

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
April 27, 2016
8:00 a.m. to 9:35 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) March 23, 2016 Board Meeting	Action	8:01	1-4
b) March 28, 2016 Special Meeting	Action	8:02	5-6
C. Executive Committee Report	Information	8:04	----
D. Finance Committee Report			
a) Financial Statements and Cash Activity	Information	8:05	7-11
b) Authorization for Payment of Vouchers and Payroll	Action	8:10	12
c) Resolution 2016:03 Surplus Property	Action	8:13	13-16
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	Action	8:15	---
b) Program Committee Investment Recommendations	Action	8:16	17-19
c) Verdant Behavioral Health Program Review	Action	8:30	18
d) Verdant Community Wellness Center Activities Update	Information	8:45	20-21
F. Marketing Report	Information	8:50	22
G. Superintendent's Report	Information	8:55	---
H. Public Comments (please limit to three minutes per speaker)	---	9:00	---
I. Commissioner Comments	---	9:10	---
J. Executive Session			
a) Review and Consider Proposed Property Acquisition	----	9:20	---
K. Open Session	---	9:30	----
L. Adjournment	---	9:35	---

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

BOARD OF COMMISSIONERS

**Regular Meeting
Verdant Community Wellness Center
April 27, 2016**

**Commissioners
Present**

Fred Langer, President
J. Bruce Williams, M.D., Commissioner
Bob Knowles, Commissioner
Karianna Wilson, Commissioner (8:05 a.m. arrival)
Deana Knutsen, Commissioner (via telephone)

Others Present

Carl Zapora, Superintendent
George Kosovich, Assistant Superintendent &
Program Director
Sandra Huber, Outreach Specialist
Sue Waldin, Community Wellness Program Manager
Karen Goto, Executive Assistant
Lisa King, Finance Director
Members of the community

Staff Excused

Jennifer Piplic, Marketing Director

Guests

Tom Kozaczynski, Compass Health
Becky Olson-Hernandez, Compass Health

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Langer.

**Approval of
Minutes**

Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on March 23, 2016.

Motion was made, seconded and passed unanimously to approve the minutes of the special meeting on March 28, 2016.

**Executive
Committee**

President Langer reported that the Executive Committee met on both April 18, 2016 to review the April 27, 2016 board meeting agenda, and on April 25, 2016 to begin the process of identifying a search firm for the next Superintendent. Hagel Executive Search was interviewed. The Executive Committee will identify one firm and bring to the board for approval. There

are two more interviews scheduled before the May 2016 board meeting.

President Langer said that the criteria for the search firm includes the ability to do a national search, to work with a public board, and experience in both the public and private sector in identifying potential candidates. President Langer emphasized that the executive search will be an inclusive and transparent process.

**Board Finance
Committee**

The committee met on April 20, 2016. Ms. King reviewed the financial statements and cash activity for March 2016 (E:23:16). Warrants #11621 and #11635 were called out.

**Authorization
for Payment of
Vouchers &
Payroll**

Warrant Numbers 11580 through 11639 for March 2016 for payment in the amount of \$70,902.78 were presented for approval (E:24:16). **Motion was made, seconded and passed unanimously to approve.**

**Resolution
2016:03
Surplus Personal
Property**

Motion was made, seconded and passed unanimously to approve Resolution 2016:03 determining certain personal property to be surplus and no longer required for public hospital district purposes of the District.

**Program
Oversight
Committee
Update**

The Program Committee met on April 22, 2016 to review two requests (E:25:16).

No conflicts of interest were reported by any of the commissioner present.

Motion was made, seconded and passed unanimously to approve the Turning Point Back to School Health Fair in the amount of \$12,000 on a one-time basis.

The other request came from Mercy Housing – Bringing Health Home Snohomish, a multi-year request at \$180,000 per year for three years. This request fits in the "Other Prevention" category (E:26:16). Commissioner Wilson mentioned that the project does not specifically address Verdant's behavioral health or dental priorities. Current priorities will be included in future evaluation of program funding requests.

Commissioner Williams would like a presentation from Mercy Housing to speak to the board about this project and share results from King County Housing Authority

work. All commissioners agreed and this will be scheduled for a future board meeting.

The program committee is also recommending that Verdant release a new request for proposal (RFP) for its Building Healthy Communities Fund that includes projects that increase opportunities for residents to live active and healthy lives and also include an emphasis on projects that match another Verdant priority such as improving behavioral health and dental care.

Verdant
Behavioral
Health Program
Review

A program review of mental health programs funded by Verdant was given to the board (E:27:16) by Mr. Kosovich.

Tom Kozaczynski and Becky Olson-Hernandez from Compass Health were present to answer questions about its proposal.

Commissioners asked questions about Compass Health staffing, funding, and connecting patients with mental health services.

Motion was made, seconded and passed unanimously to approve the funding of the Compass Health Crisis Prevention & Intervention Teams (CPIT) program for two years as requested and evaluate before a third year is given. Commissioners would like to see other funding partners involved in this program and assurance that the access to residents is sufficient.

Ms. Waldin presented an update on activities in the Verdant Community Wellness Center for April (E:28:16) and called out the Russian Language Childhood Vaccines workshop on March 21, 2016, the Brain Health & Wellness classes, the Promotora training on health coverage on May 12, 2016 and the NAMI Crisis Intervention workshops also in May 2016.

**Marketing
Report**

Superintendent Zapora presented the Marketing report (E:29:16) which includes the latest edition of The Canopy newsletter. Mr. Kosovich mentioned the upcoming Edmonds Senior Center Health Fair on April 29, 2016 with \$1,000 funding from Verdant and \$2,000 for the Health & Fitness Expo on May 14, 2016 at the Edmonds School District Stadium.

**Superintendent's
Report**

Superintendent Zapora reported that Mr. Kosovich was one of four finalists for the 2016 Snohomish County

Emerging Leaders award presented by The Herald, Leadership Snohomish County and other partners.

**Public
Comments**

Ms. Rowena Miller of Edmonds and the League of Women Voters asked for clarification that the programs which Verdant is funding are within the hospital district. Commissioner Langer commented that Verdant supports programs with a specific focus on our district.

**Commissioner
Comments**

None

**Executive
Session**

President Langer recessed the regular meeting at 8:56 a.m. into Executive Session to review and consider proposed property acquisition.

President Langer stated that the board would reconvene in 10 to 15 minutes and no action would be taken in Executive Session.


Open Session

The board reconvened into Open Session at 9:20 a.m.

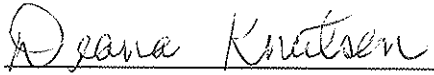
Adjourn

There being no further business to discuss, the meeting was adjourned at 9:20 a.m.

ATTEST BY:



President



Secretary

Balance Sheet

As of March 31, 2016

	A	B	C	D
	Dec 31, 2015	Mar 31, 2016	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,928,196	1,716,480	(1,211,716)	
4 Other Current Assets	34,623,348	36,236,961	1,613,613	Includes Investments
5 Total Current Assets	37,551,544	37,953,442	401,897	
6 Total Long-term & Fixed Assets	46,897,663	46,249,608	(648,056)	Depreciation
7 TOTAL ASSETS	<u>84,449,208</u>	<u>84,203,049</u>	<u>(246,158)</u>	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,202,808	1,521,082	(681,726)	
11 Long-term Liabilities	3,989,978	3,974,471	(15,507)	2012 LTGO Bonds
12 Total Liabilities	6,192,786	5,495,553	(697,233)	
13 Total Equity	78,256,421	78,707,496	451,075	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	<u>84,449,208</u>	<u>84,203,049</u>	<u>(246,158)</u>	

Profit & Loss

Mar 2016

	A	B	C	D	E	F
	Mar Actual	Mar Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	820,219	824,264	(4,045)	2,512,935	2,485,041	27,894
3 EXPENSES						
4 Operating Expenses	162,676	190,120	27,444	465,640	564,973	99,333
5 Depreciation Expense	206,149	208,364	2,215	621,436	626,807	5,371
6 Program Expenses	454,026	523,500	69,474	1,907,632	2,200,500	292,868
7 Total Expenses	822,851	921,984	99,133	2,994,708	3,392,280	397,572
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	225,483	226,468	(985)	932,848	679,403	253,445
10 NET INCOME	<u>222,850</u>	<u>128,746</u>	<u>94,104</u>	<u>451,075</u>	<u>(227,837)</u>	<u>678,912</u>

Monthly Highlights

Mar 2016

Verdant received dividends payments of \$43,839 on our investment portfolio in March and closed with an ending market value of \$34,854,155.

Annual program commitments total \$6,109,703 and \$3,417,905 for 2016 and 2017, respectively. \$1,590,297 remains available to spend in 2016, of which \$42,387 is earmarked as Superintendent Discretionary.

Additional income of \$93,749 and expenses of \$67,575 from the Kruger Clinic were incurred, netting to an additional operating income of \$26,174 in March.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11580	03/01/2016	Parsi Properties LLC	2,000.00	March Parking Lot Rent
11581	03/01/2016	Puget Sound Energy	59.64	Natural Gas
11582	03/01/2016	Seattle Rubbish Removal	284.90	Trash Removal
11583	03/01/2016	Waste Management	88.53	Garbage/Recycle
11584	03/01/2016	Waste Management	145.14	Garbage/Recycle
11585	03/01/2016	Consolidated Landscape Maintenance, Inc.	436.91	Landscaping
11586	03/01/2016	Snohomish County PUD	1,116.71	Electricity
11587	03/03/2016	Sound Steppers Volkssports Club	100.00	Refund Deposit for VCWC
11588	03/03/2016	Aukema & Associates	1,010.50	Website Development
11589	03/03/2016	Eventbrite	266.40	Ticket Sales for VHCC
11590	03/03/2016	Pacific Art Press Inc	1,115.74	Printing of Programs for 2016 VHCC
11591	03/03/2016	Beth Rodriguez, LLC	2,712.47	Feb 2016 Marketing Consulting for VHCC
11592	03/03/2016	Jason Becker Creative	2,315.00	VHCC flyer, branding, photography
11593	03/03/2016	Samaritan Healthcare	49.00	Refund for VHCC cancellation
11594	03/03/2016	Tulalip Tribes and Clinic	49.00	Refund for VHCC cancellation
11595	03/03/2016	Corporate Security LLC	319.00	March 2016 Parking Security - VCWC
11596	03/10/2016	Armstrong Services	1,299.69	Janitorial Feb 2016
11597	03/10/2016	Guardian Security Systems	240.00	4/1-6/30/16 Elevator and AES Radio Monitoring
11598	03/10/2016	Swedish Medical Center	360.00	WC 123-Diabetes Prevention Workshop Instructor
11599	03/10/2016	Ash Consulting	382.00	Feb 2016 Accounting Consulting
11600	03/10/2016	Background Investigation, Inc.	25.00	Background check for New PTE
11601	03/10/2016	Comcast	271.86	Internet/Telephones
11602	03/10/2016	Healthcare Realty	5,999.77	Property Management
11603	03/10/2016	Platt Electric	149.47	Light bulbs for Cedar Room
11604	03/10/2016	Sound Dietitians	240.00	WC 129 - Lifestyle Change Check-in session 2/2, 2/16
11605	03/10/2016	City of Lynnwood - Utilities	469.68	Water/Sewer/Storm
11606	03/10/2016	Lowe Graham Jones PLLC	866.00	Feb 2016 trademark watch & Annual subscription to watch service
11607	03/10/2016	Awards Service Inc	22.45	Name plaque for Sandra Huber
11608	03/16/2016	Bonewitz LLC	2,102.50	Feb 2016 Project Management of Kruger Clinic Urgent Care TI
11609	03/16/2016	City of Lynnwood	1,238.19	Feb 2016 VCWC After Hours Support (84.75 hrs)
11610	03/16/2016	Comcast	523.08	Internet/Telephones
11611	03/16/2016	Institute for Fitness and Health	85.43	Joe Piscatella Travel time to attend VHCC
11612	03/16/2016	Moss Adams - Cost Report	2,025.00	2007 Final CPE Settlement from HCA
11613	03/16/2016	State Auditor's	2,817.73	2013/14 State Audit
11614	03/16/2016	AmeriFlex Business Solutions	17.25	Mar 2016 FSA Administration
11615	03/16/2016	Awards Service Inc	29.57	Name tags for Sandra Huber
11616	03/16/2016	Electronic Business Machines	1,452.96	12/1/15 - 2/29/16 Copy Machine
11617	03/16/2016	Total Health	250.00	WC 117 - Instructor reimbursement for 2/10 Nutrition class
11629	03/24/2016	Wells Fargo	2,627.13	Misc.
11630	03/24/2016	Wells Fargo	284.78	Misc.
11618	03/24/2016	Dataworks	1,857.98	IT Support & VHCC Support
11619	03/24/2016	Department of Retirement Systems	25.00	Old Age Survivor Benefit
11620	03/24/2016	Eberle Vivian	4,037.70	2Q16 Self Insurance Work Comp Claims Administration
11621	03/24/2016	Edmonds Community College	612.90	ASEdCC Food Choice Goal Committee

Warrant Number	Transaction Date	Payee	Amount	Purpose
11622	03/24/2016	Pacific Art Press Inc	120.11	Business Cards for Sandra Huber
11623	03/24/2016	Parsi Properties LLC	2,000.00	April 2016 - Parking lot lease
11624	03/24/2016	Sea-Mar CHC	1,080.00	WC 131 - Cooking Matters Curriculum and Class
11625	03/24/2016	Sound Publishing, Inc.	39.20	Legal Notice 3/23 Board Meeting
11626	03/24/2016	Staples	697.75	Supplies
11627	03/24/2016	The StayWell Company, LLC	3,000.00	Qtr Payment for health content on website & publication
11628	03/24/2016	Workman Publishing Co.	204.77	Good and Cheap Non Profit Bundle Books
11631	03/24/2016	Bulger Safe & Lock, Inc.	95.34	Key Box Verdant
11632	03/24/2016	Premiera Blue Cross	3,808.62	April 2016 Employee Medical & Dental Insurance
11633	03/24/2016	Thomas & Associates	8,937.50	Dec 2015, Jan 2016 retainer / Strategic Coll Comm 12/3/15
11634	03/31/2016	Consolidated Landscape Maintenance, Inc.	438.11	April 2016 Landscaping
11635	03/31/2016	Dataworks	5,508.85	IT Support & Purchase of 2 new computers (Sandra & Sue)
11636	03/31/2016	Principal Financial Group	982.60	EE Life Insurance
11637	03/31/2016	Snohomish County PUD	1,344.19	Electricity
11638	03/31/2016	Waste Management	174.27	Garbage/Recycling
11639	03/31/2016	Waste Management	89.41	Garbage/Recycling
		Total Warrants	70,902.78	

Wire/ACH Activity:

3/4/2016	Payroll	17,801.47	ACH payroll transfer
3/4/2016	Department of Treasury	7,724.45	Payroll taxes for 2/27/16 pay period ending
3/4/2016	Valic	2,753.38	Payroll 401(a)/457 Deposit
3/4/2016	Paychex	96.65	Fee for payroll processing
3/18/2016	Payroll	16,381.82	ACH payroll transfer
3/18/2016	Department of Treasury	7,275.97	Payroll taxes for 3/12/16 pay period ending
3/18/2016	Valic	2,721.23	Payroll 401(a)/457 Deposit
3/18/2016	Paychex	94.45	Fee for payroll processing
3/10/2016	Wells Fargo	159.42	Feb 2016 Client Analysis Bank Fee
3/10/2016	Wells Fargo Merchant Services	337.39	Merchant Services
3/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
3/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
3/15/2016	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
3/15/2016	CampFire	4,166.67	Program Payment
3/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
3/15/2016	Center for Human Services	13,750.00	Program Payment
3/15/2016	ChildStrive	23,333.33	Program Payment
3/15/2016	City of Lynnwood	12,094.08	Program Payment
3/15/2016	Community Health Center of Snohomish Co	76,570.13	Program Payment
3/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
3/15/2016	Edmonds Community College	4,974.50	Program Payment
3/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
3/15/2016	Edmonds School District No. 15	68,533.25	Program Payment
3/15/2016	Edmonds Senior Center	9,166.67	Program Payment
3/15/2016	Kinderling	7,500.00	Program Payment
3/15/2016	Korean Women's Association	5,000.00	Program Payment
3/15/2016	Lutheran Community Services NW	7,837.58	Program Payment
3/15/2016	Mary Porter, RDN	495.00	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	3/15/2016	Medical Teams International	5,500.00	Program Payment
	3/15/2016	PEPS	2,987.50	Program Payment
	3/15/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	3/15/2016	Project Access Northwest	7,500.00	Program Payment
	3/15/2016	Puget Sound Christian Clinic	13,966.66	Program Payment
	3/15/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	3/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	3/15/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	3/15/2016	Snohomish County Music Project	2,416.67	Program Payment
	3/15/2016	Therapeutic Health Services	16,666.67	Program Payment
	3/15/2016	Volunteers of America Western WA	6,362.92	Program Payment
	3/15/2016	Wonderland Development Center	11,250.00	Program Payment
	3/15/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	3/15/2016	American Diabetes Association	6,250.00	Program Payment
	3/15/2016	City of Mountlake Terrace	6,580.00	Program Payment
	3/15/2016	YWCA of Seattle, King and Snohomish Co	6,250.00	Program Payment
	3/4/2016	AmeriFlex Business Solutions	49.22	FSA Payments
	3/24/2016	AmeriFlex Business Solutions	55.00	FSA Payments
	3/24/2016	AmeriFlex Business Solutions	1,021.54	FSA Payments
	3/25/2016	WA Department of Revenue	764.69	B&O tax
		Total Wires/ACH Transactions	507,785.98	
Kruger Clinic Activity:				
484-497	Mar 2016	Various Claimants/Vendors	42,434.13	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305293-299	Mar 2016	Various Claimants/Vendors	6,472.12	Administered by Eberle Vivian
		Total Disbursements	\$ 627,595.01	

Transaction Date	Payer	Amount	Purpose
Deposits:			
3/1/2016	Swedish/Edmonds	759,803.62	Monthly leases
3/2/2016	Value Village	25,490.56	Monthly lease
3/1/2016	Brian Takagi, MD	75.00	Kruger Clinic monthly lease
3/4/2016	Kean Lawlor	19,681.82	Kruger Clinic monthly lease
3/1/2016	Raymond Liu, D.D.S.	3,487.73	Kruger Clinic monthly lease
3/3/2016	Puget Sound Gastro	27,647.12	Kruger Clinic monthly lease
3/15/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
3/10/2016	Snohomish County	29,150.77	Levy
3/1/2016	Molina Healthcare.	1,000.00	Sponsorship of VHCC
3/1/2016	Safety National Casualty Corporation	57,206.63	Reimbursement for Workers Comp
3/1/2016	Carl Zapora	5.63	Reimbursement for personal charge
3/31/2016	VHCC	1,323.00	Registration for conference
3/23/2016	John Headley MD PS	71.01	Kruger Clinic billback
3/29/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
3/30/2016	Molina Healthcare.	200.00	Deposit for VCWC Use
3/31/2016	Kean Lawlor	19,681.82	Kruger Clinic monthly lease (April)
Total Deposits		\$ 954,152.15	

E: 24.16
4.27.2016

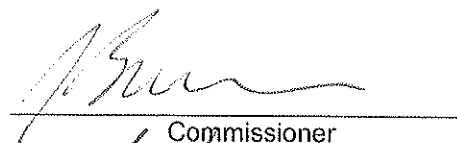
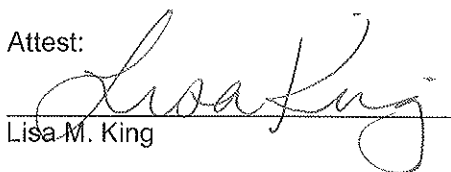
VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11580 through 11639 have been issued for payment in the amount of \$70,902.78. These warrants are hereby approved.

Attest:

Lisa M. King


Commissioner
Commissioner
Commissioner
Commissioner
Commissioner

Warrants Processed:	3-1-16 – 3-31-16	\$70,902.78
Work Comp Claims Pd:	3-1-16 – 3-31-16	6,472.12
Kruger Clinic Processed:	3-1-16 – 3-31-16	42,434.13
Payroll:	2-14-16 – 2-27-16	17,801.47
	2-28-16 – 3-12-16	<u>16,381.82</u>
		34,183.29
Electronic Payments:	Payroll Taxes	15,000.42
	Paychex	191.10
	Valic Retirement	5,474.61
	AmeriFlex FSA	1,125.76
	Bank Fees	496.81
	WA State Dept Revenue	764.69
	Program Expenditures	<u>450,549.30</u>
		473,602.69
	Grand Total	<u>\$627,595.01</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2016-03

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

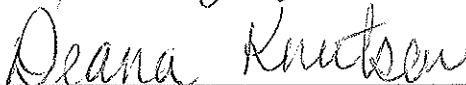
Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.


ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 27th day of April, 2016, the following commissioners being present and voting in favor of the resolution.




President and Commissioner



Commissioner & Secretary



Commissioner



Commissioner



Secretary and Commissioner

CERTIFICATE

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2016-03 is a true and correct copy of the original resolution adopted on April 27, 2016, as that resolution appears on the Minute Book of the District.

DATED this 27th day of April, 2016.



Deana Knutsen
Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 4/30/2016	Disposal Date
05	2045015	7140	GE AMX IV PORTABLE C-ARM U	1	4/1/2004	96	33,389.47	-	4/30/2016
05	6700901	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700902	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700903	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700904	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	7807401	7250	BABY CRIB (MIDMARK K5117)	1	9/1/2007	180	1,269.45	536.00	4/30/2016
06	2024033	8611	FILE, 5-DRAWER ROLLOUT LGY	1	5/1/2002	180	731.35	48.74	4/30/2016
05	9114101	7250	RECLINERS PT. HOLDING AREA	1	12/1/2009	120	577.38	206.90	4/30/2016
05	9114102	7250	RECLINERS PT. HOLDING AREA	1	12/1/2009	120	577.39	206.90	4/30/2016
05	1001905	7230	SCALE WHEELCHAIR (RME)	1	2/1/2010	180	5,902.05	3,442.86	4/30/2016
05	9115901	6014	METRO BASIX CART	1	12/1/2009	120	860.83	494.98	4/30/2016
05	9115902	6014	METRO BASIX CART	1	12/1/2009	120	860.84	494.98	4/30/2016
05	3170001	7154	TIBURON RECT TABLE 48X24X1	1	10/1/2003	180	432.07	72.06	4/30/2016
05	2031799	7153	TIBURON RECT TABLE 48X24X1	1	10/1/2003	180	432.07	72.06	4/30/2016
05	2031786	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
05	2031787	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
05	2031788	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
							38,954.67	5,765.62	

April 2016 Program Summary

- Two new applications for review and action
- Discussion about Infrastructure/Building Healthy Communities Request for Proposals (RFP)
- Behavioral Health Summary/Follow-up on Compass Health Funding Request

Two new application requests are up for discussion:

1. **Turning Point- Back to School Health Fair:** a \$20,000 funding request for the annual school resource & health fair in August at Cedar Valley Elementary. The fair includes health exams, vision checks, immunizations and oral exams. In 2015 Verdant provided \$12,000 in funding and the event served 810 students and 500 parents. Turning Point is the non-profit fiscal agent for the project, which continues to receive support from CHC of Snohomish County and the Edmonds School District.

The program committee is recommending partially funding the request at \$12,000 on a one-time basis.

2. **Mercy Housing -- Bringing Health Home Snohomish:** a multi-year request at \$180,000 per year for three years. Mercy Housing would partner with the Housing Authority of Snohomish County and YWCA to implement health programs at 7 affordable housing complexes in South Snohomish County with the goal of serving 800 residents per year. The program is modeled after a project Mercy Housing ran in partnership with the King County Housing Authority using Community Health Promoters. The goal is to address health disparities and social determinants of health, and the program would track outcomes like vaccinations, tobacco use, increased physical activity and screenings.

The program committee would like the full board to discuss this request. The program matches Verdant's general education and prevention priorities, but it does not specifically address one of Verdant's major priorities like behavioral health or adult dental care.

Infrastructure/Building Healthy Communities Fund Request for Proposal

The program committee discussed options for releasing a new request for proposal (RFP) for its Building Healthy Communities Fund. **The committee is recommending releasing a similar RFP that includes projects that increase opportunities for residents to live active and healthy lives, but also including an emphasis on projects that match another Verdant priority (ex. improving behavioral health, dental care).**

A new request for proposal would focus on projects that:

- Provide access to health and wellness opportunities in neighborhoods or communities that are not currently available, including projects that increase opportunities for residents to live active and healthy lives, or;
- Significantly increase the capacity/service level in high needs areas such as behavioral health, dental, access to healthcare or services for seniors;
- Can measure specific results and community health or wellness improvements as a result of the project;

- Include cooperation between multiple organizations or jurisdictions;
- Leverage other funding sources;
- Have a clear plan for ongoing maintenance and sustainability.

The proposal review process would be:

1. Request for proposals released
2. Applications received, screened by staff
3. Program Committee review
4. Program presentations to board
5. Board review & approval
6. Contracting with funded organizations
7. Construction begins

Behavioral Health/Compass CPIT Proposal

At the last board meeting, we reviewed a proposal from Compass Health for Crisis Prevention & Intervention Teams (CPIT). Two follow up requests were made:

1. More information about how the program fits in with Verdant's existing behavioral health programs. Verdant staff will present on this at today's board meeting.
2. Explore opportunities that leverage funds from North Sound Mental Health or other sources.

Compass Health - Crisis Prevention & Intervention Teams (CPIT): a multi-year request to support a 24-hour crisis prevention and intervention team that would serve adults, adolescents, and teens. The team would work in a transitional role by attempting to move people in crisis to appropriate mental health services at either Compass Health or at another agency or hospital. Funds would be used for 1 FTE licensed clinician and 1 FTE certified peer counselor. The two Compass staff would be dedicated to South County and would be co-located at Fire District 1 offices. The program has been funded in Snohomish, Whatcom, and Skagit Counties by North Sound Mental Health.

New Funding Requests		Description	Request for funding			Priorities
#	Name		Year 1	Year 2	Year 3	
1	Turning Point - Back to School Health Fair	A funding request for the annual school resource & health fair in August at Cedar Valley Elementary. The health fair provides health exams, vision checks, immunizations and oral exams/fluoride varnish. More than 600 children and 300 adults have been served each year. In 2015 Verdant provided \$12,000 in funding and the event served 810 students and 500 parents. Turning Point is the non-profit fiscal agent for the project, which continues to receive support from CHC of Snohomish County and the ESD.	\$20,000			Prevention, Access to Healthcare
2	Intercommunity Mercy Housing - Bringing Health Home Snohomish	Mercy Housing would partner with the Housing Authority and YWCA to implement health programs at 7 affordable housing complexes in Verdant's District. The program is modeled after a project Mercy ran in partnership with the King County Housing Authority using Community Health Promoters. The goal is to address health disparities and social determinants of health for 800 residents per year.	\$180,000	\$180,000	\$180,000	Prevention, Education & Empowerment, Access to Healthcare
Pending Funding Requests						
3	Compass Health - Crisis Prevention & Intervention Teams (CPIT)	A multi-year request to support a 24-hour community-based outreach team (CPIT) with the ability to provide mental health services in the community. The two Compass staff would be dedicated to South County and would be co-located at the Fire District offices. Funds would be used for 1 FTE licensed clinician and 1 FTE certified peer counselor.	\$255,870	\$222,870	\$222,870	Prevention, Access to Healthcare

Verdant Community Wellness Center Summary
April 2016

Completed Programs

A. General Community and Provider Events		Attendance
1. Little Wonders Group for Parents of Special Needs Infants (2/23 – 4/19)*		8-12
2. Medical Reserve Corp CPR Training (March 19)*		10
3. Russian Language Childhood Vaccines Workshop & Childcare (March 21)*		35
4. WAHA Regional Navigator Meeting (April 1)		45
5. Mothers of Children with Disabilities Monthly Support Network (April 2)		11
6. SHIBA Monthly Update Meetings (April 5)		30
7. Korean Women's Association: Liver Cancer Prevention (4/7)*		60
8. Edmonds School District Nurses/Health Services Meeting (4/19)		25
9. Financial Educators Network Training for Social Service Providers (4/21)		30
10. Early Achievers Strengthening Families Training (4/23, 5/21, 6/25)		6
11. Ongoing – Community Support for Prescription Assistance (weekly)		varies
B. Nutrition and Healthy Behaviors		Attendance
1. Surviving & Thriving with Chronic Kidney Disease (3/16 - 4/20)*		16-18
2. Nutrition in the Fast Lane (3/23)*		12
3. Exploring Vegetarian Options (3/29)*		21
4. Feet First Community Walk and Talk (4/2)		19
5. Teens in the Kitchen – Hands on Cooking Class (4/5 & 4/7)*		12
6. Getting to Goal Weight Reduction Workshop (4/7)*		28
7. Whole Foods Challenge (4/13 – 5/4)*		23
8. Hands on Family Cooking – Making Healthy Breakfasts (4/16)*		19
9. Spanish Language Cooking Matters for Families - Session 3 (4/18 – 5/23)*		25
10. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*		6-12
11. Getting to Goal Program (Weight Management Consultations)*		20 clients
C. Behavioral Health & Substance Use		Attendance
1. THS Parent Coaching Group (3/22, 3/29)		4-6
2. National Alliance on Mental Illness "Connections" Group (3/24, 4/14, 4/28)		3-8
3. Evergreen Hospice Volunteer Training (3/26, 4/9)		15
4. Behavioral Health Provider Trainings on NEAR and SBIRT (3/29, 4/5, 4/12)		6-8
5. Brain Health Study Group (4/1, 4/15, 4/29)		varies
6. Brain Health and Wellness Classes (April 4/4, 4/11, 4/12, 4/18, 4/19) *		varies
7. Snohomish County Caregiver & Kinship Support Groups (4/7, 4/19, 4/21)		2-6
8. WRAPS Behavioral Health Provider Training (4/12)		45
9. YWCA Building Family Strengths Parenting Class & Childcare (4/13 – 6/ 4)*		10-14
10. Stress Management Through Yoga Workshop (4/16)*		16
11. Survivors of Suicide Support Group (4/21 – 6/9)		8
12. YWCA Women's Art Therapy Group (4/22 – 5/31)*		8
13. NAMI Presents: Youth Suicide Prevention (April 21)*		23
14. Veterans Drop-In Support (weekly – County & City of Lynnwood)		varies
15. Adult Children of Alcoholics Weekly Support Group (ongoing)		4-10
16. THS Youth Counseling & Medication Management Sessions in March		38
D. Other Programs		Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*		25-30

Program Payout Schedule
as of March 2016

E: 26:16
4:37:16

	A	B	C	2016 Committed Funding							Other	Seniors, Comm. Para. Care Coord.	Program End
				A. Mental Health	B. Childhood Obesity	C. Long-term Healthy Lifestyle	D. Treatment/ Healthcare Access	E. Dental	Other Prevention				
7100 - Grants													
Committed													
Center for Human Services Counseling	\$ 165,000	\$ 165,000	X										Dec-17
CHC Behavioral Health Integration	\$ 300,000	\$ 25,000	X										Feb-17
ChildStrive Nurse Family Partnership	\$ 280,000	\$ 280,000	X										Dec-18
Domestic Violence Services Teen Prevention	\$ 22,266	\$ 22,266	X										Jun-18
Edmonds Community College Veteran's Support	\$ 52,756	\$ 30,774	X										Jul-17
Edmonds Schools Student Support Advocate	\$ 310,586		X										Dec-16
PSCC Mental Health Counseling Program	\$ 16,668		X										Aug-16
Snohomish County Music Project	\$ 26,583		X										Nov-16
Therapeutic Health Services Youth Behavioral	\$ 200,000	\$ 100,000	X										Jun-17
YWCA Children's Domestic Violence	\$ 25,000	\$ 25,000	X										Jul-18
YWCA Mental Health Counseling	\$ 25,000	\$ 25,000	X										Dec-18
Boys & Girls Club Healthy Habits	\$ 102,667			X									Aug-16
Campfire	\$ 50,000	\$ 50,000		X									Dec-17
City of Lynnwood Move GO: Teens!	\$ 73,729	\$ 73,729		X									Dec-17
Edmonds School District Move GO!	\$ 518,637	\$ 354,857		X									Aug-17
Snohomish County Health Leadership Coalition	\$ 50,000			X									Mar-17
ICSNIW Health Access for Underserved	\$ 94,051	\$ 70,538					X						Sep-17
Prescription Drug Assistance Program	\$ 20,833						X						Jun-17
Project Access Northwest	\$ 90,000	\$ 90,000					X						Dec-17
PSCC Mobile Medical Clinic	\$ 102,600	\$ 96,000					X						Jun-18
CHC of Snohomish County Dental Program	\$ 62,500							X					Dec-16
MTI Mobile Dental Program	\$ 66,000	\$ 66,000						X					Aug-18
PSCC Dental Clinic	\$ 110,000	\$ 190,000						X					Jun-19
3rd Grade Swim Lessons	\$ 50,000								X				Sep-17
Alzheimer's Association	\$ 86,510								X				Dec-16
American Red Cross CPR Training	\$ 7,500								X				Jul-16
Brain Injury Alliance Support Program	\$ 42,500	\$ 30,000							X				Jun-18
Cascade Bicycling Club Advanced Basics	\$ 32,000	\$ 32,000							X				Dec-18
City of Lynnwood Fire Mobile Integrated Care	\$ (58,355)										X		Complete
Community Paramedic	\$ 344,000	\$ 344,000									X		Dec-18
Korean Women's Association Everyday Prevention	\$ 60,000	\$ 60,000							X				Dec-17
EdCC Student Health & Wellness Program	\$ 29,847								X				Jun-16
Edmonds Senior Center Enhanced Wellness	\$ 110,000	\$ 82,500									X		Sep-17
Kinderling Early Intervention	\$ 67,500								X				Sep-16
MRC Training Program	\$ 10,100								X				Jun-16
PEPS	\$ 35,850								X				Dec-16
Puget Sound Kidney Center	\$ 45,833								X				Nov-16
Seattle Visiting Nurses Flu Vaccines	\$ 19,671								X				Mar-16
Senior Services Center for Healthy Living	\$ 560,240	\$ 560,240									X		Sep-18
Senior Services Care Coordination	\$ 135,000										X		Dec-16
Alpha Supported Living (formerly Smithwright)	\$ 65,000								X				Dec-16
American Diabetes Association	\$ 25,000	\$ 15,000							X				Dec-18
Wonderland Development Center	\$ 90,000								X				Aug-16
American Red Cross Family Fire Prevention	\$ 5,000	\$ 5,000							X				May-18
Total Committed	\$ 4,528,072	\$ 2,792,905	\$ 1,423,859	\$ 795,033	\$ -	\$ 307,484	\$ 238,500	\$ 672,311	\$ 1,090,885				
Not Committed (Available to Spend)	\$ 1,459,282	\$ -											
Total Grants	\$ 5,987,354	\$ 2,792,905											
7300 - Internal Programs													
Committed													
VVCW Programs (budget)	\$ 105,000								X				
VOAWW 211 Community Resource Advocate	\$ 78,646										X		Dec-16
Total Committed	\$ 78,646	\$ -							\$ 105,000	\$ 78,646			
Not Committed (Available to Spend)	\$ 105,000	\$ -											
Total Internal Programs	\$ 183,646	\$ -											
7200 - Discretionary													
Committed													
ASEdCC Food Choice Goal Committee	\$ 613								X				One-time
Edmonds Senior Center CAFÉ	\$ 5,000								X				One-time
City of Edmonds Health & Fitness Expo	\$ 2,000			X									One-time
Total Committed	\$ 7,613	\$ -											
Not Committed (Available to Spend)	\$ 42,387	\$ -											
Total Discretionary Programs	\$ 50,000	\$ -											
7500 - Building Healthy Communities Fund													
Committed													
City of Brier Walking Program	\$ -	\$ -											
City of Edmonds Fitness Center Upgrade	\$ -	\$ -											
Woodway Recreation Campus Renovation	\$ 625,000	\$ 625,000				X							Jan '17 final pmt
Bike2Health	\$ 724,000					X							Dec '16 final pmt
Total Committed	\$ 1,349,000	\$ 625,000											
Not Committed (Available to Spend)	\$ -	\$ -											
Total BHCF Programs	\$ 1,349,000	\$ 625,000			\$ 2,000	\$ 1,349,000	\$ -	\$ -	\$ 5,613	\$ -			
7400 - One Time Events													
Committed													
Hope Heart Institute	\$ 5,000			X									One-time
MLT Senior Center AED project													
Turning Point Back to School Health Fair													
EdCC Celebration of Food													
City of Lynnwood - Fire Camp													
Dance for Parkinsons													
Total Committed	\$ 5,000	\$ -		\$ 5,000									
Not Committed (Available to Spend)	\$ 55,000	\$ -											
Total One Time Events Programs	\$ 60,000	\$ -											
TOTAL	\$7,630,000	\$3,417,905	\$ 1,423,859	\$ 797,033	\$ 1,349,000	\$ 307,484	\$ 238,500	\$ 861,570	\$ 1,169,531	\$ 6,146,976			% of total committed funds
			23%	13%	22%	5%	4%	14%	19%				



Agenda

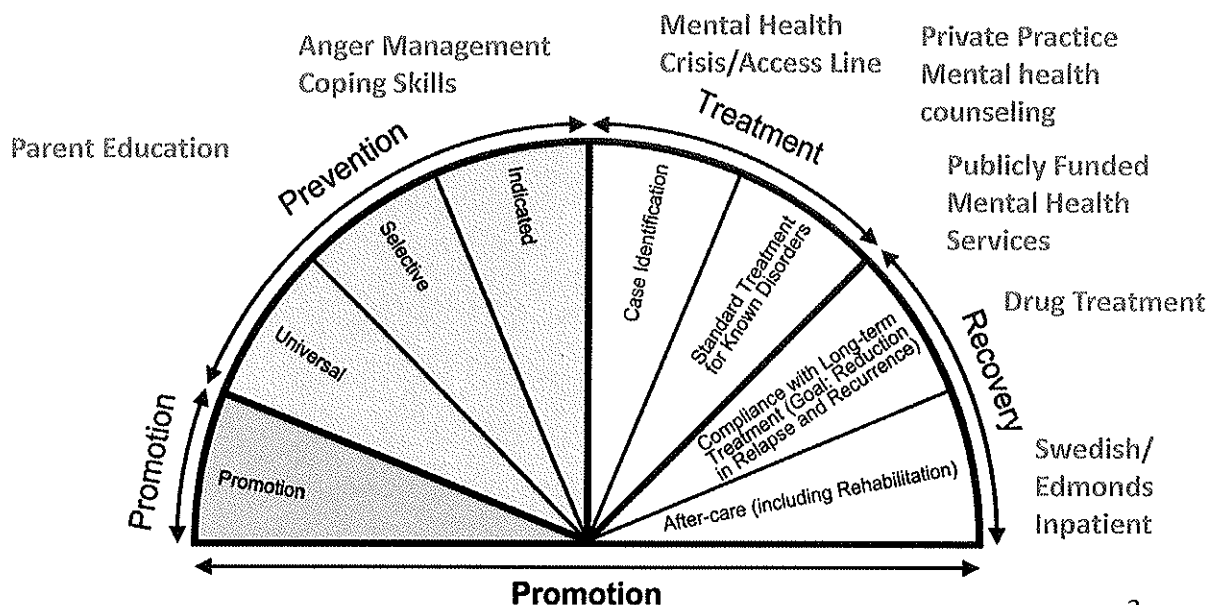
- Background info
- Snapshot of funded programs
- Where does proposed project fit in?
- Opportunities for funding leverage



Background Information

- Between 1/4 and 1/3 of adults living with a mental illness
- Range of diagnoses and prevalence: anxiety, depression, PTSD, substance use
- Fragmented approach to prevention and treatment: psychiatric, public mental health system, licensed mental health counselors, substance use treatment
- Verdant Strategic Plan:
 - A2: Identify, invest in new evidence-based prevention programs
 - D1: Identify & support capacity improvements for behavioral health systems

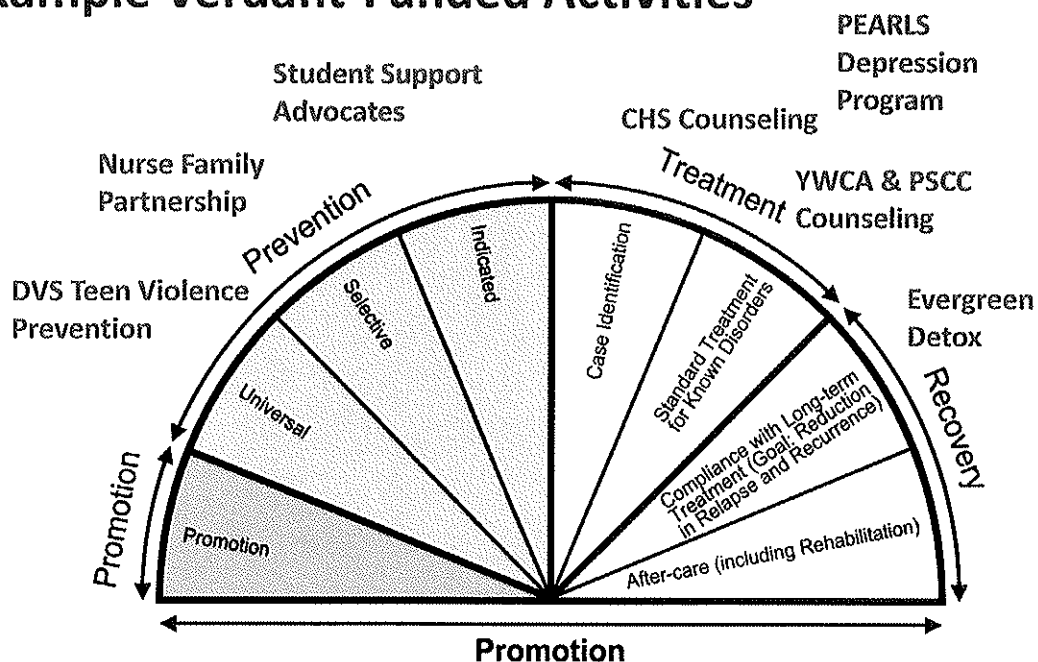
Mental Health Intervention Spectrum



Source: Institute of Medicine, National Academy of Sciences Framework

3

Example Verdant-Funded Activities



4

Compass CPIT Program

- 24-hour, community based outreach team that serves adults, adolescents, and children
- Open to individuals experiencing a behavioral health crisis or is in a pre-crisis situation that is deteriorating
- 1 FTE clinician and 1 FTE peer counselor
- Project co-located with Fire District
- Targeted follow-up:
 - Urgent ‘Walk-in’ office appointments during business hour, and urgent follow up appointments
 - Care planning services for up to 2 weeks
 - Community Outreach

Opportunities for Funding Leverage

- Original CPIT project funding: North Sound Behavioral Health Organization (BHO)
- Verdant would be sole funder for 2 dedicated FTE; ongoing clinical interventions paid through standard contracts
- Compass thoughts on leverage opportunities:
 - North Sound BHO interested in possible expansion; will take time to work through their processes and timeline
 - Compass open to “stepped-down” funding with Verdant providing 100% of year 1 and then decreasing commitment through year 3. Compass would commit to service level and raising matching funds.



Verdant Commissioner Discussion & Questions

7



Program List

	\$ per year	# served per year
Center for Human Services Counseling	\$165,000	158
CHC Behavioral Health Integration	\$300,000	115 (yr 1)
ChildStrive Nurse Family Partnership	\$280,000	218
Domestic Violence Services Teen Prevention	\$22,266	241
Edmonds Schools Student Support Advocate	\$310,586	350
PSCC Mental Health Counseling Program	\$16,668	45
Snohomish County Music Project	\$26,583	40 1,500 (goal for year 1, started in Sept '15)
Therapeutic Health Services Youth Behavioral	\$200,000	
YWCA Children's Domestic Violence	\$25,000	57
YWCA Mental Health Counseling	\$25,000	200
Evergreen Recovery Centers -- Detox	\$200,000 (one-time in 2015)	To be completed in '16; goal 1,000 per year

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Verdant Community Wellness Center Summary April 2016

Upcoming Programs

E. General Community and Provider Events

1. Little Wonders Support Group for Parents of Special Needs Infants (1st Tuesday of the month)*
2. SHIBA Welcome to Medicare / Anti-Fraud Event (April 30)
3. SHIBA Monthly Update Meetings (May 3)
4. Korean Women's Association: Everyday Mental Health (May 5)*
5. Community Health Workers Coalition (May 6)
6. Medical Reserve Corps - Psychological First Aid Training (May 7)*
7. Mothers of Children with Disabilities Monthly Support Network (May 7)
8. Evergreen Home Health (May 10, 18)
9. Senior Services Social Worker Training (May 11)
10. Promotora Training on Health Coverage and Health Care Access in South County (May 12)*
11. Edmonds School District Nurses/Health Services Meeting (May 13)
12. Latino Education and Training Institute Student Workshop (May 14)
13. Live Healthy 2020 Activity Workgroup Meeting (May 18)
14. Alzheimer's Association Walk Planning Committee (May 19)
15. Understanding Medicare Monthly Workshops (starting May 20)
16. Early Achievers Strengthening Families Training (May 21, June 25)

F. Nutrition and Healthy Behaviors

1. Whole Foods Challenge (April 13 – May 4)*
2. Spanish Language Cooking Matters for Families - Session 3 (April 18 – May 23)*
3. Cooking Demo – Good and Cheap (April 26)*
4. Anti-Inflammatory Diet (May 4)
5. Staying Active with Knee and Back Pain (May 25)

G. Behavioral Health & Substance Use Focus

1. YWCA Women's Art Therapy Group (April 12 – May 31)*
2. YWCA Building Family Strengths Parenting Class with Childcare (April 13 – June 4)*
3. Survivors of Suicide Support Group (April 21 – June 9)
4. Brain Health and Wellness Classes (May 3, 9, 10, 16, 17, 23, 24, 31)*
5. Snohomish County Caregiver and Kinship Support Groups (May 5, 17, 19)
6. National Alliance on Mental Illness "Connections" Support Group (May 12 and 26)
7. Brain Health Study Group (May 13, 27)
8. NAMI Presents: Crisis Intervention (May 19)*
9. NAMI Presents: Crisis Intervention – All day Saturday Workshop (May 21)*
10. For the Kid's Sake – for Parents Going Through Divorce (May 26)

* = Grant/Program Funded Partner

April 2016 Marketing Report

The Canopy Newsletter distributed

- Delivery began April 20
- 79,000+ copies mailed
- Sent to households and businesses
- Focus on healthy lifestyle choices, including Verdant's Lifestyle Change Check-In program and the county-wide 5210 campaign to encourage more fruits and veggies and activity time and less sugary drinks and screen time

Coming Events

- **Edmonds Senior Center Health Fair:** Friday, April 29, 10 a.m. – 2 p.m. at the Edmonds Senior Center
- **Health & Fitness Expo:** Saturday, May 14, 9 a.m. – 12 p.m. at Edmonds School District Stadium