

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
April 26, 2017
8:00 a.m. to 9:40 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) March 22, 2017 Board Meeting	Action	8:03	1-5
C. Executive Committee Report	Information	8:04	---
D. Superintendent's Report	Information	8:05	---
E. Finance Committee Report	Information	8:10	
a) Review financial statements & cash activity	Information	8:10	6-12
b) Authorization for payment of vouchers and payroll	Action	8:12	13
c) State Auditor's Office Presentation	Information	8:13	14-24
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:35	---
b) Program investment recommendations	Action	8:36	25-28
c) Program Presentation from Therapeutic Health Services	Information	8:50	---
d) Verdant Community Wellness Center activities update	Information	9:05	29-30
F. Marketing Report	Information	9:10	31
G. Public Comments (please limit to three minutes per speaker)	---	9:15	---
H. Commissioner Comments	---	9:20	---
I. Adjournment	---	9:40	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
March 22, 2017

Commissioners Present	Deana Knutsen, President J. Bruce Williams, M.D., Secretary Bob Knowles, Commissioner Karianna Wilson, Commissioner (via telephone)
Commissioners Excused	Fred Langer, Commissioner
Others Present	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Outreach Specialist Karen Goto, Executive Assistant Members of the community
Guests	Jenni McCloughan, Edmonds School District Jennie Hershey, Edmonds School District Carli Brockman, Edmonds School District Brandon Lagerquist, Edmonds School District Brad Berg, Foster Pepper
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on February 22, 2017. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on March 8, 2017.
Executive Committee	President Knutsen reported that the Executive Committee met on March 15, 2017 to review and approve the March 22, 2017 board meeting agenda

and review the upcoming events at Verdant as well as plan for the next month of April 2017. No action was taken.

**Superintendent
Report**

Dr. Fenn reported on several items:

1. The State Auditor's Office sent draft audit results on March 21, 2017 to Verdant. The State Auditor's Office will present their final report at the April 26, 2017 board meeting.
2. Dr. Fenn has provided the board with a summary of upcoming community events and staff activities for the month of February 2017. She will provide President Knutsen with requested information.
3. Verdant Healthier Community Conference was a success and Ms. Piplic and the staff worked very hard behind the scenes to make it happen.
4. Ms. King completed her Executive Master of Public Administration degree from the University of Washington in February 2017.
5. Information on possible venues for the December 2017 board retreat will be sent to commissioners for their input. Please reply by the due date.
6. GANTT Chart on Value Village property is completed and will be discussed at the April 2017 board meeting (E:15:17).
7. April or May 2017 regular board meeting will be held at the Edmonds Senior Center. All commissioners present had no preference for a month. Dr. Fenn will check with Commissioner Langer and send out a final decision.
8. Community Engagement Training with Ted Lord will be held at the Verdant Community Wellness Center on Monday, May 1, 2017 from 1 to 5 p.m. in collaboration with the Edmonds School District and the City of Lynnwood. Commissioners are encouraged to attend this training. Other elected officials from south county were also invited to participate.

**Program
Committee
Update**

The Program Committee met on March 9, 2017 to review four applications and follow up on RFP for Childhood Obesity (E:16:17).

No conflicts of interest were reported by any of the commissioners.

Applications Recommended for Funding:

Program for Early Parent Support (PEPS) – a renewal request for PEPS home-based newborn and toddler support groups. ***Motion was made, seconded and passed unanimously to approve*** fully funding the request for \$39,000 per year for two years.

Applications Not Recommended for Funding:

Edmonds Community College – Living a Tobacco-Free Life

University of Washington – Concussion Info Comic Curriculum Project

**Move 60
Program
Presentation**

Guests from the Edmonds School District presented the board with their goals and plans for expansion of the Move 60 program (E:17:17).

Commissioners asked questions about these expansion plans. President Knutsen asked how they would evaluate and assess all the different pieces of the program. Mr. Lagerquist commented that the evaluations would have different components based on the goals and they will also examine the effects of Move 60 program participation rates on school attendance rates and academics.

Commissioner Wilson dropped off the telephone call to attend another meeting.

**Childhood
Obesity
Prevention RFP**

(E:18:17) Commissioner Knowles reported that the RFP has an expected grant pool of \$100,000 with a maximum award size of \$25,000 per award allocated over 1 to 2 years.

President Knutsen encouraged Ms. Huber to help identify groups for participation.

Motion was made, seconded and passed unanimously to approve the RFP.

**Verdant
Community
Wellness
Center
Activities
Update**

Ms. Waldin presented a written update on activities in the center for March 2017 (E:19:17). Ms. Huber presented an update and photos of the Cooking Matters class and mentioned the upcoming Latino Health Fair on March 25, 2017 at Verdant.

Ms. Waldin called out the Screenager screening coming up on April 18, 2017 at Verdant.

**Marketing
Report**

Ms. Piplic presented the Marketing report (E:20:17) which includes photos, survey feedback and budget summary from the Verdant Healthier Community Conference on February 27, 2017, a copy of the program and an article from My Edmonds News on Kevin Breel, the lunch time speaker. President Knutsen thanked the staff for all their work with the conference.

**Public
Comments**

Dr. Jim Distelhorst of Edmonds and a board member of the Edmonds Senior Center commented that he came to today's meeting to observe another Public Hospital District in action. President Knutsen commented that she is happy to see Edmonds Senior Center board members at these meetings.

**Commissioner
Comments**

Commissioner Williams commented that perhaps a potential topic for next year's Verdant Healthier Community Conference could be housing and its impact on health care. President Knutsen commented that she did a home visit with ChildStrive and also attended a meeting with Verdant, the Hazel Miller Foundation, the Edmonds School District, the City of Lynnwood Police, and the City of Mountlake Terrace on the topic of homelessness in south Snohomish County. She encouraged her fellow board members to participate in upcoming events and site visits to see the good work that our community is doing.

**Executive
Session**

President Knutsen recessed the regular meeting at 8:50 a.m. into Executive Session to consider the legal risks of a proposed action of the district. President Knutsen stated that the board would reconvene in 15 minutes and no action would be taken in Executive Session.

**Extensions of
Executive
Session**

The board extended the Executive Session for 15 minutes.
The board extended the Executive Session a second time for an additional 10 minutes.

Open Session

The board reconvened into Open Session at 9:30 a.m.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:45 a.m.

ATTEST BY:

President

Secretary

Balance Sheet
As of March 31, 2017

	A	B	C	D
	Dec 31, 2016	Mar 31, 2017	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	5,457,824	1,696,615	(3,761,210)	
4 Other Current Assets	34,822,481	38,420,100	3,597,619	Includes Investments
5 Total Current Assets	40,280,305	40,116,715	(163,590)	
6 Total Long-term & Fixed Assets	46,463,198	45,918,964	(544,235)	Includes Depreciation
7 TOTAL ASSETS	86,743,503	86,035,678	(707,825)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	3,230,044	1,472,044	(1,758,000)	
11 Long-term Liabilities	3,087,949	3,072,441	(15,507)	2012 LTGO Bonds/BHCF
12 Total Liabilities	6,317,993	4,544,486	(1,773,507)	
13 Total Equity	80,425,511	81,491,193	1,065,682	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	86,743,503	86,035,678	(707,825)	

Profit & Loss
March 2017

	A	B	C	D	E	F
	Mar Actual	Mar Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	865,178	865,449	(271)	2,608,977	2,609,184	(207)
3 EXPENSES						
4 Operating Expenses	139,125	182,737	43,612	451,655	564,780	113,124
5 Depreciation Expense	182,249	181,339	(910)	558,203	556,605	(1,597)
6 Program Expenses	524,211	567,854	43,643	1,336,886	1,760,562	423,675
7 Total Expenses	845,584	931,930	86,345	2,346,745	2,881,947	535,202
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	291,710	228,229	63,482	803,450	684,686	118,763
10 NET INCOME	311,304	161,748	149,556	1,065,682	411,923	653,759

Monthly Highlights
March 2017

Verdant received dividends payments of \$49,238 and an unrealized loss of \$66,523 on our investment portfolio in March and closed with an ending market value of \$37,843,795.

Annual program commitments total \$5,820,735 for 2017. \$2,070,511 remains available to spend in 2017, of which \$37,700 is earmarked as Superintendent Discretionary.

Income of \$117,535 and expenses of \$63,253 from the Kruger Clinic were incurred, netting to an additional operating income of \$54,282 in March.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12100	02/01/2017	City of Lynnwood	935.00	Dec 2016 After Hours Support (60 hrs)
12101	02/01/2017	Consolidated Landscape Maintenance, Inc.	438.11	Feb 2017 Landscaping Maintenance
12102	02/01/2017	Dataworks	105.00	IT Support
12103	02/01/2017	Discovia	320.25	Public Records Request - Dec 2016
12104	02/01/2017	Jason Becker Creative	1,997.30	Mediterranean for Life program logo & 7 manual/ RF Headshots
12105	02/01/2017	Ankrom Moisan	6,801.60	VV Dev Feasibility Study/KC Restroom Remodel
12106	02/01/2017	Electronic Business Machines	72.46	Copy machine
12107	02/01/2017	Puget Sound Energy	69.07	Natural Gas
12098	02/01/2017	Waste Management	243.76	Garbage/Recycle
12099	02/01/2017	Corporate Security LLC	284.00	Feb 2017 Parking Lot Security
12097	02/01/2017	Objekts	1,468.58	Deposit for storage/file cab for Superintendent's Office
12108	02/01/2017	Sound Publishing, Inc.	39.20	Legal Notice 1/25 Board Meeting
12109	02/08/2017	Beth Rodriguez, LLC	846.12	Jan 2017 VHCC Support
12110	02/08/2017	MyDoc Productions, LLC	650.00	Licensing fee for screening of Screenagers
12111	02/08/2017	Snohomish County PUD	1,731.72	Electricity
12112	02/08/2017	Armstrong Services	1,366.50	Jan 2017 Janitorial
12113	02/08/2017	Ash Consulting	477.50	Jan 2017 Accounting Consulting
12114	02/08/2017	Comcast	281.02	Internet/Telephone
12115	02/08/2017	Connie Nelson, RN	150.00	VCWC Programing
12116	02/08/2017	Foster Pepper PLLC	2,405.00	Dec 2016 Legal Fees
12117	02/08/2017	McKinstry Co., LLC	1,920.95	Jan 2017 HVAC Maintenance Contract VCWC
12118	02/08/2017	Property Management NW	3,030.73	Feb 2017 Property Management
12119	02/08/2017	Edmonds School District No. 15	622.00	WC 146 - Mental Health
12120	02/08/2017	Eventbrite	378.34	Ticket Sales for VHCC
12121	02/15/2017	AmeriFlex Business Solutions	100.00	2017 Annual renewal cost
12122	02/15/2017	Comcast	520.96	Internet/Telephone
12123	02/15/2017	Dataworks	70.00	IT Support
12124	02/15/2017	Pacific Art Press Inc	108.37	Business Cards for Robin Fenn
12125	02/15/2017	Sound Publishing, Inc.	648.99	Advertising
12126	02/15/2017	State Auditor's Office	1,883.97	2015 State Audit
12127	02/15/2017	Total Health	3,038.00	WC 144 - Instructor Reimb for Mediterranean for Life
12128	02/15/2017	Seattle Food Nut	578.70	WC 157 - Teen Cooking Class 2/11/17; supplies
12129	02/15/2017	Sound Dietitians	1,511.52	WC 150 - Nutrition Programming/Multicultural programing
12130	02/15/2017	Staples	1,291.88	Supplies
12131	02/15/2017	Justine Albert	25.00	Refund for Yoga 101
12132	02/22/2017	Discovia	1,511.75	Public Records Request - Jan 2017
12133	02/22/2017	Lowe Graham Jones PLLC	548.00	Jan 2017 Trademark watch
12134	02/22/2017	Moss Adams - Audit	1,525.00	2016 Financial Audit
12135	02/22/2017	AmeriFlex Business Solutions	17.25	Feb 2017 FSA Administration
12136	02/22/2017	Fast Signs	400.77	6 Restroom Signs for Common Area at KC
12137	02/22/2017	Principal	1,902.23	EE Life Insurance
12138	02/22/2017	Regence BlueShield	5,514.48	March 2017 Health Insurance
12139	02/22/2017	Budget Key and Security	249.34	Service call to activate new keycards
12140	02/22/2017	Edith Tinoco	52.50	Childcare Services 3.5hrs 2/11/17
12141	02/22/2017	Wells Fargo	257.51	Misc

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12142	02/23/2017	Lynnwood Convention Center	22,374.90	Convention Center for VHCC 2/27/17
12143	02/23/2017	Wells Fargo	3,623.43	Misc.
12144	02/23/2017	Awards Service Inc	298.66	VHCC Awards
12145	02/23/2017	Kroll Map Company, Inc	147.13	Detailed street map of District boundary for Dr. Williams
12146	03/01/2017	Ankrom Moisan	2,650.00	KC Restroom Remodel / VV Property Development
12147	03/01/2017	City of Lynnwood	1,285.50	Jan 2017 Staff Support (83.5 hrs)
12148	03/01/2017	Dataworks	1,317.61	IT Support
12149	03/01/2017	Davidson-Marci Sweeping, Inc.	387.60	Ice Melt application 2/17/17
12150	03/01/2017	Guardian Security Systems	240.00	4/1/2017-6/30/17 Elevator and AES Radio Monitoring
12151	03/01/2017	Healthcare Realty	19,121.01	6% oversight fee for Proj Mnmgt of KC Restroom Remodel
12152	03/01/2017	Matt Sacks Speaks	4,950.00	Kevin Brel Keynote Speaker 2nd installment
12153	03/01/2017	Pacific Art Press Inc	1,349.52	Printing of Programs for 2017 VHCC
12154	03/01/2017	Power to Define Consulting	1,000.00	Advocacy: Telling Your Story to Make a Difference Training at VHCC
12155	03/01/2017	Puget Sound Energy	65.75	Natural Gas
12156	03/01/2017	Waste Management	244.05	Garbage/Recycling
12157	03/01/2017	Sound Publishing, Inc.	39.20	Legal Notice 2/22 Board Meeting
12158	03/01/2017	Consolidated Landscape Maintenance, Inc.	438.11	Mar 2017 Landscaping Maintenance
12159	03/01/2017	Parsi Properties LLC	0.00	VOID: July 2016 - Parking lot lease
12160	03/01/2017	Snohomish County PUD	1,212.75	Electricity
12161	03/01/2017	Parsi Properties LLC	2,500.00	March 2017 - Parking lot lease
12162	03/03/2017	Sandra S Huber	101.20	Supplies for Cooking Matters & Community Mtg
12163	03/03/2017	Armstrong Services	1,100.00	Feb 2017 Janitorial
12164	03/03/2017	Ash Consulting	2,211.00	Feb 2017 Accounting Consulting
12165	03/03/2017	Beth Rodriguez, LLC	2,471.00	Feb 2017 VHCC Support
12166	03/03/2017	Edith Tinoco	105.00	Childcare Services 3.5hrs 2/18 & 2/25/17
12167	03/03/2017	Sound Dietitians	2,368.00	WC 150 - Nutrition Programming/Multicultural programing
12168	03/03/2017	Total Health	2,950.00	WC 144 - Instructor Reimb for Mediterranean for Life
12169	03/03/2017	Vanessa Cecilia Romero	105.00	Cooking Matters Childcare
12170	03/03/2017	William Doran	200.00	Yoga Breakout session VHCC
12171	03/03/2017	Corporate Security LLC	284.00	Mar 2017 Parking Lot Security
12172	03/03/2017	Electronic Business Machines	1,072.63	2/22-3/21/17 Copy Machine & 11/22/16-2/21/17& Overage
12173	03/03/2017	Eventbrite	179.21	Ticket Sales for VHCC & VCWC Classes
12174	03/03/2017	Jason Becker Creative	1,750.00	VHCC design & photography
12175	03/08/2017	Anthony Iton, MD	2,368.46	VHCC 2017 Keynote Speaker
12176	03/08/2017	City of Lynnwood - Utilities	502.49	Water/Sewer
12177	03/08/2017	Comcast	520.96	Internet/Phone
12178	03/08/2017	Dataworks	1,080.17	IT Support
12179	03/08/2017	Eberle Vivian	4,094.23	2Q17 Self Insurance Work Comp Claims Administration
12180	03/08/2017	My Neighborhood News Network	1,120.00	Advertising to promote VCWC Classes and programing
12181	03/08/2017	Property Management NW	3,023.76	Kruger Clinic Property Management
12182	03/08/2017	The California Endowment	350.13	Speaker fee for Tony Iton for VHCC
12183	03/08/2017	Comcast	281.02	Internet/Phone
12184	03/15/2017	Ferris-Turney General Contractors	2,399.15	Exterior Wall removal at KC
12185	03/15/2017	AmeriFlex Business Solutions	17.25	Mar 2017 FSA Administration
12186	03/15/2017	Dimensional Communication, Inc	279.99	Zeth Custer 3hrs
12187	03/15/2017	Lowe Graham Jones PLLC	1,515.00	Feb 2017 Trademark watch
12188	03/15/2017	State Auditor's Office	232.75	2015 State Audit

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12189	03/22/2017	Discovia	461.75	Public Records Request - Feb 2017
12190	03/22/2017	Edith Tinoco	105.00	Childcare Services 3.5hrs 3/11 & 3/18/17
12191	03/22/2017	Vanessa Cecila Romero	157.50	Cooking Matters Childcare 3/4, 3/11, 3/18/17
12192	03/22/2017	Parsi Properties LLC	2,500.00	April 2017 - Parking lot lease
12193	03/22/2017	The Center for Counseling & Health Resour	750.00	VHCC Speaker on Anxiety & Depression
12194	03/22/2017	Healthcare Realty	1,842.89	Reimbursement for Install of Scupper Drain at KC
12195	03/22/2017	My Neighborhood News Network	2,240.00	Advertising in My Edmonds News/Lynnwood Today/MLT News 4/26-12/31/17
12196	03/22/2017	Staples	279.33	Supplies
12197	03/22/2017	City of Lynnwood	1,519.50	Feb 2017 Staff Support (101.5 hrs)
12198	03/22/2017	Dameon Hahn	100.00	WC 158 - Physical Activity Portion of Getting to Goal
12199	03/22/2017	Regence Blueshield	4,375.80	Aug 2016 Health Insurance
12200	03/22/2017	Total Health	2,650.00	WC 144 - Instructor Reimb for Mediterranean for Life
12201	03/22/2017	Giggles Entertainment	400.00	Balloon Artist for Latino Health Fair
12202	03/22/2017	Philanthropy Northwest	1,562.50	Facilitator on Community Engagement
12203	03/24/2017	Wells Fargo	3,184.30	Misc.
12204	03/24/2017	Moss Adams - Cost Report	1,237.00	2009 CPE revision (Susan Ruchin)
12205	03/24/2017	Principal	1,546.87	1019549-10001
12206	03/24/2017	Sound Publishing, Inc.	39.20	Legal Notice 3/22 Board Meeting
12207	03/24/2017	Wells Fargo	341.36	Misc.
12208	03/24/2017	Emily Oomen	150.00	Photography at Latino Health Fair
12209	03/24/2017	Milagros Lopez Nunez	160.00	Face Painting at Latino Health Fair
12210	03/24/2017	Rosa Asturias	157.50	Cooking Matters Childcare
12211	03/31/2017	Puget Sound Energy	68.52	Natural Gas
12212	03/31/2017	Snohomish County PUD	1,281.66	Electricity
		Total Warrants	171,428.73	
Wire/ACH Activity:				
	2/3/2017	Payroll	17,920.78	ACH payroll transfer
	2/3/2017	Department of Treasury	7,635.06	Payroll taxes for 1/28/17 pay period ending
	2/3/2017	Valic	2,691.33	Payroll 401(a)/457 Deposit
	2/3/2017	Paychex	106.37	Fee for payroll processing
	2/17/2017	Payroll	18,324.49	ACH payroll transfer
	2/17/2017	Department of Treasury	7,711.02	Payroll taxes for 2/11/17 pay period ending
	2/17/2017	Valic	2,691.33	Payroll 401(a)/457 Deposit
	2/17/2017	Paychex	106.37	Fee for payroll processing
	3/3/2017	Payroll	18,264.62	ACH payroll transfer
	3/3/2017	Department of Treasury	7,805.06	Payroll taxes for 2/25/17 pay period ending
	3/3/2017	Valic	2,763.60	Payroll 401(a)/457 Deposit
	3/3/2017	Paychex	106.37	Fee for payroll processing
	3/17/2017	Payroll	17,950.59	ACH payroll transfer
	3/17/2017	Department of Treasury	7,654.65	Payroll taxes for 3/11/17 pay period ending
	3/17/2017	Valic	2,718.97	Payroll 401(a)/457 Deposit
	3/17/2017	Paychex	106.37	Fee for payroll processing
	3/31/2017	Payroll	18,255.19	ACH payroll transfer
	3/31/2017	Department of Treasury	7,755.64	Payroll taxes for 3/25/17 pay period ending
	3/31/2017	Valic	2,700.60	Payroll 401(a)/457 Deposit

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	3/31/2017	Paychex	103.98	Fee for payroll processing
	2/13/2017	Wells Fargo Merchant Services	94.47	Merchant Services
	2/11/2017	Wells Fargo	368.63	Bank Fees
	3/13/2017	Wells Fargo Merchant Services	298.75	Merchant Services
	3/11/2017	Wells Fargo	204.88	Bank Fees
	2/15/2017	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	2/15/2017	Brain Injury Association of WA	8,750.00	Program Payment
	2/15/2017	CampFire	4,166.67	Program Payment
	2/15/2017	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	2/15/2017	Center for Human Services	13,750.00	Program Payment
	2/15/2017	ChildStrive	23,333.33	Program Payment
	2/15/2017	City of Lynnwood	17,414.08	Program Payment
	2/15/2017	Cocoon House.	5,000.00	Program Payment
	2/15/2017	Compass Health	18,572.50	Program Payment
	2/15/2017	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	2/15/2017	Edmonds Community College Foundation	4,396.33	Program Payment
	2/15/2017	Edmonds School District No. 15	44,357.17	Program Payment
	2/15/2017	Edmonds Senior Center	9,166.67	Program Payment
	2/15/2017	Kinderling	11,517.17	Program Payment
	2/15/2017	Korean Women's Association	5,000.00	Program Payment
	2/15/2017	Mary Porter, RDN	750.00	Program Payment
	2/15/2017	Medical Teams International	5,500.00	Program Payment
	2/15/2017	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	2/15/2017	Project Access Northwest	7,500.00	Program Payment
	2/15/2017	Puget Sound Christian Clinic	25,361.11	Program Payment
	2/15/2017	Puget Sound Kidney Centers Foundation	4,000.00	Program Payment
	2/15/2017	Senior Services of Snohomish County	64,086.67	Program Payment
	2/15/2017	Snohomish County Fire District 1	36,103.34	Program Payment
	2/15/2017	Therapeutic Health Services	16,666.67	Program Payment
	2/15/2017	Volunteers of America Western WA	6,553.83	Program Payment
	2/15/2017	Wonderland Development Center	12,458.33	Program Payment
	2/15/2017	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	3/15/2017	Mary Porter, RDN	780.00	Program Payment
	3/15/2017	American Diabetes Association	3,750.00	Program Payment
	3/15/2017	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	3/15/2017	CampFire	4,166.67	Program Payment
	3/15/2017	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	3/15/2017	Center for Human Services	21,708.33	Program Payment
	3/15/2017	ChildStrive	23,333.33	Program Payment
	3/15/2017	City of Lynnwood	6,144.08	Program Payment
	3/15/2017	City of Mountlake Terrace	8,260.00	Program Payment
	3/15/2017	Cocoon House.	5,000.00	Program Payment
	3/15/2017	Compass Health	18,572.50	Program Payment
	3/15/2017	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	3/15/2017	Edmonds Community College Foundation	4,396.33	Program Payment
	3/15/2017	Edmonds School District No. 15	168,107.17	Program Payment
	3/15/2017	Edmonds Senior Center	9,166.67	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	3/15/2017	Kinderling	11,517.17	Program Payment
	3/15/2017	Korean Women's Association	5,000.00	Program Payment
	3/15/2017	Medical Teams International	5,500.00	Program Payment
	3/15/2017	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	3/15/2017	Project Access Northwest	7,500.00	Program Payment
	3/15/2017	Puget Sound Christian Clinic	25,361.11	Program Payment
	3/15/2017	Puget Sound Kidney Centers Foundation	4,000.00	Program Payment
	3/15/2017	Senior Services of Snohomish County	64,086.67	Program Payment
	3/15/2017	Snohomish County Fire District 1	36,103.34	Program Payment
	3/15/2017	Therapeutic Health Services	16,666.67	Program Payment
	3/15/2017	Volunteers of America Western WA	6,553.83	Program Payment
	3/15/2017	Wonderland Development Center	12,458.33	Program Payment
	3/15/2017	YWCA of Seattle, King and Snohomish Co	8,333.33	Program Payment
	2/2/2017	AmeriFlex Business Solutions	90.00	FSA Payments
	2/6/2017	AmeriFlex Business Solutions	20.00	FSA Payments
	2/6/2017	AmeriFlex Business Solutions	7.16	FSA Payments
	2/9/2017	AmeriFlex Business Solutions	130.00	FSA Payments
	2/10/2017	AmeriFlex Business Solutions	57.24	FSA Payments
	2/14/2017	AmeriFlex Business Solutions	48.04	FSA Payments
	2/16/2017	AmeriFlex Business Solutions	55.00	FSA Payments
	2/20/2017	AmeriFlex Business Solutions	61.70	FSA Payments
	2/27/2017	AmeriFlex Business Solutions	20.00	FSA Payments
	2/24/2017	AmeriFlex Business Solutions	65.00	FSA Payments
	3/2/2017	AmeriFlex Business Solutions	7.16	FSA Payments
	3/2/2017	AmeriFlex Business Solutions	40.00	FSA Payments
	3/6/2017	AmeriFlex Business Solutions	20.00	FSA Payments
	3/7/2017	AmeriFlex Business Solutions	25.00	FSA Payments
	3/8/2017	AmeriFlex Business Solutions	2.16	FSA Payments
	3/10/2017	AmeriFlex Business Solutions	9.67	FSA Payments
	3/9/2017	AmeriFlex Business Solutions	40.00	FSA Payments
	3/13/2017	AmeriFlex Business Solutions	365.00	FSA Payments
	3/20/2017	AmeriFlex Business Solutions	435.16	FSA Payments
	3/17/2017	AmeriFlex Business Solutions	25.00	FSA Payments
	3/16/2017	AmeriFlex Business Solutions	932.30	FSA Payments
	3/23/2017	AmeriFlex Business Solutions	85.38	FSA Payments
	2/25/2017	WA Department of Revenue	943.50	B&O Tax Jan 2017
	3/25/2017	WA Department of Revenue	890.55	B&O Tax Feb 2017
		Total Wires/ACH Transactions	1,030,083.71	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Workers Compensation Claims Activity:				
305347-348	Feb 2017	Various Claimants/Vendors	809.31	Administered by Eberle Vivian
305349-352	Mar 2017	Various Claimants/Vendors	3,456.47	Administered by Eberle Vivian
		Total Workers Compensation Claims Activity	<u>4,265.78</u>	
Kruger Clinic Activity:				
3041-3054	Feb 2017	Various Claimants/Vendors	33,154.56	Administered by PMNW
3055-3065	Mar 2017	Various Claimants/Vendors	10,972.22	Administered by PMNW
		Total Kruger Clinic Activity	<u>44,126.78</u>	
		Total Disbursements	<u><u>\$ 1,249,905.00</u></u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	2/1/2017	Swedish/Edmonds	782,399.47	Monthly lease
	2/1/2017	Value Village	26,552.66	Monthly lease
	2/1/2017	Kean Lawlor	19,940.16	Kruger Clinic monthly lease
	2/1/2017	Raymond Liu, D.D.S.	3,593.72	Kruger Clinic monthly lease
	2/1/2017	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	2/10/2017	Snohomish County	8,777.61	Levy
	2/24/2017	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	2/8/2017	AmeriFlex	15.00	Refund for FSA withdrawal error
	3/1/2017	Swedish/Edmonds	782,451.48	Monthly lease
	3/1/2017	Value Village	26,552.66	Monthly lease
	3/3/2017	Raymond Liu, D.D.S.	3,578.68	Kruger Clinic monthly lease
	3/3/2017	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	3/1/2017	Kean Lawlor	20,382.21	Kruger Clinic monthly lease
	3/10/2017	Snohomish County	49,428.47	Levy
	3/16/2017	Snohomish County Medical Reserve Corps	214.06	Refund for Unused Program Funds
	3/20/2017	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	3/17/2017	Lane Powell PC	12.64	Payment for Public Records Request
	3/31/2017	WA State Health Care Authority	119,594.00	2004 CPE Settlement
		Yoga 101	50.00	2 Registration for VCWC Class
		VHCC	4,534.00	65 Registrations for Verdant Healthier Community Conference
		Cooking classes	<u>225.00</u>	15 Registrations for VCWC Class
		Total Deposits	<u><u>\$ 1,857,798.52</u></u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 12100 through 12212 have been issued for payment in the amount of \$171,428.73 These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	2-1-17 – 3-31-17		\$171,428.73
Work Comp Claims Pd:	2-1-17 – 3-31-17		4,265.78
Kruger Clinic Processed:	2-1-17 – 3-31-17		44,126.78
Payroll:	1-15-17 – 1-28-17	17,920.78	
	1-29-17 – 2-11-17	18,324.49	
	2-12-17 – 2-25-17	18,264.62	
	2-26-17 – 3-11-17	17,950.59	
	3-12-17 – 3-25-17	<u>18,255.19</u>	
			90,715.67
Electronic Payments:	Payroll Taxes	38,561.43	
	Paychex	529.46	
	Valic Retirement	13,565.83	
	AmeriFlex FSA	2,540.97	
	Bank Fees	966.73	
	WA State Dept Revenue	1,834.05	
	Program Expenditures	<u>881,369.57</u>	
			<u>939,368.04</u>
	Grand Total		<u>\$1,249,905.00</u>



Office of the Washington State Auditor

Pat McCarthy

Pat McCarthy
State Auditor

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Exit Conference: Public Hospital District No. 2 of Snohomish County

About our Office

The Washington State Auditor's Office's vision is government that works for citizens. Our goal is for government that works better, costs less and earns greater public trust.

The purpose of this meeting is to share our audit results and draft reporting. We value and appreciate your participation.

Audit Scope

We performed the following audits for your District:

- **Accountability audit for 2015** See draft report.
- **CPA Financial Statement Audit review for 2015**

Audit Highlights

- Staff was helpful throughout the audit. We would especially like to thank Lisa King, Director of Finance, for her timely responses to our audit requests and all the support during the audit process.
- The District followed up on each of our prior audit recommendations during the current audit.

Status of Prior Findings and Management Letter items

Prior Findings	Resolved	Unresolved
2014-001- Community Programs	Partially	

Recommendations not included in the Audit Reports

Management Letters

Management letters communicate control deficiencies, non-compliance or abuse with a less-than-material effect on the financial statements or other items significant to our audit objectives. Management letters are referenced, but not included, in the audit report. We noted certain matters that we are communicating in a letter to management related to Community Programs.

Exit Items

We have provided exit recommendations for management's consideration. Exit items address control deficiencies or non-compliance with laws or regulation that have an insignificant or immaterial effect on the entity, or errors with an immaterial effect on the financial statements. Exit items are not referenced in the audit report.

Concluding Comments

Report Publication

Audit reports are published on our website and distributed via e-mail in an electronic .pdf file. We also offer a subscription service that allows you to be notified by email when audit reports are released or posted to our website. You can sign up for this convenient service at: <https://portal.sao.wa.gov/saoportal/Login.aspx>

Audit Cost

At the entrance conference, we estimated the cost of the accountability audit to be \$10,500, plus travel costs, and actual audit costs will approximate that amount. In addition, we conducted an independent review of the CPA firm financial audit. Actual audit costs for this work will approximate \$1,500, plus travel costs.

Audit Survey

When your report is released you will receive an audit survey from us. We value your opinions on our audit services and hope you provide feedback.

Your Next Scheduled Audit

Your next audit is scheduled to be conducted in 2017 and will cover the following general areas:

- Accountability for Public Resources

The estimated cost for the next audit based on current rates is \$10,500 plus travel expenses of approximately \$1,000.

Additionally, we also plan to conduct the following independent review in 2017:

- Independent Review of CPA Financial Audit

The estimated cost for the next audit based on current rates is \$1,500 plus travel expenses of approximately \$200.

These preliminary estimates are provided as a budgeting tool and not a guarantee of final cost. For instance, the wage increase for state employees currently being considered by the state Legislature, would make an audit billing rate increase necessary in the coming biennium.

If expenditures of federal awards are \$750,000 or more in any fiscal year, notify our Office so we can schedule your audit to meet federal single audit requirements. Federal awards can include grants, loans, and non-cash assistance such as equipment and supplies.



Office of the Washington State Auditor
Pat McCarthy

Accountability Audit Report
Public Hospital District No 2 of
Snohomish County
(Verdant Health Commission)

For the period January 1, 2015 through December 31, 2015

Published

Report No. 1018837





Office of the Washington State Auditor
Pat McCarthy

Issue Date – (Issued by OS)

Board of Commissioners
Verdant Health Commission
Lynnwood, Washington

Report on Accountability

Thank you for the opportunity to work with you to promote accountability, integrity and openness in government. The State Auditor's Office takes seriously our role of providing state and local governments with assurance and accountability as the independent auditor of public accounts. In this way, we strive to help government work better, cost less, deliver higher value and earn greater public trust.

Independent audits provide essential accountability and transparency for District operations. This information is valuable to management, the governing body and public stakeholders when assessing the government's stewardship of public resources.

The attached comprises our report on the District's compliance and safeguarding of public resources. Our independent audit report describes the overall results and conclusions for areas we examined. We appreciate the opportunity to work with your staff and we value your cooperation during the audit.

Sincerely,

Pat McCarthy
State Auditor
Olympia, WA

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AUDIT SUMMARY

Results in brief

In most areas we audited, District operations complied with applicable requirements and provided adequate safeguarding of public resources. The District also complied with state laws and regulations and its own policies and procedures in the areas we examined.

However, we noted certain matters that we communicated to District management in a letter dated March 22, 2017, related to the authority for community programs. We appreciate the District's commitment to resolving those matters.

About the audit

This report contains the results of our independent accountability audit of the Verdant Health Commission from January 1, 2015 through December 31, 2015.

Management is responsible for ensuring compliance and adequate safeguarding of public resources from fraud, loss or abuse. This includes the design, implementation and maintenance of internal controls relevant to these objectives.

Our audit involved performing procedures to obtain evidence about the District's uses of public resources, compliance with state laws and regulations and its own policies and procedures, and internal controls over such matters.

In keeping with general auditing practices, we do not examine every transaction, activity or area. Instead, the areas examined were those representing the highest risk of fraud, loss, abuse, or noncompliance. The following areas were examined during this audit period:

- Community programs
- Safeguarding of assets
- Compliance with the Open Public Meetings Act

SUMMARY SCHEDULE OF PRIOR AUDIT FINDINGS

Verdant Health Commission Snohomish County January 1, 2015 through December 31, 2015

This schedule presents the status of findings reported in prior audit periods. The status listed below is the representation of the Verdant Health Commission. The State Auditor's Office has reviewed the status as presented by the District.

Audit Period: 1/1/2013 – 12/31/2014	Report Ref. No.: 1016243	Finding Ref. No.: 2014-001
Finding Caption: The District does not have authority to invest in recreational programs and facilities.		
Background: The Verdant Health Commission (the District) began partnering with other local governments to support community programs with grants in 2011. The District supports programs lead by other entities if grant requestors are able to reasonably project that there will be a positive effect on the general health of those who participate in the programs. Our audit found the District exceeded its authority by contributing funds for purchasing items for recreational use and constructing recreational infrastructure that do not provide hospital or health care services.		
Status of Corrective Action: <div style="display: flex; justify-content: space-between; align-items: flex-start;"> <div style="text-align: center;"> <input type="checkbox"/> Fully Corrected </div> <div style="text-align: center;"> <input checked="" type="checkbox"/> Partially Corrected </div> <div style="text-align: center;"> <input type="checkbox"/> Not Corrected </div> <div style="text-align: center;"> <input type="checkbox"/> Finding is considered no longer valid </div> </div>		
Corrective Action Taken: <i>In the District's 2013-2014 audit, the State Auditor's Office (SAO) took issue with investments made out of Verdant's Building Healthy Communities Fund. Since that finding, the District has not made any new investments in these types of programs/facilities, although the District has met its obligations and continued to make payments under existing agreements, which shall be completed on January 1, 2017. The SAO finding also cautioned Verdant against pursuing the development of an indoor recreation facility because the SAO felt the project was outside the District's statutory authority. The District has opted not to pursue an indoor recreation facility at this time.</i> <i>It is important to note that although Verdant respects and appreciates the opinion of the Washington State Auditor's Office, the District believes that it acted within the authority of a</i>		

public hospital district and in the best interest of its residents. The public hospital district statute (chapter 70.44 RCW), grants a public hospital district the authority to determine the health care needs of its residents and the authority to determine what services it should provide to address those needs.

INFORMATION ABOUT THE DISTRICT

Public Hospital District No. 2 of Snohomish County, doing business as Verdant (Ver-dent) Health Commission, serves citizens in south Snohomish County. On September 1, 2010, the District entered into a lease and operating agreement with Swedish Health Services. Swedish now operates the acute-care hospital with 217 licensed beds, two primary care clinics, and an Emergency department. The District formed the Verdant Health Commission to work with the community to provide complimentary health services and funding for priority healthcare needs within the District's service area. In January 2015, Verdant opened a Community Health & Wellness Center to serve residents of the District. All programming is free or low-cost to residents and supports healthy lifestyle choices.

An elected, five-member Board of Commissioners governs the District. Commissioners serve staggered, six-year terms. The Board appoints a Superintendent to oversee the District's daily operations and its employees. For fiscal year 2015, the District had operating costs of \$12.6 million.

Contact information related to this report

Address:	Verdant Health Commission 4710 196th Street S.W. Lynnwood, WA 98036
Contact:	Lisa King, Director of Finance
Telephone:	(425) 582-8543
Website:	www.verdantthehealth.org

Information current as of report publish date.

Audit history

You can find current and past audit reports for the Verdant Health Commission at <http://portal.sao.wa.gov/ReportSearch>.

ABOUT THE STATE AUDITOR'S OFFICE

The State Auditor's Office is established in the state's Constitution and is part of the executive branch of state government. The State Auditor is elected by the citizens of Washington and serves four-year terms.

We work with our audit clients and citizens to achieve our vision of government that works for citizens, by helping governments work better, cost less, deliver higher value, and earn greater public trust.

In fulfilling our mission to hold state and local governments accountable for the use of public resources, we also hold ourselves accountable by continually improving our audit quality and operational efficiency and developing highly engaged and committed employees.

As an elected agency, the State Auditor's Office has the independence necessary to objectively perform audits and investigations. Our audits are designed to comply with professional standards as well as to satisfy the requirements of federal, state, and local laws.

Our audits look at financial information and compliance with state, federal and local laws on the part of all local governments, including schools, and all state agencies, including institutions of higher education. In addition, we conduct performance audits of state agencies and local governments as well as [fraud](#), state [whistleblower](#) and [citizen hotline](#) investigations.

The results of our work are widely distributed through a variety of reports, which are available on our [website](#) and through our free, electronic [subscription](#) service.

We take our role as partners in accountability seriously, and provide training and technical assistance to governments, and have an extensive quality assurance program.

Contact information for the State Auditor's Office	
Public Records requests	PublicRecords@sao.wa.gov
Main telephone	(360) 902-0370
Toll-free Citizen Hotline	(866) 902-3900
Website	www.sao.wa.gov



Washington State Auditor's Office

January 25, 2017

Lisa King, Director of Finance
Public Hospital District No 2 of Snohomish County
4710 196th St. SW
Lynnwood, WA 98036

Dear Ms. King:

The State Auditor's Office takes seriously our constitutional mandate as the independent auditor of public accounts and our role in promoting accountability, integrity and openness in government. The District contracted with a Certified Public Accounting firm for the audit of its financial statements as of and for the fiscal year ended December 31, 2015 in lieu of an SAO audit.

This letter communicates the results of our review of the CPA firm's audit report and documentation. Our review was conducted to assess whether the CPA firm's audit met the terms of the Agreement. It does not constitute an audit of the District.

Based on our review, we had no concerns with the audit documentation and related reports.

The CPA firm's completed audit report is considered a public document and will be published with the District's financial statements and related information on our external website.

If you have any questions regarding this report, please contact us.

Sincerely,

Kristina Baylor, Audit Manager
Washington State Auditor's Office

April 2017 Program Committee Summary

- Five new applications for discussion
- Follow-up on Move 60! renewal request
- Invited Therapeutic Health Services (THS) for a program presentation this month.

Program Funding Requests

Applications Recommended for Funding

1. **Edmonds Back-to-School Fair (Turning Point as Fiscal Agent):** a \$14,000 funding request for the annual school resource & health fair in August at Cedar Valley Elementary. The health fair provides health exams, vision checks, immunizations and dental services. In 2016 Verdant provided \$12,000 in funding and the event served 810 students and 500 parents. Turning Point is the non-profit fiscal agent for the project, which continues to receive support from CHC of Snohomish County, the school district, and other partners.

The committee is recommending partially funding the project at \$12,000 on a one-time basis. The committee members are recommending the same funding as last year because the event is expected to provide similar services and serve a similar number of families.

2. **Center for Human Services (CHS) Behavioral Integration at CHC of Snohomish County (CHC):** this request is an extension of a project that Verdant approved with CHS and Edmonds Family Medicine. The program is designed to integrate behavioral health and primary care. Patients are screened for behavioral health issues, and provide a "warm hand-off" to a behavioral health clinician/social worker when needed.

Verdant partially funded a previous CHS/EFM request with funds to support 1.0 FTE, and Verdant's board expressed interest in the project in partnership with a different clinical practice. CHC of Snohomish County has been identified as a partner and has space at its Lynnwood walk-in clinic to accommodate a 0.7 FTE CHS social worker. The CHC clinic primarily serves Medicaid-eligible and uninsured community residents. **The program committee is recommending fully funding the request at \$66,850 per year for three years.**

Applications Not Recommended for Funding

3. **Edmonds School District - Vision Screening Photodevice:** the school district is requesting a one-time grant of \$49,680 to purchase vision screening equipment to meet a new state requirement on near vision screening. Funds would be used to purchase 6 photo screening devices and supporting equipment. **The program committee is not recommending the program for funding.** Although there is a connection to health and wellness, the committee members did not feel that it was appropriate for Verdant funds to be used to meet a new state-mandated requirement for the school district.
4. **Veteran's Plaza Interactive Kiosk/VFW Post 8870:** a one-time request of \$20,000 seeking funds for an interactive kiosk that would provide resources to veterans at the Edmond's Veteran's Plaza. The kiosk would route requests for support and resources through a partnership with WA Serves, which would track results and outcomes. **The program committee is not recommending funding for the project.** The committee had questions about how effective the kiosk would be in reaching disconnected veterans at Veteran's Plaza and committee members were more interested in providing funding for in-person support.

5. **Edmonds Woodway High School Booster Club:** a one-time request of \$25,000 to purchase new weight-room equipment for Edmonds Woodway High School. **The program committee is not recommending the project for funding because it was not closely tied to a health program with measurable outcomes.**

Follow-up on Edmonds School District Move 60!

The program committee is recommending fully funding the revised Move 60! request at \$2.28 million in total over three years. The committee felt that the expanded program has the ability to reach large numbers of South Snohomish County children and youth and is connected to childhood obesity, which is a priority area for Verdant.

Program Components:

- **Move 60! Plus:** an expansion of the current elementary *Move 60!* program. This expansion opportunity would be for schools who have a demonstrated need to offer an additional *Move 60!* session at the school.
- **Move 60! Miles:** add a 5th day to the existing *Move 60!* weekly schedule. This 5th day would be a *Move 60!* Running Club and would be available to any student who can participate, regardless if she or he were in *Move 60!* (an “all-comers” format). Supervisors would use an electronic tracking system to count laps and mileage.
- **Move 60! Minutes:** an activity grant program that would be available for all elementary and middle schools in our school district. Individual schools could apply for funding to create and implement activity opportunities for students during the school day.
- **Move 60! Academy:** a Pre-K class that incorporates activity and movement based learning with academics and social emotional learning.

Summary by New Component

	Move 60 Plus	Move 60 Miles	Move 60 Minutes	Move 60 Academy
Description	Additional Move 60! sections before or after school	5 th day running club	Activity during school day	Pre-k program
Assessment	Fitnessgram	Laps & mileage tracked	Fitnessgram in fall and spring	Focus on movement-based & social emotional learning
Estimated students served 2017-2018	100	1,380	3,000	30
Estimated students served 2019-2020	200	2,300	5,000	120

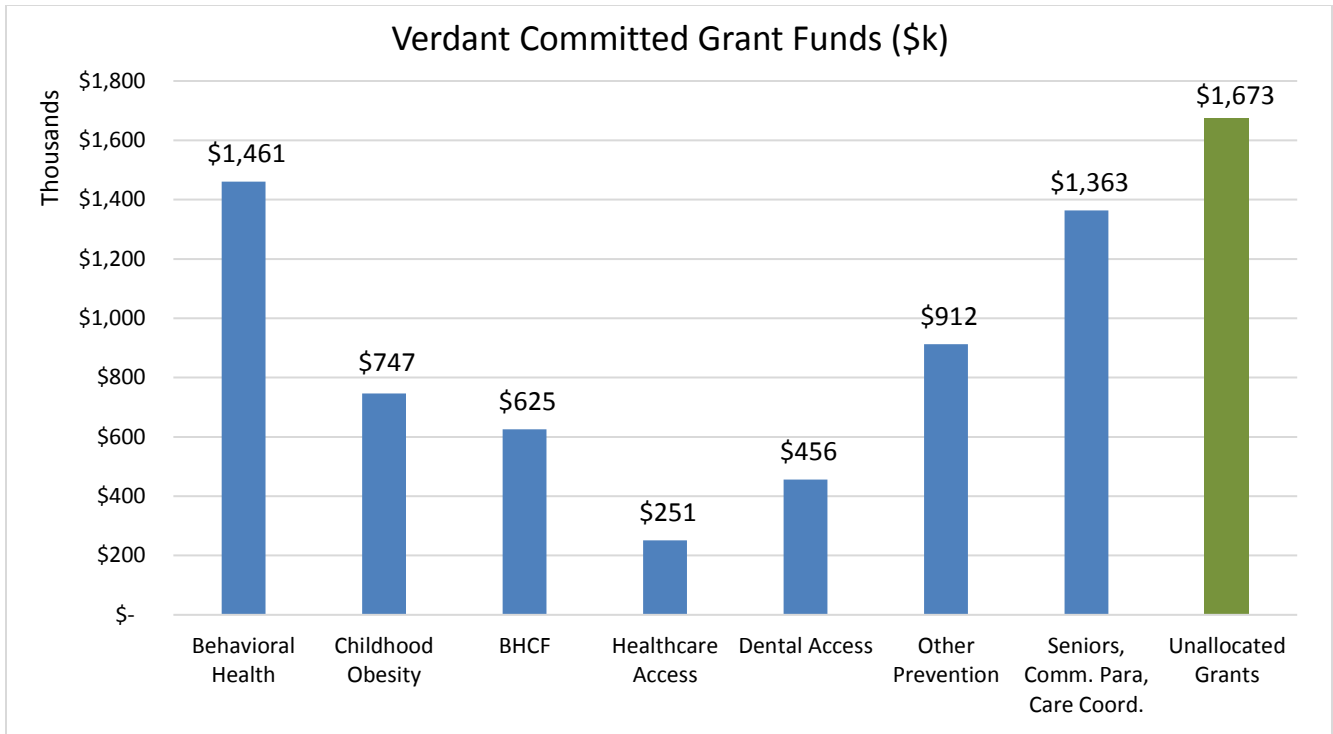
Move 60 2017 Grant Proposal:			
Budget	Year 1	Year 2	Year 3
	2017-18	2018-19	2019-20
Elementary Move 60:			
Salary	\$500,061.00	\$520,063.00	\$540,865.00
Move 60 Coordinators 2.0 FTE			
Move 60 Lead Instructors - 23 schools			
Move 60 Assistant Instructors - 22 schools			
Nurses - Health Screening			
Substitutes			
Professional Development Training	\$10,000.00	\$10,500.00	\$11,000.00
Instructor Trainings			
Printing	\$2,000.00	\$2,000.00	\$2,000.00
Registration forms, student surveys, flyers			
Transportation	\$38,000.00	\$39,520.00	\$41,100.00
Bus for 10 schools			
Supplies	\$20,000.00	\$15,000.00	\$10,000.00
Equipment, Fitness Finders, Jump Rope cards			
Translation services	\$2,000.00	\$2,000.00	\$2,000.00
Top 5 languages			
Milage/Travel	\$2,500.00	\$2,500.00	\$2,500.00
Milage for travel to schools, workshops, and trainings			
AM/PM Move 60	\$22,000.00	\$44,000.00	\$44,000.00
Instructors and materials - \$11,000 per school			
Move 60 Academy (Pre-K)	\$4,000.00	\$8,000.00	\$16,000.00
Instructors, equipment, materials, training			
Move 60 Miles	\$51,000.00	\$51,000.00	\$51,000.00
Staffing and materials			
Move 60 Minutes Activity Grant (K-8)	\$70,000.00	\$70,000.00	\$70,000.00
School Champion, activities and training			
TOTAL:	\$721,561.00	\$764,583.00	\$790,465.00

Current Annual Funding Level

\$532,286

Served

2015-16	Year 1	Year 2	Year 3
1617 (unduplicated)	5,764 total	8,714 total	12,334 total



Verdant Community Wellness Center Summary
April 2017

Completed Programs

1. General Community and Provider Events	Attendance
1. Caregivers & Social Workers Making Decisions Together Training	22
2. Paper Tigers Movie for Child Care Providers (3/23)	54
3. Spanish Language Health Fair (3/25)	100+
4. Monthly Hero's Café for Veterans (3/28)	113
5. Snomentia in My Neighborhood (3/29)	24
6. ARC Mothers of Children with Disabilities Monthly Support Network (4/1)	27
7. SHIBA Monthly Training with OIC (4/4)	25
8. Korean Women's Association: Everyday Prevention Program (4/6)*	50
9. PEPS: Baby Peppers Weekly Support Group (4/6– 6/22)*	8-10
10. Leadership Snohomish County culminating presentations (4/17)	30
11. Screenager – Growing up in the Digital Age Provider Training (4/18)*	42
12. Screenager – Growing up in the Digital Age Community Program (4/18)*	73
13. Understanding Medicare Monthly Workshops (4/21)	20
14. Sea Mar Weekly Health Insurance & Basic Food Enrollment	varies
15. Ongoing – Community Support for Prescription Assistance (weekly)*	varies
2. Nutrition and Healthy Behaviors	Attendance
1. Mediterranean for Life: Health Coaching Program (1/18 – 3/22)*	23
2. Yoga 101: 8 Week Class Series (2/14 – 4/4)*	15
3. Surviving & Thriving with Chronic Kidney Disease (3/15 – 4/19)*	8-10
4. Adult Hands-on Cooking Classes: Beginning Knife Skills (3/20);	11
5. Taste & Texture: Infant Feeding with a Doc and a Dietitian (3/27)*	14
6. Road Back to Life Kidney Support Group (3/28)	8-12
7. Learn & Work Out: 10 Week Home Fitness Series (3/29 – 6/7)*	25
8. Type 2 and You Diabetes Education & Support (4/1)	21
9. Teens in the Kitchen: Cuisines from Italy & France (4/4 and 4/6)*	24
10. Fitness Demo: Using Cardio for Calorie Burning & Weight Loss (4/13)*	14
11. Nutrition for a Healthy Brain Cooking Demo (4/14)*	23
12. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	4-12
13. Getting to Goal Program (Weight Management/Activity Consultations)*	10 clients
3. Behavioral Health & Substance Use	Attendance
1. YWCA Women's Art Therapy Group (3/7 – 5/2)*	8-10
2. THS Spanish Language Parent Coaching Group (3/2 – 4/13)*	4-6
3. National Alliance on Mental Illness "Connections" Group (3/23; 4/13)	varies
4. Brain Health and Wellness Classes (3/20, 23; 4/3, 6, 10, 13, 20)*	varies
5. Korean Language Guiding Good Choices Parenting Seminar (3/23 – 4/27)	15
6. Snohomish County Caregiver Support Group (4/6, 20)	6-10
7. NAMI Presents: Family Dynamics and Setting Boundaries (April 6)*	28
8. YWCA Intro to Mindfulness (4/11 – 5/30)*	12
9. Yoga: Mind, Movement and Meditation Workshop (April 12, 19, 26)*	15
10. Evergreen Bereavement Informational Workshop (4/12)	varies
11. Adult Children of Alcoholics Weekly Support Group (weekly)	10-14
12. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies
4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	30+

Verdant Community Wellness Center Summary

April 2017

Upcoming Programs

A. General Community and Provider Events

1. PEPS: Baby Peppers Weekly Support Group (April 6 – June 22)*
2. Aging Mastery Program (April 24-May 22)
3. Monthly Hero's Café for Veterans (April 25)
4. Talking to Children about Race – workshop for Foster Parents (April 29)
5. Engaging Community Voice Workshop (May 1)*
6. SHIBA Monthly Training with OIC (May 2)
7. Basic Food Education Forum (May 3)
8. Korean Women's Association: Everyday Prevention Program (May 4)*
9. Pulmonary Hypertension Support Group (May 5)
10. ARC Mothers of Children with Disabilities Monthly Support Network (May 6)
11. Foster Parent Core Training Series (May 6, 10; June 10, 17)
12. Evergreen Home Health (May 10, 16)
13. Latino Education & Training Institute Culminating Event (May 13)
14. Understanding Medicare Monthly Workshops (May 19)

B. Nutrition and Healthy Behaviors

1. Surviving & Thriving with Chronic Kidney Disease (May 3 - June 7)*
2. Kids in the Kitchen: Sensational Snacking (May 6)*
3. Adult Hands-on Cooking Classes: Basic Cooking Science & Skills (May 15)*
4. Cooking Demo: The Flavors of Spain (May 9)
5. Getting to Goal Weight Reduction Program (May 18)
6. Farmers Market Cooking Demo (May 22)
7. Road Back to Life Kidney Support Group (May 23)
8. Spanish Language Weekly Women's Health Series (May 2-30)*

C. Behavioral Health & Substance Use Focus

1. YWCA Women's Art Therapy Group (March 7 – May 2)*
2. YWCA Intro to Mindfulness (April 11 – May 30)*
3. Brain Health and Wellness Classes (April 24, 27; May 4, 8, 11, 15, 22)*
4. YWCA Managing Difficult Emotions (April 26 – June 14)*
5. National Alliance on Mental Illness "Connections" Support Group (April 27; May 11, 25)
6. THS – Parent Coaching Group (May 2 – April 6)*
7. Snohomish County Caregiver Support Group (May 6, 20)
8. Evergreen Bereavement Informational Workshop (May 10)
9. Powerful Tools for Caregivers Workshop Series (May 17 – June 21)
10. Adult Children of Alcoholics Weekly Support Group (weekly)
11. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)

*** = Grant/Program Funded Partner**

April 2017 Marketing Report

Canopy Newsletter Mailing

- Began arriving in households and businesses (approximately 78,000 copies) on Wednesday, April 19
- Delivered to community locations including libraries, parks and recreation locations, clinics, and other sites

Coming Events

- **Step Up: Understanding and Implementing Racial Equity** conference organized by Leadership Snohomish County: Friday, April 28, 8 a.m. – 5 p.m. at the Lynnwood Convention Center
- **Edmonds Senior Center Healthy Living Expo:** Friday, April 28, 10 a.m. – 2 p.m. at the Edmonds Senior Center
- **Create Age Festival Edmonds (CAFÉ):** Saturday, April 29, 8 a.m. – 1 p.m. at the Edmonds Senior Center
- **Bike2Health ribbon cutting:** Wednesday, May 17, 1 p.m. near the Lynnwood Transit Center at the 44th Avenue West Bike/Pedestrian Bridge
- **Health & Fitness Expo:** Saturday, May 20, 9 a.m. – 12 p.m. at Edmonds School District Stadium