

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**BOARD OF COMMISSIONERS**  
Regular Meeting Agenda  
July 28, 2021  
8:00 a.m. to 10:00 a.m.

Due to the Governor's Proclamation 20-28 et seq that temporarily waives and suspends sections of the Open Public Meetings Act, the July 28, 2021 Board of Commissioners meeting is NOT being held in person and will be held by remote participation only. The public can join via Zoom by visiting <https://us02web.zoom.us/j/81170706793> Meeting ID: 811 7070 6793 Passcode: 871927 or the call-in number is 253 215 8782.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of Minutes	Action	8:01	2-7
a) June 23, 2021 Board Meeting			
C. Community Presentation	Information	8:02	---
a) Washington State School-based Health Center Alliance, Sara Riegel, Board President			
b) Sedro Woolley School-based Health Center Video	Information	8:32	---
D. Community Presentation	Information	8:35	---
a) Edmonds Waterfront Center and Homage Senior Tech Connect Participants			
E. Superintendent Report	Information	8:45	---
a) Verdant Operations Update			
b) Community Outreach Update			
F. Executive Committee Report	Information	8:55	---
G. Finance Committee Report			
a) Review financial statements and cash activity	Information	8:57	8-13
b) Authorization for payment of vouchers and payroll	Action	9:00	14
c) YTD Expenses for June 2021	Information	9:03	15
H. Program Committee Report			
a) Conflicts of Interest	Information	9:05	---
b) Superintendent's Discretionary Funds	Action	9:06	16-17
c) Review of 2021 and 2022 Budget Forecasting	Information	9:15	18
d) Verdant Program and Marketing Highlights	Information	9:20	19-24
I. Public Comments (limit 3 minutes per speaker)	---	9:25	---
J. Commissioner Comments	---	9:30	---
K. Executive Session		9:35	
A. To review and consider proposed sale of real estate			
L. Open Session		9:55	
M. Adjournment	---	9:56	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**via Zoom**

**June 23, 2021**

<b>Commissioners Present</b>	Bob Knowles, President (via Zoom; 9:28 a.m. departure) Dr. Jim Distelhorst, Secretary (via Zoom) Deana Knutsen, Commissioner (via Zoom) Fred Langer, Commissioner (via Zoom)
<b>Commissioners Excused</b>	Karianna Wilson, Commissioner
<b>Staff</b>	Lisa Edwards, EdD, Superintendent (via Zoom) Jennifer Piplic, Marketing Director (via Zoom) Sue Waldin, Community Wellness Program Manager (via Zoom) Nancy Budd, Community Social Worker (via Zoom) Zoe Reese, Director of Community Impact (via Zoom) Tammy Keuser, Director of Finance and Operations (via Zoom) Tammy Weenink, Executive Assistant/Office Manager (via Zoom)
<b>Guests</b>	Daniel Johnson, Edmonds Waterfront Center (via Zoom) Michelle Reitan, Edmonds Waterfront Center (via Zoom) Steve Corsi, Volunteers of America Western Washington (via Zoom) Dave Jordan, Volunteers of America Western Washington (via Zoom) Cory Armstrong-Hoss, Volunteers of America Western Washington (via Zoom) Members of the Community
<b>Call to Order</b>	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Knowles.
<b>Approval of Minutes</b>	<b><i>Motion was made, seconded and passed unanimously to approve</i></b> the minutes of the regular board meeting on May 26, 2021. (E:35:21)
<b>Community Presentation</b>	Dr. Edwards introduced Mr. Johnson, CEO and Ms. Reitan, Director of Health and Wellness from the Edmonds Waterfront Center.  Mr. Johnson gave an overview of the history and transformation of the Edmonds Waterfront Center. Mr. Johnson's presentation highlighted the vision for the Edmonds Waterfront Center and that it will be a place for people of all ages and include

intergenerational programs. Mr. Johnson reported the Center is testing a Community Café model for a Senior Lunch Program, finishing up its capital campaign and leveraging capacity in the Edmonds Waterfront Center Health and Wellness Center. Ms. Reitan shared how the Edmonds Waterfront Center is committed to expanding the health and wellness programs in response to community needs focusing on the senior population. Ms. Reitan expressed the importance of stabilizing declining health and addressed other issues faced by seniors such as social isolation, depression, food insecurity and lack of access to health services. (E:36:21)

**Community  
Presentation**

Dr. Edwards introduced Mr. Corsi, President/CEO, David Jordan, Project Manager and Cory Armstrong-Hoss, Director of Communications and Marketing from Volunteers of America Western Washington.

Mr. Corsi gave a presentation and virtual tour of the Lynnwood Neighborhood Center that is in the planning and pre-construction stages. The focus at the Lynnwood Neighborhood Center will be children, families and community in partnership with local organizations such as the Boys & Girls Club, VOA ECEAP Preschool, Center for Human Services, MTI, LETI, Korean Community Service Center, and the space will house the VOA Community Resource Center. Some of these organizations may utilize office space and will pay less than market-based rate. Mr. Corsi's presentation provided a list of amenities and a sample of programs and classes. The Lynnwood Neighborhood Center project is supported by lead donors Rick Steves, Trinity Lutheran Church, the State of Washington and Premera. This project is currently funded to approximately half of the \$20 million budget. Mr. Jordan reported that future funding may come from tax credits, government and foundation funding and a local community campaign. Construction is scheduled to be completed by June 2023. (E:37:21)

**Superintendent  
Report**

Dr. Edwards reported that this past month the Verdant team has transitioned to in-person operations and all staff are working in the building at least three days a week. The building is now being utilized by Veteran's Assistance, Prescription Drug Assistance and ChildStrive. Verdant will begin offering outdoor and in-person events in July and August with eight dates for South County Walks and three Meet Me at the Park events. In the next two weeks the team will begin promoting a series of Fall 2021 hybrid classes that will have a limited number of people participating in person at the Verdant Community Wellness Center and all other participants will access classes online.

Dr. Edwards reported that the Verdant team let an RFQ for the CHART leadership program. So far a couple of agencies have

expressed interest in applying for funding to support the continuation of the program. A CHART leadership meeting is scheduled for June 24<sup>th</sup> with partner agencies to discuss the RFQ process.

Dr. Edwards announced that on June 16<sup>th</sup> Verdant let a second RFQ, this one for a Diversity, Equity and Inclusion Consultant. There were 8 consultants identified who were contacted to apply and Verdant will let a press release as well. Commissioners Knutsen and Distelhorst have agreed to participate in the proposal review process.

Dr. Edwards and Commissioner Distelhorst attended the ribbon cutting ceremony for the Evergreen sports complex and playfields in Mountlake Terrace.

Dr. Edwards also thanked the Verdant team for a successful Q2 grantmaking process.

**Executive  
Committee  
Report**

President Knowles reported that the Executive Committee met on Wednesday, June 16, 2021 to review the agenda for the June 23, 2021 board meeting. No action was taken.

**Finance  
Committee  
Report**

The Finance Committee met on June 8, 2021. Ms. Keuser reviewed the financial statement and cash activity for May 2021 and noted anything over \$5,000 in payment from the warrants. (E:38:21)

**Authorization for  
Payment of  
Voucher and  
Payroll**

Authorization for payment of vouchers and payroll: Warrant numbers 14852 through 14908 for May 2021 for payment in the amount of \$118,898.58 were presented for approval by Commissioner Langer. (E:39:21) ***Motion was made, seconded and passed unanimously to approve.***

**YTD Expenses for  
May 2021**

Ms. Keuser presented pie chart representing YTD expenses as of May 2021. Commissioner Langer and President Knowles requested that Ms. Keuser adjust the pie chart to reflect real dollars and to do a comparison with other organizations to find a standard to better reflect what Verdant is doing with public funds. (E:40:21)

**Program  
Committee  
Update**

Commissioner Knutsen reported that the Program Committee met on June 10, 2021.

**Conflicts of  
Interest**

No conflicts of interest reported.

**Approval of Q2  
Grant  
Applications**

Ms. Reese presented the multi-year health program or project applications for full board review and approval. All recommendations brought forward by Program Committee for funding include the expectation that contracts will be done on an annual basis with up to 2 years of renewal based on successful performance and continued demonstration of community need. (E:41:21)

The application for funding renewal for Cascade Bicycle Club was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$50,000** for Cascade Bicycle Club Project Let's Go Edmonds for one year.

The application for funding renewal for Center for Human Services was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$350,000** for Center for Human Services Youth Counseling Program for one year.

The application for funding renewal for Compass Health was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$151,627** for Compass Health Community Transitions Program for one year.

The application for funding for Edmonds College Foundation was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$170,550** for Edmonds College Foundation CRC Mental Health Expansion for one year.

The application for funding renewal for Edmonds School District was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$180,000** for Edmonds School District Family Resource Advocates for one year.

The application for funding of Evergreen Recovery Center was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$354,400** for Evergreen Recovery Center Bi-directional Substance Use Treatment Program for one year.

The application for funding renewal of Lahai Health's Dental Program was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$380,000** for Lahai Health Dental Program for one year.

The application for funding renewal for Lahai Health's Mental Health Program was discussed and all concerns addressed.

**Motion was made, seconded and passed unanimously to approve \$79,600** for Lahai Health Mental Program for one year.

The application for funding for LETI was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$88,800** for LETI Promotora Program for one year.

The application for funding renewal for Project Access NW was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$175,000** for Project Access NW Specialty Care Coordination for one year.

The application for funding for Project Girl was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$157,660** for Project Girl Mentoring Program for six months.

The application for funding renewal for Therapeutic Health Services was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$186,149** for Therapeutic Health Services Integrated Cognitive Therapy for one year.

The application for funding for UW Bothell was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$112,760** for Behavioral Health Peer Advocate Training for one year.

The application for funding for Washington Kids in Transition was discussed and all concerns addressed. **Motion was made, seconded and passed unanimously to approve \$125,000** for Washington Kids in Transition Distribution Center and Expanded Programming for one year.

Verdant gave feedback to all organizations not funded to promote future successful grant applications. Q2 grant applications not funded as requested:

Brain Injury Alliance of WA  
Domestic Violence Services of Snohomish County  
Helping Hands Project Organization  
Hope Creek Charitable Foundation  
UW Medicine  
Washington Family Engagement  
YMCA

**Review of 2021  
and 2022 Budget  
Forecasting**

Ms. Reese presented the program payout schedule as of May 2021 and an overview of funding commitments by year and priority area for 2021 and 2022. (E:42:21)

**Verdant Program  
and Marketing  
Highlights**

See exhibit (E:43:21) for updates on program staff and marketing highlights.

**Public Comments**

Mr. Tony Bollen from Lahai Health thanked Verdant and Ms. Reese on behalf of Lahai Executive Director Dave Eller and himself for the grant approval for their mental health and dental programs.

**Commissioner  
Comments**

Commissioner Langer commented on the large amount of program funds for Q2 and gave kudos to the Program Committee.

Commissioner Knutsen thanked the staff and Commissioner Distelhorst for filling in on the Q2 grantmaking process on behalf of Commissioner Wilson.

Commissioner Distelhorst commented that he was indeed "enlightened" to find out how much work goes into the grantmaking process.

**Adjournment**

The meeting was adjourned at 9:37 a.m. by Secretary Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

**Balance Sheet**  
As of June 30, 2021

	A	B	C	D
	Dec 31, 2020	June 30, 2021	\$ Change	Comments:
<b>1 ASSETS</b>				
<b>2 Current Assets</b>				
<b>3 Cash Balance</b>	3,404,411	3,954,084	549,673	
<b>4 Other Current Assets</b>	55,995,957	55,633,419	(362,538)	Includes Investments & Prepaid Expenses
<b>5 Total Current Assets</b>	59,400,367	59,587,503	187,135	
<b>6 Total Long-term &amp; Fixed Assets</b>	43,056,966	42,252,813	(804,153)	Net of Accumulated Depreciation
<b>7 TOTAL ASSETS</b>	<b>102,457,334</b>	<b>101,840,316</b>	<b>(617,018)</b>	
<b>8 LIABILITIES &amp; EQUITY</b>				
<b>9 Liabilities</b>				
<b>10 Current Liabilities</b>	1,421,828	1,351,424	(70,404)	Swedish prepaid rent for June
<b>11 Long-term Liabilities</b>	-	-	-	
<b>12 Total Liabilities</b>	1,421,828	1,351,424	(70,404)	
<b>13 Total Equity</b>	101,035,505	100,488,892	(546,614)	Annual Net Income/(Loss)
<b>14 TOTAL LIABILITIES &amp; EQUITY</b>	<b>102,457,334</b>	<b>101,840,316</b>	<b>(617,018)</b>	

**Profit & Loss**  
June 30, 2021

	A	B	C	D	E	F
	June Actual	June Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
<b>1 INCOME</b>						
<b>2 Ordinary Income</b>	1,000,254	969,517	30,737	5,701,137	5,841,047	(139,910)
<b>3 EXPENSES</b>						
<b>4 Operating Expenses</b>	240,355	280,870	40,515	1,369,962	1,426,400	56,438
<b>5 Depreciation Expense</b>	118,944	115,537	(3,407)	713,809	700,906	(12,903)
<b>6 Program Expenses</b>	696,152	785,875	89,722	5,286,840	5,726,248	439,407
<b>7 Total Expenses</b>	1,055,452	1,182,282	126,831	7,370,611	7,853,554	482,943
<b>8 OTHER INCOME/(EXPENSE)</b>						
<b>9 Total Other Income/(Expense)</b>	125,713	280,833	(155,120)	1,154,910	1,715,000	(560,090)
<b>10 NET INCOME/(LOSS)</b>	<b>70,516</b>	<b>68,068</b>	<b>2,447</b>	<b>(514,563)</b>	<b>(297,507)</b>	<b>(217,056)</b>

**Monthly Highlights**  
June 30, 2021

Verdant received dividend payments of \$31.3K, a realized loss of \$31.8K and an unrealized loss of \$81.7K on our investment portfolio which closed with an ending market value of \$55,657,654.

Program grant commitments total \$5,549,527 for 2021 excluding BHCF. Additional 2021 funding for COVID-19 programs total \$634K.

Revenue of \$129K and expenses of \$130K from the Kruger Clinic were incurred, netting to an additional operating loss of \$1K.

**Public Hospital District #2**

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
14909	06/01/2021	Armstrong Services	1,280.00	Monthly Janitorial and Daily Disinfection Service - June 2021
14910	06/01/2021	Aukema & Associates	10,000.00	Website Design & Development project Down payment
14911	06/01/2021	Consolidated Landscape Maintenance, Inc.	440.90	Landscaping June 2021
14912	06/01/2021	Consolidated Press LLC	12,386.00	Printing and mail prep of Summer 2021 Canopy
14913	06/01/2021	ELTEC Systems, LLC	305.25	June 2021 Elevator Maintenance
14914	06/01/2021	Guardian Security Systems, Inc.	663.00	Security Monitoring 7/1/21 - 9/30/21
14915	06/01/2021	Jason Becker Creative	843.75	Canopy Winter 20-21
14916	06/01/2021	Moss Adams LLP	9,870.00	2020 Financial Audit
14917	06/01/2021	Pacific Medical Centers(PacMed)	344.95	WC 339 - Nutrition & Activity Programs Purchased Services
14918	06/01/2021	Puget Sound Energy	263.45	Natural Gas - Account number 220025094198
14919	06/01/2021	Safeway	1,100.00	Food Insecurity Nutrition Incentive - April 2021
14920	06/01/2021	Snohomish County PUD	946.61	Electricity - Acct number 205299316
14921	06/01/2021	Waste Management	153.60	May 2021 - Acct number 14-46330-13003
14922	06/01/2021	Wells Fargo	255.28	Wells Fargo CC - 3/19/2021 - 4/16/2021
14923	06/01/2021	Puget Sound Energy	54.06	Natural Gas - Account number 220001924632
14924	06/01/2021	Waste Management	321.99	May 2021 - Acct number 14-46467-83003
14925	06/01/2021	Wells Fargo	378.41	3-20-21 - 4-19-21
14926	06/01/2021	Wells Fargo	164.99	Account # 4856 2003 8200 7998
14927	06/08/2021	Allstream	60.18	Account #1299089 6/3/21 - 7/2/21
14928	06/08/2021	Comcast - Acct # 8498310221378586	418.16	8498 31 022 1378586
14929	06/08/2021	Dynamic Computing, Inc.	1,919.94	IT Consulting
14930	06/08/2021	NW Restoration & Remodeling LLC	326.43	Placing sandbags on fence stand and materials
14931	06/08/2021	Somos Mujeres Latinas	300.00	Participation & promotion of Verdant services at Simposio de Mujeres 2021
14932	06/08/2021	Turner HR Services, Inc.	525.00	HR Consulting - May 2021
14933	06/08/2021	Yasaura Carvajal	837.50	WC 342 - Changing to Healthy Habits series
14934	06/15/2021	Angelica Hildebrandt	3,600.00	Internal Programs
14935	06/15/2021	Azose Commercial Properties	11,625.00	Property Management
14936	06/15/2021	Cedar Way PTO	300.00	Gold Sponsorship - MLT 5k Fun Run
14937	06/15/2021	Comcast - Acct # 905447969	578.50	905447969
14938	06/15/2021	Lesbia G. Orellana	300.00	Award #WC343 - Spanish workshop facilitation - Healthy Relationships between couple
14939	06/15/2021	PalAmerica Security Inc.	1,075.90	Security Monitoring 7/1/21 - 9/30/21
14940	06/15/2021	Payden & Rygel	9,278.00	5/1 - 5/31/2021 Investment Advisory Services
14941	06/15/2021	Snohomish County PUD	403.36	Electricity - Acct number 222825879
14942	06/15/2021	Sound Dietitians LLC	1,844.70	Internal Programs
14943	06/15/2021	Teresa Park Academy LLC	5,025.00	WC 348 - Spanish language delivery of 1 of 2 workshops for Finding Hope after Loss

	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity (continued):</b>				
14944	06/15/2021	Verizon	477.31	June 2 - July 1, 2021 phone charges + new cell phone for social worker
14945	06/23/2021	ArlenRose Frazier	2,240.00	Understanding Anxiety & Depression 8-week Virtual Support Group
14946	06/23/2021	Canon Financial Services, Inc.	544.23	Contract #: 852451-1 Copier Lease June 2021
14947	06/23/2021	Dynamic Computing, Inc.	3,669.95	IT Consulting Services
14948	06/23/2021	Economic Alliance Snohomish County	500.00	Annual Membership Dues
14949	06/23/2021	Fluxx Labs, Inc.	2,500.00	Implementation Services
14950	06/23/2021	Kroll Map Company, Inc.	399.46	PHD Boundary and Edmonds SD Boundary
14951	06/23/2021	McKinstry Co., LLC	1,001.01	HVAC Preventative Maintenance
14952	06/23/2021	Principal Life Insurance Co.	2,076.67	1019549-10001
14953	06/23/2021	Quadient Finance USA Inc.	60.00	Postage
14954	06/23/2021	Regence Blueshield	8,358.40	July 2021 Medical & Dental Insurance
14955	06/23/2021	Staples	110.51	5/11 - 06/09/21
14956	06/24/2021	Lynnwood Sister Cities Association	21,200.00	Award C-S432 COVID 19 Response: Ethiopian and Eritrean Youth Wellness Program
14957	06/29/2021	City of Edmonds	942.13	Water, Sewer, Storm Drain 4/20 - 6/19/21
14958	06/29/2021	Consolidated Landscape Maintenance, Inc.	399.73	Installed the spring/summer color
14959	06/29/2021	Dynamic Computing, Inc.	3,640.27	IT Consulting Services
14960	06/29/2021	Eberle Vivian	4,398.44	3Q 21 Self Insurance Work Comp Claims Administration
14961	06/29/2021	Wells Fargo	1,584.26	Credit Card payment
		<b>Total Warrants</b>	<b>132,292.28</b>	

Transaction Date	Payee	Amount	Purpose
<b>Wire/ACH Activity:</b>			
06/02/2021	Paychex	24,202.90	Payroll
06/25/2021	AmeriFlex Business Solutions	1,040.54	Flexible Spending - Claim Reimbursement
06/11/2021	Valic	3,585.98	Payroll 401(a)/457 Deposit
06/11/2021	Wells Fargo	311.93	Service Charge
06/10/2021	Wells Fargo Merchant Services	72.82	Service Charge
06/22/2021	Valic	3,585.98	Payroll 401(a)/457 Deposit
06/07/2021	AmeriFlex Business Solutions	20.89	Flexible Spending - Claim Reimbursement
06/14/2021	AmeriFlex Business Solutions	30.00	Flexible Spending - Claim Reimbursement
06/16/2021	Paychex	24,038.81	Payroll
06/17/2021	Paychex	9,984.06	Payroll Taxes
06/03/2021	Paychex	131.40	Payroll Processing Fees
06/29/2021	WA State Department of Revenue	791.63	B&O/Retailing Sales Tax for May 2021
06/17/2021	Paychex	128.56	Payroll Processing Fees
06/21/2021	AmeriFlex Business Solutions	53.57	Flexible Spending - Claim Reimbursement
06/01/2021	AmeriFlex Business Solutions	52.30	Flexible Spending - Claim Reimbursement
06/30/2021	Paychex	24,260.45	Payroll
06/30/2021	Paychex	9,859.69	Payroll Taxes
	<b>Total Wire/ACH Activity</b>	<b>102,151.51</b>	

Transaction Date	Payee	Amount	Purpose
06/15/2021	Boys & Girls Club of Snohomish County	24,583.33	Program Payment
06/15/2021	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
06/15/2021	Center for Human Services	36,717.66	Program Payment
06/15/2021	ChildStrive	52,127.99	Program Payment
06/15/2021	Cocoon House.	8,750.00	Program Payment
06/15/2021	Compass Health	12,635.58	Program Payment
06/15/2021	Concern for Neighbors Food Bank	200.00	Program Payment
06/15/2021	Domestic Violence Services Snohomish Co	8,000.00	Program Payment
06/15/2021	Edmonds College Foundation	40,000.00	Program Payment
06/15/2021	Edmonds Food Bank	5,000.00	Program Payment
06/15/2021	Edmonds School District No. 15	110,834.00	Program Payment
06/15/2021	Foundation for Edmonds School District	20,000.00	Program Payment
06/15/2021	Helping Hands Project Organization	14,000.00	Program Payment
06/15/2021	Homage Senior Services	64,309.10	Program Payment
06/15/2021	Interfaith Family Shelter	833.00	Program Payment
06/15/2021	Kindering	12,500.00	Program Payment
06/15/2021	Korean Women's Association	5,000.00	Program Payment
06/15/2021	Lynnwood Food Bank	839.58	Program Payment

06/15/2021	Medical Teams International	8,100.00	Program Payment
06/15/2021	Millenia Ministries	12,452.08	Program Payment
06/15/2021	Pacific Treatment Alternatives	11,800.58	Program Payment
06/15/2021	Parent Trust for WA Children	10,000.00	Program Payment
06/15/2021	Prescription Drug Assistance Foundation	4,583.33	Program Payment
06/15/2021	Project Access Northwest	10,416.67	Program Payment
06/15/2021	Puget Sound Christian Clinic	55,264.33	Program Payment
06/15/2021	Snohomish County Legal Services	4,166.66	Program Payment
06/15/2021	South County Fire	19,771.66	Program Payment
06/15/2021	Therapeutic Health Services	20,833.33	Program Payment
06/15/2021	Volunteers of America Western WA	44,567.00	Program Payment
06/15/2021	Wonderland Child & Family Services	23,513.58	Program Payment
06/15/2021	YWCA of Seattle, King and Snohomish Co	7,720.42	Program Payment
	<b>Total Wires/ACH Transactions</b>	<b>652,186.55</b>	

<b>Transaction Date</b>		<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Kruger Clinic Activity:</b>				
1563-1580	misc	Various Claimants/Vendors	30,268.59	Administered by Azose
<b>Work Comp Activity:</b>				
305507-305511	misc	Various Claimants/Vendors	2,651.62	Administered by Eberle Vivian
		<b>Total Disbursements</b>	<b>919,550.55</b>	

<b>Transaction Date</b>		<b>Payer</b>	<b>Amount</b>	<b>Purpose</b>
<b>Deposits:</b>				
06/01/2021		Sales Receipt	90.00	VCWC Class
06/02/2021		Puget Sound Gastro	43,255.70	Monthly Rent
06/03/2021		Edmonds Medical Clinic	6,684.51	Monthly Rent
06/03/2021		WA State Health Care Authority	59,362.00	North Sound ACH Payment
06/07/2021		ACH	100.00	Other Revenue
06/07/2021		Sales Receipt	30.00	VCWC Class
06/08/2021		Healthcare Reality Services, Inc.	4,663.72	Monthly Ground Lease
06/08/2021		Raymond Liu, DDS	558.50	Monthly Rent
06/10/2021		Allied Dermatology Partners	7,595.38	Monthly Rent
06/10/2021		Healthcare Reality Services, Inc.	4,663.72	Monthly Ground Lease
06/10/2021		Sales Receipt	30.00	VCWC Class
06/10/2021		Snohomish County	140,251.86	Tax Levy Payment
06/11/2021		Sales Receipt	90.00	VCWC Class

06/14/2021	Sales Receipt	90.00	VCWC Class
06/16/2021	Sales Receipt	30.00	VCWC Class
06/17/2021	Assoc. of WA Public Hospital Districts	7,470.00	Partial annual payment
06/18/2021	Sales Receipt	30.00	VCWC Class
06/25/2021	Swedish Edmonds Children's	21,919.32	Monthly Rent
06/25/2021	Swedish Edmonds Hospital	806,349.83	Monthly Rent
06/25/2021	Swedish Edmonds Kruger Clinic	52,270.51	Monthly Rent
	<b>Total Deposits</b>	<b><u>1,155,535.05</u></b>	

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT #2  
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 14909 through 14961 have been issued for payment in the amount of \$132,292.28. These warrants are hereby approved.

Attest:

\_\_\_\_\_  
Tammy Keuser

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

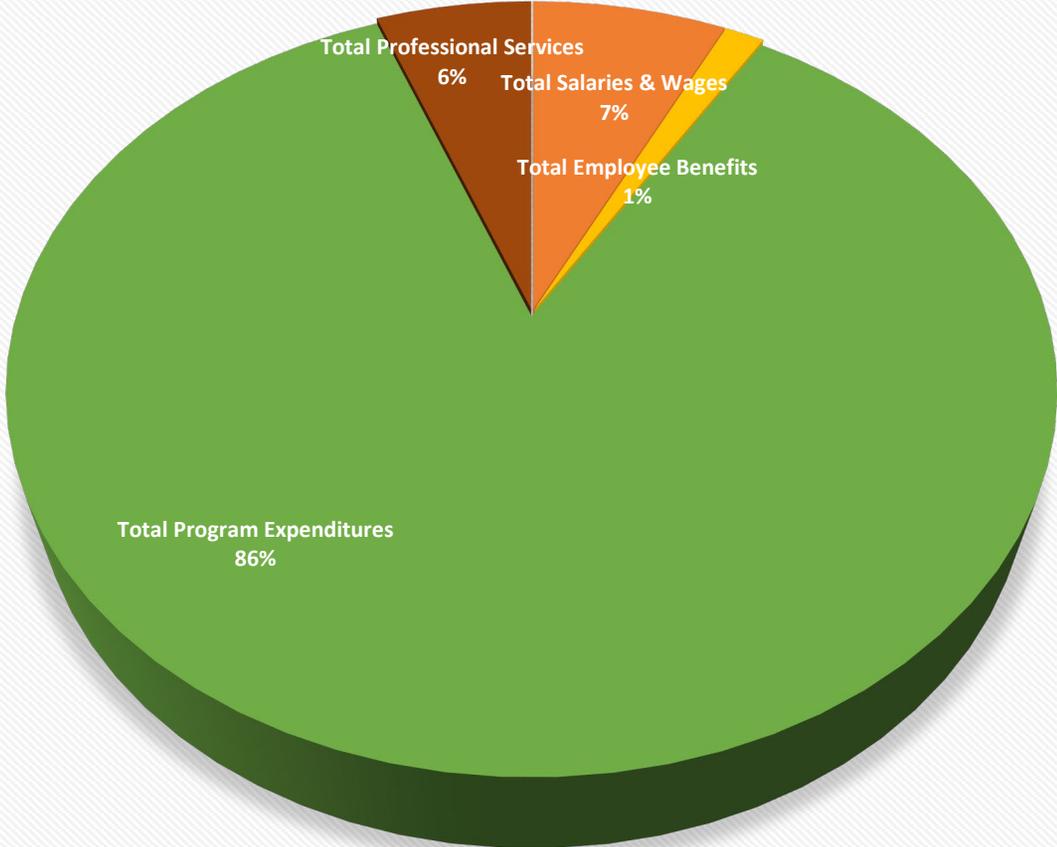
\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

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Warrants Processed:	06-01-2021 – 06-30-2021		\$132,292.28
Work Comp Claims Pd:	06-01-2021 – 06-30-2021		2,651.62
Kruger Clinic Processed:	06-01-2021 – 06-30-2021		30,268.59
Payroll:	05-16-2021 – 05-29-2021	24,202.90	
	05-30-2021 – 06-12-2021	24,038.81	
	06-13-2021 – 06-26-2021	<u>24,260.45</u>	72,502.16
Electronic Payments/ Adjustments:	Payroll Taxes	19,843.75	
	Payroll Processing	259.96	
	Valic Retirement	7,171.96	
	FSA Payments	1,197.30	
	Bank Fees and Supplies	384.75	
	WA State Dept Revenue Program Expenditures	<u>652,186.55</u>	
			<u>681,835.90</u>
	Grand Total		<u>\$919,550.55</u>

# Verdant YTD expenses June 2021



■ Total Salaries & Wages   ■ Total Employee Benefits   ■ Total Program Expenditures   ■ Total Professional Services

**Program Oversight Committee- July 2021**

**I. Modifications to Contracts:**

Organization	Program	Time Period	Total Funding	Staff Recommendation
Edmonds Senior Center	Senior Tech Connect	11/1/2020-06/30/2021	\$35,000	Approve request to extend end date from 06/30/2021 to 7/30/2021
Foundation for Edmonds School District	Pandemic Response Meals for Students in ESD	3/1/2021-6/30/2021	\$54,325	Approve request to extend end date from 6/30/2021 to 8/31/2021
		<b>Total</b>	<b>\$89,325</b>	

**II. Superintendent's Discretionary**

Organization	Project	Time Period	Total Funding
Edmonds College Foundation	Student Meal and Food Pantry Program	6/15/21-12/31/21	\$40,000
Habesha Community Center	Summer Program for Ethiopian and Eritrean Youth	7/2/21-7/30/21	\$21,200
Jean Kim Foundation	Hygiene Center	6/15/21-12/31/21	\$60,000
Medical Teams International and Helping Hands Project Organization	Community-based COVID vaccine events	6/15/21-8/15/21	\$33,830
		<b>Total</b>	<b>\$155,030</b>

Superintendent's Discretionary Funds unallocated balance for 2021: **\$ 273,078**

**III. Expiring Contracts:**

The following grantees have been contacted to direct them to apply for renewal via the 8/16-8/27 grant process for contracts starting between 10/1/2021-12/32/2021.

Organization	Program	Contract End Date	Current Annual Funding
Boys and Girls Club	Healthy Habits Program	09/30/2021	\$295,000
Lynnwood Foodbank	Focus on Nutrition Program	12/15/2021	\$15,624.96
Medical Teams International	Mobile Dental Program	09/30/2021	\$97,200
		<b>Total</b>	<b>\$407,824.96</b>

**IV. Quarter 3 Grant Making**

- a. Open Q&A Session happened 7/12. Recording and slides available online.
- b. Applications accepted 8/16-8/27
- c. Discussion and approval at 9/22 Board Meeting for 10/1-12/31 contract start dates
- d. Anticipate fewer overall applications as there are fewer renewals

## **V. Recent Grantee report highlights**

### **Gambian Talents Promotion, Iftar/Ndogu:**

- Anticipated providing 300 community members with food, but ended up serving 505
- “This event is very important to our community as it gets us connected to a very important tradition that gratefully contribute to our general health and wellbeing. It is important to know that we have always wanted to do this event at a bigger scale but we kept it small because we didn't have the budget to grow it. There is no doubt that our community needs this and we want to expand it. Verdant's support this year was very timely as it enabled us to accomplish our mission and we truly appreciate it. It allowed us to put a smile on the faces of hundreds of people from our community at a time that it's most needed thus contributing to their general health and wellbeing. We hope to continue this partnership.”

### **Homage Senior Services, Senior Tech Connect:**

- “Having a front row seat, so to speak, to the participants’ willingness to expand their understanding and use of the equipment and feeling more confident and connected to the world outside their door has been a terrific experience for everyone involved”
- Program participants from Senior Tech Connect will be presenting at our July board meeting.

## **VI. Community Engagement Update**

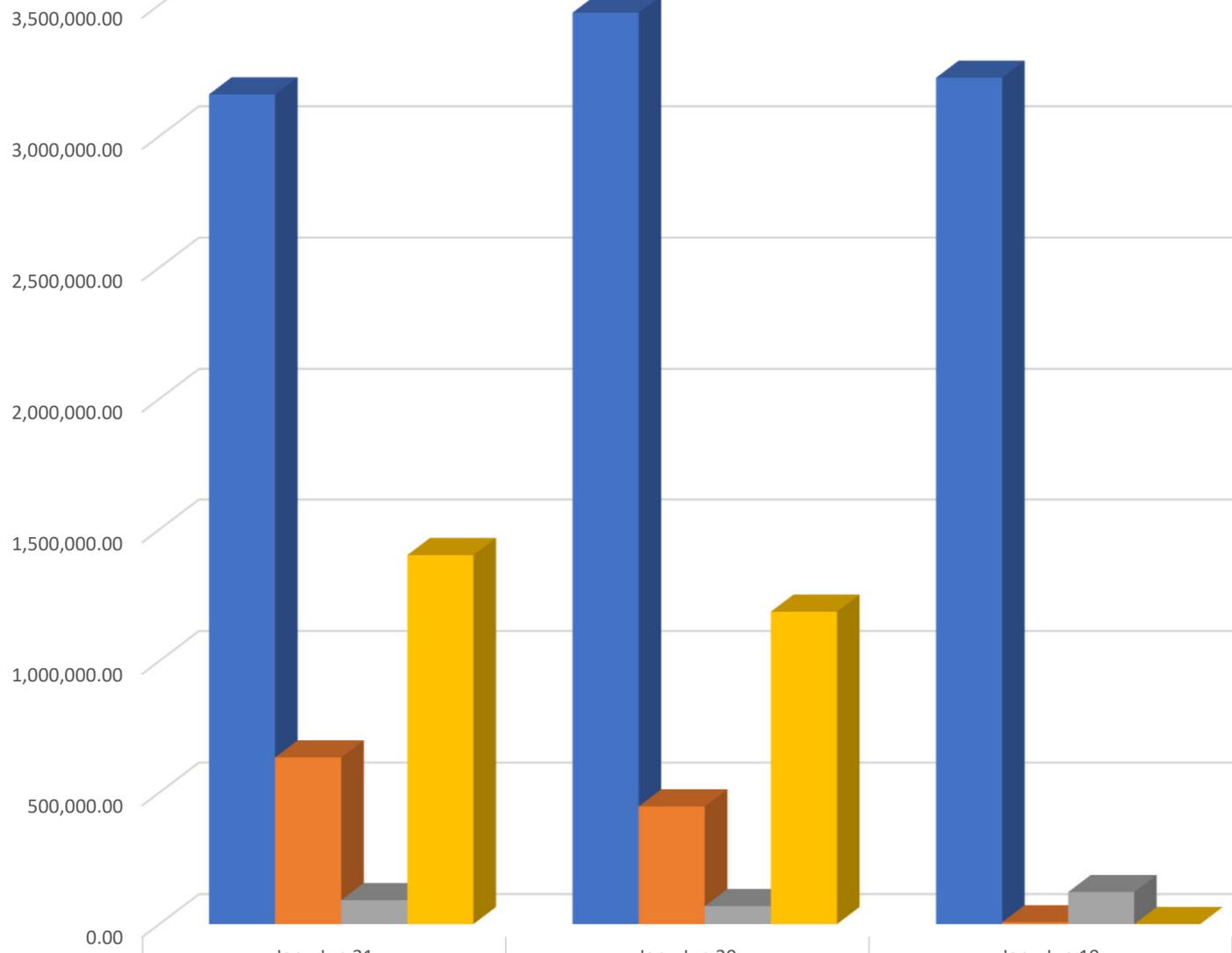
- Continued focus on community relationship building by participation in local groups such as Snohomish County Dental Access Coalition, Snohomish County Funder’s Coalition, Partnership to End Homelessness (PEH) Community Outreach Committee, North Sound ACH Oral Health group, and ongoing membership in UW Bothell Advisory Board and PEH Board.
- Community partner projects and collaborations include with MTI and Helping Hands to coordinate low-barrier, community-based COVID vaccines, with CHC Snohomish County and Edmonds School District to discuss the potential of School-based Health Centers, and with Alliance for Affordable Housing, Snohomish County Human Services Department, Enterprise Community Partners, Puget Sound Regional Council, and city planners from Edmonds, Lynnwood, and Mountlake Terrace to discuss local strategies and partnership opportunities to address housing (stay tuned to learn much more at the 8/11 Housing Study Session!).

## **VII. Fluxx Implementation Update**

- a. Build and demo is happening! Weekly demonstrations of progress with Zoe project managing in partnership with GrantBook and Fluxx contractors.
- b. We are scheduled to complete the build September 15<sup>th</sup> and then will start a month of support in staff and commissioner training. We will concurrently be disseminating and building grantee trainings and will launch the system for the Q4 grant cycle in November.

## **VIII. Housing Study Session August 11<sup>th</sup>**

- a. Friendly Reminder that we have a Commissioner Housing Study Session scheduled 8/11 from 6:00-8:00PM via Zoom. Presentations will include Enterprise Community Partners, Snohomish County, and Cities of Edmonds, Lynnwood, and Mountlake Terrace.
- b. A “read ahead” packet will be sent out on the afternoon of July 28<sup>th</sup> that includes a video of pre-recorded information from Puget Sound Regional Council, Snohomish County Alliance for Housing Affordability, and Snohomish County Housing and Human Services Departments as well as some foundational definitions and support documents to help ground the discussion on 8/11.



7100 · Community Programs - Grants	3,159,066.57	3,470,234.68	3,222,674.70
7200 · Superintendent Discretionary	633,666.80	447,196.01	7,000.00
Total 7300 · Community Programs - Internal	91,212.10	68,513.28	121,769.98
7500 · Building Healthy Communities Fu	1,402,500.00	1,187,500.00	0.00

**Report to Commissioners  
July 28, 2021**

**Verdant Community Wellness Center Report**

Sue Waldin, Community Wellness Program Manager

**Addressing Food Insecurity**

- Distributed 2,675 Verdant-funded fruit and vegetable vouchers since April 2020 to food insecure residents through 12 South Snohomish County partners
- Verdant's DOH Fruit and Vegetable Project (July 1 -Dec 31) serving food insecure seniors through a partnership program with the Edmonds Waterfront Center.

**Prevention and Support Resources for the Community Virtually**

- Navigating Diabetes Today: Use it or Lose It, 6/16/21, 13 participants (CDCES/RDN/Personal Trainer presented info on the importance of regular movement for blood sugar control)
- 6-week Virtual Series on "Weight Loss that Works for You": 13 participants, ongoing 6/23/21-7/28/21 (Co-sponsored with PHD#3 / lifestyle modification program developed by Verdant, taught by a RDN)

**Virtual Programming**

- Cooking Demo: Recipes Fresh from the Farmers' Market, 6/29/21, 36 participants, (RDN sharing Info about local farmers' markets and recipes using healthy, economical, seasonal NW produce)
- Cooking Demo: Fun Techniques for Vegetable Prep for Plant-based Cooking 6/30/21, 45 participants (RDN sharing strategies to promote healthier plant-based eating, session 1 of a 3-part series)
- Cooking Demo: Cooking with Plant-based Proteins, 7/7/21, 40 participants, (RDN sharing strategies to promote healthier plant-based eating, session 2 of a 3-part series)
- Cooking Demo: Budget-friendly Recipes featuring Beets, 7/8/21, 31 participants
- (RDN sharing recipes using fresh and canned beets as an economical and nutritional option to stretch food dollars)
- Recipes from the Blue Zones: Cuisine of Okinawa, Japan, 7/13/21, 26 participants, (The 2<sup>nd</sup> class of a monthly series that features the nutrition and lifestyle habits of long-lived residents in 5 unique Blue Zone communities around the world. Based on the book *Blue Zones Kitchen* and taught by an RDN)
- Cooking Demo: Guide to Cooking with Plant-based Whole Grains, 7/14/21, 44 participants, (RDN sharing strategies to promote healthier plant-based eating, session 3 of a 3-part series)
- Understanding How Nutrition Supports Your Mental Health, 7/20/21, 41 participants, (RDN sharing nutrition info that can help prevent or improve mental health symptoms and conditions)

Note: Sue is the Verdant staff working to support Leo Bejarano, the bilingual Community Resource Advocate, in partnership with VOA and Edmonds College. Currently, Leo does weekly outreach at 3 food banks, the College and LETI. The CRA is expected to move into an Edmonds College office building off 196<sup>th</sup> later this Summer to provide walk-in service to students and the general community.

## **Multicultural Report**

Sandra Huber, Community Engagement Manager

### **Verdant Sponsored Programs**

- Weekly Parent Support Group, Tuesdays 10:30 am, 18 participants
- Weekly Community Health Boards Coalition, Thursdays 6:00-8:00 pm, 33 participants
- Monthly Women's Support Group, third Wednesday of the month, 16 participants
- Connecting, Empowering and Better Accompanying Your Adolescent, March 15-June 21, 39 participants
- Race and Anti-Blackness Community Dialogue, June 5, 2021, 26 participants
- Healing from Loss, June 5, 2021, 9:00 am, 45 participants
- Frank Conversations with Our Children, June 1, 2021, 6:30 pm, 17 participants

### **Community Collaborations**

- Con Confianza y En Comunidad: Hablando sobre COVID-19 y temas que nos afectan, Tuesdays 5:00-7:30 pm, 29 participants
- Snohomish County Latino Coalision (SCLC), Monthly 6:00-7:30 pm, 33 participants
- Health Equity for Immigrants Campaign, Mondays 3:30 pm, 49 participants
- Latinx Health Board, Fridays 1:00 pm, 19 participants
- DOH Collaborative, Wednesdays 4:00 pm, 81 participants
- Community Health Board Coalition, Thursday 6:00-8:00 pm, 22 participants

### **Verdant Community Social Worker Highlights**

Nancy Budd, Community Social Worker

- Case Management – continuing support for 11 clients. CHART – continuing support for 5 clients during this period. Several clients were very active this month, with multiple crises, involuntary commitments and suicidal behaviors. Several have improved their health through accessing treatment for substance use and mental health.
- This past month included weekly team check ins and marketing meetings, monthly staff meeting, grant update meetings, monthly County Outreach Coalition, and County and Human Services Providers meeting. Monthly Snohomish County Community Behavioral Health Committee and Vulnerable Adult Taskforce. Snohomish County Connector's meeting.
- I have worked 6 weeks at Swedish Edmonds. I coordinate work between the psychiatric unit, the emergency departments behavioral health assessment team, and the hospital case management team. The goal is to begin to build rapport with clients before their discharges, in hopes of obtaining better health and wellness outcomes outside of the hospital setting. I have obtained 4 new clients between the units, and I am seeing improved patient results already. The clients are all housed and range in age from 33 to 76. There were an additional 4 referrals, but the clients did not follow through with meeting me after discharge.

## Marketing Report

Jennifer Piplic, Director of Marketing and Communications

### Website Redesign

Aukema & Associates is working with staff to confirm the site map for the new site and will engage community members and class participants in surveys and ultimately focus group to ensure we are meeting their needs in English and Spanish. We are spending time focused on this work to ensure engagement and improve the longevity of the site. We will soon move to wire frames.

### Social Media

The social media strategies and engagement continue to diversify and increase. In June, we posted 23 times and reach (the number of people who saw any of our content) increased 80% compared to May 2021.

### Print/Web-based Media

The articles listed below ran in local media during the month of June 2021.

Date	Publication	Headline	Link
6/2/2021	MLT News	"Registration now open for virtual MLT 5K"	<a href="https://mltnews.com/registration-now-open-for-virtual-mlt-5k/">https://mltnews.com/registration-now-open-for-virtual-mlt-5k/</a>
6/5/2021	The Herald	"Lisa Edwards: What a simple shower means when you're homeless"	<a href="https://www.heraldnet.com/opinion/lisa-edwards-what-a-simple-shower-means-when-youre-homeless/">https://www.heraldnet.com/opinion/lisa-edwards-what-a-simple-shower-means-when-youre-homeless/</a>
6/14/2021	My Edmonds News	"Verdant seeks consulting services to lead CHART program for South Snohomish County"	<a href="https://myedmondsnews.com/2021/06/verdant-seeks-consulting-services-to-lead-chart-program-for-south-snohomish-county/">https://myedmondsnews.com/2021/06/verdant-seeks-consulting-services-to-lead-chart-program-for-south-snohomish-county/</a>
6/14/2021	MLT News	"Verdant seeks consulting services to lead CHART program for South Snohomish County"	<a href="https://mltnews.com/verdant-accepting-health-grant-applications-may-17-28/">https://mltnews.com/verdant-accepting-health-grant-applications-may-17-28/</a>
6/14/2021	Lynnwood Today	"Verdant seeks consulting services to lead CHART program for South Snohomish County"	<a href="https://lynnwoodtoday.com/verdant-seeks-consulting-services-to-lead-chart-program-for-south-snohomish-county/">https://lynnwoodtoday.com/verdant-seeks-consulting-services-to-lead-chart-program-for-south-snohomish-county/</a>
6/16/2021	My Edmonds News	"Verdant seeks consulting services for diversity, equity and inclusion"	<a href="https://myedmondsnews.com/2021/06/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/">https://myedmondsnews.com/2021/06/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/</a>
6/16/2021	MLT News	"Verdant seeks consulting services for diversity, equity and inclusion"	<a href="https://mltnews.com/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/">https://mltnews.com/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/</a>
6/16/2021	Lynnwood Today	"Verdant seeks consultant services for diversity, equity and inclusion"	<a href="https://lynnwoodtoday.com/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/">https://lynnwoodtoday.com/verdant-seeks-consulting-services-for-diversity-equity-and-inclusion/</a>

6/29/2021	My Edmonds News	"Verdant approves funding for \$2.5 million in community health grants"	<a href="https://myedmondsnews.com/2021/06/verdant-approves-funding-for-2-5-million-in-community-health-grants/">https://myedmondsnews.com/2021/06/verdant-approves-funding-for-2-5-million-in-community-health-grants/</a>
6/29/2021	Lynnwood Today	"Verdant approves funding for \$2.5 million in community health grants"	<a href="https://lynnwoodtoday.com/verdant-approves-funding-for-2-5-million-in-community-health-grants/">https://lynnwoodtoday.com/verdant-approves-funding-for-2-5-million-in-community-health-grants/</a>
6/29/2021	MLT News	"Verdant approves funding for \$2.5 million in community health grants"	<a href="https://mltnews.com/verdant-approves-funding-for-2-5-million-in-community-health-grants/">https://mltnews.com/verdant-approves-funding-for-2-5-million-in-community-health-grants/</a>
6/30/2021	Edmonds Beacon	"Verdant approves funding for \$2.5 million in community health grants"	<a href="https://www.edmondsbeacon.com/story/2021/07/01/news/verdant-approves-funding-for-25-million-in-community-health-grants/25201.html">https://www.edmondsbeacon.com/story/2021/07/01/news/verdant-approves-funding-for-25-million-in-community-health-grants/25201.html</a>

# Free Health & Wellness Programs

# August 2021

Offered by the Verdant Health Commission

Class	Date & Time	
<b>VIRTUAL - Teen Cook Along: Blueberry Oat Crumble Bar</b>	Tue, August 10, 1-2 p.m.	 VIRTUAL
<b>VIRTUAL - Recipes from the Blue Zones: Cuisine of Nicoya, Costa Rica</b>	Tue, August 10, 6-7 p.m.	 VIRTUAL
<b>VIRTUAL - Tips to Improve Sleep: A Session with a Doc and Dietitian</b>	Wed, August 11, 12-1:30 p.m.	 VIRTUAL
<b>VIRTUAL - Delicious Recipes Featuring Stone Fruits</b>	Thur, August 12, 2-3 p.m.	 VIRTUAL
<b>VIRTUAL - Teen Cook Along: Stuffed Omelettes</b>	Tue, August 17, 1-2 p.m.	 VIRTUAL
<b>VIRTUAL - Exploring Vegetarian and Vegan Eating Patterns</b>	Tue, August 17, 6-7 p.m.	 VIRTUAL
<b>VIRTUAL - Teen Cook Along: Mexican Street Corn Pasta Salad</b>	Thur, August 19, 1-2 p.m.	 VIRTUAL
<b>VIRTUAL - Cooking Demo: August's Rainbow of Produce at Farmers' Markets</b>	Tue, August 24, 6-7 p.m.	 VIRTUAL
<b>IN PERSON - Cooking Demo at the Park: Summer Grilling Success!</b>	Wed, August 25, 2-3 p.m. Wed, August 25, 5:30-6:30 p.m.	 IN PERSON

Registration is required for classes. Visit [verdanthealth.org/events](https://verdanthealth.org/events) or call (425) 582-8600.

## Connect with Verdant:

 Visit us at  
[verdanthealth.org](https://verdanthealth.org)

 Like us on Facebook at  
[facebook.com/verdanthc](https://facebook.com/verdanthc)

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[@VerdantHealth](https://twitter.com/VerdantHealth)

 e-Newsletters  
[verdanthealth.org](https://verdanthealth.org)



HEALTH COMMISSION  
4710 196th St. SW | Lynnwood, WA 98036

# We're back! Join us at free community walks

July 12 - September 2, 2021



## Lynnwood

Mondays at 6:00 p.m.  
Verdant Community  
Wellness Center  
4710 196th St. SW



## Edmonds

Tuesdays at 9:30 a.m.  
Edmonds Waterfront Center  
220 Railroad Ave.



## Mountlake Terrace

Wednesdays at 9:30 a.m.  
Mountlake Terrace  
Recreation Pavilion  
5303 228th St. SW



## Lynnwood

Thursdays at 6:00 p.m.  
Lynnwood Rec Center  
18900 44th Ave. W

## Enjoy the outdoors and meet new people

- Walks are typically 2-3 miles and routes will vary based on location.
- Prior to your first walk, please complete the one-time registration form online and then walk as often as you want — no further sign-up needed. Use the QR code below or visit [south-county-walks.eventbrite.com](https://south-county-walks.eventbrite.com) to register.
- Drawing for prizes will be available! Walk from one site = one entry. Two sites = two entries. Three sites = three entries. Four sites = four entries. Prize details coming soon!

For more information, visit [verdanthealth.org](https://verdanthealth.org)  
or call (425) 582-8600.

