

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
BOARD OF COMMISSIONERS
Regular Meeting
A G E N D A
May 25, 2016
8:00 a.m. to 9:35 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) April 27, 2016 Board Meeting	Action	8:01	1-4
C. Executive Committee Report			
a) Executive search firm recommendation to the board	Action	8:03	---
D. Finance Committee Report			
a) Moss Adams audit presentation	Information	8:08	5-10
b) Financial statements and cash activity	Information	8:18	11-14
c) Authorization for payment of vouchers and payroll	Action	8:21	15
E. Program Committee Report & Recommendations			
a) Conflicts of Interest	---	8:22	---
b) Program Investment Recommendations	Action	8:23	16-19
c) Presentation from Mercy Housing Northwest	Action	8:30	---
d) Verdant Community Wellness Center activities update	Information	8:45	20-21
F. Marketing Report	Information	8:50	22
G. Superintendent's Report	Information	8:55	---
H. Public Comments (please limit to three minutes per speaker)	---	9:00	---
I. Commissioner Comments	---	9:10	---
J. Executive Session	---	9:15	---
a) Consider the legal risks of a proposed action of the district			
b) Review and consider proposed property acquisition			
K. Open Session	---	9:30	---
L. Adjournment	---	9:35	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting

Verdant Community Wellness Center

April 27, 2016

Commissioners Present	Fred Langer, President J. Bruce Williams, M.D., Commissioner Bob Knowles, Commissioner Karianna Wilson, Commissioner (8:05 a.m. arrival) Deana Knutsen, Commissioner (via telephone)
Others Present	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent & Program Director Sandra Huber, Outreach Specialist Sue Waldin, Community Wellness Program Manager Karen Goto, Executive Assistant Lisa King, Finance Director Members of the community
Staff Excused	Jennifer Piplic, Marketing Director
Guests	Tom Kozaczynski, Compass Health Becky Olson-Hernandez, Compass Health
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Langer.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on March 23, 2016. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on March 28, 2016.
Executive Committee	President Langer reported that the Executive Committee met on both April 18, 2016 to review the April 27, 2016 board meeting agenda, and on April 25, 2016 to begin the process of identifying a search firm for the next Superintendent. Hagel Executive Search was interviewed. The Executive Committee will identify one firm and bring to the board for approval. There

are two more interviews scheduled before the May 2016 board meeting.

President Langer said that the criteria for the search firm includes the ability to do a national search, to work with a public board, and experience in both the public and private sector in identifying potential candidates. President Langer emphasized that the executive search will be an inclusive and transparent process.

**Board Finance
Committee**

The committee met on April 20, 2016. Ms. King reviewed the financial statements and cash activity for March 2016 (E:23:16). Warrants #11621 and #11635 were called out.

**Authorization
for Payment of
Vouchers &
Payroll**

Warrant Numbers 11580 through 11639 for March 2016 for payment in the amount of \$70,902.78 were presented for approval (E:24:16). ***Motion was made, seconded and passed unanimously to approve.***

**Resolution
2016:03
Surplus Personal
Property**

Motion was made, seconded and passed unanimously to approve Resolution 2016:03 determining certain personal property to be surplus and no longer required for public hospital district purposes of the District.

**Program
Oversight
Committee
Update**

The Program Committee met on April 22, 2016 to review two requests (E:25:16).

No conflicts of interest were reported by any of the commissioner present.

Motion was made, seconded and passed unanimously to approve the Turning Point Back to School Health Fair in the amount of \$12,000 on a one-time basis.

The other request came from Mercy Housing – Bringing Health Home Snohomish, a multi-year request at \$180,000 per year for three years. This request fits in the “Other Prevention” category (E:26:16). Commissioner Wilson mentioned that the project does not specifically address Verdant’s behavioral health or dental priorities. Current priorities will be included in future evaluation of program funding requests.

Commissioner Williams would like a presentation from Mercy Housing to speak to the board about this project and share results from King County Housing Authority

work. All commissioners agreed and this will be scheduled for a future board meeting. The program committee is also recommending that Verdant release a new request for proposal (RFP) for its Building Healthy Communities Fund that includes projects that increase opportunities for residents to live active and healthy lives and also include an emphasis on projects that match another Verdant priority such as improving behavioral health and dental care.

Verdant
Behavioral
Health Program
Review

A program review of mental health programs funded by Verdant was given to the board (E:27:16) by Mr. Kosovich.

Tom Kozaczynski and Becky Olson-Hernandez from Compass Health were present to answer questions about its proposal.

Commissioners asked questions about Compass Health staffing, funding, and connecting patients with mental health services.

Motion was made, seconded and passed unanimously to approve the funding of the Compass Health Crisis Prevention & Intervention Teams (CPIT) program for two years as requested and evaluate before a third year is given. Commissioners would like to see other funding partners involved in this program and assurance that the access to residents is sufficient.

Ms. Waldin presented an update on activities in the Verdant Community Wellness Center for April (E:28:16) and called out the Russian Language Childhood Vaccines workshop on March 21, 2016, the Brain Health & Wellness classes, the Promotora training on health coverage on May 12, 2016 and the NAMI Crisis Intervention workshops also in May 2016.

Marketing
Report

Superintendent Zapora presented the Marketing report (E:29:16) which includes the latest edition of The Canopy newsletter. Mr. Kosovich mentioned the upcoming Edmonds Senior Center Health Fair on April 29, 2016 with \$1,000 funding from Verdant and \$2,000 for the Health & Fitness Expo on May 14, 2016 at the Edmonds School District Stadium.

Superintendent's
Report

Superintendent Zapora reported that Mr. Kosovich was one of four finalists for the 2016 Snohomish County

Emerging Leaders award presented by The Herald, Leadership Snohomish County and other partners.

**Public
Comments**

Ms. Rowena Miller of Edmonds and the League of Women Voters asked for clarification that the programs which Verdant is funding are within the hospital district. Commissioner Langer commented that Verdant supports programs with a specific focus on our district.

**Commissioner
Comments**

None

**Executive
Session**

President Langer recessed the regular meeting at 8:56 a.m. into Executive Session to review and consider proposed property acquisition.

President Langer stated that the board would reconvene in 10 to 15 minutes and no action would be taken in Executive Session.

Open Session

The board reconvened into Open Session at 9:20 a.m.

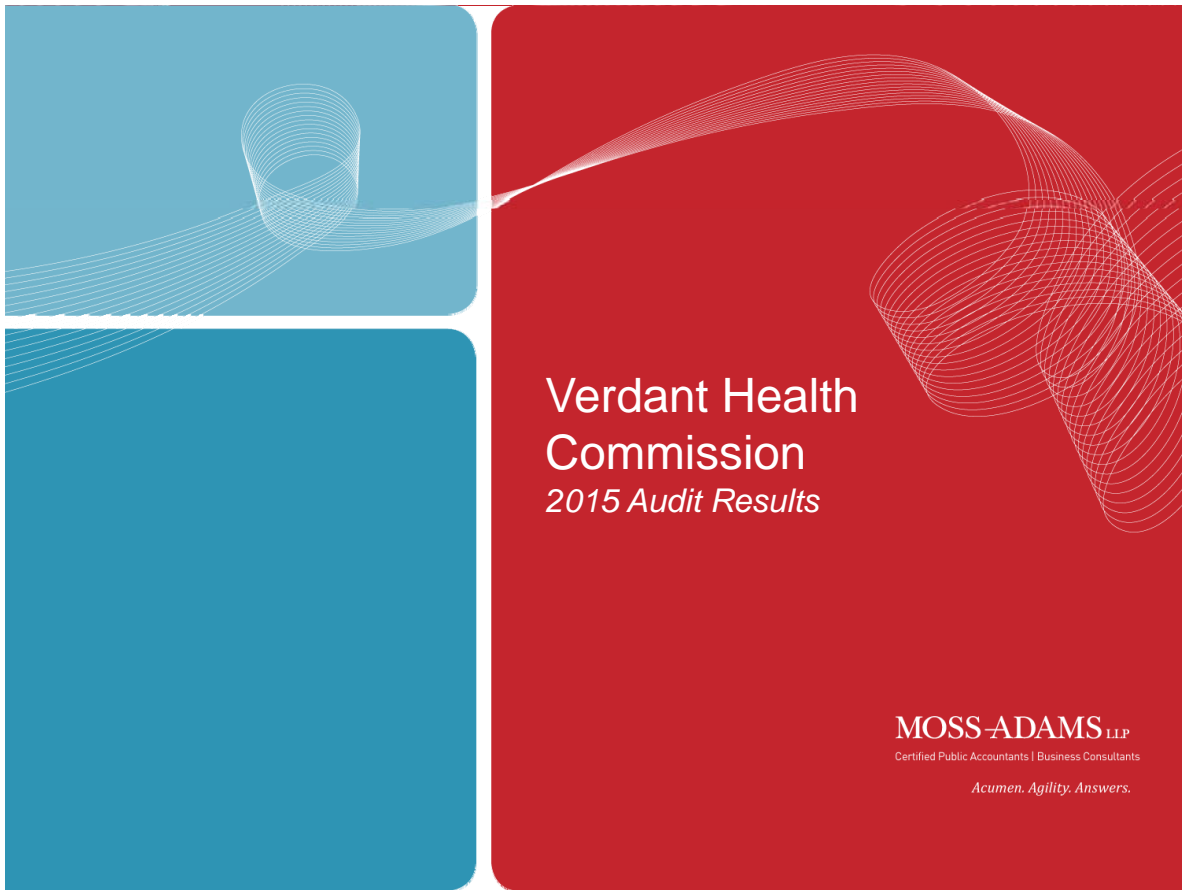
Adjourn

There being no further business to discuss, the meeting was adjourned at 9:20 a.m.

ATTEST BY:

President

Secretary



Verdant Health Commission

2015 Audit Results

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BOARD COMMUNICATIONS

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REQUIRED BOARD COMMUNICATIONS

- Draft report
- Unmodified opinion
- Significant estimates/new accounting policies and standards

MOSS-ADAMS LLP 3

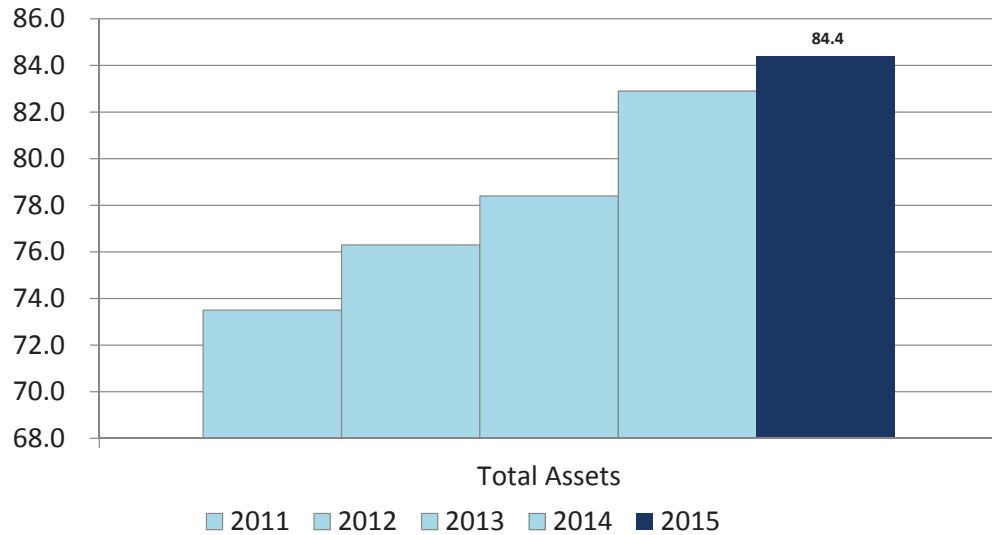


REQUIRED BOARD COMMUNICATIONS

- Audit adjustment
 - Adjustment resulted in increase in liabilities and increase in expenses of \$1,250,000 related to a Building Healthy Community program (Woodway)
 - Facility is complete; two payments of \$625,000 outstanding as of December 31, 2015
 - Internal control and process considerations
 - Evaluate accounting for all new agreements/agreement templates for necessary clarity and determine accounting for the life of the agreement
 - Monitor progress and interim accounting updates periodically to ensure initial accounting treatment is still appropriate

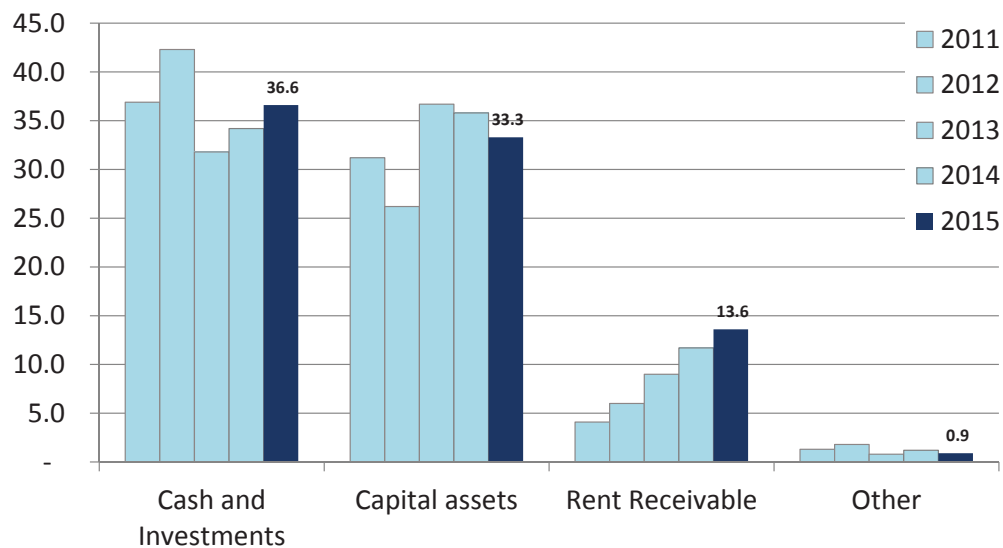
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ASSET TOTALS (IN MILLIONS)



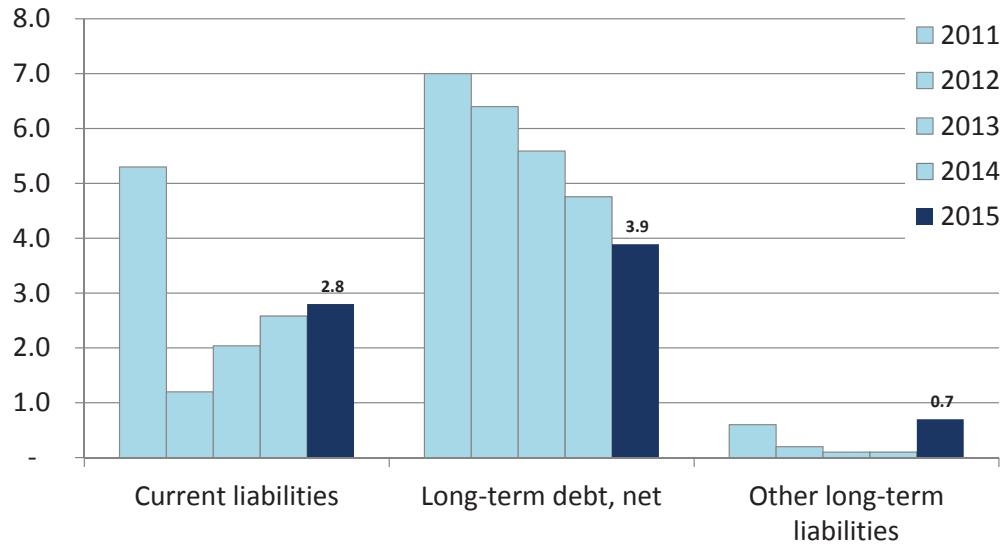
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ASSET BREAKDOWN (IN MILLIONS)



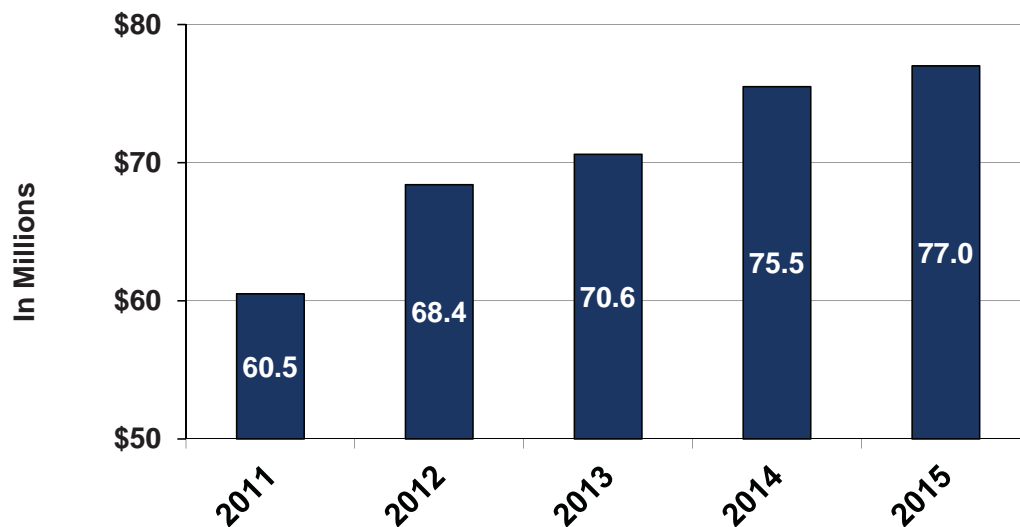
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LIABILITIES BREAKDOWN (IN MILLIONS)



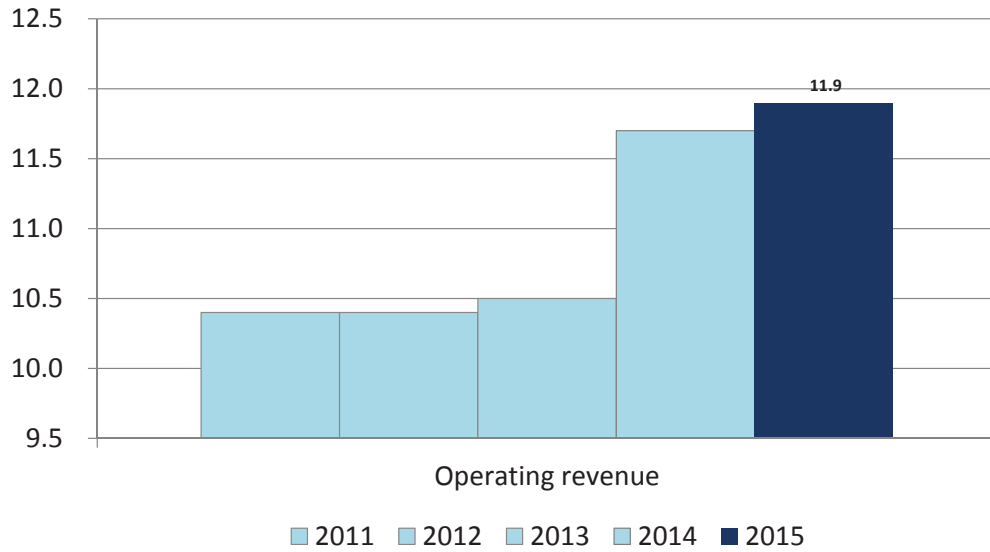
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NET POSITION (IN MILLIONS)



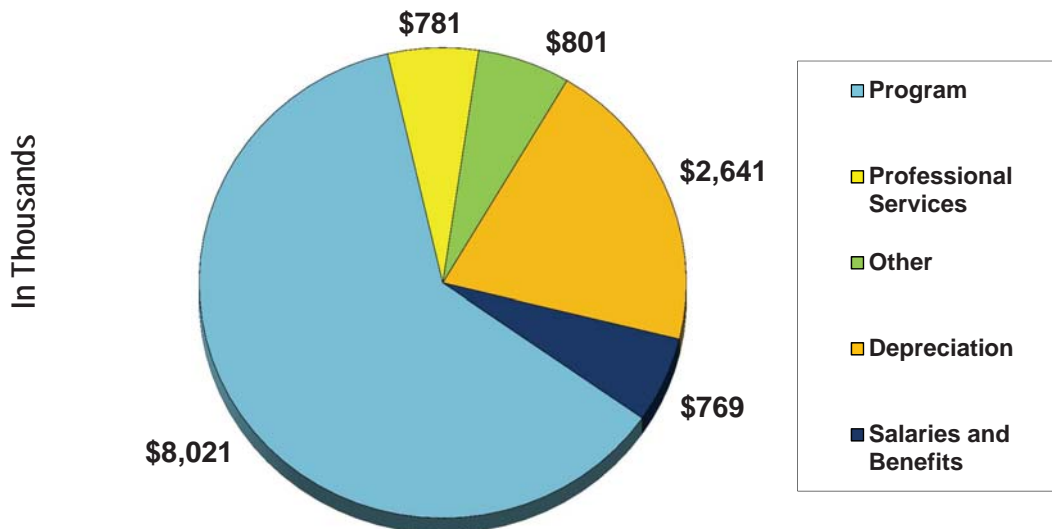
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OPERATING REVENUE (IN MILLIONS)



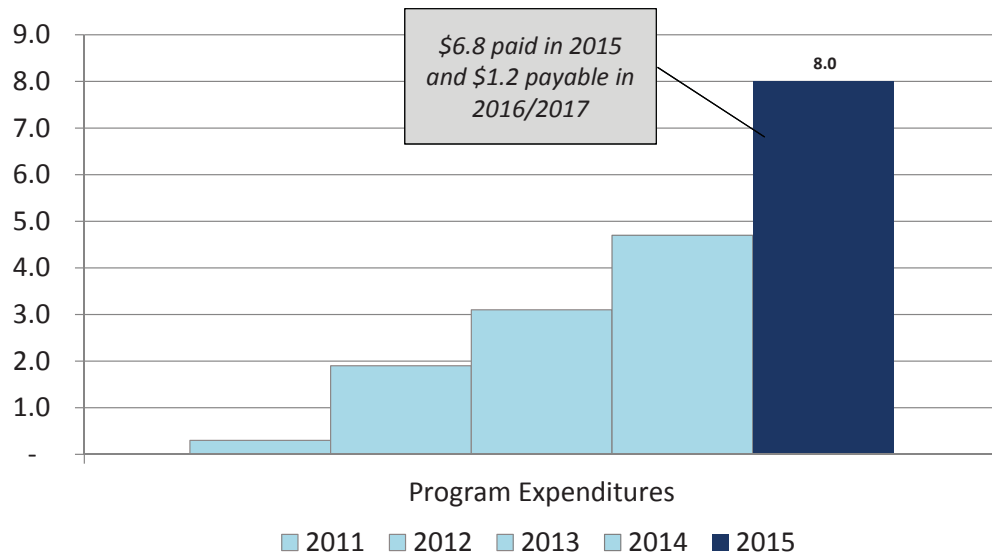
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2015 OPERATING EXPENSES



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PROGRAM EXPENDITURES (IN MILLIONS)



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THANK YOU!



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Balance Sheet

As of April 30, 2016

	A	B	C	D
	Dec 31, 2015	Apr 30, 2016	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	2,928,196	2,056,987	(871,209)	
4 Other Current Assets	34,623,348	36,324,909	1,701,560	Includes Investments
5 Total Current Assets	37,551,544	38,381,896	830,352	
6 Total Long-term & Fixed Assets	46,897,663	46,035,302	(862,361)	Includes Depreciation
7 TOTAL ASSETS	84,449,208	84,417,198	(32,009)	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	2,839,365	2,110,734	(728,631)	Includes BHCF
11 Long-term Liabilities	4,614,978	3,969,302	(645,677)	2012 LTGO Bonds/BHCF
12 Total Liabilities	7,454,343	6,080,036	(1,374,307)	
13 Total Equity	76,994,864	78,337,162	1,342,298	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	84,449,208	84,417,198	(32,009)	

Profit & Loss

Apr 2016

	A	B	C	D	E	F
	Apr Actual	Apr Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	840,762	824,264	16,498	3,353,697	3,309,305	44,392
3 EXPENSES						
4 Operating Expenses	171,821	230,152	58,331	635,668	795,126	159,458
5 Depreciation Expense	205,432	207,647	2,215	826,868	834,454	7,586
6 Program Expenses	393,885	523,000	129,115	1,676,517	2,723,500	1,046,983
7 Total Expenses	771,138	960,799	189,661	3,139,053	4,353,079	1,214,026
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	194,806	226,468	(31,661)	1,127,654	905,870	221,784
10 NET INCOME	264,429	89,931	174,498	1,342,298	(137,905)	1,480,203

Monthly Highlights

Apr 2016

Verdant received dividends payments of \$46,934 offset by an unrealized loss of \$32,007 on our investment portfolio in April and closed with an ending market value of \$34,869,083.

Annual program commitments total \$6,251,138 and \$3,657,275 for 2016 and 2017, respectively. \$1,448,862 remains available to spend in 2016, of which \$40,887 is earmarked as Superintendent Discretionary.

Additional income of \$115,223 and expenses of \$66,996 from the Kruger Clinic were incurred, netting to an additional operating income of \$48,227 in April.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11640	04/12/2016	Armstrong Services	1,266.33	March 2016 Janitorial
11641	04/12/2016	Beth Rodriguez, LLC	182.69	VHCC Support
11642	04/12/2016	Comcast	271.86	Telephone/Internet
11643	04/12/2016	Corporate Security LLC	284.00	Parking Lot Security
11644	04/12/2016	Jason Becker Creative	1,050.00	The Canopy photography and design
11645	04/12/2016	ThyssenKrupp Elevator Company	780.25	2Q16 Elevator
11646	04/12/2016	US Postal Service	12,883.19	Canopy Newsletter Mailing
11647	04/12/2016	WA Department of Revenue	21,826.40	Q1 2016 Leasehold Excise tax return
11648	04/12/2016	Ash Consulting	2,578.50	Mar 2016 Accounting Consulting
11649	04/12/2016	Puget Sound Energy	57.74	Natural Gas
11650	04/12/2016	Parent Trust for WA Children	214.30	Instructor Reimbursement for Stress Management at VHCC
11651	04/13/2016	AmeriFlex Business Solutions	23.00	April 2016 FSA Administration
11652	04/13/2016	Comcast	521.47	Telephone/Internet
11653	04/13/2016	Dataworks	1,441.48	IT Support
11654	04/13/2016	Healthcare Realty	0.00	VOID:
11655	04/13/2016	Seattle Food Nut	1,088.01	Instructor Reimbursement for VCWC
11656	04/13/2016	Sound Dietitians	660.95	WC 129 - Lifestyle Change Check-in sessions & Vegetarian Cooking class
11657	04/13/2016	Sound Publishing, Inc.	375.00	Emerging Leaders Write up about GK in EBJ
11658	04/13/2016	Washington Alliance for Better Schools	2,980.00	WC 119 - Cooking Matters for Families VCWC
11659	04/13/2016	Healthcare Realty	6,546.09	Property Management
11660	04/20/2016	City of Lynnwood	1,284.13	Mar 2016 After Hours Support (88.5 hrs)
11661	04/20/2016	Moss Adams - Audit	1,702.50	2015 Audit
11662	04/20/2016	Moss Adams - Cost Report	4,312.00	2008 CPE revision (Susan Ruchin)
11663	04/20/2016	Wells Fargo	1,703.67	Misc.
11664	04/20/2016	Aukema & Associates	141.00	Marketing Website update
11665	04/20/2016	Staples	407.57	Supplies
11666	04/27/2016	Department of Labor and Industries	889.33	1Q16 Self Insurance Fund
11667	04/27/2016	UNITED WAY	582.00	Employee Payroll Contributions
11668	04/27/2016	Consolidated Press Printing Company, Inc	10,271.19	Canopy Spring 2016 Printing and mail prep
11669	04/27/2016	Premiera Blue Cross	5,168.96	May 2016 Employee Medical & Dental Insurance
11670	04/27/2016	Principal	1,130.92	May 2016 Employee Life Insurance
11671	04/27/2016	Wells Fargo	290.58	Misc.
11672	04/27/2016	Consolidated Landscape Maintenance, Inc.	0.00	VOID
11673	04/27/2016	William Doran	800.00	WC 135 - Stress Management through Yoga Workshop VCWC
11674	04/27/2016	Cocoon House.	42.98	Signs for Safe Place
11675	04/27/2016	Consolidated Landscape Maintenance, Inc.	438.11	May 2016 Landscaping
11676	04/27/2016	Dataworks	576.63	IT Support
11677	04/27/2016	Snohomish County PUD	896.70	Electricity
		Total Warrants	<u>85,669.53</u>	

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	4/1/2016	Payroll	18,109.93	ACH payroll transfer
	4/1/2016	Department of Treasury	7,748.81	Payroll taxes for 3/26/16 pay period ending
	4/1/2016	Valic	2,884.97	Payroll 401(a)/457 Deposit
	4/1/2016	Paychex	99.07	Fee for payroll processing
	4/15/2016	Payroll	17,336.34	ACH payroll transfer
	4/15/2016	Department of Treasury	7,534.75	Payroll taxes for 4/9/16 pay period ending
	4/15/2016	Valic	2,866.67	Payroll 401(a)/457 Deposit
	4/15/2016	Paychex	115.95	Fee for payroll processing
	4/29/2016	Payroll	18,812.14	ACH payroll transfer
	4/29/2016	Department of Treasury	7,658.99	Payroll taxes for 4/23/16 pay period ending
	4/29/2016	Valic	2,884.91	Payroll 401(a)/457 Deposit
	4/29/2016	Paychex	98.93	Fee for payroll processing
	4/10/2016	Wells Fargo	108.70	Mar 2016 Client Analysis Bank Fee
	4/10/2016	Wells Fargo Merchant Services	88.51	Merchant Services
	4/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
	4/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	4/15/2016	American Red Cross	2,500.00	Program Payment
	4/15/2016	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	4/15/2016	CampFire	4,166.67	Program Payment
	4/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	4/15/2016	Center for Human Services	14,500.00	Program Payment
	4/15/2016	ChildStrive	23,333.33	Program Payment
	4/15/2016	City of Edmonds Parks & Recreation	2,000.00	Program Payment
	4/15/2016	City of Lynnwood	6,144.08	Program Payment
	4/15/2016	Community Health Center of Snohomish Co	27,083.33	Program Payment
	4/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	4/15/2016	Edmonds Community College	4,974.50	Program Payment
	4/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	4/15/2016	Edmonds School District No. 15	68,533.25	Program Payment
	4/15/2016	Edmonds Senior Center	9,166.67	Program Payment
	4/15/2016	Hope Heart Institute	5,000.00	Program Payment
	4/15/2016	Kinderling	7,500.00	Program Payment
	4/15/2016	Korean Women's Association	5,000.00	Program Payment
	4/15/2016	Lutheran Community Services NW	7,837.58	Program Payment
	4/15/2016	Medical Teams International	5,500.00	Program Payment
	4/15/2016	PEPS	2,987.50	Program Payment
	4/15/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	4/15/2016	Project Access Northwest	7,500.00	Program Payment
	4/15/2016	Puget Sound Christian Clinic	13,966.66	Program Payment
	4/15/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	4/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	4/15/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	4/15/2016	Snohomish County Music Project	2,416.67	Program Payment
	4/15/2016	Therapeutic Health Services	16,666.67	Program Payment
	4/15/2016	Volunteers of America Western WA	6,362.92	Program Payment

Warrant Number	Transaction Date	Payee	Amount	Purpose
Wire/ACH Activity:				
	4/15/2016	Wonderland Development Center	11,250.00	Program Payment
	4/15/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	4/15/2016	Mary Porter, RDN	195.00	Program Payment
	4/4/2016	AmeriFlex Business Solutions	178.46	FSA Payments
	4/5/2016	AmeriFlex Business Solutions	15.00	FSA Payments
	4/6/2016	AmeriFlex Business Solutions	15.00	FSA Payments
	4/12/2016	AmeriFlex Business Solutions	63.00	FSA Payments
	4/17/2016	AmeriFlex Business Solutions	253.46	FSA Payments
	4/18/2016	AmeriFlex Business Solutions	315.00	FSA Payments
	4/21/2016	AmeriFlex Business Solutions	15.00	FSA Payments
	4/26/2016	AmeriFlex Business Solutions	60.00	FSA Payments
	4/29/2016	AmeriFlex Business Solutions	15.00	FSA Payments
	4/25/2016	WA Department of Revenue	763.68	B&O tax
	4/20/2016	Department of Labor and Industries	343.17	1Q16 State Fund
		Total Wires/ACH Transactions	474,367.94	
Kruger Clinic Activity:				
498-518	Apr 2016	Various Claimants/Vendors	20,551.04	Administered by Healthcare Realty
Workers Compensation Claims Activity:				
305300-301	Apr 2016	Various Claimants/Vendors	4,568.87	Administered by Eberle Vivian
		Total Disbursements	\$ 585,157.38	
	Transaction Date	Payer	Amount	Purpose
Deposits:				
	4/1/2016	Swedish/Edmonds	759,802.62	Monthly leases
	4/1/2016	Value Village	25,490.56	Monthly lease
	4/1/2016	Brian Takagi, MD	75.00	Kruger Clinic monthly lease
	4/1/2016	Brian Takagi, MD	38.52	Kruger Clinic monthly lease excise tax
	4/1/2016	Raymond Liu, D.D.S.	59.17	Kruger Clinic monthly lease excise tax
	4/1/2016	Raymond Liu, D.D.S.	3,487.73	Kruger Clinic monthly lease
	4/6/2016	Puget Sound Gastro	27,647.12	Kruger Clinic monthly lease
	4/8/2016	John Headley MD PS	619.28	Kruger Clinic monthly lease excise tax
	4/10/2016	Snohomish County	100,771.96	Levy
	4/15/2016	Puget Sound Gastro	1,245.96	Kruger Clinic monthly lease
	4/16/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease
	4/26/2016	Kean Lawlor	142.91	Kruger Clinic monthly lease excise tax
	4/27/2016	Safety National Casualty Corporation	1,604.30	Reimbursement for workers comp
	4/28/2016	Carl Zapora	15.48	Reimbursement for personal charge
		Total Deposits	\$ 925,664.33	

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11640 through 11677 have been issued for payment in the amount of \$85,669.53. These warrants are hereby approved.

Attest:

Lisa M. King

Commissioner

Commissioner

Commissioner

Commissioner

Commissioner

Warrants Processed:	4-1-16 – 4-30-16		\$85,669.53
Work Comp Claims Pd:	4-1-16 – 4-30-16		4,568.87
Kruger Clinic Processed:	4-1-16 – 4-30-16		20,551.04
Payroll:	3-13-16 – 3-26-16	18,109.93	
	3-27-16 – 4-9-16	17,336.34	
	4-10-16 – 4-23-16	<u>18,812.14</u>	
			54,258.41
Electronic Payments:	Payroll Taxes	22,942.55	
	Paychex	313.95	
	Valic Retirement	8,636.55	
	Dept of L&I	343.17	
	AmeriFlex FSA	929.92	
	Bank Fees	197.21	
	WA State Dept Revenue	763.68	
	Program Expenditures	<u>385,982.50</u>	
			<u>420,109.53</u>
	Grand Total		<u>\$585,157.38</u>

May 2016 Program Summary

- Two new applications for review and action
- Senior Services of Snohomish County supplemental funding request
- Follow up on Fire District 1/Operation Military Family veteran's program
- Discussion about engaging interns and recognizing nurses at June mini-retreat
- Scheduled Presentation from Mercy Housing on Health in Housing program

Two new application requests

1. **Foundation for Edmonds School District – Nourishing Network Summer Meals Program:** a one-time request for \$8,402 to support a summer meals program for children in the Edmonds School District. The request would support staff oversight, documentation, and healthy activities to correspond with the meals, and the program would serve 30-50 students per day over eight weeks.

The program committee is not recommending the program for funding. The program's goal is primarily to provide meals, rather than specific health outcomes, and the meal cost was high (\$6+ per meal).

2. **Latino Education & Training Institute (LETI)– August 2016 Latino Expo:** a one-time request of \$5,000 to support an event at Edmonds Community College. The organizer expects 1,000 attendees this year and includes 13 interns from UW-Bothell's Nursing Program to expand the health screening piece of the event.

The program committee is recommending funding the request at \$5,000 on a one-time basis. The event includes a clear health component and it should reach a large number of residents.

Senior Services of Snohomish County

Senior Services of Snohomish County has approached Verdant with an additional funding request given increased demand for services while funding sources have not kept pace. The program committee was most interested in exploring mental health and dental services, and asked Senior Services for more information about what kind of results could be expected from these two areas. Senior Services provided the following:

- **Mental Health:** an additional \$43,100 would allow us to hire a 0.5 FTE Mental Health Specialist located in south county. With the added staffing, we would increase from our original target number of 65 clients served to 175 served and offer two support groups in Verdant service area.
- **Dental:** with an additional \$30,700, SSSC could add at least 12 clinic days which would accommodate approximately 60 clients. This would be contingent on UW availability and capacity and would need to be coordinated with UW.

The program committee is recommending that the full Verdant board discuss the possibility of additional funding. Since it has been some time since Senior Services staff has interacted with our board, the program committee thought it could be worthwhile for the full board to get an update on existing programs, which represents \$695k of annual funding.

Follow up on Fire District 1/Operation Military Family veteran's program

Snohomish County Fire District 1/Operation Military Family (OMF) - Verdant for Veteran's Program: a multi-year request to serve veterans in our area and to engage volunteer veterans. OMF and Fire District 1 will train students and volunteers in entry-level community paramedic interventions as well as provide services for veterans in need of services.

The program committee met with the applicant to better understand how the program works and the specific results that could be expected. The applicant provided the summary on page 18 that showed a focus on fall prevention.

After the meeting, the program committee was supportive of funding the program at \$89,240 per year for three years. Funds would be used for volunteer stipends, training, and coordination from Operation Military Families.

Mercy Housing Health in Housing Program Presentation

Mercy Housing would partner with the Housing Authority and YWCA to implement health programs at 7 affordable housing complexes in Verdant's District. The program is modeled after a project Mercy ran in partnership with the King County Housing Authority using Community Health Promoters. The goal is to address health disparities and social determinants of health. The request is for \$180,000 per year for three years. Verdant asked for additional information about:

1. The health outcomes from a similar project Mercy Housing ran in partnership with King County Housing Authority;
2. How Mercy Housing will interact with health insurance payers like the Medicaid MCOs;
3. The expected resident profile (age, income, health insurance status) that they hope to engage.



Community Paramedic Program

Healthcare Early Warning System: 250,000 people

Fire Department response: 25,000 911 calls

Falls/Lift Assists: 2,500 people (1 out of 100 people)

Enrolled in Community Paramedic Program: 279

Top 3 Reasons for community referral:

Mental Health ~ Falls ~ Weakness

Community Paramedics:

- Intake all cases
- Coordinate and refer all cases
- Focus on complex cases

Compass Health:

- Assisting with Mental Health Cases

Veterans:

- Focus on Falls
- Veteran Peer assistance

CDC calls falls a preventable epidemic:

Simple Evidenced Based Interventions

- **Home safety inspection**
- **Medication reconciliation**
- **Eye check**
- **Connection with PCP**

New Funding Requests			Request for funding			Category
#	Name	Description	Year 1	Year 2	Year 3	
1	Foundation for Edmonds School District - Nourishing Network Summer Program	A one-time request to support a summer meals program for children in the Edmonds School District. Meals costs are reimbursable through federal meal programs, and the school foundation is seeking funding from Verdant for the staff oversight, documentation, and healthy activities to correspond with the meals.	\$8,402			Prevention
2	Latino Education & Training Institute - Latino Expo 2016	A one-time request to support an August Latino Fair at Edmonds Community College. The event expects 1,000 attendees this year and includes 13 interns from UW-Bothell's Nursing Program to increase the health screening piece of the event. LETI is seeking \$5,000 for general event coordination expenses.	\$5,000			Prevention, Education & Empowerment, Access to Healthcare
Pending Funding Requests						
3	Snohomish County Fire District 1/Operation Military Family - Verdant for Veteran's Program	A multi-year request to serve veterans in our area and engage volunteer veterans. Operation Military Family would like to build a branch of the Community Paramedic program and focus on a advocacy and outreach. OMF would establish a pool of veteran volunteers to serve in the program. OMF and Fire District 1 will train students and volunteers in successful entry-level community paramedic interventions as well as special services only available to veterans.	\$89,240	\$89,240	\$89,240	Prevention, Access to Healthcare
4	Intercommunity Mercy Housing - Bringing Health Home Snohomish	Mercy Housing would partner with the Housing Authority and YWCA to implement health programs at 7 affordable housing complexes in Verdant's District. The program is modeled after a project Mercy ran in partnership with the King County Housing Authority using Community Health Promoters. Goal is to address health disparities and social determinants of health.	\$180,000	\$180,000	\$180,000	Prevention, Education & Empowerment, Access to Healthcare

**Verdant Community Wellness Center Summary
May 2016**

Completed Programs

A. General Community and Provider Events	Attendance
1. SHIBA Welcome to Medicare / Anti-Fraud Event (4/30)	14
2. SHIBA Monthly Update Meetings (5/3)	30
3. Little Wonders Support Group for Parents of Special Needs Infants (5/3)*	10
4. Korean Women's Association: Everyday Mental Health (5/5)*	50
5. Community Health Workers Coalition (5/6)	18
6. Medical Reserve Corps - Psychological First Aid Training (5/7)*	8
7. Mothers of Children with Disabilities Monthly Support Network (5/7)	12-16
8. Evergreen Home Health (5/10, 5/18)	25
9. Senior Services Social Worker Training (5/11)	24
10. Promotora Training on Health Coverage/Health Care Access (5/12)*	8
11. Latino Education and Training Institute Student Workshop (5/14)	22
12. Live Healthy 2020 Activity Workgroup Meeting (5/18)	6
13. Alzheimer's Association Walk Planning Committee (5/19)	10
14. Understanding Medicare Monthly Workshops (starting 5/20)	20
15. Early Achievers Strengthening Families Training (5/21, 6/25)	8
16. Ongoing – Community Support for Prescription Assistance (weekly)*	varies

B. Nutrition and Healthy Behaviors	Attendance
1. Surviving & Thriving with Chronic Kidney Disease (3/16 – 4/20)*	27
2. Whole Foods Challenge (April 13 – May 4)*	22
3. Spanish Language Cooking Matters for Families - Session 3 (4/18 – 5/23)*	26
4. Cooking Demo – Good and Cheap (4/26)*	21
5. Anti-Inflammatory Diet (5/4)*	61
6. Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	12-18
7. Getting to Goal Program (Weight Management Consultations)*	20 clients

C. Behavioral Health & Substance Use	Attendance
1. YWCA Women's Art Therapy Group (4/12 – 5/31)*	8
2. YWCA Building Family Strengths Parenting Class & Childcare (4/13 – 6/4)*	8
3. Survivors of Suicide Support Group (4/21 – 6/9)	8-10
4. Brain Health and Wellness Classes (5/3, 5/9, 5/10, 5/16, 5/17) *	4-12
5. Snohomish County Caregiver and Kinship Support Groups (5/5, 5/17, 5/19)	4-8
6. National Alliance on Mental Illness Support Group (5/12, 5/26)	4-6
7. NAMI Presents: Crisis Intervention (5/19)*	46
8. NAMI Presents: Crisis Intervention – All day Saturday Workshop (5/21)*	32
9. Adult Children of Alcoholics Weekly Support Group (ongoing)	6-12
10. THS Youth Counseling & Medication Management Sessions in May	31
11. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

D. Other Programs	Attendance
1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

Verdant Community Wellness Center Summary May 2016

Upcoming Programs

E. General Community and Provider Events

1. Little Wonders Support Group for Parents of Special Needs Infants (1st Tuesday of the month)*
2. Basic Food Forum (June 1)
3. Korean Women's Association: Everyday Mental Health (June 2)*
4. Pulmonary Hypertension Support Group (June 3)
5. Hoarding Task Force (June 6)
6. Little Wonders Support Group for Parents of Special Needs Infants (June 7)*
7. SHIBA Monthly Update Meetings (June 7)
8. Children's Administration Foster Parent Training (June 7)
9. WIC Focus Group (June 9)
10. Medical Reserve Corps – CPR & First Aid Training (June 11)*
11. MTI – Root Canal Clinic (June 11)*
12. Mothers of Children with Disabilities Monthly Support Network (June 4)
13. Resource Connector Meeting (June 14)
14. Evergreen Home Health (June 15, 21)
15. Walk Leader Information Sessions (June 15, 16)
16. Financial Educators Network Training for Social Service Providers (June 16)
17. Promotora Training on Domestic Violence (June 17)*
18. Understanding Medicare Monthly Workshops (June 17)
19. Spanish language CPR (June 18)*
20. Early Achievers Strengthening Families Training (June 25)

F. Nutrition and Healthy Behaviors

1. Staying Active with Knee and Back Pain (May 25)*
2. Hands On Family Cooking Class (June 4)*
3. Cooking Demo – Good and Cheap (June 6)*
4. Mediterranean Diet Learn & Taste Series (June 9, 13, 16)*
5. Senior Field Trip for Health – Eat Your Vegetables Cooking Demo (June 17)
6. Cooking Demo – Incorporating Seasonal Produce in Your Meals (June 20)*
7. Teens in the Kitchen Cooking Class (June 29)*

G. Behavioral Health & Substance Use Focus

1. YWCA Building Family Strengths Parenting Class with Childcare (April 13 – June 4)*
2. Survivors of Suicide Support Group (April 21 – June 9)
3. Brain Health and Wellness Classes (May 23, 24, 31, June 6, 7, 14, 20, 21) *
4. For the Kid's Sake – for Parents Going Through Divorce (May 26, June 22)
5. Snohomish County Caregiver and Kinship Support Groups (June 5, 17, 19)
6. Evergreen Bereavement Informational Workshop (June 8)
7. National Alliance on Mental Illness "Connections" Support Group (June 9 and 23)
8. YWCA Grief and Loss Support Group (June 14 – August 9)
9. NAMI Presents: Rocks in My Pockets Anxiety and Depression Film (June 17)*

*** = Grant/Program Funded Partner**

May 2016 Marketing Report

Qualis Award

- Verdant was one of five healthcare organizations statewide recognized with a Washington Award of Excellence in Healthcare Quality.
- The award, which recognizes achievements in improving healthcare quality and outcomes, was for the community paramedic program.

South County Walks

- Verdant is partnering with the recreation departments in Edmonds, Lynnwood, and Mountlake Terrace, the Edmonds Senior Center, and the Center for Healthy Living, to promote walking this summer. There will be 4 community walks offered each week for 10 weeks across the district.
- Verdant is providing branding oversight for the project, will promote throughout the summer, and is managing social media outreach/engagement for the walk. Our partners will also promote and recruit walkers.
- Verdant is hosting information sessions for the volunteers.
- Verdant will work with the cities and other organizations (Edmonds Family Medicine and hopefully others) to incentivize participation in the walks.

Coming Events

- **Beat Brackett 5K:** Monday, July 4, 10-11:30 a.m., Edmonds City Park
- **Back to School Health Fair:** Thursday, August 25, 6-9 p.m. at Cedar Valley Community School