# VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A February 24, 2016 8:00 a.m. to 9:30 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order		8:00	
<ul><li>B. Approval of the Minutes</li><li>a) January 27, 2016 Board Meeting</li><li>b) February 22, 2016 Special Board Meeting</li><li>C. Executive Committee Report</li></ul>	Action Action Information	8:01 8:02 8:03	1-5 6 
<ul> <li>D. Finance Committee Report</li> <li>a) 2013-2014 state audit exit conference</li> <li>b) Review financial statements and cash activity</li> <li>c) Authorization for payment of vouchers and payroll</li> <li>d) Resolution 2016-01: Surplus Personal Property</li> </ul>	Information Information Action Action	8:05 8:20 8:25 8:27	 7-11 12 13-16
<ul> <li>E. Program Committee Report &amp; Recommendations</li> <li>a) Verdant Community Wellness Center activities update</li> <li>b) Program presentation on Washington CAN</li> </ul>	Information Information	8:30 8:35	17-18 
F. Marketing Report	Information	8:50	19
G. Superintendent's Report	Information	8:55	
H. Public Comments (please limit to three minutes per speake	er)	9:00	
I. Commissioner Comments		9:05	
<ul> <li>J. Executive Session</li> <li>a) Consider the legal risks of a proposed action of the distrible</li> <li>b) Review and consider proposed property acquisition</li> </ul>	rict	9:10	
K. Open Session		9:25	
L. Adjournment		9:30	

### PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

#### **BOARD OF COMMISSIONERS**

Regular Meeting
Verdant Community Wellness Center
January 27, 2016

**Commissioners** 

**Present** 

Bob Knowles, President

J. Bruce Williams, M.D., Commissioner

Deana Knutsen, Commissioner Fred Langer, Commissioner

Karianna Wilson, Commissioner (8:07 a.m. arrival)

Others Present

Carl Zapora, Superintendent

George Kosovich, Assistant Superintendent & Program

Director

Lisa King, Finance Director

Jennifer Piplic, Marketing Director

Sue Waldin, Community Wellness Program Manager

Karen Goto, Executive Assistant Members of the community

Guests

Jennifer Hershey, Edmonds School District

Jennifer McCloughan, Edmonds School District

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Langer.

Approval of Minutes

Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on

November 18, 2015.

Motion was made, seconded and passed unanimously

to approve the minutes of the special meeting on

December 5, 2015.

**Executive Committee** 

President Langer reported that the Executive

Committee met on January 22, 2016 to review and approve the January 27, 2016 board meeting agenda.

No other action was taken.

Commissioner
Oath of Office

The oath of office was administered to President Langer and Commissioner Williams by Secretary Knutsen. Both were elected to 6-year terms in November 2015.

## Officer Appointments & Committee Assignments

Motion was made, seconded and passed unanimously to approve Commissioner Langer as President of the Board for 2016, Commissioner Knutsen as Secretary of the Board for 2016 and the continuance of the 2015 committee assignments for one more year in 2016 (E:01:16).

### 2016 Board Meeting & Retreat Schedule

Motion was made, seconded and passed unanimously to approve the 2016 monthly board meeting schedule (E:02:16).

### Board Finance Committee

The committee met on January 20, 2016. Ms. King reviewed the financial statements and cash activity for November & December 2015 (E:03:16). Ms. King called out Warrant #11416 for \$5,000 for Opiate Rescue Kits, Warrant #11428 for \$9,104.62 for project management costs at the Kruger Clinic, Warrant #11472 for \$10,174.09 for the 2013/14 state audit, and Warrant #11477 for \$12,727.22 for consulting costs on the indoor recreation facility. The 2012 LTGO bond payment of \$847,400 to US Bank was also called out.

## Authorization for Payment of Vouchers & Payroll

Warrant Numbers 11391 through 11492 for November and December 2015 for payment in the amount of \$166,767.51 were presented for approval (E:04:16). Motion was made, seconded and passed unanimously to approve.

## Program Oversight Committee Update

The Program Oversight Committee met on January 22, 2016 to review four new funding requests, one renewal, and two follow-up requests (E:05:16). Commissioner Wilson was not able to attend the committee meeting.

No conflicts of interest were reported by any of the commissioners.

### **New Funding Applications:**

Motion was made, seconded and passed unanimously to approve the Hope Heart Institute Teen Take Heart

program on a one-time basis of \$5,000 to implement a cardiovascular health curriculum.

### Renewal Requests:

YWCA of Seattle, King & Snohomish Counties' mental health counseling program for uninsured and low-income adults, children & families. Approved for \$25,000 per year for three more years.

Previously Reviewed Proposal:

American Diabetes Associates Stop Diabetes Initiative – *Motion was made, seconded and passed unanimously to approve* partial funding of project at \$25,000 in the first year, \$15,000 in the second, and \$10,000 in the third year.

Commissioner Williams noted that there are savings of \$4,000 per year in health care costs per person for every 1% reduction in A1C levels with proper maintenance. Commissioner Williams commented that the ADA should look to the medical insurance community to sustain their program.

### Not recommended for funding:

- City of Edmonds/VFW Post 8879 Veteran's Plaza request for \$120,000 to construct the Veteran's Plaza in downtown Edmonds.
- Clothes for Kids Dental Care Basics request for \$5,000 to purchase dental care supplies for distribution to families as part of Clothes for Kids School wardrobe process.
- Edmonds School District Nutrition Services
   Education Program request for \$8,110 to develop
   web-based nutrition services for parents and
   community members.
- Snohomish Health District Growing Healthy
  Together request for \$173,096 per year for three
  years for a program to support low-income
  parents with a focus on nutrition, peer support,
  and other resources.

Ms. Waldin presented an update on activities in the center for December 2015 and January 2016 (E:06:16).

Verdant
Community
Wellness
Center
Activities
Update

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### Presentation by Edmonds School District

Ms. Jennifer Hershey & Ms. Jennifer McCloughan provided an update to the board on the Move60 program funded by Verdant (E:07:16).

Mr. Kosovich informed the board that Washington CAN will present at the February 2016 board meeting and the City of Lynnwood Bike 2 Health will present at the March 2016 board meeting.

### Marketing Report

Ms. Piplic presented the Marketing report (E:08:16) which includes a report on the Verdant Healthier Community Conference on February 29, 2016.

### Superintendent's Report

Superintendent Zapora reported on three items:

- The Verdant Healthier Community Conference is coming together with sponsors, break-out sessions, and speakers.
- 2. The Verdant Community Wellness Center celebrated its one-year anniversary last week. Superintendent Zapora acknowledged Ms. Sue Waldin for the variety of quality of programming that has been developed.
- 3. There will be a study session in February 2016 to discuss the search for the next Superintendent, the strategic long-range plan for the district, the Superintendent performance appraisal, and the community investment buckets.

### Public Comments

Ms. Laura Johnson of Edmonds informed the board that there will be a federal study on crumb rubber safety and there are two bills currently in the Washington State Legislature; one in the House and one in the Senate. She asked the board to support House Bill 2547 as it aligns with the mission of Verdant.

### Commissioner Comments

President Langer acknowledged the Superintendent's work as Mr. Zapora's retirement will come in December 2016. He also commented on the meeting with Empire Health Foundation and the hopes of future collaboration with them, and the quality of discussion at the 2016 State of Reform conference. Commissioner Williams noted three items from Superintendent Zapora's year-end summary: 1) the opening of the Verdant Community Wellness Center, 2) \$16.5 million spent in programs, and 3) 10,000 people

Commissioners Meeting January 27, 2016 Page 5

have been served through the community wellness center since its opening in January 2015.

Commissioner Knutsen acknowledged the Superintendent's ability to create a great team.

### Executive Session

President Langer recessed the regular meeting at 9:02 a.m. into Executive Session to consider the legal risks of a proposed action of the district, review and consider proposed property acquisition, and discuss the Superintendent's performance.

President Langer stated that the board would reconvene in 15 to 20 minutes and no action would be taken in Executive Session.

### **Open Session**

The board reconvened into Open Session at 9:22 a.m.

### **Adjourn**

There being no further business to discuss, the meeting

was adjourned at 9:22 a.m.

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President		
Secretary		

### PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

## SPECIAL MEETING February 22, 2016 7:30 a.m. Verdant Community Wellness Center

Fred Langer, President

Commissioners

Present	Deana Knutsen, Commissioner Bob Knowles, Commissioner J Bruce Williams, M.D., Commissioner
Commissioners Absent	Karianna Wilson, Commissioner
Staff	Carl Zapora George Kosovich Lisa King Jennifer Piplic Sue Waldin Karen Goto
Guests	Brad Berg, Foster Pepper Julie Seidenstein, Foster Pepper Cindy Evans, State Auditor's Office Kelly Collins, State Auditor's Office Scott Hylton, State Auditor's Office Kristina Baylor, State Auditor's Office
Call to Order	The Special Meeting of the Board of Commissioners was called to order by President Langer at 7:30 a.m.
State Auditor's Office Presentation and Q&A	The State Auditor's Office presented their preliminary draft audit findings and responses (E:09:16) Discussion between the commissioners and the auditors with input from Brad Berg.
Executive Session	President Langer recessed the special meeting into Executive Session at 8:00 a.m. to consider the legal risks of a proposed action of the district and to review and consider proposed property acquisition.
Open Session	The board reconvened into Open Session at 8:52 a.m.
Superintendent Search Process	Not discussed.
Open Commissioner Input & Discussion	None.
Adjourn	The meeting was adjourned at 8:56 a.m.
Attest By:	
	President
	Secretary Page 6

### Public Hospital District #2, Snohomish County Balance Sheet

As of January 31, 2016

		A	В	С	D
		Dec 31, 2015	Jan 31, 2016	\$ Change	Comments:
1	ASSETS				
2	<b>Current Assets</b>				
3	Cash Balance	2,054,982	1,103,273	(951,709)	
4	Other Current Assets	35,307,530	35,644,038	336,509	Includes Investments
5	<b>Total Current Assets</b>	37,362,511	36,747,311	(615,200)	
6	<b>Total Long-term &amp; Fixed Assets</b>	46,893,130	46,676,207	(216,924)	Depreciation
7	TOTAL ASSETS	84,255,642	83,423,518	(832,124)	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	<b>Current Liabilities</b>	2,061,693	1,309,626	(752,067)	
11	Long-term Liabilities	3,989,978	3,984,809	(5,169)	2012 LTGO Bonds
12	Total Liabilities	6,051,671	5,294,436	(757,236)	
13	Total Equity	78,203,970	78,129,082	(74,888)	Annual Net Income
14	TOTAL LIABILITIES & EQUITY	84,255,642	83,423,518	(832,124)	

### **Profit & Loss**

Jan 2016

	Α	В	С	D	E	F
	Jan Actual	Jan Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
INCOME						
Ordinary Income	844,289	828,347	15,942	844,289	828,347	15,942
EXPENSES						
Operating Expenses	158,410	190,411	32,001	158,410	190,411	32,001
<b>Depreciation Expense</b>	208,051	209,613	1,562	208,051	209,613	1,562
Program Expenses	1,039,552	1,151,500	111,948	1,039,552	1,151,500	111,948
Total Expenses	1,406,013	1,551,524	145,511	1,406,013	1,551,524	145,511
OTHER INCOME/(EXPENSE)						
Total Other Income/(Expense)	486,836	226,468	260,368	486,836	226,468	260,368
NET INCOME	(74,889)	(496,710)	421,821	(74,889)	(496,710)	421,821
	Ordinary Income  EXPENSES  Operating Expenses  Depreciation Expense  Program Expenses  Total Expenses  OTHER INCOME/(EXPENSE)  Total Other Income/(Expense)	INCOME Ordinary Income  EXPENSES Operating Expenses Operation Expense Program Expenses 1,039,552 Total Expenses 1,406,013  OTHER INCOME/(EXPENSE) Total Other Income/(Expense) 486,836	Jan Actual   Jan Budget	Jan Actual   Jan Budget   Fav/(Unfav)	NCOME   Sample   Sa	NCOME

### **Monthly Highlights**

Jan 2016

Verdant received dividends payments of \$44,582 and an unrealized gain of \$255,084 on our investment portfolio in January and closed with an ending market value of \$34,769,844.

Annual program commitments total \$6,077,090 and \$3,412,905 for 2016 and 2017, respectively. \$1,622,910 remains available to spend in 2016, of which \$50,000 is earmarked as Superintendent Discretionary.

Additional income of \$115,131 and expenses of \$84,735 from the Kruger Clinic were incurred, netting to an additional operating income of \$30,396 in January.

### Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11488	01/01/2016	Consolidated Landscape Maintenance, Inc.	436.91	Jan 2016 Landscaping
11489	01/01/2016	VOID	0.00	VOID
11490	01/01/2016	Parsi Properties LLC	2,000.00	January 2016 - Parking lot lease
11493	01/06/2016	Comcast	271.66	Internet/Telephone
11494	01/06/2016	Foster Pepper PLLC	24,635.20	Legal
11495	01/06/2016	Guardian Security Systems	658.18	Annual Inspection of Fire Alarm, Sprinklers, Fire Extinguishers
11496	01/06/2016	Principal Financial Group	982.60	EE Life Insurance
11497	01/06/2016	Puget Sound Energy	65.65	Natural Gas
11498	01/06/2016	Snohomish County Auditors Office	33,171.41	Nov 3, 2015 Election of Commissioners
11499	01/06/2016	Snohomish County PUD	1,814.39	Electricity 11/20 - 12/22/15
11500	01/06/2016	ThyssenKrupp Elevator Company	778.12	1Q15 Elevator Maintenance
11501	01/06/2016	Waste Management	218.48	Garbage/Recycle
11502	01/06/2016	Beth Rodriguez, LLC	730.74	December 2015 Marketing Consulting for Conference
11503	01/06/2016	My Neighborhood News Network	1,072.00	Advertising of programs and VHCC 1/16-3/16
11504	01/06/2016	Pacific Art Press Inc	656.05	Printing of Flyers for 2016 VHCC
11505	01/06/2016	WA Department of Revenue	21,041.37	Q4 2015 Leasehold Excise tax return
11506	01/06/2016	Sea-Mar CHC	1,320.00	WC 127 - Cooking Matters Curriculum and class
11507	01/06/2016	Sound Dietitians	779.87	Lifestyle Change Check-in session 12/1, 12/15, Class 12/2, Supplies
11508	01/13/2016	Ash Consulting	364.00	Dec 2015 Accounting Consulting
11509	01/13/2016	City Lites Neon, Inc.	314.82	Service electrical sign - replace photo cell and straighten wiring
11510	01/13/2016	Dataworks	70.00	IT Support
11511	01/13/2016	Davidson-Marci Sweeping, Inc.	519.04	Parking Lot Deicer
11512	01/13/2016	Platt Electric	64.68	Lightbulbs
11513	01/13/2016	Armstrong Services	2,368.80	Carpet cleaning, Janitorial, window washing
11514	01/13/2016	VOID	0.00	VOID
11515	01/13/2016	Comcast	520.18	Internet/Telephone
11516	01/13/2016	Foster Pepper PLLC	17,556.50	Legal
11517	01/13/2016	Healthcare Realty	5,568.27	Property Management
11518	01/13/2016	VOID	0.00	VOID
11519	01/15/2016	Snohomish County.	5,050.00	Award 236 - Medical Reserve Corps Training Program
11520	01/20/2016	AmeriFlex Business Solutions	17.25	January 2016 FSA Administration
11521	01/20/2016	Lowe Graham Jones PLLC	150.00	Trademark Monitoring for Dec 2015
11522	01/20/2016	Lynnwood Convention Center	5,892.50	Convention Center Use for VHCC 2/29/16
11523	01/20/2016	State Auditor's	9,242.18	2013/14 State Audit
11524	01/20/2016	Total Health	400.00	WC 117 - Instructor reimbursement Nov/Dec 2015
11525	01/27/2016	City of Lynnwood	1,039.13	Dec 2015 After Hours Support
11526	01/27/2016	City of Lynnwood - Utilities	469.68	Water/Sewer/Storm
11527	01/27/2016	Foster Pepper PLLC	9,871.00	Legal
11528	01/27/2016	Staples	87.34	Supplies
11529	01/27/2016	Department of Labor and Industries	1,016.07	4Q15 Self Insurance Fund
11530	01/27/2016	Premera Blue Cross	3,808.62	Feb 2016 Employee Medical & Dental Insurance
11531	01/27/2016	Principal Financial Group	982.60	EE Life Insurance
11532	01/27/2016	Wells Fargo	400.24	Misc.
11533	01/27/2016	Wells Fargo	2,739.48	Misc.

Warrant Number	Transaction Date	Payee	Amount	Purpose
11534	01/27/2016	Washington Alliance for Better Schools	2,980.00	WC 119 - Spanish Language Cooking Matters 2/1-3/7
11535	01/27/2016	Consolidated Landscape Maintenance, Inc.	436.91	Feb 2016 Landscaping
11536	01/27/2016	Davidson-Marci Sweeping, Inc.	778.55	Parking Lot Deicer
11537	01/27/2016	Parsi Properties LLC	2,000.00	February 2016 - Parking lot lease
		Total Warrants	165,340.47	
Wire/ACH Activi	ty:			
	1/8/2016	Payroll	16,295.40	ACH payroll transfer
	1/8/2016	Department of Treasury	7,318.26	Payroll taxes for 1/2/16 pay period ending
	1/8/2016	Valic	2,747.23	Payroll 401(a)/457 Deposit
	1/8/2016	Paychex	84.31	Fee for payroll processing
	1/22/2016	Payroll	17,087.09	ACH payroll transfer
	1/22/2016	Department of Treasury	7,402.22	Payroll taxes for 1/16/16 pay period ending
	1/22/2016	Valic	2,728.76	Payroll 401(a)/457 Deposit
	1/22/2016	Paychex	257.01	Fee for payroll processing
	1/10/2016	Wells Fargo	241.56	Dec 2015 Client Analysis Bank Fee / Merchant Account
	1/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
	1/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	1/15/2016	American Red Cross	2,500.00	Program Payment
	1/15/2016	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	1/15/2016	CampFire	4,166.67	Program Payment
	1/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	1/15/2016	Center for Human Services	13,750.00	Program Payment
	1/15/2016	ChildStrive	23,333.33	Program Payment
	1/15/2016	City of Lynnwood	6,144.08	Program Payment
	1/15/2016	Community Health Center of Snohomish Co	27,083.33	Program Payment
	1/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	1/15/2016	Edmonds Community College	4,974.50	Program Payment
	1/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	1/15/2016	Edmonds School District No. 15	693,533.25	Program Payment
	1/15/2016	Edmonds Senior Center	9,166.67	Program Payment
	1/15/2016	Kindering	7,500.00	Program Payment
	1/15/2016	Korean Women's Association	5,000.00	Program Payment
	1/15/2016	Lutheran Community Services NW	7,837.58	Program Payment
	1/15/2016	Mary Porter, RDN	750.00	Program Payment
	1/15/2016	Medical Teams International	5,500.00	Program Payment
	1/15/2016	PEPS	2,987.50	Program Payment
	1/15/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	1/15/2016	Project Access Northwest	7,500.00	Program Payment
	1/15/2016	Puget Sound Christian Clinic	13,966.66	Program Payment
	1/15/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	1/15/2016	Seattle Visiting Nurse Association	19,671.00	Program Payment
	1/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	1/15/2016	Snohomish County Fire District 1	28,666.67	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose	
Wire/ACH Activi	ity:				
	1/15/2016	Snohomish County Music Project	2,416.67	Program Payment	
	1/15/2016	Therapeutic Health Services	16,666.67	Program Payment	
	1/15/2016	Volunteers of America Western WA	6,362.92	Program Payment	
	1/15/2016	Wonderland Development Center	11,250.00	Program Payment	
	1/15/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment	
	1/15/2016	YMCA of Snohomish County	50,000.00	Program Payment	
	1/6/2016	AmeriFlex Business Solutions	304.85	FSA Payments	
	1/7/2016	AmeriFlex Business Solutions	226.45	FSA Payments	
	1/27/2016	AmeriFlex Business Solutions	30.00	FSA Payments	
	1/22/2016	WA Department of Revenue	766.72	B&O tax	
	1/21/2016	Department of Labor and Industries	426.65	4Q15 L&I - State Fund	
	1/12/2016	Harland Clarke Check	137.13	Check supplies	
		Total Wires/ACH Transactions	1,129,512.14		
Kruger Clinic Act	ivity:				
446-467	Jan 2016	Various Claimants/Vendors	31,542.52	Administered by Healthcare Realty	
Workers Compe	nsation Claims Ac	tivity:			
305280-288	Jan 2016	Various Claimants/Vendors	6,225.64	Administered by Eberle Vivian	
		Total Disbursements	\$ 1,332,620.77		

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	1/1/2016	Value Village	25,490.56	Monthly lease
	1/1/2016	Brian Tagaki, MD	75.00	Kruger Clinic monthly lease
	1/8/2016	Puget Sound Gastro	27,647.12	Kruger Clinic monthly lease
	1/1/2016	Raymond Liu, D.D.S.	3,487.73	Kruger Clinic monthly lease
	1/24/2016	Swedish/Edmonds	40,517.00	Correction to Jan & Feb 2016 lease payment
	1/10/2016	Snohomish County	10,523.81	Levy
	1/8/2016	Eventbrite Class Registration	90.00	Registration for cooking class
	1/31/2016	VHCC Registration	3,528.00	Registration for conference
	1/12/2016	Virginia Mason Medical Center-Lynnwood	200.00	Deposit for VCWC Use
	1/6/2016	MJ Takisaki, Inc.	67,820.35	Refund for overpayment of sales tax
	1/1/2016	Ankrom Moisan	4,000.00	Reimbursement for Legal Fees
	1/6/2016	City of Lynnwood	58,355.00	Refund unused program grant
	1/8/2016	Enduris Insurance Recovery	59,403.24	Insurance recovery for Kruger Clinic flood
	1/19/2016	Safety National Casualty Corporation	63,010.47	Insurance recovery for workers compensation claim
	1/1/2016	Daphne Deborah Dahms	100.00	Donation
	1/1/2016	Everett Clinic	2,500.00	Sponsorship for VHCC
	1/12/2016	Edmonds Community College	1,000.00	Sponsorship for VHCC
	1/14/2016	Walgreens	1,000.00	Sponsorship for VHCC
	1/22/2016	Premera Blue Cross	5,000.00	Sponsorship for VHCC
	1/22/2016	Harbor Square Athletic Club	2,500.00	Sponsorship for VHCC
	1/29/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
		Total Deposits	\$ 380,912.00	

### VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

### **WARRANT APPROVAL**

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers  $\underline{11488}$  through  $\underline{11537}$  have been issued for payment in the amount of  $\underline{\$165,340.47}$ . These warrants are hereby approved.

Attest:					
Lisa M. King		Commis	sioner		
		Commissioner			
	-	Commissioner			
	-	Commissioner			
	-	Commis	sioner		
Warrants Processed:	1-1-16 – 1-31-16		\$165,340.47		
Work Comp Claims Pd:	1-1-16 — 1-31-16		6,225.64		
Kruger Clinic Processed:	1-1-16 — 1-31-16		31,542.52		
Payroll:	12-20-15 – 1-2-16 1-3-16 – 1-16-16	16,295.40 <u>17,087.09</u>			
			33,382.49		
Electronic Payments:	Payroll Taxes Paychex Valic Retirement AmeriFlex FSA Bank Fees Harland Clarke Check WA State Dept Revenue Dept of L&I Program Expenditures	14,720.48 341.32 5,475.99 561.30 241.56 137.13 766.72 426.65 1,073,458.50	<u>1,096,129.65</u>		
	Grand Total		\$1 332 620 <b>7</b> 7		

### PUBLIC HOSPITAL DISTRICT NO. 2 SNOHOMISH COUNTY, WASHINGTON

#### RESOLUTION NO. 2016-01

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 24<sup>th</sup> day of February, 2016, the following commissioners being present and voting in favor of the resolution.

President and Commissioner		
Commissioner		
Commissioner		
Commissioner		
Secretary and Commissioner		

### CERTIFICATE

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2016-01 is a true and correct copy of the original resolution adopted on February 24, 2016, as that resolution appears on the Minute Book of the District.

DATED this 24th day of February, 2016.

Deana Knutsen Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE	COST	NBV 1/31/2016	Disposal
						(Months)			Date
05	6706203	8611	HOLLIE FULLBACK CHAIR (BLA	1	2/1/2007	180	436.33	_	2/29/2016
	6706204	8611	HOLLIE FULLBACK CHAIR (BLA	1	2/1/2007	180	436.33	_	2/29/2016
	7802910	7600	FILE CABINET 4 DOOR STORAG	1	1/1/2007	138	227.00	46.06	2/29/2016
05	7802936	7600	FILE CABINET 4 DRAWER	1	1/1/2007	138	275.00	55.82	2/29/2016
05	7801801	8320	ICE MACHINE (MANITOWOC)	1	5/1/2007	120	3,344.11	390.15	2/29/2016
05	9109101	7230	GYNNIE OB STRETCHER	1	9/1/2009	84	5,843.77	417.43	2/29/2016
05	9109102	7230	GYNNIE OB STRETCHER	1	9/1/2009	84	5,843.80	417.43	2/29/2016
	9109103	7230	GYNNIE OB STRETCHER	1	9/1/2009	84	5,843.80	417.43	2/29/2016
05	9109104	7230	GYNNIE OB STRETCHER	1	9/1/2009	84	5,843.80	417.43	2/29/2016
05	7800701	7230	GYNNIE OB-GYN STRETCHER	1	4/1/2007	180	5,601.46	2,271.71	2/29/2016
05	7800704	7230	GYNNIE OB-GYN STRETCHER	1	4/1/2007	180	5,601.48	2,271.71	2/29/2016
05	9104501	7050	BAXTER IV PUMPS	49	4/1/2009	60	79,313.66	-,	2/29/2016
05	4502603	7250	DINAMAP PROCARE 420 MONITO	1	6/1/2004	84	2,927.37	-	2/29/2016
06		7115	TV ARMOIRE W/ 3-DRAWER	1	11/1/2003	180	775.13	137.75	2/29/2016
06		7115	TV ARMOIRE W/ 3-DRAWER	1	11/1/2003	180	775.13	137.75	2/29/2016
05	7806004	5000	REFRIGERATOR (ED WAITING)	1	1/1/2008	120	223.49	38.58	2/29/2016
05	7809906	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7809907	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7809908	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7809909	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7809910	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7809911	6012	HIGH BACK CHAIR 21"	1	2/1/2008	120	510.36	97.81	2/29/2016
05	7805301	8510	PARTITION PANELS (FINANCE)	1	11/1/2007	180	15,104.44	6,713.10	2/29/2016
05	9115801	8540	CUBICLES	1	1/1/2010	120	8,561.99	3,282.09	2/29/2016
05	9109701	8530	CUBICLES (EAST WALL)	1	11/1/2009	120	10,184.79	3,734.42	2/29/2016
05	3170002	7152	VERSA CHÀIR ARM	1	10/1/2003	180	184.23	32.77	2/29/2016
05	3170003	7152	VERSA CHAIR ARM	1	10/1/2003	180	184.23	32.77	2/29/2016
05	3170004	7152	VERSA CHAIR ARM	1	10/1/2003	180	184.23	32.77	2/29/2016
05	3170005	7152	VERSA CHAIR ARM	1	10/1/2003	180 _	184.23	32.77	2/29/2016
							160,961.96	21,466.79	

### Verdant Community Wellness Center Summary February 2016

### **Completed Programs**

A.	Ge	Attendance	
	1.	PEPS – Second Time Around (1/14 – 3/24)*	6-8
	2.	Women's Leadership Focus Group (1/28)	12
	3.	Edmonds School District Health Services Staff Meeting (1/28)	25
	4.	SAEYC Childcare Provider Training (1/30)	65
	5.	SHIBA Monthly Update Meetings (2/2)	30
	6.	Basic Food Educational Forum (2/3)	45
	7.	Korean Women's Association: Stomach Cancer Prevention (2/4)*	50
	8.	Mothers of Children with Disabilities Monthly Support Network (2/6)	5
	9.	Virginia Mason Provider Retreat (2/6)	12
	10.	Evergreen Home Health (2/10, 2/17)	36
	11.	Homeless Policy Task Force Meeting (2/11)	25
	12.	Lynnwood Library Staff Meeting & Community Wellness Center Tour 2/18	12
	13.	Ongoing – Community Support for Prescription Assistance (weekly)	varies
	14.	Ongoing – WAHA Health Insurance Enrollment & Support	varies

В.	Nut	Nutrition and Healthy Behaviors		
	1.	Surviving & Thriving with Chronic Kidney Disease (1/13 - 2/17)*	16	
	2.	Intuitive Eating – Breaking the Diet Cycle (1/25)*	12	
	3.	Teens in the Kitchen (1/30)*	9	
	4.	Spanish Language Cooking Matters for Families (2/1 – 3/14)*	28	
	5.	Sensational Citrus Adult Cooking Class (2/2)*	11	
	6.	Optimal Nutrition During Menopause (2/10)*	14	
	7.	Heart Health in Your Kitchen (2/16)	15	
	8.	Lifestyle Change Check-Ins (drop – in 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays)*	4-8	
	9.	Getting to Goal Program (Weight Management Consultations)*	10-12 clients	

C.	Be	havioral Health & Substance Use	Attendance
	1.	Powerful Tools for Caregivers (1/20 – 2/24)	15
	2.	Brain Health and Wellness Classes (2/1, 2/2, 2/9, 2/15, 2/16) *	varies
	3.	YWCA Men's Support Group (2/2 – 3/22)*	3-5
	4.	YWCA Women's Art Therapy Group (2/2 - 3/22)*	8
	5.	Veterans Assistance and Drop-In Support (2/3)	varies
	6.	Snohomish County Caregiver & Kinship Support Groups (2/4, 2/16, 2/18)	varies
	7.	Youth Mental Health First Aid (2/9)	29
	8.	THS Parent Coaching Group (2/9)	8
	9.	Mental Health Resources for Promotoras in Spanish (2/13)*	24
	10.	National Alliance on Mental Illness "Connections" Group (2/11, 2/25)	8-10
	11.	NAMI Presents: Communicating with Teens about Difficult Topics (2/18)*	20
	12.	Spanish Positive Discipline Parenting Class & Childcare (2/19 - 4/1)*	28
	13.	Adult Children of Alcoholics Weekly Support Group (ongoing)	4-10

D	D. Other Programs		
	Play and Learn Group, Wonderland Development Center (weekly)*	15-30	

### Verdant Community Wellness Center Summary February 2016

#### **Upcoming Programs**

#### E. General Community and Provider Events

- 1. PEPS Second Time Around (January 14 March 24)\*
- 2. Little Wonders Support Group for Parents of Special Needs Infants (February 23 May 24)\*
- 3. DSHS WA Healthplanfinder Meeting (February 23)
- 4. MTI Specialty Dental Clinic (February 27)\*
- 5. SHIBA Monthly Update Meetings (March 1)
- 6. SAEYC Childcare Provider Training (March 2)
- 7. Senior Services Social Worker Training (March 2)
- 8. Korean Women's Association: Everyday Nutrition (March 3)\*
- 9. Mothers of Children with Disabilities Monthly Support Network (March 5)
- 10. Evergreen Home Health (March 9, 16)
- 11. Edmonds School District Elementary Leadership Meeting (March 10)
- 12. LCSNW Latino Health Fair (March 12)
- 13. Immunity Community Parent Orientation (March 18)
- 14. Medical Reserve Corp CPR Training (March 19)
- 15. Russian Language Childhood Vaccines Workshop (March 21)\*
- 16. Early Achievers Childcare Provider Training (March 26)

#### F. Nutrition and Healthy Behaviors

- 1. Spanish Language Cooking Matters for Families (February 1 March 14)\*
- 2. Nutrition in the Fast Lane (March 23)\*
- 3. Exploring Vegetarian Options (March 29)\*
- 4. Ongoing Lifestyle Change Check-Ins (drop-in support 2x/month)\*
- 5. Ongoing Getting to Goal: Individual Weight Management Consulting with a Dietitian\*

#### G. Behavioral Health & Substance Use Focus

- 1. YWCA Men's Support Group (February 2 March 22)\*
- 2. YWCA Women's Art Therapy Group (February 2 March 22)\*
- 3. Spanish Language Positive Discipline Parenting Class (February 19-April 1)\*
- 4. For the Kid's Sake for Parents Going Through Divorce (February 24)
- 5. Psychological First Aid (February 27)
- 6. NEAR Overview (March 1)
- 7. Veterans Assistance and Drop-In Support (March 2)
- 8. Brain Health Study Group (Bi-Monthly starting March 4)
- 9. NEAR DSM-5 (March 8)
- 10. Brain Health and Wellness Classes (March 8, 15, 22) \*
- 11. Snohomish County Caregiver and Kinship Support Groups (March 3, 15, 17)
- 12. National Alliance on Mental Illness "Connections" Support Group (March 10, 24)
- 13. NAMI Presents: Fear of Mental Health Medications and Loss of Authenticity (March 17)\*
- 14. NEAR Case Management (March 22)
- 15. For the Kid's Sake for Parents Going Through Divorce (March 24)
- 16. Evergreen Hospice Volunteer Training (March 26)
- 17. SBIRT Overview (March 29)

#### \* = Grant/Program Funded Partner

### **February 2016 Marketing Report**

### **Verdant Healthier Community Conference**

- The conference is sold out!
- Registrants represent:
  - Local employers (Premera, Swedish, Edmonds Community College, Edmonds School District, City of Lynnwood, Community Transit)
  - Verdant partners (Alzheimer's Association, Camp Fire, Cascade Bicycle Club, Edmonds Senior Center, Evergreen Recovery Centers, Korean Women's Association, Molina, Project Access NW, Puget Sound Kidney Centers, Senior Services, Fire District 1, Snohomish County Health Leadership Coalition, Snohomish Health District, UW Bothell, Volunteers of America, YMCA)
  - o Residents and scholarship recipients
- Monday, Feb. 29, 2016 (Leap Day) from 8:30-4:30 at the Lynnwood Convention Center
- Sponsors are: Premera (Gold level), Everett Clinic and Harbor Square Athletic Club (Silver level), Ash
  Consulting, Aukema & Associates, Edmonds Community College, the Herald (in-kind), Molina Healthcare,
  Puget Sound Kidney Centers and Walgreens (Bronze level)