

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
September 23, 2015
8:00 a.m. to 9:10 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) August 26, 2015 Board Meeting	Action	8:01	1-5
C. Executive Committee Report	Information	8:04	---
D. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:06	6-9
b) Authorization for payment of vouchers and payroll	Action	8:11	10
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:15	---
b) Program investment recommendations	Action	8:16	11-16
c) Verdant Community Wellness Center activities update	Information	8:25	17-18
F. Marketing Report	Information	8:30	19
G. Superintendent's Report	Information	8:35	---
H. Public Comments (please limit to three minutes per speaker)	---	8:40	---
I. Commissioner Comments	---	8:45	---
J. Executive Session			
a) To consider the legal risks of a proposed action of the district	---	8:50	---
K. Open Session	---	9:10	---
L. Adjournment	---	9:10	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
August 26, 2015

Commissioners Present	Fred Langer, President Deana Knutsen, Secretary Bob Knowles, Commissioner Karianna Wilson, Commissioner
Commissioners Excused	J. Bruce Williams, M.D., Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent/Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:05 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on July 22, 2015. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on August 10, 2015.
Executive Committee	President Langer reported that the Executive Committee met on August 21, 2015 to review and approve the August 26, 2015 board meeting agenda and to discuss the contract for Thomas & Associates in completing work on legal and financial issues between the hospital district and Swedish Edmonds. <i>Motion was made, seconded and passed unanimously to approve</i> the contract (E:52:15).

**Board Finance
Committee**

The committee met on August 12, 2015. Ms. King reviewed the financial statements and cash activity for July 2015 (E:53:15). President Langer asked for the remaining amount of uncommitted funds for programs in 2016. Mr. Kosovich replied that pages 18 to 19 of the board packet include estimates of remaining funds (E:55:15).

**Authorization
for Payment of
Vouchers &
Payroll**

Ms. King called out the warrant in the amount of \$104,038.83 to MJ Takisaki for final completion of the Verdant Community Wellness Center. She also noted that several checks were stolen from the Verdant mailbox in July 2015 which have since been reissued. Warrant Numbers 11215 through 11268 for July 2015 for payment in the amount of \$175,641.81 were presented for approval (E:54:15). ***Motion was made, seconded and passed unanimously to approve.***

**Program
Oversight
Committee
Update**

The Program Oversight Committee met on August 20, 2015 and reviewed five application requests (E:55:15): one renewal request, one new funding request and three follow-up on previously discussed requests. No conflicts of interest were reported by any of the commissioners. President Langer reminded the commissioners that there must be at least three commissioners in agreement for any action to be taken.

New Funding Applications:

The committee is not recommending the following program for funding at this time:

1. Snohomish County Mental Health Wellness Fair request for \$5,000 to support a fair at Evergreen Middle School in Everett as it takes place outside of Verdant's service area.

Follow-up on Previously Discussed Funding Requests:

1. Brookside Research & Development Fall Prevention Program:
Motion was made, seconded and passed unanimously to approve the revised request of \$29,780 on a one-time basis with two contingencies noted.
2. Swedish Edmonds Opiate Rescue Kits:
Motion was made, seconded and passed

unanimously to approve \$5,000 on a one-time basis to support opiate rescue kits distributed from Swedish Edmonds to prevent poisoning deaths from prescription opioids and heroin.

3. Evergreen Manor South County Detox:
All commissioners agree that the program is worthy of support. Discussion among the commissioners led to a revised amount of \$200,000 in 2015.

Motion was made, seconded and passed unanimously to approve \$200,000 in 2015 for one-time funding of a new south county detox program for low-income adults. Verdant funds would be used to remodel the current building in Lynnwood.

Mr. Kosovich asked for clarification on which source these funds would come from. President Langer instructed the Program Committee to determine this.

Renewal Requests:

1. Medical Teams International:
Motion was made, seconded and passed unanimously to approve \$66,000 per year for three years for the South Snohomish County Mobile Dental Program. This program directly connects to Verdant's priorities and the program has exceeded its goals for each year of the program.

Verdant Community Wellness Center Activities Marketing Report

No discussion occurred.
See Exhibit 56:15

Ms. Piplic presented the report for August 2015 (E:57:15) and highlighted the table-top display and the Back-to-School Health & Resource Fair on August 27, 2015 at Cedar Valley Community School.

Superintendent's Report

- Superintendent Zapora reported on the following items:
1. A consultant has been engaged to do a feasibility study on an indoor recreation project in the hospital district. This study should be

completed by November 2015 at a cost of approximately \$15,000.

2. An all-day health and wellness conference will be held in either January or February 2016 at the Lynnwood Convention Center and a series of brain-storming sessions with community partners has begun to work on the content. Ms. Beth Rodriguez has been hired on a part-time basis to coordinate the conference logistics.
3. Verdant has signed a lease with The Party Store for additional parking for the community wellness center in the amount of \$1,500 per month through December 2015.
4. Verdant has signed a lease amendment with Swedish Edmonds for an urgent care clinic at the Kruger Clinic.
5. The Verdant Community Wellness Center parking lot was recently seal coated and striped.
6. The new CEO of WAHA met with Verdant on August 25, 2015 to discuss partnering with Verdant on accountable communities of health.

**Public
Comments**

1. Mr. Alvin Rutledge requested information from Verdant on the Woodway Fields project. President Langer assured Mr. Rutledge that his request for information will be fulfilled by Verdant.
2. Ms. Barbara McGuire from Edmonds thanked the commissioners for funding the south county detox program as her own son received help from the Everett location.
3. Ms. Rowena Miller of the League of Women Voters asked the commissioners to please consider no property tax increase when creating the 2016 budget.

**Commissioner
Comments**

President Langer commented on the recent ribbon cutting ceremony for the dental van funded in part by Verdant and operated by Medical Teams International.

**Executive
Session**

President Langer recessed the regular meeting at 8:50 a.m. into Executive Session to discuss contractual issues between Swedish Edmonds and the hospital district.

President Langer stated that the board would reconvene in 45 minutes and no action would be taken in Executive Session.

Open Session

The board reconvened into Open Session at 9:50 a.m.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:50 a.m.

ATTEST BY:

President

Secretary

Balance Sheet
As of August 31, 2015

	A	B	C	D
	Dec 31, 2014	Aug 31, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	1,552,657	(1,288,262)	
4 Other Current Assets	32,617,628	35,254,535	2,636,907	Includes Investments
5 Total Current Assets	35,458,547	36,807,192	1,348,645	
6 Total Long-term & Fixed Assets	47,374,208	45,950,302	(1,423,907)	Depreciation
7 TOTAL ASSETS	82,832,755	82,757,494	(75,262)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,480,364	1,318,277	(1,162,088)	
11 Long-term Liabilities	4,857,008	4,815,655	(41,353)	2012 LTGO Bonds
12 Total Liabilities	7,337,372	6,133,931	(1,203,441)	
13 Total Equity	75,495,383	76,623,562	1,128,179	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	82,832,755	82,757,494	(75,262)	

Profit & Loss
Aug 2015

	A	B	C	D	E	F
	Aug Actual	Aug Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	812,403	806,463	5,940	6,534,410	6,448,706	85,704
3 EXPENSES						
4 Operating Expenses	141,420	168,010	26,590	1,207,796	1,374,759	166,963
5 Depreciation Expense	214,820	214,349	(471)	1,825,413	1,821,219	(4,194)
6 Program Expenses	390,184	474,917	84,733	3,947,783	4,454,331	506,548
7 Total Expenses	746,424	857,277	110,853	6,980,992	7,650,308	669,317
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	221,529	212,096	9,433	1,574,778	1,696,768	(121,990)
10 NET INCOME	287,508	161,283	126,225	1,128,197	495,166	633,031

Monthly Highlights
Aug 2015

Verdant received dividends payments of \$41,086 on our investment portfolio in August and closed with an ending market value of \$33,590,529.

Annual program commitments total \$6,524,984 and \$5,166,331 for 2015 and 2016, respectively. \$575,016 remains available to spend in 2015, of which \$79,958 is earmarked as Superintendent Discretionary.

Additional income of \$108,185 and expenses of \$34,833 from the Kruger Clinic were incurred, netting to an additional operating income of \$73,352 in August.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11269	08/05/2015	Pacific Art Press Inc	225.91	Marketing Flyers
11270	08/05/2015	Sound Dietitians	480.00	Instructor for Lifestyle check-in sessions 7/7 & 7/21 Cooking Demo 7/13
11271	08/05/2015	Waste Management	218.00	Garbage
11272	08/05/2015	Dataworks	9,391.42	IT Support
11273	08/05/2015	Comcast	266.10	Internet & Telephone
11278	08/12/2015	Comcast	520.01	Internet & Telephone
11279	08/12/2015	Healthcare Realty	6,139.11	Property Management
11280	08/12/2015	Moss Adams - Audit	0.00	VOID
11281	08/12/2015	Aukema & Associates	117.50	July 2015 website
11282	08/12/2015	Fast Signs	272.45	Printing of 8 panels for tabletop display
11283	08/12/2015	Lowe Graham Jones PLLC	75.00	Legal July 2016 trademark watch
11284	08/12/2015	Falkin Associates, Inc.	62.00	Legal Publication for VCWC
11285	08/12/2015	Jason Becker Creative	240.00	Marketing table top display
11286	08/12/2015	City of Lynnwood	855.38	July 2015 Front Desk Staffing 53.5 hours
11287	08/12/2015	Moss Adams - Audit	9,559.75	2014 Audit
11288	08/14/2015	Puget Sound Gastro	2,532.72	Refund for over payment of rent 11/2014 & 12/2014
11289	08/19/2015	Facilitec	29,411.59	Office Furniture
11296	08/19/2015	AmeriFlex Business Solutions	17.25	August 2015 FSA Administration
11297	08/19/2015	Dataworks	1,022.44	IT Support
11298	08/19/2015	Enduris	31,560.00	Annual Insurance 9/1/15-8/31/16
11299	08/19/2015	Foster Pepper	1,132.50	Legal Feb 2015
11300	08/19/2015	Staples	151.81	Supplies
11301	08/19/2015	Straight Line Striping LLC	0.00	VOID
11290	08/26/2015	Facilitec	82.13	Office Furniture
11291	08/26/2015	Premiera Blue Cross	3,808.62	Sept 2015 Employee Medical & Dental Insurance
11292	08/26/2015	Principal Financial Group	982.60	Sept 2015 Employee Life Insurance
11293	08/26/2015	Straight Line Striping LLC	6,422.18	Seal coat of parking lot
11294	08/26/2015	Wells Fargo	2,625.22	Misc.
11295	08/26/2015	Wells Fargo	1,855.37	Misc.
11303	08/26/2015	Parsi Properties LLC	3,000.00	Aug & Sept 2015 Parking lot rent
11304	08/26/2015	Feet First	4,589.22	WC 118 - Neighborhood Walking Ambassador Summer Walk Series
11305	08/27/2015	SCCFOA	18.00	LK attend luncheon
		Total Warrants	<u>117,634.28</u>	
Kruger Clinic Activity:				
349-364	Aug 2015	Various Claimants/Vendors	<u>19,381.85</u>	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305242-246	Aug 2015	Various Claimants/Vendors	<u>21,256.68</u>	Administered by Eberle Vivian

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	8/7/2015	Payroll	18,319.41	ACH payroll transfer
	8/7/2015	Paychex	88.37	Fee for payroll processing
	8/7/2015	Department of Treasury	6,362.21	Payroll taxes for 8/1/15 pay period ending
	8/7/2015	Valic	2,748.97	Payroll 401(a)/457 Deposit
	8/21/2015	Payroll	17,273.02	ACH payroll transfer
	8/21/2015	Paychex	85.38	Fee for payroll processing
	8/21/2015	Department of Treasury	6,317.76	Payroll taxes for 8/15/15 pay period ending
	8/21/2015	Valic	2,711.78	Payroll 401(a)/457 Deposit
	8/10/2015	Wells Fargo	175.11	July 2015 Client Analysis Bank Fee
	8/11/2015	Wells Fargo	45.00	Merchant account
	8/15/2015	Mary Porter, RDN	480.00	Program Payment
	8/15/2015	Alzheimer's Association Western & Central	7,209.16	Program Payment
	8/15/2015	American Diabetes Association	4,166.67	Program Payment
	8/15/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	8/15/2015	CampFire	4,166.67	Program Payment
	8/15/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	8/15/2015	Center for Human Services	13,523.67	Program Payment
	8/15/2015	ChildStrive	23,113.25	Program Payment
	8/15/2015	City of Lynnwood	15,165.66	Program Payment
	8/15/2015	Community Health Center of Snohomish Co	27,083.33	Program Payment
	8/15/2015	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	8/15/2015	Edmonds Community College	4,974.50	Program Payment
	8/15/2015	Edmonds Community College Foundation	4,396.33	Program Payment
	8/15/2015	Edmonds School District No. 15	66,892.84	Program Payment
	8/15/2015	Edmonds Senior Center	9,166.67	Program Payment
	8/15/2015	Kinderling	7,500.00	Program Payment
	8/15/2015	Korean Women's Association	5,000.00	Program Payment
	8/15/2015	Lutheran Community Services NW	7,837.58	Program Payment
	8/15/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	8/15/2015	Program for Early Parent Support	2,987.50	Program Payment
	8/15/2015	Puget Sound Christian Clinic	9,166.67	Program Payment
	8/15/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	8/15/2015	Senior Services of Snohomish County	57,936.67	Program Payment
	8/15/2015	Smithwright Services	5,416.67	Program Payment
	8/15/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	8/15/2015	Snohomish County Music Project	2,416.67	Program Payment
	8/15/2015	Therapeutic Health Services	16,666.67	Program Payment
	8/15/2015	Volunteers of America Western WA	6,362.92	Program Payment
	8/15/2015	Wonderland Development Center	11,250.00	Program Payment
	8/15/2015	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	8/14/2015	Brain Injury Association of WA	12,500.00	Program Payment
	8/14/2015	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	8/15/2015	Seattle Visiting Nurse Association	3,600.00	Program Payment
	8/14/2015	Project Access Northwest	15,000.00	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	8/7/2015	AmeriFlex Business Solutions	25.77	FSA Payments
	8/11/2015	AmeriFlex Business Solutions	25.00	FSA Payments
	8/12/2015	AmeriFlex Business Solutions	43.00	FSA Payments
	8/10/2015	AmeriFlex Business Solutions	278.46	FSA Payments
	8/24/2015	AmeriFlex Business Solutions	278.46	FSA Payments
	8/28/2015	AmeriFlex Business Solutions	222.00	FSA Payments
	8/28/2015	AmeriFlex Business Solutions	172.00	FSA Payments
	8/26/2015	WA Department of Revenue	747.60	B&O tax
		Total Wires/ACH Transactions	443,457.06	
		Total Disbursements	\$ 601,729.87	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	8/1/2015	Swedish/Edmonds	734,176.21	Monthly lease
	8/3/2015	Value Village	24,428.45	Monthly lease
	8/3/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
	8/3/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
	8/3/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
	8/6/2015	Puget Sound Gastro	26,843.75	Kruger Clinic monthly lease
	8/10/2015	Snohomish County	6,446.02	Levy
	8/26/2015	Puget Sound Gastro	375.00	Kruger Clinic monthly lease
	8/27/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground Lease
		Total Deposits	\$ 819,278.05	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11269 through 11305 have been issued for payment in the amount of \$117,634.28. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	8-1-15 – 8-31-15		\$117,634.28
Work Comp Claims Pd:	8-1-15 – 8-31-15		21,258.68
Kruger Clinic Processed:	8-1-15 – 8-31-15		19,381.85
Payroll:	7-19-15 – 8-01-15	18,319.41	
	8-02-15 – 8-15-15	<u>17,273.02</u>	
			35,592.43
Electronic Payments:	Payroll Taxes	12,679.97	
	Paychex	173.75	
	Valic Retirement	5,460.75	
	AmeriFlex FSA	1044.69	
	Bank Fees	220.11	
	WA State Dept Revenue	747.60	
	Program Expenditures	<u>387,537.76</u>	
			<u>407,864.63</u>
	Grand Total		<u>\$601,729.87</u>

September 2015 Program Summary

Six application requests up for discussion:

- Five New Requests
- One renewal request

New Program Requests

1. **KIMSeattle – Kids in Medicine & Science:** a funding request of \$25,000 per year to teach students anatomy and physiology through a "Kids in Medicine & Science: Heart Module." The goal of the program would be to reach 250 students in the Edmonds School District with the 3 hour module, with Verdant funds used to pay for staff, purchase equipment and supplies. **The program committee is not recommending the program for funding because its focus appears to be teaching science concepts rather than generating health improvements for students.**
2. **Volunteers of America Western Washington– Adult Day and Caregiver Support Program:** a multi-year request (total of \$521,275) to create a new Adult Day program in South Snohomish County. The program would serve caregivers and care receivers with a focus on providing respite care and corresponding caregiver support programs. The program would target private-pay clients who do not qualify for Medicaid support and those who are appropriate for community-based, rather than institutional care. The program would be offered in rented space at a church in unincorporated Edmonds.

The program committee is not recommending the program for funding because of two concerns:

- 1.) The high per-person cost, which would be \$1,500-\$3,000 per-person as the program scaled up. Committee members wondered if there could be more efficient use of resources if existing assisted living facilities could be utilized.
- 2.) The committee felt like Verdant needed to have a better understanding of the means testing philosophy for this type of program. Some more affluent residents could afford the service, and committee members felt that the subsidy model that VOA proposed needed more discussion.

The committee asked Verdant staff to investigate whether there are respite voucher or other models that address these two concerns.

3. **Providence Hospice and Home Care Foundation – Hospice Care Center:** a one-time request of \$100,000 for a new hospice center in Everett. The center will provide a venue for patients to receive care in a home-like setting, but when home conditions, pain, or symptoms do not allow the patient to stay at home. The center will also provide respite care for patients using in-home hospice.

The program committee is not recommending funding the program because funds are directly tied to a facility that is outside of our boundaries.

4. **Edmonds School District – Food and Nutrition Services Program:** a \$20,862 request focused on food and nutrition services in the Edmonds Schools. The district is requesting funds to develop web-based nutrition services for parents and community members, develop social media promoting school meals, and to build a branding identity.

The program committee is not recommending funding for the program at this time, but would consider a reworked proposal if there were additional funding commitments (including school district funds) on the project, and if there could be more specific success measures tied to student health.

5. **Edmonds Center for the Arts – Dementia Inclusive Series:** a \$10,000 per year request for a new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre, and film. The series includes film events, songwriting, and improv classes. **The program committee is recommending partially funding the request at \$5,000 on a one-time basis.**

Renewal Requests

1. **Seattle VNA – Community Flu Vaccine Program:** a request to support a series of vaccination clinics this fall offering no-cost seasonal flu and Tdap immunizations. Clinics would be hosted at venues like Edmonds Community College, schools, food banks, churches, etc. In 2013 the program provided 2,600 vaccines, and in 2014 the grant funded 1,400 vaccines. The decrease was expected given the implementation of the Affordable Care Act, and Verdant only pays for patients who indicate that they are uninsured, at a rate of \$25 per flu vaccine.

The committee is recommending funding the request using the same per-vaccine payment model as previous seasons.

Verdant Health Commission Proposal Summary September 2015

	A	B	C	D	E	F	G	H	I
New Funding Requests			Request for funding			Priority Area			
#	Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
1	KIMSeattle - Kids in Medicine & Science	A funding request to teach students anatomy and physiology through a "Kids in Medicine & Science: Heart Module." The goal of the program would be to reach 250 students in the Edmonds School District with the 3 hour module, with Verdant funds used to pay for staff, purchase equipment and supplies.	\$25,000	\$25,000	\$25,000	X	X		
2	Volunteers of America Western Washington - Adult Day and Caregiver Support Program	A multi-year request to create a new Adult Day program in South Snohomish County. The program would serve both caregivers and care receivers with a focus on providing respite care and corresponding caregiver support programs. The program would target private-pay clients who do not qualify for Medicaid support and those who are appropriate for community-based, rather than institutional care. The program would be offered in rented space at a church in unincorporated Edmonds.	\$233,133	\$155,140	\$133,003	X	X	X	
3	Providence Hospice & Home Care Foundation - Hospice Care Center	A one-time request for a new hospice center in Everett. The center will provide a venue for patients to receive care in a home-like setting, but when home conditions, pain, or symptoms do not allow the patient to stay at home. The center will also provide respite care for patients using in-home hospice.	\$100,000					X	
4	Edmonds School District - Food and Nutrition Services Program	A follow-up request around food and nutrition in the Edmonds Schools. The district is requesting funds to develop web-based nutrition services for parents and community members, develop social media promoting school meals, and to build a branding identity.	\$20,862			X	X		
5	Edmonds Center for the Arts Dementia Inclusive Series	A new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre, and film. The series includes film events, songwriting, and improv classes.	\$10,000	\$10,000		X	X		
Renewal Requests									

Verdant Health Commission Proposal Summary September 2015

#	Name	Description				Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
			Year 1	Year 2	Year 3				
6	Seattle Visiting Nurses - Flu Vaccine Program	A renewal request to support a series of vaccination clinics this fall offering no-cost seasonal influenza (and where requested Tdap) immunizations. Clinics are hosted at the community college and venues like schools, food banks, churches, etc. In 2013 the program provided 2,600 vaccines, in 2014 it was 1,400 vaccines. Verdant only pays for patients who indicate that they are uninsured.	Tbd based on number of vaccines (\$25 ea. x 1400 = \$35,000)				X	X	

Updated September 2015

Verdant Program Financial Forecasting

1 Scenario 1: 100% renewal

2	2015	2016
3 Existing multi-year commitments	\$4,809,453	\$3,817,331
5 New Grants (plug)	\$205,919	\$946,692
6 Expected Renewals (100%)	\$100,178	\$1,223,331
7 One-time events	\$75,000	\$60,000
8 Building Healthy Communities Fund	\$1,331,000	\$1,349,000
9 Community Programs Internal	\$290,000	\$253,646
10 Superintendent Discretionary	\$288,450	\$50,000
11 Total	\$7,100,000	\$7,700,000

Note: includes \$50k/year for swim lessons, and \$150k start up for PSCC Lynnwood Dental clinic, w/ongoing payments beginning in Dec.

Best estimate looking at programs expected to reapply for funding

Preliminary estimate: 2016 budget not complete

Assumes no new projects spending in 2016

Preliminary estimate: 2016 budget not complete

Preliminary estimate: 2016 budget not complete

12 Scenario B: 80% renewal

14	2015	2016
15 Existing multi-year commitments	\$4,809,453	\$3,817,331
16 New Grants (plug)	\$233,400	\$1,191,358
17 Expected Renewals (80%)	\$80,142	\$978,665
18 One-time events	\$75,000	\$60,000
19 Building Healthy Communities Fund	\$1,331,000	\$1,349,000
20 Community Programs Internal	\$290,000	\$253,646
21 Superintendent Discretionary	\$288,450	\$50,000
22 Total	\$7,107,445	\$7,700,000

\$0

Best estimate looking at programs expected to reapply for funding x 80%

Preliminary estimate: 2016 budget not complete

Assumes no new projects spending in 2016

Preliminary estimate: 2016 budget not complete

Preliminary estimate: 2016 budget not complete

23 Uncommitted funds	2015
24 Superintendent Discretionary	\$79,958
25 One-time events	\$29,500
26 Internal Programs	\$125,000

Program Level Detail on Possible Renewals

27 Programs up for Renewal in 2015

28	Organization Name	Program Name	2015 \$ at current funding level
29	Providence Hospice & Home Care	Hospice Outreach and Education	\$64,583
30	YWCA	Mental Health Counseling Program	\$4,167
31	Washington CAN	Insurance Outreach	\$31,428
32			\$100,178

33 Programs up for Renewal in 2016

34	Organization Name	Program Name	2016 \$ at current funding level
35	American Red Cross	CPR Training	\$2,500
36	Puget Sound Kidney Center	Chronic Kidney Disease Prevention	\$4,167
37	PSCC	Mental Health Counseling Program	\$5,000
38	Smithwright	Prevention Program	\$10,833
39	Seattle Visiting Nurses	Flu Shots	\$15,000
40	YWCA	Mental Health Counseling	\$20,833
41	Kinderling	Early Intervention	\$22,500
42	Prescription Drug Assistance Foundation	Prescription Drug Assistance Program	\$29,167
43	EdCC	Student Health & Wellness Program	\$29,847
44	Cascade Bicycling Club	Advanced Basics	\$32,000
45	Wonderland Development Center	Wonderland Development Center	\$45,000
46	Medical Teams International	Mobile Dental Program	\$48,000
47	American Diabetes Association	Stop Diabetes	\$50,000
48	Campfire	Campfire	\$50,000
49	Boys & Girls Club	Healthy Habits	\$51,333
50	City of Lynnwood	Mobile Integrated Care	\$63,151
51	CHC of Snohomish County	Dental Program	\$77,215
52	PSCC	PSCC Mobile Medical Clinic	\$90,000
53	Snohomish County FD1	Community Paramedic	\$144,426
54	Providence Hospice & Home Care	Hospice Outreach and Education	\$155,000
55	ChildStrive	Nurse Family Partnership	\$277,359
56			\$1,223,331

Verdant Community Wellness Center Summary

September 2015

Completed Programs

General Community and Provider Events	Attendance
<ul style="list-style-type: none"> Lynnwood Healthy Communities Planning Meetings (8/25,26, 27) Evergreen Home Health Leadership Training (8/31) SHIBA Update with the Centers for Medicare and Medicaid (9/1) Edmonds School District Deaf, Hard of Hearing Staff Trainings (9/1) Snohomish County Health Leadership Volunteer Training (9/2) WABS Natural Parent Leaders Advisory Meeting (9/4) Edmonds School District Deaf, Hard of Hearing Interpreter Training (9/4) Mothers of Children with Disabilities Monthly Support Network (9/5) MTI Specialty Dental Clinic doing Root Canals (9/14) Lynnwood Healthy Communities Planning Meetings (9/15,16,17) Evergreen Home Health - Home Visiting Clinical Team Meeting (9/15,16) Alzheimer's Association Care Coordinator Weekly Hours (ongoing) WA Prescription Assistance Foundation Weekly Hours (ongoing) 	50+ 20 60 18 12 20 16 9 8 30+ 55 varies varies
Nutrition and Healthy Behaviors	Attendance
<ul style="list-style-type: none"> AHA Packing Healthy Lunches Parent & Child Program (8/29) Getting to Goal Weight Reduction Class (9/ 2) Chronic Kidney Disease Prevention Workshops (9/16-11/4)* Multicultural Everyday Fall Prevention and Yoga (9/12) (Vietnamese)* Multicultural Everyday Fall Prevention and Yoga (9/17) (Korean)* Cooking with Fresh, Local Produce Summer Series (9/14)* Living to 100 (9/17)* Stop Diabetes Initiative Workshop (9/19) 9 Summer Walks scheduled in September Lifestyle Change Check-Ins (drop- in 1st and 3rd Tuesdays of each month)* Getting to Goal Program (Weight Management Consultations)* 	36 26 20 30 75 11 10 35 varies 6-12 15 clients
Behavioral Health & Substance Use	Attendance
<ul style="list-style-type: none"> Managing Difficult Emotions (7/ 23-9/10)* Snohomish County Hoarding Task Force Meeting (September 8) National Alliance on Mental Illness "Connections" Support Group (9/10) YWCA Pathways to Work -including mental health support (9/17- 10/15) Adult Children of Alcoholics Weekly Support Group Snohomish County Music Therapy (weekly sessions)* 	8 12 6 3 7-10 1-3
Other Programs	Attendance
<ul style="list-style-type: none"> Play and Learn Group, Wonderland Development Center (2X / month)* 	Varies

* = Grant/Program Funded Partner

Verdant Community Wellness Center Summary September 2015

Upcoming Programs

General Community and Provider Events

- Resource Connectors Meeting (September 22)
- Little Wonders: Support for Parents with a Special Needs Infant (September 28 - December 14)*
- Fire Service Opportunities Stakeholders Meetings (September 23 and September 29)
- American Heart Association Ambassador Training (September 23)
- Edmonds Chamber Luncheon (September 24)
- Second Time Around PEPS Support Group (September 24 – December 17)*
- Spanish Language Health and Safety in the Workplace (September 29)
- Developing Baby's Motor Skills and Grow the Brain with PacMed (September 30, October 19)*
- Mothers of Children with Disabilities Monthly Support Network (October 3)
- Spanish Language Promotora Health Training (October 3)
- MTI Specialty Dental Clinic doing Root Canals (October 3)*
- Greater Everett Community Foundation Training (October 9)
- Basic Food Educational Forum (October 30)

Nutrition and Healthy Behaviors

- Counting Calories and Cash + Virtual Grocery Store Tour with PacMed (September 28)*
- Korean Women's Association: Korean and Vietnamese language prevention workshops. Next event – Everyday Medicare Benefits in Korean (October 1)
- Exotic Flavors Cooking Series (September-Middle Eastern; October-Singapore)
- Spanish Language Simple Cooking with Heart (September 26)*
- Mediterranean Diet: 2 part series (October 14 & 21)*
- Stop Diabetes Initiative - Continued Workshops*
- Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing - Getting to Goal: Individual Weight Management Consulting with a Dietitian*

Behavioral Health & Substance Use Focus

- Dept. of Behavioral Health & Recovery - Prevention and Wellness Initiative (September 25)
- For the Kids Sake - Seminars for Parents Going Through Divorce (September 30)
- Survivors of Suicide Support Group (October 1 – November 17)
- Spanish Language Managing Stress with Yoga (October 2- November 6)*
- YWCA Managing Difficult Emotions 2nd Series (October 6 – November 24)*
- YWCA Reflective Parenting Series (October 6 – November 24)*
- Journey of Grief Support Group (October 7 – November 18)
- National Alliance on Mental Illness "Connections" Support Group (October 8)
- Mental Illness and the Justice System Regional Legal Conference (October 8)
- Snohomish County Caregiver Support Film Series (October 8)
- YWCA Positive Discipline for Teens Workshops (October 10, 24, November 7)*
- Snohomish County Wrap Around Services Training (October 13)
- Snohomish County Caregiver Support Group (October 15)
- Advanced Care Planning Facilitator Training (October 17)*
- Medical Reserve Corp Psychological First Aid (October 24)

*** = Grant/Program Funded Partner**

September 2015 Marketing Report

The Canopy

- Winter 2015-16 edition is in development currently, with delivery expected in mid-October
- Content will highlight:
 - Verdant's support of behavioral health programs, with a focus on youth
 - Bike2Health
 - Verdant Community Wellness Center classes and programs
 - About the Verdant Health Commission
 - Additional program photos and features

Upcoming Events

- Lynndale & Lynnwood elementary schools' Active Living Fair on Saturday, Sept. 26 from 8:30 a.m. to noon at Lynnwood Elementary