

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
August 28, 2019
8:00 a.m. to 9:30 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) July 24, 2019 Board Meeting	Action	8:01	1-4
C. Presentation from WSU/Swedish Edmonds	Information	8:02	5-12
D. Executive Committee Report	Information	8:17	---
E. Superintendent Report	Information	8:18	---
F. Finance Committee Report			
a) Financial statements and cash activity	Information	8:20	13-17
b) Authorization for payment of vouchers and payroll	Action	8:25	18
G. Program Committee Report and Recommendations			
a) Conflicts of Interest	---	8:26	---
b) Program investment recommendations	Action	8:27	19-21
c) Verdant Multicultural Program update	Information	---	22-23
d) Verdant Community Social Worker update	Information	8:37	24-25
H. Marketing Report	Information	8:47	26
I. Public Comments (please limit to three minutes per speaker)	---	8:55	---
J. Commissioner Comments	---	9:00	---
K. Executive Session	---	9:05	---
a) To consider the legal risks of a proposed action of the district			
L. Open Session	---	9:25	---
M. Adjournment	---	9:30	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting
Verdant Community Wellness Center
August 28, 2019

Commissioners Present	Deana Knutsen, President Karianna Wilson, Secretary (8:04 a.m. arrival) Bob Knowles, Commissioner Fred Langer, Commissioner Dr. Jim Distelhorst, Commissioner
Staff	Dr. Robin Fenn, Superintendent Jennifer Piplic, Marketing Director Lisa King, Finance Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Community Engagement Nancy Budd, Community Social Worker Karen Goto, Executive Assistant
Guests	Dr. Larry Schechter, WSU Dr. Sandeep Sachdeva, Swedish Edmonds Brad Berg, Foster Pepper
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:02 a.m. by President Knutsen.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular board meeting on July 24, 2019.
Presentation from WSU/Swedish Edmonds	Dr. Larry Schechter of WSU Medical School and Dr. Sandeep Sachdeva of Swedish Edmonds presented an update to the board (Exhibit:53:19) on the medical school and the obstacles to healthcare providers serving as faculty. Commissioners asked questions on student financing for medical school and where in south Snohomish County can primary care rotations be done.
Executive Committee Report	The committee met on August 21, 2019 to review the agenda for the August 28, 2019 board meeting, discuss the WSU presentation, and personnel issues. No action was taken.

**Superintendent
Report**

Dr. Fenn reported on the following items:

1. Margo Helphand is facilitating the Special Board Meeting on September 5, 2019, 8 a.m. on the potential development of the Value Village property.
2. Staff are currently working on the 2020 budget.
3. City of Lynnwood's Human Services Commission needs assessment data is currently being analyzed by Verdant and the City.
4. Back to School Fair on August 22, 2019 and the Town of Woodway Fair on August 24, 2019 were both a success. Next community event is the Fair on 44th on September 7, 2019.
5. Legislative Listening Session on August 3, 2019 was very successful.

**Finance Committee
Report**

Commissioner Langer stated that the committee met on August 22, 2019. Ms. King reviewed the financial statements and cash activity for July 2019 (E:54:19).

**Authorization for
Payment of Vouchers
& Payroll**

Warrant Numbers 13716 through 13783 for July 2019 for payment in the amount of \$98,395.03 were presented for approval (E:55:19) by Commissioner Langer. ***Motion was made, seconded and passed unanimously to approve.***

**Program Committee
Update**

The Program Committee met on August 14, 2019 to review one renewal and three new program applications (E:56:19).

Commissioner Knowles asked if there were any known or perceived conflicts of interest and none were reported by the commissioners.

Dr. Fenn provided an overview of the four programs that the Program Committee discussed and Commissioner Knowles provided the committee recommendations.

Motion was made, seconded and passed unanimously to approve Prescription Drug Assistance Foundation prescription assistance program at \$55,000 per year for three years.

Motion was made, seconded and passed unanimously to approve Parent Trust outreach position at \$15,000 per year for three years.

Motion was made, seconded and passed unanimously to approve Latino Educational Training Institute wellness

coordinator position with partial funding at \$65,000 for one year only.

Not recommended for approval:

Foundation for Sustainable Community dba Farmer Frog as the program does not tie directly to a Verdant priority area and the organization has not yet solidified the necessary relationship with the Edmonds School District for the program to succeed.

**Verdant Multicultural
Program Update**

See Exhibit 57:19.

**Verdant Community
Social Worker Update**

Ms. Budd provided the commissioners with an update on work being done with case management (Exhibit 58:19).

Marketing Report

Ms. Piplic presented the Marketing report (E:59:19) for August 2019 which included feedback from participants in the August 3, 2019 listening session with legislators. Ms. Piplic noted that Verdant is a convener in these types of gatherings.

Public Comments

Ms. Kristi Myers & Mr. Dave Jordan of Volunteers of America introduced themselves to the board.

**Commissioner
Comments**

Commissioner Knutsen commented that she attended a site visit to the Maple Valley Foodbank along with Verdant, Lynnwood Foodbank, Mountlake Terrace Foodbank and Edmonds Foodbank to see a "model foodbank" in action.

Executive Session

President Knutsen recessed the regular meeting at 9:04 a.m. into Executive Session to discuss the legal risks of a proposed action of the district. Mr. Brad Berg participated in the Executive Session.
President Knutsen stated that the board would reconvene in 20 minutes and no action would be taken in Executive Session.

At 9:24 a.m., President Knutsen extended the Executive Session for 10 minutes.

At 9:34 a.m., President Knutsen extended the Executive Session for 25 minutes.

At 10:00 a.m., President Knutsen extended the Executive Session for 5 minutes.

At 10:05 a.m., President Knutsen extended the Executive Session for 5 minutes.

Open Session The board reconvened into Open Session at 10:10 a.m.
No action was taken.

Adjournment The meeting was adjourned at 10:12 a.m.

ATTEST BY:



President



Secretary

VERDANT BOARD OF COMMISSIONERS

UPDATE ON ESFCOM

August 28, 2019

Lawrence M Schecter, MD
Associate Dean for Clinical Education-
Everett



**Elson S. Floyd
College of Medicine**
WASHINGTON STATE UNIVERSITY



ADMISSIONS



**Elson S. Floyd
College of Medicine**
WASHINGTON STATE UNIVERSITY

- Attract students interested in taking care of patients in challenging health care environments, including rural areas and vulnerable populations
 - Holistic admissions process
 - Academic thresholds for consideration
 - Screening and decision blinded to MCAT and GPA once one of the thresholds are met
 - Consideration given to first generation college students, those who come from lower socio-economic backgrounds, and those with rural and underserved experiences or who come from these backgrounds



Washington State Focus



- Approved Washington residency requirements that meet legal statutes of Washington when it applies.
- If applicants do not meet the legal Washington residency status or their status changes from Washington resident to non-Washington resident at any point during the admissions cycle, they must meet three of four of the “from Washington” criteria, which include:
 - Born in Washington
 - Childhood address in Washington
 - Graduated from a Washington high school
 - Parent/guardian currently lives in Washington

Plus Factors



- Plus factors will be considered for interviews:
 - First Generation College (neither parents have a bachelor's degree)
 - Low Socioeconomic Status
 - Grew up in a rural or underserved community in Washington
 - Military Service
 - Unique characteristic not restricted by Initiative 200
 - Enrolled member of federally recognized tribe

Where will they be?



• Year 1 and 2

- Primarily WSU Health Sciences Campus (Spokane)
- Everett-3 weeks/year

• Year 3

- Primarily in Everett
- Longitudinal Integrated Clerkship (LIC)

• Year 4

- Electives
- Primarily Everett
- Swedish Edmonds
- Rural rotations
- Sub-internships



CURRICULUM AND FACULTY TALENT



- Case-centered curriculum developed
- Certificate in Leadership and Interprofessional education
- Longitudinal integrated clerkships
- Assessment framework using progress testing and EPA's
- Scholarship framework plan for four years
- Faculty development plan established





LONGITUDINAL INTEGRATED CLERKSHIP

- Uniquely different from traditional block curriculum
- Six specialties of 3rd year integrated across 10 month
- Favors students pursuing primary care
- Compatible with smaller clinical training sites
- Students develop patient panel



GROWTH OF ESFCOM

- Inaugural Class (Class of 2021)
 - Entered 2017
 - 60 students
 - 15 Assigned to Everett Campus
 - Now entering 3rd Year
 - Relocated to North Puget Sound
- Class of 2023
 - Increased class size to 80 students
 - Over 1500 applicants
 - Demographics.....next slide



Class of 2023: Demographics

- 54% women
- 94% WA residents (6% ties to WA State)
- 26.3% Rural background
 - 20 counties represented
- 37.5% 1st Generation College Graduate
- 55% Low Socioeconomic Status
- 14% Underrepresented in Medicine (African American, American Indian, Hispanic, enrolled tribal member)
- 59% Non-traditional (25 and older)



Swedish Health System Involvement

- Swedish Edmonds
 - Emergency Department
 - Inpatient Psychiatry
 - Inpatient Hospital Medicine
- Swedish Primary Care
 - Pediatrics (Queen Anne, Snoqualmie, Redmond, West Seattle)
 - Family Medicine: (Richmond Beach, Mill Creek)
- Swedish Specialty
 - Pediatric Hospitalist
 - Neurosurgery
 - Gastroenterology



Elson S. Floyd
College of Medicine
WASHINGTON STATE UNIVERSITY

Our Swedish Edmonds Faculty

- Medical Hospitalists
 - David Wilson
 - Monica Marton-Popovici
 - Alex Chung
 - Vasanthi Gowri
 - Sandeep Sachdeva
 - Anna Handa
 - Amy Liu
 - Elisabeth Ting
 - Robert Gould



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WASHINGTON STATE UNIVERSITY

Our Swedish Edmonds Faculty

- Psychiatry
 - Andrew Jackenheimer
 - Leah Fegan



Our Swedish Edmonds Faculty

- Emergency Medicine
 - Gregg Miller
 - Thomas Swanson



Our Swedish Edmonds Faculty

- Surgery
 - Raman Menon

Our hopes and wishes.....

- Surgery
- Obstetrics
- Family Medicine (with obstetrics)
- Pediatrics

THANK YOU!



Elson S. Floyd College of Medicine

Go Cougs!

Balance Sheet

As of July 31, 2019

	A	B	C	D
	Dec 31, 2018	Jul 31, 2019	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,863,276	1,521,899	(1,341,377)	
4 Other Current Assets	47,865,697	51,863,717	3,998,020	Includes Investments
5 Total Current Assets	50,728,973	53,385,616	2,656,643	
6 Total Long-term & Fixed Assets	44,873,691	43,818,119	(1,055,571)	Includes Depreciation
7 TOTAL ASSETS	95,602,664	97,203,735	1,601,072	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,176,028	1,410,825	(765,203)	
11 Long-term Liabilities	1,073,890	1,037,706	(36,184)	2012 LTGO Bonds/BHCF
12 Total Liabilities	3,249,917	2,448,531	(801,386)	
13 Total Equity	92,352,746	94,755,205	2,402,458	Annual Net Income/(Loss)
14 TOTAL LIABILITIES & EQUITY	95,602,664	97,203,735	1,601,072	

Profit & Loss

July 2019

	A	B	C	D	E	F
	Jul Actual	Jul Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	901,059	901,695	(636)	6,334,605	6,316,681	17,925
3 EXPENSES						
4 Operating Expenses	203,708	188,880	(14,828)	1,324,332	1,382,389	58,057
5 Depreciation Expense	146,048	146,048	(0)	1,036,650	1,036,650	(0)
6 Program Expenses	756,230	831,490	75,260	4,108,283	4,948,433	840,150
7 Total Expenses	1,105,986	1,166,418	60,432	6,469,265	7,367,472	898,207
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	155,625	241,828	(86,203)	2,537,118	1,692,794	844,324
10 NET INCOME/(LOSS)	(49,302)	(22,895)	(26,407)	2,402,458	642,002	1,760,456

Monthly Highlights

July 2019

Verdant received dividends payments of \$100,150 and a unrealized loss of \$138,364 on our investment portfolio in July which closed with an ending market value of \$51,726,065.

Program grant commitments total \$6,449,066 for 2019*. \$1,290,934 remains available to spend in 2019, \$100,000 of which is designated as Co-funding Opportunities. *Excludes BHCF

Revenue of \$108,798 and expenses of \$99,408 from the Kruger Clinic were incurred, netting to an additional operating income of \$9,390 in July.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
13716	07/03/2019	Arlen Rose Frazier	200.00	WC 237 - PMAD Disorder Info Session
13717	07/03/2019	Azose	3,240.00	July Property Management
13718	07/03/2019	Electronic Business Machines	44.12	6/22-7/21/19 Copy Machine
13719	07/03/2019	Mary Kathleen Fewel	250.00	Changes in the Aging Eye
13720	07/03/2019	Sound Publishing, Inc.	39.20	Legal Notice 6/26 Board Meeting
13721	07/03/2019	Williams Mechanical, Inc.	430.95	Repair urinal
13722	07/03/2019	Quality Reimbursement Services	4,930.00	2007 Medicare Reimbursement SSI Recalculation Consulting (25% contingency)
13723	07/03/2019	Consolidated Landscape Maintenance, Inc.	440.90	Jul 2019 Landscaping maintenance
13724	07/03/2019	Puget Sound Energy	49.33	Natural Gas
13725	07/03/2019	Snohomish County PUD	1,063.56	Electricity
13726	07/03/2019	City of Lynnwood - Utilities	763.99	Water/Sewer
13727	07/03/2019	Pacific Medical Centers(PacMed)	343.67	WC 230 - Living Well Alliance
13728	07/03/2019	Sound Dietitians	3,234.03	WC 223 - Healthy Living Coaching/ WC 222 - Nutrition Consulting
13729	07/03/2019	Cascade Security Corporation	512.00	July 2019 Parking Lot Security
13730	07/03/2019	Luz E Diaz	250.00	WC 248 - Women's Health Month Anxiety and Depression 5/22
13731	07/03/2019	WA Department of Revenue	19,571.10	Q2 2019 Leasehold Excise tax return
13732	07/03/2019	Ash Consulting	555.00	Accounting Consulting
13733	07/03/2019	Armstrong Maintenance, LLC	110.83	Supplies
13734	07/10/2019	AmeriFlex Business Solutions	23.00	Jul 2019 FSA Administration
13735	07/10/2019	Comcast	328.67	Telephone/Internet
13736	07/10/2019	ELTEC Systems, LLC	277.92	July 2019 Elevator Maintenance
13737	07/10/2019	Lowe Graham Jones PLLC	150.00	June 2019 Trademark monitoring
13738	07/10/2019	Susana Flores	52.50	Childcare for Mental Health 6/7 (3.5hrs)
13739	07/10/2019	Thomas & Associates	10,864.80	Consulting
13740	07/10/2019	Aukema & Associates	146.25	June 2019 Website maintenance and support
13741	07/10/2019	Connie Nelson, RN	450.00	WC 246 - Yoga 6-week series
13742	07/10/2019	Comcast	530.07	Telephone/Internet
13743	07/17/2019	Dataworks	508.08	IT Support
13744	07/17/2019	Dynamic Language	144.06	ASL Interpreter for EBT Cooking Demo Class
13745	07/17/2019	Pacific Hood & Duct Cleaning	530.40	Cleaning of hood
13746	07/17/2019	Verizon	111.26	Jun 2 - Jul 1, 2019
13747	07/17/2019	AA Dispatch, LLC	15.00	Case Management Client Support
13748	07/17/2019	Seattle Food Nut	565.33	WC 229 - Nutrition Programming
13749	07/17/2019	Ken Becker	992.50	WC 250 - Positive Discipline
13750	07/17/2019	Marie-Lou Andersen	1,880.00	WC 238 - Instructor for Mindfulness (6 sessions)
13751	07/17/2019	Staples	111.82	Supplies
13752	07/18/2019	Fenn, Robin	276.37	Expense Reimbursement
13753	07/24/2019	City of Lynnwood	1,614.00	June 2019 After Hours Support (101 hrs)
13754	07/24/2019	Costco	60.00	SW & LK Membership Dues
13755	07/24/2019	Juan Estrella Gonzalez	300.00	Meet Me at the Park Music
13756	07/24/2019	Principal	1,967.57	EE Life Insurance
13757	07/24/2019	Sandra Carrera	180.00	Meet Me at the Park- Zumba Demo and Instruction
13758	07/24/2019	Ankrom Moisan	2,803.00	Kruger Clinic Floor plan dev Ste 270/280
13759	07/24/2019	Armstrong Maintenance, LLC	3,440.80	Janitorial

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
13760	07/24/2019	DocuSign	3,263.30	One-year subscription and support + setup
13761	07/24/2019	Fred Lisaius	6,550.00	Final Installment of Community Art
13762	07/24/2019	Neopost	90.00	Postage
13763	07/24/2019	Regence Blueshield	5,783.01	Aug 2019 Health Insurance
13764	07/24/2019	WA State Dept of Labor & Industries	181.18	2Q19 Self Insurance Fund
13765	07/24/2019	Dataworks	73.97	Anti-virus software
13766	07/24/2019	Archbright	220.50	KG attend Diversity & Inclusion in the Workplace 7/30
13767	07/24/2019	Backflows Northwest, Inc	491.70	Repair of backflow
13768	07/24/2019	Chef Dane Catering	795.66	Catering for Legislative Breakfast Listening Session
13769	07/24/2019	Wells Fargo	478.36	Misc
13770	07/24/2019	Wells Fargo	162.52	Misc
13771	07/24/2019	Electronic Business Machines	44.12	7/22-8/21/19 Copy Machine
13772	07/24/2019	Wells Fargo	1,553.23	Misc
13773	07/31/2019	Community Life Center / NW Church	150.00	Facility rental for NNO
13774	07/31/2019	Sound Publishing, Inc.	42.00	Legal Notice 7/24 Board Meeting
13775	07/31/2019	Waste Management	337.99	July 2019
13776	07/31/2019	Community Life Center / NW Church	150.00	Facility rental for NNO - Refundable Deposit
13777	07/31/2019	Armstrong Maintenance, LLC	171.28	Janitorial
13778	07/31/2019	Azose	3,240.00	Aug Property Management
13779	07/31/2019	Payden & Rygel	8,418.00	6/1-6/30/19 Investment Advisory Services
13780	07/31/2019	Davis Doors Service	636.48	Repair Garage Door Switch
13781	07/31/2019	Payden & Rygel	-	VOID: Place Holder 7/1-7/31/19 Investment Advisory Services
13782	07/31/2019	Puget Sound Energy	49.26	Natural Gas
13783	07/31/2019	Snohomish County PUD	946.61	Electricity
		Harland Clarke Check	213.78	Check Stock
		Total Warrants	98,395.03	

Wire/ACH Activity:

7/5/2019	Payroll	22,038.71	ACH payroll transfer
7/5/2019	Department of Treasury/State of WA	8,766.35	Payroll taxes for 6/1/19 pay period ending
7/5/2019	Valic	3,822.03	Payroll 401(a)/457 Deposit
7/12/2019	ADP	83.77	Fee for payroll processing
7/19/2019	Payroll	21,193.59	ACH payroll transfer
7/19/2019	Department of Treasury/State of WA	8,505.34	Payroll taxes for 6/15/19 pay period ending
7/19/2019	Valic	3,822.03	Payroll 401(a)/457 Deposit
7/5/2019	ADP	60.35	Fee for payroll processing
7/12/2019	Wells Fargo Merchant Services	70.37	Merchant Services
7/11/2019	Wells Fargo	561.95	Service Charge

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	7/15/2019	Boys & Girls Club of Snohomish County	24,583.33	Program Payment
	7/15/2019	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	7/15/2019	Center for Human Services	32,279.16	Program Payment
	7/15/2019	ChildStrive	50,150.16	Program Payment
	7/15/2019	City of Lynnwood	12,038.33	Program Payment
	7/15/2019	Compass Health	4,354.17	Program Payment
	7/15/2019	Domestic Violence Services Snohomish Co	13,566.50	Program Payment
	7/15/2019	Edmonds School District No. 15	131,215.25	Program Payment
	7/15/2019	Edmonds Senior Center	58,666.67	Program Payment
	7/15/2019	Homage Senior Services	60,586.67	Program Payment
	7/15/2019	Kinderling	11,862.67	Program Payment
	7/15/2019	Korean Women's Association	5,000.00	Program Payment
	7/15/2019	Latino Educational Training Institute	5,000.00	Program Payment
	7/15/2019	Leukemia & Lymphoma Society WA/AK Chapter	3,750.00	Program Payment
	7/15/2019	Medical Teams International	180,850.00	Program Payment
	7/15/2019	Project Access Northwest	10,416.67	Program Payment
	7/15/2019	Puget Sound Christian Clinic	47,162.17	Program Payment
	7/15/2019	South Snohomish County Fire & Rescue	36,103.34	Program Payment
	7/15/2019	Therapeutic Health Services	20,833.33	Program Payment
	7/15/2019	Volunteers of America Western WA	6,750.42	Program Payment
	7/15/2019	Wonderland Development Center	28,839.58	Program Payment
	7/25/2019	WA Department of Revenue	807.89	B&O/Retailing Sales Tax for June 2019
	7/1/2019	Ameriflex	367.31	EE FSA Payments
	7/12/2019	Ameriflex	384.69	EE FSA Payments
	7/26/2019	Ameriflex	350.28	EE FSA Payments
		Total Wires/ACH Transactions	817,509.75	
Kruger Clinic Activity:				
1194-1215	misc	Various Claimants/Vendors	48,313.71	Administered by Azose
Work Comp Activity:				
305426-428	misc	Various Claimants/Vendors	471.72	Administered by Eberle Vivian
		Total Disbursements	\$ 964,690.21	

Transaction Date	Payer	Amount	Purpose
Deposits:			
7/1/2019	Swedish/Edmonds	829,338.32	Monthly leases
7/1/2019	Raymond Liu, D.D.S.	3,747.90	Kruger Clinic monthly lease
7/1/2019	Seattle Skin & Laser	7,355.79	Kruger Clinic monthly lease
7/1/2019	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
7/1/2019	Puget Sound Gastro	28,333.29	Kruger Clinic monthly lease
7/1/2019	Value Village	27,614.77	Monthly lease
7/10/2019	Snohomish County	8,532.18	Levy
7/25/2019	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
7/1/2019	WA State Health Care Authority	19,718.00	2007 Final CPE Payment with SSI Recalculation
7/24/2019	Puget Sound Clean Air Agency	100.00	Sponsorship of Latina Health Conference Oct 2019
7/31/2019	Carla Herrera	441.90	Refund for contractor deposit
	Total Deposits	\$ 929,930.50	

E. 55: 19

8.28.2019

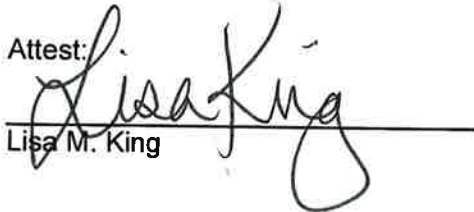
VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 13716 through 13783 have been issued for payment in the amount of \$98,395.03. These warrants are hereby approved.

Attest:

Lisa M. King




Commissioner



Commissioner



Commissioner



Commissioner



Commissioner

Warrants Processed:	7-1-19 – 7-31-19		\$98,395.03
Work Comp Claims Pd:	7-1-19 – 7-31-19		471.72
Kruger Clinic Processed:	7-1-19 – 7-31-19		48,313.71
Payroll:	6-16-19 – 6-29-19	22,038.71	
	6-30-19 – 7-13-19	<u>21,193.59</u>	
			43,232.30
Electronic Payments:	Payroll Taxes	17,271.69	
	Payroll Processing	144.12	
	Valic Retirement	7,644.06	
	FSA Payments	1,102.28	
	Bank Fees	632.32	
	WA State Dept Revenue	807.89	
	Program Expenditures	<u>746,675.09</u>	
			<u>774,277.45</u>
	Grand Total		<u>\$964,690.21</u>

E: 56: 19
8.28.2019

Program Oversight Committee Summary Report August 2019

- Four applications for discussion:

1. Prescription Drug Assistance Foundation	Request Year 1	Request Year 2	Request Year 3
	\$55,000	\$55,000	\$55,000
Program Description: <i>A renewal request</i> for a prescription assistance program at VCWC 24 hours a week. Partners with Swedish, Prov Everett, Prov Medical Group, CHC, PACMEED, Senior Services, 2-1-1 for referrals and take walk-ins.			
Expected Results	<p>The program tracks number of people seeking assistance, number of people receiving assistance, number of prescriptions, and dollar amount of savings for these prescriptions.</p> <p>Program anticipates serving 120 unduplicated individuals in PHD2 with over half being age 65+ and all being low to moderate income. Will serve 5-10 patients per month to obtain 9-14 Rx per month.</p> <p>Over the last 35 months, they have served 176 patients in PHD2 with 336 medications with an avg Rx cost of \$536/month.</p>		
Use of Funds & Costs	Request is \$55,000 per year for three years (total of \$165,000.) Previously funded for 3 years at \$50,000 per year (July 2016 through July 2019.) This request adds \$3000 per year to salary and \$2000 per year for outreach.		

2. Parent Trust	Request Year 1	Request Year 2	Request Year 3
	\$15,000	\$15,000	\$15,000
Program Description: A new request to assist in funding a staff person to do outreach to families, conduct developmental screenings, conduct PMAD screening and provide Family Help Line parent coach sessions/follow up.			
Expected Results	The program will track increased awareness of Perinatal Mood and Anxiety Disorder (PMAD), parental stress and access to standardized developmental screening. Target 70 individuals (35 families) in year one, 50 families in year 2, and 50 families in year 3.		
Use of Funds & Costs	Request is \$15,000 per year for three years (total of \$45,000.) Other funding from Dept of Children, Youth and Families; Northwest Children's Foundation; Tulalip Foundation; Giddens Foundation		

3. Foundation for Sustainable Community (DBA Farmer Frog)	Request Year 1	Request Year 2	Request Year 3
	\$99,590	\$132,050	\$172,740
Program Description: A new request to fund two staff people (Garden Coordinator and Garden Educator) to develop gardens at school sites within ESD. Within the first 18 months of the grant, will coordinate set-up of 3 new gardens and 3 revitalized gardens. In the 2 nd 18 months of the grant, an additional 9-12 gardens will be developed.			
Expected Results	<p>The gardens will target 3500 people in Y1, 8000 people in Y2 and 20000 in Y3.</p> <p>Goals:</p> <ul style="list-style-type: none"> • Increase # of school gardens • Increase # of students in STEM/STEAM outdoor education • Increase # of students who know a variety of vegetables and how to prepare/eat them • Increase # of students who know nutritional benefits of produce • Increase # of students who spend an hour outside each day <p>Will evaluate by weighing the food grown and distributed. Will "conduct regular easy assessments" as well as do counts of those participating.</p>		
Use of Funds & Costs	The current funding request will cover 2 staff positions as well as training, supplies and materials. Request is for \$99,590 in Y1, \$132,050 in Y2 and \$172,740 in Y3 (total of \$404,380.) No other funding sources identified.		

4. Latino Education Training Institute (LETI)	Request Year 1	Request Year 2	Request Year 3
	\$82,000	\$52,000	\$29,500
Program Description: A new request to fund a staff person (Wellness/Volunteer Coordinator) to be sited in Lynnwood to work with Latino families to screen for basic needs, provide health assessment, housing navigations, referrals, etc.			
Expected Results	<p>Outcomes include: Improve physical health</p> <ul style="list-style-type: none"> • Increase work/jobs • Improve emotional well-being • Improve ability to meet basic needs <p>They will use the Health and Well Being Monitor by the Providence Institute. Targeting 500 Latino individuals to be served with 300 (60%) living in PHD2</p>		
Use of Funds & Costs	<p>Y1: \$82k (\$22hr/FTE plus benefits, \$10k job training, \$15k for Prov Monitor)</p> <p>Y2: \$52K (2/3 of \$24hr/FTE plus benefits, \$5k job training, \$7.5K for Prov Monitor)</p> <p>Y3: \$29.5K (1/3 of \$24hr/FTE plus benefits, \$2.5K job training, \$7.5K for Prov Monitor)</p> <p>Mentions \$22.5K in Y2 from "program revenue/fees" and \$45K in Y3 from "program revenue/fees" Will use student interns from UWB</p>		

Program Committee Recommendations (Commissioners Wilson and Knowles)

Recommended for Funding or Partial Funding

- **Prescription Drug Assistance Foundation:** the committee is recommending funding the program in full for three more years at \$55,000 per year. The committee was interested in continued funding because the program matched well with Verdant priorities and reached patients that lacked sufficient insurance coverage for prescriptions.
- **Parent Trust:** the committee is recommending funding the program as requested at \$15,000 per year for three years. The committee thought that this program would increase screenings and support for families that may lack other resources and that it matched well with Verdant priorities.
- **Latino Educational Training Institute:** the committee is recommending partial funding for the program at \$65,000 for the first year only. Although the committee members understand there is a need for expanded outreach to the Latino population, they had concerns that some of the outcomes were not directly related to Verdant priorities. They believe that funding an outreach navigator for the first year would be a good place to invest Verdant funding with the thought that the organization could apply for future funding depending upon the results of the program.

Not Recommended for Funding

- **Foundation for Sustainable Community (DBA Farmer Frog):** the committee does not recommend funding this program at this time. The program currently does not directly tie to a Verdant priority area and the organization has not yet solidified the relationships with ESD necessary for this program to work.

July 2019 Multicultural Program & Outreach Report

- **Meet me at the Park: July 9th, 16th and 23rd:** The City of Lynnwood and Verdant Health Commission held an event called Meet Me at the Park, a free program for families of all abilities and capabilities, happening on three Tuesday nights in July. The purpose is to enjoy activities and fun Lynnwood park locations from 6:30 to 8 p.m. Activities include a hula hoop demo, frisbee, basketball, sidewalk chalk, soccer and Zumba.
- **Introduction to Positive Discipline:** This class was a free 2-hour introduction to Parenting with Positive Discipline for English speaking community members. The introduction will give an overview of the method and includes experiential activities to give a taste of what a 7-session course will entail. This class is for parents who are looking for long-term parenting skills that will encourage their children to think for themselves, become more responsible and have a greater respect for themselves and others. The teachings of Positive Discipline are filled with non-punitive, respectful methods that will incorporate kindness and firmness into parenting, help parents get to the core of their child's misbehavior, bring more joy into the home and give parents a sense of accomplishment.
- **Latinx Executive Board Meeting:** each month community leaders get together to discuss emerging current health issues for the Latino community, creating opportunities to inform policy decisions in Washington State. As a member, I get to bring the voice of Snohomish County to the table.
- **Census 2020:** Verdant is supporting the efforts of the U.S. Census Bureau by offering space for meetings and community education, including briefing by the media on the launch of address canvassing, the first major field operation of the 2020 Census.
- **Community Action Coalition Meeting:** Hosting and participating in Community Action Coalition for the Fred Hutch/University of Washington Cancer Consortium's Office of Community Outreach & Engagement (OCOE). The OCOE is focused on creating a forum to enable discussion, relationship building, and collaboration to address cancer inequities among residents in our region. We can accomplish this by improving understanding of community specific cancer prevention and control needs, facilitating community empowerment to support sustainable cancer care programs, and building capacity for research collaboration. Community Action Coalition will meet quarterly to provide strategic oversight and help shape the future direction of the OCOE, beginning with input to inform the development of a strategic plan. After the initial year, meetings will likely be two to three times per year.

- **Positive Discipline:** Positive Discipline is a program designed to teach young people to become responsible, respectful and resourceful members of their communities. Based on the bestselling Positive Discipline books by Dr. Jane Nelsen, Lynn Lott, Cheryl Erwin, Kate Ortolano, Mary Hughes, Mike Brock, Lisa Larson and others, it teaches important social and life skills in a manner that is deeply respectful and encouraging for both children and adults (including parents, teachers, childcare providers, youth workers, and others). Verdant has provided this class for Spanish speaking families and is now offering it in English for the first time.

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Verdant Community Social Worker Case Management

GOAL: Assist hard to serve clients that have multiple health and wellness service needs, and those that may not have the capacity to follow through on meeting these needs. Eligible clients typically do not fit the traditional local or state programs or they are unable to be served with a simple handoff to resources.

Measuring Client Outcomes:

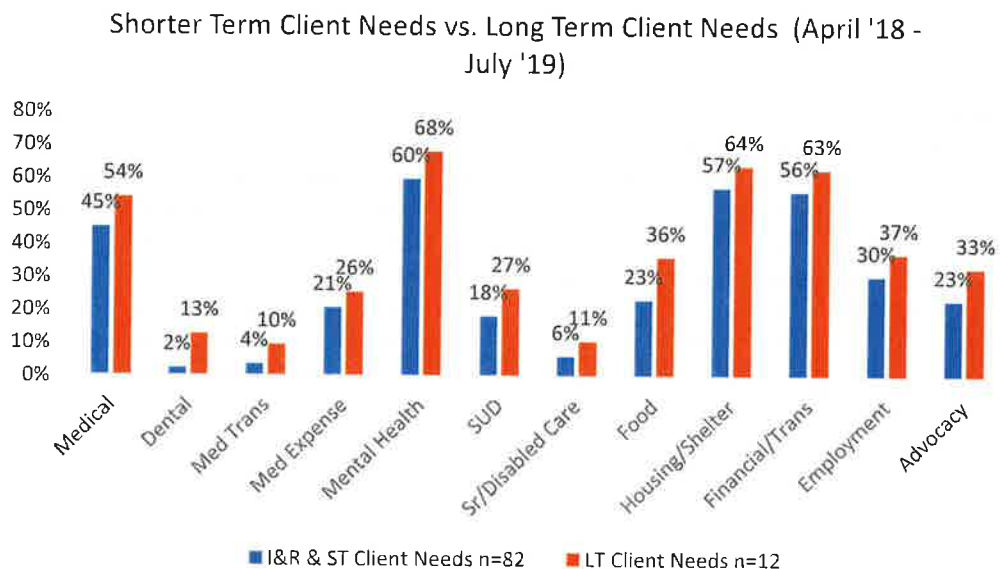
- Self-efficacy/empowerment
- Quality of health
- Client Functioning: Fenn-Jorstad Self Sufficiency Matrix
- Screening tools: i.e. depression
- Improved decision making skills
- Level of engagement/goals

Numbers and types of clients (April 2018 – July 2019):

<u>Information and Referrals (walk ins):</u>	<u>Short Term Case Management Support (typically 2-4 visits):</u>	<u>Long Term Case Management*:</u>
Total: 63 Avg Age: 48 Age Range: 19 - 87 Male: 16 Female: 47	Total: 19 Avg Age: 45 Age Range: 18-76 Male: 6 Female: 11	Total: 12, Current: 8 Avg Age: 48 Age Range: 24-61 Male: 6, avg age = 41 Female: 6, avg age = 52

*Long Term Case Management clients are assessed at intake and are reassessed based on life changes or interim dates (i.e. 3 mos., 6 mos.) Assessment tool is the Fenn-Jorstad Self Sufficiency Matrix, and other tools such as the AUDIT (Alcohol Use Disorders Identification Test), DAST (Drug Abuse Screening Test), PHQ-9 (Patient Health Questionnaire-9), and GAD (Generalized Anxiety Disorder-7) are used.

Case Management Needs:

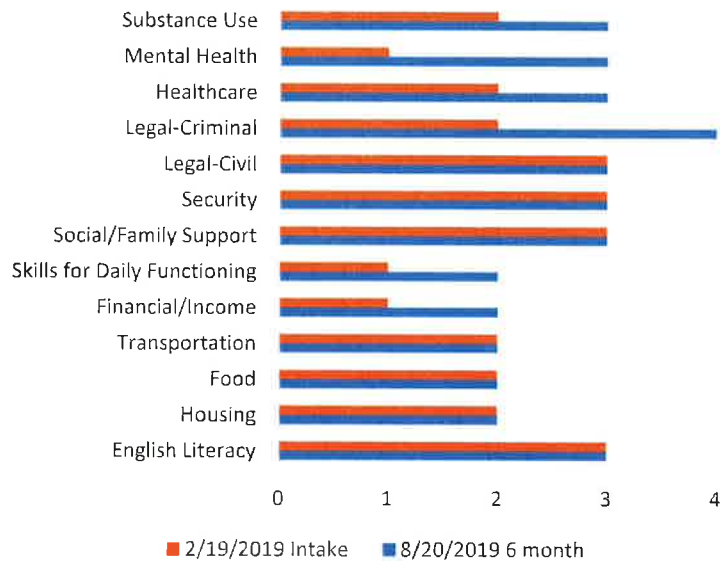


Referral Sources:

10% DSHS
9% Swedish
7% Evergreen Recovery Svcs.
5% Compass
NAMI, VOA, CHC, CCS, PDs, Seamar, EdCC Counseling, Homage, YWCA, etc.

Fenn-Jorstad Self Sufficiency Matrix (FJSSM) Examples and Results to date:

Client 1 FJSSM 6 month results



52 yo male, lives alone in substandard living (RV Park)

Unlicensed car/no car insurance

Able to obtain small disability income while awaiting Social Security Disability

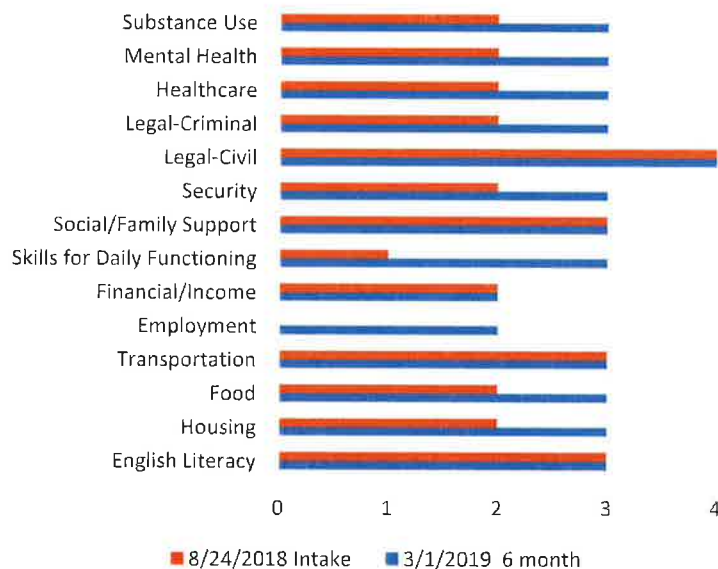
Multiple medical and behavioral health conditions are being treated and have helped to improve his quality of life

Obtained PCP, cardiologist, general surgeon, neurologist (soon neuropsychologist), mental health counselor and prescriber; possibility of in-home health

Treatment includes anti-seizure medications, mood stabilizer, ACE inhibitor, statin, weekly 1x1 counseling

X axis: 1=In Crisis, 2=At Risk, 3=Safe, 4=Self Sufficient

Client 2 FJSSM 6 month results



52 yo female, stable housing with mother

Able to obtain monthly food benefits and a small disability income while filing for Social Security and/or gain skills to obtain employment

Working with DVR for possible retraining

Improved self-efficacy and confidence

Outstanding legal issues are being addressed

Multiple behavioral health conditions are being treated and have been improving-decision making, goal setting, skill building

Obtained PCP, mental health counselor and prescriber

Treatment includes mood stabilizers/anti psychotics, regular counseling both individual and group

August 2019 Marketing Report

Listening Session for Electeds

- Included 21 people (elected/staff and the people sharing their recovery stories)
- The 5 people in recovery shared their personal experiences in maintaining sobriety and what obstacles made it challenging to find success.
- Feedback from elected included:
 - “Their individual stories and their awareness of their choices and the ramifications of those choices was powerful to listen to.”
 - “I liked the non-threatening, non-accusatory setting of the sessions. I felt the panelists were honest and appreciative of the environment and felt secure in stating their opinions and experiences. One panelist mentioned jail release times being very early in the morning, when no services are available. This is something that I plan on looking into and working to rectify if possible.”
 - “You provided an environment that the speakers felt was safe, and as such the speakers were candid – there was no hemming or hawing on what should or should not be said out of concern that their comments could harm them in the presence of police and other officials. That candid perspective enabled me to trust what I was hearing, and that trust means I have facts – even if they are subjective facts – that I can act on. I came to realize from the discussion that I treat those with addiction as a statistic rather than as a person. For example, I wouldn’t want a person to be released to the streets at midnight with nowhere to go, but when it’s a statistic or number, it’s about doing what reduces costs. I realized that these are people just like me, my friends and my family, and I need to treat them as such.”

Coming Events

- Fair on 44th on Saturday, September 7 from 10 a.m. – 2 p.m.