

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
August 23, 2017
Verdant Community Wellness Center
8:00 a.m. to 9:20 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) July 26, 2017 Board Meeting	Action	8:03	1-4
C. Executive Committee Report	Information	8:04	---
D. Superintendent's Report	Information	8:05	---
E. Finance Committee Report			
a) Review financial statements & cash activity	Information	8:10	5-8
b) Authorization for payment of vouchers and payroll	Action	8:12	9
c) Resolution 2017:02 Disposition of district assets	Action	8:13	10-13
F. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:15	---
b) Program investment recommendations	Action	8:16	14-15
c) Value Village discussion	Information	8:25	16-18
d) Verdant Community Wellness Center activities update	Information	8:55	19-20
e) Program criteria update	Information	9:00	21
G. Marketing Report	Information	9:05	22
H. Public Comments (please limit to three minutes per speaker)	---	9:10	---
I. Commissioner Comments	---	9:15	---
J. Adjournment	---	9:20	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS
Regular Meeting
Verdant Community Wellness Center
July 26, 2017

Commissioners Present	Deana Knutsen, President J. Bruce Williams, M.D., Secretary Fred Langer, Commissioner (8:07 a.m. arrival) Karianna Wilson, Commissioner Bob Knowles, Commissioner
Staff & Others Present	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Karen Goto, Executive Assistant Members of the community
Guests	Jerry Gadek, Veterans Service officer, Snohomish County
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on June 28, 2017.
Executive Committee	President Knutsen reported that the Executive Committee met on July 19, 2017 to review and approve the July 26, 2017 board meeting agenda, and the July 26, 2017 Strategic Collaboration Meeting agenda. No action was taken.
Superintendent's Report	Dr. Fenn updated on the board on several items: <ol style="list-style-type: none">1. AWPHD conference in June 2017 had an impressive speaker on community health issues.2. Dr. Fenn met with Congressman Rick Larsen to discuss proposed cuts to SNAP & WIC programs.

She will be meeting with a representative from the Congressman's office in the future.

3. Presentation on data for the Value Village property discussion is on hold until the August 2017 board meeting.
4. The Edmonds City Council has invited Verdant to do a presentation at their September 5, 2017 council meeting. Commissioners are invited to participate.
5. Bond 101 training meeting with Piper Jaffrey is scheduled for August 8, 2017, 11 a.m. to 12 p.m. at Verdant. Commissioners are invited to attend.
6. The financial information will be condensed for presentation at regular board meetings with a quarterly deeper review. Commissioners should let Dr. Fenn or Ms. King know what information they would like presented at board meetings.
7. Dr. Fenn recognized several recent staff birthdays.

Review Grant Criteria

Dr. Fenn presented a 1st draft of grant criteria (E:51:17). After researching several other organization's grant criteria, it was found that most do not use strong, objective criteria; instead it is based on need at that time. Commissioners discussed the need to document the process for the State Auditors, use of a 100-point scale to check that funded programs are tied to our priority areas, include viability of funding for programs in the criteria, include measurement of health outcomes, and setting expectations about future funding. Commissioner Langer suggested including statutory RCW language in the criteria, as well as posting it on our website. He would like staff to pull this new criterion into upcoming grant renewals as well as new grant applications. Dr. Fenn and Mr. Kosovich will work on the next draft to be available for the next Program Committee meeting. After Program Committee review, the second draft will be sent to a few community partners for feedback. The draft will then go to the full board for approval in October with a proposed launch date of November 1, 2017. Further discussion will also be done at the December 2017 board retreat.

**Finance
Committee Report**

The committee met on July 20, 2017. Ms. King reviewed the financial statements and cash activity for June 2017 (E:52:17). Ms. King is available to meet with any board members in a one-on-one meeting if they have more questions on district finances. Ms. King reminded commissioners of the October 18 Special Board Meeting at 8 a.m. to discuss the Superintendent's Proposed 2018 Budget and the October 25 Regular Board Meeting at 8 a.m. to approve the 2018 M&O Levy and the 2018 budget.

**Authorization for
Payment of
Vouchers &
Payroll**

Warrant Numbers 12329 through 12376 for June 2017 for payment in the amount of \$78,710.75 were presented for approval (E:53:17). ***Motion was made, seconded and passed unanimously to approve.***

**Program
Committee
Update**

The Program Committee met on July 13, 2017 to review one new application (E:54:17). Commissioner Knowles presented the committee recommendations of the review to the board.

No conflicts of interest were reported by any of the commissioners present.

Applications Recommended for Funding:

Center for Human Services Youth Counseling Program – a renewal request to continue funding for the youth counseling program that supports mental health counselors in the Edmonds School District secondary schools.

Motion was made, seconded and passed unanimously to approve funding the program at \$225,000 per year for two more years, a 36% increase from the current level and this would enable CHS to add a third counselor supported by Verdant.

**Presentation from
Veterans Services
of Snohomish
County**

Jerry Gadek shared what Veterans Services does to support veterans in the community with needs such as housing, health care, and employment. He highlighted the need for more engagement of younger veterans, spouses of veterans, support for victims of sexual assault, and traumatic brain injury survivors.

**Verdant
Community**

Ms. Waldin presented an update on activities in the center for June 2017 (E:55:17) and called out the SBIRT training on July 24, 2017 and the Summer Grilling class

Wellness Center Activities Update	on July 15, 2017 which was comprised of 20% male registrants.
Marketing Report	Ms. Piplic presented the Marketing report which included information on the Meet Me at the Park events and several upcoming events (E:56:17).
Public Comments	None
Commissioner Comments	Dr. Williams shared that the Swedish Edmonds medical staff was encouraged to meet with the Public Hospital board and the leadership of the hospital.
Adjourn	There being no further business to discuss, the meeting was adjourned at 9:25 a.m.

ATTEST BY:

President

Secretary

Balance Sheet

As of July 31, 2017

	A	B	C	D
	Dec 31, 2016	July 31, 2017	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	5,457,824	2,314,856	(3,142,968)	
4 Other Current Assets	34,822,481	40,335,685	5,513,205	Includes Investments
5 Total Current Assets	40,280,305	42,650,541	2,370,236	
6 Total Long-term & Fixed Assets	46,463,198	45,219,219	(1,243,979)	Includes Depreciation
7 TOTAL ASSETS	86,743,503	87,869,761	1,126,257	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	3,230,044	1,447,185	(1,782,859)	
11 Long-term Liabilities	3,087,949	3,051,765	(36,184)	2012 LTGO Bonds/BHCF
12 Total Liabilities	6,317,993	4,498,949	(1,819,043)	
13 Total Equity	80,425,511	83,370,811	2,945,300	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	86,743,503	87,869,761	1,126,257	

Profit & Loss

July 2017

	A	B	C	D	E	F
	July Actual	July Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	866,814	865,864	950	6,061,397	6,057,574	3,823
3 EXPENSES						
4 Operating Expenses	144,424	195,424	51,000	1,109,682	1,382,156	272,475
5 Depreciation Expense	175,804	172,902	(2,902)	1,288,192	1,269,070	(19,123)
6 Program Expenses	453,641	567,854	114,213	3,103,173	4,031,977	928,804
7 Total Expenses	773,869	936,180	162,311	5,501,048	6,683,203	1,182,155
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	900,909	228,229	672,680	2,384,951	1,597,602	787,349
10 NET INCOME	993,854	157,912	835,941	2,945,300	971,973	1,973,327

Monthly Highlights

July 2017

Verdant received dividends payments of \$51,841 and an unrealized loss of \$34,781 on our investment portfolio in July and closed with an ending market value of \$39,476,627.

Annual program commitments total \$6,175,935 for 2017 and \$4,184,388 for 2018. \$1,715,311 remains available to spend in 2017, of which \$33,966 is earmarked as Superintendent Discretionary.

Income of \$46,724 and expenses of \$71,226 from the Kruger Clinic were incurred, netting to an additional operating income of \$46,724 in July.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
12377	07/05/2017	Corporate Security LLC	284.00	July 2017 Parking Lot Security
12378	07/05/2017	Foster Pepper PLLC	5,462.40	Feb 2017 Legal Fees
12379	07/05/2017	StayWell Company, LLC	3,150.00	2Q17 installment of health content for website
12380	07/05/2017	ThyssenKrupp Elevator Company	839.58	7/1-9/30/17 Elevator Maintenance
12381	07/05/2017	Ash Consulting	100.50	June 2017 Consulting
12382	07/05/2017	Dynamic Language	58.39	Spanish translation services
12383	07/05/2017	Helen Gilbert	20.00	Refund for Cancelled Zumba Class
12384	07/05/2017	WA Department of Revenue	22,317.72	Q2 2017 Leasehold Excise tax return
12385	07/05/2017	Puget Sound Energy	52.57	Natural Gas
12386	07/12/2017	City of Lynnwood - Utilities	682.72	Water/Sewer
12387	07/12/2017	Property Management NW	3,016.48	Kruger Clinic Property Management
12388	07/12/2017	AmeriFlex Business Solutions	17.25	July 2017 FSA Administration
12389	07/12/2017	Sound Dietitians	1,784.53	WC 150 - Nutrition Programming
12390	07/12/2017	McKinstry Co., LLC	630.38	Replace insulation on piping on roof damaged by birds
12391	07/12/2017	Armstrong Services	1,265.57	June 2017 Janitorial
12392	07/12/2017	Comcast	281.68	Telephone/Internet
12393	07/12/2017	Comcast	506.10	Telephone/Internet
12394	07/12/2017	Dataworks	697.76	IT Support
12395	07/12/2017	Zapora Consulting, LLC	500.00	Consulting 7/7/17 - 2 hrs
12396	07/12/2017	Philanthropy Northwest	1,500.00	Facilitator on Community Engagement
12397	07/12/2017	Seattle Visiting Nurse Association	13,950.00	Award 259 - Flu Shots
12398	07/12/2017	Turning Point Seattle	12,000.00	One Time Program Payment
12399	07/19/2017	Costco	60.00	SW & LK Membership Dues
12400	07/19/2017	Department of Labor and Industries	373.74	2Q17 Self Insurance Fund
12401	07/19/2017	Dynamic Language	118.92	Spanish translation services
12402	07/19/2017	Staples	232.02	Supplies
12403	07/19/2017	Roto-Rooter	230.74	Repair Clogged Toilet
12404	07/19/2017	Sound Publishing, Inc.	208.57	Annual renewal of The Daily Herald newspaper
12405	07/19/2017	Discovia	1,103.25	June 2017
12406	07/26/2017	Fine Solutions	775.00	Update CRM System
12407	07/26/2017	Principal	1,370.07	EE Life Insurance
12408	07/26/2017	Regence Blueshield	4,658.11	Aug 2017 Health Insurance
12409	07/26/2017	Wells Fargo	2,271.95	Misc.
12410	07/26/2017	Wells Fargo	963.18	Misc.
12411	07/26/2017	Sound Publishing, Inc.	42.00	Legal Notice 7/26 Board Meeting
Total Warrants			<u>81,525.18</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	7/7/2017	Payroll	17,833.38	ACH payroll transfer
	7/7/2017	Department of Treasury	7,668.92	Payroll taxes for 7/1/17 pay period ending
	7/7/2017	Valic	2,691.40	Payroll 401(a)/457 Deposit
	7/7/2017	Paychex	108.81	Fee for payroll processing
	7/21/2017	Payroll	17,264.37	ACH payroll transfer
	7/21/2017	Department of Treasury	7,545.52	Payroll taxes for 7/15/17 pay period ending
	7/21/2017	Valic	2,722.41	Payroll 401(a)/457 Deposit
	7/21/2017	Paychex	124.36	Fee for payroll processing
	7/10/2017	Wells Fargo Merchant Services	76.58	Merchant Services
	7/10/2017	Wells Fargo	79.22	Bank Fees
	7/15/2017	Alzheimer's Association Western & Central	7,209.16	Program Payment
	7/15/2017	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	7/15/2017	CampFire	4,166.67	Program Payment
	7/15/2017	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	7/15/2017	Center for Human Services	27,279.16	Program Payment
	7/15/2017	ChildStrive	23,333.33	Program Payment
	7/15/2017	City of Lynnwood	12,514.08	Program Payment
	7/15/2017	Compass Health	18,572.50	Program Payment
	7/15/2017	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	7/15/2017	Edmonds Community College Foundation	4,396.33	Program Payment
	7/15/2017	Edmonds School District No. 15	77,273.84	Program Payment
	7/15/2017	Edmonds Senior Center	9,166.67	Program Payment
	7/15/2017	Homage Senior Services	64,086.67	Program Payment
	7/15/2017	Kinderling	11,517.17	Program Payment
	7/15/2017	Korean Women's Association	5,000.00	Program Payment
	7/15/2017	Leukemia & Lymphoma Society WA/AK Chapter	3,750.00	Program Payment
	7/15/2017	Mary Porter, RDN	840.00	Program Payment
	7/15/2017	Medical Teams International	5,500.00	Program Payment
	7/15/2017	PEPS	3,250.00	Program Payment
	7/15/2017	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	7/15/2017	Project Access Northwest	7,500.00	Program Payment
	7/15/2017	Puget Sound Christian Clinic	26,750.00	Program Payment
	7/15/2017	Puget Sound Kidney Centers Foundation	4,000.00	Program Payment
	7/15/2017	Snohomish County Fire District 1	36,103.34	Program Payment
	7/15/2017	Volunteers of America Western WA	6,553.83	Program Payment
	7/15/2017	Wonderland Development Center	12,458.33	Program Payment
	7/15/2017	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	7/15/2017	Therapeutic Health Services	20,833.33	Program Payment
	7/10/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	7/24/2017	AmeriFlex Business Solutions	178.46	FSA Payments
	7/24/2017	WA Department of Revenue	818.24	B&O Tax June 2017
	7/28/2017	Department of Labor and Industries	411.49	2Q17 L&I - State Fund
		Total Wires/ACH Transactions	481,047.78	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
Workers Compensation Claims Activity:				
305357-359	Jul-17	Various Claimants/Vendors	<u>1,702.96</u>	Administered by Eberle Vivian
Kruger Clinic Activity:				
3091-3103	Jul-17	Various Claimants/Vendors	<u>23,683.22</u>	Administered by PMNW
Total Disbursements			<u>\$ 587,959.14</u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	7/1/2017	Swedish Edmonds	782,818.19	Monthly leases
	7/1/2017	Value Village	26,552.66	Monthly lease
	7/1/2017	Raymond Liu, D.D.S.	3,578.68	Kruger Clinic monthly lease
	7/1/2017	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	7/13/2017	Kean Lawlor	20,382.21	Kruger Clinic monthly lease
	7/1/2017	Puget Sound Gastro	27,641.97	Kruger Clinic monthly lease
	7/10/2017	Snohomish County	10,807.24	Levy
	7/24/2017	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	7/10/2017	T-mobile	1,365.82	Cell tower at the hospital
		Exercise classes at VCWC	50.00	3 Registrations for VCWC Class
Total Deposits			<u>\$ 877,945.12</u>	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 12377 through 12411 have been issued for payment in the amount of \$81,525.18. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	7-1-17 – 7-31-17		\$81,525.18
Work Comp Claims Pd:	7-1-17 – 7-31-17		1,702.96
Kruger Clinic Processed:	7-1-17 – 7-31-17		23,683.22
Payroll:	6-18-17 – 7-1-17	17,833.38	
	7-2-17 – 7-15-17	<u>17,264.37</u>	
			35,097.75
Electronic Payments:	Payroll Taxes	15,214.44	
	Paychex	233.17	
	Valic Retirement	5,413.81	
	AmeriFlex FSA	356.92	
	Bank Fees	155.80	
	WA State Dept Revenue	818.24	
	Program Expenditures	423,346.16	
	Dept of L&I	<u>411.49</u>	
			<u>445,950.03</u>
	Grand Total		<u>\$587,959.14</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2017-02

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 23rd day of August, 2017, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

CERTIFICATE

I, J. Bruce Williams, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2017-02 is a true and correct copy of the original resolution adopted on August 23, 2017, as that resolution appears on the Minute Book of the District.

DATED this 23rd day of August, 2017.

J. Bruce Williams
Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 1/31/2017	Disposal Date
02	860400	8430	RUSTAKE CHAIN LINE FENCING	1	12/1/1985	180	3,934.70	-	8/31/2017
02	954044	1220	CHAIN LINK FENCE-CENTRAL P	1	12/1/1995	180	1,119.00	-	8/31/2017
02	954046	1220	EXTERIOR SIGNAGE-CENTRAL P	1	12/1/1995	120	2,443.00	-	8/31/2017
02	910197	7190	CHAIN LINK FENCE	1	6/1/1991	180	10,553.83	-	8/31/2017
02	840981	1220	SIGNAGE DEVELOPMENT-BRENT	1	1/1/1983	144	11,375.00	-	8/31/2017
02	870126	1220	LEXAN SIGN FACES	1	11/1/1987	144	808.50	-	8/31/2017
02	890224	1220	EXTERIOR SIGNAGE	1	10/1/1989	144	3,813.69	-	8/31/2017
02	6526	1220	SPEED BUMPS & ASPHALT	1	3/1/1979	144	1,712.75	-	8/31/2017
02	6335	1220	ASPHALT PAVING	1	6/1/1978	144	812.63	-	8/31/2017
02	6245	1220	ILLUM ADMIT SIGN	1	2/1/1978	144	1,199.98	-	8/31/2017
02	4828	1220	ASPHALT PAVING	1	10/1/1976	120	1,117.00	-	8/31/2017
03	6242	1230	ACCOUSTICAL TILES & ACCES	1	2/1/1978	120	323.70	-	8/31/2017
03	6337	1230	REPLACE VINYL TILE	1	6/1/1978	120	1,028.70	-	8/31/2017
03	6339	1230	AWNING VENTS-OB DRS LOUNGE	1	6/1/1978	120	368.90	-	8/31/2017
03	6685	1230	3700 SQ FT NEW ROOF	1	5/1/1979	300	4,321.40	-	8/31/2017
03	7801101	1230	WARREN BUILDING T.I.'S	1	3/1/2007	60	630,070.94	-	8/31/2017
03	7801102	1230	WARREN BUILDING T.I.'S	1	1/1/2008	51	11,591.54	-	8/31/2017
04	1059	6072	MASTER TV ANTENNA/WIRING	1	2/1/1972	120	3,562.00	-	8/31/2017
04	6178	6072	CARPETING	1	9/1/1977	60	4,403.00	-	8/31/2017
04	920318	1240	STEEL DOOR & INSTALL - ER	1	3/1/1993	144	4,772.72	-	8/31/2017
05	7804301	7180	VISION BIPAP VENTILATOR	1	7/1/2007	120	9,446.61	-	8/31/2017
							708,779.59	-	

August 2017 Program Oversight Committee Summary

- Five applications up for discussion
- Presentation on Value Village data gathering:
 - Patrick Doherty from City of Edmonds on Hwy 99 plan
 - Map of nearby properties
 - Commissioner survey
 - List of data sources and process discussion
- Follow-up on timing/process for changes to grant evaluation process and criteria

Program Funding Requests

Applications Recommended for Funding

1. **Edmonds Senior Center—Enhancing Health & Wellness Programs:** a renewal request for health programs at the Edmonds Senior Center. The renewal program request would continue the major programs and services and add some new program extensions. The programs to be continued include the Enhance Wellness Program in partnership with Sound Generations, PEARLS (for depression) in partnership with the University of Washington Health Promotion Research Center, Living Well with Chronic Conditions (Diabetes/Pain), Palliative/End of Life Care, Support Groups, Brain Health and Cognitive Training classes.

The core programs (PEARLS, Enhance Wellness, Chronic Disease Management) are evidence-based programs and are on track to meet their performance goals for the 3-year period. The senior center requested an average of \$127,000 per year and the program is currently funded at \$110,000 per year.

The program committee is recommending partially funding the request at an average of \$116,000 per year for the next three years.

2. **Cities of Lynnwood, Edmonds, and Mountlake Terrace – Swim Lesson Program:** a renewal request for a swim lesson program with three city-operated pools (Mountlake Terrace, Edmonds/Yost, and the City of Lynnwood Recreation Center). The current program provided 3 sets of swim lessons (10 ea.) to every third-grade student in the Edmonds School District. The program also includes in-classroom safety instruction from pool staff. The three cities are proposing a reworked model to target larger numbers on non-swimmers by:

- Limiting the 3rd grade vouchers to basic swim instruction (would exclude more competitive lessons) and continuing the classroom education at 3rd grade.
- Launching a new program to attract non-swimmers of all ages and provide any non-swimmer youth with swim lesson vouchers. The pools would offer quarterly water safety education/evaluation events where non-swimmers would be identified and provided with swimming vouchers.

Similar to the previous program model, Verdant would fund lessons only when vouchers are redeemed at a cost of \$8 per lesson, with a maximum of 30 lessons per child. **The program committee is recommending funding the revised program—the committee felt that the program redesign would better target youth with low swimming abilities.**

Funding Applications Not Recommended for Funding:

3. **Farmer Frog – Meadowdale Pocket Farm:** a request for \$25,000 in funding to build a small "pocket" farm in Meadowdale Park. The space would be leased from the City of Lynnwood and would be used for school field trips, growing and harvesting produce for backpack programs, how-to-classes on growing and harvesting produce, etc. Verdant asked the organization to provide more detailed outcome data, and Farmer Frog provided very large estimated program outputs (ex. 25,000 adults educated and 15,000 families provided with food).

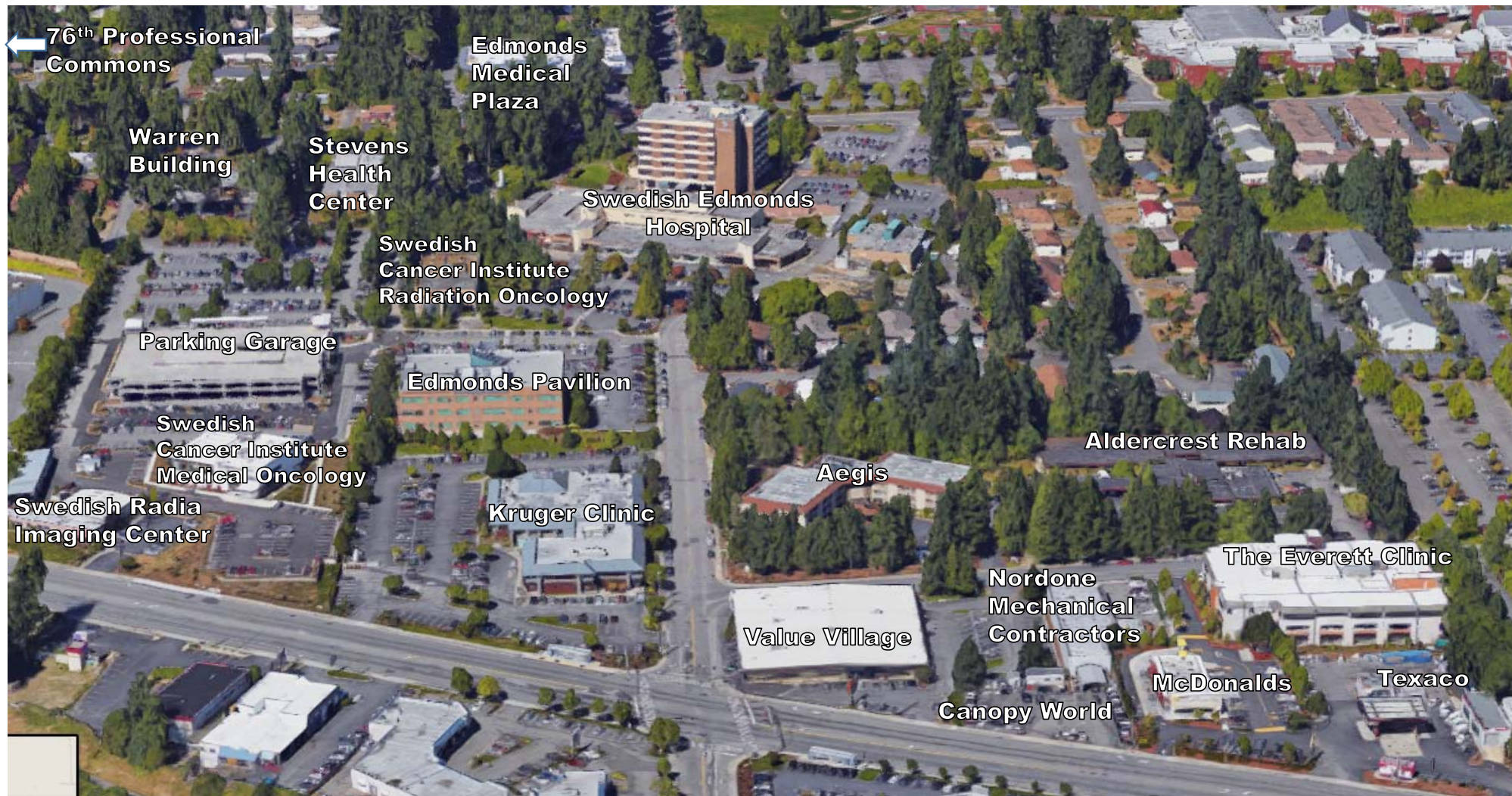
The program committee is not recommending funding at this time. Although the farm/community garden will provide a nice amenity the community, it is not clear that Farmer Frog has the capacity to track and measure health and education outcomes from programming.

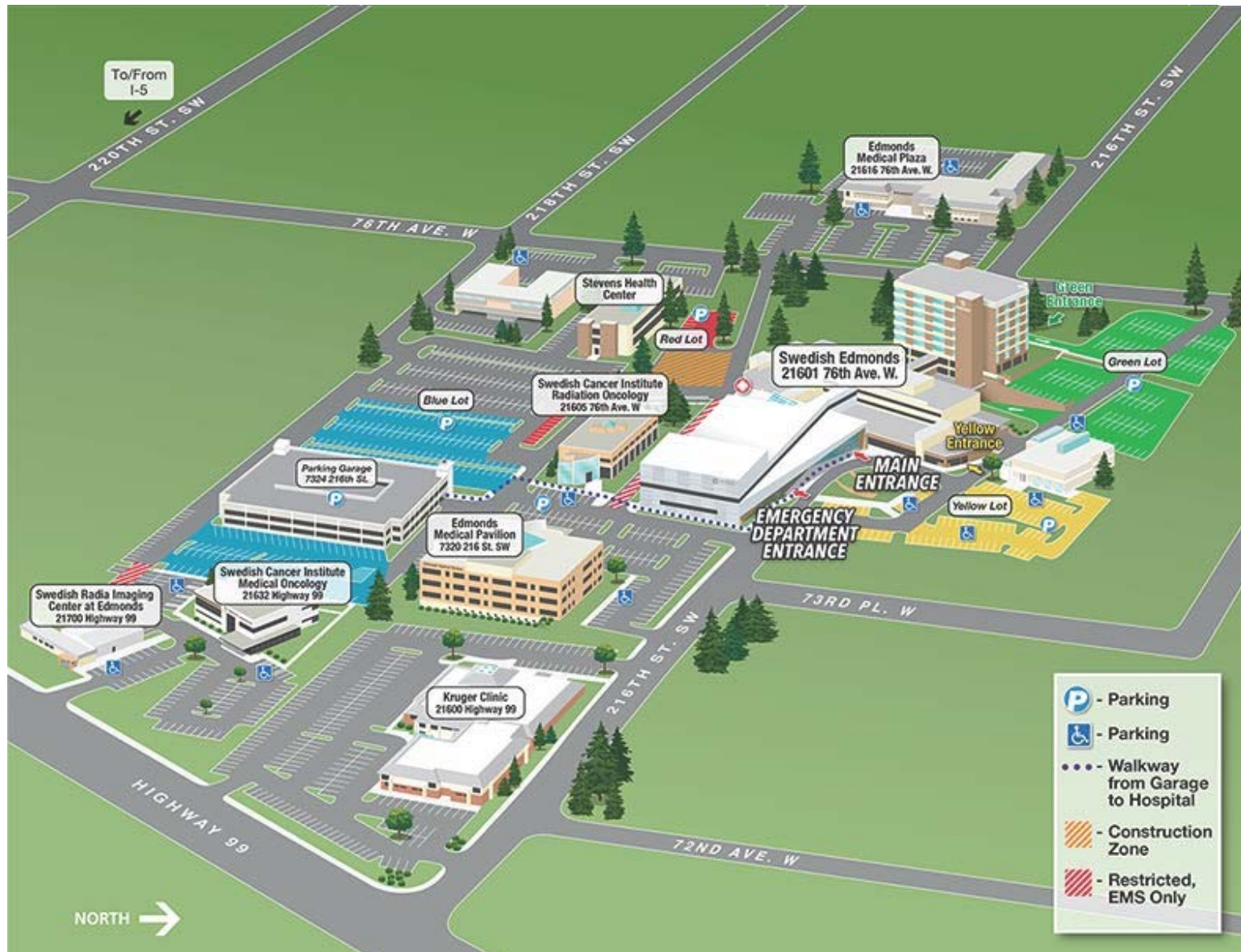
4. **Beecher's Pure Food Kids Foundation/Sound Food Uprising:** a multi-year request averaging \$100,000 per year over three years to provide nutrition education to adults in South Snohomish County. The program is built around a two-session workshop focused on food, nutrition, and consumer power that encourages people to make better informed decisions about buying and consuming food. Using a mobile cart, the program can be delivered at flexible locations and teaches skills like food selection, knife skills, and batch cooking. The applicant estimates that 850 individuals would be trained in year 1, growing to 1,420 by year 3.

The program committee is not recommending the program for funding. Although the curriculum has been vetted through Swedish clinical faculty, it is still in "beta" phase and largely unproven in generating health outcomes.

5. **ChildStrive – Building a Resilient South Snohomish County:** a multi-request of \$325,000 per year for a comprehensive program to support building resilient families. The long-term goals of the program are to increase parenting skills, positive child development, and increased family resiliency. Grant funds would be used to support early intervention and Parents as Teachers Program, add community engagement staff, and add a restorative practices and mindfulness specialists.

The program committee is not recommending the program for funding. Although the committee supports the long-term goals of the program, they did not see enough evidence that the focus on restorative practices and mindfulness would directly lead to improved measures of family resiliency, positive child development, or a decrease in child abuse.





List of Data Sources for Value Village Assessment

Category	Notes
1 Demographic data and projections including gender, veterans, age categories, race/ethnicity categories, etc.	Projections available at county level for 2010-2040 - County population to 997,000 - 85+ y/o to 33,508 by 2040 (230% increase) - School Aged youth up to 182,000 (up 25%)
2 Insurance coverage status, including Medicaid enrollment data for PHD#2	US Census tracks public insurance. For Edmonds School District 1 year 2015 estimate = 21,103; 5 year estimate = 15,159
3 ED visits by type for Swedish Edmonds	Request in to Swedish
4 Swedish Edmonds data re: inpatient stays, boarding days, charity care, coverage profile of pts (all of these by diagnostic category where possible)	Request in to Swedish
5 SNO1 EMS calls by type	
6 Poverty data by number of children, individuals, families, households	9% of population in poverty (23% single parent households); Poverty concentrated along HWY99, 196th
7 Behavioral health data (e.g., number of inpatient visits, population estimates, penetration rates, number of providers, etc.)	DSHS tracks SUDS, MD, Other services. Clients for ESD area: 693 General Assessments 159 detox 303 Opiate substitution treatment 225 residential treatment
8 Dental data (e.g., ED visits, population need, penetration rates, number of providers, etc.)	ED and CHC Sno Co. Dental Visits available
9 Primary care data (e.g., type of coverage, population need, penetration rates, number of providers, etc.)	Wide range of prenatal care by ZIP (table b6); 22% haven't had routine checkup in 2 years and 27% haven't had dental visit in 1 year (table c1)
10 Health indicator data (HYS, BRFS)	Recent SHD needs assessment highlighted needs: dental, youth depression (32%)
11 PMP/opioid data (e.g., number of prescriptions by type, frequency)	
12 OSPI data	33% Free/Reduced lunch average. Highest school is Cedar Valley at 78% and CPE at 76%
13 Risk profile data from RDA for ESD	Youth Arrests higher than State average (particularly for property crime). Other indicators favorable compared to Sno. Co. total.
14 Homeless data (PIT?, McKinney/Vento #'s)	661 McKinney Vento children in 2015-16, compares to 281 for '07-08 39 unsheltered individuals from South County cities in 2017 PIT Count.
15 211 call data by category	Largest categories of unmet need for housing, emergency shelter, rent assistance.
16 Crisis Line call data	
17 Preventable hospital or ED visits (likely secondary reports)	
18 Map of grant recipient locations (location of agencies funded recognizing that they serve clients/patients across a much broader area)	Few services in MLT, Brier
19 List/map of property available in PHD#2	
20 # of inpatient treatment beds and locations (in County and in PHD#2). Compare ratio of beds vs. population.	Psych Patients days: -Swedish Edmonds: 7,649 patient days in 2016 with 3,104 from Verdant district zips. -Most Verdant residents go out of district for psych hospitalization: 5,635 Out of area hospital psych patient days from Verdant Zips, with 3,104 @ Swedish Edmonds
21 # of detox beds and locations (in County and in PHD#2) What about triage #'s?	
22 Veterans clinics	Nothing in PHD2 boundaries. Outpatient services in North Seattle and more comprehensive services downtown Seattle.
23 Primary care sites	HRSA defines shortage areas for low-income/Medicaid populations. No South County census tracts meet criteria for a shortage area.
24 Medical office building sites	Lisa compiled map of area with MOB's highlighted
25 Any land use or economic data on medical trends from PSRC or Economic Alliance?	
26 Transportation routes	
27 Any info we have on the Route 99 project, proposed use of other buildings (e.g., Rodeo Inn), other upcoming development	
28 Legislative and policy issues that can affect us in any area (e.g., several states are receiving a waiver from the 16 bed IMD ruling).	

Completed Programs

1. General Community and Provider Events	Attendance
1. South County Walks – (7/24, 31, 8/7, 14)	20+ /Walk
2. Monthly Hero's Café for Veterans (7/26)	100+
3. Sno-King Long-term Care Ombudsman Training (7/26)	6
4. Lynnwood National Night Out - coordinated by Verdant (8/1)	120
5. Sno. Co. Assoc. Education of Young Children Board Meeting (8/2)	10
6. Korean Women's Association: Everyday Prevention Program (8/3)*	45
7. Opportunity Council Childcare Training – Strengthening Families (8/5)	6-8
8. ARC Mothers of Children with Disabilities Monthly Support Network (8/5)	23
9. Hoarding Task Force (8/7)	8
10. Evergreen Home Health (8/9, 15)	50
11. Foster Parent Training (8/12)	5
12. ACH Oral Health Workgroup (8/14)	20
13. Leadership Snohomish County Lunch with Leaders (8/16)	12
14. Understanding Medicare Monthly Workshops (8/18)	15
15. Sea Mar Weekly Health Insurance & Basic Food Enrollment (weekly)	Varies
16. Ongoing – Community Support for Prescription Assistance (weekly)*	Varies

2. Nutrition and Healthy Behaviors	Attendance
1. Surviving & Thriving with Chronic Kidney Disease (6/28 – 8/2)*	22/class
2. AHA Teens Cook with Heart (7/11, 13, 18, 20, 25, 27)	14/class
3. Zumba (7/11 – 8/29)	8/class
4. Farmers Market Cooking Demo: All about Herbs (7/24)*	22
5. Meet Me at the Park #3 (7/25)	100+/event
6. Road Back to Life Kidney Support Group (7/26)	10/class
7. Homage Senior Services Nutrition Retreat (8/4)	7
8. Cooking Demo: Cooking for One or Two (8/8)*	24
9. Type 2 and You Workshop (8/12)*	20
10. Sound Health Physicians Cooking Class (8/16)	10
11. CHC Diabetes Cooking Class (8/18)	8
12. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	Varies
13. Getting to Goal Program (Weight Management/Activity Consultations)*	8-12 Clients

3. Behavioral Health & Substance Use	Attendance
1. YWCA Managing Difficult Emotions (7/10 – 8/28)*	5-6/class
2. YWCA Grief and Loss (July 7/18 – 9/5)*	6-8/class
3. Brain Health & Wellness (7/24, 25, 28, 31; 8/1, 3, 7, 14)*	varies
4. National Alliance on Mental Illness Support Group (7/27, 8/10)	varies
5. Snohomish County Caregiver Support Group (8/3, 24)	8-12
6. Adult Children of Alcoholics Weekly Support Group (weekly)	15-20
7. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	30+/week

Upcoming Programs

A. General Community and Provider Events

1. South County Walks – (August 21, 28)
2. Community Health Accelerator Team Meeting (August 21)
3. ACH Workgroups (August 21, 31, September 18)
4. ESD Deaf and Hard of Hearing Staff Retreat (August 28)
5. Monthly Hero's Café for Veterans (August 29, September 26)
6. Edmonds Senior Center Advanced Directives Class (August 29)
7. Korean Women's Association: Everyday Prevention Program (September 7)*
8. ARC Mothers of Children with Disabilities Monthly Support Network (September 2)
9. Evergreen Home Health (September 9, 15)
10. Foster Parent Core Training Series (September 9, 16, 23, 30)
11. Resource Connectors Quarterly Meeting (September 12)
12. South County Collaborative Meeting (September 13)
13. Snohomish County Child Care Center Director's Forum (September 13, October 11, November 8)
14. Understanding Medicare Monthly Workshops (September 15)
15. Community Foundation of Snohomish County Training (September 18)
16. Veteran's Cultural Competency Training (September 20)
17. PEPS – Baby Peppers Parent Support Group (September 21 – December 7)*
18. ChildStrive Early Intervention Team Meeting (September 28)

B. Nutrition and Healthy Behaviors

1. Zumba (July 11-August 29)
2. Road Back to Life Kidney Support Group (August 22, September 26)
3. Surviving & Thriving with Chronic Kidney Disease (September 6 – October 11)*
4. Budget-friendly and Delicious Meatless Meals: Cooking Demo (September 11)*
5. Getting to Goal Weight Reduction Program (September 14)*
6. Type 2 and You Workshop (September 16)*
7. Oodles of Noodles – Teen Cooking Class (September 23)*
8. Lifestyle Change Check – In Relaunch (September 26)*
9. Monthly Diabetes Support Group (September 27)
10. Farmers Market Cooking Demo (September 25)*
11. Food Preservation Cooking Demo (September 30)*

C. Behavioral Health & Substance Use Focus

1. YWCA Managing Difficult Emotions (July 10 – August 28)*
2. YWCA Grief and Loss (July 18 – Sept 5)*
3. National Alliance on Mental Illness "Connections" Support Group (August 24, September 14, 28)
4. Brain Health and Wellness Classes (August 28, September 12, 18, 21, 25, 29)*
5. Snohomish County Caregiver Support Group (September 7, 19, 21)
6. Circle of Security Parenting Class (September 7 - October 26)
7. Yoga 101: An 8 week series for beginners (September 11 - October 30)*
8. Beginning Tai Chi for Adults (September 28 - October 19)*
9. Adult Children of Alcoholics Weekly Support Group (weekly)
10. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)

* = Grant/Program Funded Partner

Follow-up On Grant Evaluation Process

The program committee had a follow-up discussion following last month's board discussion. The committee is recommending the following roll-out process:

October

- Board Meeting: staff present final draft of evaluation criteria for board member feedback and public comment
- Staff to send draft to other health funders for feedback
- Host a "Funder's Panel" where Verdant shares the evaluation criteria and collects feedback

November

- Board Meeting: Board ratifies final criteria and evaluation process
- Application materials updated and posted for new applications in 2018

August 2017 Marketing Report

South County Walks

- Great turnout continues with walks wrapping week of August 28
- Walk Leader Thank You event on Thursday August 31 at Verdant from 6-7 pm

Community Outreach Events

- National Night Out on August 1st:
 - Organized large event at Community Life Center in Lynnwood (host site for PSCC Dental Clinic) with great community attendance and partner participation
 - Sue participated at Mountlake Terrace Event at Evergreen Playfields
- Robin attended Woodway Town Fair on August 13

Coming Events

- **Back to School Health & Resource Fair:** Thursday August 24 from 5-8 p.m. at Cedar Valley Community School
- **Fair on 44th:** Saturday September 9 from 10 a.m. – 2 p.m. on 44th Ave. W between the Lynnwood Library and Fire Station #15