

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
BOARD OF COMMISSIONERS  
Regular Meeting  
A G E N D A  
April 27, 2016  
8:00 a.m. to 9:35 a.m.

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	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) March 23, 2016 Board Meeting	Action	8:01	1-4
b) March 28, 2016 Special Meeting	Action	8:02	5-6
C. Executive Committee Report	Information	8:04	---
D. Finance Committee Report			
a) Financial Statements and Cash Activity	Information	8:05	7-11
b) Authorization for Payment of Vouchers and Payroll	Action	8:10	12
c) Resolution 2016:03 Surplus Property	Action	8:13	13-16
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	Action	8:15	---
b) Program Committee Investment Recommendations	Action	8:16	17-19
c) Verdant Behavioral Health Program Review	Action	8:30	18
d) Verdant Community Wellness Center Activities Update	Information	8:45	20-21
F. Marketing Report	Information	8:50	22
G. Superintendent's Report	Information	8:55	---
H. Public Comments (please limit to three minutes per speaker)	---	9:00	---
I. Commissioner Comments	---	9:10	---
J. Executive Session			
a) Review and Consider Proposed Property Acquisition	---	9:20	---
K. Open Session	---	9:30	---
L. Adjournment	---	9:35	---

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
VERDANT HEALTH COMMISSION**

**BOARD OF COMMISSIONERS**

**Regular Meeting**

**Verdant Community Wellness Center**

**March 23, 2016**

<b>Commissioners Present</b>	Fred Langer, President J. Bruce Williams, M.D., Commissioner Bob Knowles, Commissioner Karianna Wilson, Commissioner (8:06 a.m. arrival)
<b>Commissioners Absent</b>	Deana Knutsen, Commissioner
<b>Others Present</b>	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent & Program Director Sandra Huber, Outreach Specialist Jennifer Piplic, Marketing Director Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Lisa King, Finance Director (via conf. call at 9:00 a.m.) Members of the community
<b>Guests</b>	Brad Berg, Attorney (via conf. call at 9:00 a.m.) Sarah Olson, City of Lynnwood David Mach, City of Lynnwood Sessyle Asato, KPG, Inc.
<b>Call to Order</b>	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Langer.
<b>Approval of Minutes</b>	<b>Motion was made, seconded and passed unanimously to approve</b> the minutes of the regular meeting on February 24, 2016.
<b>Executive Committee</b>	President Langer reported that the Executive Committee met on March 18, 2016 to review the March 23, 2016 board meeting agenda, and to complete the Superintendent performance appraisal. No action was taken.
<b>Board Finance Committee</b>	The committee met on March 17, 2016. Superintendent Zapora reviewed the financial statements and cash

activity for February 2016 (E:16:16). Warrants #11550, 11574, and 11578 were called out.

**Authorization  
for Payment of  
Vouchers &  
Payroll**

Warrant Numbers 11538 through 11579 for February 2016 for payment in the amount of \$82,283.59 were presented for approval (E:17:16). **Motion was made, seconded and passed unanimously to approve.**

**Program  
Oversight  
Committee  
Update**

The Program Committee met on March 18, 2016 to review three requests (E:18:16).

No conflicts of interest were reported by any of the commissioner present.

**Motion was made, seconded and passed unanimously to approve** the American Red Cross Home Fire Preparedness Campaign in the amount of \$5,000 per year for three years.

Commissioners would like staff to put together a mental health program review for programs funded by Verdant and present at the April 2016 board meeting. The Compass Health Crisis Prevention & Intervention Teams program and the Snohomish County Fire District 1/Operation Military Family Verdant for Veteran's program will be tabled for further discussion at the April 2016 board meeting.

Mr. Kosovich introduced Ms. Sandra Huber, the Community Outreach Specialist for Verdant who comes to Verdant from Lutheran Community Services with past experience at ChildStrive.

Ms. Waldin presented an update on activities in the Verdant Community Wellness Center for March (E:19:16) and called out the Latino Health Fair on March 12, 2016, the Therapeutic Health Services (THS) parent coaching group and youth counseling sessions. There were a total of 42 sessions held at the Wellness Center in February 2016 by THS and of the 42, 5 were medication management sessions and 37 were counseling sessions.

**Presentation  
by City of**

Ms. Sarah Olson & Mr. David Mach of the City of Lynnwood and Ms. Sessyle Asato of KPG Inc. provided an update to the board on the Bike2Health project

**Lynnwood  
Bike2Health**

and thanked Verdant for the grant of \$1.9 million (E:20:16). Commissioners asked if the signage on the bike trail can include Verdant's logo. The City of Lynnwood will follow-up on this and will provide information about the cities' contribution to complementary infrastructure projects. Commissioner Langer requested the Program Committee follow-up with Bike2Health on statistics for ridership when they are available.

**Marketing  
Report**

Ms. Piplic presented the Marketing report (E:21:16) which includes a summary of the Verdant Healthier Community Conference on February 29, 2016. Ms. Piplic will share the demographics of the 310 registered attendees with the commissioners via email.

**Superintendent's  
Report**

Superintendent Zapora reported on two items:

1. The hiring of Ms. Sandra Huber as Community Outreach Specialist for Verdant.
2. The success of the Verdant Healthier Community Conference and the reach of community partners and general public.

**Public  
Comments**

Mr. Mike Echelbarger of Edmonds spoke on behalf of the Boys & Girls Club wanting to know the status of Verdant's interest in the Alderwood property.

**Commissioner  
Comments**

None

**Executive  
Session**

President Langer recessed the regular meeting at 9:00 a.m. into Executive Session to review and consider proposed property acquisition and discuss the Superintendent performance.

President Langer stated that the board would reconvene in 25 minutes and no action would be taken in Executive Session.

**Open Session**

The board reconvened into Open Session at 9:25 a.m. **Motion was made, seconded and passed unanimously to approve** Resolution 2016:02 approving the terms and conditions of an amendment to the employment

agreement with the Superintendent of the District with a 3% pay increase.

**Adjourn**

There being no further business to discuss, the meeting was adjourned at 9:26 a.m.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

**PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
VERDANT HEALTH COMMISSION**

***SPECIAL MEETING  
Verdant Community Wellness Center  
March 28, 2016, 8:00 a.m.***

**Commissioners  
Present**

Fred Langer, President  
Deana Knutsen, Commissioner  
Karianna Wilson, Commissioner (8:37 a.m. arrival)

**Commissioners Absent**

Bob Knowles, Commissioner  
J Bruce Williams, M.D., Commissioner

**Staff**

Carl Zapora, Superintendent  
George Kosovich, Assistant Superintendent &  
Program Director  
Lisa King, Finance Director  
Jennifer Piplic, Marketing Director  
Sue Waldin, Community Wellness Program Manager  
Sandra Huber, Community Outreach Specialist

**Others Present**

Members of the Public

In the absence of quorum, Assistant Superintendent Kosovich began his presentation of the draft Strategic Plan (E:22:16).

**Call to Order**

The Special Meeting of the Board of Commissioners was called to order by President Langer at 8:37 a.m.

**Strategic Long-range Plan  
for the District**

Commissioner Knutsen voiced her concerns regarding spending disproportionately favoring seniors and children and called out the need to support adults and caregivers between the ages of 20 and 50 years old. She also expressed an interest for more research and assessment of community needs, and Assistant Superintendent Kosovich shared that additional community research is planned for later this year. Commissioner Langer does not want to be too rigid in tying funding to specific priorities.

The Finance Committee recommendations for reserve fund balance and asset mix by 2020 were discussed. Commissioner Langer would like to challenge the commissioners on their thinking regarding the reserve floor of \$35 million and would like further discussion on the reasoning behind this number. He asked staff to

research how much other local municipalities have in reserves.

Discussion around potential development of the Value Village property occurred. Superintendent Zapora suggested having further discussion in executive session at the April board meeting regarding possible property acquisition.

Commissioner Langer stated that we should not let anything the State Auditor's Office says influence our decisions on Building Healthy Communities Fund projects. Commissioner Knutsen asked for additional information on mental health projects available to support in the District. Commissioner Wilson asked for specific instruction on how to proceed with the Building Healthy Communities Fund RFP. Assistant Superintendent Kosovich will develop a few RFP options for the program committee to review which include provisions for projects tied to other Verdant funding priorities.

**Public Comment**

None.

**Adjourn**

The meeting was adjourned at 9:08 a.m.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

**Balance Sheet**  
As of March 31, 2016

	A	B	C	D
	Dec 31, 2015	Mar 31, 2016	\$ Change	Comments:
<b>1 ASSETS</b>				
<b>2 Current Assets</b>				
<b>3 Cash Balance</b>	2,928,196	1,716,480	(1,211,716)	
<b>4 Other Current Assets</b>	34,623,348	36,236,961	1,613,613	Includes Investments
<b>5 Total Current Assets</b>	37,551,544	37,953,442	401,897	
<b>6 Total Long-term &amp; Fixed Assets</b>	46,897,663	46,249,608	(648,056)	Depreciation
<b>7 TOTAL ASSETS</b>	<b>84,449,208</b>	<b>84,203,049</b>	<b>(246,158)</b>	
<b>8 LIABILITIES &amp; EQUITY</b>				
<b>9 Liabilities</b>				
<b>10 Current Liabilities</b>	2,202,808	1,521,082	(681,726)	
<b>11 Long-term Liabilities</b>	3,989,978	3,974,471	(15,507)	2012 LTGO Bonds
<b>12 Total Liabilities</b>	6,192,786	5,495,553	(697,233)	
<b>13 Total Equity</b>	78,256,421	78,707,496	451,075	Annual Net Income
<b>14 TOTAL LIABILITIES &amp; EQUITY</b>	<b>84,449,208</b>	<b>84,203,049</b>	<b>(246,158)</b>	

**Profit & Loss**

Mar 2016

	A	B	C	D	E	F
	Mar Actual	Mar Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
<b>1 INCOME</b>						
<b>2 Ordinary Income</b>	820,219	824,264	(4,045)	2,512,935	2,485,041	27,894
<b>3 EXPENSES</b>						
<b>4 Operating Expenses</b>	162,676	190,120	27,444	465,640	564,973	99,333
<b>5 Depreciation Expense</b>	206,149	208,364	2,215	621,436	626,807	5,371
<b>6 Program Expenses</b>	454,026	523,500	69,474	1,907,632	2,200,500	292,868
<b>7 Total Expenses</b>	822,851	921,984	99,133	2,994,708	3,392,280	397,572
<b>8 OTHER INCOME/(EXPENSE)</b>						
<b>9 Total Other Income/(Expense)</b>	225,483	226,468	(985)	932,848	679,403	253,445
<b>10 NET INCOME</b>	<b>222,850</b>	<b>128,746</b>	<b>94,104</b>	<b>451,075</b>	<b>(227,837)</b>	<b>678,912</b>

**Monthly Highlights**

Mar 2016

Verdant received dividends payments of \$43,839 on our investment portfolio in March and closed with an ending market value of \$34,854,155.

Annual program commitments total \$6,109,703 and \$3,417,905 for 2016 and 2017, respectively. \$1,590,297 remains available to spend in 2016, of which \$42,387 is earmarked as Superintendent Discretionary.

Additional income of \$93,749 and expenses of \$67,575 from the Kruger Clinic were incurred, netting to an additional operating income of \$26,174 in March.

**Public Hospital District #2**

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
11580	03/01/2016	Parsi Properties LLC	2,000.00	March Parking Lot Rent
11581	03/01/2016	Puget Sound Energy	59.64	Natural Gas
11582	03/01/2016	Seattle Rubbish Removal	284.90	Trash Removal
11583	03/01/2016	Waste Management	88.53	Garbage/Recycle
11584	03/01/2016	Waste Management	145.14	Garbage/Recycle
11585	03/01/2016	Consolidated Landscape Maintenance, Inc.	436.91	Landscaping
11586	03/01/2016	Snohomish County PUD	1,116.71	Electricity
11587	03/03/2016	Sound Steppers Volkssports Club	100.00	Refund Deposit for VCWC
11588	03/03/2016	Aukema & Associates	1,010.50	Website Developement
11589	03/03/2016	Eventbrite	266.40	Ticket Sales for VHCC
11590	03/03/2016	Pacific Art Press Inc	1,115.74	Printing of Programs for 2016 VHCC
11591	03/03/2016	Beth Rodriguez, LLC	2,712.47	Feb 2016 Marketing Consulting for VHCC
11592	03/03/2016	Jason Becker Creative	2,315.00	VHCC flyer, branding, photography
11593	03/03/2016	Samaritan Healthcare	49.00	Refund for VHCC cancellation
11594	03/03/2016	Tulalip Tribes and Clinic	49.00	Refund for VHCC cancellation
11595	03/03/2016	Corporate Security LLC	319.00	March 2016 Parking Security - VCWC
11596	03/10/2016	Armstrong Services	1,299.69	Janitorial Feb 2016
11597	03/10/2016	Guardian Security Systems	240.00	4/1-6/30/16 Elevator and AES Radio Monitoring
11598	03/10/2016	Swedish Medical Center	360.00	WC 123-Diabetes Prevention Workshop Instructor
11599	03/10/2016	Ash Consulting	382.00	Feb 2016 Accounting Consulting
11600	03/10/2016	Background Investigation, Inc.	25.00	Background check for New PTE
11601	03/10/2016	Comcast	271.86	Internet/Telephones
11602	03/10/2016	Healthcare Realty	5,999.77	Property Management
11603	03/10/2016	Platt Electric	149.47	Light bulbs for Cedar Room
11604	03/10/2016	Sound Dietitians	240.00	WC 129 - Lifestyle Change Check-in session 2/2, 2/16
11605	03/10/2016	City of Lynnwood - Utilities	469.68	Water/Sewer/Storm
11606	03/10/2016	Lowe Graham Jones PLLC	866.00	Feb 2016 trademark watch & Annual subscription to watch service
11607	03/10/2016	Awards Service Inc	22.45	Name plaque for Sandra Huber
11608	03/16/2016	Bonewitz LLC	2,102.50	Feb 2016 Project Management of Kruger Clinic Urgent Care TI
11609	03/16/2016	City of Lynnwood	1,238.19	Feb 2016 VCWC After Hours Support (84.75 hrs)
11610	03/16/2016	Comcast	523.08	Internet/Telephones
11611	03/16/2016	Institute for Fitness and Health	85.43	Joe Piscatella Travel time to attend VHCC
11612	03/16/2016	Moss Adams - Cost Report	2,025.00	2007 Final CPE Settlement from HCA
11613	03/16/2016	State Auditor's	2,817.73	2013/14 State Audit
11614	03/16/2016	AmeriFlex Business Solutions	17.25	Mar 2016 FSA Administration
11615	03/16/2016	Awards Service Inc	29.57	Name tags for Sandra Huber
11616	03/16/2016	Electronic Business Machines	1,452.96	12/1/15 - 2/29/16 Copy Machine
11617	03/16/2016	Total Health	250.00	WC 117 - Instructor reimbursement for 2/10 Nutrition class
11629	03/24/2016	Wells Fargo	2,627.13	Misc.
11630	03/24/2016	Wells Fargo	284.78	Misc.
11618	03/24/2016	Dataworks	1,857.98	IT Support & VHCC Support
11619	03/24/2016	Department of Retirement Systems	25.00	Old Age Survivor Benefit
11620	03/24/2016	Eberle Vivian	4,037.70	2Q16 Self Insurance Work Comp Claims Administration
11621	03/24/2016	Edmonds Community College	612.90	ASEdCC Food Choice Goal Committee

Warrant Number	Transaction Date	Payee	Amount	Purpose
11622	03/24/2016	Pacific Art Press Inc	120.11	Business Cards for Sandra Huber
11623	03/24/2016	Parsi Properties LLC	2,000.00	April 2016 - Parking lot lease
11624	03/24/2016	Sea-Mar CHC	1,080.00	WC 131 - Cooking Matters Curriculum and Class
11625	03/24/2016	Sound Publishing, Inc.	39.20	Legal Notice 3/23 Board Meeting
11626	03/24/2016	Staples	697.75	Supplies
11627	03/24/2016	The StayWell Company, LLC	3,000.00	Qtr Payment for health content on website & publication
11628	03/24/2016	Workman Publishing Co.	204.77	Good and Cheap Non Profit Bundle Books
11631	03/24/2016	Bulger Safe & Lock, Inc.	95.34	Key Box Verdant
11632	03/24/2016	Premera Blue Cross	3,808.62	April 2016 Employee Medical & Dental Insurance
11633	03/24/2016	Thomas & Associates	8,937.50	Dec 2015, Jan 2016 retainer / Strategic Coll Comm 12/3/15
11634	03/31/2016	Consolidated Landscape Maintenance, Inc.	438.11	April 2016 Landscaping
11635	03/31/2016	Dataworks	5,508.85	IT Support & Purchase of 2 new computers (Sandra & Sue)
11636	03/31/2016	Principal Financial Group	982.60	EE Life Insurance
11637	03/31/2016	Snohomish County PUD	1,344.19	Electricity
11638	03/31/2016	Waste Management	174.27	Garbage/Recycling
11639	03/31/2016	Waste Management	89.41	Garbage/Recycling
		Total Warrants	70,902.78	

**Wire/ACH Activity:**

3/4/2016	Payroll	17,801.47	ACH payroll transfer
3/4/2016	Department of Treasury	7,724.45	Payroll taxes for 2/27/16 pay period ending
3/4/2016	Valic	2,753.38	Payroll 401(a)/457 Deposit
3/4/2016	Paychex	96.65	Fee for payroll processing
3/18/2016	Payroll	16,381.82	ACH payroll transfer
3/18/2016	Department of Treasury	7,275.97	Payroll taxes for 3/12/16 pay period ending
3/18/2016	Valic	2,721.23	Payroll 401(a)/457 Deposit
3/18/2016	Paychex	94.45	Fee for payroll processing
3/10/2016	Wells Fargo	159.42	Feb 2016 Client Analysis Bank Fee
3/10/2016	Wells Fargo Merchant Services	337.39	Merchant Services
3/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
3/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
3/15/2016	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
3/15/2016	CampFire	4,166.67	Program Payment
3/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
3/15/2016	Center for Human Services	13,750.00	Program Payment
3/15/2016	ChildStrive	23,333.33	Program Payment
3/15/2016	City of Lynnwood	12,094.08	Program Payment
3/15/2016	Community Health Center of Snohomish Co	76,570.13	Program Payment
3/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
3/15/2016	Edmonds Community College	4,974.50	Program Payment
3/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
3/15/2016	Edmonds School District No. 15	68,533.25	Program Payment
3/15/2016	Edmonds Senior Center	9,166.67	Program Payment
3/15/2016	Kindering	7,500.00	Program Payment
3/15/2016	Korean Women's Association	5,000.00	Program Payment
3/15/2016	Lutheran Community Services NW	7,837.58	Program Payment
3/15/2016	Mary Porter, RDN	495.00	Program Payment

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Wire/ACH Activity:</b>				
	3/15/2016	Medical Teams International	5,500.00	Program Payment
	3/15/2016	PEPS	2,987.50	Program Payment
	3/15/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	3/15/2016	Project Access Northwest	7,500.00	Program Payment
	3/15/2016	Puget Sound Christian Clinic	13,966.66	Program Payment
	3/15/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	3/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	3/15/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	3/15/2016	Snohomish County Music Project	2,416.67	Program Payment
	3/15/2016	Therapeutic Health Services	16,666.67	Program Payment
	3/15/2016	Volunteers of America Western WA	6,362.92	Program Payment
	3/15/2016	Wonderland Development Center	11,250.00	Program Payment
	3/15/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	3/15/2016	American Diabetes Association	6,250.00	Program Payment
	3/15/2016	City of Mountlake Terrace	6,580.00	Program Payment
	3/15/2016	YWCA of Seattle, King and Snohomish Co	6,250.00	Program Payment
	3/4/2016	AmeriFlex Business Solutions	49.22	FSA Payments
	3/24/2016	AmeriFlex Business Solutions	55.00	FSA Payments
	3/24/2016	AmeriFlex Business Solutions	1,021.54	FSA Payments
	3/25/2016	WA Department of Revenue	764.69	B&O tax
		<b>Total Wires/ACH Transactions</b>	<u>507,785.98</u>	
<b>Kruger Clinic Activity:</b>				
484-497	Mar 2016	Various Claimants/Vendors	<u>42,434.13</u>	Administered by Healthcare Realty
<b>Workers Compensation Claims Activity:</b>				
305293-299	Mar 2016	Various Claimants/Vendors	<u>6,472.12</u>	Administered by Eberle Vivian
		<b>Total Disbursements</b>	<u><u>\$ 627,595.01</u></u>	

	<b>Transaction Date</b>	<b>Payer</b>	<b>Amount</b>	<b>Purpose</b>
<b>Deposits:</b>				
	3/1/2016	Swedish/Edmonds	759,803.62	Monthly leases
	3/2/2016	Value Village	25,490.56	Monthly lease
	3/1/2016	Brian Takagi, MD	75.00	Kruger Clinic monthly lease
	3/4/2016	Kean Lawlor	19,681.82	Kruger Clinic monthly lease
	3/1/2016	Raymond Liu, D.D.S.	3,487.73	Kruger Clinic monthly lease
	3/3/2016	Puget Sound Gastro	27,647.12	Kruger Clinic monthly lease
	3/15/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
	3/10/2016	Snohomish County	29,150.77	Levy
	3/1/2016	Molina Healthcare.	1,000.00	Sponsorship of VHCC
	3/1/2016	Safety National Casualty Corporation	57,206.63	Reimbursement for Workers Comp
	3/1/2016	Carl Zapora	5.63	Reimbursement for personal charge
	3/31/2016	VHCC	1,323.00	Registration for conference
	3/23/2016	John Headley MD PS	71.01	Kruger Clinic billback
	3/29/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
	3/30/2016	Molina Healthcare.	200.00	Deposit for VCWC Use
	3/31/2016	Kean Lawlor	19,681.82	Kruger Clinic monthly lease (April)
		<b>Total Deposits</b>	<b>\$ 954,152.15</b>	

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT #2  
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11580 through 11639 have been issued for payment in the amount of \$70,902.78. These warrants are hereby approved.

Attest:

\_\_\_\_\_  
Lisa M. King

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

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Warrants Processed:	3-1-16 – 3-31-16		\$70,902.78
Work Comp Claims Pd:	3-1-16 – 3-31-16		6,472.12
Kruger Clinic Processed:	3-1-16 – 3-31-16		42,434.13
Payroll:	2-14-16 – 2-27-16	17,801.47	
	2-28-16 – 3-12-16	<u>16,381.82</u>	
			34,183.29
Electronic Payments:	Payroll Taxes	15,000.42	
	Paychex	191.10	
	Valic Retirement	5,474.61	
	AmeriFlex FSA	1,125.76	
	Bank Fees	496.81	
	WA State Dept Revenue	764.69	
	Program Expenditures	<u>450,549.30</u>	
			<u>473,602.69</u>
	Grand Total		<u>\$627,595.01</u>

PUBLIC HOSPITAL DISTRICT NO. 2  
SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2016-03

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 27<sup>th</sup> day of April, 2016, the following commissioners being present and voting in favor of the resolution.

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President and Commissioner

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Commissioner

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Commissioner

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Secretary and Commissioner

## CERTIFICATE

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2016-03 is a true and correct copy of the original resolution adopted on April 27, 2016, as that resolution appears on the Minute Book of the District.

DATED this 27<sup>th</sup> day of April, 2016.

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Deana Knutsen  
Secretary to the Board of Commissioners

April 2016 Surplus

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	COST	NBV 4/30/2016	Disposal Date
05	2045015	7140	GE AMX IV PORTABLE C-ARM U	1	4/1/2004	96	33,389.47	-	4/30/2016
05	6700901	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700902	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700903	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	6700904	8715	MODULAR DESK	1	5/1/2006	120	891.10	-	4/30/2016
05	7807401	7250	BABY CRIB (MIDMARK K5117)	1	9/1/2007	180	1,269.45	536.00	4/30/2016
06	2024033	8611	FILE, 5-DRAWER ROLLOUT LGY	1	5/1/2002	180	731.35	48.74	4/30/2016
05	9114101	7250	RECLINERS PT. HOLDING AREA	1	12/1/2009	120	577.38	206.90	4/30/2016
05	9114102	7250	RECLINERS PT. HOLDING AREA	1	12/1/2009	120	577.39	206.90	4/30/2016
05	1001905	7230	SCALE WHEELCHAIR (RME)	1	2/1/2010	180	5,902.05	3,442.86	4/30/2016
05	9115901	6014	METRO BASIX CART	1	12/1/2009	120	860.83	494.98	4/30/2016
05	9115902	6014	METRO BASIX CART	1	12/1/2009	120	860.84	494.98	4/30/2016
05	3170001	7154	TIBURON RECT TABLE 48X24X1	1	10/1/2003	180	432.07	72.06	4/30/2016
05	2031799	7153	TIBURON RECT TABLE 48X24X1	1	10/1/2003	180	432.07	72.06	4/30/2016
05	2031786	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
05	2031787	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
05	2031788	7152	TIBURON SQ TABLE 24X24X21	1	10/1/2003	180	380.36	63.38	4/30/2016
							<b>38,954.67</b>	<b>5,765.62</b>	

## April 2016 Program Summary

- Two new applications for review and action
- Discussion about Infrastructure/Building Healthy Communities Request for Proposals (RFP)
- Behavioral Health Summary/Follow-up on Compass Health Funding Request

### Two new application requests are up for discussion:

1. **Turning Point- Back to School Health Fair:** a \$20,000 funding request for the annual school resource & health fair in August at Cedar Valley Elementary. The fair includes health exams, vision checks, immunizations and oral exams. In 2015 Verdant provided \$12,000 in funding and the event served 810 students and 500 parents. Turning Point is the non-profit fiscal agent for the project, which continues to receive support from CHC of Snohomish County and the Edmonds School District.

**The program committee is recommending partially funding the request at \$12,000 on a one-time basis.**

2. **Mercy Housing -- Bringing Health Home Snohomish:** a multi-year request at \$180,000 per year for three years. Mercy Housing would partner with the Housing Authority of Snohomish County and YWCA to implement health programs at 7 affordable housing complexes in South Snohomish County with the goal of serving 800 residents per year. The program is modeled after a project Mercy Housing ran in partnership with the King County Housing Authority using Community Health Promoters. The goal is to address health disparities and social determinants of health, and the program would track outcomes like vaccinations, tobacco use, increased physical activity and screenings.

**The program committee would like the full board to discuss this request.** The program matches Verdant's general education and prevention priorities, but it does not specifically address one of Verdant's major priorities like behavioral health or adult dental care.

### Infrastructure/Building Healthy Communities Fund Request for Proposal

The program committee discussed options for releasing a new request for proposal (RFP) for its Building Healthy Communities Fund. **The committee is recommending releasing a similar RFP that includes projects that increase opportunities for residents to live active and healthy lives, but also including an emphasis on projects that match another Verdant priority (ex. improving behavioral health, dental care).**

A new request for proposal would focus on projects that:

- Provide access to health and wellness opportunities in neighborhoods or communities that are not currently available, including projects that increase opportunities for residents to live active and healthy lives, or;
- Significantly increase the capacity/service level in high needs areas such as behavioral health, dental, access to healthcare or services for seniors;
- Can measure specific results and community health or wellness improvements as a result of the project;

- Include cooperation between multiple organizations or jurisdictions;
- Leverage other funding sources;
- Have a clear plan for ongoing maintenance and sustainability.

The proposal review process would be:

1. Request for proposals released
2. Applications received, screened by staff
3. Program Committee review
4. Program presentations to board
5. Board review & approval
6. Contracting with funded organizations
7. Construction begins

### **Behavioral Health/Compass CPIT Proposal**

At the last board meeting, we reviewed a proposal from Compass Health for Crisis Prevention & Intervention Teams (CPIT). Two follow up requests were made:

1. More information about how the program fits in with Verdant's existing behavioral health programs. Verdant staff will present on this at today's board meeting.
2. Explore opportunities that leverage funds from North Sound Mental Health or other sources.

**Compass Health - Crisis Prevention & Intervention Teams (CPIT):** a multi-year request to support a 24-hour crisis prevention and intervention team that would serve adults, adolescents, and teens. The team would work in a transitional role by attempting to move people in crisis to appropriate mental health services at either Compass Health or at another agency or hospital. Funds would be used for 1 FTE licensed clinician and 1 FTE certified peer counselor. The two Compass staff would be dedicated to South County and would be co-located at Fire District 1 offices. The program has been funded in Snohomish, Whatcom, and Skagit Counties by North Sound Mental Health.

New Funding Requests		Description	Request for funding			Priorities
#	Name		Year 1	Year 2	Year 3	
1	Turning Point - Back to School Health Fair	A funding request for the annual school resource & health fair in August at Cedar Valley Elementary. The health fair provides health exams, vision checks, immunizations and oral exams/fluoride varnish. More than 600 children and 300 adults have been served each year. In 2015 Verdant provided \$12,000 in funding and the event served 810 students and 500 parents. Turning Point is the non-profit fiscal agent for the project, which continues to receive support from CHC of Snohomish County and the ESD.	\$20,000			Prevention, Access to Healthcare
2	Intercommunity Mercy Housing - Bringing Health Home Snohomish	Mercy Housing would partner with the Housing Authority and YWCA to implement health programs at 7 affordable housing complexes in Verdant's District. The program is modeled after a project Mercy ran in partnership with the King County Housing Authority using Community Health Promoters. The goal is to address health disparities and social determinants of health for 800 residents per year.	\$180,000	\$180,000	\$180,000	Prevention, Education & Empowerment, Access to Healthcare
<b>Pending Funding Requests</b>						
3	Compass Health - Crisis Prevention & Intervention Teams (CPIT)	A multi-year request to support a 24-hour community-based outreach team (CPIT) with the ability to provide mental health services in the community. The two Compass staff would be dedicated to South County and would be co-located at the Fire District offices. Funds would be used for 1 FTE licensed clinician and 1 FTE certified peer counselor.	\$255,870	\$222,870	\$222,870	Prevention, Access to Healthcare

**Verdant Community Wellness Center Summary**  
**April 2016**

**Completed Programs**

<b>A. General Community and Provider Events</b>	<b>Attendance</b>
1. Little Wonders Group for Parents of Special Needs Infants (2/23 – 4/19)*	8-12
2. Medical Reserve Corp CPR Training (March 19)*	10
3. Russian Language Childhood Vaccines Workshop & Childcare (March 21)*	35
4. WAHA Regional Navigator Meeting (April 1)	45
5. Mothers of Children with Disabilities Monthly Support Network (April 2)	11
6. SHIBA Monthly Update Meetings (April 5)	30
7. Korean Women’s Association: Liver Cancer Prevention (4/7)*	60
8. Edmonds School District Nurses/Health Services Meeting (4/19)	25
9. Financial Educators Network Training for Social Service Providers (4/21)	30
10. Early Achievers Strengthening Families Training (4/23, 5/21, 6/25)	6
11. Ongoing – Community Support for Prescription Assistance (weekly)	varies
<b>B. Nutrition and Healthy Behaviors</b>	<b>Attendance</b>
1. Surviving & Thriving with Chronic Kidney Disease (3/16 - 4/20)*	16-18
2. Nutrition in the Fast Lane (3/23)*	12
3. Exploring Vegetarian Options (3/29)*	21
4. Feet First Community Walk and Talk (4/2)	19
5. Teens in the Kitchen – Hands on Cooking Class (4/5 & 4/7)*	12
6. Getting to Goal Weight Reduction Workshop (4/7)*	28
7. Whole Foods Challenge (4/13 – 5/4)*	23
8. Hands on Family Cooking – Making Healthy Breakfasts (4/16)*	19
9. Spanish Language Cooking Matters for Families - Session 3 (4/18 – 5/23)*	25
10. Lifestyle Change Check-Ins (drop – in 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays)*	6-12
11. Getting to Goal Program (Weight Management Consultations)*	20 clients
<b>C. Behavioral Health &amp; Substance Use</b>	<b>Attendance</b>
1. THS Parent Coaching Group (3/22, 3/29)	4-6
2. National Alliance on Mental Illness “Connections” Group (3/24, 4/14, 4/28)	3-8
3. Evergreen Hospice Volunteer Training (3/26, 4/9)	15
4. Behavioral Health Provider Trainings on NEAR and SBIRT (3/29, 4/5, 4/12)	6-8
5. Brain Health Study Group (4/1, 4/15, 4/29)	varies
6. Brain Health and Wellness Classes (April 4/4, 4/11, 4/12, 4/18, 4/19) *	varies
7. Snohomish County Caregiver & Kinship Support Groups (4/7, 4/19, 4/21)	2-6
8. WRAPS Behavioral Health Provider Training (4/12)	45
9. YWCA Building Family Strengths Parenting Class & Childcare (4/13 – 6/ 4)*	10-14
10. Stress Management Through Yoga Workshop (4/16)*	16
11. Survivors of Suicide Support Group (4/21 – 6/9)	8
12. YWCA Women’s Art Therapy Group (4/22 – 5/31)*	8
13. NAMI Presents: Youth Suicide Prevention (April 21)*	23
14. Veterans Drop-In Support (weekly – County & City of Lynnwood)	varies
15. Adult Children of Alcoholics Weekly Support Group (ongoing)	4-10
16. THS Youth Counseling & Medication Management Sessions in March	38
<b>D. Other Programs</b>	<b>Attendance</b>
1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

## Verdant Community Wellness Center Summary April 2016

### Upcoming Programs

#### **E. General Community and Provider Events**

1. Little Wonders Support Group for Parents of Special Needs Infants (1<sup>st</sup> Tuesday of the month)\*
2. SHIBA Welcome to Medicare / Anti-Fraud Event (April 30)
3. SHIBA Monthly Update Meetings (May 3)
4. Korean Women's Association: Everyday Mental Health (May 5)\*
5. Community Health Workers Coalition (May 6)
6. Medical Reserve Corps - Psychological First Aid Training (May 7)\*
7. Mothers of Children with Disabilities Monthly Support Network (May 7)
8. Evergreen Home Health (May 10, 18)
9. Senior Services Social Worker Training (May 11)
10. Promotora Training on Health Coverage and Health Care Access in South County (May 12)\*
11. Edmonds School District Nurses/Health Services Meeting (May 13)
12. Latino Education and Training Institute Student Workshop (May 14)
13. Live Healthy 2020 Activity Workgroup Meeting (May 18)
14. Alzheimer's Association Walk Planning Committee (May 19)
15. Understanding Medicare Monthly Workshops (starting May 20)
16. Early Achievers Strengthening Families Training (May 21, June 25)

#### **F. Nutrition and Healthy Behaviors**

1. Whole Foods Challenge (April 13 – May 4)\*
2. Spanish Language Cooking Matters for Families - Session 3 (April 18 – May 23)\*
3. Cooking Demo – Good and Cheap (April 26)\*
4. Anti-Inflammatory Diet (May 4)
5. Staying Active with Knee and Back Pain (May 25)

#### **G. Behavioral Health & Substance Use Focus**

1. YWCA Women's Art Therapy Group (April 12 – May 31)\*
2. YWCA Building Family Strengths Parenting Class with Childcare (April 13 – June 4)\*
3. Survivors of Suicide Support Group (April 21 – June 9)
4. Brain Health and Wellness Classes (May 3, 9, 10, 16, 17, 23, 24, 31)\*
5. Snohomish County Caregiver and Kinship Support Groups (May 5, 17, 19)
6. National Alliance on Mental Illness "Connections" Support Group (May 12 and 26)
7. Brain Health Study Group (May 13, 27)
8. NAMI Presents: Crisis Intervention (May 19)\*
9. NAMI Presents: Crisis Intervention – All day Saturday Workshop (May 21)\*
10. For the Kid's Sake – for Parents Going Through Divorce (May 26)

\* = Grant/Program Funded Partner

# April 2016 Marketing Report

## The Canopy Newsletter distributed

- Delivery began April 20
- 79,000+ copies mailed
- Sent to households and businesses
- Focus on healthy lifestyle choices, including Verdant's Lifestyle Change Check-In program and the county-wide 5210 campaign to encourage more fruits and veggies and activity time and less sugary drinks and screen time

## Coming Events

- **Edmonds Senior Center Health Fair:** Friday, April 29, 10 a.m. – 2 p.m. at the Edmonds Senior Center
- **Health & Fitness Expo:** Saturday, May 14, 9 a.m. – 12 p.m. at Edmonds School District Stadium