VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A September 23, 2015 8:00 a.m. to 9:10 a.m.

		<u>ACTION</u>	TIME	PAGE
Α.	Call to Order		8:00	
В.	Approval of the Minutes a) August 26, 2015 Board Meeting	Action	8:01	1-5
C.	Executive Committee Report	Information	8:04	
D	Finance Committee Report a) Review financial statements and cash activity b) Authorization for payment of vouchers and payroll	Information Action	8:06 8:11	6-9 10
E.	Program Committee Report & Recommendations a) Conflicts of Interest b) Program investment recommendations c) Verdant Community Wellness Center activities update	 Action Information	8:15 8:16 8:25	 11-14 15-17
ŕ.	Marketing Report	Information	8:30	18
G	. Superintendent's Report	Information	8:35	
Н	Public Comments (please limit to three minutes per speaker)		8:40	
l.	Commissioner Comments		8:45	
J.	Executive Session a) To consider the legal risks of a proposed action of the district		8:50	
K.	Open Session		9:10	
L.	Adjournment		9:10	win ann am

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting Verdant Community Wellness Center

September 23, 2015

Commissioners

Present

Fred Langer, President Deana Knutsen, Secretary

J. Bruce Williams, M.D., Commissioner

Bob Knowles, Commissioner

Karianna Wilson, Commissioner (8:17 a.m. arrival)

Others Present

Carl Zapora, Superintendent

George Kosovich, Assistant Superintendent/Program

Director

Lisa King, Finance Director

Jennifer Piplic, Marketing Director

Sue Waldin, Community Wellness Program Manager

Karen Goto, Executive Assistant

Scott Falkin, Falkin & Associates Project Manager

Members of the community

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called

to order at 8:05 a.m. by President Langer.

Approval of Minutes

Motion was made, seconded and passed unanimously to

approve the minutes of the regular meeting on

August 26, 2015.

Executive Committee

President Langer reported that the Executive Committee met on September 18, 2015 to review and approve the September 23, 2015 board meeting agenda and to discuss

the upcoming board retreat plan.

Board Finance Committee The committee met on September 17, 2015. Ms. King reviewed the financial statements and cash activity for

August 2015 (E:59:15).

Authorization for Payment of Vouchers & Payroll Ms. King called out the warrant in the amount of \$29,411.59 to Facilitec for office furniture and the warrant in the amount of \$31,560.00 to Enduris for the annual property insurance

on all PHD2-owned properties.

Commissioners Meeting September 23, 2015 Page 2

Warrant Numbers 11269 through 11305 for August 2015 for payment in the amount of \$117,624.28 were presented for approval (E:60:15). *Motion was made, seconded and passed unanimously to approve.*

Program Oversight Committee Update The Program Oversight Committee met on September 21, 2015 and reviewed a total of six application requests (E:61:15): five new requests and one renewal request. No conflicts of interest were reported by any of the commissioners.

New Funding Applications:

The committee is not recommending the following programs for funding at this time:

- 1. KIM Seattle Kids in Medicine & Science because its focus appears to be teaching science concepts rather than generating health improvement for students.
- 2. Volunteers of America Western Washington Adult Day & Caregiver Support Program due to the high per-person cost of \$1,500 to \$3,000 per person as the program scales up and also because Verdant needs to have a better understanding of the means testing philosophy for this type of program.

 President Langer thought it was worth discussing the balance of senior programs in the community.

 Commissioner Knutsen would like to support caregivers in the community and look at appropriate settings for this. Commissioner Williams would like the board to discuss the means testing concept at the upcoming board retreat.
- 3. Providence Hospice & Home Care Foundation Hospice Care Center in Everett as the funding of the program is tied directly to a facility that is outside of the hospital district.
- 4. Edmonds School District Food & Nutrition Services Program request for funds to develop web-based nutrition services for parents & community members, develop social media promoting school meals, and to build a branding identity. The committee may consider a reworked proposal if there are additional funding commitments including the school district on the project and if there could be more specific success measures tied to student health.
- 5. Edmonds Center for the Arts Dementia Inclusive Series.

Motion was made, seconded and passed

Commissioners Meeting September 23, 2015 Page 3

unanimously to approve \$5,000 on a one-time basis for a new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre and film.

Renewal Requests:

1. Seattle Visiting Nurses Association – Community Flu Vaccine Program:

Motion was made, seconded and passed unanimously to approve funding the request using the same per-vaccine payment model (\$25 per flu vaccine) as previous seasons 2013 and 2014.

Verdant Community Wellness Center Activities Ms. Waldin presented the summary of programs held at the VCWC in September 2015 as well as a list of upcoming programs (Exhibit 62:15).

Marketing Report

Ms. Piplic presented the report for September 2015 (E:63:15) highlighting that the Winter edition of The Canopy will be delivered to homes in mid-October 2015 and the upcoming Active Living Fair on September 26, 2015 at Lynnwood Elementary School.

Superintendent's Report

Superintendent Zapora reported on the following items:

- 1. A feasibility study will be conducted by Pinnacle Sports including a site visit in early October 2015 on the indoor recreation project.
- 2. An all-day health and wellness conference will be held on either February 22 or February 29, 2016 at the Lynnwood Convention Center.
- 3. The board of commissioners will hold a special meeting on Tuesday, September 29, 2015 at 5:30 p.m. to discuss the budget for 2016. The public is invited to attend.
- 4. The board is holding their annual board retreat at the Tulalip Resort on December 4 to 5, 2015.

Public Comments

- 1. Ms. Rowena Miller of the League of Women Voters said that the League has a position on fair taxes and asked the commissioners to please consider no property tax increase in 2016 and aim for no tax at all in 2020.
- 2. Mr. Alvin Rutledge commented on the need for a follow-up agreement between the Edmonds School

Commissioners Meeting September 23, 2015 Page 4

District and the City of Edmonds on the Woodway Fields project.

Commissioner Comments

President Langer commented that the Woodway fields will be beautiful fields and a great place for the community kids

and adults to play.

Executive Session

President Langer recessed the regular meeting at 8:38 a.m. into Executive Session to consider the legal risks of a

proposed action of the hospital district.

President Langer stated that the board would reconvene in 20 to 30 minutes and no action would be taken in Executive

Session.

Open Session

The board reconvened into Open Session at 9:08 a.m.

Adjourn

There being no further business to discuss, the meeting was

adjourned at 9:08 a.m.

ATTEST BY:

President

Secretary

9.23-2015

Public Hospital District #2, Snohomish County Balance Sheet

As of August 31, 2015

		Α	В	С	D
		Dec 31, 2014	Aug 31, 2015	\$ Change	Comments:
1	ASSETS				
2	Current Assets				
3	Cash Balance	2,840,919	1,552,657	(1,288,262)	
4	Other Current Assets	32,617,628	35,254,535	2,636,907	Includes Investments
5	Total Current Assets	35,458,547	36,807,192	1,348,645	
6	Total Long-term & Fixed Assets	47,374,208	45,950,302	(1,423,907)	Depreciation
7	TOTAL ASSETS	82,832,755	82,757,494	(75,262)	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	Current Liabilities	2,480,364	1,318,277	(1,162,088)	
11	Long-term Liabilities	4,857,008	4,815,655	(41,353)	2012 LTGO Bonds
12	Total Liabilities	7,337,372	6,133,931	(1,203,441)	
13	Total Equity	75,495,383	76,623,562	1,128,179	Annual Net Income
14	TOTAL LIABILITIES & EQUITY	82,832,755	82,757,494	(75,262)	

Profit & Loss

Aug 2015

		Α	В	С	D	E	F
		Aug Actual	Aug Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME						
2	Ordinary Income	812,403	806,463	5,940	6,534,410	6,448,706	85,704
3	EXPENSES						
4	Operating Expenses	141,420	168,010	26,590	1,207,796	1,374,759	166,963
5	Depreciation Expense	214,820	214,349	(471)	1,825,413	1,821,219	(4,194)
6	Program Expenses	390,184	474,917	84,733	3,947,783	4,454,331	506,548
7	Total Expenses	746,424	857,277	110,853	6,980,992	7,650,308	669,317
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	221,529	212,096	9,433	1,574,778	1,696,768	(121,990)
10	NET INCOME	287,508	161,283	126,225	1,128,197	495,166	633,031

Monthly Highlights Aug 2015

Verdant received dividends payments of \$41,086 on our investment portfolio in August and closed with an ending market value of \$33,590,529.

Annual program commitments total \$6,524,984 and \$5,166,331 for 2015 and 2016, respectively. \$575,016 remains available to spend in 2015, of which \$79,958 is earmarked as Superintendent Discretionary.

Additional income of \$108,185 and expenses of \$34,833 from the Kruger Clinic were incurred, netting to an additional operating income of \$73,352 in August.

Public Hospital District #2

Purpose		Marketing Flyers	Instructor for Lifestyle check-in sessions 7/7 & 7/21 Cooking Demo 7/13	Garbage	IT Support	Internet & Telephone	Internet & Telephone	Property Management	NOID	July 2015 website	Printing of 8 panels for tabletop display	Legal July 2016 trademark watch	Legal Publication for VCWC	Marketing table top display	July 2015 Front Desk Staffing 53.5 hours	2014 Audit	Refund for over payment of rent 11/2014 & 12/2014	Office Furniture	August 2015 FSA Administration	IT Support	Annual Insurance 9/1/15-8/31/16	Legal Feb 2015	Supplies	VOID	Office Furniture	Sept 2015 Employee Medical & Dental Insurance	Sept 2015 Employee Life insurance	Seal coat of parking lot	Misc.	Misc.	Aug & Sept 2015 Parking lot rent	WC 118 - Neighborhood Walking Ambassador Summer Walk Series	LK attend luncheon			Administered by Healthcare Bealty			Administered by Eberle Vivian
Amount		225.91	480.00	218.00	9,391.42	266.10	520.01	6,139.11	0.00	117.50	272.45	75.00	62.00	240.00	855.38	9,559.75	2,532.72	29,411.59	17.25	1,022.44	31,560.00	1,132.50	151.81	0.00	82.13	3,808.62	982.60	6,422.18	2,625.22	1,855.37	3,000.00	4,589.22	18.00	117,634.28		19.381.85			21,256.68
Раүее		Pacific Art Press Inc	Sound Dietitians	Waste Management	Dataworks	Comcast	Comcast	Healthcare Realty	Moss Adams - Audit	Aukema & Associates	Fast Signs	Lowe Graham Jones PLLC	Falkin Associates, Inc.	Jason Becker Creative	City of Lynnwood	Moss Adams - Audit	Puget Sound Gastro	Facilitec	AmeriFlex Business Solutions	Dataworks	Enduris	Foster Pepper	Staples	Straight Line Striping LLC	Facilitec	Premera Blue Cross	Principal Financial Group	Straight Line Striping LLC	Wells Fargo	Wells Fargo	Parsi Properties LLC	Feet First	SCCFOA	Total Warrants		Various Claimants/Vendors		ivity:	Various Claimants/Vendors
Transaction Date		08/05/2015	08/05/2015	08/05/2015	08/05/2015	08/05/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/12/2015	08/14/2015	08/19/2015	08/19/2015	08/19/2015	08/19/2015	08/19/2015	08/19/2015	08/19/2015	08/26/2015	08/26/2015	08/26/2015	08/26/2015	08/26/2015	08/26/2015	08/26/2015	08/26/2015	08/27/2015		vity:	Aug 2015	0	Workers Compensation Claims Activity:	Aug 2015
Warrant Number	Warrant Activity:	11269	11270	11271	11272	11273	11278	11279	11280	11281	11282	11283	11284	11285	11286	11287	11288	11289	11296	11297	11298	11299	11300	11301	11290	11291	11292	11293	11294	11295	11303	11304	11305		Kruger Clinic Activity:	349-364	· • • •	Workers Compen	305242-246

Purpose		ACH payroll transfer	Fee for payroll processing	Payroll taxes for 8/1/15 pay period ending	Payroll 401(a)/457 Deposit	ACH payroll transfer	Fee for payroll processing	Payroll taxes for 8/15/15 pay period ending	Payroll 401(a)/457 Deposit	July 2015 Client Analysis Bank Fee	Merchant account	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment	Program Payment
Amount		18,319.41	88.37	6,362.21	2,748.97	17,273.02	85.38	6,317.76	2,711.78	175.11	45.00	480.00	7,209.16	4,166.67	12,833.33	4,166.67	2,666.67	13,523.67	23,113.25	15,165.66	27,083.33	1,855.50	4,974.50	4,396.33	66,892.84	9,166.67	7,500.00	5,000.00	7,837.58	4,166.67	2,987.50	9,166.67	5,833.33	57,936.67	5,416.67	12,035.50	2,416.67	16,666.67	6,362.92	11,250.00	2,083.33	12,500.00	2,083.33	3,600.00	15,000.00
Рауее		Payroli	Paychex	Department of Treasury	Valic	Payroll	Paychex	Department of Treasury	Valic	Wells Fargo	Wells Fargo	Mary Porter, RDN	Alzheimer's Association Western & Central	American Diabetes Association	Boys & Girls Club of Snohomish County	CampFire	Cascade Bicycle Club Education Foundation	Center for Human Services	ChildStrive	City of Lynnwood	Community Health Center of Snohomish Co	Domestic Violence Services Snohomish Co	Edmonds Community College	Edmonds Community College Foundation	Edmonds School District No. 15	Edmonds Senior Center	Kindering	Korean Women's Association	Lutheran Community Services NW	Prescription Drug Assistance Foundation	Program for Early Parent Support	Puget Sound Christian Clinic	Puget Sound Kidney Centers Foundation	Senior Services of Snohomish County	Smithwright Services	Snohomish County Fire District 1	Snohomish County Music Project	Therapeutic Health Services	Volunteers of America Western WA	Wonderland Development Center	YWCA of Seattle, King and Snohomish Co	Brain Injury Association of WA	YWCA of Seattle, King and Snohomish Co	Seattle Visiting Nurse Association	Project Access Northwest
Warrant Transaction Number Date	Wire/ACH Activity:	8/7/2015	8/7/2015	8/7/2015	8/7/2015	8/21/2015	8/21/2015	8/21/2015	8/21/2015	8/10/2015	8/11/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/15/2015	8/14/2015	8/14/2015	8/15/2015	8/14/2015

Warrant Number	Transaction Date	Рауее	Amount	Purpose
Wire/ACH Activity:	.;			
	8/7/2015 8/11/2015 8/12/2015	AmeriFlex Business Solutions AmeriFlex Business Solutions AmeriFlex Business Solutions	25.77 25.00 43.00	FSA Payments FSA Payments FSA Payments
	8/10/2015 8/24/2015	Ameriflex Business Solutions Ameriflex Business Solutions	278.46 278.46	FSA Payments FSA Payments
	8/28/2015	AmeriFlex Business Solutions	222.00	FSA Payments
	8/26/2015 8/26/2015	Afficial Figure States Solutions WA Department of Revenue	747.60	FSA Payments B&O tax
		Total Wires/ACH Transactions	443,457.06	
		Total Disbursements	\$ 601,729.87	
	Transaction Date	Payer	Amount	Purpose
	8/1/2015 8/3/2015	Swedish/Edmonds Value Village	734,176.21	Monthly lease Monthly lease
	8/3/2015	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
	8/3/2015 8/3/2015	kaymond Llu, <i>D.D.S.</i> John Headley MD PS	3,320.83	Kruger Clinic monthly lease Kruger Clinic monthly lease
	8/6/2015	Puget Sound Gastro	26,843.75	Kruger Clinic monthly lease
	8/26/2015 8/27/2015	Puget Sound Gastro Healthcare Realty Services, Inc.	375.00 4,663.72	Levy Kruger Clinic monthly lease Monthly ground Lease
		Total Deposits	\$ 819,278.05	

E: 60:15 9,23,2015

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11269 through 11305 have been issued for payment in the amount of \$117,634.28. These warrants are hereby approved.

Attest:

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed: 8-1-15 - 8-31-15 \$117,634.28

Work Comp Claims Pd: 8-1-15 – 8-31-15 21,258.68

Kruger Clinic Processed: 8-1-15 – 8-31-15 19,381.85

Payroll: 7-19-15 - 8-01-15 18,319.41 8-02-15 - 8-15-15 17,273.02

35,592.43

Electronic Payments: Payroll Taxes 12,679.97
Paychex 173.75

Paychex 173.75
Valic Retirement 5,460.75
AmeriFlex FSA 1044.69
Bank Fees 220.11
WA State Dept Revenue 747.60
Program Expenditures 387,537.76

407,864.63

Grand Total \$601,729.87

£,61:15 9,20,2015

September 2015 Program Summary

Six application requests up for discussion:

- o Five New Requests
- o One renewal request

New Program Requests

- 1. KIMSeattle Kids in Medicine & Science: a funding request of \$25,000 per year to teach students anatomy and physiology through a "Kids in Medicine & Science: Heart Module." The goal of the program would be to reach 250 students in the Edmonds School District with the 3 hour module, with Verdant funds used to pay for staff, purchase equipment and supplies. The program committee is not recommending the program for funding because its focus appears to be teaching science concepts rather than generating health improvements for students.
- 2. Volunteers of America Western Washington—Adult Day and Caregiver Support Program: a multi-year request (total of \$521,275) to create a new Adult Day program in South Snohomish County. The program would serve caregivers and care receivers with a focus on providing respite care and corresponding caregiver support programs. The program would target private-pay clients who do not qualify for Medicaid support and those who are appropriate for community-based, rather than institutional care. The program would be offered in rented space at a church in unincorporated Edmonds.

The program committee is not recommending the program for funding because of two concerns:

- 1.) The high per-person cost, which would be \$1,500-\$3,000 per-person as the program scaled up. Committee members wondered if there could be more efficient use of resources if existing assisted living facilities could be utilized.
- 2.) The committee felt like Verdant needed to have a better understanding of the means testing philosophy for this type of program. Some more affluent residents could afford the service, and committee members felt that the subsidy model that VOA proposed needed more discussion.

The committee asked Verdant staff to investigate whether there are respite voucher or other models that address these two concerns.

3. **Providence Hospice and Home Care Foundation – Hospice Care Center:** a one-time request of \$100,000 for a new hospice center in Everett. The center will provide a venue for patients to receive care in a home-like setting, but when home conditions, pain, or symptoms do not allow the patient to stay at home. The center will also provide respire care for patients using in-home hospice.

The program committee is not recommending funding the program because funds are directly tied to a facility that is outside of our boundaries.

4. Edmonds School District – Food and Nutrition Services Program: a \$20,862 request focused on food and nutrition services in the Edmonds Schools. The district is requesting funds to develop web-based nutrition services for parents and community members, develop social media promoting school meals, and to build a branding identity.

The program committee is not recommending funding for the program at this time, but would consider a reworked proposal if there were additional funding commitments (including school district funds) on the project, and if there could be more specific success measures tied to student health.

5. Edmonds Center for the Arts – Dementia Inclusive Series: a \$10,000 per year request for a new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre, and film. The series includes film events, songwriting, and improv classes. The program committee is recommending partially funding the request at \$5,000 on a one-time basis.

Renewal Requests

Seattle VNA – Community Flu Vaccine Program: a request to support a series of vaccination clinics this fall
offering no-cost seasonal flu and Tdap immunizations. Clinics would be hosted at venues like Edmonds
Community College, schools, food banks, churches, etc. In 2013 the program provided 2,600 vaccines, and
in 2014 the grant funded 1,400 vaccines. The decrease was expected given the implementation of the
Affordable Care Act, and Verdant only pays for patients who indicate that they are uninsured, at a rate of
\$25 per flu vaccine.

The committee is recommending funding the request using the same per-vaccine payment model as previous seasons.

Verdant Health Commission Propusal Summary September 2015

Name Protection & Protectio		A	8	U	٥	Ę	4	O	т	
Manne Description Auditive Science with a new facilities Science there were no model and the program would be science to the program would be science as a short in uninceproted Emands. Another include Science and a secretary and physiology through a science of the program would be science as a short in uninceproted Emands. Another include Science and a secretary and physiology through a secretary and physiology through a science and a secretary and physiology through a secretary and program would be science as a short in uninceproted Emands. Another include Science and a secretary and provide respite center in Several in the Edmonds School District with the 3100 and a secretary and Care short in uninceproted Emands. Another include Science and a secretary and provide respite center in Several in the Edmonds School and Science and a secretary and the secretary	<u> </u>	runaing Kequesis		Req	uest for tundin	pro.	Education &	Priority	Area Access to	Policy &
A funding request to teach students anatomy and physiology through a Science Heart Module." The goal of the program would a Science Heart Module. The goal of the program would a Science Heart Module. The goal of the program would a Science Heart Module. At Modiline & Science Heart Module. At Modiline & Science Heart Module. At M	#		Description	Year 1	Year 2	Year 3	Empowerment	Prevention	Healthcare	Advocacy
A multi-year request to create a new Adult Day program in South Woutern Washington - Adul Teresters with a focus on providing responsibility of the program would serve both caregivers and care Western Washington - Adul Teresters upport programs. The program would serve both caregivers and care Program To one-time request for a new hospice center in Everett. The center will Providence Hospice & Home Teach community based, rather than institutional care. The program would be offered in intered space as a furth in institutional care. The program would be offered in intered space as a furth in institution and care from the conditions, pain, or symptoms do not allow the provide a request for a new hospice center in a home-like space as a furth in institution and the care in a home-like stating, but Care Center A none-time request for a new hospice center in Everett. The center will be provide a request stround food and nutrition in the Edmonds Schools. The follow-up request around food and nutrition in the Edmonds Schools. The district is requesting funds to develop web-based durition services of parents and community members, develop social media promoting school District. A new program organized by the Edmonds Center for the Arts and Edmonds Center for the Arts and Edmonds center for parents, songwriting, and finprov classes. A new program organized by the Edmonds Center for the Arts and Edmonds center for parents, songwriting, and finprov classes.	H	KiMSeattle - Kids in Medicine & Science	A funding request to teach students anatomy and physiology through a "Kids in Medicine & Science: Heart Module." The goal of the program would be to reach 250 students in the Edmonds School District with the 3 hour module, with Verdant funds used to pay for staff, purchase equipment and supplies.	\$25,000	\$25,000	\$25,000	×	×		
Providence Hospice & Home provide a venue for patients to receive care in a home-like setting, but Care Center A home in the conditions, pain, or symptoms do not allow the patient to stay Care Center A home. The center will also provide respire care for patients using inhome hospice. Edmonds School District A follow-up request around food and nutrition in the Edmonds Schools. The food and Nutrition Services for parents and community members, develop social media promoting school Program A new program organized by the Edmonds Center for the Arts and film. The series includes film events, songwriting, and improv classes.	7 7 7		A multi-year request to create a new Adult Day program in South Snohomish County. The program would serve both caregivers and care receivers with a focus on providing respite care and corresponding caregiver support programs. The program would target private-pay clients who do not qualify for Medicaid support and those who are appropriate for community-based, rather than institutional care. The program would be offered in rented space at a church in unincorporated Edmonds.	\$233,133	\$155,140	\$133,003	×	×	×	
Edmonds School District - follow-up request around food and nutrition in the Edmonds Schools. The district is requesting funds to develop web-based nutrition services for parents and community members, develop social media promoting school meals, and to build a branding identity. A new program organized by the Edmonds Center for the Arts and Edmonds Center for the Arts Elderwise to create opportunities for people with dementia and their falm will be series includes film events, songwriting, and improv classes.	8	au .	A one-time request for a new hospice center in Everett. The center will provide a venue for patients to receive care in a home-like setting, but when home conditions, pain, or symptoms do not allow the patient to stay at home. The center will also provide respire care for patients using inhome hospice.	\$100,000					×	
A new program organized by the Edmonds Center for the Arts and Edmonds Center for the Arts eliderwise to create opportunities for people with dementia and their Series families to connect through music, theatre, and film. The series includes film events, songwriting, and improv classes.	2 2 2 2		A follow-up request around food and nutrition in the Edmonds Schools. The district is requesting funds to develop web-based nutrition services for parents and community members, develop social media promoting school meals, and to build a branding identity.	\$20,862	1		×	×		1
			A new program organized by the Edmonds Center for the Arts and Elderwise to create opportunities for people with dementia and their families to connect through music, theatre, and film. The series includes film events, songwriting, and improv classes.	\$10,000	\$10,000		×	×		

Verdant Health Commission Proposal Summary September 2015

# Name	Description	Year 1	Year 2	Year 3	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
Seattle Visiting Nurses - Flu Vaccine Program	A renewal request to support a series of vaccination clinics this fall offering no-cost seasonal influenza (and where requested Tdap) immunizations. Clinics are hosted at the community college and venues like schools, food banks, churches, etc. in 2013 the program provided 2,600 vaccines, in 2014 Tbd based on number of vaccines (\$25 ea. x it was 1,400 vaccines. Verdant only pays for patients who indicate that they are uninsured.	Tbd based on num	number of vaccines 1400 = \$35,000)	(\$25 ea. x		×	×	

Updated September 2015

Verdant Program Financial Forecasting

,	Scenario 1: 100% renewal			
7		2015	2016	ļ
m	Existing multi-year commitments	\$4,809,453	\$3,817,331	Note: includes \$50k/year for swim lessons, and \$150k start up for PSCC Lynnwood Dental clinic, w/ongoing payments beginning in Dec.
S		\$205,919	\$946,692	
9	Expected Renewals (100%)	\$100,178	\$1,223,331	Best estimate looking at programs expected to reapply for funding
7	One-time events	\$75,000	\$60,000	Preliminary estimate: 2016 budget not complete
∞	Building Healthy Communities Fund	\$1,331,000	\$1,349,000	Assumes no new projects spending in 2016
6		\$290,000	\$253,646	Preliminary estimate: 2016 budget not complete
10	10 Superintendent Discretionary	\$288,450	\$50,000	Preliminary estimate: 2016 budget not complete
11	11 Total	\$7,100,000	\$7,700,000	
12				
13	S Scenario B: 80% renewal		\$0	
74		2015	2016	
15	15 Existing multi-year commitments	\$4,809,453	\$3,817,331	
16	16 New Grants (plug)	\$233,400	\$1,191,358	
	17 Expected Renewals (80%)	\$80,142	\$978,665	Best estimate looking at programs expected to reapply for funding x 80%
38	18 One-time events	\$75,000	\$60,000	Preliminary estimate: 2016 budget not complete
15	19 Building Healthy Communities Fund	\$1,331,000	\$1,349,000	Assumes no new projects spending in 2016
26	20 Community Programs Internal	\$290,000	\$253,646	Preliminary estimate: 2016 budget not complete
21	21 Superintendent Discretionary	\$288,450	\$50,000	Preliminary estimate: 2016 budget not complete
23	22 Total	\$7,107,445	\$7,700,000	
			0\$	
23	23 Uncommitted funds	2015		
24	24 Superintendent Discretionary	\$79,958		
25	25 One-time events	\$29,500		
36	26 Internal Programs	\$125,000		

Program Level Detail on Possible Renewals 27 Programs up for Renewal in 2015

B			2015 \$ at current funding
28	28 Organization wame	Program warne	level
29	Providence Hospice & Home Care	Hospice Outreach and Education	\$64,583
30	30 YWCA	Mental Health Counseling Program	\$4,167
31	31 Washington CAN	Insurance Outreach	\$31,428
32			\$100,178

33	33 Programs up for Renewal in 2016		
34	Organization Name	Program Name	2016 \$ at current funding
35	35 American Red Cross	CPR Training	\$2,500
36	36 Puget Sound Kidney Center	Chronic Kidney Disease Prevention	\$4,167
37	37 PSCC	Mental Health Counseling Program	\$5,000
38	38 Smithwright	Prevention Program	\$10,833
39	39 Seattle Visiting Nurses	Flu Shots	\$15,000
40	40 YWCA	Mental Health Counseling	\$20,833
43	41 Kindering	Early Intervention	\$22,500
42	42 Prescription Drug Assistance Foundation	Prescription Drug Assistance Program	\$29,167
43	43 EdCC	Student Health & Wellness Program	\$29,847
44	44 Cascade Bicycling Club	Advanced Basics	\$32,000
45	45 Wonderland Development Center	Wonderland Development Center	\$45,000
46	46 Medical Teams International	Mobile Dental Program	\$48,000
47	47 American Diabetes Association	Stop Diabetes	\$50,000
48	48 Campfire	Campfire	\$50,000
49	49 Boys & Girls Club	Healthy Habits	\$51,333
50	50 City of Lynnwood	Mobile Integrated Care	\$63,151
51	51 CHC of Snohomish County	Dental Program	\$77,215
52	52 PSCC	PSCC Mobile Medical Clinic	\$90,000
53	53 Snohomish County FD1	Community Paramedic	\$144,426
54	54 Providence Hospice & Home Care	Hospice Outreach and Education	\$155,000
55	ChildStrive	Nurse Family Partnership	\$277,359
56			\$1,223,331

Verdant Community Wellness Center Summary September 2015

Completed Programs

Gener	al Community and Provider Events	Attendance
8	Lynnwood Healthy Communities Planning Meetings (8/25,26, 27)	50+
0	Evergreen Home Health Leadership Training (8/31)	20
6	SHIBA Update with the Centers for Medicare and Medicaid (9/1)	60
0	Edmonds School District Deaf, Hard of Hearing Staff Trainings (9/1)	18
0	Snohomish County Health Leadership Volunteer Training (9/2)	12
•	WABS Natural Parent Leaders Advisory Meeting (9/4)	20
0	Edmonds School District Deaf, Hard of Hearing Interpreter Training (9/4)	16
6	Mothers of Children with Disabilities Monthly Support Network (9/5)	9
0	MTI Specialty Dental Clinic doing Root Canals (9/14)	8
6	Lynnwood Healthy Communities Planning Meetings (9/15,16,17)	30+
	Evergreen Home Health - Home Visiting Clinical Team Meeting (9/15,16)	55
0		varies
6	Alzheimer's Association Care Coordinator Weekly Hours (ongoing)	varies
0	WA Prescription Assistance Foundation Weekly Hours (ongoing)	

Nuti	Nutrition and Healthy Behaviors	
6	AHA Packing Healthy Lunches Parent & Child Program (8/29)	36
6	Getting to Goal Weight Reduction Class (9/2)	26
0	Chronic Kidney Disease Prevention Workshops (9/16-11/4)*	20
8	Multicultural Everyday Fall Prevention and Yoga (9/12) (Vietnamese)*	30
8	Multicultural Everyday Fall Prevention and Yoga (9/17) (Korean)*	75
ø	Cooking with Fresh, Local Produce Summer Series (9/14)*	11
8	Living to 100 (9/17)*	10
8	Stop Diabetes Initiative Workshop (9/19)	35
	9 Summer Walks scheduled in September	varies
	Lifestyle Change Check-Ins (drop- in 1st and 3rd Tuesdays of each month)*	6-12
9	Getting to Goal Program (Weight Management Consultations)*	15 clients

Behavioral Health & Substance Use		Attendance
•	Managing Difficult Emotions (7/ 23-9/10)*	8
0	Snohomish County Hoarding Task Force Meeting (September 8)	12
0	National Alliance on Mental Illness "Connections" Support Group (9/10)	6
•	YWCA Pathways to Work -including mental health support (9/17- 10/15)	3
8	Adult Children of Alcoholics Weekly Support Group	7-10
0	Snohomish County Music Therapy (weekly sessions)*	1-3

Other Programs	Attendance
 Play and Learn Group, Wonderland Development Center (2X / month)* 	Varies

^{* =} Grant/Program Funded Partner

Verdant Community Wellness Center Summary September 2015

Upcoming Programs

General Community and Provider Events

- Resource Connectors Meeting (September 22)
- Little Wonders: Support for Parents with a Special Needs Infant (September 28 December 14)*
- Fire Service Opportunities Stakeholders Meetings (September 23 and September 29)
- American Heart Association Ambassador Training (September 23)
- Edmonds Chamber Luncheon (September 24)
- Second Time Around PEPS Support Group (September 24 December 17)*
- Spanish Language Health and Safety in the Workplace (September 29)
- Developing Baby's Motor Skills and Grow the Brain with PacMed (September 30, October 19)*
- Mothers of Children with Disabilities Monthly Support Network (October 3)
- Spanish Language Promotora Health Training (October 3)
- MTI Specialty Dental Clinic doing Root Canals (October 3)*
- Greater Everett Community Foundation Training (October 9)
- Basic Food Educational Forum (October 30)

Nutrition and Healthy Behaviors

- Counting Calories and Cash + Virtual Grocery Store Tour with PacMed (September 28)*
- Korean Women's Association: Korean and Vietnamese language prevention workshops. Next event Everyday Medicare Benefits in Korean (October 1)
- Exotic Flavors Cooking Series (September-Middle Eastern; October-Singapore)
- Spanish Language Simple Cooking with Heart (September 26)*
- Mediterranean Diet: 2 part series (October 14 & 21)*
- Stop Diabetes Initiative Continued Workshops*
- Ongoing Lifestyle Change Check-Ins (drop-in support 2x/month)*
- Ongoing Getting to Goal: Individual Weight Management Consulting with a Dietitian*

Behavioral Health & Substance Use Focus

- Dept. of Behavioral Health & Recovery Prevention and Wellness Initiative (September 25)
- For the Kids Sake Seminars for Parents Going Through Divorce (September 30)
- Survivors of Suicide Support Group (October 1 November 17)
- Spanish Language Managing Stress with Yoga (October 2- November 6)*
- YWCA Managing Difficult Emotions 2nd Series (October 6 November 24)*
- YWCA Reflective Parenting Series (October 6 November 24)*
- Journey of Grief Support Group (October 7 November 18)
- National Alliance on Mental Illness "Connections" Support Group (October 8)
- Mental Illness and the Justice System Regional Legal Conference (October 8)
- Snohomish County Caregiver Support Film Series (October 8)
- YWCA Positive Discipline for Teens Workshops (October 10, 24, November 7)*
- Snohomish County Wrap Around Services Training (October 13)
- Snohomish County Caregiver Support Group (October 15)
- Advanced Care Planning Facilitator Training (October 17)*
- Medical Reserve Corp Psychological First Aid (October 24)

September 2015 Marketing Report

The Canopy

- Winter 2015-16 edition is in development currently, with delivery expected in mid-October
- Content will highlight:
 - o Verdant's support of behavioral health programs, with a focus on youth
 - o Bike2Health
 - o Verdant Community Wellness Center classes and programs
 - o About the Verdant Health Commission
 - o Additional program photos and features

Upcoming Events

• Lynndale & Lynnwood elementary schools' Active Living Fair on Saturday, Sept. 26 from 8:30 a.m. to noon at Lynnwood Elementary