VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A February 24, 2021 8:00 am to 10:00 am

Due to the Governor's Proclamation 20-28 et seq that temporarily waives and suspends sections of the Open Public Meetings Act, the February 24, 2021 Board of Commissioners meeting is NOT being held in person and will be held by remote participation only. The public can join via Zoom by visiting https://us02web.zoom.us/j/81170706793 Meeting ID: 811 7070 6793 Passcode: 871927 or the call-in number is 253 215 8782

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order		8:00	
B. Approval of the Minutes a) January 27, 2021 Board Meeting	Action	8:01	3-7
C. Community Presentation a) Marisol Bejarano, Latino Education Training Institute	Information	8:02	
D. Superintendent Reporta) Verdant Operations Updateb) Community Outreach Update	Information	8:17	
E. Executive Committee Report	Information	8:27	
 F. Finance Committee Report a) Review financial statements and cash activity b) Authorization for payment of vouchers and payroll 	Information Action	8:32 8:42	8-12 13
 G. Program Committee Report a) Conflicts of interest b) Program investment recommendations c) Statement on housing d) Verdant Program and Marketing highlights 	Information Action Action Information	8:55 9:00 9:05 9:10	14 14 14 16,17
H. Public Comments (please limit to three minutes per speak	cer)	9:20	
I. Commissioner Comments		9:25	
 J. Executive Session a) To evaluate the qualifications of an applicant for publications of an applicant for publication of a site or the acquisition of 	 ic	9:30 	
real estate			

K. Open Session --- 9:55 -- L. Adjournment --- 10:00 ---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting via Zoom January 27, 2021

Commissioners

Present

Dr. Jim Distelhorst, Secretary (via Zoom) Karianna Wilson, Commissioner (via Zoom) Deana Knutsen, Commissioner (via Zoom) Fred Langer, Commissioner (via Zoom)

Excused Abscence

Bob Knowles, President

Staff

Lisa Edwards, EdD, Superintendent (via Zoom) Jennifer Piplic, Marketing Director (via Zoom)

Sue Waldin, Community Wellness Program Manager (via

Zoom)

Sandra Huber, Community Engagement Manager (via Zoom)

Nancy Budd, Community Social Worker (via Zoom) Zoe Reese, Director of Community Impact (via Zoom)

Tammy Keuser, Director of Finance and Operations (via Zoom) Michele Fettel, Interim Executive Assistant/Office Manager

(via Zoom)

Erica Ash, Ash Consulting (via Zoom)

Guests

Michel Melseaux, WA State Auditor's Office (via Zoom)
Kirk Gadbois, WA State Auditor's Office (via Zoom)
Kristina Baylor, WA State Auditor's Office (via Zoom)

Frank Fox, PhD, Principal Health Trends

Anonymous members of the public (via Zoom)

Call to Order

The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order

at 8:02 a.m. by Secretary Distelhorst.

Approval of Minutes

Motion was made, seconded and passed unanimously to approve the minutes of the regular board meeting on December 16, 2020. (E:01:21)

Introduction of Kara Turner, HR Consulting Dr. Edwards introduced Kara Turner of Turner Consulting, as the new HR consultant. Kara gave a brief description of her background. She will help to finalize the Employee Handbook

and support the team as needed.

State Audit Presentation

Ms. Baylor, Mr. Gadbois and Mr. Melseaux of the state auditor's office reviewed the completed Verdant audit. This included an Accountability Audit and a review of the district's independent financial audit. Within the Accountability Audit, there were three specific areas reviewed: Accounts Payable, Payroll, Financial Condition. A recommendation regarding accounts payable was given to Superintendent Edwards. Payroll and Financial Condition had no recommendations. The review of the CPA Financial Statement Audit found all communications to be sufficient.

The auditors advised Verdant that they are launching a new tracking tool to help all parties follow up on audit findings. While there are no findings in this audit, they recommended that Verdant sign up so they could track any notifications related to Verdant or any other entity that they would be interested in following.

Closing remarks noted that all costs were in alignment with the estimate given. The next audit will be in fall 2021. It will again review the independent CPA firm's financial audit and conduct an Accountability Audit.

The report will be published on their website next week, and they will send a survey link for staff and commissioners to complete.

Pediatric Inpatient F
Feasibility Study f
Presentation F

The auditor's final note was that Dr. Edwards and Erica Ash were instrumental in keeping the audit costs low with their quick responses and open communication. (E:02:21) Frank Fox, PhD with Principal Health Trends presented the findings of the Verdant Health Commission Behavioral Health Feasibility Study January 2021. Frank reviewed the study findings regarding a 16-bed facility to house inpatient psychiatric patients focused on ages 5-24. He covered costs, demographics, and potential partners in this potential venture. (E:03:21)

Superintendent/ Marketing Report

Dr. Edwards reported on the following items:

- 1. The Value Village site has been re-acquired and secured. Azose property management is facilitating security patrols, there is fencing securing the entrances and the alarm system is now controlled by Verdant.
- 2. The position of Director of Finance and Operations has been filled by Tammy Keuser and her start date was Monday, January 25, 2021.
- 3. The position of Executive Assistant/Office Manager has been filled by Tammy Weenink and she starts on Monday, February 8, 2021.

Commissioners Meeting June 24, 2020 Page 5

- 4. Community outreach continues for COVID-19 testing and vaccine distribution. There is a very high demand for the vaccine, and there is a limited quantity. Ms. Reese has been instrumental in coordinating the efforts by our community partners in both testing and vaccinating the public. Additional operation plans will be further communicated at the February board meeting.
- 5. Regarding community outreach, Dr. Edwards thanked commissioners for forwarding opportunities that they discover for Verdant to be engaged.
- **6.** Dr. Edwards advised that Verdant is in communication with Dr. Balderas and Edmonds School District regarding wrap-around services and on-site dental services for students housing projects currently being considered.

Executive **Committee Report**

Secretary Distelhorst noted that the committee met on January 15, 2021 to review the agenda for the January 27, 2021 board meeting. No action was taken.

Finance Committee Report

Commissioner Langer noted that the committee met on January 21, 2021. Ms. Ash then reviewed the financial statements and cash activity for December 2020 (E:04:21).

Authorization for Payment of **Vouchers & Payroll**

Warrant Numbers 14488 through 14642 for December 2020 for payment in the amount of \$132,817.19 were presented for approval (E:05:21) by Commissioner Langer. Motion to approve passed unanimously.

Resolution 2021:01 **Surplus Property**

Motion to approve passed unanimously Resolution 2021:01 determining certain personal property to be surplus and no longer required for public hospital district purposes.

Resolution 2020:02 **Appointing Tammy Keuser as Auditor** Floating Holiday

Motion to approve passed unanimously Resolution 2021:02 appointing Tammy Keuser as auditor of the district effective February 8, 2021.

Ms. Ash shared insights into the requirement that Public Hospital Districts offer employees a floating holiday per the RCW. As a result, a floating holiday will be added to the Employee Handbook.

Program Committee **Update**

The Program Committee met on January 21, 2021.

Commissioner Knutsen mentioned that there were no new or renewal program requests, and no conflicts of interest were reported by commissioners.

Ms. Reese indicated that there are two modifications to contracts, five Superintendent Discretionary Fund contracts, and zero expiring contracts (E:06:21).

COVID-19 Effect on Programs

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Motion to approve passed unanimously Edmonds Senior Center Enhance Wellness/PEARLS Program grant modification to rollover 2020 budget of \$10,557.79 to 2021 budget ending 12/31/2021 for additional clinical services.

Motion to approve passed unanimously Washington Poison Control's Cannabis Prevention Program grant modification to roll over \$7000.00 to 2021 to be spent by 3/31/2021 for translation of materials.

Ms. Reese mentioned the five newly funded groups from the Superintendent Discretionary Fund: \$12,060.00 to Edmonds College for Winter Quarter Student Meal and Food Pantry from 01/11/2021-04/02/2021; \$34,880.00 to Medical Teams International for Q1 community-based COVID testing from 01/11/2021-02/28/2021; \$4,126.00 to South County Fire for staffing support for community-based COVID testing from 12/15/2020-12/31/2020; \$4,300.00 to Trinity Lutheran Church for a cold weather shelter street outreach from 01/01/2021-03/31/2021; and \$10,000.00 to Mountlake Terrace Senior Center for senior meal and social support from 12/01/2020-01/31/2021.

Verdant Community Wellness Center Activities Update

See Exhibit (E:07:21) for an update on activities at the Verdant Community Wellness Center for January 2021.

Public Comments

None

Commissioner Comments

Commissioner Knutsen inquired about the complaint received by the State Auditor's Office. Dr. Edwards explained that there were four concerns by one complainant; 1) Organizations located outside the district boundaries received grants, however, both service Snohomish County and these contracts covered district residents; 2) A grant was approved after a pause on funding was put in place, however this was found to be appropriate under the circumstances; 3) A grant was modified to relocate services, and this was not a new grant as the question was raised indicated; and 4) There was a decision made by the Finance Committee that was not presented to the Board of Commissioners in July or August 2020, however there was no basis for this concern. The goal moving forward is to have greater transparency with our staff and community particularly around funding opportunities. Commissioner Distelhorst commented on the limited availability of the Moderna vaccine.

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> Commissioner Knutsen inquired if a person is still contagious if they have received the vaccine. The conclusion of the discussion that followed is that other vaccines eliminate that probability, and this vaccine is most likely similar. Commissioner Wilson mentioned that historical policies and

Commissioner Wilson mentioned that historical policies and guidelines were impacting the slow distribution of the vaccine and how data was being transferred between entities. Ms. Reese advised that new software is being researched to encapsulate patient data more efficiently.

encapsulate patient data more efficiently.

Commission Langer dismissed himself from the meeting at 9:30am

Adjournment

The meeting was adjourned at 9:47 a.m.

ATTEST BY:		
	President	
	Secretary	

Public Hospital District #2, Snohomish County Balance Sheet As of January 31, 2021

		Α	В	С	D
		Dec 31, 2020	Jan 31, 2021	\$ Change	Comments:
1	ASSETS				
2	Current Assets				
3	Cash Balance	3,404,411	3,327,393	(77,017)	Swedish prepaid rent for February
4	Other Current Assets	55,995,957	56,150,691	154,735	Includes Investments & Prepaid Expenses
5	Total Current Assets	59,400,367	59,478,085	77,718	
6	Total Long-term & Fixed Assets	43,056,966	42,929,263	(127,704)	Net of Accumulated Depreciation
7	TOTAL ASSETS	102,457,334	102,407,347	(49,986)	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	Current Liabilities	1,421,828	1,400,984	(20,845)	Swedish prepaid rent for February
11	Long-term Liabilities	-	-	-	
12	Total Liabilities	1,421,828	1,400,984	(20,845)	
13	Total Equity	101,035,505	101,006,364	(29,142)	Annual Net Income/(Loss)
14	TOTAL LIABILITIES & EQUITY	102,457,334	102,407,347	(49,986)	

Profit & Loss January 31, 2021

		Α	В	С	D	E	F
		Jan Actual	Jan Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1	INCOME	1					
2	Ordinary Income	942,417	976,023	(33,607)	942,417	976,023	(33,607)
3	EXPENSES						
4	Operating Expenses	224,854	219,016	(5,838)	224,854	219,016	(5,838)
5	Depreciation Expense	119,089	117,075	(2,013)	119,089	117,075	(2,013)
6	Program Expenses	855,510	788,375	(67,135)	855,510	788,375	(67,135)
7	Total Expenses	1,199,452	1,124,466	(74,987)	1,199,452	1,124,466	(74,987)
8	OTHER INCOME/(EXPENSE)						
9	Total Other Income/(Expense)	227,894	280,833	(52,939)	227,894	280,833	(52,939)
10	NET INCOME/(LOSS)	(29,142)	132,391	(161,533)	(29,142)	132,391	(161,533)

Monthly Highlights

January 31, 2021

Verdant received dividend payments of \$36.3K, a realized gain of \$19.6K and an unrealized loss of (\$33.3K) on our investment portfolio which closed with an ending market value of \$55,706,978.

Program grant commitments total \$4,737,070 for 2021 excluding BHCF. Additional 2021 funding for COVID-19 programs total \$206K.

Revenue of \$131K and expenses of \$81K from the Kruger Clinic were incurred, netting to an additional operating income of \$50K.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
14643	01/08/2021	A-1 Mobile Lock & Key, Inc.	514.15	Re-key locks at Value Village
14644	01/08/2021	All City Fence Co.	-	VOID - Reissued via check 14661
14645	01/08/2021	ArlenRose Frazier	1,083.00	C-WC 317 - Covid 19 Counseling
14646	01/08/2021	Armstrong Services	1,619.00	Monthly Janitorial and Daily Disinfection Service
14647	01/08/2021	Comcast	379.97	Telephone/Internet
14648	01/08/2021	Consolidated Landscape Maintenance, Inc.	440.90	January 2020 Landscaping
14649	01/08/2021	Davidson-Macri Sweeping, Inc.	712.73	Ice Melt application on 12/26/2020
14650	01/08/2021	Dynamic Computing, Inc.	11,410.51	Labor - Laptop replacements, Equipment disposal & IT Upgrades
14651	01/08/2021	Howard Lieberman	400.00	DISC Meeting with Verdant team
14652	01/08/2021	McKinstry Co., LLC	580.18	Replaced exterior electrical outlet
14653	01/08/2021	NW Restoration & Remodeling LLC	302.50	Painting over graffiti at Value Village
14654	01/08/2021	Quadient Finance USA Inc.	60.00	Postage
14655	01/08/2021	Snohomish County PUD	1,951.33	Electricity
14656	01/08/2021	Sound Dietitians LLC	1,566.23	WC 291 - Healthy Living Coaching Group & WC 292 - Nutrition Consulting
14657	01/08/2021	Teresa Wippel Communications	1,120.00	1/1/21 thru 5/19/21 Advertising in My Edmonds News/Lynnwood Today/MLT News
14658	01/08/2021	Thomas & Associates Consulting, LLC	4,370.88	Consulting Services - Aug 2020 thru Dec 2020
14659	01/08/2021	Waste Management	389.90	Garbage
14660	01/08/2021	Wells Fargo	6,364.39	Credit Card payments for Lisa and Nancy
14661	01/08/2021	All City Fence Co.	4,399.44	Labor & Materials for Temp Chain Link Fence at Value Village + 6 months of rental costs
14662	01/08/2021	AmeriFlex Business Solutions	28.75	January 2021 FSA Administration
14663	01/08/2021	Ash Consulting	26,503.75	December Accounting Services
14664	01/08/2021	Azose Commercial Properties	3,335.00	January Property Management
14665	01/08/2021	ELTEC Systems, LLC	305.25	January 2021 Elevator Maintenance
14666	01/08/2021	Philanthropy Northwest	2,000.00	2021 Annual Membership Dues
14667	01/08/2021	Terra Services, Inc.	4,076.91	Temporary Staffing - Office Manager/Executive Assistant
14668	01/08/2021	Trinity Lutheran Church & Schools	4,300.00	C-S406 - COVID-19 Homeless Meals Outreach Program
14669	01/08/2021	Verizon	109.44	Verdant cell phones
14670	01/19/2021	All Things HR	3,638.25	HR Services for Dec 2020
14671	01/19/2021	Comcast	576.98	Telephone/Internet
14672	01/19/2021	Lowe Graham Jones PLLC	74.50	December Trademark Monitoring
14673	01/19/2021	Margot Helphand	900.00	Facilitate Staff Meeting on 12/18/20 and Pre-Planning
14674	01/19/2021	PalAmerica Security Inc.	1,075.90	Parking Lot Security
14675	01/19/2021	Payden & Rygel	9,271.00	December Investment Advisory Services
14676	01/19/2021	Terra Services, Inc.	1,929.04	Temporary Staffing - Office Manager/Executive Assistant
14677	01/19/2021	WA State Dept of L&I - Elevator Program	147.20	Annual Elevator Certification
14678	01/19/2021	Yasaura Carvajal	255.00	WC 329 - Promotora Lead Work
14679	01/26/2021	City of Edmonds	24.21	Water/Sewer
14680	01/26/2021	City of Lynnwood	595.33	Water/Sewer

_	Transaction Date	Payee	Amount	Purpose
Warrant Activity (co	ontinued):			
14681	01/26/2021	Consolidated Landscape Maintenance, Inc.	440.90	Landscaping
14682	01/26/2021	Daryl Allan Hansmann	490.00	Traffic control at COVID-19 testing event at Lynnwood High School on 12/9/20
14683	01/26/2021	Davidson-Macri Sweeping, Inc.	622.12	Ice Melt application on 1/8/21
14684	01/26/2021	Electronic Business Machines	53.40	Copy Machine Rental
14685	01/26/2021	Margot Helphand	900.00	Facilitate Staff Meeting on 1/8/21 and Pre-Planning
14686	01/26/2021	Principal Life Insurance Co.	1,435.27	EE Life Insurance Benefit
14687	01/26/2021	Quadient Finance USA Inc.	225.12	Postage
14688	01/26/2021	Regence Blueshield	6,897.69	Medical & Dental Insurance
14689	01/26/2021	SCSO	31.92	Support for COVID-19 testing event at Lynnwood High School on 12/9/20
14690	01/26/2021	Staples	25.00	Paper and Misc office supplies
14691	01/26/2021	State Auditor's Office	7,483.41	2019 Audit Fees
14692	01/26/2021	Terra Services, Inc.	1,830.46	Temporary Staffing - Office Manager/Executive Assistant
14693	01/26/2021	WA State Department of Revenue	-	VOID - Paid electronically
14694	01/26/2021	Alex Ross	21.00	Support for COVID-19 testing event at Lynnwood High School on 12/9/20
14695	01/26/2021	Parsi Properties LLC	2,786.00	Parking lot lease
14696	01/29/2021	Staples	70.34	Paper and Misc office supplies
		Total Warrants	120,124.25	
	Transaction	•	•	Durnaca
_	Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	01/04/2021	ADP	57.75	Payroll System Fee
	01/08/2021	ADP	87.96	Payroll Processing Fees
	01/11/2021	AmeriFlex Business Solutions	249.04	Flexible Spending - Claim Reimbursement
	01/11/2021	Wells Fargo	347.96	Service Charge
	01/13/2021	Wells Fargo Merchant Services	71.10	Service Charge
	01/14/2021	ADP	16,697.28	ACH Payroll Transfer
	01/14/2021	ADP	6,380.70	ACH Payroll Taxes
	01/14/2021	Valic	2,943.54	Payroll 401(a)/457 Deposit
	01/15/2021	AmeriFlex Business Solutions	132.09	Flexible Spending - Claim Reimbursement
	01/20/2021	ADP	137.80	Payroll Processing Fees
	01/22/2021	ADP	87.38	Payroll Processing Fees
	01/22/2021	AmeriFlex Business Solutions	34.85	Flexible Spending - Claim Reimbursement
	01/25/2021	WA State Department of Revenue	793.07	B&O/Retail Sales Tax for Dec 2020
	01/28/2021	ADP	18,628.41	ACH Payroll Transfer
	01/28/2021	ADP	6,897.37	ACH Payroll Taxes
	01/28/2021	Valic	2,976.75	Payroll 401(a)/457 Deposit
		Total Wire/ACH Activity	56,523.05	

_	Transaction Date	Payee	Amount	Purpose
	01/15/2021	Edmonds College Foundation	12,060.00	Award C-S405 - COVID-19 Response - Spring Quarter Student Meal Support
	01/15/2021	Medical Teams International	4,000.00	Award C-S404 - COVID-19 Response - Community Testing
	01/15/2021	Boys & Girls Club of Snohomish County	24,583.33	Program Payment
	01/15/2021	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	01/15/2021	Center for Human Services	36,553.66	Program Payment
	01/15/2021	ChildStrive	24,754.33	Program Payment
	01/15/2021	City of Mountlake Terrace	215,000.00	Program Payment
	01/15/2021	Compass Health	12,635.58	Program Payment
	01/15/2021	Concern for Neighbors Food Bank	6,030.00	Program Payment
	01/15/2021	Domestic Violence Services Snohomish Co	13,566.50	Program Payment
	01/15/2021	Edmonds School District No. 15	110,834.00	Program Payment
	01/15/2021	/15/2021 Edmonds Senior Center 57,996.00 Program Payment		Program Payment
	01/15/2021	Homage Senior Services	64,309.10	Program Payment
	01/15/2021	Korean Women's Association	15,000.00	Program Payment
	01/15/2021	Lynnwood Food Bank	839.58	Program Payment
	01/15/2021	Medical Teams International	8,100.00	Program Payment
	01/15/2021	Prescription Drug Assistance Foundation	4,583.33	Program Payment
	01/15/2021	Project Access Northwest	10,416.67	Program Payment
	01/15/2021	Puget Sound Christian Clinic	128,793.00	Program Payment
	01/15/2021	South County Fire	19,771.66	Program Payment
	01/15/2021	Therapeutic Health Services	20,833.33	Program Payment
	01/15/2021	Wonderland Child & Family Services	23,513.58	Program Payment
		Total Wires/ACH Transactions	816,840.32	
	Transaction Date	Payee	Amount	Purpose
-		•		
Kruger Clinic Activi	ty:			
1485-1499	misc	Various Claimants/Vendors	19,328.49	Administered by Azose
Work Comp Activit	y:			
305477-305479	misc	Various Claimants/Vendors	987.76	Administered by Eberle Vivian
		Total Disbursements	1,013,803.87	

	Transaction Date	Payer	Amount	Purpose
	Date	rayei	Amount	1 ui posc
Deposits:				
	01/01/2021	Allied Dermatology Partners	9,567.57	Monthly Rent and payment of rent deferral from July and August
	01/01/2021	Raymond Liu, D.D.S.	3,898.67	Monthly Rent
	01/05/2021	Edmonds Medical Clinic	6,607.60	Monthly Rent
	01/08/2021	Snohomish County	22,585.25	Levy
	01/26/2021	VCWC Class Registrations	70.00	Registration for VCWC Classes
	01/26/2021	Jean Kim Foundation	14,505.00	Return of unspent program payments
	01/26/2021	US Bank	0.79	Refund after reconciliation of final bond payment
	01/27/2021	Swedish/Edmonds	806,349.83	Monthly Rent
	01/27/2021	Swedish Edmonds Children's Clinic	21,919.32	Monthly Rent
	01/27/2021	Swedish Edmonds Kruger Clinic	51,282.51	Monthly Rent
		Total Deposits	936,786.54	

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers $\underline{14643}$ through $\underline{14696}$ have been issued for payment in the amount of $\underline{\$120,124.25}$. These warrants are hereby approved.

Attest:			
Tammy Keuser		Commis	ssioner
	_	Commis	ssioner
	_	Commis	ssioner
	-	Commis	ssioner
	_	Commis	ssioner
Warrants Processed:	01-01-2021 – 01-31-2021		\$120,124.25
Work Comp Claims Pd:	01-01-2021 – 01-31-2021		987.76
Kruger Clinic Processed:	01-01-2021 – 01-31-2021		19,328.49
Payroll:	12-27-2020 - 01-09-2021 01-10-2021 - 01-23-2020	16,697.28 <u>18,628.41</u>	05.005.00
			35,325.69
Electronic Payments/ Adjustments:	Payroll Taxes Payroll Processing Valic Retirement FSA Payments Bank Fees and Supplies WA State Dept Revenue Program Expenditures	13,278.07 370.89 5,920.29 415.98 419.06 793.07 816,840.32	
			838,037.68
	Grand Total		\$1.013.803.87

Program Oversight Committee February 24, 2021

Zoe Reese, Director of Community Impact and Grant Making

Modifications to Contracts

Organization	Project	Time Period	Total Funding	Staff Recommendation	Action
Medical Teams International	Community COVID-19 Testing	1/1/21- 2/28/21	\$34,880	Extend contract period to end 3/31/21	Approval
Trinity Lutheran Church	Cold weather shelter outreach	1/1/21- 12/31/21	\$4,300	Include COVID-19 shelter cleaning as allowable contract expense for a total of \$2,213.67	Approval
		Total	\$39,180		

Superintendent's Discretionary

Organization	Project	Time Period	Total Funding	Action
Jean Kim Foundation	Hygiene Center	2/1/21-4/30/21	\$52,182	Information
Korean Women's Association	Senior Meal and BH Program	2/1/21-12/31/21	\$69,128	Information
South County Fire	Adult Family Home COVID-19 vaccination	1/15/21-06/30/21	Up to \$48,000	Information
		Total	\$169,310	

Proposed Housing Statement, reviewed by Brad Berg

The COVID-19 Pandemic has emphasized the foundational importance of humane housing to protect vulnerable populations from adverse health outcomes and to promote their health and wellness and prevent illness. Efforts to support individuals and families in gaining housing and/or staying housed are critical health interventions for community wellbeing. Verdant Health Commission is dedicated to funding health and wellness services related to housing that include but are not limited to: Onsite services such as case management, direct healthcare provision, education and life skill development, short term shelter including hotel/motel vouchers, rental and utility assistance to maintain at risk individuals in housing and avoid homelessness, and psychosocial supports.

Expiring Contracts:

None

2021 Grant Process

- Grant Q&A session held 2/9/21 had over 53 participants. Slides and recording of session are available on Verdant's website and youtube channel.
- Applications are being accepted 2/15-2/26.
- Complete applications will be scored by Program Committee, board and staff starting the week of 3/1 and then recommended proposals will come to full board for review and approval at 3/24/21 board meeting.

Electronic Grant Software

• Staff and a focus group of current grantees reviewed demos from highly rated three software companies during the week of 2/15.

• Staff recommendations including cost/functionality/review feedback for all to come to March 2021 Program and Finance Committees for review.

COVID testing and vaccine partnerships (as of 2/19)

- Mass vaccination site (SVNA, Edmonds College) YTD: 8,412 vaccinations provided.
- Adult Family Home/Long-term Care onsite vaccinations (SCF) YTD: 80 facilities and 1,100 residents. Location of facilities: Lynnwood 42, Edmonds 23, MLT/Brier 2, Unincorporated/Other 13
- Testing (MTI): 219 tested, 5 positive cases (approx. 2.2% positivity rate)

Program Report to Commissioners February 24, 2021

Verdant Community Wellness Center Report

Sue Waldin, Community Wellness Program Manager

Addressing Food Insecurity

Fruit and Vegetable Voucher Program

- Distributed 1,640 fruit and vegetable vouchers since April 2020 to food insecure residents through eight partners.
- The Department of Health-funded fruit and vegetable voucher project continues with families with school age children. A July through December cohort will support Spanish speakers if the program is funded again by the legislature.

Virtual Programming and Offerings

Diabetes Prevention and Support Resources

- Preventing Type 2 Diabetes 12-Week Series: program started on 2/9/21 with 13 participants and waiting list. Program is co-sponsored with PHD#3 / lifestyle modification program developed by Verdant and taught by a CDE/RDN.
- Navigating Diabetes Today Monthly Support Group: program met 2/17/21 with 12 participants. This session included a local Cardiologist sharing info about diabetes and heart health addressing risk, prevention and management.

Health and Well-Being

- Healthy Weight as a New Year's Resolution: 1/27/21 with 19 participants, RDN shared strategies for lifestyle change to support long term weight management and healthier eating.
- Foods to Support the Immune System Cooking Demonstration: 2/3/21 with 26 participants, RDN shared how lifestyle factors, foods and nutrients can enhance your immune function.
- Recipes to Lower Blood Pressure Cooking Demonstration: 2/9/21 with 12 participants, RDN shared tips about lifestyle changes, reducing sodium and the DASH diet to help manage and prevent high blood pressure.
- Budget Friendly Recipes Cooking Demonstration: 2/12/21 with 11 participants, demonstration featured canned salmon and tuna. RDN shared how shelf stable fish products are an economical and healthy option to stretch food dollars.

Note: Sue Waldin is assisting with efforts to support the cold weather shelter. A 21-day meal program was offered 1/16-2/5 to help unsheltered individuals in the community know how the shelter works during the pandemic. The number of guests using the shelter increased from a previous high of 4 in November and December to 16 during the recent February snow. Sue is also the Verdant staff lead supporting the bilingual Community Resource Advocate in partnership with VOA and Edmonds College.

Verdant Community Social Worker Highlights: January/February 2021

Nancy Budd, Community Social Worker

Provider Training

COVID-19 and Sleep Disorders: A Review for Behavioral Health Providers. 83 registered, 60 attended.

Case Management

• Continuing support for 14 clients with complex medical and behavioral health conditions. I obtained 6 new client referrals during this period. These clients were referred by Swedish Edmonds and self-referral. Each client has multiple needs surrounding substance use, mental

- illness, housing, etc. Submitted two Adult Protective Services reports for exploited community seniors; these are in the investigative stage.
- CHART: In process of obtaining additional needed information in order to contact potential new clients to offer them this service program.
- This past month included two staff meetings, one facilitated by Margot, weekly team check ins, marketing and grant update meetings, monthly County Outreach Coalition, and County and Human Services Providers meeting. A one-one hour training on Policing as a Public Health Issue, and a one-and-a-half-day conference on the Interplay Between Environmental Exposures and Mental Health.

Multicultural Report

Sandra Huber, Community Engagement Manager

Verdant Sponsored Programs

- Weekly Parent Support Group: Thursdays, 10:30 a.m., 24 parents
- Community Health Boards Coalition: Thursdays, 6:00-8:00 p.m., 41 participants
- Women's Support Group: Third Wednesday of the month, 21 participants
- Mindfulness in Times of COVID: Eight-week series in Spanish, 1/27-3/17, 6:00 p.m., 13 participants
- The Importance of Self-Care: 2/4, 33 participants
- Knowing Yourself and Parenting: 2/6-3/27, 9:00-11:00 a.m., 27 participants

Community Collaborations

- Con Confianza y En Comunidad: Hablando sobre COVID-19 y temas que nos afectan: Tuesdays, 5:00-7:30 p.m., 73 participants
- Snohomish County Latino Coalition (SCLC): Meets monthly, 6:00-7:30 p.m., 33 participants
- Health Equity for Immigrants Campaign: Every week on Monday at 3:30 p.m. ends 4/12/21, 61 participants
- Latinix Health Board: Fridays at 1:00 p.m., 19 participants
- DOH Collaborative: Wednesdays at 4:00 p.m., 102 participants
- Community Health Board Coalition: Thursdays 6:00-8:00 p.m., 29 participants
- OCOE Community Action Coalition Steering Committee: Third Thursday of the month, 3:00-4:00 p.m., 17 participants

Marketing Report

Jennifer Piplic, Director of Marketing and Communications

Marketing Internship

• This past month, we have interviewed excellent candidates for our first Social Media Intern position, with the selected candidate coming on board in March to support our organization's social media strategy and increase engagement. This position will work 10-15 hours a week, and the internship will last 6 months.

COVID-19 Communication

• We continue to facilitate weekly meetings of communications professionals across the county on COVID-19 issues. This has proven to be valuable to us and the approximate 10 other organizations that regularly participate, strengthening our relationships with each other, staying up-to-speed on county COVID-19 news, and reinforcing appropriate messaging.

Grant and program support

• In recent weeks, we supported the launch of the grant application materials and outreach to community around those opportunities. Support for internal programs includes the creation of more flexible templates for staff to use to promote classes and programs offered by Verdant staff. This will offer program staff options they can customize themselves, with less oversight needed from marketing.