

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
October 28, 2015
8:00 AM to 9:30 AM

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) September 23, 2015 Board Meeting	Action	8:01	1-4
b) September 29, 2015 Special Board Meeting	Action	8:02	5-6
C. Executive Committee Report	Information	8:03	---
D. Board Finance Committee Report			
a) Review financial statement and cash activity	Action	8:05	7-10
b) Authorization for payment of vouchers and payroll	Action	8:09	11
c) Public hearing on 2016 budget & revenue	Hearing	8:10	---
d) Resolution 2015:06 adopting 2016 Property Tax Levy	Action	8:20	12-14
e) Resolution 2015:07 adopting the 2016 Budget	Action	8:25	15-18
E. Program Oversight Committee Report & Recommendations			
a) Conflicts of interest	Action	8:35	---
b) Program investment recommendations	Action	8:37	19-23
c) Verdant Community Wellness Center activities update	Information	8:47	24-25
F. Marketing Report			
a) The Canopy newsletter	Information	8:50	---
b) February 29, 2016 conference	Information	8:52	26
G. Commissioner Comments	Information	8:55	---
H. Superintendent's Report	Information	9:00	---
I. Public Comments (please limit to three minutes per speaker)	---	9:05	---
J. Executive Session			
a) Discuss potential litigation	---	9:10	---
K. Open Session	---	9:30	---
L. Adjournment	---	9:30	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
September 23, 2015

Commissioners Present	Fred Langer, President Deana Knutsen, Secretary J. Bruce Williams, M.D., Commissioner Bob Knowles, Commissioner Karianna Wilson, Commissioner (8:17 a.m. arrival)
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent/Program Director Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Scott Falkin, Falkin & Associates Project Manager Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:05 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on August 26, 2015.
Executive Committee	President Langer reported that the Executive Committee met on September 18, 2015 to review and approve the September 23, 2015 board meeting agenda and to discuss the upcoming board retreat plan.
Board Finance Committee	The committee met on September 17, 2015. Ms. King reviewed the financial statements and cash activity for August 2015 (E:59:15).
Authorization for Payment of	Ms. King called out the warrant in the amount of \$29,411.59 to Facilitec for office furniture and the warrant in the amount of \$31,560.00 to Enduris for the

**Vouchers &
Payroll**

annual property insurance on all PHD2-owned properties.
Warrant Numbers 11269 through 11305 for August 2015 for payment in the amount of \$117,624.28 were presented for approval (E:60:15). ***Motion was made, seconded and passed unanimously to approve.***

**Program
Oversight
Committee
Update**

The Program Oversight Committee met on September 21, 2015 and reviewed a total of six application requests (E:61:15): five new requests and one renewal request.
No conflicts of interest were reported by any of the commissioners.

New Funding Applications:

The committee is not recommending the following programs for funding at this time:

1. KIM Seattle – Kids in Medicine & Science because its focus appears to be teaching science concepts rather than generating health improvement for students.
2. Volunteers of America Western Washington – Adult Day & Caregiver Support Program due to the high per-person cost of \$1,500 to \$3,000 per person as the program scales up and also because Verdant needs to have a better understanding of the means testing philosophy for this type of program.
President Langer thought it was worth discussing the balance of senior programs in the community. Commissioner Knutsen would like to support caregivers in the community and look at appropriate settings for this. Commissioner Williams would like the board to discuss the means testing concept at the upcoming board retreat.
3. Providence Hospice & Home Care Foundation – Hospice Care Center in Everett as the funding of the program is tied directly to a facility that is outside of the hospital district.
4. Edmonds School District – Food & Nutrition Services Program request for funds to develop web-based nutrition services for parents & community members, develop social media promoting school meals, and to build a branding

identity. The committee may consider a reworked proposal if there are additional funding commitments including the school district on the project and if there could be more specific success measures tied to student health.

5. Edmonds Center for the Arts – Dementia Inclusive Series.

Motion was made, seconded and passed unanimously to approve \$5,000 on a one-time basis for a new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre and film.

Renewal Requests:

1. Seattle Visiting Nurses Association – Community Flu Vaccine Program:

Motion was made, seconded and passed unanimously to approve funding the request using the same per-vaccine payment model (\$25 per flu vaccine) as previous seasons 2013 and 2014.

**Verdant
Community
Wellness
Center
Activities
Marketing
Report**

Ms. Waldin presented the summary of programs held at the VCWC in September 2015 as well as a list of upcoming programs (Exhibit 62:15).

Ms. Piplic presented the report for September 2015 (E:63:15) highlighting that the Winter edition of The Canopy will be delivered to homes in mid-October 2015 and the upcoming Active Living Fair on September 26, 2015 at Lynnwood Elementary School.

**Superintendent's
Report**

Superintendent Zapora reported on the following items:

1. A feasibility study will be conducted by Pinnacle Sports including a site visit in early October 2015 on the indoor recreation project.
2. An all-day health and wellness conference will be held on either February 22 or February 29, 2016 at the Lynnwood Convention Center.
3. The board of commissioners will hold a special meeting on Tuesday, September 29, 2015 at 5:30

p.m. to discuss the budget for 2016. The public is invited to attend.

4. The board is holding their annual board retreat at the Tulalip Resort on December 4 to 5, 2015.

**Public
Comments**

1. Ms. Rowena Miller of the League of Women Voters said that the League has a position on fair taxes and asked the commissioners to please consider no property tax increase in 2016 and aim for no tax at all in 2020.
2. Mr. Alvin Rutledge commented on the need for a follow-up agreement between the Edmonds School District and the City of Edmonds on the Woodway Fields project.

**Commissioner
Comments**

President Langer commented that the Woodway fields will be beautiful fields and a great place for the community kids and adults to play.

**Executive
Session**

President Langer recessed the regular meeting at 8:38 a.m. into Executive Session to consider the legal risks of a proposed action of the hospital district. President Langer stated that the board would reconvene in 20 to 30 minutes and no action would be taken in Executive Session.

Open Session

The board reconvened into Open Session at 9:08 a.m.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:08 a.m.

ATTEST BY:

President

Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

**SPECIAL MEETING
September 29, 2015
5:30 p.m.**

Verdant Community Wellness Center Cedar Room

Commissioners Present	Fred Langer, President J. Bruce Williams, MD, Commissioner Deana Knutsen, Secretary Bob Knowles, Commissioner Karianna Wilson, Commissioner
Staff	Carl Zapora George Kosovich Jennifer Piplic Lisa King Sue Waldin Karen Goto
Guests	Tanya Anderson, Consultant Andrew Ballard, Facilitator Members of the community
Call to Order	The Special Meeting of the Board of Commissioners was called to order by President Langer at 5:45 p.m.
2016 Budget Discussion	Ms. King and Mr. Kosovich presented the draft 2016 budget (E:64:15). Discussion occurred and questions were asked by the commissioners and answered by staff. Commissioners requested that staff provide benchmarks and data from other agencies on ratios of overhead to program spending. Further discussion is needed regarding the appropriate amount of money to keep in reserves.
Strategic Planning Process	Mr. Ballard facilitated an overview of the strategic planning process and the culmination of this process at the December board retreat. Feedback from the commissioners was that they want to have a broader discussion than focusing only on dental and behavioral health.
Operational Review & Wrap-up	Superintendent Zapora provided a recap and progress report to the board.
Update on board retreat	A reminder that the annual board retreat will be held December 4 and 5, 2015 at the Tulalip Resort Hotel.

Adjourn

There being no further business to discuss, the meeting was adjourned at 8:15 p.m.

Attest By:

President

Secretary

Balance Sheet

As of September 30, 2015

	A	B	C	D
	Dec 31, 2014	Sept 30, 2015	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,840,919	594,231	(2,246,688)	
4 Other Current Assets	32,617,628	36,564,719	3,947,090	Includes Investments
5 Total Current Assets	35,458,547	37,158,949	1,700,402	
6 Total Long-term & Fixed Assets	47,374,208	45,727,939	(1,646,269)	Depreciation
7 TOTAL ASSETS	82,832,755	82,886,888	54,133	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,480,364	1,334,328	(1,146,036)	
11 Long-term Liabilities	4,857,008	4,810,486	(46,522)	2012 LTGO Bonds
12 Total Liabilities	7,337,372	6,144,814	(1,192,558)	
13 Total Equity	75,495,383	76,742,074	1,246,691	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	82,832,755	82,886,888	54,133	

Profit & Loss

Sept 2015

	A	B	C	D	E	F
	Sept Actual	Sept Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	834,605	827,178	7,427	7,370,187	7,275,884	94,303
3 EXPENSES						
4 Operating Expenses	140,144	194,139	53,995	1,348,115	1,568,898	220,783
5 Depreciation Expense	214,599	213,308	(1,291)	2,040,012	2,034,527	(5,485)
6 Program Expenses	610,203	474,917	(135,286)	4,557,986	4,929,248	371,262
7 Total Expenses	964,946	882,365	(82,582)	7,946,113	8,532,673	586,560
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	247,856	212,096	35,760	1,822,634	1,908,864	(86,230)
10 NET INCOME	117,514	156,909	(39,395)	1,246,708	652,075	594,633

Monthly Highlights

Sept 2015

A transfer of \$1,000,000 was made from our checking account into our investment account on September 1, 2015. Verdant received dividends payments of \$40,504 and an unrealized gain of \$62,753 on our investment portfolio in September and closed with an ending market value of \$34,693,787.

Annual program commitments total \$6,461,888 and \$5,127,164 for 2015 and 2016, respectively. \$638,112 remains available to spend in 2015, of which \$79,958 is earmarked as Superintendent Discretionary.

Additional income of \$110,128 and expenses of \$28,835 from the Kruger Clinic were incurred, netting to an additional operating income of \$81,293 in September.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11306	09/03/2015	Beth Rodriguez, LLC	259.61	August 2015 Marketing consulting
11307	09/03/2015	Dataworks	70.00	IT Support
11308	09/03/2015	Puget Sound Energy	51.78	Natural Gas
11309	09/03/2015	Refugee & Immigrant Services NW	35.00	Translation Services
11310	09/03/2015	Sound Dietitians	508.92	VCWC Program Instructor
11311	09/03/2015	Sound Publishing, Inc.	42.00	Legal Notice
11312	09/03/2015	Thomas & Associates	11,951.50	Consulting
11313	09/03/2015	Waste Management	216.43	Garbage
11314	09/03/2015	Total Health	200.00	VCWC Program Instructor
11315	09/09/2015	Ash Consulting	1,183.00	Accounting Consulting
11316	09/09/2015	Comcast	266.10	Internet and Telephone
11317	09/09/2015	Eberle Vivian	3,889.88	4Q15 Workers Comp Administration
11318	09/09/2015	Fine Solutions	97.50	CRM troubleshooting
11319	09/09/2015	Guardian Security Systems	240.00	4Q15 Elevator phone monitoring
11320	09/09/2015	Armstrong Services	1,468.83	Janitorial
11321	09/09/2015	City of Lynnwood - Utilities	717.36	Water
11322	09/09/2015	Comcast	520.01	Internet and Telephone
11323	09/09/2015	United Way of Snohomish County	150.00	Staff attend Spirit Breakfast
11324	09/09/2015	American Heart Association	350.00	VCWC Program Instructor
11325	09/16/2015	Healthcare Realty	6,551.55	Property Management
11326	09/16/2015	Feet First	1,764.82	VCWC Program Instructor
11327	09/16/2015	Pinnacle Indoor Sports	5,000.00	Consulting - Indoor Soccer Feasibility Study
11328	09/16/2015	AmeriFlex Business Solutions	17.25	FSA Administration
11329	09/16/2015	Dataworks	140.00	IT Support
11330	09/23/2015	Healthcare Realty Services, Inc.	0.00	Void
11331	09/23/2015	Premiera Blue Cross	3,808.62	Oct 2015 Employee Medical Insurance
11332	09/23/2015	Principal Financial Group	982.60	Oct 2015 Employee Life Insurance
11333	09/23/2015	Staples	205.23	Supplies
11334	09/23/2015	Wells Fargo	2,484.49	Misc.
11335	09/23/2015	Aukema & Associates	117.50	Website Support
11336	09/23/2015	The StayWell Company, LLC	3,000.00	Website Content
11337	09/28/2015	Healthcare Realty Services, Inc.	33,416.10	Fee for oversight of construction at KC for Flood Repairs
11338	09/30/2015	Consolidated Landscape Maintenance, Inc.	873.82	2 months landscaping
11339	09/30/2015	Dataworks	684.95	IT Support
11340	09/30/2015	Lile International Companies	290.00	Storage
11341	09/30/2015	Puget Sound Energy	54.17	Natural Gas
11342	09/30/2015	Quality Reimbursement Services	36,737.00	2008 Medicare (23% contingency)
11343	09/30/2015	Snohomish County PUD	1,699.05	Electricity
11344	09/30/2015	Ankrom Moisan	996.14	Furniture Design Consulting
11345	09/30/2015	Sound Publishing, Inc.	42.00	Legal Notice
11346	09/30/2015	Parsi Properties LLC	1,500.00	October 2015 Parking Lot lease
Total Warrants			<u>122,583.21</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	9/4/2015	Payroll	17,779.36	ACH payroll transfer
	9/4/2015	Paychex	90.62	Fee for payroll processing
	9/4/2015	Department of Treasury	6,455.23	Payroll taxes for 8/29/15 pay period ending
	9/4/2015	Valic	2,745.25	Payroll 401(a)/457 Deposit
	9/18/2015	Payroll	17,843.21	ACH payroll transfer
	9/18/2015	Paychex	85.38	Fee for payroll processing
	9/18/2015	Department of Treasury	6,358.01	Payroll taxes for 9/12/15 pay period ending
	9/18/2015	Valic	2,711.78	Payroll 401(a)/457 Deposit
	9/10/2015	Wells Fargo	126.43	August 2015 Client Analysis Bank Fee / Merchant Account
	9/15/2015	Mary Porter, RDN	480.00	Program Payment
	9/15/2015	Alzheimer's Association Western & Central	7,209.16	Program Payment
	9/15/2015	American Diabetes Association	4,166.67	Program Payment
	9/15/2015	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	9/15/2015	CampFire	4,166.67	Program Payment
	9/15/2015	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	9/15/2015	Center for Human Services	13,523.67	Program Payment
	9/15/2015	ChildStrive	23,113.25	Program Payment
	9/15/2015	City of Lynnwood	26,365.66	Program Payment
	9/15/2015	City of Mountlake Terrace	6,940.37	Program Payment
	9/15/2015	Community Health Center of Snohomish Co	27,083.33	Program Payment
	9/15/2015	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	9/15/2015	Edmonds Community College	4,974.50	Program Payment
	9/15/2015	Edmonds Community College Foundation	4,396.33	Program Payment
	9/15/2015	Edmonds School District No. 15	68,533.25	Program Payment
	9/15/2015	Edmonds Senior Center	9,166.67	Program Payment
	9/15/2015	Evergreen Recovery Centers	200,000.00	Program Payment
	9/15/2015	Kinderling	7,500.00	Program Payment
	9/15/2015	Korean Women's Association	5,000.00	Program Payment
	9/15/2015	Lutheran Community Services NW	7,837.58	Program Payment
	9/15/2015	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	9/15/2015	Program for Early Parent Support	2,987.50	Program Payment
	9/15/2015	Project Access Northwest	7,500.00	Program Payment
	9/15/2015	Puget Sound Christian Clinic	9,583.33	Program Payment
	9/15/2015	Puget Sound Kidney Centers Foundation	5,833.33	Program Payment
	9/15/2015	Senior Services of Snohomish County	57,936.67	Program Payment
	9/15/2015	Smithwright Services	5,416.67	Program Payment
	9/15/2015	Snohomish County Fire District 1	12,035.50	Program Payment
	9/15/2015	Snohomish County Music Project	2,416.67	Program Payment
	9/15/2015	Therapeutic Health Services	16,666.67	Program Payment
	9/15/2015	Within Reach	20,000.00	Program Payment
	9/15/2015	Wonderland Development Center	11,250.00	Program Payment
	9/15/2015	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment
	9/15/2015	Volunteers of America Western WA	6,362.92	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	9/7/2015	AmeriFlex Business Solutions	278.46	FSA Payments
	9/10/2015	AmeriFlex Business Solutions	510.00	FSA Payments
	9/16/2015	AmeriFlex Business Solutions	30.00	FSA Payments
	9/20/2015	AmeriFlex Business Solutions	260.96	FSA Payments
	9/30/2015	AmeriFlex Business Solutions	300.00	FSA Payments
	8/26/2015	WA Department of Revenue	818.39	B&O tax
		Total Wires/ACH Transactions	<u>660,528.28</u>	
Kruger Clinic Activity:				
365-382	Sept 2015	Various Claimants/Vendors	<u>15,869.77</u>	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305234-255	Sept 2015	Various Claimants/Vendors	<u>7,085.08</u>	Administered by Eberle Vivian
		Total Disbursements	<u><u>\$ 806,066.34</u></u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	9/1/2015	Swedish/Edmonds	754,107.82	Monthly lease
	9/1/2015	Value Village	24,428.45	Monthly lease
	9/1/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
	9/1/2015	John Headley MD PS	18,949.07	Kruger Clinic monthly lease
	9/2/2015	Puget Sound Gastro	26,843.75	Kruger Clinic monthly lease
	9/1/2015	Raymond Liu, D.D.S.	3,320.83	Kruger Clinic monthly lease
	9/10/2015	Snohomish County	10,880.98	Levy
	9/11/2015	Swedish Edmonds Children's Clinic	1,172.55	Kruger Clinic monthly lease increase as of 6/1/15
	9/11/2015	Swedish/Edmonds	1,921.15	Tenant Security Deposit
	9/15/2015	Tracy Enterprises	100.00	Deposit for VCWC Use
	9/27/2015	Healthcare Realty Services, Inc.	4,663.72	Monthly ground Lease
	9/29/2015	Puget Sound Gastro	120.53	Billback for Kruger Clinic
	9/29/2015	Swedish Edmonds Children's Clinic	1,056.00	Billback for Kruger Clinic
		Total Deposits	<u><u>\$ 847,639.85</u></u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11306 through 11346 have been issued for payment in the amount of \$122,583.21. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	9-1-15 – 9-30-15		\$122,583.21
Work Comp Claims Pd:	9-1-15 – 9-30-15		7,085.08
Kruger Clinic Processed:	9-1-15 – 9-30-15		15,869.77
Payroll:	8-16-15 – 8-29-15	17,779.36	
	8-30-15 – 9-12-15	<u>17,843.21</u>	
			35,622.57
Electronic Payments:	Payroll Taxes	12,813.24	
	Paychex	176.00	
	Valic Retirement	5,457.03	
	AmeriFlex FSA	1,379.42	
	Bank Fees	126.43	
	WA State Dept Revenue	818.39	
	Program Expenditures	<u>604,135.20</u>	
			<u>624,905.71</u>
	Grand Total		<u>\$806,066.34</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2015-06

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving the dollar amount and percentage increase in the District's regular property tax levy for calendar year 2016.

WHEREAS, RCW 84.55.120 requires a taxing district, other than the state, that collects regular levies to hold a public hearing on revenue sources for the district's following year's current expense budget; and

WHEREAS, RCW 84.55.120 further requires the hearing to include consideration of possible increases in property tax revenues and requires that the hearing be held prior to the time the taxing district levies the taxes or makes the request to have the taxes levied; and

WHEREAS, RCW 84.55.120 authorizes the taxing district to hold a public hearing in conjunction with its annual budget hearing required by RCW 70.44.060(6); and

WHEREAS, a hearing in compliance with RCW 84.55.120 and RCW 70.44.060(6) was held on October 28, 2015; and

WHEREAS, the Board of Commissioners of the District, after hearing and duly considering all relevant evidence and testimony presented, determined that the District requires an increase in property tax revenue from the previous year, in addition to that resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, in order to discharge the expected expenses and obligations of the District; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Board of Commissioners hereby determines that the District requires a regular levy in calendar year 2016 of \$2,220,000 which amount is exclusive of the additional tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, and amounts authorized by law as a result of any refunds made, in order to discharge the expected expenses and obligations of the District.

Section 2. The Board of Commissioners hereby approves an increase in the District's regular property tax levy for calendar year 2016 in the amount of **\$23,831.33**, which is a percentage increase of **1.1024%** from calendar year 2015. This increase shall be in addition to the increase in tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property.

Section 3. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2015, a copy of this Resolution showing its adoption; and to perform such other duties as are necessary or required by law to the end that the maximum levy capacity available to the District under chapter 84.55 RCW, as determined by the Washington State Supreme Court, is banked for use in future years.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 28th day of October, 2015, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2015-06 is a true and correct copy of the original resolution adopted on October 28, 2015, as that resolution appears on the Minute Book of the District.

DATED this 28th day of October, 2015.

Deana Knutsen
Secretary to the Board of Commissioners

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2015-07

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving and adopting the District's budget for calendar year 2016.

WHEREAS, RCW 70.44.060 requires the Superintendent of the District to prepare a proposed budget of the contemplated financial transactions of the District for the ensuing year and to file the budget in the records of the Commission on or before the first day in November; and

WHEREAS, RCW 70.44.060 further requires the District to publish public notice of the proposed budget and the date and place of a hearing on the budget, which is required to be held on or before the fifteenth day of November, for two consecutive weeks in a newspaper printed and of general circulation in Snohomish County; and

WHEREAS, in compliance with the requirements of RCW 70.44.060, the Superintendent has prepared, filed and provided notice of the District's proposed 2016 budget, which proposed budget is attached hereto as Exhibit A (the "2016 Budget"); and

WHEREAS, the Commission held a public hearing on the 2016 Budget on October 28, 2015, in compliance with the requirements of RCW 70.44.060 and RCW 84.55.120; and

WHEREAS, the Board of Commissioners of the District, in the course of considering the budget for calendar year 2016, reviewed all sources of revenues and examined all anticipated expenses and obligations; and

WHEREAS, the Board of commissioners of the District has met and considered its budget for the calendar year 2016; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Commission hereby adopts the 2016 Budget as the budget for the District for calendar year 2016.

Section 2. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2015, a copy of this Resolution showing its adoption.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, held this 28th day of October, 2015.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2015-07 is a true and correct copy of the original resolution adopted on October 28, 2015, as that resolution appears on the Minute Book of the District.

DATED this 28th day of October, 2015.

Deana Knutsen
Secretary to the Board of Commissioners

EXHIBIT A
Public Hospital District No 2
of Snohomish County, Washington

Operating Revenue	\$ 11,811,204
Operating Expenses (excluding depreciation)	10,150,887
Maintenance and Operations Levy	2,217,610
Other Non-operating Revenue	500,000
Depreciation Expense	<u>2,427,807</u>
Net Income	<u>\$1,950,120</u>
Capital Outlay	<u>\$355,000</u>

October 2015 Program Summary

Three application requests up for discussion:

- Two new requests
- One renewal request

New Program Requests

- **Snohomish Health District – Growing Healthy Together:** a reworked application from a proposal submitted in October 2014. The request is for \$173,096 per year for three years.

The program would support low-income parents with a focus on nutrition, peer support and other resources. Funds would be used for a team including a part-time dietician, program assistant, and manager, and to pay rent at a church adjacent to the Lynnwood Foodbank. The goal of the program would be to link participants to a medical home, increase social supports, increase positive parenting and consumption of healthier meals.

The program committee is recommending having the Snohomish Health District make a presentation to Verdant's board. There was interest in addressing the social determinants of health, but committee members wanted more information about the approach and had some questions about how effective the nutrition pieces of the program would be.

- **Creative Age Festival Edmonds (CAFE) – Edmonds Senior Center as Fiscal Sponsor:** a one-time request for \$9,000 to support a festival that will teach people to stay healthy and engaged in the community. The event will take place over two days in April in Edmonds. The event plans 30 workshops, including on arts, exercise, nutrition, visual arts, travel, technology, and volunteerism.

The program committee is not recommending funding the program at this time. The committee felt there were not enough measurable health outcomes from the event to justify a \$9,000 investment from Verdant, especially given that the registration cost would be \$50 per person. The committee was open to the Superintendent using some of his discretionary funds to support the event if he felt it was appropriate.

Renewal Requests

- **American Diabetes – Stop Diabetes Initiative:** a renewal request for an education and support program for individuals living with diabetes. The program includes two series of education workshops per year, health screenings, and a walking group. The program expects to reach 50 people per year who will complete education workshops, provide 35 with biometric screenings, and 160 with a diabetes risk assessment.

The committee would like the full board to weigh in on a funding decision. The program fits with Verdant's priorities and has provided some direct education and support, but the committee members had

questions about the program's effectiveness and cost per participant. The cost per participant is \$1,000 per person. The average A1C improved from 7.4% to 6.4% for participants screened from 2014 to 2015.

Program Budget: \$50,000 per year to support at 0.5 FTE staff member and other direct program costs.

Discussion about Program Presentations to the Board

The program committee had a discussion about how to ensure that the full board has the opportunity to be informed about Verdant's funded programs. The committee is recommending that every other month we schedule a different partner organization for a presentation and discussion.

The focus of the presentations would be to review their results and discuss their long-term sustainability plans. The committee brainstormed a list of possible programs, which would initially focus on organizations that have received larger grants from Verdant. We would start the presentations during our January regular board meeting.

Verdant Health Commission Proposal Summary October 2015

	A	B	C	D	E	F
New Funding Requests			Request for funding			Priorities
#	Name	Description	Year 1	Year 2	Year 3	
1	Snohomish Health District - Growing Healthy Together	<p>A revised application from a proposal submitted in October 2014.</p> <p>Funds would be used to support low-income parents with a focus on nutrition, peer support and other resources. Funds would be used to support a team including a part-time dietician, program assistant, and manager, and to pay rent at Silver Creek Community Church. The goal of the program would be to link participants to a medical home, increase social supports, increase positive parenting and consumption of healthier meals.</p>	\$173,096	\$173,096	\$173,096	Prevention, Education & Empowerment, Access to Healthcare
2	Creative Age Festival - Edmonds Senior Center as Fiscal Agent	<p>A one time request for a festival that teaches people ways to stay healthy and engaged in the community. The event will take place over two days in April in Edmonds. The event plans 30 workshops, including on arts, exercise, nutrition, visual arts, travel, technology, and volunteerism.</p>	\$9,000			Education & Empowerment
Renewal Request						
3	American Diabetes Association - Stop Diabetes Initiative	<p>A renewal request for an education and support program for individuals living with diabetes. The program includes two series of education workshops per year, health screenings, and a walking group. The program expects to reach 50 individuals per year to complete education workshops, provide 35 with biometric screenings, and 160 with a diabetes risk assessment.</p>	\$50,000	\$50,000	\$50,000	Prevention, Education & Empowerment

**Program Payout Schedule
as of September 2015**

A		B	C
		As of Sept 2015	Budget 2016
7100 . Grants			
Committed			
	Domestic Violence Services Teen Prevention	\$ 20,859	\$ 22,266
	Providence Hospice & Home Care Foundation	\$ 64,583	\$ -
	YWCA Children's Domestic Violence	\$ 18,749	\$ 25,000
	Medical Teams International Mobile Dental Program	\$ 50,000	\$ 66,000
	Perscription Drug Assistance Program	\$ 50,000	\$ 20,833
	YWCA Mental Health Counseling	\$ 20,833	\$ -
	EdCC Student Health & Wellness Program	\$ 95,790	\$ 29,847
	Center for Human Services Counseling	\$ 162,284	\$ 165,000
	Cascade Bicycling Club Advanced Basics	\$ 32,000	\$ -
	American Diabetes Association Stop Diabetes	\$ 50,000	\$ -
	Senior Services Center for Healthy Living	\$ 560,240	\$ 560,240
	Wonderland Development Center	\$ 135,000	\$ 90,000
	PSCC Mental Health Counseling Program	\$ 21,667	\$ 16,668
	Community Paramedic	\$ 144,426	\$ -
	Smithwright	\$ 48,750	
	Edmonds School District No. 15 Student Support Advocate	\$ 310,586	\$ 310,586
	PSCC Mobile Medical Clinic	\$ 90,000	\$ -
	ChildStrive Nurse Family Partnership	\$ 277,359	\$ -
	Edmonds Community College Veteran's Support	\$ 52,756	\$ 52,756
	City of Lynnwood Fire Departement Mobile Integrated Care	\$ 108,259	\$ 45,108
	CHC of Snohomish County Dental Program	\$ 139,715	\$ 62,500
	Edmonds School District Move 60!	\$ 498,690	\$ 518,637
	Within Reach Insurance Enrollments	\$ 20,000	\$ -
	Puget Sound Kidney Center	\$ 68,333	\$ 45,833
	Seattle Visiting Nurses Flu Shots Renewal	\$ 26,275	\$ 15,000
	Kindering Early Intervention	\$ 90,000	\$ 67,500
	Boys & Girls Club Healthy Habits Renewal	\$ 154,000	\$ 102,667
	American Red Cross CPR Training	\$ 10,000	\$ 7,500
	Edmonds Senior Center Enhanced Wellness	\$ 110,000	\$ 110,000
	Washington CAN! Insurance Enrollment	\$ 78,571	\$ -
	3rd Grade Swim Lessons Renewal	\$ 50,000	\$ 50,000
	Snohomish County Music Project	\$ 29,000	\$ 26,583
	Cornerstone Medical Services	\$ 60,000	\$ 60,000
	PEPS	\$ 35,850	\$ 35,850
	Campfire	\$ 50,000	\$ -
	Alzheimer's Association	\$ 86,510	\$ 86,510
	City of Lynnwood Move 60: Teens!	\$ 73,729	\$ 73,729
	CHC Behavioral Health Integration	\$ 275,000	\$ 300,000
	Therapeutic Health Services Youth Behavioral	\$ 100,000	\$ 200,000
	PSCC Dental Clinic	\$ 150,000	\$ 200,000
	Snohmish County Health Leadership Coalition	\$ 52,000	\$ 50,000
	LCSNW Health Access for Underserved	\$ 23,512	\$ 94,051
	Senior Services of Snohomish County Care Coordination	\$ 146,250	\$ 135,000
	Project Access Northwest	\$ 45,000	\$ 90,000
	Brain Injury Alliance Support Program	\$ 25,000	\$ 42,500
	Opiate Rescue Kits	\$ 5,000	
	Brookside Fall Prevention Program	\$ 29,780	\$ -
Total Committed		\$ 4,746,357	\$ 3,778,164

**Program Payout Schedule
as of September 2015**

	Not Committed (Available to Spend)	\$ 369,193	\$ -
Total Grants		\$ 5,115,550	\$ 3,778,164
7300 . Internal Programs			
	Committed		
	VOAWW 211 Community Resource Advocate	\$ 76,355	
	YWCA Lifeskill classes	\$ 21,534	
	Teen MJ Program	\$ 2,800	
	Getting to Goal Mary Porter	\$ 10,000	
	Couch to 8k	\$ 5,000	
	Chuck Underwood	\$ 4,000	
	Mary Johan Change for Life	\$ 450	
	Sound Dieticians healthy eating/cooking	\$ 5,000	
	NICHHC Spanish Diabetes	\$ 3,500	
	AHA Cooking	\$ 1,200	
	Focused Relaxation	\$ 300	
	E-cigarettes/vaping	\$ 100	
	Parent Trust Stress Management	\$ 300	
	Total Committed	\$ 130,539	\$ -
	Not Committed (Available to Spend)	\$ 159,461	\$ -
Total Internal Programs		\$ 290,000	
7200 . Discretionary			
	Committed		
	LSCNW Celebrating Our People Community Fair	\$ 1,000	
	Edmonds Health & Fitness Expo	\$ 2,000	
	Clothes for Kids Breakfast	\$ 500	
	Serve our Sisters Health Fair	\$ 2,688	
	Edmonds Senior Center Health Fair	\$ 1,000	
	Snoh Co Health Leadership Coalition	\$ 1,303	
	Evergreen Recovery Centers Detox Program	\$ 200,000	
	Total Committed	\$ 208,492	\$ -
	Not Committed (Available to Spend)	\$ 79,958	\$ -
Total Discretionary Programs		\$ 288,450	\$ -
7500 . Building Healthy Communities Fund			
	Committed		
	Woodway Recreation Campus Renovation	\$ 625,000	\$ 625,000
	Bike2Health	\$ 706,000	\$ 724,000
	Total Committed	\$ 1,331,000	\$ 1,349,000
	Not Committed (Available to Spend)	\$ -	\$ -
Total BHCF Programs		\$ 1,331,000	\$ 1,349,000
7400 . One time Events			
	Committed		
	ECA Dementia Inclusion Series	\$ 5,000	
	MLT Senior Center AED project	\$ 2,600	
	Turning Point Back to School Health Fair	\$ 12,000	
	EdCC Celebration of Food	\$ 5,000	
	City of Lynnwood - Fire Camp	\$ 6,000	
	Dance for Parkinsons	\$ 20,000	
	Total Committed	\$ 50,600	\$ -
	Not Committed (Available to Spend)	\$ 24,400	\$ -

Verdant Community Wellness Center Summary
October 2015

Completed Programs

A. General Community and Provider Events	Attendance
1. Resource Connectors Meeting (9/22)	36
2. Fire Service Opportunities Stakeholders Meetings (9/23 and 9/29)	50
3. Edmonds Chamber Luncheon – PCC Land Trust (9/ 24)	25
4. Develop Baby's Motor Skills & Grow the Brain with PacMed (9/30, 10/19)	52
5. Korean Women's Association: Everyday Medicare Benefits (10/1)*	65
6. Mothers of Children with Disabilities Monthly Support Network (10/3)	11
7. MTI Specialty Dental Clinic doing Root Canals (10/3)*	varies
8. Lutheran Community Services Staff Planning Retreat (10/5)*	16
9. Greater Everett Community Foundation Training (October 9)	28
10. Evergreen Home Health - Home Visiting Clinical Team Meeting (10/14,15)	50
11. American Heart Association Ambassador Training (10/22)	25
12. Edmonds School District Health Services Meeting (10/23)	20
13. WA Prescription Assistance Foundation Weekly Hours (ongoing)	varies
B. Nutrition and Healthy Behaviors	Attendance
1. Spanish Language Cooking with Heart (9/26)*	22
2. Counting Calories & Cash + Virtual Grocery Store Tour with PacMed (9/28)*	18
3. Chronic Kidney Disease Prevention Workshops (9/16-11/4)*	12-16
4. Mediterranean Diet: 2 part series (10/14 & 10/21)*	48
5. Stop Diabetes Initiative Workshop (10/10 and 10/20)*	46
6. 3 Summer Walks scheduled in October*	varies
7. Lifestyle Change Check-Ins (drop- in 1 st and 3 rd Tuesdays of each month)*	6-10
8. Getting to Goal Program (Weight Management Consultations)*	15 clients
C. Behavioral Health & Substance Use	Attendance
1. YWCA Pathways to Work - including mental health support (9/17- 10/15)	3-4
2. Dept. of Behavioral Health & Recovery - Prevention Initiative (9/25)	16
3. For the Kid's Sake - for Parents Going Through Divorce (9/30; 10/7)	72
4. Survivors of Suicide Support Group (10/1 – 11/17)	6-10
5. Spanish Language Managing Stress with Yoga (10/2- 11/6)*	8-11
6. YWCA Managing Difficult Emotions 2 nd Series (10/6 – 11/24)*	6-8
7. YWCA Reflective Parenting Series (10/6 – 11/24)*	12-16
8. Journey of Grief Support Group (10/7 – 11/18)	8
9. National Alliance on Mental Illness "Connections" Support Group (10/8)	6-8
10. Mental Illness & the Justice System Regional Legal Conference (10/8)	28
11. YWCA Positive Discipline for Teens Workshops (10/10)*	7
12. Snohomish County Wrap Around Services Training (10/13)	45
13. Snohomish County Caregiver & Kinship Support Groups (10/15,10/ 20)	18
14. Adult Children of Alcoholics Weekly Support Group (ongoing)	4-10
D. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (2X / month)*	15-20

Verdant Community Wellness Center Summary
October 2015

Upcoming Programs

E. General Community and Provider Events

1. Basic Food Educational Forum (October 30)
2. Community Needs Assessment Focus Group (November 2)
3. Edmonds Family Medicine “Preventing Overtreatment” Dinner and Training (November 3)
4. Winter Wellness with PacMed Physician (includes free flu shots) (November 4)
5. Snohomish County Association for the Education of Young Children Board Mtg (November 5)
6. Mothers of Children with Disabilities Monthly Support Network (November 7)
7. Spanish Language Heart Health Training for Promotoras (November 14)
8. SHIBA – Medicare Open Enrollment Event (November 12, December 1)
9. Financial Educators Network Training with Social Service Providers (November 13)

F. Nutrition and Healthy Behaviors

1. Exotic Flavors Cooking Series (Singapore – October 27, November 17-French Provencal)
1. Spanish Language Cooking Matters for Families (October 26 – November 30)
2. Anti-Inflammatory Diet (November 2)
3. Teens in the Kitchen Cooking Class (November 7)
4. Diabetes Prevention –Reducing your Risk (November 18)*
5. The Carb Conundrum with PacMed (November 19)*
6. Korean Women’s Association: Korean and Vietnamese language prevention workshops
Using Medicare Preventive Benefits in Vietnamese (Nov 14) in Korean (Nov 19)*
7. Stop Diabetes Initiative - Continued Workshops*
8. Ongoing - Lifestyle Change Check-Ins (drop-in support 2x/month)*
9. Ongoing - Getting to Goal: Individual Weight Management Consulting with a Dietitian*

G. Behavioral Health & Substance Use Focus

1. Medical Reserve Corps Psychological First Aid (October 24)
2. Family Voluntary Service Social Workers Summit (November 3)
3. Sea Mar Behavioral Health Conference (November 9,10)
4. YWCA Beating the Holiday Blues (November 6 – January 6)*
5. YWCA Positive Discipline for Teens Workshops (October 24, November 17)*
6. National Alliance on Mental Illness “Connections” Support Group (November 12)
7. Snohomish County Caregiver and Kinship Support Groups (November 5, 17, 19)
8. THS Family Coaching Parent Group (November 5, 19)
9. International Survivors of Suicide Day (November 21)

*** = Grant/Program Funded Partner**

Verdant Healthier Community Conference
February 29, 2016
Draft Agenda

Time	Activity		
8-8:30 a.m.	Check In		
8:30-9:30 a.m.	Breakfast Keynote		
	Optional Interest Tracks		
	Healthier Me & My Family	Healthier Workplace & Group	Healthier Community
9:45-10:35 a.m.	How to Find Trusted Community Resources	How to Engage and Motivate People in Wellness	Part I: Building a Healthier Community to Support Health and Wellness
10:50-11:40 a.m.	Healthy Food Choices	Taboo Topics: Often Avoided, but Critical for Maintaining a Healthy Organization	Part II: Interactive Session: How Do We Improve Physical Environment and Policies?
11:55 a.m. - 1:10 p.m.	Lunch Keynote		
1:25-2:15 p.m.	Keeping Youth Healthy & Safe	Executive Tell-All	Medical and Social Services Working Together to Improve Health
2:30-3:20 p.m.	Increasing Individual's & Family's Physical Activity	Stress: How Do We Manage It?	Achieving Health Equity
3:35-4:15 p.m.	Wrap-up/Panel		