

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
BOARD OF COMMISSIONERS  
Regular Meeting  
A G E N D A  
August 22, 2018  
8:00 to 9:55 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) July 25, 2018 Board Meeting	Action	8:01	1-5
C. Executive Committee Report	Information	8:02	---
D. Superintendent Report	Information	8:05	6
E. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:10	7-15
b) Authorization for payment of vouchers and payroll	Action	8:15	16
F. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:17	
b) Program investment recommendations	Action	8:18	17-21
c) Building Healthy Communities Fund review	Action	8:35	22
G. Public Comments (limit to three minutes per speaker)	---	9:05	---
H. Commissioner Comments	---	9:10	---
I. Commissioner Candidates Comments (limit to five minutes per speaker)	---	9:15	---
J. Executive Session	---	9:35	---
a) Review Commissioner Candidate qualifications			
K. Open Session	---	9:50	---
L. Adjournment	---	9:55	---

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS  
Regular Meeting  
Verdant Community Wellness Center  
August 22, 2018**

<b>Commissioners Present</b>	Deana Knutsen, President Bob Knowles, Commissioner Fred Langer, Commissioner Karianna Wilson, Secretary (8:04 a.m. arrival)
<b>Staff</b>	Robin Fenn, Superintendent George Kosovich, Assistant Superintendent Lisa King, Finance Director Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Nancy Budd, Community Social Worker Karen Goto, Executive Assistant
<b>Staff Excused</b>	Sue Waldin, Community Wellness Program Manager
<b>Call to Order</b>	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knutsen. President Knutsen welcomed back Commissioner Langer from his recent work sabbatical.
<b>Approval of Minutes</b>	<b><i>Motion was made, seconded and passed unanimously to approve</i></b> the minutes of the regular board meeting on July 25, 2018.
<b>Executive Committee Report</b>	The committee met on August 15, 2018 to review the agenda for the August 22, 2018 board meeting and to discuss the executive session materials and review upcoming Verdant events. No action was taken.
<b>Superintendent Report</b>	Superintendent Fenn reported on the following items: 1. The 2017 Annual Report is complete and thank you to Ms. Piplic for her work on it. 2. See the September 2018 calendar of upcoming events (E:68:18) that commissioners may be interested in attending.

3. Because of the time needed to discuss the Building Healthy Communities Fund applications in today's meeting, there will only be a report on the finances and programs. Wellness Center, Multicultural Programs, Social Worker, and Marketing updates will return in future regular board meetings.

**Finance Committee Report**

The committee met on August 15, 2018. Ms. King reviewed the financial statements and cash activity for July 2018 (E:69:18).

**Authorization for Payment of Vouchers & Payroll**

Warrant Numbers 12992 through 13042 for July 2018 for payment in the amount of \$54,043.65 were presented for approval (E:70:18). **Motion was made, seconded and passed unanimously to approve.**

**Program Committee Update**

The Program Committee met on August 15, 2018 to review three regular program applications (E:71:18). Commissioner Knowles asked if there were any conflicts of interest and none were reported by the commissioners present.

Mr. Kosovich presented the requests and Commissioner Knowles presented the committee recommendations to the board.

**Motion was made, seconded and passed unanimously to approve** the VaxPoint LLC d/b/a Seattle Visiting Nurses Association Flu Vaccine Program request for full funding for flu vaccines in the south Snohomish County area clinics at food banks, schools, libraries, and Edmonds Community College. Commissioner Knowles reported that the vaccine sites will be encouraged to assist people with health plan enrollment. Verdant will pay on a per vaccine basis.

**Motion was made, seconded and passed unanimously to approve** Alderwood Middle School Trauma Informed Intervention Program in the amount of \$75,000 for one more year with the option to renew for two additional years.

Before the motion, Commissioner Langer asked for clarification on why this program is needed and how the data are measured. The program is needed because of Adverse Childhood Experiences (ACEs) effect on students' future health and wellness.

**Motion was made, seconded and passed unanimously to approve** Homage Senior Services Center for Healthy

Living renewal program for 3.25 more years at \$592,040 per year with a 3% annual increase in year 2 and year 3 to support ongoing programs, less the non-core case management program.

Commissioner Wilson inquired about information needed by Verdant to decide on this aspect of their program. She also asked about the 3% annual increase and Mr. Kosovich confirmed that is to account for annual inflation.

Commissioner Knutsen commented that she would like more information on the non-core case management before Verdant considers funding it separately from the current program funding.

**Building Healthy  
Communities Fund  
review**

Mr. Kosovich explained the process that will be used in today's meeting. At the July 2018 board meeting, the board reviewed the Program Committee's recommendation to consider the top nine of the 14 submitted applications. Today, the board will determine which of the nine applicants they would like to have return to provide additional information at the September 26, 2018 board meeting (E:72:18) and the board can ask general questions about the proposals. The board's interest in each proposal will be gauged to see if there are, at least, two commissioners interested in the application, which would then move the application forward. Superintendent Fenn clarified that the board will develop the questions they have for the applicants. After the Q&A session with applicants on September 26, 2018, the board will make its final decision on funding. Commissioner Wilson will not be in attendance at the September meeting, but quorum will be met with Commissioners Knutsen, Knowles and Langer.

Summary of the nine applications and the board's interest for each under the categories of access to care, increase in physical activity, or both:

1. CHC of Snohomish County – Integrated Pain Management and Recovery Services  
Commissioners Wilson & Knutsen are interested.
2. Medical Teams International – Mobile Dental Program Multi-Site Delivery Vehicle  
Commissioners Wilson, Knutsen and Knowles are interested.

3. SeaMar CHC – Lynnwood Clinic  
Commissioners Knutsen and Knowles are interested.
4. City of Lynnwood – South Lynnwood Park  
Commissioner Knutsen is interested. Project does not move forward.
5. Town of Woodway – Deer Creek Park Walking Trail  
All commissioners interested and due to the small size of the request, a motion was made, seconded and passed unanimously to fund this proposal.
6. City of Edmonds – Edmonds Outdoor Fitness  
Commissioners Knutsen and Langer are interested.
7. City of Mountlake Terrace – Evergreen Playfields  
Commissioners Knutsen, Knowles and Langer are interested.
8. Edmonds Senior Center – Waterfront Center  
No commissioners expressed an interest. Project does not move forward.
9. Volunteers of America – Lynnwood Neighborhood Center  
No commissioners expressed an interest. Project does not move forward.

Commissioners identified questions that they would like answered at the September board meeting for those applicants moving forward. Mr. Kosovich will contact these applicants and provide them with the questions prior to the September meeting.

#### **Public Comments**

Mr. Farrell Fleming of the Edmonds Senior Center expressed his disappointment with the decision to not move the senior center's BHCF application forward and asked if there is any possibility that the board would change their mind.  
Ms. Kit Massengale from Homage thanked the board for approving funding for the Center for Healthy Living programs.

#### **Commissioner Comments**

President Knutsen commented that organizations can continue to request non-capital funding from Verdant for programs outside of the Building Healthy Community Fund RFP process. She said Verdant is

always open to more conversations about future programs.

**Commissioner  
Candidates  
Comments**

Three of the four candidates who applied were in attendance and gave a brief comment on why they were interested in the open position.

1. James Distelhorst, M.D.
2. Adrienne Wagner, MHSA, FACHE
3. Henry Veldman, LFACHE

**Executive Session**

President Knutsen adjourned the regular meeting at 9:35 a.m. into Executive Session to review the qualifications of the four commissioner applicants. President Knutsen stated that the board would reconvene in 15 minutes and no action would be taken in Executive Session.

At 9:50 a.m. President Knutsen extended the Executive Session for 3 minutes.


**Open Session**


The board reconvened into Open Session at 9:53 a.m. President Knutsen stated that the board is interested in interviewing all four commissioner candidates at the October 3, 2018 Special Meeting. Superintendent Fenn stated that the October 3<sup>rd</sup> special meeting will include the 2019 budget discussion, then interviews for the board with the candidates one at a time. President Knutsen thanked the candidates for applying for the open board position.

**Adjourn**

The meeting was adjourned at 9:57 a.m.

**ATTEST BY:**

  
\_\_\_\_\_  
President

  
\_\_\_\_\_  
Secretary

8.22.2018

# SEPTEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 LABOR DAY (Wellness Center closed)	4	5	6	7	8 City of Lynnwood Fair on 44 <sup>th</sup> (10:00-2:00, 44 <sup>th</sup> Street in Lynnwood)
9	10	11 Verdant Resource Connector meeting (8:00-9:30, Verdant Wellness Center)	12	13	14	15
16	17	18 Mental Health First Aid Training (9:00-12:00, Compass Health, Everett)	19	20	21	22
23	24	25 Hero's Café (9:30-1:00, Verdant Wellness Center)	26 Board Meeting (8:00-9:30, Verdant Wellness Center)	27	28	29
30	31					

**August Reminders:** Homage Senior Services Open House, August 23<sup>rd</sup>, 3:30-6:30, 5026 196<sup>th</sup> St SW, Lynnwood

Back to School Resource and Health Fair, August 23<sup>rd</sup>, 6:00-8:00, Cedar Valley Community School

**Balance Sheet**

As of July 31, 2018

	A	B	C	D
	Dec 31, 2017	Jul 31, 2018	\$ Change	Comments:
<b>1 ASSETS</b>				
<b>2 Current Assets</b>				
<b>3 Cash Balance</b>	1,853,495	2,053,647	200,152	
<b>4 Other Current Assets</b>	44,606,558	46,205,506	1,598,949	Includes Investments
<b>5 Total Current Assets</b>	46,460,053	48,259,153	1,799,101	
<b>6 Total Long-term &amp; Fixed Assets</b>	45,773,750	44,564,049	(1,209,701)	Includes Depreciation
<b>7 TOTAL ASSETS</b>	<b>92,233,802</b>	<b>92,823,202</b>	<b>589,400</b>	
<b>8 LIABILITIES &amp; EQUITY</b>				
<b>9 Liabilities</b>				
<b>10 Current Liabilities</b>	2,066,262	1,345,701	(720,561)	Tenant Prepaid Lease Income
<b>11 Long-term Liabilities</b>	2,050,919	2,014,735	(36,184)	2012 LTGO Bonds
<b>12 Total Liabilities</b>	4,117,182	3,360,437	(756,745)	
<b>13 Total Equity</b>	88,116,621	89,462,765	1,346,145	Annual Net Income/(Loss)
<b>14 TOTAL LIABILITIES &amp; EQUITY</b>	<b>92,233,802</b>	<b>92,823,202</b>	<b>589,400</b>	

**Profit & Loss**

July 2018

	A	B	C	D	E	F
	July Actual	July Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
<b>1 INCOME</b>						
<b>2 Ordinary Income</b>	902,328	876,661	25,667	6,166,066	6,163,769	2,297
<b>3 EXPENSES</b>						
<b>4 Operating Expenses</b>	190,959	188,776	(2,183)	1,247,657	1,331,938	84,281
<b>5 Depreciation Expense</b>	164,928	164,896	(32)	1,162,203	1,161,979	(224)
<b>6 Program Expenses</b>	531,808	606,525	74,718	3,551,287	4,302,678	751,392
<b>7 Total Expenses</b>	887,694	960,197	72,503	5,961,147	6,796,595	835,449
<b>8 OTHER INCOME/(EXPENSE)</b>						
<b>9 Total Other Income/(Expense)</b>	221,488	234,813	(13,325)	1,141,226	1,643,690	(502,464)
<b>10 NET INCOME/(LOSS)</b>	<b>236,122</b>	<b>151,277</b>	<b>84,845</b>	<b>1,346,145</b>	<b>1,010,863</b>	<b>335,282</b>

**Monthly Highlights**

July 2018

Verdant received dividends payments of \$88,651 and an unrealized loss of \$58,078 on our investment portfolio in July which closed with an ending market value of \$44,844,869.

Program grant commitments total \$5,830,583 and \$3,097,348 for 2018 and 2019 respectively. \$1,159,417 remains available to spend in 2018.

Revenue of \$104,504 and expenses of \$76,273 from the Kruger Clinic were incurred, netting to an additional operating income of \$28,231 in July.



## Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
12992	07/01/2018	Waste Management	298.95	Garbage/Recycle
12994	07/03/2018	Affordable Counseling	1,500.00	WC 178 - Managing Stress in Everyday Life 4/18-5/23/18
12995	07/03/2018	Community Life Center	300.00	Facility rental for National Night Out 8/7/18
12996	07/03/2018	Judith Renteria	67.50	Childcare for 6/22 Promotoras Meeting
12997	07/03/2018	Susana Flores	67.50	Childcare for 6/22 Promotoras Meeting
12998	07/03/2018	Don Barclay	50.00	Rebate for Medit. for Life goal achievement
12999	07/03/2018	Pattie Barclay	50.00	Rebate for Medit. for Life goal achievement
13000	07/03/2018	Linda Marshall	50.00	Rebate for Medit. for Life goal achievement
13001	07/03/2018	Leslie Nilan	50.00	Rebate for Medit. for Life goal achievement
13002	07/03/2018	Arlen Rose Frazier	150.00	WC 198 - Mindfulness Info Session
13003	07/03/2018	Consolidated Landscape Maintenance, Inc.	440.50	July 2018 Landscaping maintenance
13004	07/03/2018	Lighthouse (formerly Discovia)	3,405.50	May 2018 PRR
13005	07/03/2018	Kathy Page Feek, Ed. D.	1,050.00	Art Consultation VCWC
13006	07/03/2018	Puget Sound Energy	48.56	Natural Gas
13007	07/03/2018	Snohomish County PUD	981.90	Electricity
13008	07/03/2018	Sound Publishing, Inc.	39.20	Legal Notice 6/27/18 Special Board Meeting
13009	07/03/2018	Armstrong Services	1,267.34	June 2018 Janitorial
13010	07/03/2018	Corporate Security LLC	299.17	VCWC Security
13011	07/03/2018	Dynamic Language	162.54	Translate into Spanish Community Life Center
13012	07/11/2018	Ash Consulting	105.50	Accounting Consulting
13013	07/11/2018	City of Lynnwood	1,695.00	June 2018 After Hours Support (115 hrs)
13014	07/11/2018	AmeriFlex Business Solutions	17.25	Jul 2018 FSA Administration
13015	07/11/2018	City of Lynnwood - Utilities	756.00	Water
13016	07/11/2018	Comcast	528.19	Internet/Telephone
13017	07/11/2018	Dataworks	198.72	IT Support
13018	07/11/2018	ELTEC Systems, LLC	264.96	July 2018 Elevator Maintenance
13019	07/11/2018	Marie-Lou Andersen	0.00	VOID: WC 194 - Instructor for Tai Chi 5/22-6/28/18
13020	07/11/2018	McKinstry Co., LLC	234.05	Repair HVAC
13021	07/11/2018	Sound Dietitians	4,078.95	WC 169 -Nutrician Consulting / WC 170 -Healthy Living Coaching Group
13022	07/11/2018	Verizon	100.68	Cell Phones for NB & JP
13024	07/11/2018	Comcast	270.58	Internet/Telephone
13025	07/11/2018	Marie-Lou Andersen	900.00	WC 180 - Instructor for Tai Chi 5/22-6/26/18
13026	07/18/2018	Costco	60.00	Membership Dues
13027	07/18/2018	Seattle Food Nut	1,012.98	WC 179 - Nutrition Programming
13028	07/18/2018	Staples	320.91	Supplies
13029	07/18/2018	Lighthouse (formerly Discovia)	4,054.50	June 2018 PRR
13030	07/25/2018	Aukema & Associates	250.00	May & June 2018 Website maintenance
13031	07/25/2018	Department of Labor and Industries	551.29	2Q18 Self Insurance Fund
13032	07/25/2018	Moss Adams - Audit	10,198.75	2017 Financial Audit
13033	07/25/2018	Principal	1,776.05	EE Life Insurance
13034	07/25/2018	Regence BlueShield	5,745.31	Aug 2018 Health Insurance
13035	07/25/2018	Wells Fargo	4,153.34	Misc. CC
13036	07/25/2018	Dataworks	524.58	IT Support
13037	07/25/2018	Fred Lisaius	5,000.00	First Installment of Community Art
13038	07/25/2018	Judith Renteria	67.50	Childcare for 7/20 Strengthening Families

Warrant Number	Transaction Date	Payee	Amount	Purpose
13039	07/25/2018	Susana Flores	135.00	Childcare for 7/20 & 7/27 Strengthening Families
13040	07/25/2018	Third & Wall Art Group, LLC	311.00	Final Install of Art for Verdant Building
13041	07/25/2018	United Pest Solutions	386.40	Pest control
13042	07/25/2018	Yasaura Carvajal	67.50	Childcare for 7/20 Strengthening Families
		Total Warrants	54,043.65	

**Wire/ACH Activity:**

7/6/2018	Payroll	ACH payroll transfer	21,156.82	
7/6/2018	Department of Treasury	Payroll taxes for 5/5/18 pay period ending	7,821.90	
7/6/2018	Valic	Payroll 401(a)/457 Deposit	3,528.41	
7/6/2018	Paychex	Fee for payroll processing	119.85	
7/20/2018	Payroll	ACH payroll transfer	20,290.75	
7/20/2018	Department of Treasury	Payroll taxes for 5/19/18 pay period ending	7,840.71	
7/20/2018	Valic	Payroll 401(a)/457 Deposit	3,528.41	
7/20/2018	Paychex	Fee for payroll processing	130.49	
7/12/2018	Wells Fargo Merchant Services	Merchant Services	76.63	
7/15/2018	Alzheimer's Association Western & Central	Program Payment	7,209.16	
7/15/2018	Boys & Girls Club of Snohomish County	Program Payment	20,519.58	
7/15/2018	Cascade Bicycle Club Education Foundation	Program Payment	2,666.67	
7/15/2018	Center for Human Services	Program Payment	32,279.16	
7/15/2018	ChildStrive	Program Payment	50,150.16	
7/15/2018	City of Lynnwood	Program Payment	11,358.33	
7/15/2018	City of Mountlake Terrace	Program Payment	4,880.00	
7/15/2018	Cocoon House.	Program Payment	5,000.00	
7/15/2018	Community Health Center of Snohomish Co	Program Payment	34,467.84	
7/15/2018	Compass Health	Program Payment	14,857.80	
7/15/2018	Edmonds School District No. 15	Program Payment	109,713.42	
7/15/2018	Edmonds Senior Center	Program Payment	9,666.67	
7/15/2018	Homage Senior Services	Program Payment	59,420.00	
7/15/2018	Kinderling	Program Payment	11,517.17	
7/15/2018	Korean Women's Association	Program Payment	5,000.00	
7/15/2018	Latino Educational Training Institute	Program Payment	5,000.00	
7/15/2018	Leukemia & Lymphoma Society WA/AK Chapter	Program Payment	3,750.00	
7/15/2018	Mary Porter, RDN	Program Payment	292.50	
7/15/2018	Medical Teams International	Program Payment	5,500.00	
7/15/2018	PEPS	Program Payment	3,250.00	
7/15/2018	Prescription Drug Assistance Foundation	Program Payment	4,166.67	
7/15/2018	Project Access Northwest	Program Payment	10,416.67	
7/15/2018	Puget Sound Christian Clinic	Program Payment	27,916.67	
7/15/2018	Puget Sound Kidney Centers Foundation	Program Payment	3,333.33	
7/15/2018	South Snohomish County Fire & Rescue	Program Payment	36,103.34	
7/15/2018	Therapeutic Health Services	Program Payment	20,833.33	
7/15/2018	Volunteers of America Western WA	Program Payment	6,750.42	
7/15/2018	Wonderland Development Center	Program Payment	12,458.33	

Warrant Number	Transaction Date	Payee	Amount	Purpose
<b>Wire/ACH Activity:</b>				
	7/25/2018	WA Department of Revenue	1,703.66	B&O/Retailing Sales Tax for May & Jun 2018
	7/2/2018	AmeriFlex Business Solutions	757.00	FSA Payment
	7/13/2018	AmeriFlex Business Solutions	341.54	FSA Payment
	7/30/2018	AmeriFlex Business Solutions	319.65	FSA Payment
	7/20/2018	Department of Labor and Industries	494.70	2Q17 State Fund
		Total Wires/ACH Transactions	586,587.74	
<b>Workers Compensation Claims Activity:</b>				
305398-400	Jul-18	Various Claimants/Vendors	2,112.11	Administered by Eberle Vivian
<b>Kruger Clinic Activity:</b>				
1001-1014	Jul-18	Various Claimants/Vendors	28,500.64	Administered by Azose (Formerly PMNW)
		<b>Total Disbursements</b>	<b>\$ 671,244.14</b>	
<b>Deposits:</b>				
	7/1/2018	Swedish/Edmonds	803,482.63	Monthly leases
	7/1/2018	Value Village	27,614.77	Monthly lease
	7/1/2018	Raymond Liu, D.D.S.	3,661.64	Kruger Clinic monthly lease
	7/1/2018	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
	7/1/2018	Kean Lawlor	7,546.04	Kruger Clinic monthly lease
	7/1/2018	PSG	27,677.81	Kruger Clinic monthly lease
	7/10/2018	Snohomish County	8,776.23	Levy
	7/23/2018	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
	7/13/2018	WA State Health Care Authority	28,000.00	NSACH
		<b>Total Deposits</b>	<b>\$ 911,507.47</b>	

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT #2  
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 12992 through 13042 have been issued for payment in the amount of \$54,043.65. These warrants are hereby approved.

Attest:

Lisa M. King




Commissioner



Commissioner



Commissioner



Commissioner



Commissioner

Warrants Processed:	7-1-18 – 7-31-18	\$54,043.65
Kruger Claims Pd:	7-1-18 – 7-31-18	28,500.64
Work Comp Claims Pd:	7-1-18 – 7-31-18	2,112.11
Payroll:	6-17-18 – 6-30-18	21,156.82
	7-1-18 – 7-14-18	<u>20,290.75</u>
		41,447.57
Electronic Payments:	Payroll Taxes	15,662.61
	Valic Retirement	7,056.82
	Paychex	250.34
	Ameriflex	1,418.19
	Bank Fees	76.63
	WA State Dept Revenue	1,703.66
	Dept of L&I	494.70
	Program Expenditures	<u>518,477.22</u>
		<u>545,140.17</u>
Grand Total		<u>\$671,244.14</u>

E: 7/1/18  
8/22/2018

## Program Oversight Committee Summary Report August 2018

- 3 regular program applications
- Review Building Healthy Communities Fund
  - Identify questions to ask applicants that are critical to whether they would recommend projects for funding;
  - Discuss & nominate proposals to move forward

### Regular Operating Funding Requests

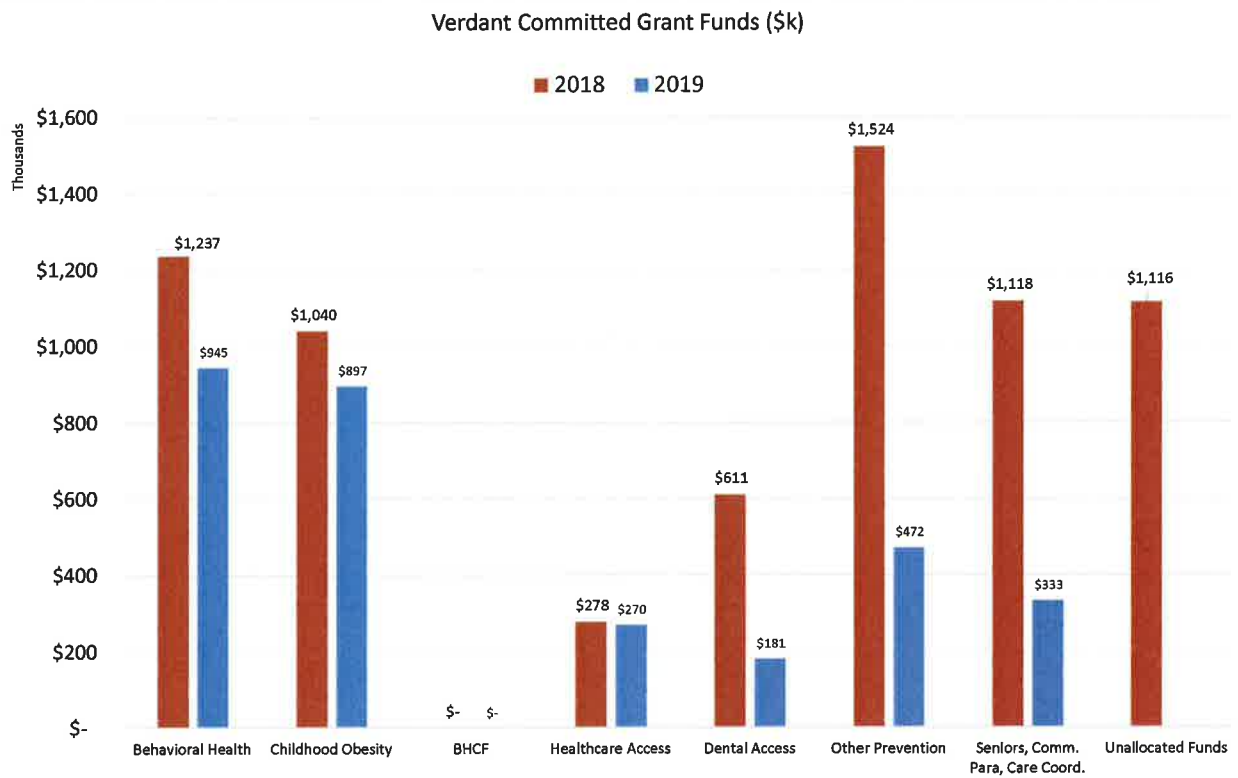
1. VaxPoint LLC d/b/a Seattle Visiting Nurses Association: Flu Vaccine Program	Request Amount
	Billed per vaccine
<b>Program Description:</b> a community vaccination program offered in South Snohomish County. Clinics are organized at locations like food banks, schools, libraries, and the Edmonds Community College. When available, insurance is billed and Verdant would pay for the cost of vaccines for individuals who do not present an insurance card.	
<b>Expected Results</b>	Last Year Verdant paid for 259 vaccines—insurance was billed for the remaining 70% of patients.
<b>Use of Funds &amp; Costs</b>	To be paid on a per vaccine basis. The applicant is requesting an increase in vaccine cost to \$40/each for the base quadrivalent vaccine. No admin or other costs are paid by Verdant. Last flu season the total paid by Verdant was \$7,530 at approximately \$30 per vaccine.

2. Alderwood Middle School Trauma Informed Intervention Program	Request Year 1	Request Year 2	Request Year 3
	\$75,000	\$75,000	\$75,000
<b>Program Description:</b> a follow-up request from a pilot project from Alderwood Middle School. The program has been implementing interventions around Adverse Childhood Experience (ACEs) and trauma informed care, with the goal of increasing access to therapeutic and behavioral health services, reducing school discipline problems, and improving school culture.			
<b>Expected Results</b>	The first-year results were promising, with the results from year 2 still pending. In year 1, the program trained staff and students and implemented process changes such as student mediation and mindfulness training. Example long-term objectives include: <ul style="list-style-type: none"> <li>– Decreases in school-wide behavioral offenses</li> <li>– Improvement in student/family connectedness survey results</li> <li>– Decreasing chronic absenteeism</li> </ul>		
<b>Use of Funds &amp; Costs</b>	The funding request is primarily used to support part of the salary for a staff member (dean) to lead the project. There are also some expenses for training and materials. District resources cover the remaining salary costs.		

<b>3. Homage Senior Services (formerly Senior Services of Sn. County) Center for Healthy Living</b>	<b>Request Year 1</b>	<b>Request Year 2</b>	<b>Request Year 3</b>
	\$652,040  (15 months to get on calendar yr. = \$768,328)	\$689,132	\$726,522
<p><b>Program Description:</b> Comprehensive Senior Programs offered out of Lynnwood Location (formerly rented space, now own building at old Wight's Nursery). Verdant has funded an operating grant on the program for the past 5 years.</p> <ul style="list-style-type: none"> <li>– <b>Continuing Programs:</b> health screenings, mental health services, Aging and Disability Resource Connections, Chronic Disease Self-Management, congregate meals, home delivered meals, multicultural senior programs</li> <li>– <b>New and Expanded Programs:</b> falls prevention-expansion, fitness program-expansion (partnership w/Lynnwood Senior Center), Non-Core Case Management (comprehensive case management for 15-20 individuals that do not meet criteria for care transitions or other programs), expanded wellness education programs.</li> </ul>			
<b>Expected Results</b>	<p>In most recent year, programs reached ~4,000 individuals. Program participation has grown significantly over the 5-year history. Example goals include:</p> <ul style="list-style-type: none"> <li>– Health screens: 300 annually</li> <li>– ADRC: 200 new cases per year</li> <li>– Family caregiver support: 85 receive services</li> <li>– CDSM: 100 participants in 6-week program</li> <li>– Multi-cultural services: 550 participants</li> <li>– Fitness &amp; wellness: 400 participate</li> </ul>		
<b>Use of Funds &amp; Costs</b>	<p>The applicant is requesting 3.25 years of funding to switch to a calendar year timing. The programs include a significant amount of other funding sources (~\$2.8m/year), including significant federal and local government funding.</p> <p>The major changes from the current funding level include the addition of a new Non-Core Case Management Position (\$60,000/year) and a request for an additional \$20,000 to support expanded wellness programs. Also, the dental program (@ \$56,000/year) transferred to PSCC in 2018.</p>		

#### **Program Committee Recommendations (Commissioners Knowles & Knutsen)**

1. **Seattle Visiting Nurses Association Flu Vaccine Program:** recommended for full funding at the proposed rate. Similar to last year—the committee would like to make sure the clinics provide information and resources about health insurance enrollment.
2. **Alderwood Middle School Trauma Informed Intervention Program:** recommended for continued funding for one more year at \$75,000 with the option to renew for two more years after that. The committee members wanted to ensure that the program maintains momentum, but ensure that funding beyond one more year requires clear reporting and results on longer-term, school-wide outcomes.
3. **Homage Senior Services (formerly Senior Services of Sn. County) Center for Healthy Living:** recommended for renewal program for 3.25 more years to support ongoing programs (less Non-Core Case Management) at \$592,040 per year with a 3% annual increase in year 2 and 3. The committee members would consider a separate Non-Core Case Management Program request with more information about service model, results, and how it compares to other programs.





# Building Healthy Communities Fund Applications (Top 9) 2018

#	Name	Request	Funding Request			Priority Seeking to Address	Location
			Yr1	Yr2	Yr3		
					Total		
1	CHC of Snohomish County - Integrated Pain Management & Recovery Services	Integrated pain management program and recovery services in new 10,000 square foot space adjacent to CHC Edmonds Primary Care Clinic. Includes potential to include other behavioral health and other services.	\$1,700,000	\$800,000		\$2,500,000	Edmonds
2	Medical Teams International - Mobile Dental Program Multi-Site Delivery Vehicle	Mobile, multi-site delivery vehicle equipped with 3 portable dental operatories. The model would be different than MTI's existing RV because the operatories could be dropped and set up at partner sites.	\$358,917			\$358,917	Mobile
3	Sea Mar CHC - Lynnwood Clinic	Integrated community health clinic with medical, dental and behavioral health services, including mental health therapy and substance abuse treatment services.	\$2,000,000			\$2,000,000	Lynnwood
4	City of Lynnwood - South Lynnwood Park	Improvement of South Lynnwood Park, including multi-use sport field (1/3 regulation size), pump track, and other park improvements.	\$1,685,200			\$1,685,200	Lynnwood
5	Town of Woodway	Design and construction of a walking trail, purchase of circuit exercise equipment and picnic facilities.	\$47,500			\$47,500	Woodway
6	City of Edmonds - Edmonds Outdoor Fitness	Support the installation of two outdoor fitness zones (durable exercise equipment) in Mathay Ballinger and City Park.	\$49,500	\$12,750	\$107,750	\$170,000	Edmonds
7	City of Mountlake Terrace - Evergreen Playfields	Replace exist dirt athletic field and replace it with synthetic turf, multi-use facility with lighting.	\$1,000,000			\$1,000,000	Mountlake Terrace
8	Edmonds Senior Center - Waterfront Center	A request to support the construction of a new Edmonds Senior & Community Center (Edmonds Waterfront Center). City to program Parks & Recreation activities in center during evenings.	\$1,250,000	\$1,250,000		\$2,500,000	Edmonds
9	Volunteers of America Western Washington - Lynnwood Neighborhood Center	Construction of a 36,000 sf Lynnwood Neighborhood Center near the intersection of Hwy-99 and 196th to include space for physical activity, youth and other community spaces.	\$1,050,000	\$1,450,000		\$2,500,000	Lynnwood

E: 72: 18  
8.22.2018

### 1. CHC of Snohomish County – Integrated Pain Management & Recovery Services

Request Year 1	Request Year 2	Total Request
\$1,700,000	\$800,000	\$2,500,000
<b>Program Description:</b> Integrated pain management program and substance use recovery services in new 10,000 square foot space adjacent to CHC Edmonds Primary Care Clinic. Includes potential to include behavioral health and other services. The chronic pain clinic would include OT/PT, psychology, physician and other support. The substance use recovery program would include outpatient support.		
<b>Community Need Addressed</b>	The application notes that there are similar physical, social, emotional effects of chronic pain and substance use disorders. The current CHC Edmonds Clinic serves 15,400 unduplicated district patients (majority are low-income). There are no comparable chronic pain programs in South Snohomish County.	
<b>Expected Results</b>	Would expect to serve 600-1000 unduplicated through additional services. CHC can track 20+ quality of care outcome measures of health as part of existing reporting processes.	
<b>Use of Funds &amp; Costs</b>	Total expected cost would be ~\$5 million with CHC using organizational and grant resources to fund remaining 50% of costs. Land also provided by CHC.	
<b>Partnerships</b>	Unique partnership and co-location of services with an integrated pain clinic and recovery services. The application also notes opportunities and early discussions about additional services for high need patients with multiple needs.	

#### Possible Questions for Applicant:

1. Is the intent to track outcomes between 3+ agencies (recovery, pain management, primary care) or operate separately?
2. Beyond the two identified partners, how much space would be available?

## 2. Medical Teams International - Mobile Dental Program Multi-Site Delivery Vehicle

Request Year 1	Request Year 2	Total Request
\$358,917		\$358,917
<b>Program Description:</b> Mobile, multi-site dental vehicle equipped with 3 portable dental operatories. The model would be different than MTI's existing RV because the operatories could be dropped and set up at partner sites.		
<b>Community Need Addressed</b>	Program would serve individuals without dental insurance. A large service gap is for seniors; 70% of seniors have no dental coverage.	
<b>Expected Results</b>	MTI has a track record with its existing mobile dental program—the program should be able to provide 72 clinics per year. Moving from the RV style van, which contains two dental operatories, to a mobile truck containing three dental operatories would increase capacity by 50%.	
<b>Use of Funds &amp; Costs</b>	MTI would use private fundraising to raise remaining cost (\$204k) of the vehicle.	
<b>Partnerships</b>	MTI's model relies on community partners sites to host clinics (ex. EdCC, senior housing, senior centers, the food bank, and churches).	

**Possible Questions for Applicant:**

### 3. Sea Mar CHC - Lynnwood Clinic

Request Year 1	Request Year 2	Total Request
\$2,000,000		\$2,000,000
<b>Program Description:</b> Integrated community health clinic with medical, dental and behavioral health services, including mental health therapy and substance abuse treatment services. The clinic would be located in Lynnwood at the current site of Sea Mar's behavioral health clinic.		
<b>Community Need Addressed</b>	There are an estimated 35,000 low-income people (<200% of the federal poverty guidelines) in the Lynnwood area who are currently not being served by community health centers (cites UDS Mapper data). Notes that CHC of Snohomish is currently serving only 50% of the low-income population, 46% of the uninsured population, and 42% of the Medicaid population in the area.	
<b>Expected Results</b>	Sea Mar anticipates the following service levels: <ul style="list-style-type: none"> <li>• Medical clinic to serve 5,500 unduplicated medical patients with 13,760 encounters per year once fully operational.</li> <li>• 3,000 unduplicated patients and 11,040 encounters from its general behavioral health providers in a year, and an additional 800 patients with 3,200 encounters per year from the expanded Child and Family behavioral health program.</li> <li>• Dental providers will see 3,400 patients annually with 8,500 encounters.</li> </ul>	
<b>Use of Funds &amp; Costs</b>	The renovation would take 9-to-12 months and cost approximately \$2.8 million. Sea Mar would apply funding from Verdant and its own cash reserves toward the renovation.	
<b>Partnerships</b>	In Snohomish County, Providence Regional Medical Center collaborates with Sea Mar through Primacy Care task force as well as a partnership in support of Sea Mar's primary care residency program. The new Lynnwood clinic will be a rotation site for the residency program.	

#### Possible Questions for Applicant:

1. Why the increase from \$1m to \$2 million from the 2016 BHCF request?
2. Is there any opportunity for other grant funding from sources other than Verdant?

#### 4. City of Lynnwood - South Lynnwood Park

Request Year 1	Request Year 2	Total Request
\$1,685,200		\$1,685,200
<b>Program Description:</b> Improvement of South Lynnwood Park, including multi-use sport field (1/3 regulation size), bicycle pump track, and other park improvements.		
<b>Community Need Addressed</b>	According to equity maps in the City's Parks, Recreation, Arts and Conservation (PARC) Plan, South Lynnwood is the City's most racially diverse and underserved neighborhood; 33% of residents are Hispanic, 38% of residents are nonwhite, and many members of the community face social isolation. Fifty-seven percent of South Lynnwood residents speak a language other than English at home. Over 63% of households are renters.	
<b>Expected Results</b>	The city's goal is to transform South Lynnwood Park into a neighborhood hub for physical activity and social connectivity. With a projected opening of summer of 2020, the renovated South Lynnwood Park will be accessible to the more than 3,000 people living within a 10-minute walk. Goals include: <ul style="list-style-type: none"> <li>• Increase the number of users arriving by bicycle from the Interurban Trail to enjoy the bicycle service and pump track;</li> <li>• Increase the number of users in organized sports classes and activities to 300+/year;</li> <li>• Increase the number of formal family gatherings and celebrations;</li> <li>• Support and increase the daily average number of summer meals participants.</li> </ul>	
<b>Use of Funds &amp; Costs</b>	This request is for a total of \$1,685,200, which represents 52% of the total project. Other funding sources include multiple state sources and Kaiser Permanente, and others.	
<b>Partnerships</b>	The City is partnering with The Trust for Public Land for community engagement and park design. Skyhawks Sports will use the sports fields for their multi-sport camps. Similarly, Kidz Love Soccer and i9 Sports have pledged to run programs at the park.	

**Possible Questions for Applicant:**

## 5. Town of Woodway – Deer Creek Park Walking Trail

Request Year 1	Request Year 2	Total Request
\$47,500		\$47,500
<b>Program Description:</b> Design and construction of a walking trail, purchase of circuit exercise equipment and picnic facilities at Woodway's Deer Creek Park.		
<b>Community Need Addressed</b>	Target population would be Woodway residents (1,400) and Edmonds residents (42,000). Application references low activity levels of youth (74% of nearby Sherwood students didn't meet activity guideline) and seniors face challenges with physical activity.	
<b>Expected Results</b>	Would attempt to capture usage through drop box and to attract Senior Center and school participation information. No specific usage targets referenced.	
<b>Use of Funds &amp; Costs</b>	The project includes funding for the design and construction of a 3 <sup>rd</sup> walking trail, purchase of circuit exercise equipment, and picnic facilities. Woodway to contribute 58% of project costs. Funds primarily used on exercise equipment and trail.	
<b>Partnerships</b>	Included letters of support from Senior Center and local school.	

### Possible Questions for Applicant:

1. Do you have any specific outcome targets or goals for usage of the trail and parks?

## 6. City of Edmonds - Edmonds Outdoor Fitness

Request Year 1	Request Year 2	Request Year 3	Total Request
\$49,500	\$12,750	\$107,750	\$170,000
<b>Program Description:</b> Support the installation of two outdoor fitness zones (durable exercise equipment) in Mathay Ballinger and City Parks in Edmonds. Each fitness zone would have 8-12 pieces of durable equipment, and the City would also provide free fitness classes and orientations at the spaces.			
<b>Community Need Addressed</b>	Application references 36% of adults not meeting daily physical activity guidelines and 25% of population is considered obese. Also referenced that the cost of gym memberships and exercise programs is a barrier.		
<b>Expected Results</b>	Will run orientation and programs at outdoor fitness zones. Prepared to do survey work with participants and consider random usage counts.		
<b>Use of Funds &amp; Costs</b>	Includes City of Edmonds and resources from the National Fitness Campaign.		
<b>Partnerships</b>	Would partner with National Fitness Campaign on app and signage, private instructors for programming.		

### Possible Questions for Applicant:

1. Can you help us to understand the timing on this project—why is it spread over three years and could the timeline be accelerated?

## 7. City of Mountlake Terrace - Evergreen Playfields

Request Year 1	Request Year 2	Request Year 3	Total Request
\$333,333	\$333,333	\$333,333	\$1,000,000
<b>Program Description:</b> A request to replace the existing dirt athletic field and replace it with synthetic turf multi-use facility with lighting. The field would be used for baseball, softball, soccer, lacrosse, and ultimate disk.			
<b>Community Need Addressed</b>	The application references applicable data on high rates of youth and adult obesity and low rates of youth and adult physical activity.		
<b>Expected Results</b>	The goal of the project is to increase physical activity levels for families. The estimated use of the facility would increase from 200 hours per year for the existing dirt field to 1,850 hours for the new facility, and to attract 2,000 new users to facility. The application also references tracking reduction in BMI, but it is not clear how that would be collected.		
<b>Use of Funds &amp; Costs</b>	The project budget includes \$586k of additional assumed revenue. The base budget assumes rubber infill.		
<b>Partnerships</b>	Many letters of support from sports teams, policymakers, and clubs. Also references partnership w/school district.		

### Possible Questions for Applicant:

1. Do you have an estimate for how much usage would be local groups vs. out-of-area tournaments?
2. The application references that the city will work with user groups to measure health outcomes like BMI and cardio levels. How would you do this?



## 8. Edmonds Senior Center – Waterfront Center

Request Year 1	Request Year 2	Total Request
\$1,250,000	\$1,250,000	\$2,500,000
<b>Program Description:</b> A request to support the construction of a new Edmonds Senior & Community Center (Edmonds Waterfront Center). The City will program parks & recreation activities in center during evenings.		
<b>Community Need Addressed</b>	Current facility at end of useful life. Proposal highlights aging population, senior isolation and capacity limits at P&R facilities. Center to serve older adults, baby boomers, young families, and young adults with physical activity, social, and health programming	
<b>Expected Results</b>	Goal to increase participation from 4,000 to 9,000 in senior programs (detail on pg. 4 of application).  Outcomes include improved health, nutrition status, reduced isolation, community engagement, etc. Identified evidence-based measures for depression, physical activity, chronic conditions, etc.	
<b>Use of Funds &amp; Costs</b>	Funds used for construction of 26,000 sq. ft. community center. ESC has raised ~\$10m of \$16m need. Construction budget includes mix of public and private sources.	
<b>Partnerships</b>	Unique collaboration with City of Edmonds on project. Also includes 10+ program area partners, including UW, MTI, DSHS, EdCC, ECA, etc.	

### Possible Questions for Applicant:

1. How much use is anticipated for events for a fee (ex. weddings) vs. recreation and other community programming?

## 9. Volunteers of America – Lynnwood Neighborhood Center

Request Year 1	Request Year 2	Total Request
\$1,050,000	\$1,450,000	\$2,500,000
<b>Program Description:</b> a request to support the construction of a 36,000 square foot Lynnwood Neighborhood Center near the intersection of Hwy-99 and 196 <sup>th</sup> street to include space for physical activity, youth and other community spaces. Anticipated spaces in the building include a physical activity space, gym, space for adult day health, family support center, early childhood center, counseling space, and teen space.		
<b>Community Need Addressed</b>	The application references physical activity and youth obesity statistics, as well as health access and mental health needs. The nearby elementary school is the highest free/reduced lunch rate in South Snohomish County.	
<b>Expected Results</b>	The application includes anticipated outcomes and populations tied to each services line (enclosure 5). Most of the measures are activity counts. The application does reference some mental health measures tied to counseling activities.	
<b>Use of Funds &amp; Costs</b>	The total project budget is \$17m with ~\$4m committed and the land valued at \$4.65m, with \$10m in process. The applicant is seeking funding for 2019 and 2020.	
<b>Partnerships</b>	Multiple partners: B&G Clubs, CHS for behavioral health, Trinity Lutheran Church, Lutheran Community Services for Family Support, and the Edmonds School District.	

### Possible Questions for Applicant:

1. Is there any ability or intent to track results or outcomes across programs for residents?
2. To move the project forward when would you anticipate needing the actual funds on the project vs. a commitment for funding from Verdant?