

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON
VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

*Regular Meeting
VHC Board Room
November 20, 2013*

Commissioners Present	Bob Knowles, President Fred Langer, Commissioner (8:05 a.m. arrival) J. Bruce Williams, M.D., Commissioner Karianna Wilson, Commissioner (8:33 a.m. arrival) Deana Knutsen, Commissioner
Others Present	Carl Zapora, Superintendent George Kosovich, Program Director Jennifer Piplic, Marketing Director Karen Goto, Executive Assistant Erica Ash, Consultant Howard Thomas, Consultant David Jaffe, Swedish/Edmonds Sarah Zabel, Swedish/Edmonds Members of the community
Call to Order	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by President Knowles.
Approval of Minutes	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on October 23, 2013. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on November 1-2, 2013. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special meeting on November 15, 2013.
Executive Committee	President Knowles reported that the Executive Committee met on November 15, 2013 to review the November 20, 2013 board meeting agenda. No action was taken.

Board Finance
Committee

The committee met on November 18, 2013 to review the financial statements.

Ms. Ash reported on the financials for October 2013 (E:64:13).

Authorization for
Payment of
Vouchers &
Payroll

Warrant Numbers 10416 through 10458 for October 2013 for payment in the amount of \$149,056.27 were presented for approval (E:65:13). *Motion was made, seconded and passed unanimously to approve.*

Program
Oversight
Committee
Update

The Program Oversight Committee met on November 13, 2013 to review four new program funding applications (E:66:13) and to discuss the Building Healthy Communities Fund applications.

No conflicts of interest were reported by the commissioners.

New Program Applications:

Motion was made, seconded and passed unanimously to approve \$10,000 on a one time basis for the Wings to Reading program of First Baptist Church in Mountlake Terrace.

Motion was made, seconded and passed unanimously to approve \$310,586 per year for three years for the Student Support Advocate program of the Edmonds School District. Commissioners discussed the cost benefit of the program. Given the size of the program, Commissioner Langer recommended careful review of the program results before future funding is granted.

For additional board discussion:

Mountlake Terrace Police Department request for funding ten Automated Defibrillators for police vehicles. Board discussed and asked Mr. Kosovich to follow-up with their questions about the number needed for all of South Snohomish County, frequency of use, and training on the equipment.

For additional follow-up:

Edmonds Community College Veterans Support Center is being asked to re-work their proposal to address health & wellness outcomes vs. academic outcomes.

Building Healthy Communities:

Motion was made, seconded and passed unanimously to approve the City of Brier walking trail for \$90,345, the City of Mountlake Terrace therapy pool for \$75,000 and the City of Edmonds fitness room upgrade for \$39,513.

Three large fund requests received from Snohomish County Parks & Recreation Department's Esperance Park Project (\$1.1 million), Edmonds School District & City of Edmonds' Woodway Recreation Campus Renovation (\$2.5 million for phase 1), and Cities of Edmonds/Lynnwood/Mountlake Terrace BikeLink Project (\$1.9 million).

Commissioners will schedule a study session in the month of December to further explore these three funding requests.

**Marketing
Report**

Ms. Piplic reported on the VHC Graphic Standards Guide, the first e-newsletter sent to approximately 900 subscribers, and the 2013 6 WHY Reunion Session. On November 4, 2013 the reunion had 121 in attendance with 108 receiving biometric screenings from Swedish/Edmonds. Of the 108, 66 were from the 2013 6 WHY session and 42 were from the 2012 6 WHY session.

**Commissioner
Comments**

Commissioner Knutsen reported on the grand opening of the Center for Healthy Living held on November 13, 2013 and the appreciation that was shown to Verdant. Commissioner Williams commented on the Affordable Care Act differences in various states.

**Superintendent's
Report**

Superintendent Zapora thanked the commissioners for their time this past month with the special meetings, with Commissioners Knutsen & Knowles attending the Center for Healthy Living grand opening and everyone's attendance at the 2013 Swedish/Edmonds Foundation Gala. Superintendent Zapora also commented on the presence of the Verdant brand that is growing in strength and visibility in the community.

**Public
Comments:**

Mr. Peter Hallson of the Edmonds Bicycle Group and the Cascade Bicycle Club thanked the commissioners for the funding for bikes for the Cascade Bicycle Club program and indicated his support of the BikeLink proposal. Mr. Jeff Akin of the Cascade Bicycle Club also thanked the commissioners for the funding and also indicated his support of the BikeLink proposal. Mr. Hank Landau of the Edmonds Bicycle Group and the

Cascade Bicycle Club commented that the proposed bike lanes will link programs and communities, not just trails and roads and that it is also tied to bicycle education for the community's children.

Executive
Session

President Knowles recessed the regular meeting at 8:43 a.m. into Executive Session to discuss ongoing litigation and potential real estate acquisition matters. President Knowles stated that the board would reconvene in approximately 15 minutes and the board may take action in Open Session.

Open Session

President Knowles reconvened into open session at 9:03 a.m.

The following action was taken:

Motion was made, seconded and passed unanimously to approve Resolution 2013:11 approving the terms and conditions of a purchase and sale agreement for the purchase of property located at 21600 Highway 99, Edmonds, WA 98026.

Adjourn

There being no further business to discuss, the meeting was adjourned at 9:05 a.m.

ATTEST BY:



President



Secretary

Balance Sheet
As of October 31, 2013

	A	B	C	D
	Dec 31, 2012	Oct 31, 2013	\$ Change	Comments:
1 ASSETS				
2 Current Assets				
3 Cash Balance	1,451,628	2,007,511	555,883	
4 Other Current Assets	42,012,053	44,049,746	2,037,693	Includes Investments
5 Total Current Assets	43,463,681	46,057,257	2,593,576	
6 Total Long-term & Fixed Assets	32,961,232	30,633,626	(2,327,606)	Depreciation
7 TOTAL ASSETS	<u>76,424,913</u>	<u>76,690,883</u>	<u>265,970</u>	
8 LIABILITIES & EQUITY				
9 Liabilities				
10 Current Liabilities	1,702,010	1,702,275	265	
11 Long-term Liabilities	6,107,870	6,107,870	-	2012 LTGO Bonds
12 Total Liabilities	7,809,880	7,810,145	265	
13 Total Equity	68,615,033	68,880,738	265,705	Annual Net Income
14 TOTAL LIABILITIES & EQUITY	<u>76,424,913</u>	<u>76,690,883</u>	<u>265,970</u>	

Profit & Loss
October 2013

	A	B	C	D	E	F
	Oct Actual	Oct Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
1 INCOME						
2 Ordinary Income	683,171	683,228	(57)	6,690,697	6,697,515	(6,818)
3 EXPENSES						
4 Operating Expenses	117,637	126,470	8,833	1,023,535	1,237,626	214,091
5 Depreciation Expense	340,722	351,311	10,589	3,491,169	3,513,109	21,940
6 Program Expenses	317,514	525,000	207,486	2,325,116	5,250,000	2,924,884
7 Total Expenses	775,873	1,002,781	226,908	6,839,820	10,000,735	3,160,915
8 OTHER INCOME/(EXPENSE)						
9 Total Other Income/(Expense)	(311,869)	261,250	(573,119)	414,829	2,616,667	(2,201,838)
10 NET INCOME	<u>(404,571)</u>	<u>(58,303)</u>	<u>(346,268)</u>	<u>265,706</u>	<u>(686,553)</u>	<u>952,259</u>

Monthly Highlights
October 2013

Verdant received dividends payments of \$72,431.12 and an unrealized gain of \$46,168.90 on our investment portfolio in October. A total of \$895,529.05 in dividends has been received in 2013 for a ending market value of \$42,420,193.48.

Annual program commitments total \$3,034,270 and \$3,016,166 for 2013 and 2014, respectively. Estimated board approved internal programs, including the Community Needs Assessment, total \$237,150 for 2013. \$3,028,580 remains available to spend in 2013, of which \$313,395 is earmarked as Superintendent Discretionary.

No unusual income or expenses were recorded in October.

Public Hospital District #2 of Snohomish County
Summary of Cash Receipts and Disbursements
October 2013

	October 2013	
	Amount	
Receipts:		
Swedish/Edmonds Rental Income	655,636.21	
Other Rental Income	26,678.67	Value Village
Snohomish County Tax Levy	81,009.97	
Ground Lease Payments	4,166.67	Healthcare Reality
Misc. Reimbursements/Refunds	90,975.68	Interest Income
Total Receipts	<u>858,467.20</u>	
Disbursements:		
Professional Services:		
Legal Fees	9,304.70	Litigation and Professional Liability Legal Fees
Accounting Fees	1,732.50	Ash Consulting & Moss Adams
Professional Services	792.25	Benefit Solutions Administrator, IT Support
Purchased Services	31,903.47	Paychex, Bank Service Fees, Marketing
Payroll	30,340.99	2 pay periods Plus Benefit Solutions & Employee Donations
Payroll Taxes	10,426.69	2 pay periods plus 3Q13 L&I
Employee Insurance	3,783.39	Regence Medical & Dental, Principal Life
Employee Retirement Contributions	3,884.72	Valic
Program Expenditures	326,824.01	Includes 6WHY
Workers Compensation	12,907.09	Eberle Vivian
Property Acquisition & Improvement	33,450.35	Vault Removal, Architecture, Signage
Other Miscellaneous Expenses	30,456.79	Supplies, Rent, Canon Lease, Dues, Interest Expense, Taxes
Total Disbursements	<u>495,806.95</u>	

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
10416	10/02/2013	Comcast	328.28	Internet
10417	10/02/2013	Gary Shinn Design	2,000.00	Marketing - Newsletter Design
10418	10/02/2013	Institute for Fitness and Health	8,377.50	GWHY 2013 Final Installment
10419	10/02/2013	Patrick James Hagerty	1,425.60	Marketing - Photography for Newsletter
10420	10/02/2013	WA Department of Revenue	9,107.25	3Q13 Leasehold Excise Tax
10421	10/02/2013	UNITED WAY	441.00	3Q13 Employee Contributions
10422	10/02/2013	Foster Pepper	6,840.50	Legal September 2013
10423	10/10/2013	Ash Consulting	1,732.50	Accounting Consulting
10424	10/10/2013	Associated Earth Sciences, Inc.	2,500.00	Building Due Dilligence
10425	10/10/2013	Transformational Partnerships	3,300.00	Facilitator for Board Retreat
10426	10/10/2013	Washington Employers	405.00	4Q13 Membership Dues
10427	10/10/2013	Lynnwood PFD	88.45	Janitorial Supplies
10428	10/10/2013	Ankrom Moisan	900.00	Architecture August 2013
10429	10/10/2013	US Postal Service	11,943.22	Mail Canopy Newsletter
10430	10/16/2013	Alzheimer's Association Western & Central	7,209.17	Program
10431	10/16/2013	Aukema & Associates	1,875.00	Marketing - Creation of Newsletter Template
10432	10/16/2013	Bank of America - Trust	2,500.00	Annual fees for Jon Smiley Trust
10433	10/16/2013	Lynnwood Convention Center	9,180.00	Deposit for 6WHY 2014 Conference Space
10434	10/16/2013	Benefit Solutions Inc	11.50	FSA Administration
10435	10/16/2013	Sedgwick CMS	2,000.00	Annual fee for Professional Liability Management
10436	10/23/2013	Berry Sign Systems	536.55	Flip Prime Pacific Bank sign
10437	10/23/2013	Canon Financial Services	301.13	Copy Machine Lease
10438	10/23/2013	Department of Labor and Industries	1,548.15	3Q13 Self Insurance Fund
10439	10/23/2013	Regence Blueshield	3,167.55	Employee Medical Insurance
10440	10/23/2013	Staples	149.91	Supplies
10441	10/23/2013	The Daily Herald	89.60	Legal Notices
10442	10/23/2013	Tulalip Resort Casino	3,404.43	Board Retreat
10443	10/23/2013	Prime Pacific Bank	20,000.00	Removal of Vault
10444	10/30/2013	Advocate Telecom	2,080.86	Telephone system replacement
10445	10/30/2013	Lynnwood PFD	3,045.00	Rent
10446	10/30/2013	Consolidated Press Printing Company, Inc	10,076.72	Marketing - Newsletter Printing
10447	10/30/2013	Principal Financial Group	615.84	Employee Life Insurance
10448	10/30/2013	Aukema & Associates	764.00	Marketing - Website Programming and Support
10449	10/30/2013	Jani-King of Western WA	180.00	Janitorial
10450	10/30/2013	Wells Fargo	762.22	Miscellaneous
10451	10/30/2013	Institute for Fitness and Health	15,000.00	Deposit for Joe Piscatella for 6WHY 2014
10452	10/30/2013	Wells Fargo	974.76	Miscellaneous
10453	10/30/2013	Ace Internet Services, Inc.	780.75	August & September & October IT Support
10454	10/30/2013	Ankrom Moisan	9,165.15	Architecture September 2013
10455	10/30/2013	Berry Sign Systems	348.65	Removal of Prime Pacific logo and door signs

Warrant Number	Transaction Date	Payee	Amount	Purpose
10456	10/30/2013	City of Lynnwood - Utilities	271.54	Water/Sewer/Stormwater
10457	10/30/2013	Department of Labor and Industries	3,555.12	Self Insurance Excess-Deficiency Report
10458	10/30/2013	Puget Sound Energy	73.37	Natural Gas
		Total Warrants	149,056.27	

Wire/ACH Activity:

10/4/2013	Payroll	15,291.91	ACH payroll transfer
10/4/2013	Department of Treasury	5,119.92	Payroll taxes for 9/28/13 pay period ending
10/4/2013	Paychex	82.79	Fee for payroll processing
10/4/2013	Valic	1,949.95	Payroll 401(a)/457 Deposit
10/18/2013	Payroll	14,492.70	ACH payroll transfer
10/18/2013	Department of Treasury	4,997.65	Payroll taxes for 10/12/13 pay period ending
10/18/2013	Paychex	104.29	Fee for payroll processing
10/18/2013	Valic	1,934.77	Payroll 401(a)/457 Deposit
10/31/2013	Wells Fargo	501.87	Bank Service Fee
10/15/2013	Wells Fargo	506.87	Bank Service Fee
10/15/2013	Wells Fargo	49.74	Bank Service Fee
10/15/2013	Wells Fargo	53.31	Bank Service Fee
10/15/2013	Bank of America - Fees	20.06	Bank Service Fee
10/15/2013	American Diabetes Association	4,166.67	Program Payment
10/15/2013	American Heart Association	800.00	Program Payment
10/15/2013	Boys & Girls Club of Snohomish County	9,328.25	Program Payment
10/15/2013	Cascade Bicycle Club Education Foundation	6,416.67	Program Payment
10/15/2013	Center for Human Services	13,523.67	Program Payment
10/15/2013	City of Edmonds Parks & Recreation	2,691.00	Program Payment
10/15/2013	City of Lynnwood	33,700.67	Program Payment
10/15/2013	Community Health Center of Snohomish Co	8,333.33	Program Payment
10/15/2013	Domestic Violence Services Snohomish Co	1,621.08	Program Payment
10/15/2013	Edmonds Community College	11,712.25	Program Payment
10/15/2013	Edmonds School District No. 15	39,433.33	Program Payment
10/15/2013	Edmonds Senior Center	4,518.00	Program Payment
10/15/2013	Free Range Health	1,767.42	Program Payment
10/15/2013	ChildStrive	22,000.00	Program Payment
10/15/2013	Medical Teams International	4,000.00	Program Payment
10/15/2013	Parent Trust for WA Children	2,083.33	Program Payment
10/15/2013	Perscription Drug Assistance Foundation	4,166.67	Program Payment
10/15/2013	Program for Early Parent Support	3,333.33	Program Payment
10/15/2013	Project Access Northwest	6,666.67	Program Payment
10/15/2013	Providence Hospice & Home Care Foundation	12,916.67	Program Payment
10/15/2013	Puget Sound Christian Clinic	7,500.00	Program Payment
10/15/2013	Senior Services of Snohomish County	46,686.67	Program Payment
10/15/2013	Washington CAN! Education & Research Fund	18,000.00	Program Payment
10/15/2013	Wonderland Development Center	11,250.00	Program Payment
10/15/2013	YWCA of Seattle, King and Snohomish Co	4,166.66	Program Payment

	Date	Payee	Amount	Purpose
	10/15/2013	Seattle Visiting Nurse Association	6,275.00	Program Payment
	10/8/2013	Benefit Solutions Inc.	57.69	FSA Payments
	10/25/2013	Benefit Solutions Inc.	57.69	FSA Payments
	10/25/2013	WA Department of Revenue	881.32	B&O tax for October 2013
	10/18/2013	Department of Labor & Industries	309.12	3Q13 State Fund
		Total Wires/ACH Transactions	333,468.99	

Workers Compensation Claims Activity:

305061-305073 Oct 2013 Various Claimants/Vendors Administered by Eberle Vivian

Professional Liability Activity:

380000469 Oct 2013 Various Claimants/Vendors Administered by Sedgwick

Total Disbursements

\$ 495,806.95

	Date	Payer	Amount	Purpose
Deposits:				
	10/1/2013	Value Village	26,678.67	Monthly lease
	10/1/2013	Swedish/Edmonds	655,636.21	Monthly lease
	10/10/2013	Snohomish County	81,009.97	Tax Levy
	10/24/2013	Healthcare Realty Services, Inc.	4,166.67	Monthly lease
	10/31/2013	Wells Fargo Interest Income	17.56	Interest income
	10/31/2013	Sedgwick-Comerica	0.45	Interest income
	10/16/2013	PFD Copies	34.40	Copies
	10/1/2013	Swedish/Edmonds	90,382.00	MI/CPE Payment
	10/31/2013	Wells Fargo Interest Income	506.87	Refund for bank double charge
	10/24/2013	OMF Cares	34.40	Refund for unused program funds
		Total Deposits	\$ 858,467.20	

E-6513
11.20.2013

VERDANT HEALTH COMMISSION
PUBLIC HOSPITAL DISTRICT #2
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 10416 through 10458 have been issued for payment in the amount of \$149,056.27. These warrants are hereby approved.

Attest:



Lisa M. King



Commissioner



Commissioner



Commissioner



Commissioner



Commissioner

Warrants Processed:	10-1-13 – 10-31-13	149,056.27
Work Comp Claims Pd:	10-1-13 – 10-31-13	12,907.09
Professional Liability Pd:	10-1-13 – 10-31-13	374.60
Payroll:	9-15-13 – 9-28-13	15,291.91
	9-29-13 – 10-12-13	<u>14,492.70</u>
		29,784.61
Electronic Payments:	Payroll Taxes	10,117.57
	Paychex	187.08
	Valic Retirement	3,884.72
	Benefit Solutions	115.38
	Bank Fees	1,131.85
	WA State Dept Revenue	881.32
	Department of L&I	309.12
	Program Expenditures	<u>287,057.34</u>
		303,684.38
	Grand Total	<u>\$495,806.95</u>

November 2013 Program Summary

Summary of Programs for Discussion

- 4 new regular program funding applications
- 6 Building Healthy Community Fund Applications for review

New Program Applications for Funding

Recommended for Funding:

- **First Baptist Church – Wings to Reading Program:** a one-time funding request for nutrition program upgrades for the Wings to Reading Program held at a church in Mountlake Terrace. The program serves low-income 2nd to 4th grade students and provides tutoring and a hot meal. Funds would be used to purchase two stoves, a refrigerator, materials, and additional fresh foods for the nutrition program. **The committee is recommending fully funding the request on a one time basis for \$10,000.**
- **Edmonds School District – Student Support Advocate Program:** a multi-year request to expand the Edmonds School Prevention & Intervention Program. Funds would be used to expand hours of 4 Student Support Advocates at each high school in the district, and to hire 4 additional staff to work at middle school sites. The program focuses on students identified as high risk for alcohol/drug use, mental health issues, absenteeism, and homelessness. The program would serve 480 students per year and outcomes would include early detection and treatment of mental health needs, drug and alcohol issues, and connection to community resources. **The committee is recommending funding the request at \$310,586 per year for three years.**

For Additional Board Discussion:

- **Mountlake Terrace Police Department – Automated External Defibrillator (AED):** a \$22,126 request to purchase 10 AED units to be placed in police vehicles, the police station front lobby, and prisoner holding facility. **The program committee would like to get board member feedback on this proposal.** Verdant previously declined a request to purchase AED's at school district sites.

For Additional Follow-up:

- **Edmonds Community College – Veterans Support Center:** A multi-year request of \$52,756 per year to support the new EdCC veteran's center. Funds would be used to pay for 2/3 the cost of a veteran's support specialist that would focus on case management and the mental and physical well-being of student veterans. The program would expect to serve 350 student veterans per year and would focus on outcomes like referral success, satisfaction with services, and academic progress. **Although interested in the program, the committee is recommending that the applicant rework the application to provide more concrete health and wellness outcomes.**

Building Healthy Communities Fund applications

The Program Committee is recommending fully funding three of the smaller requests that were received:

- City of Brier - Walking Trail for \$90,345
- City of Mountlake Terrace - Therapy Pool for \$75,000
- City of Edmonds – Fitness Room upgrade for \$39,513

The committee would like to see contracts in place and funds utilized during 2013 on these three projects.

Three Larger Building Healthy Communities Fund Requests:

Given the size and complexity of the projects, the program committee is recommending scheduling a study session in early December to review the three larger requests. Each proposal would require significant engineering and construction, and more than \$1 million each in funding from Verdant.

- **Snohomish County Parks & Recreation Department - Esperance Park Project (\$1.1 million):** the committee would like to learn more about the county's planned fitness/wellness program and would like to see the site design and concept presented in more detail.
- **Edmonds School District & City of Edmonds - Woodway Recreation Campus Renovation (\$2.5 million for phase I):** the committee is interested in learning more about the various phases of the project and exploring options for enhanced programming and measurement.
- **Cities of Edmonds, Lynnwood, and Mountlake Terrace – Bikelink (\$1.9 million):** the committee would like to understand more about potential funding leverage possibilities on the project and would like to learn more about how the program will be evaluated.

Verdant Health Commission Regular Proposal Summary November 2013

A		B	C			E			F	G	H	I
New Programs for November Review			Request for funding						Priority Area			
#	Name	Description	Year 1	Year 2	Year 3				Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy
1	Mountlake Terrace Police Department - Automated External Defibrillator (AED)	A request to purchase 10 AED units to be placed in police vehicles, the police station front lobby, and prisoner holding facility.	\$22,126								X	
2	First Baptist Church - Wings to Reading Program	A one-time funding request for nutrition program upgrades for the Wings to Reading Program held at a church in Mountlake Terrace. The program serves low-income 2nd to 4th grade students and provides tutoring and a hot meal. Funds would be used to purchase two stoves, a refrigerator, materials and additional fresh foods.	\$10,000						X			
3	Edmonds Community College -Veteran Support Program	A multi-year request to support the new EdCC veterans center. Funds would be used to pay for 2/3 the cost of a veteran's support specialist that would focus on case management and the mental and physical well being of student veterans. The program would expect to serve 350 student veterans per year and would focus on outcomes like referral success, satisfaction with services, and academic progress.	\$52,756	\$52,756	\$52,756				X	X	X	
4	Edmond School District - Student Support Advocate Program	A multi-year request to expand the Edmonds School Prevention & Intervention Program. Funds would be used to expand hours of 4 Student Support Advocates at each high school in the district, and to hire 4 additional staff to work at middle school sites. The program focuses on students identified as high risk for alcohol/drug use, mental health issues, absenteeism, and homelessness. The program would serve 480 students per year and outcomes would include early detection and treatment of mental health needs, drug and alcohol issues, and connection to community resources.	\$310,586	\$310,586	\$310,586				X	X	X	

Building Healthy Communities Proposal Summary 11/2013

A		B		C		D		E	F	G	H
#	Name	Request	Funding Request	Programs & Measurable Outcomes	Leverage	Access to new opportunities	Cooperation with multiple entities	Sustainability			
1	Edmonds School District & City of Edmonds - Woodway Recreation Campus Renovation	A joint project request from the Edmonds School District and the City of Edmonds to create a multi-use recreational space. The site will include turf fields and a walking path, tennis courts, and a community garden area.	\$2,500,000 (Phase I) Phase II includes 2 more soccer fields. Phase III includes lights, tennis court upgrades.	Results measured by amount of activity present on campus, including organized sports and activities and random counts.	City funds: \$500,000; ESD funds: \$500,000 State funds: \$680,000	Located in Edmonds. <2 miles to HWY 99; located on transit routes.	Joint project of City of Edmonds & Edmonds School District	City of Edmonds to enter into maintenance agreement with school district. User fees will also support project.			
2	City of Brier - Brier Park Walking Trail	A one-time request to build a walking path around Brier Park. Funds would be used for design and construction of the trail. The city plans to host health walks for elementary children and track the number of children that participate.	\$90,345 in total	Implement a "Brier Walks" program. Residents would be encouraged to participate in the walking program and would turn in mileage tracking cards. Potential to hold health walks with schools.	None	Located in a city park and accessible at no charge.	None	City of Brier to maintain. Plan to refresh 'Brier Walks' to keep program fresh.			
3	Cities of Edmonds, Lynnwood, and Mountlake Terrace -- Bikelink	The goal of the project is to build a regional bike network. The project would: 1.) build 5.7 miles of bike lanes completing 11 different links; 2.) install wayfinding signs; 3.) install bike parking at key destinations; and 4.) conduct public education and outreach.	\$1,900,000 in total; \$470,000 for design engineering in 2014	Measure usage of network in key locations, survey of community attitudes and behaviors, collision data to evaluate safety, and self-reported ridership collected via surveys.	None identified. Possibility of matching state funds on sections, although not yet identified.	Improvements would impact multiple neighborhoods in 3 cities	3 cities participating: Edmonds, Lynnwood, Mountlake Terrace	Once constructed, would be maintained by city public works departments.			

Building Healthy Communities Proposal Summary 11/2013

#	Name	Request	Funding Request	Programs & Measurable Outcomes	Leverage	Access to new opportunities	Cooperation with multiple entities	Sustainability
4	Snohomish County Parks & Recreation Department - Esperance Park Project	A complete redevelopment of Esperance Park, including a paved walking trail, community meeting space, covered greenfields and fitness zone, covered youth fitness zone, basketball courts, community garden, and a bike/BMX track	\$1,100,000	Would implement 6-8 week health campaign using technology to track user data and health improvements. Modeled after Fit City San Antonio (www.fitcitysa.com)	\$400k in capital improvement from Snohomish County; park acquisition was \$850k from Edmonds School District	Located ~1/4 mile from HWY 99 and ~3/4 mile from Swedish/Edmonds	None	Program fees for organized athletic use.
5	City of Mountlake Terrace - Recreation Pavilion Therapy Pool	A therapy pool to replace the hot tub at the Mountlake Terrace Recreation Pavilion. The new therapy pool would be made available for physical therapist for their rehab patients, drop in customers, and for fitness classes.	\$75,000	Would track usage data and work with physical therapists to track results of therapy.	None. The city would pay for project oversight and waive permit fees (\$2.6k)	Located in Mountlake Terrace Pavilion	None	The city would maintain.
6	City of Edmonds - Fitness Room Upgrade	A request to upgrade fitness equipment at the Frances Anderson Center in Edmonds. Funds would be used to purchase cardio, strength, and flexibility building equipment.	\$39,513	The program would target area seniors and would provide free fitness room orientations. The city would partner with the Edmonds Senior Center to reach seniors in their wellness programs and set fitness related goals.	In kind person training, marketing, and new flooring (\$22k value)	Located downtown Edmonds	None	The city would maintain.