

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
October 24, 2018
Verdant Community Wellness Center
6:00 to 7:35 p.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	6:00	---
B. Approval of the Minutes			
a) September 26, 2018 Board Meeting	Action	6:03	1-5
b) October 3, 2018 Special Board Meeting	Action	6:03	6-8
C. Executive Session	---	6:05	---
a) Review commissioner candidate qualifications			
D. Open Session			
a) Vote on commissioner candidate	Action	6:20	---
E. Commissioner Oath of Office	Action	6:25	---
F. Executive Committee Report	Information	6:30	---
G. Superintendent's Report	Information	6:35	---
H. Finance Committee Report			
a) Review financial statements & cash activity	Information	6:40	9-12
b) Authorization for payment of vouchers and payroll	Action	6:42	13
c) Adopting Resolution 2018-06: 2019 Property Tax Levy	Action	6:43	14-16
d) Adopting Resolution 2018-07: 2019 Budget	Action	6:45	17-20
I. Program Committee Report & Recommendations			
a) Conflicts of interest	---	6:50	---
b) Program investment recommendations	Action	6:52	21-23
c) Verdant Community Wellness Center activities update	Information	7:05	24-25
d) Verdant multicultural program update	Information	7:10	26
e) Community Social Worker update	Information	7:15	27
J. Marketing Report	Information	7:20	28
K. Public Comments (please limit to three minutes per speaker)	---	7:25	---
L. Commissioner Comments	---	7:30	---
M. Adjournment	---	7:35	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting
Verdant Community Wellness Center
September 26, 2018

Commissioners Present	Deana Knutsen, President Bob Knowles, Commissioner Fred Langer, Commissioner Karianna Wilson, Secretary (via telephone; 8:04 to 8:45 a.m., & 9:25 to 9:45 a.m.)
Staff	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Karen Goto, Executive Assistant
Staff Excused	Nancy Budd, Community Social Worker
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular board meeting on August 22, 2018.
Executive Committee Report	The committee met on September 19, 2018 to review the agenda for the September 26, 2018 board meeting and other upcoming events. No action was taken.
Superintendent Report	Superintendent Fenn reported on the following items: 1. In the interest of time, the Verdant Community Wellness Center summary, Multicultural program update and Marketing report are included in the board packet for review but will not be discussed today. See the October 2018 calendar of upcoming

events (E:73:18) that commissioners may be interested in attending.

2. Dr. Fenn is looking forward to the Building Healthy Communities Fund presentations today and the board's decisions on the funding.

Finance Committee Report

The committee met on September 11, 2018. Ms. King reviewed the financial statements and cash activity for August 2018 (E:74:18). She called out the \$1.1 million received on August 22, 2018 from the Washington State Health Care Authority for the final CPE settlement from SFY 2010 to SFY 2011.

Authorization for Payment of Vouchers & Payroll

Warrant Numbers 13043 through 13117 for August 2018 for payment in the amount of \$248,231.79 were presented for approval (E:75:18). ***Motion was made, seconded and passed unanimously to approve.***

Program Committee Update

The Program Committee met on September 19, 2018 to review three new regular program applications and two renewal requests (E:76:18).

Commissioner Knowles asked if there were any conflicts of interest and none were reported by the commissioners present.

Mr. Kosovich presented the requests and Commissioner Knowles presented the committee recommendations to the board.

Motion was made, seconded and passed unanimously to approve Community Health Center of Snohomish County's School Sealant Program in the amount of \$30,000 on a one-time basis.

Motion was made, seconded and passed unanimously to approve Wonderland Developmental Center's Clinic for Prenatal Substance Exposure in the amount of \$196,757 for Year 1, \$176,872 for Year 2, and \$132,163 for Year 3. Commissioner Langer asked if the funds would be disbursed in 2018. Mr. Kosovich replied that these funds would likely flow in 2019. Superintendent Fenn mentioned that this program addresses the need for services for children exposed to parental substance use and she has heard that there is a need for these services countywide.

Motion was made, seconded and passed unanimously to approve Domestic Violence Services of Snohomish County's renewal request in the amount of \$22,266 per

year for three years for the teen dating violence prevention program.

Motion was made, seconded and passed unanimously to approve the Boys and Girls Clubs of Snohomish County Healthy Habits Program in the partial funding amount of \$295,000 per year for three years contingent on the after- school activity and nutrition program serving 200 more participants per year. Commissioners Langer and Wilson asked for an overview on their fitness measurements.

Not Recommended for Funding at this time:

Domestic Violence Services of Snohomish County's Community Health Advocate. Commissioners requested additional information before a final decision is made. Commissioner Langer also had questions around this program's connection to Verdant's mission. Commissioner Knowles shared that he saw the connection and that the Program Committee would follow-up on the project.

**Building Healthy
Communities Fund
Q & A**

Each of the five applicants provided written answers to the board's questions on their proposals (E:77:18). All applicants were present to verbally respond to board questions:

1. City of Edmonds – Outdoor Fitness Zones (E:78:18)
Carrie Hite via telephone
2. City of Mountlake Terrace – Evergreen Playfields (E:79:18) Ken Courtmanch and Adam Bettcher in person
3. SeaMar – Lynnwood Clinic (E:80:18)
Carolina Lucero, Claudia D'Allegrì, and Tabitha Gross in person

President Knutsen adjourned the meeting at 9:05 a.m. to allow time for MTI and CHC guests to arrive. President Knutsen reconvened the meeting at 9:15 a.m.

4. Medical Teams International – Mobile Dental Multi-Site Delivery Vehicle (E:81:18)
Tammy Messina in person and Joe DiCarlo via telephone
5. CHC of Snohomish County – Integrated Pain Management & Recovery Services (E:82:18)
Bob Farrell and Jim Kee from CHC, Linda Grant

from Evergreen Recovery & James Babington,
M.D. from Swedish Edmonds, all in person

Mr. Kosovich reminded the board that they can approve funding as is, approve partial funding, or assign contingencies to any of these five proposals. Commissioner Wilson informed the board via text that her flight was departing and her stated preferences are for both the MTI and CHC proposals to be funded.

After discussion, the board made the following decisions:

Motion was made, seconded and passed unanimously to approve the City of Edmonds Outdoor Fitness Zones in the amount of \$170,000 over three years.

Motion was made, seconded and passed unanimously to approve the City of Mountlake Terrace Evergreen Playfields in the amount of \$1,000,000.

Motion was made, seconded and passed unanimously to approve SeaMar Lynnwood Clinic in the amount of \$1 million contingent on other funding sources identified within 6 months. Mr. Kosovich clarified with the board that the source of the funding (federal state, organizational reserves) is not crucial to their decision.

Motion was made, seconded and passed unanimously to approve Medical Teams International Mobile Dental Vehicle in the amount of \$358,917.

Motion was made, seconded and passed unanimously to approve CHC of Snohomish County Integrated Pain Management & Recovery Services clinic in the amount of \$2,500,000 over two years.

Public Comments

None

**Commissioner
Comments**

Commissioner Langer commented to the five organizations that there were several other groups that did not receive further consideration and he wished these five organizations the best in their projects.

President Knutsen thanked the five organizations for their submissions and commented that she looks forward to seeing their projects up and running.

Adjourn

The meeting was adjourned at 10:03 a.m.

ATTEST BY:

President

Secretary

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION**

**SPECIAL MEETING
October 3, 2018
6:00 p.m.
Verdant Community Wellness Center**

**Commissioners
Present**

Deana Knutsen, President
Fred Langer, Commissioner
Karianna Wilson, Commissioner

Commissioners Excused

Bob Knowles, Commissioner

Staff

Robin Fenn, Superintendent
George Kosovich, Assistant Superintendent
Lisa King, Finance Director
Jennifer Piplic, Marketing Director
Sue Waldin, Community Wellness Program Manager
Sandra Huber, Outreach Specialist
Nancy Budd, Community Social Worker
Karen Goto, Executive Assistant

Call to Order

The Special Meeting of the Board of Commissioners was called to order by President Knutsen at 6:04 p.m. Dr. Fenn announced that this is a Special Meeting and that interviews for the open commissioner seat would begin at 6:10 p.m. After the interviews, there will be a short break and then the 2019 budget will be presented.
No decisions will be made at this meeting.

**Interviews for Open
Commissioner Seat**

The board held interviews with each of the four applicants for the open commissioner seat:
Henry Veldman
James Distelhorst, M.D.
Adrienne Wagner
Gregg Miller, M.D.

The commissioners will choose the next commissioner from these four applicants at the next regular board meeting on October 24, 2018 and the candidate will be sworn in at that meeting.

President Knutsen adjourned the meeting at 7:30 p.m. for a 10 minute break.
President Knutsen reconvened the meeting at 7:40 p.m.

**Superintendent's 2019
Proposed Budget
Presentation**

Ms. King provided information on the District budget process, revenue, expenses, debt and reserves. Dr. Fenn reviewed agency goals and objectives and reminded the board that the district's current bonds will expire in 2020.

Mr. Kosovich presented detailed information on program spending (E:76:18).

Questions were asked by the commissioners on the levy rate, revenue sources, and the mix of Verdant and hospital expenses and these were answered by staff.

The board indicated that they would like to discuss the program expense portion of the budget in further detail as well as sustainability of the programs at the December 2018 board retreat.

Commissioner Langer proposed the addition of \$2.5 million to the 2019 program budget. Commissioner Wilson suggested \$1 million because of the investment already committed to the Building Healthy Communities Fund. President Knutsen asked Mr. Kosovich if \$1 million would be adequate and all agreed that this amount is appropriate.

Ms. King will amend the program spending budget and bring it to the October 24, 2018 regular board meeting. President Knutsen commented that she would like to have money in the budget for new and innovative programs that might occur in 2019.

Public Hearing

President Knutsen opened the public hearing at 8:34 p.m. No members of the public provided testimony. President Knutsen closed the public hearing at 8:35 p.m.

Commissioner Discussion

None

Adjourn

The meeting was adjourned at 8:36 p.m.

ATTEST BY:

President

Secretary

Balance Sheet
As of September 30, 2018

	A	B	C	D
	Dec 31, 2017	Sept 30, 2018	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	1,853,495	1,534,473	(319,022)	
4 Other Current Assets	44,606,558	47,548,649	2,942,091	Includes Investments
5 Total Current Assets	46,460,053	49,083,122	2,623,070	
6 Total Long-term & Fixed Assets	45,773,750	44,221,366	(1,552,384)	Includes Depreciation
7 TOTAL ASSETS	92,233,802	93,304,488	1,070,686	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,066,262	1,318,046	(748,217)	Tenant Prepaid Lease Income
11 Long-term Liabilities	2,050,919	2,004,397	(46,522)	2012 LTGO Bonds
12 Total Liabilities	4,117,182	3,322,443	(794,739)	
13 Total Equity	88,116,621	89,982,045	1,865,424	Annual Net Income/(Loss)
14 TOTAL LIABILITIES & EQUITY	92,233,802	93,304,488	1,070,686	

Profit & Loss
September 2018

	A	B	C	D	E	F
	Sept Actual	Sept Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	896,951	898,799	(1,848)	7,904,544	7,939,228	(34,684)
3 EXPENSES						
4 Operating Expenses	184,443	192,625	8,182	1,674,899	1,726,506	51,606
5 Depreciation Expense	169,227	169,195	(32)	1,496,315	1,496,028	(288)
6 Program Expenses	523,089	616,525	93,436	4,556,176	5,525,729	969,553
7 Total Expenses	876,759	978,345	101,586	7,727,391	8,748,263	1,020,872
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	171,579	234,813	(63,234)	1,688,271	2,113,315	(425,045)
10 NET INCOME/(LOSS)	191,771	155,267	36,504	1,865,424	1,304,281	561,144

Monthly Highlights
September 2018

Verdant received dividends payments of \$94,714 and an unrealized loss of \$114,860 on our investment portfolio in September which closed with an ending market value of \$44,749,308.

Program grant commitments total \$6,307,463* and \$7,946,533* for 2018 and 2019 respectively. \$730,037 remains available to spend in 2018.
*Includes BHCF.

Revenue of \$104,504 and expenses of \$48,561 from the Kruger Clinic were incurred, netting to an additional operating income of \$55,944 in September.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
13118	09/05/2018	Armstrong Services	1,474.28	Aug 2018 Janitorial
13119	09/05/2018	Ash Consulting	105.50	Accounting Consulting
13120	09/05/2018	Azose	3,165.00	September 2018 Property Management
13121	09/05/2018	City of Lynnwood - Utilities	798.99	Water/Sewer
13122	09/05/2018	Cocina MX 32 LLC	350.00	Catering for Healthy Life 8/19
13123	09/05/2018	Comcast	270.61	Internet/Telephone
13124	09/05/2018	Corporate Security LLC	299.17	Sept 2018 Parking Lot Security
13125	09/05/2018	Dynamic Language	229.62	Translate for NB
13126	09/05/2018	ELTEC Systems, LLC	264.96	Sept 2018 Elevator Maintenance
13127	09/05/2018	AA Dispatch, LLC	19.00	Taxi Service 8/24/18 (#77821)
13128	09/05/2018	Ana L Bursch	135.00	Childcare for Strengthening Families 8/24 & 8/31
13129	09/05/2018	Milagros Lopez Nunez	300.00	NNO Face Painting
13130	09/05/2018	Nedi Saab	142.50	Childcare 8/18 Design Your Healthy Life Class
13131	09/05/2018	Susana Flores	135.00	Childcare for 8/24 & 8/31 Strengthening Families
13132	09/05/2018	Yasaura Carvajal	135.00	Childcare for 8/24 & 8/31 Strengthening Families
13133	09/13/2018	AmeriFlex Business Solutions	17.25	Sept 2017 FSA Administration
13134	09/13/2018	Archbright	2,240.00	Salary Study Consulting Services
13135	09/13/2018	Aukema & Associates	125.00	Aug 2018 Website maintenance
13136	09/13/2018	Comcast	525.42	Internet/Telephone
13137	09/13/2018	Dataworks	2,491.68	IT Support
13138	09/13/2018	Maria G Casey	150.00	Children's Art at NNO
13139	09/13/2018	Sound Dietitians	3,258.37	WC 169 Nutrition Consulting / WC 170 Healthy Living Coaching Group
13140	09/13/2018	Verizon	100.68	NB & JP Cell Phones
13141	09/13/2018	Lowe Graham Jones PLLC	150.00	Aug 2018 Trademark monitoring
13142	09/21/2018	Ana Evelin Garcia	600.00	WC 207 - Slento Leugo Escribo - healing tools for adversity and trauma
13143	09/21/2018	City of Lynnwood	1,562.00	Aug 2018 After Hours Support (105 hrs)
13144	09/21/2018	Eberle Vivian	4,266.19	4Q18 Self Insurance Work Comp Claims Administration
13145	09/21/2018	Electronic Business Machines	44.08	9/22-10/21/18 Copy Machine
13146	09/21/2018	Neopost	112.63	Postage meter rental 8/18-8/19 + \$30 postage
13147	09/21/2018	Principal	1,776.05	EE Life Insurance
13148	09/21/2018	Staples	114.10	Supplies
13149	09/21/2018	Vortex Industries, Inc.	655.78	Gate pole repair
		Total Warrants	26,013.86	

Wire/ACH Activity:

9/14/2018	Payroll	20,346.36	ACH payroll transfer
9/14/2018	Department of Treasury	7,211.35	Payroll taxes for 9/8/18 pay period ending
9/14/2018	Valic	3,440.73	Payroll 401(a)/457 Deposit
9/14/2018	Paychex	108.28	Fee for payroll processing
9/28/2018	Payroll	22,807.61	ACH payroll transfer
9/28/2018	Department of Treasury	7,233.49	Payroll taxes for 9/22/18 pay period ending
9/28/2018	Valic	3,535.64	Payroll 401(a)/457 Deposit
9/28/2018	Paychex	122.70	Fee for payroll processing
9/4/2018	Valic	12.37	Payroll 401(a)/457 Deposit

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	9/13/2018	Wells Fargo Merchant Services	70.00	Merchant Services
	9/15/2018	Alzheimer's Association Western & Central	7,209.16	Program Payment
	9/15/2018	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	9/15/2018	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	9/15/2018	Center for Human Services	32,279.16	Program Payment
	9/15/2018	ChildStrive	50,150.16	Program Payment
	9/15/2018	City of Lynnwood	36,208.33	Program Payment
	9/15/2018	Cocoon House.	5,000.00	Program Payment
	9/15/2018	Compass Health	14,857.80	Program Payment
	9/15/2018	Edmonds School District No. 15	124,965.25	Program Payment
	9/15/2018	Edmonds Senior Center	9,666.67	Program Payment
	9/15/2018	Homage Senior Services	59,420.00	Program Payment
	9/15/2018	Kinderling	11,517.17	Program Payment
	9/15/2018	Korean Women's Association	5,000.00	Program Payment
	9/15/2018	Medical Teams International	8,100.00	Program Payment
	9/15/2018	Parent Trust for WA Children	5,000.00	Program Payment
	9/15/2018	PEPS	3,250.00	Program Payment
	9/15/2018	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	9/15/2018	Project Access Northwest	10,416.67	Program Payment
	9/15/2018	Puget Sound Christian Clinic	28,333.34	Program Payment
	9/15/2018	Puget Sound Kidney Centers Foundation	3,333.33	Program Payment
	9/15/2018	South Snohomish County Fire & Rescue	36,103.34	Program Payment
	9/15/2018	Therapeutic Health Services	20,833.33	Program Payment
	9/15/2018	Volunteers of America Western WA	6,750.42	Program Payment
	9/15/2018	Wonderland Development Center	12,458.33	Program Payment
	9/26/2018	WA Department of Revenue	806.05	B&O/Retailing Sales Tax for Aug 2018
	9/4/2018	AmeriFlex Business Solutions	32.16	FSA Payment
	9/7/2018	AmeriFlex Business Solutions	341.54	FSA Payment
	9/21/2018	AmeriFlex Business Solutions	358.59	FSA Payment
		Total Wires/ACH Transactions	<u>584,632.25</u>	
Workers Compensation Claims Activity:				
305402-405	Sep-18	Various Claimants/Vendors	<u>2,575.34</u>	Administered by Eberle Vivian
Kruger Clinic Activity:				
1027-1042	Sep-18	Various Claimants/Vendors	<u>37,203.91</u>	Administered by Azose (Formerly PMNW)
		Total Disbursements	<u><u>\$ 650,425.36</u></u>	

	Transaction Date	Payer	Amount	Purpose
Deposits:				
	9/1/2018	Swedish/Edmonds	825,840.89	Monthly leases
	9/1/2018	Value Village	27,614.77	Monthly lease
	9/1/2018	Raymond Liu, D.D.S.	3,661.64	Kruger Clinic monthly lease
	9/1/2018	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	9/1/2018	Seattle Skin & Laser	7,301.29	Kruger Clinic monthly lease
	9/1/2018	Puget Sound Gastro	27,677.30	Kruger Clinic monthly lease
	9/10/2018	Snohomish County	13,445.31	Levy
	9/24/2018	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	9/17/2018	Kilpatrick Townsend & Stockton LLP	12.64	Postage for PRR
		VCWC Class Registration	185.00	Tai Chi and Cooking Class Registrations
		Total Deposits	\$ 910,487.19	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 13118 through 13149 have been issued for payment in the amount of \$26,013.86 These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	9-1-18 – 9-30-18		\$26,013.86
Kruger Claims Pd:	9-1-18 – 9-30-18		37,203.91
Work Comp Claims Pd:	9-1-18 – 9-30-18		2,575.34
Payroll:	8-26-18 – 9-8-18	20,346.36	
	9-9-18 – 9-22-18	<u>22,807.61</u>	
			43,153.97
Electronic Payments:	Payroll Taxes	14,444.84	
	Valic Retirement	6,988.74	
	Paychex	230.98	
	Ameriflex	732.29	
	Bank Fees	70.00	
	WA State Dept Revenue	806.05	
	Program Expenditures	<u>518,205.38</u>	
			<u>541,478.28</u>
	Grand Total		<u>\$650,425.36</u>

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2018-06

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving the dollar amount and percentage increase in the District's regular property tax levy for calendar year 2019.

WHEREAS, RCW 84.55.120 requires a taxing district, other than the state, that collects regular levies to hold a public hearing on revenue sources for the district's following year's current expense budget; and

WHEREAS, RCW 84.55.120 further requires the hearing to include consideration of possible increases in property tax revenues and requires that the hearing be held prior to the time the taxing district levies the taxes or makes the request to have the taxes levied; and

WHEREAS, RCW 84.55.120 authorizes the taxing district to hold a public hearing in conjunction with its annual budget hearing required by RCW 70.44.060(6); and

WHEREAS, a hearing in compliance with RCW 84.55.120 and RCW 70.44.060(6) was held on October 3, 2018; and

WHEREAS, the Board of Commissioners of the District, after hearing and duly considering all relevant evidence and testimony presented, determined that the District requires an increase in property tax revenue from the previous year, in addition to that resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, in order to discharge the expected expenses and obligations of the District; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Board of Commissioners hereby determines that the District requires a regular levy in calendar year 2019 of \$2,380,000 which amount is exclusive of the additional tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property, and amounts authorized by law as a result of any refunds made, in order to discharge the expected expenses and obligations of the District.

Section 2. The Board of Commissioners hereby approves an increase in the District's regular property tax levy for calendar year 2019 in the amount of \$23,144.67, which is a percentage

increase of **1.00%** from calendar year 2018. This increase shall be in addition to the increase in tax revenue resulting from the addition of new construction, increases in assessed value due to construction of electric generation wind turbine facilities classified as personal property, improvements to property and any increase in the value of state-assessed property.

Section 3. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2018, a copy of this Resolution showing its adoption; and to perform such other duties as are necessary or required by law to the end that the maximum levy capacity available to the District under chapter 84.55 RCW, as determined by the Washington State Supreme Court, is banked for use in future years.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 24th day of October, 2018, the following commissioners being present and voting in favor of the resolution.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, Karianna Wilson, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2018-06 is a true and correct copy of the original resolution adopted on October 24, 2018, as that resolution appears on the Minute Book of the District.

DATED this 24th day of October, 2018.

Karianna Wilson
Secretary to the Board of Commissioners

PUBLIC HOSPITAL DISTRICT NO. 2
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2018-07

A resolution of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), approving and adopting the District's budget for calendar year 2019.

WHEREAS, RCW 70.44.060 requires the Superintendent of the District to prepare a proposed budget of the contemplated financial transactions of the District for the ensuing year and to file the budget in the records of the Commission on or before the first day in November; and

WHEREAS, RCW 70.44.060 further requires the District to publish public notice of the proposed budget and the date and place of a hearing on the budget, which is required to be held on or before the fifteenth day of November, for two consecutive weeks in a newspaper printed and of general circulation in Snohomish County; and

WHEREAS, in compliance with the requirements of RCW 70.44.060, the Superintendent has prepared, filed and provided notice of the District's proposed 2019 budget, which proposed budget is attached hereto as Exhibit A (the "2019 Budget"); and

WHEREAS, the Commission held a public hearing on the 2019 Budget on October 3, 2018, in compliance with the requirements of RCW 70.44.060 and RCW 84.55.120; and

WHEREAS, the Board of Commissioners of the District, in the course of considering the budget for calendar year 2019, reviewed all sources of revenues and examined all anticipated expenses and obligations; and

WHEREAS, the Board of commissioners of the District has met and considered its budget for the calendar year 2019; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, as follows:

Section 1. The Commission hereby adopts the 2019 Budget as the budget for the District for calendar year 2019.

Section 2. The Superintendent is directed to certify to the County Assessor, no later than November 30, 2018, a copy of this Resolution showing its adoption.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, held this 24th day of October, 2018.

President and Commissioner

Commissioner

Commissioner

Commissioner

Secretary and Commissioner

I, Karianna Wilson, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2018-07 is a true and correct copy of the original resolution adopted on October 24, 2018, as that resolution appears on the Minute Book of the District.

DATED this 24th day of October, 2018.

Karianna Wilson
Secretary to the Board of Commissioners

EXHIBIT A
Public Hospital District No 2
of Snohomish County, Washington

Operating Revenue	\$ 11,763,454
Program Expenditures	11,446,102
Other Operating Expenses (excluding depreciation)	2,355,669
Depreciation Expense	1,753,560
Maintenance and Operations Levy	2,376,932
Other Non-Operating Revenue	525,000
Transfer from Reserves	<u>889,945</u>
Net Income	<u><u>\$ 0</u></u>
Capital Outlay	<u><u>\$188,500</u></u>

Program Oversight Committee Summary Report October 2018

- 3 program applications for discussion
 - 2 new funding requests
 - 1 follow-up request from last month

1. South County Fire & Rescue – Community Paramedic Program		Request Year 1	Request Year 2	Request Year 3
		\$465,000	\$465,000	\$465,000
Program Description: a renewal request for the community paramedic program with the goal of reducing 911 calls, hospital visits, and to connect community members to the resources they need. Verdant funds would be used to support two paramedics along with a 1 FTE admin/data staff person. The fire district would plan to hire an additional paramedic to support the program.				
Expected Results		In most recent year program served 289 unduplicated individuals (goal was 300). The program tracks reduction in 911 calls and ED visits. The goal would be to increase the number of individuals served to 500 unduplicated individuals per year.		
Use of Funds & Costs		The request would increase funding from \$344,000 per year to \$465,000 per year (a 35% increase). Including in-kind resources, Verdant funds would account for ~50% of the budget. The budget assumes \$103k external sources and \$423k internal fire district resources. The fire district has indicated that after this 3-year period, it would sustain the program using its own resources.		

Additional Budget Information

Verdant Funds	Current Funding Two paramedics .5 FTE administrative/data support Total: \$344,000	New Request Two paramedics at increased salary & benefits (35% increase from prior level) 1.0 FTE administrative/data support Total: \$465,000
	South County Fire & Rescue Resources Supervision/IT/vehicles and additional support staff	One additional paramedic Supervision/IT/vehicles and additional support staff Vehicle and IT upgrades

2. South County Fire & Rescue – A.C.T. Program		Request Year 1	Request Year 2	Request Year 3
		\$50,000	\$50,000	\$50,000
Program Description: a request to support a new kind of public education called A.C.T., which stands for Antidote, CPR, and Tourniquet. The purpose of the program is to provide training on three of the leading causes of time sensitive preventable death (bleeding, cardiac arrest, and opiate overdose). The program would use a train-the-trainer model to deliver the program through organizations like schools, libraries, law enforcement, and other organizations.				
Expected Results		The goal would be to reach 6,000 individuals per year with the training, with the majority attendees coming from Verdant's service area. The program would track the number of people trained through the program.		
Use of Funds & Costs		Funds requested would support 0.5 FTE ACT coordinator. The program budget includes fire department resources like office, staff support, and overtime for direct staff that deliver the program. The program also includes some other funding sources, including for Narcan, drug lock bags, and equipment.		

3. Domestic Violence Services of Snohomish County – Community Health Advocate		Request Year 1	Request Year 2	Request Year 3
		\$96,000	\$96,000	\$96,000
Program Description: a multi-year request to support a dedicated Community Health Advocate in South Snohomish County. The program would establish a full-time staff member and presence in South Snohomish County with the goal of providing a safe space for DV victims and their families to seek support.				
Expected Results		The goal would be to provide services to 4,000 South County residents each year. Snohomish County Superior Court receives 180-200 DV cases each month. In Lynnwood there are typically 30-45 cases, plus 45-50 in Edmonds per month. The program would focus on three outcomes: increased access to primary care, increased awareness of services, and increase access to behavioral health services.		
Use of Funds & Costs		Funds used for new community advocate salary and for rent for a South County office. The budget includes revenue estimate from other DVS sources.		

Program Committee Recommendations (Commissioners Knowles & Knutsen)

Recommended for Funding or Partial Funding:

- **South County Fire & Rescue – Community Paramedic Program:** the committee discussed several funding scenarios and is recommending partial funding of the program over three years starting with the current level of \$344,000 in year one, decreasing to \$225,000 in year two, and to \$145,000 in year three. The rationale behind this recommendation is that Verdant has funded the program for 5 years and the committee members would like to see South County Fire & Rescue use more of its resources to support the program over the next grant period. Unlike many other Verdant funded partners, South County Fire & Rescue can raise revenue through levies, contracts, and other sources. The committee members would like Verdant funding to be contingent on adding an additional medic and continuing to provide the program throughout public hospital district 2.
- **Domestic Violence Services of Snohomish County – Community Health Advocate:** the committee members are recommending funding the program in full at \$96,000 per year for three years. After reviewing the written responses to questions, the committee members felt that the program would reach new clients not currently being served and provide improved services for clients receiving services from DVS in Everett. The committee members also felt that the program has a direct connection to Verdant priorities, including behavioral health and preventing Adverse Childhood Experiences (ACES).

For Board Discussion:

- **South County Fire & Rescue – A.C.T. Program:** the committee members did not reach consensus on the funding request. There were some questions about Verdant providing funds for an ongoing staff position (0.5 FTE coordinator) dedicated to a training program, and whether reaching 6,000 individuals per year was realistic. The committee wanted the full board to discuss the request and see if there was interest in providing partial funding or a one-time grant to support the program.

Verdant Community Wellness Center Summary
October 2018

Completed Programs (September/October)

1. General Community and Provider Events	Attendance
1. Monthly Hero's Café for Veterans (9/25)	100/session
2. Parkinson's Disease AM Support Group (10/1)	8-10
3. SHIBA Update Trainings (10/2)	25
4. Korean Women's Association Everyday Prevention Workshops (10/4)*	40
5. Family & Kinship Caregiver Support Groups (10/5, 19)	25
6. Strategic Collaboration Meeting (10/5)	8
7. ARC Mothers of Children with Disabilities Monthly Support Network (10/6)	24
8. Evergreen Home Health Team Meetings (10/9, 17)	25/session
9. Snohomish County Early Intervention Providers Meeting (10/11)	20
10. Early Achievers Childcare Provider Training (10/13)	12
11. DEL Licensed Childcare Center Orientation (10/16)	30
12. Child Strive Early Intervention Team Meeting (10/18)	50
13. Welcome to Medicare Monthly Workshops (10/19)	25
14. Sea Mar Weekly Health Insurance & Basic Food Enrollment (weekly)	varies
15. Ongoing – Community Support for Prescription Assistance (weekly)*	varies
2. Nutrition and Healthy Behaviors	Attendance
1. Surviving & Thriving with Chronic Kidney Disease (9/12 – 10/17)*	16/session
2. The MIND Diet - Eating for Better Brain Health (9/24)*	22
3. Cooking Demo for Adults on SNAP – Monthly FINI Training (9/ 27)*	18
4. Weekly Healthy Living Coaching Group (9/28; 10/ 2, 9, 16, 23, 30)*	15-20/session
5. Road Back to Life Kidney Support Group (9/28; 10/23)	8-12
6. Cooking Demo: Gluten Free & Dairy Free Cooking (10/ 4)*	27
7. Diabetes Support Group (10/10)	4-6
8. Cooking Demo: Food Preservation (10/15)*	22
9. Beginning Tai Chi (10/15 – 11/5)*	8/session
10. Using Nutrition to Manage Heart Health Series (10/18 – 11/1)*	11/session
3. Behavioral Health & Substance Use	Attendance
1. Brain Health and Wellness Classes (9/24; 10/9, 17)*	2-8 /session
2. NAMI Connections Mental Health Support Group (9/27; 10/11, 25)	4-8 /session
3. Managing Difficult Emotions (10/ 2 – 11/20)*	12/session
4. Mindfulness Self Compassion for Providers (10/4 – 11/17)*	15 /session
5. Meditation - Community Led Class (10/10, 17, 24)	5/session
6. Gender Diversity Family Support Group (10/14)	6
7. Mindfulness Skill-building & Practice Group (10/17 – 12/19)	10/session
8. Adult Children of Alcoholics Weekly Support Group (weekly)	varies
9. Veterans Drop-In Support (weekly - Lynnwood & monthly - County)	varies
4. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	20-30/week

Verdant Community Wellness Center Summary
October 2018

Upcoming Programs (October/November)

A. General Community and Provider Events

1. Monthly Hero's Café for Veterans (October 23; November 27))
2. Evergreen Healthcare Dementia Training (October 23)
3. Early Achievers Childcare Provider Training (October 27)
4. Snohomish County Human Services CBIT Training (October 29, 30)
5. Family & Kinship Caregiver Support Groups (November 1, 15)
6. ARC Mothers of Children with Disabilities Monthly Support Network (November 3)
7. Parkinson's Disease AM & PM Support Groups (November 5)
8. SHIBA Update Trainings (November 6)
9. Food Lifeline Hunger & Health Stakeholder Meeting (November 7)
10. Community Foundation of Snohomish County Training (November 7)
11. Foster Parent Training (November 7, 14, 21, 28)
12. Korean Women's Association Everyday Prevention Workshops (November 8)*
13. Sebastien's Place Team Meeting (November 8)
14. ADA Diabetes Healthcare Advocacy Meeting (November 8)
15. Snohomish County Early Intervention Providers Meeting (November 8)
16. Foster Parent Training (November 13)
17. ESD Health Services Team Meeting (November 14)
18. Welcome to Medicare Monthly Workshops (November 16)
19. Swedish Edmonds Leadership Retreat (November 29)

B. Nutrition and Healthy Behaviors

1. Beginning Tai Chi (October 15 - November 5)*
2. Using Nutrition to Manage Heart Health Series (October 18 - Nov 1)*
3. Weekly Healthy Living Coaching Group (October 23, 30; November 6, 13, 20, 27)*
4. Cooking Demo: Holiday Side Dish Makeover (November 5)*
5. Surviving & Thriving with Chronic Kidney Disease (November 7– December 19)*
6. Teen Cooking Class – Holiday Gifts from the Kitchen (November 10)*
7. Girl Scouts Cooking Class (November 13)
8. Cooking Demo: Diabetes Friendly Holiday Recipes (November 14)*
9. Diabetes Support Group (November 14)
10. Nutrition for Cancer Prevention (November 15)*
11. Cooking Demo for Adults on SNAP – Monthly FINI Training (November 15)*
12. Road Back to Life Kidney Support Group (November 27)

C. Behavioral Health & Substance Use Focus

1. Managing Difficult Emotions (October 2 – November 20)*
2. Mindfulness Self Compassion for Providers (October 4 – November 17)*
3. Mindfulness Skill-building & Practice Group (October 17 – December 19)*
4. NAMI Connections Mental Health Support Group (October 25; November 8)
5. Brain Health and Wellness Classes (October 30; November 8, 14, 20, 27, 29)*
6. Using Yoga to Manage Holiday Stress (November 7, 14, 28; December 5)*
7. Gender Diversity Family Support Group (November 11)
8. Survivors of Suicide Loss Day (November 17)
9. Adult Children of Alcoholics Weekly Support Group (weekly)
10. Veterans Drop-In Support (weekly - Lynnwood & monthly - County)

*** = Grant / Program Funded Partners**

October 2018 Multicultural Program & Outreach Report

Exploring your inner child October 6th : development and personal growth begins with: unconditional self- love and acceptance.

Hands-On only CPR October 20th Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult collapse in an “out-of-hospital” setting (such as at home, at work or in a park). This class will be open to the community and offered in Spanish.

The Power of your Word October 20th: practice to nourish your spirit **besides** holding back on harsh and derogatory words, saying words that heal really works. Offering reassurance in an anxious situation settles people.

Stretch Your EBT Dollars with a Fruit and Vegetable Voucher October 25th: In this class, participants will learn from a Registered Dietitian Nutritionist about healthy food choices and how to prepare and enjoy more fruits and vegetables in everyday meals.

Conversation about sexuality and health by and for women October 27th Women's sexual health is important to overall emotional and physical well-being. A fulfilling sex life improves your sleep quality and reduces stress. But achieving a healthy and satisfying sex life doesn't happen magically; it takes self-reflection and candid communication with your partner. Although talking about sexuality can be difficult, it's a topic well worth addressing, especially among Latina women.

Verdant Community Social Worker
South Snohomish County CHART (CHronic-Utilizer Alternative Response Team)

GOAL: Identify frequent utilizers of multiple crisis response systems so that intensive case management/care coordination services can be provided to decrease system utilization and decrease associated costs.

Determine the right balance of the right intervention with the right person (provider) at the right time and the right location.

CHART CARE TEAMS: A team of criminal justice, emergency response and service agencies who collaborate in an effort to reduce the impact of chronic utilizers on the systems. The structure of the care teams are organized into a leadership/identification team and the social services/provider team.

Leadership/Identification Team	Social Services/Providers Team
<ul style="list-style-type: none"> Representatives from Verdant, Swedish Edmonds Hospital, South Snohomish County Fire and Rescue, Lynnwood, Edmonds and Mountlake Terrace Police Departments Tasked with finding solutions to legal issues related to care coordination and data sharing Identify CHART participants - high utilization rates of each respective system and impacts across the systems Establish criteria for who should be prioritized for services 	<ul style="list-style-type: none"> Representatives from several Snohomish County agencies that provide housing, law enforcement, behavioral health, healthcare, employment, and other supports Collaborate to provide intensive care coordination and tenacious case management to address issues that result in chronic or avoidable use of emergency response systems Collaborate with CHART participants, when possible, to accomplish goals that mutually benefit the affected systems and improve the circumstances that led to the individuals' use of system resources

Measuring Outcomes:

- Impact of program on systems and patients
- Enhanced patient experiences and improved care
- Positive changes in patient's actions, behaviors and conditions, and improved quality of life, leading to a reduction in service utilization:
 - Reduced ED visits
 - Reduced contact with law enforcement
 - Reduced utilization with EMS
- Increased housing stability
- Increased use of primary care and/or behavioral health treatment as appropriate

Program Evaluation:

- Impact at 6, 12, 18 and 24 months on the following:
 - Changes in contacts with EMS (contact or EMS transport)
 - Changes in criminal justice contact & number of days in jail (or arrests)
 - Changes in referrals to Crisis Center and/or contacts with crisis care
 - Changes in number of visits to ED and primary care
- Return on Investment

Last Month Leadership Team Identified First Four Clients

Examples:

- Example 1: 18 EMS contacts, 22 emergency department visits, and 4 psychiatric admits. History of childhood trauma, developmental disabilities, domestic violence (with current spouse), homelessness, and significant mental health needs, including depression, anxiety, self harm, PTSD, and borderline personality disorder.
- Example 2: 40 9-1-1 calls, and 47 emergency department visits. History of extensive abuse and trauma. Living with diabetes, hypertension, chronic alcoholism, depression, PTSD, schizophrenia.

October 2018 Marketing Report

The Canopy Newsletter

- The fall edition is currently at the printer with a distribution the first week of November
- Content highlights prescription assistance, Medicare open enrollment
- Distribution officially passed 80,000 copies
- This is our 12th edition since debuting the publication in 2012

Upcoming Events at Verdant

- Verdant Partner Roundtable is on Friday, Nov. 9 at 2 p.m.
- Survivors of Suicide Loss Day on Saturday, Nov. 17 at 10 a.m.