

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
BOARD OF COMMISSIONERS  
Regular Meeting  
A G E N D A  
January 25, 2017  
8:00 a.m. to 9:30 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of Officer Appointments & Committee Assignments	Action	8:01	1-2
C. Approval of the Minutes			
a) December 14, 2016 Board Meeting	Action	8:03	3-7
D. Executive Committee Report	Information	8:04	---
E. Superintendent's Report	Information	8:07	8-9
F. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:12	10-16
b) Authorization for payment of vouchers and payroll	Action	8:17	17
c) Resolution 2017:01 Surplus Property	Action	8:18	18-21
G. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:18	---
b) Program investment recommendations	Action	8:20	22-23
c) Verdant Community Wellness Center activities update	Information	8:30	24-25
d) Program Presentation from Compass Health	Information	8:35	
H. Marketing Report	Information	8:50	26-27
I. Public Comments (please limit to three minutes per speaker)	---	9:00	---
J. Commissioner Comments	---	9:10	---
K. Executive Session	---	9:15	---
a) Consider the legal risks of a proposed action of the district			
L. Open Session	---	9:30	----
M. Adjournment	---	9:30	---



## **Proposed 2017 Officers & Committee Assignments:**

- President – Deana Knutsen
- Secretary – Bruce Williams
- Executive Committee –  
Deana Knutsen (Chair)/Bruce Williams
- Finance Committee –  
Karianna Wilson (Chair)/Bruce Williams
- Program Committee –  
Bob Knowles (Chair)/Fred Langer
- Strategic Collaboration Committee –  
Deana Knutsen (Chair)/Karianna Wilson
- Medical Advisory Committee –  
ad hoc



### **2017 Monthly Board Meetings**

4<sup>th</sup> Wednesday of the month, unless noted \*  
8 to 10 a.m.  
Verdant Community Wellness Center

January 25  
February 22  
March 22  
April 26  
May 24  
June 28  
July 26  
August 23  
September 27  
October 25  
November 15 \* (3<sup>rd</sup> Wednesday)  
December 20 \* (3<sup>rd</sup> Wednesday)

### **2017 Board Study Sessions**

8 to 10 a.m.  
Verdant Community Wellness Center

**February 8** – Value Village property development

**March 8** – Building Healthy Communities & the ACA

**June 9** – Board Mini Retreat, 12 to 5 p.m.

**September 13** – 2018 Budget

**December 1 to 2** – Board Retreat  
12 to 5 p.m. Friday  
8 a.m. to 12 p.m. Saturday  
Location TBD

### **2017 Other Important Calendar Items**

Verdant Healthier Community Conference  
Monday, February 27  
8 a.m. to 4:15 p.m.  
Lynnwood Convention Center

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Verdant Community Wellness Center**

**December 14, 2016**

**Commissioners  
Present**

Fred Langer, President  
Deana Knutsen, Commissioner  
J. Bruce Williams, M.D., Commissioner  
Bob Knowles, Commissioner (8:05 a.m. arrival)  
Karianna Wilson, Commissioner (8:07 a.m. arrival)

**Others Present**

Carl Zapora, Superintendent  
Robin Fenn, Superintendent effective 2017  
George Kosovich, Assistant Superintendent &  
Program Director  
Jennifer Piplic, Marketing Director  
Lisa King, Finance Director  
Sue Waldin, Community Wellness Program Manager  
Sandra Huber, Outreach Specialist  
Karen Goto, Executive Assistant  
Members of the community

**Guests**

Ed Rogan, Waldron  
Molly Wolf, Ankrom Moisan Architects  
Dan Lessor, Mortenson Development  
Kendall Nielsen, Mortenson Construction  
Beratta Gomillion, Center for Human Services  
Marcy Shimada, Edmonds Family Medicine

**Call to Order**

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Langer.

**Approval of  
Minutes**

**Motion was made, seconded and passed unanimously to approve** the minutes of the regular meeting on November 16, 2016.

**Motion was made, seconded and passed unanimously to approve** the minutes of the special board meeting on December 2 to 3, 2016.

**Executive  
Committee**

Commissioner Knutsen reported that the Executive Committee met on December 9, 2016 to review the December 14, 2016 board meeting agenda, discuss the recent board special meeting/retreat goals and

strategic plan, and spend time with the new Superintendent.

**Motion was made, seconded and passed unanimously to approve** the 2017 meeting schedule (E:77:16).

2017 proposed officers and committee assignments were presented (E:78:16) and will be approved at the January 25, 2017 regular board meeting.

### **Superintendent Appointment**

**Motion was made, seconded and passed unanimously to approve** Resolution 2016:09 appointing Dr. Robin Fenn as Superintendent of the district and removing Carl Zapora as Superintendent of the district as of December 31, 2016, 3 p.m.

### **Board Finance Committee**

The committee met on December 12, 2016. Ms. King reviewed the financial statements and cash activity for November 2016 (E:79:16). Warrants called out include #11964 to Foster Pepper for \$24,901.40, and #11972 to K & K Construction for painting at the Kruger Clinic which was paid from Verdant due to the change in the Kruger Clinic property management firm. Deposits called out include \$148,547.00 for 2008 CPE Medicare settlement, \$842,988.86 for M & O levy payment, and \$1,000.00 from a sponsorship of the Verdant Healthier Community Conference in 2017.

### **Authorization for Payment of Vouchers & Payroll**

Warrant numbers 11929 through 11985 for November 2016 for payment in the amount of \$97,005.41 were presented for approval (E:80:16). **Motion was made, seconded and passed unanimously to approve.** Warrant numbers 11877 through 11928 for October 2016 for payment in the corrected amount of \$123,872.84 were also presented for approval (E:81:16). **Motion was made, seconded and passed unanimously to approve.** Commissioners Knutsen and Knowles thanked Ms. King for her good work.

### **Ankrom Moisan Feasibility Study**

Ankrom Moisan & Mortenson Construction presented a feasibility to the board with potential options for developing the Value Village parcel in to something that aligns with Verdant's mission, vision and strategic plan and is also a potential investment opportunity (E:82:16).

**Program  
Oversight  
Committee  
Report &  
Recommendations**

Commissioner Williams commented that there are several potential needs for that parcel. Beyond mental health, he was interested in cancer treatment, infusion space, geriatric care, primary care and retail or educational space. He wants to maintain a positive frontage to the hospital.

Commissioner Wilson commented that the PHD has the option to continue to sign short-term leases with Value Village or leave the building unoccupied so there is no need to rush a decision based on the lease expiration. President Langer thanked Ankrom Moisan & Mortenson Construction for the study and commissioners agreed that a future study session(s) to further explore options for the parcel will occur in early 2017.

No conflicts of interest were reported by any of the commissioners present.

The Program Committee met on December 9, 2016 to review four applications for renewal funding (E:83:16).

**Program Applications Recommended for Funding:**  
***Motion was made, seconded and passed unanimously to approve*** the Senior Services of Snohomish County Care Coordination Program in the amount of \$135,000 for one year as alternative funding models emerge. Commissioner Williams asked that the board be notified if one year of funding created challenges for Senior Services.

**Program Applications Not Recommended for Funding:**  
Alpha Supported Living Services Wellness Program for Individuals with Disabilities as providing nursing services for residents does not connect closely enough with a Verdant funding priority.

**Program Applications for Additional Discussion:**  
Northwest Parkinson's Foundation South Snohomish County Programming – Commissioner Williams voiced a conflict for himself as he has patients with Parkinson's.  
***Motion was made with Commissioners Langer, Knowles & Knutsen voting Yes, Commissioner Wilson voting No and Commissioner Williams abstaining.***

## **Other Programs Discussed at Program Committee**

**Meeting:** Brookside Research & Development Preventing Falls in Older Adults through Communities of Faith. Commissioners requested follow-up. Snohomish County Music Project – Committee reviewed a summary of research related to music therapy and evidence supporting its use. The materials did not prompt a change in funding recommendation for the program.

### **Presentation from Center for Human Services & Edmonds Family Medicine**

Ms. Gomillion and Ms. Shimada presented a proposal for a PCP and Behavioral Health Integration Program which would utilize two full-time behavioral health therapists embedded in Edmonds Family Medicine to screen for depression, anxiety, and substance abuse (E:84:16). The 2017 Program Committee will do a further review of this request.

### **Verdant Community Wellness Center Update**

Ms. Waldin provided a summary of programming for November & December 2016 (E:85:16) and called out the Spanish Language Suicide Prevention, International Survivors of Suicide Loss Day, and upcoming events including the Veterans Claims Seminar and an info session on the benefits of yoga. Ms. Waldin noted that a modest fee will be charged for yoga because it is an 8-week commitment. Scholarships for district residents are available.

### **Marketing Report**

Ms. Piplic reported on the Verdant Healthier Community Conference which will be held on Monday, February 27, 2017 at the Lynnwood Convention Center (E:86:16). Molina Healthcare has been added as a bronze level sponsor. The sponsorship funds are used to help cover the cost of the speakers' fees.

### **Superintendent's Report**

Superintendent Zapora reported on several items:

1. The search by Waldron for the next Superintendent was done with excellence. Congratulations to Dr. Robin Fenn on her appointment.
2. Thank you to the staff of Verdant for their exceptional work.
3. Thank you to all community partners who help to do the work of Verdant.

4. Commissioner Knutsen will serve as board president in 2017 and will be meeting with Brad Berg of Foster Pepper & Ben Lindekugel of the Association of Washington Public Hospital Districts today.
5. Dr. Robin Fenn will be meeting with Superintendent Zapora on December 20, 21, 22, 2016 and will join him in meetings with the staff, Sarah Zabel of Swedish Edmonds, and Howard Thomas of Thomas & Associates Consulting.
6. Superintendent Zapora will provide a year-end summary to the board.
7. The recent board retreat went well and Ms. Margot Helphand was an excellent facilitator.
8. Superintendent Zapora & Mr. Kosovich will be meeting with Dave Gossett to understand the future of the Snohomish Health District, which is not part of Snohomish County government.
9. Superintendent Zapora's time with Verdant ends at 3 p.m. on December 31, 2016 and he gave thanks to the board.

**Public  
Comments**

Dr. Robin Fenn also thanked the board and is looking forward to joining Verdant.

**Commissioner  
Comments**

Commissioner Williams welcomed Dr. Robin Fenn to Verdant.

**Adjourn**

There being no further business to discuss, the meeting was adjourned at 9:32 a.m.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

**Superintendent's Activity Report**  
**activities scheduled to be completed 31 January 2017**

Meet and Greet Meetings:

- All staff (in groups and individually)
  - Nancy Budd (VOA/2-1-1)
  - Misty Petersen (VOA/2-1-1)
  - Brad Berg
  - Howard Thomas
  - Sarah Zabel
  - Ben Lindekugel
  - Scott Forslund
  - Kathy Coffey
  - Deana Knutsen
  - David Earling
  - Kris McDuffy
  - Erica Ash
  - David Jaffe
  - Gary Haakenson
  - Tom Davis
  - Carl Zapora
- 
- Meeting with Sarah/Swedish/Molly/VHC staff
  - Meeting with Move 60 program
  - Meeting with Childstrive
  - Meeting with Mike Schindler re: Vets/Fire District program
  - Meeting with DVS
  - Meeting/tour of Edmonds Senior Center
  - Meeting with Duane Hodges (MLT developer)
  - Meeting with SAO (re: fiscal audit policy)
  - Conference call with Snohomish Health District

Reviewed:

- Lease agreement
- RCWs/legal aspects of public hospital districts
- PHD bylaws
- Employee manual
- State audit
- Budget
- VV proposal
- Grant program files
- ACLU Maternity Services documents

Attended:

- State of Reform conference
- Leadership Snohomish Board of Directors meeting
- Leadership Snohomish Fund Committee meeting
- Snohomish County Health Leadership Coalition meeting
- North Sound Accountable Community of Health—Steering Committee meeting
- North Sound Accountable Community of Health—Governing Body meeting
- Edmonds Chamber of Commerce breakfast
- Edmonds Rotary
- Lynnwood Rotary
- CEO Roundtable meeting
- Verdant Board meeting
- Executive Committee meeting
- Finance Committee meeting
- Program Committee meeting
- City of Lynnwood Directors' meeting
- UW Bothell School of Nursing/Health Sciences Reception
- PHD Maternity Services Webinar

**Balance Sheet**

As of December 31, 2016

	<u>Dec 31, 2015</u>	<u>Dec 31, 2016</u>	<u>\$ Change</u>	<u>Comments:</u>	
<b>ASSETS</b>					
<b>Current Assets</b>					
1	Cash Balance	2,928,196	3,456,540	528,344	
2	Accounts Receivable	71,993	18,000	(53,993)	Sponsorship of VHCC
<b>Other Current Assets</b>					
3	Investments	33,671,131	36,730,694	3,059,563	
4	Prepaid Expenses & Others	833,268	27,616	(805,651)	
5	M&O Tax Levy Receivable	46,957	(5,745)	(52,702)	
6	<b>Total Other Current Assets</b>	<u>34,551,356</u>	<u>36,752,565</u>	<u>2,201,210</u>	
7	<b>Total Current Assets</b>	<u>37,551,544</u>	<u>40,227,106</u>	<u>2,675,561</u>	
8	<b>Total Fixed Assets</b>	<u>33,279,510</u>	<u>30,873,305</u>	<u>(2,406,205)</u>	Depreciation Expense & Swedish Asset Surplus
9	<b>Total Other Assets</b>	<u>13,618,154</u>	<u>15,321,745</u>	<u>1,703,592</u>	Deferred Rent: Pavilion, Hospital & TI Asset
<b>TOTAL ASSETS</b>	<b><u>84,449,208</u></b>	<b><u>86,422,155</u></b>	<b><u>1,972,948</u></b>		
<b>LIABILITIES &amp; EQUITY</b>					
<b>Liabilities</b>					
<b>Current Liabilities</b>					
10	Accounts Payable	153,828	95,994	(57,833)	
11	Credit Cards	1,033	1,428	395	
<b>Other Current Liabilities</b>					
12	Other Payables & Accruals	1,519,102	1,605,745	86,643	Security Deposits & Prepaid lease revenue
13	Current Portion of L-T Debt	805,000	840,000	35,000	2012 LTGO Bonds
14	Accrued Interest	10,975	8,963	(2,013)	2012 LTGO Bonds
15	Accrued Salary & Benefits	55,233	74,741	19,508	
16	Estimated Self-Insured Liability	294,194	313,923	19,729	W/C Reserve & Cost Reports
17	<b>Total Other Current Liabilities</b>	<u>2,684,504</u>	<u>2,843,372</u>	<u>158,868</u>	
18	<b>Total Current Liabilities</b>	<u>2,839,365</u>	<u>2,940,794</u>	<u>101,429</u>	
<b>Long-term Liabilities</b>					
19	<b>Total Long-term Debt</b>	<u>4,514,978</u>	<u>2,987,949</u>	<u>(1,527,030)</u>	Includes 2012 LTGO Bonds
20	<b>Total Other Long-term Liabilities</b>	<u>100,000</u>	<u>100,000</u>	<u>-</u>	W/C Reserve
21	<b>Total Long-term Liabilities</b>	<u>4,614,978</u>	<u>3,087,949</u>	<u>(1,527,030)</u>	
22	<b>Total Liabilities</b>	<u>7,454,343</u>	<u>6,028,743</u>	<u>(1,425,600)</u>	
23	<b>Total Equity</b>	<u>76,994,864</u>	<u>80,393,412</u>	<u>3,398,548</u>	Net Income
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b><u>84,449,208</u></b>	<b><u>86,422,155</u></b>	<b><u>1,972,948</u></b>		

## Profit Loss

Through December 2016

	<u>Nov 2016</u>	<u>Dec 2016</u>	<u>\$ Change</u>	<u>Comments:</u>	
<b>Ordinary Income/Expense</b>					
1	Total Income	862,968	2,575,576	1,712,609	Includes annual deferred revenue/Sponsorship of VHCC
	<b>Expenses</b>				
	<b>Operating Expenses</b>				
2	Total Salaries & Benefits	70,816	71,616	800	
3	Total Workers Comp	1,982	1,983	0	
4	Total Professional Services	25,758	62,399	36,640	Dec includes Aug-Nov Legal Expenses/Waldron
5	Total Amortization	4,803	4,803	-	
6	Total Interest Expense	10,975	8,963	(2,013)	
7	Total Purchased Services	18,883	31,055	12,172	
8	Total Supplies	305	576	270	
9	Total Repairs & Maintenance	10,270	17,822	7,553	
10	Total Insurance	2,927	2,927	-	
11	Total Utilities	14,019	11,649	(2,370)	
12	Total Taxes	8,251	8,251	(1)	
13	Total Other Expenses	8,378	9,095	717	
14	Total Depreciation	193,431	193,410	(21)	
15	<b>Total Operating Expenses</b>	<u>370,799</u>	<u>424,549</u>	<u>53,750</u>	
	<b>Program Expenses</b>				
16	Total Program Expenses	<u>421,940</u>	<u>1,763,586</u>	<u>1,341,645</u>	Includes BHCF accounting
17	<b>Total Expense</b>	<u>792,740</u>	<u>2,188,135</u>	<u>1,395,395</u>	
18	<b>Net Ordinary Income</b>	70,228	387,442	317,214	
	<b>Other Income/Expense</b>				
	<b>Other Income</b>				
19	Total General Obligation Levy	13	1	(12)	
20	Total Maintenance & Operations Lev	181,488	179,589	(1,899)	
21	Total Non Operating Revenue	<u>(204,691)</u>	<u>(20,817)</u>	<u>183,874</u>	Loss on Investment
22	<b>Total Other Income/Expense</b>	<u>(23,190)</u>	<u>158,773</u>	<u>181,963</u>	
	<b>Net Income</b>	<u><u>47,038</u></u>	<u><u>546,215</u></u>	<u><u>499,177</u></u>	

**Balance Sheet**  
As of December 31, 2016

	A	B	C	D
	Dec 31, 2015	Dec 31, 2016	\$ Change	Comments:
<b>1 ASSETS</b>				
<b>2 Current Assets</b>				
<b>3 Cash Balance</b>	2,928,196	3,456,540	528,344	
<b>4 Other Current Assets</b>	34,623,348	36,770,565	2,147,217	Includes Investments
<b>5 Total Current Assets</b>	37,551,544	40,227,106	2,675,561	
<b>6 Total Long-term &amp; Fixed Assets</b>	46,897,663	46,195,050	(702,613)	Includes Depreciation
<b>7 TOTAL ASSETS</b>	<b>84,449,208</b>	<b>86,422,155</b>	<b>1,972,948</b>	
<b>8 LIABILITIES &amp; EQUITY</b>				
<b>9 Liabilities</b>				
<b>10 Current Liabilities</b>	2,839,365	2,940,794	101,429	Includes BHCF
<b>11 Long-term Liabilities</b>	4,614,978	3,087,949	(1,527,030)	2012 LTGO Bonds/BHCF
<b>12 Total Liabilities</b>	7,454,343	6,028,743	(1,425,600)	
<b>13 Total Equity</b>	76,994,864	80,393,412	<b>3,398,548</b>	Annual Net Income
<b>14 TOTAL LIABILITIES &amp; EQUITY</b>	<b>84,449,208</b>	<b>86,422,155</b>	<b>1,972,948</b>	

**Profit & Loss**

December 2016

	A	B	C	D	E	F
	Dec Actual	Dec Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
<b>1 INCOME</b>						
<b>2 Ordinary Income</b>	2,575,576	2,604,331	(28,755)	11,853,705	11,811,203	42,502
<b>3 EXPENSES</b>						
<b>4 Operating Expenses</b>	231,139	209,504	(21,635)	2,160,920	2,450,886	289,966
<b>5 Depreciation Expense</b>	193,410	195,521	2,111	2,401,591	2,427,807	26,216
<b>6 Program Expenses</b>	1,763,586	1,262,000	(501,586)	6,424,300	7,700,000	1,275,700
<b>7 Total Expenses</b>	2,188,135	1,667,026	(521,109)	10,986,811	12,578,693	1,591,882
<b>8 OTHER INCOME/(EXPENSE)</b>						
<b>9 Total Other Income/(Expense)</b>	158,773	226,468	(67,695)	2,531,654	2,717,610	(185,956)
<b>10 NET INCOME</b>	<b>546,215</b>	<b>1,163,773</b>	<b>(617,558)</b>	<b>3,398,548</b>	<b>1,950,120</b>	<b>1,448,428</b>

**Monthly Highlights**

December 2016

Verdant received dividends payments of \$45,437 and an unrealized loss of \$66,254 on our investment portfolio in December and closed 2016 with an ending market value of \$36,730,694.

Annual program commitments total \$6,424,300 and \$5,606,463 for 2016 and 2017, respectively. \$2,284,783 remains available to spend in 2017, of which \$50,000 is earmarked as Superintendent Discretionary.

Additional income of \$115,561 and expenses of \$53,514 from the Kruger Clinic were incurred, netting to an additional operating income of \$62,047 in December. Estimated total operating income for 2016 was \$520,708\* (\*excludes deferred rental income).

**Public Hospital District #2**

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
11987	12/07/2016	Ankrom Moisan	11,136.25	Kruger Clinic Restroom Remodel and Feasibility Study
11988	12/07/2016	Foster Pepper PLLC	31,116.50	Legal June and July 2016
11986	12/02/2016	Shooby Doo Catering	4,180.32	Catering for CZ Retirement
11989	12/07/2016	Dimensional Communication, Inc	1,373.93	Projector repair and replacement bulbs
11990	12/07/2016	Armstrong Services	1,314.82	Nov 2016 Janitorial
11991	12/07/2016	Ash Consulting	573.00	Accounting consulting
11992	12/07/2016	Beth Rodriguez, LLC	451.91	Nov 2016 VHCC Support
11993	12/07/2016	Comcast	271.99	Internet/Telephone
11994	12/07/2016	Guardian Security Systems	240.00	1/1/2017-3/31/17 Elevator and AES Radio Monitoring
11995	12/07/2016	Discovia	862.75	Public Records Request - Oct 2016
11996	12/07/2016	Hilton Garden Inn	445.07	Additional meals and AV services for Board Retreat
11997	12/07/2016	Aukema & Associates	625.00	Website Updates
11998	12/14/2016	Comcast	521.34	Internet/Telephone
11999	12/14/2016	AmeriFlex Business Solutions	23.00	Dec 2016 FSA Administration
12000	12/14/2016	Providence Health & Services	1,200.00	WC 109 - Instructor for Living Well Alliance 3/23, 4/26, 6/6, 11/30/16
12001	12/14/2016	Snohomish Health District	1,131.57	Data Analysis 10/1-13/2016 (13.5hrs)
12008	12/14/2016	Domestic Violence Sevices of Snoh Co	200.00	Refund of VCWC Deposit
12009	12/14/2016	Senior Services of Snoh Co	100.00	Refund of VCWC Deposit
12010	12/14/2016	Evergreen Health Medical Center	200.00	Refund of VCWC Deposit
12011	12/14/2016	Cocoon House	100.00	Refund of VCWC Deposit
12012	12/14/2016	San Juan Island Prevention Coalition CPWI	200.00	Refund of VCWC Deposit
12013	12/14/2016	Lutheran Community Services	200.00	Refund of VCWC Deposit
12014	12/14/2016	YWCA of Seattle, King & Snoh Co	200.00	Refund of VCWC Deposit
12015	12/14/2016	CARES	100.00	Refund of VCWC Deposit
12016	12/14/2016	Stilly Senior Center	200.00	Refund of VCWC Deposit
12017	12/14/2016	Alliance for Child Welfare Excellence.	200.00	Refund of VCWC Deposit
12018	12/14/2016	Korean Community Service Center	100.00	Refund of VCWC Deposit
12019	12/14/2016	SCAEYC	200.00	Refund of VCWC Deposit
12020	12/14/2016	Opportunity Council	100.00	Refund of VCWC Deposit
12021	12/14/2016	Snohomish Medical Reserve Corp	200.00	Refund of VCWC Deposit
12022	12/14/2016	Molina Healthcare.	200.00	Refund of VCWC Deposit
12023	12/14/2016	Felicia Seubert	100.00	Refund of VCWC Deposit
12024	12/14/2016	Edmonds School District 15	200.00	Refund of VCWC Deposit
12002	12/14/2016	Awards Service Inc	22.51	Name Plate for Robin Fenn
12003	12/14/2016	NAMI Snohomish County	2,800.00	WC 123 - Mental Health Workshops
12004	12/14/2016	RS Enterprises Inc	1,120.11	SSSC box truck wrap, print, install on one side
12005	12/14/2016	Sound Dietitians	649.05	WC 129 - Lifestyle Change Check-in 11/1,11/15; Cooking Demo 11/14+ food
12006	12/14/2016	The StayWell Company, LLC	3,000.00	4Q16 installment of health content for website
12007	12/14/2016	Thomas & Associates	3,575.00	Consulting 9/29, 12/1 Strategic Collab; Oct/Nov consulting
12025	12/14/2016	AWPHD	3,750.00	2017 Annual membership Dues
12026	12/14/2016	Healthcare Realty	6,015.82	Nov Property Management
12027	12/14/2016	Foster Pepper PLLC	8,595.84	Legal August 2016
12028	12/14/2016	State Auditor's Office	3,211.95	2015 State Audit
12029	12/14/2016	Kristi Marion	100.00	Refund for VCWC Deposit

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
12030	12/27/2016	Foster Pepper PLLC	7,461.04	Legal Sept and Oct 2016
12031	12/27/2016	Robin Fenn, PhD	3,046.32	Consulting 12/2-3/16 & 12/20-22/16
12032	12/27/2016	Puget Sound Energy	60.04	Natural Gas
12033	12/27/2016	Principal	1,189.93	EE Life Insurance
12034	12/27/2016	Electronic Business Machines	36.23	12/22/16-1/21/17 Canon Copy Machine
12035	12/27/2016	Pacific Art Press Inc	456.20	Fridge Magnets in English/Spanish for Programming
12036	12/27/2016	Discovia	320.25	Public Records Request - Nov 2016
12037	12/27/2016	The Lynnwood Chamber	150.00	Annual Dues 2017
12038	12/27/2016	Regence Blueshield	4,843.43	Jan 2017 Health Insurance
12039	12/27/2016	City of Lynnwood	2,433.50	Oct and Nov 2016 Water/Sewer
12040	12/27/2016	Staples	50.50	Supplies
12041	12/27/2016	Sound Publishing, Inc.	39.20	Legal Notice 12/14 Board Meeting
12042	12/27/2016	Margot Helphand	3,048.91	Facilitation of Board Retreat
12043	12/27/2016	EPromos	5,055.25	Water bottles, magnet clips, flat totes, stress balls, pens
12044	12/27/2016	UNITED WAY	612.00	4Q16 Employee Charitable Contributions
12045	12/28/2016	Wells Fargo	1,831.72	Misc.
12046	12/28/2016	Dataworks	578.80	IT Support
12047	12/28/2016	K & K Construction LLC	32,391.00	Kruger Clinic - Remove/Replace Window Trim and Remove 3 Privacy Walls
12048	12/28/2016	Wells Fargo	219.73	Misc.
12049	12/28/2016	Total Health	300.00	WC 144 - Mediterranean for Life
12050	12/30/2016	NAMI Snohomish County	3,100.00	WC 148 - Mental Health Workshops (7 series)
12051	12/30/2016	Sound Dietitians	659.86	WC 129 - Lifestyle Change Check-in 12/6, 12/20, Cooking Demo 12/7+ food
12052	12/30/2016	YWCA of Seattle, King and Snohomish Co	8,911.00	WC 128 - Difficult Emotions, Anxiety & Depr, Family Parenting, Holiday Blues
12053	12/30/2016	Snohomish County PUD	1,826.32	Electricity
12054	12/30/2016	P3G, Inc.	1,512.06	Marketing Materials - Bouncy balls
	12/20/2016	Harland Check Company	261.65	Order Check Stock
		Total Warrants	<u>171,502.67</u>	

**Workers Compensation Claims Activity:**

305339-341	Dec 2016	Various Claimants/Vendors	<u>4,951.90</u>	Administered by Eberle Vivian
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**Kruger Clinic Activity:**

648-649	Dec 2016	Various Claimants/Vendors	4,879.26	Administered by Healthcare Realty
3006, 3013	Dec 2016	Various Claimants/Vendors	<u>3,244.07</u>	Administered by PMNW
		Total Kruger Clinic	8,123.33	

Warrant Number	Transaction Date	Payee	Amount	Purpose
<b>Wire/ACH Activity:</b>				
	12/9/2016	Payroll	19,018.26	ACH payroll transfer
	12/9/2016	Department of Treasury	7,077.02	Payroll taxes for 12/3/16 pay period ending
	12/9/2016	Valic	3,107.09	Payroll 401(a)/457 Deposit
	12/9/2016	Paychex	106.33	Fee for payroll processing
	12/23/2016	Payroll	19,799.91	ACH payroll transfer
	12/23/2016	Department of Treasury	7,108.36	Payroll taxes for 12/17/16 pay period ending
	12/23/2016	Valic	3,088.92	Payroll 401(a)/457 Deposit
	12/23/2016	Paychex	106.33	Fee for payroll processing
	12/10/2016	Wells Fargo Merchant Services	182.32	Merchant Services
	12/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
	12/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	12/15/2016	American Diabetes Association	6,250.00	Program Payment
	12/15/2016	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	12/15/2016	CampFire	4,166.67	Program Payment
	12/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	12/15/2016	Center for Human Services	13,750.00	Program Payment
	12/15/2016	ChildStrive	23,333.33	Program Payment
	12/15/2016	City of Lynnwood	730,144.08	Program Payment
	12/15/2016	Community Health Center of Snohomish Co	25,000.00	Program Payment
	12/15/2016	Compass Health	18,572.50	Program Payment
	12/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	12/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	12/15/2016	Edmonds School District No. 15	70,239.34	Program Payment
	12/15/2016	Edmonds Senior Center	9,166.67	Program Payment
	12/15/2016	Kinderling	11,517.17	Program Payment
	12/15/2016	Korean Women's Association	5,000.00	Program Payment
	12/15/2016	Medical Teams International	5,500.00	Program Payment
	12/15/2016	PEPS	2,987.50	Program Payment
	12/15/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	12/15/2016	Project Access Northwest	7,500.00	Program Payment
	12/15/2016	Puget Sound Christian Clinic	25,911.11	Program Payment
	12/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	12/15/2016	Snohomish County Fire District 1	36,103.34	Program Payment
	12/15/2016	Therapeutic Health Services	16,666.67	Program Payment
	12/15/2016	Volunteers of America Western WA	6,362.92	Program Payment
	12/15/2016	YWCA of Seattle, King and Snohomish Co	8,333.33	Program Payment
	12/15/2016	Mary Porter, RDN	1,170.00	Program Payment
	12/1/2016	AmeriFlex Business Solutions	39.10	FSA Payments
	12/12/2016	AmeriFlex Business Solutions	178.46	FSA Payments
	12/23/2016	AmeriFlex Business Solutions	30.00	FSA Payments
	12/16/2016	AmeriFlex Business Solutions	570.00	FSA Payments
	12/28/2016	AmeriFlex Business Solutions	223.50	FSA Payments
	12/26/2016	WA Department of Revenue	776.12	B&O tax
	12/1/2016	US Bank	870,850.00	Principal and Interest on 2012 LTGO Bonds
		Total Wires/ACH Transactions	2,064,103.60	
		<b>Total Disbursements</b>	<b>\$ 2,248,681.50</b>	

	<b>Transaction Date</b>	<b>Payer</b>	<b>Amount</b>	<b>Purpose</b>
<b>Deposits:</b>				
	12/1/2016	Swedish/Edmonds	781,073.72	Monthly leases
	12/1/2016	Value Village	25,490.56	Monthly lease
	12/12/2016	Kean Lawlor	19,729.94	Kruger Clinic monthly lease
	12/1/2016	Raymond Liu, D.D.S.	3,563.46	Kruger Clinic monthly lease
	12/1/2016	Puget Sound Gastro	27,540.80	Kruger Clinic monthly lease
	12/1/2016	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	12/1/2016	Snohomish County	126,472.04	Levy
	12/9/2016	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	12/1/2016	Lutheran Community Services NW	11,646.15	Refund for cancelled grant
	12/29/2016	Puget Sound Gastro	82,622.40	Kruger Clinic monthly lease Prepaid 3 months
	12/12/2016	Yoga 101	278.24	11 Registrations for VCWC Class
	12/12/2016	VHCC	2,009.00	41 Registrations for Verdant Healthier Community Conference
	12/16/2016	Shooby Doo Catering	230.58	Refund for overpayment
	12/26/2016	Swedish/Edmonds	781,984.67	Monthly leases Prepaid for Jan 2017
		<b>Total Deposits</b>	<b>\$ 1,867,389.91</b>	

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT #2  
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11987 through 12054 have been issued for payment in the amount of \$171,502.67. These warrants are hereby approved.

Attest:

\_\_\_\_\_  
Lisa M. King

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

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Commissioner

\_\_\_\_\_  
Commissioner

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Warrants Processed:	12-1-16 – 12-31-16		\$171,502.67
Work Comp Claims Pd:	12-1-16 – 12-31-16		4,951.90
Kruger Clinic Processed:	12-1-16 – 12-31-16		8,123.33
Payroll:	11-20-16 – 12-3-16	19,018.26	
	12-4-16 – 12-17-16	19,799.91	
			38,818.17
Electronic Payments:	Payroll Taxes	14,185.38	
	Paychex	212.66	
	Valic Retirement	6,196.01	
	AmeriFlex FSA	1,041.06	
	Bank Fees	182.32	
	WA State Dept Revenue	776.12	
	Program Expenditures	1,131,841.88	
	US Bank	<u>870,850.00</u>	
			<u>2,025,285.43</u>
	Grand Total		<u>\$2,248,681.50</u>

PUBLIC HOSPITAL DISTRICT NO. 2  
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2017-01

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 25<sup>th</sup> day of January, 2017, the following commissioners being present and voting in favor of the resolution.

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President and Commissioner

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Commissioner

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Commissioner

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Commissioner

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Secretary and Commissioner

## CERTIFICATE

I, J. Bruce Williams, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2017-01 is a true and correct copy of the original resolution adopted on January 25, 2017, as that resolution appears on the Minute Book of the District.

DATED this 25<sup>th</sup> day of January, 2017.

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J. Bruce Williams  
Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 1/31/2017	Disposal Date
05	7804901	7225	KAY PENTAX SONA SPEECH THERAPY EQUIP	1	6/1/2006	60	2,567.62	-	1/31/2017
05	44	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	47	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	49	Kruger	Leather bench	1	12/1/2013	90	766.50	442.78	1/31/2017
05	50	Kruger	Leather chairs	1	12/1/2013	90	219.00	126.62	1/31/2017
05	51	Kruger	Leather chairs	1	12/1/2013	90	219.00	126.62	1/31/2017
05	52	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	53	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	54	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	55	Kruger	Upholstered Chairs	1	12/1/2013	90	301.13	173.88	1/31/2017
05	56	Kruger	End tables	1	12/1/2013	90	219.00	126.62	1/31/2017
05	57	Kruger	Leather chairs	1	12/1/2013	90	219.00	126.62	1/31/2017
05	58	Kruger	Leather chairs	1	12/1/2013	90	219.00	126.62	1/31/2017
							<b>6,235.87</b>	<b>2,119.14</b>	

## January 2017 Program Committee Summary

- Reviewed key committee tasks for the year and possible future requests for proposals (RFPs); interested in exploring RFP around obesity prevention to start.
- Five application requests up for discussion:
  - Three new funding requests
  - Follow-up on two requests we have previously discussed

### **Applications Recommended for Funding**

1. **Center for Human Services - Edmonds Family Medicine: PCP and Behavioral Health Integration:** a request to support two mental health clinicians from the Center for Human Services at Edmonds Family Medicine. The program is designed to integrate behavioral health and primary health care at a medical clinic. EFM patients would be screened for probability of behavioral health issues, and, when appropriate, provided with a "warm hand-off" to a behavioral health clinician. Center for Human Services is requesting \$190,999 per year for three years for the program.

#### **CHS and EFM Presented at Verdant's December Board meeting:**

- CHS explained the service model, which would attempt to reach patients who are not currently identified with a mental health or substance use issue;
- EFM explained how the project would fit in with the clinic's existing psych ARNPs and primary care providers;

**The program committee is recommending partially funding the request at \$95,550 per year (50%) for three years.** The committee felt this funding level would allow the applicant to implement the program with one mental health clinician. The committee members would like to see the program still maintain a goal of serving 150 individuals that was outlined in the proposal.

### **Not Recommended for Funding**

2. **Brookside Research & Development / Preventing Falls in Older Adults through Communities of Faith (fiscal sponsor through Senior Services of Snohomish County):** a program that used faith congregations and community organizations along with technology to screen and assess for fall risks among older adults, and then to connect individuals with the appropriate interventions. The renewal request seeks \$46,525 to add additional screening sites and provide additional interventions. The program committee reviewed responses from the applicant about follow-up and referrals from the first year of the program.

**Although outreach efforts were successful and the program exceeded its screening goals (611 individuals were screened), the committee felt that the program did not have enough evidence that it was reaching high risk populations and was providing referrals back to primary care providers and other community supports.** The committee is not recommending the program for funding at this time.

3. **Rotary First Harvest - Harvest Against Hunger:** a one-year request of \$7,500 per year to fund a staff member placed at the Volunteers of America Foodbank in Everett. The project goal is to create new opportunities for produce collection, volunteer recruitment, gleaning and gardening to consistently provide fresh produce for hungry people. The position would serve all of Snohomish County.

**The program committee is not recommending the request for funding at this time because the program does not specifically target South Snohomish County.** The committee was open to exploring these types of projects, but they would need to be more directly linked to activities in Verdant’s district.

4. **Creative Age Festival Edmonds (CAFE) – Edmonds Senior Center as Fiscal Sponsor:** a one-time request for \$10,000 to support a festival that will teach people to stay healthy and engaged in the community. The event will take place over two days in April in Edmonds. The event plans 30 workshops, including on arts, exercise, nutrition, visual arts, travel, technology, and volunteerism.

**The program committee is not recommending funding the program at this time.** The committee felt there were not enough measurable health outcomes from the event to justify a \$10,000 investment from Verdant using grant funding. Last year the Verdant Superintendent used discretionary funds to support the event at \$5,000, and the program reached its goals for attendance and health education workshops provided.

5. **Edmonds Community College - Living a Tobacco-Free Life:** a comprehensive smoking-cessation program proposed at Edmonds Community College. The program would run over 18 months as the campus goes smoke-free. Verdant funds would be used to support education, health promotion, nicotine replacement therapy and counselor resources to aid in smoking cessation. The College is requesting \$100,000 per year for two years for the program.

**The program committee is not recommending the program for funding.** A significant portion of the budget (\$41,000) would be used to support nicotine replacement therapy, which committee members felt was accessible through other sources. There were also concerns about whether in-person counseling and smoking cessation workshops would be well utilized given recruitment challenges for these types of programs.

## Completed Programs

1. General Community and Provider Events	Attendance
1. Understanding Medicare Monthly Workshops (12/16; 1/20)	28
2. Medical Reserve Corps Training (12/17)*	10
3. SHIBA Monthly Training with OIC (1/3)	25
4. Sno. Co. Assoc. for the Educ. of Young Children Board Meeting (1/4)	8
5. Korean Women's Association: Everyday Prevention Program (1/5)*	50
6. ARC Mothers of Children with Disabilities Monthly Support Network (1/7)	25
7. Susan G Komen Snohomish Partnership Meeting (1/10)	16
8. Evergreen Home Health (1/11, 17)	50
9. PEPS: Baby Peppers Weekly Support Group (1/12 – 3/23)*	7
10. Swedish Edmonds Core Leadership Retreat (1/13)	20
11. Promotora de Salud Monthly Meeting (1/13)*	11
12. Senior Services Social Workers Suicide Prevention Training (1/16)	13
13. City of Lynnwood Parks and Recreation Staff Retreat (1/18)	25
14. Ongoing – Community Support for Prescription Assistance (weekly)*	varies

2. Nutrition and Healthy Behaviors	Attendance
1. Type 2 and You Workshop and Celebration (12/13)*	22
2. Cutting through the Hype: What really works for weight loss? (1/9)*	23
3. Strength Training for Adults: a beginner's guide (1/12)*	19
4. Surviving & Thriving with Chronic Kidney Disease (1/18 – 2/22)*	18
5. Mediterranean for Life: Health Coaching Program (1/18 – 3/22)*	27 / 23
6. Diabetes Cooking Class for CHC Patients (1/20)	6
7. Spanish Language Weight Management Workshop (1/21)	20
8. Lifestyle Change Check-Ins (drop – in 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays)*	6-14
9. Getting to Goal Program (Weight Management Consultations)*	5-10

3. Behavioral Health & Substance Use	Attendance
1. YWCA Managing the Holiday Blues (11/1 – 1/3)*	6-8
2. Brain Health and Wellness Classes (12/19, 20; 1/9, 12, 19)*	Varies
3. Snohomish County Caregiver Support Groups (1/5)	4-10
4. National Alliance on Mental Illness Support Group (12/22; 1/12, 26)	Varies
5. Cocoon House WayOUT Parent Training (1/21, 28)	28
6. Adult Children of Alcoholics Weekly Support Group (ongoing)	8-14
7. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

## Upcoming Programs

### A. General Community and Provider Events

1. PEPS: Baby Peppers Weekly Support Group (January 12 – March 23)\*
2. WABS Natural Leaders Parent Trainings (January 23)
3. Veterans Claims Seminar (January 24)
4. Edmonds School District Health Services Retreat (January 26)
5. Promotora de Salud Monthly Meeting (January 27; February 10, 24)\*
6. Basic Food Education Forum (January 30)
7. Monthly Hero's Café for Veterans – launch event (January 31)
8. Korean Women's Association: Everyday Prevention Program (February 2)\*
9. WA Association of Infant Mental Health Professionals Meeting (February 2)
10. ARC Mothers of Children with Disabilities Monthly Support Network (February 4)
11. Hoarding Task Force Meeting (February 6)
12. SHIBA Monthly Training with OIC (February 7)
13. Advanced Care Planning Volunteer Training (February 7)\*
14. Evergreen Home Health (February 8, 14)
15. Swedish Edmonds Staff Meeting (February 16, 17)
16. Understanding Medicare Monthly Workshops (February 17)
17. Early Achievers Childcare Provider Training (February 18)
18. Girls on the Run Coach Training Workshop (February 25)

### B. Nutrition and Healthy Behaviors

1. Surviving & Thriving with Chronic Kidney Disease (Jan 18-Feb 22)\*
2. Mediterranean for Life: Health Coaching Program – 23 Clients (January 18 – March 22)\*
3. Road Back to Life Kidney Support Group (January 24; February 28)
4. Info Session: Exploring the Benefits of Yoga (January 24)\*
5. Winter Salads Cooking Demo (January 26)\*
6. Careforce Cooking Class for Caregivers (January 27)
7. Senior Field Trip for Health: Heart Healthy Cooking Demo (February 8)
8. Spanish Language Cooking Matters for Diabetes (February 11 – March 18)\*
9. Teens in the Kitchen: Hands-on Cooking Class (February 11)\*
10. Getting to Goal Weight Reduction Program (February 13)\*
11. Yoga 101: 8 Week Class Series (February 14 – April 4)\*
12. Using Food, Activity and Lifestyle to Control Blood Pressure (February 16)\*

### C. Behavioral Health & Substance Use Focus

1. Cocoon House WayOUT Training (January 21, 28)
2. YWCA Intro to Mindfulness (January 23 – March 13)\*
3. YWCA Grief and Loss (January 24 – March 14)\*
4. THS Parent Coaching Group (January 26 – February 16)\*
5. Brain Health and Wellness Classes (January 26, 30; February 6, 9, 16, 23, 27)\*
6. National Alliance on Mental Illness "Connections" Support Group (January 26; February 9, 23)
7. Evergreen Bereavement Informational Workshop (February 8)
8. Snohomish County Caregiver Support Group (February 16)
9. Adult Children of Alcoholics Weekly Support Group (weekly)
10. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)

\* = Grant/Program Funded Partner

# January 2017 Marketing Report

## Verdant Healthier Community Conference

- Monday, February 27
- Current registration number: 101

Time	Activity		
8-8:30 a.m.	Arrival & Check In <i>Help Yourself to Healthy Breakfast Options</i>		
8:30-9:30 a.m.	<b>Breakfast Keynote on Health Equity</b> <b>Dr. Anthony B. Iton, MD, JD, MPH</b> , Senior Vice President, Healthy Communities, The California Endowment		
	Interest Tracks		
	Healthier Body	Healthier Mind	Making Health Happen
9:45-10:35 a.m.	<b>Healthy &amp; Delicious: How the Mediterranean Diet Works</b>	<b>Coping with Anxiety &amp; Depression</b>	<b>Advocacy Training: How Do You Tell Your Story?</b>
10:50-11:40 a.m.	<b>Local Views on Health Disparities</b>	<b>What Do We Do About Substance Use?</b>	<b>Hidden in Plain Sight: Practical Solutions for Small-to Medium-Sized Employers</b>
11:55 a.m. - 1:10 p.m.	<b>Lunch Keynote on Mental Health</b> <b>Kevin Breel</b> , Writer, Comedian, and Activist for Mental Health		
1:25-2:15 p.m.	<b>Effective Prevention</b>	<b>Do Race and Ethnicity Matter in Mental Health?</b>	<b>How Do You Successfully Engage Your Community?</b>

2:30-3:20 p.m.	<b>Nutrition as Medicine</b>	<b>Yoga: Mind, Movement &amp; Meditation</b>	<b>Improving Our Environment for Everyday Health</b>
3:35-4:15 p.m.	<p style="text-align: center;"><b>Closing Presentation</b>  Remarks from Verdant Superintendent  Presentation of Awards  Networking Opportunity  <i>Please enjoy refreshments, information booths, and networking to close out the event at the conclusion of the presentation.</i></p>		