

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**BOARD OF COMMISSIONERS**  
Regular Meeting  
AGENDA  
February 22<sup>nd</sup>, 2023  
8:00 a.m. to 10:00 a.m.

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The public can participate in person at the Verdant Community Wellness Center or join via Zoom by visiting <https://us02web.zoom.us/j/83042983170> Meeting ID: 830 4298 3170 or the call-in number is 253-215-8782.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00am	---
B. Land & Enslaved People’s Acknowledgement	---	8:01am	3
C. Consent Agenda:	Action	8:03am	4-21
1. Approval of Minutes:			
a. January 24, 2023 Special Board Meeting			
b. January 25, 2023 Regular Board Meeting			
c. January 30, 2023 Special Board Meeting			
d. February 9, 2023 Special Board Meeting			
e. Grant Contract Extensions:			
i. Lynnwood Food Bank			
ii. Millenia Ministries			
iii. South County Fire			
D. Public Comments (limit 3 minutes per speaker)	Information	8:05am	---
E. Executive Committee Report	Information	8:20am	---
F. Food Security Discussion Panel	Information	8:22am	---
• Lynnwood Food Bank, Alissa Jones			
• Edmonds Food Bank, Andrew Brokaw			
• Concern for Neighbors Food Bank, Mike Begeman			
• Foundation for Edmonds School District, Deb Brandi			
G. Superintendent Report	Information	9:12am	---
1. Verdant Operations			
2. Community Outreach Update			
H. Program Committee Report			
1. Conflicts of Interest	Information	9:20am	---
2. Next Funding Cycle	Information	9:21am	22-23
I. Finance Committee Report			
1. Review Financial Statements & Cash Activity	Information	9:25am	24-33

2. Authorization of Payments of Vouchers and Payroll	Action	9:35am	34-35
3. Resolution 2023:02 PEBB Health Benefit Application & Attestation	Action	9:37am	36-39
J. Public Comments (limit 3 minutes per speaker)	Information	9:45am	---
K. Commissioner Comments	Information	9:55am	---
L. Adjournment	---	10:00am	---



## **– Land & Enslaved People’s Acknowledgment –**

Public Hospital District #2, Snohomish County (the Verdant Health Commission), recognizes that we live and work on the ancestral homelands and traditional territories of Indigenous peoples who have been here since time immemorial.

We also recognize that many enslaved and contracted peoples were forced to dedicate their work to the construction of what is now the South Snohomish County area.

In recognition that this land is colonized Indigenous territory that has been designated through slaves and hired labor, it is our collective responsibility to critically interrogate the stories and later lives of these people, and to honor, protect and sustain this land.

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**January 24, 2023**

**5:00 p.m.-7:00 p.m.**

**Commissioners Present**

Jim Distelhorst, MD, President  
 Deana Knutsen, Commissioner  
 Carolyn Brennan, Commissioner  
 Karianna Wilson, Commissioner  
 Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, CPA, Director of Finance  
 Leslie Silverman, Interim Director of Community Impact & Grantmaking  
 Erin Boehm, Interim Grants Manager  
 Kaysi Caballero, Executive Assistant/Office Manager  
 Monika Star, Wellness Center Assistant  
 Nancy Budd, Community Social Worker

**Guests**

Dave, Lahai Health

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 7:00 p.m. by President Distelhorst.

**Land and Enslaved People’s Acknowledgement**

President Distelhorst read the acknowledgement.

**Discussion: Review of Spring 2023 Grant Applications**

President Distelhorst reported that the Board is reviewing a handful of grant applicants at this special meeting which required additional discussion between all Commissioners.

Funding Applications Discussed (E:01:23):

1. Foundation for Edmonds School District: **Commissioners agreed to partially fund for \$140,000.**
2. Lahai Health: **Commissioners agreed to fully fund for \$285,000.**
3. YMCA of Greater Seattle: **Commissioners agreed to partially fund for \$73,000.**
4. YWCA Seattle, King, Snohomish: **Commissioners agreed to partially fund for \$73,000.**

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5. Edmonds Center for the Arts: **Commissioners agreed to partially fund for \$10,000 for the dementia portion of their program only.**
6. Korean Community Service Center: **Commissioners agreed to fully fund for \$164,000.**
7. Community Health Center of Snohomish County (CHC): **For now, Commissioners agreed to partially fund for \$200,000 total with \$100,000 allocated to their dental program and \$100,000 allocated to the school-based health center.** The Board will await making its final recommendation until they see the external program budget at the end of tonight's meeting.
8. Chinese Service Center: **Commissioners agreed to decline funding and will encourage them to apply for funding via Superintendent's Discretionary as a smaller budget startup program.**
9. Drug Abuse Council of Snohomish County: **Commissioners agreed to fully fund for \$161,522.**
10. WA West African Center: **Commissioners agreed to partially fund for \$115,000, same amount as last year.**
11. LETI: **Commissioners agreed to fully fund for \$68,722.50.**
12. Snohomish County Legal Services: **Commissioners agreed to decline funding and will encourage them to apply for funding via Superintendent's Discretionary with a more defined budget for mental health.**

Ms. Silverman presented the six grant applications which did not advance to Commissioner scoring due to missing or incomplete applications.

Dr. Edwards received clarity from our attorney that in order for Verdant to continue any of these current contracts, we would still have to decline their funding for this Spring 2023 grant cycle before setting up a continuation contract. Commissioners are supportive of continuing funding for grant applicants 1-3 below for an additional six-months.

1. **South County Fire** (current contract)
2. **Millenia Ministries** (current contract)
3. **Lynnwood Food Bank** (current contract)
4. Support 7 (previously Superintendent's Discretionary)
5. Cascadia Art Museum (new applicant)

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6. City of Edmonds Human Services (new applicant)

Summary of funding recommendations not discussed at tonight’s meeting:

Applications Commissioners Agreed to Partially fund:

- 1. ChildStrive (76% of request)
- 2. LETI (91% of request)
- 3. Kindering (21% of request)
- 4. UTSAV (65% of request)
- 5. Project Access NW (67% of request)
- 6. Helping Hands (42% of request)
- 7. Homage (50% of request)
- 8. Wonderland (50% of request)
- 9. Compass Health (42% of request)

Applications Commissioners Agreed to Fully fund:

- 1. Edmonds Food Bank
- 2. Edmonds School District
- 3. Edmonds Senior Center
- 4. Medical Teams International
- 5. Prescription Drug Assistance Foundation
- 6. Center for Human Services
- 7. Boys and Girls Club of Snohomish County
- 8. Edmonds School District
- 9. Domestic Violence Services of Snohomish County
- 10. Edmonds College Foundation
- 11. Parent Trust for WA Children
- 12. Project Girl

**Commissioner  
Comments**

President Distelhorst commented that the Board is not planning to discuss these grant applications at its regular meeting tomorrow 1/25/23 at 8:00am but will discuss further at its special meeting on Monday 1/30/23 where they will be making final funding decisions.

**Adjournment**

The meeting was adjourned at 7:21 p.m. by President Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**January 25, 2023**

**8:00 a.m.-10:00 a.m.**

**Commissioners  
Present**

Jim Distelhorst, MD, President  
Deana Knutsen, Commissioner  
Carolyn Brennan, Commissioner  
Karianna Wilson, Commissioner  
Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
Riene Simpson, CPA, Director of Finance  
Leslie Silverman, Interim Director of Community Impact &  
Grantmaking  
Erin Boehm, Interim Grants Manager  
Kaysi Caballero, Executive Assistant/Office Manager  
Monika Star, Wellness Center Assistant  
Nancy Budd, Community Social Worker

**Guests**

William Davis, Payden & Rygel  
Asha Joshi, Payden & Rygel  
Christine Benda, JPC Architects  
Maddie Lewis, JPC Architects  
Brian Trapp, JPC Architects  
Snow Berger, ChildStrive  
Pam Hurst  
Tom Laing, LETI  
Marisol Bejarano, LETI  
Sally Ault  
Alella  
Liz Flores-Marcus  
Rachel Biagi  
Rod S.

**Call to Order**

The regular meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:00 a.m. by President Distelhorst.

**Land and  
Enslaved People's  
Acknowledgement**

President Distelhorst read the acknowledgement.

**Consent Agenda**

***Commissioner Knutsen made a motion to approve all items included on the consent agenda, Commissioner Knowles seconded. Motion passed.***

Commissioners Meeting  
January 25, 2023

Consent Agenda (E:02:23)

1. Approval of Minutes:
  - a. November 22, 2022 Special Board Meeting
  - b. December 21, 2022 Regular Board Meeting
2. Officer Nominations & Committee Assignments for 2023

**Public Comments** None.

**Executive Committee Report** President Distelhorst reported that Executive Committee met on January 19<sup>th</sup> to approve the agenda for today’s meeting and review grant applications. No action was taken at Executive Committee meeting. Grant applications were further reviewed by the full board at its special meeting on January 24<sup>th</sup> and the Board will be making its final award decisions at the special meeting on January 30<sup>th</sup> at 5:00-8:00pm.

**Superintendent’s Report** Dr. Edwards explained the work of the team over the last month in reviewing grant applications with our new grantmaking process. Recently, the Verdant team met with United Healthcare, City of Lynnwood, and Virginia Mason Franciscan Health to talk about the work we do and how we can potentially partner on projects to benefit our community.

**Presentation: Verdant Marketing** Mr. Mathis presented Verdant’s visibility strategies for 2023, including goals for raising awareness of Verdant in the community and increasing followers on social media (E:03:23). He further detailed the “Verdant Cares” campaign to introduce Verdant to the community as a community resource and wellness advocate.

President Distelhorst asked how Verdant plans to be active on TikTok?

- Mr. Mathis answered he and the social media intern, Diana, have been brainstorming ways to bring humor to our followers and show them we are real people too.

**Approval of Updated Readerboard** Mr. Mathis presented Commissioners with two quotes for updating the reader board for the front of the Verdant Community Wellness Center and asked for approval to begin service (E:04:23). Our current sign is grandfathered in with its city permits but is so old that the lightbulbs are no longer made, so we are at a point to require updating the board. The new sign will allow us remote access to update the sign away from the office if, for example, we must close the center due to severe weather.

Commissioner Wilson asked how UltraVision will provide this service if they are based out of Texas?

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- Mr. Mathis answered that a lot of sign companies are not local, and they outsource providers for our area.

Commissioner Knowles asked if this is something that has to be approved by the Board if it is already in the budget?

- Dr. Edwards answered that she wanted to bring it forward for review and approval due to the high dollar amount as it was over the \$25,000 threshold.

**Commissioner Wilson made a motion to approve the proposal from UltraVision for updating the readerboard sign, Commissioner Knutsen seconded. Motion passed.**

**Program Report**

Conflicts of Interest      None.

Grant Modification      (E:05:23)  
Requests:

1. Edmonds School District Move60!      Ms. Silverman explained the request from Edmonds School District to re-purpose \$1,500 from their Move60! supplies budget to support participation at the annual Health and Fitness Expo in May 2023. This request simply moves the \$1,500 from one budget line to another.

**Commissioner Knutsen made a motion to approve the \$1,500 change in their budget, Commissioner Wilson seconded. Motion passed.**

2. South Snohomish County Swim Voucher program      Ms. Silverman provided historical background about the South Snohomish County Swim Voucher program and the need to increase the program budget by \$15,000 to support its remaining anticipated swim vouchers before the program closes 3/31/23.

**Commissioner Knutsen made a motion to approve the \$15,000 increase in their budget, Commissioner Wilson seconded. Motion passed.**

Spring 2023 Grant Cycle Update      Ms. Silverman Walked through the timeline of the current Spring 2023 grant cycle. Commissioners will be making their final award decisions at a special meeting on Monday, January 30<sup>th</sup> at 5:00-8:00pm. She continued to provide dates for the next grant application cycle for Fall 2023.

**Finance Report**

Dr. Edwards requested to move the monthly financial report up on the agenda since we are running ahead of schedule and need to wait for our presenters to join the meeting.

Review Financial Statements & Cash Activity      Ms. Simpson walked Commissioners through the preliminary year-to-date December 2022 balance sheet and statement of

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income, highlighting any substantial line items for Commissioners to be aware (E:06:23).

Commissioner Wilson asked when we get a grant repayment/refund, does that go back into our operating expense?

- Ms. Simpson answered, yes, from an accounting standpoint, these grant repayments do not reduce our grant expense and will be returned to operating expense instead.

Commissioner Wilson clarified when the 3% increase of Swedish Edmonds’ rental income will halt?

- Ms. Simpson answered, in 2025. She further explained, starting in 2025, the rental income from the hospital will be flat and will no longer increase 3% annually for the remaining 15 years of the hospital lease term.

Commissioner Knowles asked who is allocated as “program” staff in the pie chart on page 26 of the meeting packet (see E:06:23).

- Ms. Simpson pointed out a footnote on this report, showing it includes 4.75 FTE, those who are dedicated full-time to the internal and external programs of Verdant.

Authorization of Payments of Vouchers and Payroll

Authorization for payment of vouchers and payroll: Warrant numbers 15885 through 15930 and references B-C for December 2022 for payment in the amount of \$283,095.88 were presented for approval (E:07:23).

***Motion was made by Commissioner Brennan, seconded by Commissioner Wilson and passed unanimously to approve the warrants.***

Presentation: Payden & Rygel

Ms. Joshi presented the historical investment performance of Verdant’s \$54.2 million portfolio (E:08:23). She explained the different types of clients and investment strategies they manage. Mr. Davis explained how the portfolio changed over the years when Verdant was able to invest 100% in mutual funds in the year 2010. Ms. Joshi provided a history of what happened with the economy in 2020-2022 and Payden & Rygel’s predictions through Q3 2023. Mr. Davis presented the portfolio and characteristics of Verdant’s investment portfolio as of 12/31/2022.

Presentation: JPC Architects

Ms. Benda and Mr. Trapp provided a status update on the Kruger Clinic refresh project, to showcase the 3-D renderings for the interior and exterior of the redesigned clinic. This project

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began in 2021. Ms. Biagi presented the renderings for the interior design of the Kruger Clinic (E:09:23). Ms. Trapp presented the exterior renderings for the Kruger Clinic (E:10:23). He explained the goal for the exterior of the clinic is to fit closer to that of the Swedish Edmonds campus. The two buildings for Kruger Clinic will be pulled together with more of a streamlined design of the external cladding. Commissioners commented that it looks great, and they like the way the design is coming along.

#### Property Updates

Dr. Edwards provided a brief update on the District's properties. She reported that the Kruger Clinic refresh project is on schedule and Verdant met at JPC Architects recently to finalize internal and external finishes which were presented today. Soon, she and Ms. Simpson, along with our Property Manager JSH Properties, will be meeting with the Kruger Clinic tenants to show them these designs and provide an updated timeline on the project so tenants are aware of how their staff and clients may be impacted when construction begins. We will also be discussing the cost of security for Kruger Clinic since we have had complaints from a few tenants on the high cost.

The Value Village parking lot continues to be rented by Westwater Construction to hold their equipment for nearby construction.

Verdant Community Wellness Center will be installing two new cameras and motion lights at the back entrances to monitor activity in the back of the building as there have been some safety concerns. Verdant staff is considering safety measures we can take at the front entrance to ensure safety of staff.

We are still waiting to hear from South County Fire on the status of their funding for cleaning the contamination at the Value Village property. Commissioner Wilson asked when we will have an updated timeline of the sale once South County Fire has the funding for the cleanup. Dr. Edwards answered that South County Fire was informed the cleanup could take up to 45 days once it begins.

#### Public Comments

Pam Hurst: Lynnwood resident 98037. She appreciates the Verdant team introducing themselves as they speak during the meeting. She is excited to hear Mr. Mathis talk about how to include people with disabilities in their community involvement. She spoke about her background with the deaf community and offered to provide free input to Verdant into ways we can involve the deaf community and what to be aware of regarding the Rehabilitation Act of 1973.

Laura Allen: Labor and Delivery Nurse at the Swedish Family & Birth Center and wanted to provide an update to Commissioners. The clinic continues to work hard to provide the community with these birth and family services. They provide these services at a higher rate compared to last year and anticipate even more deliveries in 2023. They appreciate Verdant’s support and want to continue the involvement with Commissioners.

**Commissioner  
Comments**

Commissioner Knutsen appreciates hearing from community Pam Hurst about the hearing center since her son has visited that same center. She thanked the person from the birth center as all three of her sons were born at Swedish Edmonds. She thanked the staff for their hard work.

Commissioner Knowles asked if the crack at the front entrance of the Verdant Community Wellness Center is growing or maintaining? Dr. Edwards reported the crack is stable, but we are monitoring it during the construction along 196<sup>th</sup>. We are hopeful that the construction along 196<sup>th</sup> will be done on schedule (at the rate of 1 mile per year).

Commissioner Wilson thanked Laura Allen for providing her update about the Swedish Family & Birth Center. She thanked the Verdant staff and fellow Commissioners for their work in scoring grants with the recent funding cycle.

Commissioner Brennan thanked the members of the public for attending and providing their comments. She thanked staff for their hard work.

**Adjournment**

The meeting was adjourned at 9:52 a.m. by President Distelhorst.

**ATTEST BY:**

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President

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Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom  
January 30, 2023  
5:00 p.m.-8:00 p.m.**

**Commissioners  
Present**

Jim Distelhorst, MD, President  
Deana Knutsen, Commissioner  
Carolyn Brennan, Commissioner  
Karianna Wilson, Commissioner  
*\* Bob Knowles, Commissioner (excused absence)*

**Staff**

Dr. Lisa Edwards, Superintendent  
Riene Simpson, CPA, Director of Finance  
Leslie Silverman, Interim Director of Community Impact & Grantmaking  
Erin Boehm, Interim Grants Manager  
Kaysi Caballero, Executive Assistant/Office Manager  
Monika Star, Wellness Center Assistant  
Nancy Budd, Community Social Worker  
Kirk Mathis, Digital Communications & Marketing Manager  
Sandra Huber, Community Engagement Manager

**Guests**

Kit Massengale  
Lahai Health  
Marisol Bejarano  
Tom Laing

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 5:02 p.m. by President Distelhorst.

**Land and  
Enslaved People's  
Acknowledgement**

President Distelhorst read the acknowledgement.

**Discussion:  
Review of Spring  
2023 Grant  
Applications**

Ms. Silverman presented a portfolio balance of all grant applications received (E:11:23), the proposed proposal recommended to fund, and what amount of funding will be remaining. Fifteen applicants will be discussed this evening who are under review for final recommendation of partial funding.

President Distelhorst clarified how Verdant has split its funding with this first grant cycle of the year. Verdant has \$8.2 Million budgeted for the year 2023 and has front-loaded the funding for \$5.9 Million in this first cycle of the year and the remaining balance to be paid out in the Fall 2023 cycle. If the Board

doesn't approve the full \$5.9 Million with this cycle, it will roll over to the budget for the Fall 2023 cycle.

Ms. Boehm shared some statistics on this Spring pool of grant applicants and funding status (E:12:23). There are 14 applications for a total of \$1,438,128 which will not be funded due to low score and/or incomplete applications.

Commissioners will have a chance to provide feedback on this grantmaking process via a short 6-7 question survey, then discuss the feedback in the February committee meetings.

- Ms. Silverman added we are looking forward to the discussion about our grantmaking, how it aligns with our strategic priorities, and what we want to see from these organizations we support in the future.

Ms. Silverman walked Commissioners through the 15 applicants recommended to partially fund, to determine if there are any changes in the recommendations by the Board, before final funding decisions are made (E:13:23).

- Commissioners are comfortable with the funding decisions they made at the 1/24/23 Special Board meeting and have no changes for tonight's approval.

Dr. Edwards asked Commissioners whether the remaining \$1.29 Million balance will be moved to the Fall 2023 budget for future funding. Commissioners agreed to move the remaining balance to the next cycle. This remaining balance will be available to spend in Fall 2023 for a total grant budget of \$5.5 Million.

Dr. Edwards asked Commissioners when they will decide which Commissioners/committee is involved in scoring the Fall 2023 cycle – if all will review again or if just the Program Committee will review the next grant applicants.

- Commissioner Wilson would like to discuss with the full board how they plan to score the Fall 2023 grants.

**Spring 2023 Grant Award Decisions**

***President Distelhorst made a motion to approve the Spring 2023 funding requests as follows in the table below, Commissioner Wilson seconded. Motion passed.***

<b>Priority Area</b>	<b>Applicant</b>	<b>Amount Awarded</b>
Food Security	Edmonds Food Bank	\$121,000.00
Food Security	Foundation for Edmonds School District	\$140,000.00
Food Security	Helping Hands Project Organization	\$60,000.00
Food Security	Homage	\$260,000.00
Food Security	Interfaith Association of Northwest Washington	\$0.00
Food Security	Lynnwood Food Bank	\$0.00

Food Security	Millennia Ministries	\$0.00
Food Security	Puget Sound Kidney Centers Foundation	\$0.00
Food Security SUBTOTAL		\$581,000.00
Healthcare Access	Becks Place	\$0.00
Healthcare Access	ChildStrive	\$260,000.00
Healthcare Access	Chinese service center	\$0.00
Healthcare Access	Community Health Center of Snohomish County	\$200,000.00
Healthcare Access	Edmonds School District	\$71,390.00
Healthcare Access	Edmonds Senior Center	\$96,000.00
Healthcare Access	Kinderling	\$40,000.00
Healthcare Access	Lahai Health	\$285,000.00
Healthcare Access	Latino Educational Training Institute	\$101,000.00
Healthcare Access	Medical Teams International	\$150,000.00
Healthcare Access	Prescription Drug Assistance Foundation	\$60,000.00
Healthcare Access	Project Access NW	\$100,000.00
Healthcare Access	South County Fire	\$0.00
Healthcare Access	UTSAV	\$75,000.00
Healthcare Access	Wonderland Child and Family Servcies	\$150,000.00
Healthcare Access	YMCA of Greater Seattle	\$73,000.00
Healthcare Access	YWCA Seattle, King, Snohomish	\$73,000.00
Healthcare Access SUBTOTAL		\$1,734,390.00
Mental Health	Boys & Girls Clubs of Snohomish County	\$100,000.00
Mental Health	Cascadia Art Museum	\$0.00
Mental Health	Center for Human Services	\$176,000.00
Mental Health	City of Edmonds Human Services	\$0.00
Mental Health	Compass Health	\$225,000.00
Mental Health	Domestic Violence Services of Snohomish County	\$198,000.00
Mental Health	Drug Abuse Council of Snohomish County dba Sound Pathways/Pacific Treatment Alternatives	\$161,522.00
Mental Health	Edmonds Center for the Arts	\$10,000.00
Mental Health	Edmonds College Foundation	\$206,441.00
Mental Health	Edmonds School District	\$450,000.00
Mental Health	Gambian Talents Promotion now Washington West African Center	\$115,000.00
Mental Health	Inside Health Institute	\$0.00

Mental Health	Korean Community Service Center	\$164,000.00
Mental Health	Latino Educational Training Institute	\$68,722.50
Mental Health	Madres de Casino Rd (Fiscal Sponsor: Little Red School House - ChildStrive)	\$0.00
Mental Health	Northwest Neighbors Network	\$0.00
Mental Health	Parent Trust for Washington Children	\$30,447.00
Mental Health	Project Girl Mentoring Program	\$130,000.00
Mental Health	Snohomish County Legal Services	\$0.00
Mental Health	Support 7	\$0.00
Mental Health		
<b>SUBTOTAL</b>		<b>\$2,035,132.50</b>
	<b>GRAND FUNDING TOTAL</b>	<b>\$4,350,522.50</b>

**Commissioner Comments**

Commissioner Knutsen appreciates the hard work that staff did to prepare for this grantmaking cycle.

President Distelhorst would like the community to know Verdant’s three priority areas of Food Security, Mental Health, and Healthcare Access and how strongly we feel about them so they are aware how closely we will align with those priorities.

Commissioner Wilson would like to at least be able to view the applicants, even if she is not required to score Fall 2023 applicants, so that she can be fully informed before making final funding decisions.

**Adjournment**

The meeting was adjourned at 6:28 p.m. by President Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

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Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
**VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Special Meeting**

**Hybrid: In-Person at Verdant Community Wellness Center and via Zoom**

**February 9, 2023**

**5:00 p.m.-7:00 p.m.**

**Commissioners Present**

Jim Distelhorst, MD, President  
 Karianna Wilson, Commissioner  
 Carolyn Brennan, Commissioner  
 Deana Knutsen, Commissioner  
 Bob Knowles, Commissioner

**Staff**

Dr. Lisa Edwards, Superintendent  
 Riene Simpson, Director of Finance  
 Monika Star, Wellness Center Assistant  
 Kaysi Kelly, Executive Assistant/Office Manager

**Guests**

Matt Ellsworth, AWPHD  
 Howard Thomas, Thomas & Associates  
 Brad Berg, Foster Pepper

**Call to Order**

The special meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 5:02 p.m. by President Distelhorst.

**Land and Enslaved People’s Acknowledgement**

President Distelhorst read the acknowledgement.

**PHD Community Contributions: Matt Ellsworth, Executive Director, AWPHD**

Mr. Ellsworth, AWPHD, provided a historical context of Verdant as a Public Hospital District (PHD) and how it compares to other PHDs. Verdant has a unique model as they do not currently run a hospital. One of its challenges is that the community may not understand Verdant is a hospital district and thinks instead it is a charitable foundation. He continued that Verdant has an extraordinary model for community giving, outside of also being a PHD. The impact of Verdant’s dollars given is incredible.

Commissioner Brennan asked if Mr. Ellsworth had any suggestions for how Verdant can change its public image so people better understand how we are structured and what we can and cannot do.

- Ms. Ellsworth answered that other PHDs have found success in clearing up this confusion by consistently referring to themselves as a “community owned organization” or “community owned hospital district.” He recommends for those Commissioners who live within Verdant’s service district to check how their property tax

Commissioners Meeting  
February 9, 2023

bill shows Verdant/PHD#2 to understand how the public might see you on their tax bill.

Commissioner Brennan asked Mr. Ellsworth if he had suggestions on how to show the public that Verdant’s Commissioners are elected.

- Mr. Ellsworth suggested to consistently refer to Commissioners as “elected officials” or “elected Commissioners.”

President Distelhorst thanked Mr. Ellsworth for his time and for coordinating the Public Hospital District group meetings to encourage collaboration and information sharing among hospital districts.

**Executive Session** President Distelhorst moved the meeting into executive session at 5:17 p.m. to review and consider proposed sale of real estate and to evaluate the performance of a public employee. Executive session will end at 6:55 p.m. and no action will be taken during this time.

Executive session was extended to 7:00 p.m.

**Open Session** President Distelhorst returned the meeting back to open session at 7:00 p.m.

**Adjournment** The meeting was adjourned at 7:01 p.m. by President Distelhorst.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary



PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON  
d/b/a VERDANT HEALTH COMMISSION

### Notice of Contract Amendment

**Issue Date:** February 22, 2023

**Lynnwood Food Bank Contract #A471, Focus on Nutrition, contract end date will now be September 30, 2023, for an additional \$26,000.00. Additionally, payments will be made on April 15, 2023 and July 15, 2023 for \$13,000 each. The final report will be due October 30, 2023.**

At the February 22, 2023, Board Meeting of the Verdant Health Board of Commissioners, the Board approved the following:

- Six-month continuation of funding for existing contract # A4471 currently expiring March 31, 2023, creating a continuation of this contract with a new end date of September 30, 2023.
- Contracts will not be eligible for non-renewal payments at the end of the updated term.
- Contractors will need to continue demonstration of performance towards outcomes for the duration of the additional six months. The final report date will be pushed back six months to October 30, 2023, to reflect a total of 21 months of programming support.
- To be eligible for funding that starts October 1, 2023, the applicant must apply during the application period of May 1, 2023 through May 31, 2023.

**We acknowledge that we have received this information and agree to these terms:**

**Verdant Health Commission**

\_\_\_\_\_  
**Lisa Edwards, Superintendent**

\_\_\_\_\_  
**Date**

**Lynnwood Food Bank**

\_\_\_\_\_  
**Alissa Jones, Executive Director**

\_\_\_\_\_  
**Date**



PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON  
d/b/a VERDANT HEALTH COMMISSION

### Notice of Contract Amendment

**Issue Date:** February 22, 2023

**Millennia Ministries #A485, Focus on Mobile Manna, contract end date will now be September 30, 2023, for an additional \$71,920. Additionally, payments will be made on April 15, 2023 and July 15, 2023 for \$35,960 each. The final report will be due October 30, 2023.**

At the February 22, 2023, Board Meeting of the Verdant Health Board of Commissioners, the Board approved the following:

- Six-month continuation of funding for existing contract # A485 currently expiring March 31, 2023, creating a continuation of this contract with a new end date of September 30, 2023.
- Contracts will not be eligible for non-renewal payments at the end of the updated term.
- Contractors will need to continue demonstration of performance towards outcomes for the duration of the additional six months. The final report date will be pushed back six months to October 30, 2023, to reflect a total of 21 months of programming support.
- To be eligible for funding that starts October 1, 2023, the applicant must apply during the application period of May 1, 2023 through May 31, 2023.

**We acknowledge that we have received this information and agree to these terms:**

**Verdant Health Commission**

\_\_\_\_\_  
**Lisa Edwards, Superintendent**

\_\_\_\_\_  
**Date**

**Millennia Ministries**

\_\_\_\_\_  
**Leilani Miller**

\_\_\_\_\_  
**Date**



PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON  
d/b/a VERDANT HEALTH COMMISSION

### Notice of Contract Amendment

**Issue Date:** February 22, 2023

**South County Fire Contract #A466, Community Resource Paramedic, contract end date will now be September 30, 2023, for an additional \$131,963. Additionally, two payments will be made on April 15, 2023 and July 15, 2023 for \$65,981 each. The final report will be due October 30, 2023.**

At the February 22, 2023, Board Meeting of the Verdant Health Board of Commissioners, the Board approved the following:

- Six-month continuation of funding for existing contract # A466 currently expiring March 31, 2023, creating a continuation of this contract with a new end date of September 30, 2023.
- Contracts will not be eligible for non-renewal payments at the end of the updated term.
- Contractors will need to continue demonstration of performance towards outcomes for the duration of the additional six months. The final report date will be pushed back six months to October 30, 2023, to reflect a total of 21 months of programming support.
- To be eligible for funding that starts October 1, 2023, the applicant must apply during the application period of May 1, 2023 through May 31, 2023.

**We acknowledge that we have received this information and agree to these terms:**

**Verdant Health Commission**

\_\_\_\_\_  
**Lisa Edwards, Superintendent**

\_\_\_\_\_  
**Date**

**South County Fire**

\_\_\_\_\_  
**Shawneri Guzman, Community Outreach Manager**

\_\_\_\_\_  
**Date**

## Strategic Priority Focus: Food Security

Verdant Health Commission Board Meeting

February 22, 2023

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- At 2023 board meetings, commissioners will examine the work that is underway in each of our 2023-24 strategic priority areas and engage with community partners who have been funded in this work to **deepen our understanding** of the issues and challenges that they are addressing and explore collaborative and innovative efforts that are underway.
- Food Security is the priority focus for the February 2023 board meeting.
- The Board packet includes a summary of food security strategies and objectives, and a table of food security-related grants culminating in 2023 and approved in 2023.

### Strategic Funding Priority: Goal and Objectives

**Goal: All residents have access to nutritious food that supports their health needs.**

**Definition:** Nutritious food is available to support the health needs of each resident.

#### **Objectives**

- Food banks and pantries meet the immediate needs of residents
- Food programs nourish residents of PHD#2 in culturally relevant ways
- Dietary and nutritional classes help residents to make informed food choices

**Strategy: In the next 12 to 18 months, we will:**

- Encourage the growth of local food distribution hubs with wrap around services
- Connect transportation partners to agencies to make food pick up convenient
- Offer classes and services to residents that consider culture, nutrition and cooking
- Expand community use of the Verdant Kitchen
- Continue to support fruit and vegetable voucher distribution

## GRANT PORTFOLIO 2023: Food Security Focus

Verdant funds are currently invested in the following 15 food security programs and services for a combined total of \$1,967,785. The tables below include grants awarded in 2022 culminating in 2023 and grants awarded in January 2023.

### **Partners identifying Food Security as Primary Focus:**

<b>Fund Partner</b>	<b>Project</b>	<b>Award Amount</b>
Concern for Neighbors Foodbank	<i>Supplementary Food Purchase</i>	\$15,000
Edmonds College Foundation	<i>Edmonds College Food Security Program</i>	\$50,000
Edmonds Food Bank	<i>Increased Focus on Nutrition and Culturally Appropriate Foods</i>	\$121,000
Foundation for Edmonds School District	<i>Nourishing Network – working to end food insecurity</i>	\$140,000
Helping Hands Project Organization	<i>Culturally Appropriate Food for Low-Income BIPOC</i>	\$60,000
Homage	<i>Homage Seniors Meals and Mental Health Access</i>	\$260,000
Lynnwood Food Bank	<i>Focus on Nutrition</i>	\$52,000
Millennia Ministries	<i>Mobile Manna: Moving from Surviving to Thriving</i>	\$191,785
UTSAV	<i>Community Food and Coordination</i>	\$50,000
Washington Kids in Transition	<i>Distribution Center Year 2</i>	\$125,000

### **Partners identifying Food Security as Secondary Focus:**

<b>Fund Partner</b>	<b>Project</b>	<b>Award Amount</b>
Edmonds School District	<i>Secondary Family Resource Advocates</i>	\$450,000
Gambian Talents Promotion now Washington West African Center	<i>Extended Drop-in Center for mental health and food security</i>	\$115,000
Korean Community Service Center	<i>Mind, Body, and Soul for Korean Americans</i>	\$164,000
Latino Educational Training Institute	<i>LETI Health and Wellness Program</i>	\$101,000
YWCA Seattle, King, Snohomish	<i>YWCA- Health Care Access Services</i>	\$73,000

**Balance Sheet**  
**As of December 31, 2022 preliminary and January 31, 2023**

	<u>December 31, 2022</u>	<u>January 31, 2023</u>	<u>\$ Change</u>	<u>Comments:</u>
<b>ASSETS</b>				One month change
<b>Current Assets</b>				
1 <b>Cash Balance</b>	4,470,365	4,297,092	(173,273)	
2 <b>Accounts Receivable</b>	5,991	11,681	5,690	
3 <b>Other Current Assets</b>				
4    Paychex Tax Clearing	(161)	-		
5    Investments	54,137,810	54,486,880	349,070	Payden and Rygel/US Bank Custodial
6    Prepaid Expenses & Others	61,733	53,011	(8,722)	Prepaid Insurances, Other Prepaid Expenses
7    M&O Tax Levy Receivable	15,653	212,966	197,313	1 month x \$215k less payments received through 1/31/23: 2023 Levy \$2,574,000
8 <b>Subtotal Other Current Assets</b>	<u>54,215,034</u>	<u>54,752,857</u>	<u>537,823</u>	
9 <b>Total Current Assets</b>	<b>58,691,390</b>	<b>59,061,630</b>	<b>370,239</b>	
10 <b>Fixed Assets-Net of Depreciation</b>	<b>21,758,626</b>	<b>21,824,105</b>	<b>65,479</b>	Hosp. Kruger, VCWC, VV, Pavilion FA; Additions 2022: Roofing \$310k and Ductwork Replacement \$80k for Kruger in FA at 9/30/22. JPC Progress Billing 1 in CIP
11 <b>Other Assets</b>	<b>19,111,174</b>	<b>19,106,138</b>	<b>(5,036)</b>	Deferred Rent-Pavillion, Hospital, Clinic & TI Allowances, pending adjustments to new lease standard. <b>Deferred Rent balances will be eliminated from 12/31/22 balances with final year end journal entry to record impact of new lease standard.</b>
<b>Total Assets</b>	<b><u>99,561,191</u></b>	<b><u>99,991,873</u></b>	<b><u>430,682</u></b>	
<b>LIABILITIES &amp; NET POSITION</b>				
<b>Liabilities</b>				
<b>Current Liabilities</b>				
12    Accounts Payable	34,538	59,372	24,835	1/31/23 Accounts Payable \$39k; Unclaimed Property \$21k.
13    Credit Cards	894	2,069	1,174	
<b>Other Current Liabilities</b>				
14    Tenant Prepaid Rents	956,915	994,681	37,767	Swedish Hospital and Clinics Jan 2023 rents paid at December Month End
15    Other Payables & Accruals	273,621	157,550	(116,071)	Business Taxes, Accrued Operating Expenses, Tenant Security Deposits--12/31/22 included Grants Payable of \$67k
16    Accrued Salary & Benefits	39,548	42,560	3,012	5 business days accrued at 12/31/22
17    Estimated Self-Insured Reserve	125,269	125,269	-	Contingency reserve for self funded L&I set at \$125k. Only 2 active medical claims remain open. Pension Actuarial Adjustments for 2 additional claimants 2 claims have reached self insured maximum and re insurance is reimbursing for amounts over \$150K
18 <b>Subtotal Other Current Liabilities</b>	<u>1,395,353</u>	<u>1,320,060</u>	<u>(75,293)</u>	
19 <b>Total Liabilities</b>	<u>1,430,785</u>	<u>1,381,501</u>	<u>(49,284)</u>	
20 <b>Equity</b>	<b>98,130,406</b>	<b>98,610,372</b>	<b>479,966</b>	Change \$479,966 = CY23 YTD Net Income (Loss) through 1/31/23
<b>Total Liabilities and Equity</b>	<b><u>99,561,191</u></b>	<b><u>99,991,873</u></b>	<b><u>430,681</u></b>	

**Statement of Income**  
**Months Ending Dec 31, 2022 Preliminary and Jan 31, 2023-Preliminary**

	Month of Dec 2022	Month of Jan 2023	Month Change Inc/(dec)	Comments:
<b>1 Operating Revenue</b>				
2 Lease Revenues (Base, CAM, Taxes)	999,258	1,007,827	8,569	Hospital 3% rent increased 9/1/22
3 Deferred Rent Adjustments	(3,684)			
Class Registration & Other	-			
4 Grant Repayments	8,171	43,400	35,229	December 2022 LET1 A442 \$8781; January 2023 Project Access NW \$43,040
<b>5 Total Operating Revenue</b>	<b>1,003,745</b>	<b>1,051,227</b>	<b>43,798</b>	
<b>6 Program Funding and Operating Expenses</b>				
<b>7 Programs</b>				
<b>8 Total Program Funding</b>	<b>832,817</b>	<b>771,403</b>	<b>(61,414)</b>	Includes All Program Payments, External; Internal. January 2023 reflects 1st month of approved 90 day continuation payments.
<b>9 Operating Expenses</b>				
10 Salaries, Benefits & Contracted Staff	94,122	100,404	6,282	January 2023 reflects COLA and Merit, 1 staff reclassified from contractor to employee; December reflects a <\$2,560 > adjustment to salaries. . Real increase over PM \$3k
11 Professional Development/Planning	1,066	795	(271)	
12 Professional Services	43,102	54,413	11,311	January 2023 includes HT Hospital Consulting; additional HR consulting; Suplicate IT invoices
13 Purchased Services	56,148	33,714	(22,434)	December Snow and Ice removal. \$25k plus Kruger and Wellness Center
14 Supplies, Postage & Other	7,879	8,090	212	
15 Repairs, Maintenance & Insurance	23,149	30,916	7,767	December HVAC servicing and repairs; January multiple service contracts renewed
16 Utilities	15,173	22,184	7,011	
17 Business Taxes	935	8,390	7,455	Expense Increase due to adjustment to leasehold taxes reported and paid--tax must be calculated on CAM charges not just base rents (recovered from tenants)
18 Marketing	20,134	691	(19,443)	December Canopy printing costs \$16k
19 Depreciation	103,652	98,456	(5,196)	
20 Amortization	6,146	5,036	(1,110)	
<b>21 Total Operating Expenses</b>	<b>371,506</b>	<b>363,089</b>	<b>(8,417)</b>	
<b>22 Total Program and Operating Expenses</b>	<b>1,204,323</b>	<b>1,134,492</b>	<b>(69,831)</b>	
<b>23 Net Operating Income (Loss)</b>	<b>(200,578)</b>	<b>(83,265)</b>	<b>113,628</b>	<b>Net Operating (Loss) Month of January \$83,265</b>
<b>24 Other Income (Expense)</b>	<b>-</b>	<b>-</b>		
25 Other Income	17,500			December 2022 AWP/PHD Member Rebate \$7,000; North Sound CHART Program Support \$10,500
26 Self Funded L&I Reimbursements	45,432			December 2022 Co insurance reimbursement \$45k against previously paid claims--self insured claims at cap
27 Self Funded L&I Expenses	(40,971)	(833)	40,138	December 2022 Dept of L&I Pension Actuarial Adjustment \$41k, 3 claimants
28 Levy Income	207,009	214,995	7,986	January 2023 Levy to new 2023 figure
<b>29 Net Income (Loss) after Levy Income</b>	<b>28,392</b>	<b>130,897</b>	<b>161,752</b>	<b>Net Income after Levy and Self Funded L&amp;I Month of January \$130,897</b>
30 Investment Income-Net of Unrealized Gains (Losses)	127,153	349,070	221,916	January 2023 Interest Income \$79k; realized loss \$4k; unrealized market gain \$274k
<b>31 Net Income (Loss)</b>	<b>155,545</b>	<b>479,966</b>	<b>383,668</b>	<b>Net Income Month of January \$479,966</b>

Statement of Income-Actual v Budget  
Month and YTD Ending January 2023

	January 2023 Actual-Month	January 2023 Budget-Month	Month Fav (Unfav) Variance	YTD Jan 23 Actual	YTD Jan 23 Budget	YTD Fav (Unfav) Variance
<b>1 Income</b>						
<b>2 Operating Revenue-Net of Deferred Rent Adjustments</b>	1,051,227	974,063	77,164	1,051,227	974,063	77,164
<b>3 Expenses</b>						
4 Program Expenses-All Categories	771,403	735,225	(36,178)	771,403	735,225	(36,178)
5 Operating Expenses	259,598	278,747	19,149	259,598	278,747	19,149
6 Depreciation & Amortization	103,492	112,138	8,647	103,492	112,138	8,647
<b>7 Total Expenses</b>	<b>1,134,493</b>	<b>1,126,110</b>	<b>(8,383)</b>	<b>1,134,493</b>	<b>1,126,110</b>	<b>(8,383)</b>
<b>8 Operating Income (Loss)</b>	<b>(83,266)</b>	<b>(152,047)</b>	<b>68,781</b>	<b>(83,266)</b>	<b>(152,047)</b>	<b>68,781</b>
<b>9 Levy and Other Non Operating Income (Expense)</b>						
10 Other Income	-	-	-	-	-	-
11 Self Funded L&I Reimbursements	-	-	-	-	-	-
12 Self Funded L&I Expenses	(833)	(2,182)	1,349	(833)	(2,182)	1,349
13 Levy Income	214,995	215,000	(5)	214,995	215,000	(5)
<b>14 Net Income (Loss) After Levy Income</b>	<b>130,896</b>	<b>60,771</b>	<b>70,125</b>	<b>130,896</b>	<b>60,771</b>	<b>70,125</b>
15 Investment Income-Net of Unrealized Gains (Losses)	349,070	100,000	249,070	349,070	100,000	249,070
<b>16 Net Income (Loss)</b>	<b>479,966</b>	<b>160,771</b>	<b>319,195</b>	<b>479,966</b>	<b>160,771</b>	<b>319,195</b>

**Revenues:**

**Rental Income**-Two suites are still vacant at Kruger Clinic. (#110; 2025 SF & 270; 1945 SF). Repair and refresh has been contracted and will start within next 2 weeks. Estimated revenue loss from vacancy is ~\$100K rent and ~\$65K in CAM . Value Village lot lease continues into 2023 as month to month, unbudgeted revenue. Deferred rent entries have been discontinued effective 2023, however estimates were inadvertently budgeted for 2023. There will be a budget variance in 2023 (non cash).

**Grant Repayments**-received January 2023-\$43K Project Access

**Levy Income-2023 Rate of \$215k per month**

**Investment Income-Month of January 2023**-Interest income \$79k; realized loss \$4k; unrealized gain \$279k. Anticipate a budget adjustment for investment revenue. Rate provided by P&R was return to maturity not 2023 return rate.

**Expenses:**

**Program Funding**

**External Programs** - \$714k includes 1st of 3 months of approved continuation payments as well as existing contract payments for previously issued awards ending in 2023

**Internal program** - \$56k includes The Hand Up-6 months transitional housing of \$51K

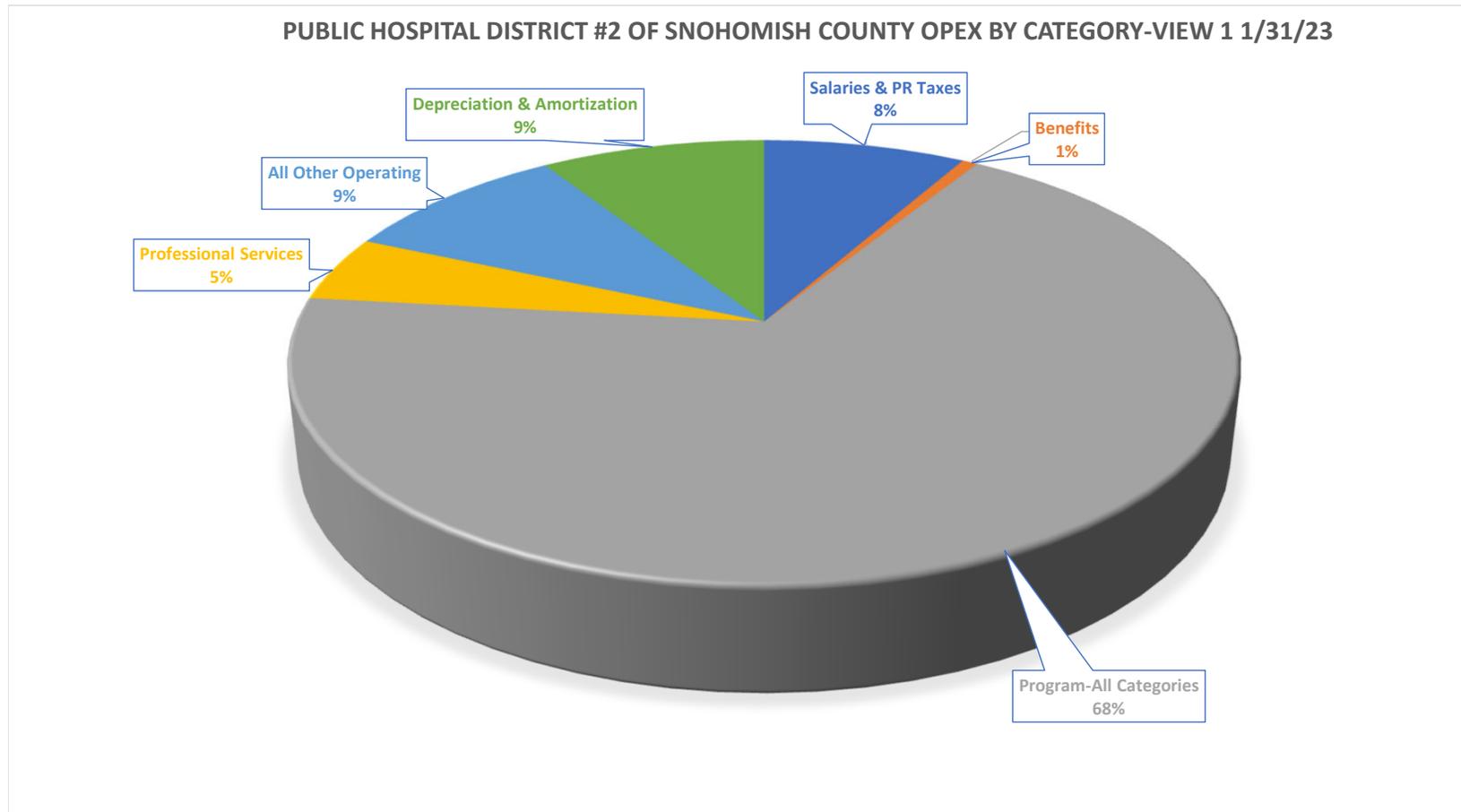
**Operating**

Salaries and Benefits-January 2023 reflects COLA and Merit adjustments and the reclass of 1 contractor to staff position.

Repairs and Maintenance-Includes serveral service contract renewals

Professional Services-Includes Hospital consultant costs, additiona HR work previously unbilled and a catch up IT invoice.

December 31, 2022 results are draft pending audit. The entry to remove existing deferred rent liability/revenue accounts and to record 2021 and 2022 impact of new lease standard has been completed, is under review and will be recorded to 12/31/22 before the next month end close. The result is material due to the length of the Swedish Hospital Lease. Impact 2021 \$18MM charge to retained earnings. 2022 \$14MM.



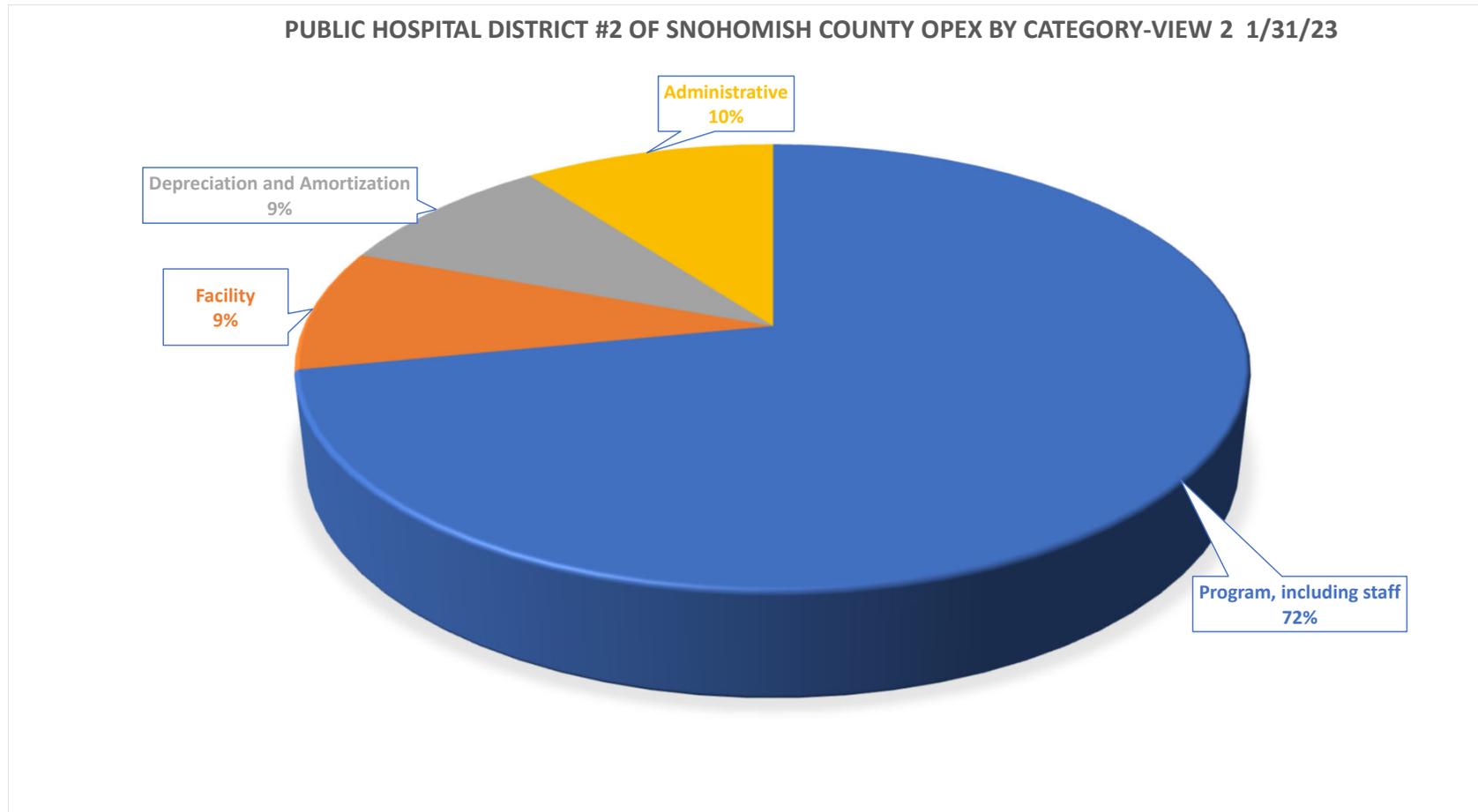
**View 1-Categorized by expense types as requested by Commissioners, expressed as a total of all expenses**

**Professional Services** include-Legal, Accounting and Audit, Investment Management, HR Services, IT Services, Property Management & Real Estate Appraisals Special Consulting-Thomas (Hospital), Strategic Planning, DEI)

**All other Operating expenses include**-Repairs and all property related maintenance expenses, utilities, insurances, business taxes, supplies, marketing, self insured L&I and other administrative costs.

**Salaries and Payroll Taxes, Personnel Benefits**-self explanatory

**Depreciation and Amortization** on all Verdant owned properties



**View 2-Categorized by Program, Property and Administrative, expressed as total of all expenses**

**Facility Expenses:** Utilities, Repairs, Maintenance, Insurance, Taxes, Property Management and Real Estate related costs, allocation of legal and certain other professional fees related to properties

**Depreciation and Amortization:** On all Verdant owned properties

**Program Costs:** All grants and internal program costs plus Salaries and Benefits for direct program staff 4.75 FTE

**Administrative Costs:** Remaining staff salaries and benefits; supplies, marketing, legal, investment services, accounting and other professional services, self insured L&I costs

Public Hospital District #2, Snohomish County dba

Verdant Health Commission

**Warrants Month of January 2023**

Type	Date	Num	Name	Amount	Memo
<b>Warrants:</b>					
<b>1002 - Wells Warrant Acct *2717</b>					
ACH	01/06/2023	ACH	Regence Blueshield	5,359.18	Jan 2023 health insurance
Bill Pmt -Check	01/05/2023	15931	Dynamic Computing, Inc.	5,840.49	IT service for Dec 2022
Bill Pmt -Check	01/05/2023	15932	Foster Garvey PC	4,840.00	Nov 2022 general
Bill Pmt -Check	01/05/2023	15933	Philanthropy Northwest	2,000.00	Membership dues 2023
Bill Pmt -Check	01/05/2023	15934	Robert Half	10,457.50	Accounting 3 invoice for Nov and Dec 2022
Bill Pmt -Check	01/05/2023	15935	Turner HR Services, Inc.	1,670.00	HR service - Dec 2022
Bill Pmt -Check	01/12/2023	15936	Allstream	72.96	Phone svc at Value Village (alarm)
Bill Pmt -Check	01/12/2023	15937	Dynamic Computing, Inc.	340.10	IT service Dec 2022
Bill Pmt -Check	01/12/2023	15938	Economic Alliance Snohomish County	320.83	Annual membership/subscription
Bill Pmt -Check	01/12/2023	15939	G - City of Mountlake Terrace	400.00	Award A284 B - 3rd grade swim class - Sept/Dec 22
Bill Pmt -Check	01/12/2023	15940	G - YMCA of Greater Seattle.	2,525.10	Award A284 - 2022 3rd Grade Swim Classes
Bill Pmt -Check	01/12/2023	15941	Payden & Rygel	9,002.00	Investment Advisory Svc for Jan 2032
Bill Pmt -Check	01/12/2023	15942	Safeway	1,190.00	Dec 2022 vouchers redeemed
Bill Pmt -Check	01/12/2023	15943	WA State Dept of L&I - Elevator Program	177.25	Elevator- annual operating certificate for 2023
Bill Pmt -Check	01/19/2023	15944	Ana Evelin Garcia	500.00	Women's Support Group - Nov/Dec 2022
Bill Pmt -Check	01/19/2023	15945	G - THUP Behavioral Health	51,015.80	CSW-2023-03 6 months (1 of 2 payments)
Bill Pmt -Check	01/19/2023	15946	G - Volunteers of Am Western WA	5,110.40	C-S428 -Balance Due Emergency shelter support 2022
Bill Pmt -Check	01/19/2023	15947	Guardian Security Systems, Inc.	1,917.82	Qtrly alarm monitoring (3rd qtr and 4th qtr 2022)
Bill Pmt -Check	01/19/2023	15948	Rachel Bergman	122.50	Copywriting - Internal program - Nutrition/Multicultural and Mental Health
Bill Pmt -Check	01/19/2023	15949	Robert Half	3,053.12	Accounting wk ending 01/06/23
Bill Pmt -Check	01/19/2023	15950	Staples	294.66	Office supplies
Bill Pmt -Check	01/19/2023	15951	Verizon	142.86	Cell phone
Bill Pmt -Check	01/19/2023	15952	Woodinville Print	16,772.39	Canopy brochures 2022 (accrued)
Bill Pmt -Check	01/26/2023	15953	Canon Financial Services, Inc.	627.75	Konica copier maintenance/rent
Bill Pmt -Check	01/26/2023	15954	G - City of Lynnwood		VOID: Award A284 - 3rd grade swim classes 2022/2023
Bill Pmt -Check	01/26/2023	15955	Quadient Finance USA Inc.	284.82	postage
Bill Pmt -Check	01/26/2023	15956	Robert Half	7,275.02	Accounting wks ending 1/13/23 - 1/20/23
Bill Pmt -Check	01/26/2023	15957	Seattle Food Nut	845.45	Art of pantry cooking 1.18.23
Bill Pmt -Check	01/26/2023	15958	Ultravision LED Solutions		VOID: Outdoor LED sign
Bill Pmt -Check	01/26/2023	15959	Ultravision LED Solutions	18,068.00	Outdoor sign 1/2 deposit
Bill Pmt -Check	01/26/2023	15960	G - City of Lynnwood	5,840.00	Award A284 3rd grade swimm classes 2022/2023
<b>Wells Fargo Warrant Acct *2717</b>				<b>156,066.00</b>	<b>A</b>
<b>Wells Fargo Property Management *7265</b>					
Check	01/09/2023	J2000	Armstrong Services	14,956.43	Janitorial services for Jan 2023
Check	01/09/2023	J2001	Camden Gardens, Inc.	865.81	Landscaping service for Jan 2023
Check	01/09/2023	J2002	Comcast - Acct # 8498310221378586	315.13	Acct # 8498310221378586
Check	01/09/2023	J2003	Comcast	1,185.12	Comcast #6367 and 7969 internet and phone
Check	01/09/2023	J2004	Commercial Property Maintenance, Inc.	4,336.57	Inv #109004-Kruger, VCWC maintenance services
Check	01/09/2023	J2005	Consolidated Landscape Maintenance, Inc.	441.30	Landscape for Jan 2023
Check	01/09/2023	J2006	Cosco Fire Protection	350.00	Annual inspection
contd; Check	01/09/2023	J2007	JPC Architects	44,418.62	Remodel design progress billing 2 #49604

Public Hospital District #2, Snohomish County dba

Verdant Health Commission

**Warrants Month of January 2023**

Type	Date	Num	Name	Amount	Memo
Check	01/09/2023	J2008	Puget Sound Energy	69.66	Gas 11.22-12.22
Check	01/09/2023	J2009	Snohomish County PUD	2,008.36	electricity from 11.24-12.27.22
Check	01/09/2023	J2010	Allied Univ Security Srv	674.28	11.25-12.29 patrol and fuel charge at Value Village
Check	01/09/2023	J2011	Waste Management	664.13	Refuse for Dec 2022
Check	01/09/2023	J2012	Washington Rooter	715.65	cabled roof drain line 10'
Check	01/19/2023	J2013	Aardvark Services Corp.	97.45	Dec 2022 parking lot sweeping
Check	01/19/2023	J2014	Armstrong Services	3,139.97	clean windows, carpet and supplies
Check	01/19/2023	J2015	City of Lynnwood - Utilities	1,040.29	irrigation, storm drain and water/sewer
Check	01/19/2023	J2016	Commercial Property Maintenance, Inc.	2,337.42	clean graffiti, pick up trash,mainting lighing
Check	01/19/2023	J2017	JPC Architects	51,322.86	Progress Billing #3 design Inv#
Check	01/19/2023	J2018	McKinstry Co., LLC	1,723.23	diagnose and repair (replace filters)
Check	01/19/2023	J2019	Pacific Facility Services	19,801.60	Dec snow/ice removal-Kruger and VCWC
Check	01/19/2023	J2020	Republic Services	2,310.63	Recycle refuse service
Check	01/19/2023	J2021	ELTEC Systems, LLC	347.31	monthly elevator maintenance
Check	01/19/2023	J2022	Snohomish County PUD	353.23	electricity 11/30-12/31/2022
Check	01/19/2023	J2023	Allied Univ Security Srv	7,551.38	Security patrol from 11/25-01/05/23
Check	01/19/2023	J2024	Zipty Fiber	346.37	phone/internet
Check	01/31/2023	J2025	City of Edmonds - Utilities	3,082.50	Water/Sewer/Storm drain
Check	01/31/2023	J2026	Commercial Property Maintenance, Inc.	5,315.57	standard maintenance on call
Check	01/31/2023	J2027	FSI Engineers	31,877.50	Engineers - As-Builts HVAC replacement project Inv #18904
Check	01/31/2023	J2028	Guardian Security Systems, Inc.	2,823.66	Fire alarm monitor- annual testing
Check	01/31/2023	J2029	JSH Properties Inc	7,299.94	Jan 2023 Mgmt fee for 3 properties
Check	01/31/2023	J2030	Puget Sound Energy	614.28	Gas
Check	01/31/2023	J2031	Snohomish County PUD	8,478.91	Electricity
Check	01/31/2023	J2032	Allied Univ Security Srv	7,171.82	1/06/23 - 1/19/23 security
Check	01/31/2023	J2033	Zipty Fiber	149.11	phone lines
<b>Total Wells Fargo Property Management Acct *7265</b>				<b>228,186.09</b>	<b>B</b>
<b>Wells Fargo Work Comp Acct *2725</b>					
<b>Wells Fargo Work Comp Acct *2725</b>				<b>0.00</b>	<b>C</b>
<b>Total Warrants</b>				<b>384,252.09</b>	<b>A-C</b>

## Electronic Disbursements and Summary January 2023

Type	Date	Num	Name	Amount	Memo
<b>Electronic Payments</b>					
<b>Wells Fargo Operating Acct *2709</b>					
<b>ACH Program Payments</b>					
ACH	01/13/2023	Grnt 1070	G - American Heart Association	4,466.51	Award A510 - Stop silent killer- Hypertension
ACH	01/13/2023	Grnt 1071	G - Boys & Girls Club of Sno County	8,333.33	Award A484 Behavioral Health Uplift Initiative
ACH	01/13/2023	Grnt 1072	G - Cascade Bicycle Club Ed Foundation	4,166.66	Award A434 - Let's Go Edmonds 2022
ACH	01/13/2023	Grnt 1073	G - Center for Human Services	29,167.00	Award A523 - Youth Counseling Yr 2
ACH	01/13/2023	Grnt 1074	G - Center for Human Services	5,969.25	Award A356 - Behavioral Health Integration Program at CHC 2020-23
ACH	01/13/2023	Grnt 1075	G - Center for Human Services	8,532.75	Award A352 - Behavioral Health Integration Program at VM/EFM 2020-23
ACH	01/13/2023	Grnt 1076	G - ChildStrive	25,497.00	Award 348 - Nurse Family Partnership 2020-23
ACH	01/13/2023	Grnt 1077	G - ChildStrive	28,853.00	Award A490 - Early Intervention Yr2
ACH	01/13/2023	Grnt 1078	G - Cocoon House	12,500.00	Award A517 - Host Homes Yr2
ACH	01/13/2023	Grnt 1079	G - Community Health Center of Sno Co	33,333.00	Award A528 - Dental Program
ACH	01/13/2023	Grnt 1080	G - Compass Health	18,300.00	Award A436 - Community Transition
ACH	01/13/2023	Grnt 1081	G - Compass Health	2,475.00	Award A495 - Emergency Motel Voucher Yr2
ACH	01/13/2023	Grnt 1082	G - Concern for Neighbors Food Bank	1,250.00	Award A513 -Supplementary food purchases
ACH	01/13/2023	Grnt 1083	G - Domestic Violence Services Sno Co	8,000.00	Award A477 - Community Advocacy Program
ACH	01/13/2023	Grnt 1084	G - Edmonds College Foundation	4,163.00	Award A473 - Edmonds College food security program
ACH	01/13/2023	Grnt 1085	G - Edmonds College Foundation	20,053.00	Award A516 - Counseling and Resource Center-Mental Health Expansion Proj Yr2
ACH	01/13/2023	Grnt 1086	G - Edmonds Food Bank	3,325.00	Award A489 - It Tastes Like Home (Culturally Relevant Food)
ACH	01/13/2023	Grnt 1087	G - Edmonds School Dist No. 15	37,500.00	Award A349 - Student Support Advocates 2020-22
ACH	01/13/2023	Grnt 1088	G - Edmonds School Dist No. 15	32,336.00	Award A511 - Move 60! 2022-23 (3 yrs)
ACH	01/13/2023	Grnt 1089	G - Edmonds School Dist No. 15	16,667.00	Family Resource Advocates Yr2
ACH	01/13/2023	Grnt 1090	G - Edmonds Senior Center	9,663.00	Award A475 - Enhancing Health and Wellness
ACH	01/13/2023	Grnt 1091	G - Evergreen Recovery Centers	29,533.33	Award A439 - Bi-directional Substance Use Treatment
ACH	01/13/2023	Grnt 1092	G - Helping Hands Project Org	4,337.00	Award A470 - Rapid Food Assistance Program
ACH	01/13/2023	Grnt 1093	G - Homage Senior Services	27,030.00	Award A474 - Center for Healthy Living
ACH	01/13/2023	Grnt 1094	G - Homage Senior Services	12,326.58	Award A346 - Care Coordination - South Sno Cnty- 2020-22
ACH	01/13/2023	Grnt 1095	G - Interfaith Family Shelter	834.00	Award A483 - Homelessness Prevention Yr 2
ACH	01/13/2023	Grnt 1096	G - Jean Kim Foundation	18,550.00	Award A535 - Hygiene Center Yr2
ACH	01/13/2023	Grnt 1097	G - Kindering	14,583.33	Award A487 - Early Intervention Yr2
ACH	01/13/2023	Grnt 1098	G - Korean Community Serv. Ctr	8,625.00	Award A536 - Mind Body and Soul for Korean Am Yr2
ACH	01/13/2023	Grnt 1099	G - Korean Women's Assn	12,184.33	Award A491 - Everyday Prevention and Sr Nutrition
ACH	01/13/2023	Grnt 1100	G - Lahai Health	32,917.00	Award A520 - Dental Program Yr2
ACH	01/13/2023	Grnt 1101	G - Lahai Health	6,633.33	Award A441 - Mental Health Program
ACH	01/13/2023	Grnt 1102	G - Lahai Health	15,666.66	Award A350 - Mobile Medical Clinic Program 2020 -22
ACH	01/13/2023	Grnt 1103	G - Latino Educ Training Inst	8,330.00	Award A476 - LETI Cafe
ACH	01/13/2023	Grnt 1104	G - Latino Educ Training Inst	24,000.00	Award A526 - Health and Wellness Program
ACH	01/13/2023	Grnt 1105	G - Latino Educ Training Inst	7,400.00	Award A519 - Promotora Program Yr 2
ACH	01/13/2023	Grnt 1106	G - Lynnwood Food Bank	4,337.00	Award A471 - Focus on Nutrition
ACH	01/13/2023	Grnt 1107	G - Medical Teams Int'l	11,250.00	Award A534 - Care & Connect Yr2
ACH	01/13/2023	Grnt 1108	G - Millenia Ministries	15,982.08	Award A485 Mobile Manna/Moving From surviving to thriving
ACH	01/13/2023	Grnt 1109	G - Project Access Northwest	14,583.00	Award A521 - Specialty Care for Lows-income population
ACH	01/13/2023	Grnt 1110	G - Project Girl Mentoring Prgm	13,142.00	Award A480 - Immersion Lab
ACH	01/13/2023	Grnt 1111	G - Refugee & Immigrant Services NW	8,333.33	Award A486 - Refugee and immigrant Navigation
ACH	01/13/2023	Grnt 1112	G - Snohomish County Legal Services	4,166.66	Award A492 - Housing Justice Program Yr2
ACH	01/13/2023	Grnt 1113	G - Pacific Treatment Alternative	0.00	Void
contd: ACH	01/13/2023	Grnt 1114	G - Pacific Treatment Alternative	13,461.00	Award A496 - Mobile Syringe Svc Program Yr2

**Electronic Disbursements and Summary January 2023**

<u>Type</u>	<u>Date</u>	<u>Num</u>	<u>Name</u>	<u>Amount</u>	<u>Memo</u>
ACH	01/13/2023	Grnt 1115	G - South County Fire	29,325.00	Award A466 - Community Resource Paramedic
ACH	01/13/2023	Grnt 1116	G - South County Fire	7,431.25	Award A351 - Veterans in Prevention
ACH	01/13/2023	Grnt 1117	G - Therapeutic Health Services	26,930.00	Award A 515 - Integrated Cognitive Therapies Program
ACH	01/13/2023	Grnt 1118	G - University of WA	11,637.00	Award A512 - Mental Health Matters Yr2
ACH	01/13/2023	Grnt 1119	G - UTSAV	4,337.00	Award A469 - Community Food and Coordination
ACH	01/13/2023	Grnt 1120	G - WA Kids in Transition	10,417.00	Award A514 - Supporting Housing and Utility Needs for Homeless/Low-Income
ACH	01/13/2023	Grnt 1121	G - WA Kids in Transition	10,417.00	Award A518 - Distribution Center Yr2
ACH	01/13/2023	Grnt 1122	G - WA West African Center	9,550.00	Award A538 - Drop-in Center
ACH	01/13/2023	Grnt 1123	G - Wonderland Child & Family Svc	12,500.00	Award 347 - Early Intervention Program 2020-22
ACH	01/13/2023	Grnt 1124	G - Wonderland Child & Family Svc	16,250.00	Award A463 - Hope Rising Clinic
ACH	01/13/2023	Grnt 1125	G - YWCA of Seattle, King and Sno Co	2,500.00	Award A488 - Emergency Shelter Yr 2
ACH	01/13/2023	Grnt 1126	G - YWCA of Seattle, King and Sno Co	5,222.00	Award A494 - Healthcare Access Yr2
ACH	01/27/2023	GRNT 1146	G - YMCA of Greater Seattle.	7,775.00	Award A464 Support Health Navigation for East African Community
<b>Subtotal ACH Program Payments</b>				<b>777,047.38</b>	<b>D</b>

**Electronic Disbursements and Summary January 2023**

Type	Date	Num	Name	Amount	Memo
<b>All Other Electronic Payments</b>					
ACH	01/03/2023	ACH 1068	AmeriFlex Business Solutions	30.40	Claim
ACH	01/03/2023	ACH 1069	Principal Life Insurance Co.	1,567.27	Employees benefits Lift AD&D, STD and LTD
ACH	01/11/2023	ACH 1127	Paychex	138.46	PPE 1/07/23
ACH	01/11/2023	ACH 1128	Paychex	33,235.82	PPE 1/07/23 Direct Deposit
ACH	01/09/2023	ACH 1129	AmeriFlex Business Solutions	244.00	Claims
ACH	01/12/2023	ACH 1130	Wells Fargo	70.70	Merchant Processing Fee
ACH	01/12/2023	ACH 1131	Paychex	436.31	2022 Year-End report process
ACH	01/12/2023	ACH 1132	Paychex	9,402.78	PPE 1/07/22 - PR taxes
ACH	01/13/2023	ACH 1133	Paychex	40.00	Paychex HR fee
ACH	01/17/2023	ACH 1134	AmeriFlex Business Solutions	0.04	Claim
ACH	01/18/2023	ACH 1135	AmeriFlex Business Solutions	11.50	Claim
ACH	01/20/2023	ACH 1136	Paychex	118.90	Processing Fees
ACH	01/20/2023	ACH 1137	Paychex	754.56	2022 4th Qtr L&I payroll taxes
ACH	01/23/2023	ACH 1138	Valic	1,679.85	PPE 1/7/23 employer contrib to 401K/ROTH
ACH	01/23/2023	ACH 1139	Valic	2,210.09	PPE 1/7/23 employee contrib to 401K/ROTH
ACH	01/25/2023	ACH 1140	Paychex	138.46	PPE 1/21/23
ACH	01/25/2023	ACH 1141	Paychex	30,097.53	PPE 1/21/23 PR Direct Deposits
ACH	01/26/2023	ACH 1142	Paychex	174.95	PPE 1/22/23 PR processing fee
ACH	01/26/2023	ACH 1143	WA State Department of Revenue	794.38	Dec 22 B&O tax
ACH	01/26/2023	ACH 1144	Paychex	9,372.95	PPE 1/21/23 payroll taxes
ACH	01/25/2023	ACH 1145	WA State Department of Revenue	18,969.89	2022 4th Qtr Leasehold tax
ACH	01/31/2023	ACH 1147	Valic	1,924.26	PPE 1/21/23 - 401K/ROTH employee portion
ACH	01/31/2023	ACH 1148	Valic	1,499.23	PPE 1/21/23 401K/ROTH employer contrib
<b>Subtotal ACH Operating Acct 2709</b>				<b>112,912.33</b>	<b>E</b>
<b>Electronic Disbursements 2709</b>				<b>889,959.71</b>	<b>D-E</b>
Summary-				Amount	Ref
Warrants-All Accounts				384,252.09	A-C
Electronic Disbursements-Acct 2709				889,959.71	D-E
<b>Total Disbursements January 2023</b>				<b>1,274,211.80</b>	

PUBLIC HOSPITAL DISTRICT #2 OF SNOHOMISH COUNTY

DBA VERDANT HEALTH COMMISSION

WARRANT APPROVAL- January 2023

WE, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish, County, Washington do hereby certify that the merchandise or services hereinafter specified in the supporting schedules referenced A-C have been received and the Warrant Numbers detailed have been issued in the payment amounts as follows:

**Warrants:**

Type	Account	By	Date	#	Total	Reference
Warrants	2717-Warrant	Verdant	1/1/23-1/31/23	15931 - 15960	156,066.00	<b>A</b>
Warrants	7265-Property Management	JSH	1/1/23-1/31/23	J2000 - J2033	228,186.09	<b>B</b>
Warrants	2725-Workers Comp	Eberle Vivian	1/1/23-1/31/23	0	-	<b>C</b>
<b>Total Warrants</b>					<b>384,252.09</b>	

These warrants are hereby approved.

Attest:

\_\_\_\_\_  
Riene Simpson-CPA, Director of Finance  
District Auditor

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

PUBLIC HOSPITAL DISTRICT #2 OF SNOHOMISH COUNTY  
DBA VERDANT HEALTH COMMISSION  
WARRANT APPROVAL- January 2023, continued

**Summary of Disbursements-Warrants and Electronic:**

Summary-	Amount	Ref
Warrants-All Accounts	384,252.09	A-C
Electronic Disbursements-Acct 2709	889,959.71	D-E
<b>Total Disbursements January 2023</b>	<b><u>1,274,211.80</u></b>	

End of document

Current Plan- One Option PPO only		PEBB-2 Options	
Regence- Gold		Kaiser Classic	Uniform Medical Plan (UMP) Classic=Regence PPO

**Medical-**

2023 Premium	Low \$480.47 High \$1192.35 Average \$843 (x 10% estimate at 6/1/23 renewal)	\$167	\$135
Network Selections	Assumes In network	Comparable	Comparable
Annual Deductible	\$500/\$1000	\$175/\$525	\$250/\$750
Out of Pocket	\$8,550.00 Individual, \$17,100 Family	\$2000/\$4000	\$2000/\$4000
Acupuncture	\$30 copay	\$15 copay	\$15(24 visits)
Ambulance	30%	20%	20%
Ambulatory Surgery Center	20%	not specified	not specified
Chiropractic	\$30 copay	\$15 copay	\$15 (24 visits)
Complex Imaging	30%	not specified	not specified
EAP	no charge	not specified	not specified
Emergency Room	\$300 copay then 30%	\$250	\$75+15%
Hearing Aids	not specified	\$0/1 per 5 years	\$0/1 per 5 years
Hearing Exam	not specified	Annual \$15	\$0
Home Health Care	30%	not specified	not specified
Hospice	30%	not specified	not specified
Hospital in patient	30%	\$150 per day up to \$750 per admission	\$200/day up to \$600
Hospital outpatient	30%	\$150	15%
Massage Therapy	not specified	\$30 copay	\$15 (24 visits)
Mental Health Substance Use Disorder	30%	\$15	15%
Other professional	30%	not specified	not specified
Palliative Care	30%	not specified	not specified
Physical Occ Speech Therapies	not specified	\$30 copay	15% (60 visits)
Preventative Care	no charge	\$0	0%
Primary Care Visits	\$30 copay ded waived	\$15 copay	15%
Radiology and Laboratory	30%	not specified	not specified
Rehabilitation Inpatient	30%	not specified	not specified
Rehabilitation Outpatient	30%	not specified	not specified
Specialist	\$50 copay	\$30 copay	15%
Urgent Care	\$50 copay	\$15/\$30 copay	15%
Virtual Televisits	\$10 copay	\$0	not specified
<b>Prescription-</b>	Deductible and OOP shared with medical	separate deductible and OOP from Medical: Ded \$100/\$300 OOP \$2000/\$8000	Separate deductible and OOP from medical: Ded\$100/\$300 OOP\$2000/\$4000
Preferred Generic	Deductible waived \$10 retail/\$20 mail order 90 day supply	NA	Value 5% up to \$10
Generic	\$35 retail/\$70 mail order	20/\$40	Tier 1 5% up to \$25
Preferred brand	\$50 retain.\$100 mail order	50% up to \$250/50% to \$750	Tier2 30% up to \$75
Brand	50% retail/45% mail order	\$80	not specified
<b>Vision Care-</b>	Exam lenses and frames 1x year \$0- Limitations VSP	\$15 copay; any amount over \$150 every 2 years	\$0/1 lenses frames every 2 years
Training and Onboarding for Staff and Participants		x	x
<b>Other Fees:</b>			
Group Rate Surcharge		\$12 per subscriber	\$12 per subscriber
Tobacco Surcharge if applicable	NA	\$25	\$25
Spousal if declined other coverage	NA	\$50	\$50
Start up fee	NA	\$10 per employee	\$10 per employee
Other benefits		affordable retiree and conversion options	affordable retiree and conversion options

**Conclusion:**

Cost and benefit improvement warrants at minimum application to participate while Verdant awaits Regence and other non PEBB plan quotes.

Two PHD's covered under PEBB Stilly Valley and Camano Island

PUBLIC HOSPITAL DISTRICT NO. 2  
SNOHOMISH COUNTY, WASHINGTON  
RESOLUTION NO. 2023-02

A RESOLUTION OF THE BOARD OF COMMISSIONERS OF PUBLIC HOSPITAL DISTRICT NO. 2, SNOHOMISH COUNTY, WASHINGTON, REQUESTING REVIEW BY THE HEALTH CARE AUTHORITY OF ITS REQUEST TO PARTICIPATE IN THE WASHINGTON STATE INSURANCE PLANS.

WHEREAS, the Health Care Authority administers the medical, dental, life, and long term disability insurance coverage for the employees of the state of Washington, as set forth in chapter 41.05 RCW; and,

WHEREAS, the Board of Commissioners (the “Board”) of Public Hospital District No. 2, Snohomish County, Washington (the “District”), has reviewed the state insurance plans, chapter 41.05 RCW, RCW 41.04.205, chapter 182-08 WAC, and chapter 182-12 WAC; and,

WHEREAS, the Board believes that the state insurance plans provide desirable insurance coverage for the employees (and members of the Board, where applicable) of the District and its affiliates; and

WHEREAS, the Board certifies that all employees (and members of the Board) of the District and its affiliates enrolled are eligible to participate in the state insurance plans; NOW, THEREFORE,

BE IT RESOLVED, that the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, requests approval by the Health Care Authority to participate in the state insurance plans for the employees of the District and its affiliates, subject to the requirement of RCW 41.04.205 and the rules adopted thereunder.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof this 22nd day of February, 2023, the following Commissioners being present and voting in favor of the adoption of the resolution.

\_\_\_\_\_  
Jim Distelhorst, President and Commissioner

\_\_\_\_\_  
Karianna Wilson, Secretary and Commissioner

\_\_\_\_\_  
Bob Knowles, Commissioner

\_\_\_\_\_  
Carolyn Brennan, Commissioner

\_\_\_\_\_  
Deana Knutsen, Commissioner

I, the undersigned, Secretary of the Board of Directors of Public Hospital District No. 2, Snohomish County, Washington, hereby certify that the attached copy of Resolution No. 2023-02 is a true and correct copy of the original resolution adopted on February 22, 2023, as that resolution appears on the Minute Book of the District.

DATED this 22nd day of February, 2023.

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Karianna Wilson  
Secretary of the Board of Commissioners



### **Verdant Community Social Worker Highlights: January / February 2023**

- Case Management – continuing support for fifteen clients. I have continued to utilize the motel rooms, that we have been able to obtain for medical/mental health related respite care. Transferred one newer client to CHART for a higher level of case management.
- Continue to provide inreach/outreach with Swedish Edmonds Hospital. The hospital behavioral health unit has been receiving more out of the area patients, and referrals have been fewer, but still able to consult on many cases.
- CHART Leadership and Facilitation – Ongoing support for the CHART program and clients.
- This past month included, weekly team check ins, monthly County Outreach Coalition, monthly Snohomish County Community Behavioral Health Committee, monthly Snohomish County Connector’s meeting, monthly County and Human Services Providers Call, monthly Vulnerable Adult Taskforce, and monthly Homeless Policy Task Force. Attended a meeting with Virginia Mason Franciscan Health & Verdant team, as well as United Healthcare. Both of these were to establish partnerships for south county resources.
- 2023 Programming –
  - Have scheduled three provider trainings for mental health providers for 2023. March will be a law and ethics class titled “Law and Ethics of Relationships in the Clinical Setting”. Quarter two will be about domestic violence, titled “How To Screen For DV In Individuals, Couples and Families”. Third quarter will be nutrition and recovery.
  - Law and Ethics of Relationships in the Clinical Setting has been advertised, and I currently have 40 registrations. Will be advertising to the broader community and expect to increase this substantially.
  - Planning for several community programming classes on suicide and suicide prevention.
  - Planning on at least two NARCAN trainings for 2023.

## **Multicultural Report-January 2023**

### **Verdant Sponsored Programs**

Monthly Women's Support Group- 13 participants  
Monthly Men's Support Group- 8 participants  
Monthly Parent Support Group- 47 participants  
Salud Rx Fruit and Veggie Vouchers- 9 participants  
Domestic Violence Support Group- 7 participants  
Drum Circle for Health- 13 participants

### **Community Collaborations**

Con confianza y en Comunidad- Talking about COVID related Info-21 participants  
Latinx Health Board Meeting-13 participants  
UofWA Peer Mental Health Planning Meetings- 5 participants  
Movimiento Afro-Latino Seattle Board Meeting- 7 participants  
Leadership of Snoco Monthly Meeting- 14 participants  
CHW/Promotores Learning Workgroup-19 participants  
CHBC 2022 General Meeting - First Thursdays of the Month (in person)- 23 participants  
Gala Planning for Leadership of Snohomish County Meeting- 8 participants  
MHM meeting- 3 participants  
LxHB officers meeting- 4 participants  
Community Health Workers Board Meeting- 17 participants  
MV Hope Coalition Meeting- 5 participants

# Marketing Report

28-Day Period: January 9<sup>th</sup> – February 7<sup>th</sup>, 2022

## Instagram

- Reached to 13,027 people
- 64 profile visits
- 13 new followers

## Facebook

- Reached to 25,124 people
- 522 page visits
- 17 new page likes

No promotional advertisements were done in this 28-day period. We reached out to 13,027 people on Instagram, and 25,124 people on Facebook. The numbers are lower by 29.2% on Instagram and 129.1% increase on Facebook, depending on the previous time period, which was also relatively high for Instagram, which can explain the lower number this month. Our Instagram has less reach this time period, but it made up for people that followed which was 13. This is much larger than the usual new follower count, and we increased this by following and engaging with similar accounts in the area. There were 17 new Facebook Page likes as well. These numbers are 85.7% and 183.3% increase respectively. The profile visits were at 522 and 64 for Facebook and Instagram respectively. This was a slight decrease for Instagram, which we are trying to improve by implementing reels that may drive new page visits.

## Link to all of our online platforms:

<https://linktr.ee/verdanthhealthcommission>

## E-Newsletter:

[https://mailchi.mp/verdanthhealth/verdant-news-august-9185493?fbclid=IwAR3BEcNTYxYpHFhBI0Srhu8TAWR4t0an\\_hobiVfefrgQHQnwwqPNjRYhMtM](https://mailchi.mp/verdanthhealth/verdant-news-august-9185493?fbclid=IwAR3BEcNTYxYpHFhBI0Srhu8TAWR4t0an_hobiVfefrgQHQnwwqPNjRYhMtM)  
<https://verdanthhealth.org/community-health-networking-event/>

## Highlights Since Last Board Meeting



Verdant Awards  
**\$4.3 million**  
in community health grants

mental health    healthcare access    food security

verdant  
HEALTH COMMISSION  
SPRING SOUTH ANDERSON COUNTY



LOVE YOURSELF:

**Free**  
HEALTH SCREENING CLINIC

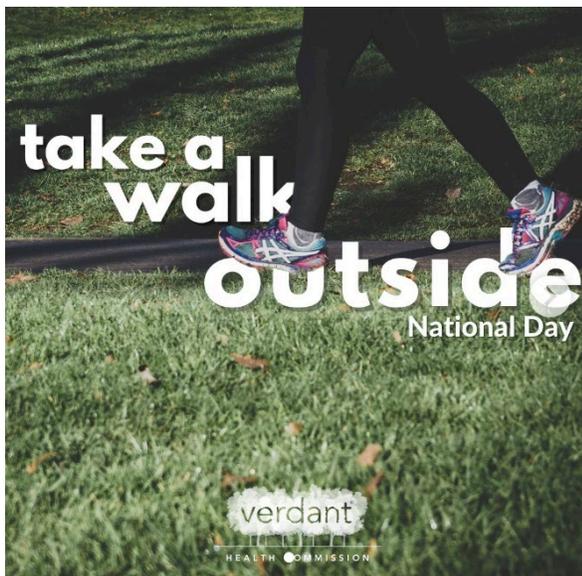
register now for free blood pressure A1C/Pre-Diabetes / Diabetes testing, and/or depression screening.

FEB 14TH  
9AM-4PM

www.verdanthealth.org

verdant  
HEALTH COMMISSION

MEDICAL TEAMS  
Information



take a walk  
outside

National Day

verdant  
HEALTH COMMISSION



Benefits

- Eases Joint Pain
- Boosts Immune Function
- Strengthens Heart
- Improves your Mood
- Enables Creative Thinking

**COOKING DEMO:**  
**VALENTINE'S DINNER IDEAS**

Wed, February 8th  
 1:00 - 2:00pm

HYBRID

verdant

**THE ART OF PANTRY COOKING**

JAN 18TH, 2023 | 6-7PM

HYBRID

verdant  
 HEALTH COMMISSION  
 SERVING SOUTH INDIANAH COUNTY

produce pick  
 of the month

**BEETS**

VIRTUAL

verdant  
 HEALTH COMMISSION

**Carrot Cake**  
 recipe

eggs

honey

Greek yogurt

baking powder

soy

walnuts

grated carrots

mild oil

verdant  
 HEALTH COMMISSION  
 SERVING SOUTH INDIANAH COUNTY

**Ingredients**

**CAKE**

- 2 large eggs
- 1 cup plain Greek yogurt
- 1/3 cup mild oil
- 2/3 cup maple syrup / noney
- 1/2 cup any milk
- 1 tbsp pure vanilla extract
- 2 cups whole wheat or spelt flour
- 1 tbsp cinnamon
- 3 tsp baking powder
- 2 tsp baking soda
- 1/2 tsp salt
- 1 cup walnuts chopped
- 1/2 cup coconut flakes
- 2 cups carrots finely grated
- cooking spray

**ICING**

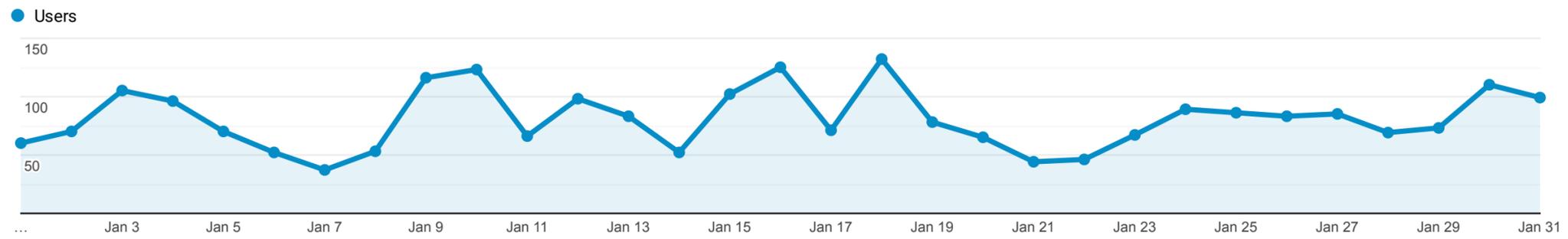
- 2 cups plain Greek yogurt
- 1/2 cup powdered sugar
- 1 tsp pure vanilla extract

**Audience Overview**

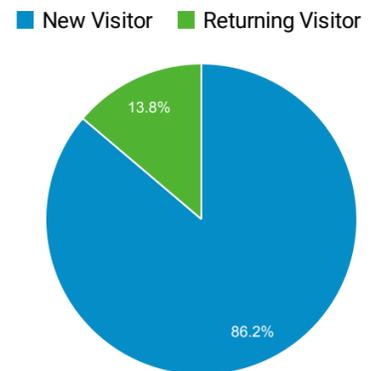
Jan 1, 2023 - Jan 31, 2023


**All Users**  
 100.00% Users

**Overview**



<b>Users</b> 2,180	<b>New Users</b> 2,063	<b>Sessions</b> 2,729	<b>Number of Sessions per User</b> 1.25
<b>Pageviews</b> 5,462	<b>Pages / Session</b> 2.00	<b>Avg. Session Duration</b> 00:01:30	<b>Bounce Rate</b> 67.20%



City	Users	% Users
1. Seattle	338	14.56%
2. (not set)	192	8.27%
3. Everett	92	3.96%
4. Lynnwood	86	3.70%
5. Ashburn	61	2.63%
6. Edmonds	56	2.41%
7. London	43	1.85%
8. Cheyenne	34	1.46%
9. New York	32	1.38%
10. San Diego	26	1.12%