, and \$150k start up for PSCC Lynnwood Dental clinic, w/ongoing payments beginning in Sept.

13 Scenario B: 80% renewal

2015	
15 Existing multi-year commitments	\$4,498,547
17 New Grants (plug)	\$247,346
18 Expected Renewals (80%)	\$369,657
19 One-time events	\$75,000
20 Building Healthy Communities Fund	\$1,331,000
21 Community Programs Internal	\$290,000
22 Superintendent Discretionary	\$288,450
23 Total	\$7,100,000

24 Programs up for Renewal in 2015

25	Organization Name	Program Name	Funding Ends	2015 \$ amount at current funding level
26	Project Access Northwest	Project Access Northwest	Nov-14	\$80,000
27	Domestic Violence Services of Snohomish County	Teen Dating Violence Prevention	Jul-15	\$9,726
28	Providence Hospice & Home Care Foundation	Hospice Outreach and Education	Jun-15	\$90,417
29	YWCA of Seattle, King, and Snohomish County	Children's Domestic Violence Program	May-15	\$16,667
30	Medical Teams International	Mobile Dental Program	Jul-15	\$20,000
31	YWCA of Seattle, King, and Snohomish County	Mental Health Counseling Program	Nov-15	\$4,167
32	Senior Services of Snohomish County	Care Coordination	Nov-14	\$135,000
33	Community Health Center of Snohomish County	Dental Program	Jul-15	\$41,667
34	Within Reach	Insurance Enrollment	Jun-15	\$33,000
35	Washington CAN	Insurance Outreach	Nov-15	\$31,428
36			Total	\$462,071

Verdant Community Wellness Center Summary

Completed Programs

General Community and Provider Events	Attendance
<ul style="list-style-type: none"> • ARC – Mothers of Children with Disabilities Monthly Support Network (started 4/4 and includes childcare) 	23
<ul style="list-style-type: none"> • Whatcom Alliance for Healthcare Advancement Forum for IPAs (April 7) (included the Health Benefit Exchange, Health Care Authority and DSHS) 	47
<ul style="list-style-type: none"> • Snohomish County Leadership Meeting regarding WorkSource (4/13) 	7
<ul style="list-style-type: none"> • Evergreen Home Health - Home Visiting Clinical Team Meeting (April 15) 	30
<ul style="list-style-type: none"> • State Auditor Annual Report Training/Consultation (4/15) 	5
<ul style="list-style-type: none"> • Domestic Violence Awareness for HR Professionals (April 21)* 	40
<ul style="list-style-type: none"> • Powerful Tools for Caregivers Series by Senior Services (3/11-4/22) 	16

Nutrition and Healthy Behaviors	Attendance
<ul style="list-style-type: none"> • Chronic Kidney Disease Prevention Workshops (3/25 – 4/29)* 	8-12
<ul style="list-style-type: none"> • Stop Diabetes Initiative Workshop 3/28* 	24
<ul style="list-style-type: none"> • Bite into a Healthy Lifestyle Cooking Class (Swedish) 3/31 	12
<ul style="list-style-type: none"> • Multicultural Everyday Cancer Prevention in Korean 4/2 	72
<ul style="list-style-type: none"> • Men’s Cooking Class by Senior Services (weekly 3/10-4/2) 	7-8
<ul style="list-style-type: none"> • AHA Simple Cooking with Heart (4/15)* 	12
<ul style="list-style-type: none"> • Eating on a Budget Series (4/18 – 5/20)* 	13
<ul style="list-style-type: none"> • Couch to 8K Workshops and Supervised Saturday Walk/Jog Sessions* 	25-35
<ul style="list-style-type: none"> • Lifestyle Change Check-Ins (drop- in 1st and 3rd Tuesdays of each month)* 	6-8
<ul style="list-style-type: none"> • Getting to Goal Program (Weight Management Consultations)* 	5 clients

Behavioral Health & Substance Use	Attendance
<ul style="list-style-type: none"> • Building Family Strengths Parenting + Childcare (weekly sessions 2/11-4/15)* 	14-16
<ul style="list-style-type: none"> • Journey of Grief Support (weekly Swedish Bereavement Program 4/15-5/20) 	6-8
<ul style="list-style-type: none"> • AA Weekly Support Group (started 4/2) 	6
<ul style="list-style-type: none"> • Adult Children of Alcoholics Weekly Support Group (starting 4/20) 	6-8
<ul style="list-style-type: none"> • Reflective Parenting + Childcare (weekly sessions 4/21-6/8)* 	16-18
<ul style="list-style-type: none"> • Parent of Teens Using Drugs/Alcohol (8 Week Support Grp 3/16- 5/11)* 	4-5
<ul style="list-style-type: none"> • Snohomish County Music Therapy (weekly sessions)* 	1-3

Other Programs	Attendance
<ul style="list-style-type: none"> • Play and Learn group, Wonderland Development Center (2X / month)* 	15-25

* = Grant/Program Funded Partner

Verdant Community Wellness Center Summary

Upcoming Programs

General Community and Provider Events

- Verdant Partner Roundtable Quarterly Meeting (April 24)
- Snohomish Health Leadership Coalition Quarterly Meeting (April 28)*
- Second Time Around - PEPS Support Group for Moms with a Second Child* (starts April 30)

Nutrition and Healthy Behaviors

- Stop Diabetes Initiative – Continued Workshops 4/28*
- Healthy, Easy Weeknight Cooking – Culinary Medicine-Sound Health Physicians (May 5)
- Korean Women’s Association: hosting Korean and Vietnamese language workshops about Medicare, nutrition, cancer prevention and physical activity and fall prevention.*
Next event - Multicultural Everyday Cancer Prevention in Vietnamese (May 9)*
- Healthy Brain Healthy You – Stroke Prevention (AHA – May 28)*
- Senior Services: Chronic Disease Self-Management leader trainings (May 26 & 27)
- Raising Healthy Eaters in a Fast Food World (June 1)*
- Parents as Role Models in Helping Kids Develop Healthy Eating Habits (June 15)*
- Summertime Cooking Demos Featuring Seasonal Fruits and Vegetables (June/July/August)*
- Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing – Getting to Goal: Individual Weight Management Consulting with a Dietitian*
- Ongoing - Couch to 8 K – 8 week supervised training program and workshop series to prepare for May 17 Beat the Bridge Walk/Run*

Behavioral Health & Substance Use Focus

- Grief and Loss Support (starting April 28 for 8 weeks)*
- E-Cigarettes and Vaping – Parent Info Night (May 6)*
- Stress Management and Relaxation Training (May 12)*
- Advanced Care Planning Facilitator Training (May 16)*

Other Programs in Development

- Developing Walking Groups – consulting with Feet First about the Walking Ambassador Program
- American Heart Association 6 Week Cooking Program for Middle School Youth
- Diabetes Prevention Workshop in Spanish
- Spanish Language Cooking Classes (AHA and others)
- Cooking Series with Swedish Edmonds new Chef/Dietitian (Monthly Classes in the Fall)
- Health Education Series in partnership with PacMed
- Nutrition Workshops:
 - Fact or Fiction about Trendy Diets
 - The 50 Something Diet - How to Age Well & Feel Great

* = Grant/Program Funded Partner

April 2015 Marketing Report

Verdant Community Wellness Center Promotion

- Continue to use avenues including: Verdant website, Verdant e-news, partner communications, editorial news coverage, flyers in public places, social media.
- New avenues used this month:
 - Connection with medical providers including Swedish Edmonds medical staff and Edmonds Family Medicine.
 - Advertising through web-based channels including My Neighborhood News Network and the SeattleTimes.com and its extended web network.

The Canopy Newsletter

Next edition of *The Canopy* set to reach residents in the middle of May. Highlights include:

- Programming and classes at the Verdant Community Wellness Center
- Behavioral health resources
- Verdant's grant-funded programs, featuring: Chronic Kidney Disease Education & Prevention, Brier Walking Program, Music Futures Therapy Program, Student Support Advocates
- Verdant history, overview and funding
- Swedish Edmonds construction project update

Coming Events

- Edmonds Senior Center Healthy Living Fair from 10 a.m. – 2 p.m. **Friday, April 24** at the Edmonds Senior Center.
- North Puget Sound Conference on Race from 9 a.m. – 4 p.m. **Saturday, May 2** at Everett Community College.
- Health & Fitness Expo from 9-11:30 a.m. **Saturday, May 16** at Edmonds School District Stadium. This event targets families and this year will include screenings and services by CHC and Swedish.
- Celebration of Food Festival from 11 a.m. – 4 p.m. **Sunday, May 17** at the Lynnwood Convention Center. This event targets families and individuals interested in learning more about eating, preserving and producing whole, real foods.
- Celebrating Our People Latino Festival (Celebrando a Nuestra Gente) **Saturday, June 6** from 1-5 p.m. at Trinity Lutheran Church in Lynnwood. This bilingual Spanish family-friendly festival will provide info about community resources, health topics and Latino and diverse cultures.

Verdant Health Commission
Upcoming Training & Meeting Opportunities
April 22, 2015 Board Meeting

1. Thursday, April 23, 11 a.m. – 12:30 p.m., Edmonds Chamber Luncheon, Scott's Bar & Grill
2. Friday, April 24, 2:00 – 4:00 p.m., Verdant Community Wellness Center – quarterly Verdant Partner Roundtable (VPR) meeting
3. Saturday, April 25, 6:00 p.m. – Edmonds Community College Foundation Gala and Auction, EdCC Woodway Hall 202
4. Thursday, April 30, WRPA Annual Awards Banquet for Citation of Merit to Verdant, Greater Tacoma Convention & Trade Center
5. Thursday, May 14, 12 p.m. – ChildStrive Fundraising Luncheon, Xfinity Arena
6. Tuesday, May 19, 7 a.m. – Carl speaking @ Edmonds Day Breakers Rotary meeting, Anthony's Beach Café
7. Friday, May 22, 9 – 10 a.m., Strategic Collaboration Meeting, Swedish Edmonds
8. Friday, May 29, 11:30 a.m. – 1:00 p.m., South Snohomish County CEO Roundtable, Verdant
9. Friday, June 12, noon – 4:00 p.m. – Verdant Board Semi-Annual Mini-Retreat, Verdant
10. Sunday – Wednesday, June 21 – 24, AWP/PHD & WSHA Joint Conference in Chelan